

敘事繪畫治療法®實習課程

Practicum Course on Narrative Drawing Intervention®

Course Objectives

Upon completion of the Foundation Course on NDI®, the participants would have gained a basic knowledge on the use of NDI® in serving different clientele, recognition of symbols in drawings and elementary counselling techniques in applying NDI®. This course focuses on practicum experiences – the techniques of building rapport with clients, establishing trusting therapeutic relationships and conducting therapeutic conversations. Participants will learn how to conduct counselling sessions with real clients. The trainer will provide feedback and critique on each participant's recorded sessions. This enriched learning experience enables an exponential learning curve in the application of NDI® in serving different clients.

Style of learning

Experiential learning, live demonstration, participant case presentations and analyses.

Target Participants

Participants who have successfully completed Foundation Course on NDI®, who aim at gaining further knowledge on the application of NDI® in their fieldwork.

Course Features

- Development of professional attitudes and approach to NDI® counselling through case presentations and analyses (each participant is required to conduct two counselling sessions and prepare two case reports for practicum purposes)
- Full scale live demonstration and elaboration of NDI® concepts by trainer, allowing participants to gain a clear understanding of the essence of NDI® and its applications
- Therapeutic strategies for clients of different age groups
- Techniques in capturing key words in narratives and body language such as micro expressions and unconscious gestures of clients, and asking effective questions for achieving therapeutic outcomes
- Reiteration of the importance of sincere and curious communications with the clients in fostering therapeutic relationships and helping clients to embark on their “NDI® Three Journeys” and rediscover their “NDI® Three Treasures”
- Gaining an in-depth understanding in the application of different drawing themes
- Consolidating techniques and guidelines in analyzing drawings



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Course Structure

Day 1

AM

- Rationale behind the use of NDI®
- Trainer case sharing
- Concepts of unconscious and conscious
- Factors that lead to successful therapeutic journeys
- Live case demonstration
- Understanding of the Art and Science of NDI®
- Understanding of therapeutic goals setting and the process of achieving them

PM

Day 2

AM

- Counselling triads and presentations

PM

Day 3

AM

- Video-recorded case presentations
- Participant and trainer feedback
- Establishment of therapeutic relationship
- Positioning & qualities of a NDI® therapist
- Effective integration of drawings & narratives
- Tips on effective therapeutic conversations

PM

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Trainer's Biography



Dr. Monica Wong, PsyD (黃曉紅博士) is an author, clinical psychologist, registered art therapist, founder of Narrative Drawing Intervention®, the first Trauma Specialist and Trainer in Asia certified by The National Institute for Trauma and Loss in Children, Professional Member of the ANZACATA, Certified Expressive Art Therapy Consultant in The United States, Academic Director of Narrative Drawing Intervention® Institute, Chairperson of the Psycho-Art Therapy Association, Founder of the "By Your Side" psychological support program, Chairperson of four International Conferences on Art Therapy in 2013-2023, as well as The 9th Anniversary of Narrative Drawing Intervention® 2024 International Conference & Festival of Expressive Arts Therapy.

Dr. Wong studied Narrative Therapy with psychotherapy master Michael White, and art therapy with famous art therapists Dr. Cathy Malchiodi and Cornelia Elbrecht. She has been a guest lecturer of the Chinese University of Hong Kong since 2006, regular workshops conducted include: The Use of Projective Drawing, Narrative Drawing Intervention® (Foundation, Practicum and Supervision courses), Enneagram and Storytelling, which were all full-house popular courses. Besides, she is often invited to conduct seminars and workshops for universities and colleges, secondary and primary schools, hospitals, government departments, enterprises and non-profit organizations. Graduated from Philosophy in CUHK, Dr. Wong has performed attentive research in psychology and psychotherapies in recent years and obtained her master's degree in counselling from Monash University in Australia and her doctoral degree in clinical psychology from California School of Professional Psychology, AIU (USA).

In the past decade, Dr. Wong has been developing and fine-tuning her own clinical model: Narrative Drawing Intervention® (NDI®) and presented it in numerous international conferences, universities and hospitals in the United States of America, Australia, Mexico, Singapore, India, Nepal, Indonesia, the mainland China, Hong Kong and Macau. More than ten thousand helping professionals have been trained in the past decade.

Since 2008, Dr. Wong has led 18 volunteer teams to provide psychological support to victims of earthquakes in Sichuan, as well as victims of tsunamis and human trafficking in Indonesia, India and Nepal, and has been leading another helping professional team to provide psychotherapies to school teachers and students who were under great pressure in Hong Kong since 2015. She has also hosted four charitable International Conferences on Art Therapy in 2013-2023, to continue to promote cultural exchange in the field of art therapy with an international perspective.

Course Code CE20250218
 Course Name Practicum Course on Narrative Drawing Intervention®
 Date & Time February 18, 2025 (Tuesday) 9:30 am - 6:30 pm
 February 25, 2025 (Tuesday) 9:30 am - 6:30 pm
 March 4, 2025 (Tuesday) 9:30 am - 5:30 pm
 Venue The Chinese University of Hong Kong
 Language Cantonese (Supplemented with English)
 Class Size 16 participants
 Course Fee HK\$ 5,980
 Application Deadline January 25, 2025

Discount Scheme (on or before December 22, 2024)

- 10% (HK\$5,390) discount for Early Bird Registration
- 20% (HK\$4,790) discount for CUHK Department of Social Work's members (Current staff, current students, SWK Alumni Association members, or CPE members)

[20% discount is applicable by POST only]



Application

Register online via our website:
<https://web.swk.cuhk.edu.hk/en-gb/continuing-professional-education/programmes-information>

Send the following application form with a crossed cheque payable to *The Chinese University of Hong Kong* to CPE, Department of Social Work, CUHK, Shatin, N.T. Hong Kong




CPD Points for Registered Social Workers: 23

Practicum Course on Narrative Drawing Intervention®
 Application Form

Full Name (English) Mr Ms (中文)

Please tick (V) appropriate boxes

Name of Organization: Position: Field:

Phone No.: E-mail:

Academic Training Background: Highest Educational Level obtained:

Prerequisite (Please attach a copy of the attendance certificate from course)

Foundation Course on Narrative Drawing Intervention®

Date (mm/yy): Course code:

Payment Information

Cheque No.: Bank name : Amount (HK\$): \$5,980 \$5,390 \$4,790
 SWK Member No Yes if Yes, #Staff ID/ Student ID/ Alumni Association membership ID/ CPE Membership No.: _____

Please delete as appropriate

CE20250218

I acknowledge that I have read and agree to the Terms and Conditions.

Important Terms and Conditions

1. Application will be accepted on a first-come-first-served basis.
2. Email notification on application status will be sent to you only when application and payment have been received by the Division of Continuing Professional Education (CPE). It is suggested to first try checking your junk or spam email folders for the missing emails. If they are not there, please contact us if you do not receive any notification after 7 working days.
3. Application is regarded as successful only after a confirmation email is issued to you.
4. Cancellation of course will be announced via email at least one week before the commencement of the course. No separate notification will be issued by post.
5. Course fee is non-refundable or non-transferable to another course once application is confirmed.
6. Receipt of course fee will be issued on the first day of the course and payment method will be indicated on the receipt.
7. All course training materials, including but not limited to lecture notes, worksheets, PowerPoint slides, and demonstration videotapes, are pre-prepared by the trainer of the course and are the property of the trainer. No reproduction of any pieces of these training materials is allowed without the permission of the trainer and CPE.
8. No form of recording, including audio- or video-recording, during the course is allowed without prior permission by the trainer and CPE.
9. Certificate of Attendance will be given to participants who have attained at least 75% attendance of the course.
10. If Storm Warning Signal No. 8 or above, or Black Rainstorm Warning Signal or the announcement of "extreme condition" by the Government after super typhoons is hoisted at 7am, class will be cancelled. Details of postponement or other arrangements will be announced by email afterwards.
11. Personal data provided on course application form are used only for course application, course administration and future promotion purposes. All personal data collected will be treated with strict confidentiality. Under the provision of the Personal Data (Privacy) Ordinance, applicants have the right to request access to and make correction of their personal data. Applicants wishing to make amendments on personal data should submit a written request to CPE by email to swkcpe@cuhk.edu.hk.
12. The right of interpretation and amendment of the above terms belong to CPE.



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