



The Chinese University of Hong Kong
New Asia College
New Asia College the 74th Anniversary HAPPY RUN
Rules and Regulations

- (1) **Name of the activity:** New Asia College the 74th Anniversary HAPPY RUN
- (2) **Organizer:** New Asia College, co-organized with Success Charity Foundation
- (3) **Aims:**
- (i) To provide a challenge and healthy running or walking activity to New Asia College students, staff, alumni and their family members.
 - (ii) To build up a healthy campus.
 - (iii) To raise fund for New Asia College Foundation.
- (4) **Date:** 4 November 2023 (Saturday), reserve day is 18 November 2023 (Saturday).
- (5) **Target:**
- (i) Students, staff and alumni of New Asia College, and other CUHK staff and students are welcomed.
 - (ii) Members of Success Charity Foundation.
- (6) **Application:**
- (i) Complete an online entry form on the New Asia College website, and then pay the entry fee at **COLLECTION COUNTER** set up at New Asia College Gymnasium at following time schedule. Payment by cheque should be crossed and made payable to “The Chinese University of Hong Kong”.

Collection Counter opening hours	
1 – 2 November 2023 (Wednesday & Thursday)	3:30pm - 9:30pm

- (ii) Collect race number bib and pins at the **COLLECTION COUNTER**, and pin up the number bib on the chest along the course. Number bibs will not be reissued on the day of the event.
 - (iii) Deadline of online application: 28 October 2023.
- (7) **Entry fee:** HKD \$30 (non-refundable).
- (8) **Quota:** Limited to 500 participants.
- (9) **Start time:** 09:00 a.m.
- (10) **Report time:** Starting from 8:10am to 8:45am, athletes can do warm-up exercise at the New Asia Amphitheatre. All athletes must pin up the number bibs on the chest and line up at the starting line according to the announcement of the staff.
- (11) **The course:**

(a) Run Race Group & (b) Fast Walk Group - 2.98Km, Elevation Gain 145m:

Start at New Asia Amphitheatre→ right turn New Asia Circle, passing school bus stop, Friendship Lodge, Xuesi Hall, Chih Hsing Hall→ running down United Road→ left turn Central Avenue→ left turn New Asia Road→ right turn New Asia Circle→ right turn down Cheng Ming Lane→ U turn at small garden between Grace Tien Hall and Daisy Li Hall→ right turn New Asia Circle, passing Chih Hsing Hall, Xuesi Hall, Friendship Lodge, school bus stop→ left turn straight in front of Cheng Ming

Building to Finish at New Asia Amphitheatre (see Happy Run–Run Race Group course map).

- (12) Categories:** (a) Run Race Group –
Men’s and Women’s Open, CUHK Staff and New Asia College Alumni sub-categories individual races. Men and Women runners will start the run together.
- (b) Fast Walk Group –
Men and Women walkers will start the walk together. There will be no prizes.

(13) Prizes:

(i) Run Race Group Prizes

Open Individual	Top 10 Men	Top 10 Women
CUHK Staff Individual	Top 5 Men	Top 5 Women
New Asia College Alumni Individual	Top 5 Men	Top 3 Women

- (ii) Participants who finish the course within 35 minutes will receive a souvenir towel on first-come-first-served basis and while stock lasts.

- (14) Participation score:** Please present your number bib as a proof of participation to your PHED course teacher.
- (15) Prize Presentation:** The prize presentation will be held at New Asia Amphitheatre (approximately one hour after the start). Please pay attention to the announcement.
- (16) First-aid and water station:** First-aid service and drinking water will be provided at Start/Finish at New Asia Amphitheatre, no water station will be set up along the course. To protect our environment, only limited bottled water will be provided. Please bring your own drinking water.
- (17) Baggage service:** Baggage service will be provided for non-valuable items and participants can collect their baggage with their number bib after the run/walk at the specified area near NA Library.
- (18) Reserve day / cancellation:** If there is severe weather on the race day, such as tropical cyclone warning signal, rainstorm warning signal or thunderstorm warning signal issued by the Hong Kong Observatory that is still in effect after 7 a.m., the race will be postponed to the reserve day; if the same weather situation occurs on the back reserve day, the race will then be cancelled. Please pay attention to the latest announcements from the College via its official website and email.
- (19) Appeal:** No appeal is allowed. The chief judge is responsible for all final decision.
- (20) Rules:** All participants must obey the rules of racing and the instructions of the officials.
- (21) Charity Fundraising:** Please contact Ms. Li Wai Ping by email: waipingli@cuhk.edu.hk, or phone: 3943 7695 for more information.
- (22) Insurance:** Public Liability Insurance is covered by the Organizer. Participants are advised to arrange their own personal or other insurance policies separately if necessary.
- (23) Amendments:** The organizing committee reserves the right to amend the above regulations without prior notice whenever necessary.