

New Asia College The Chinese University of Hong Kong

Course Code: GENA1112 **Year/Term:** 2022-23 / Term 1
Course Title: Aspects of General Education
Time: Fridays (3:30 p.m. – 5:15 p.m.)
Venue: Sir Run Run Shaw Hall

Course Teacher: Designated teachers in various departments and guest speakers

Course Administrators: Ms. Amy Yip (Tel: 3943-1619, email: amyyip@cuhk.edu.hk)
Ms. Priscilla Kwan (Tel: 3943-7604, email: priscillakwan@cuhk.edu.hk)

A. Course Overview

The basic objective of the course is to broaden the horizon of first year students of New Asia College. Adopting an ecological model, topics related to the developmental contexts of university students, including cultural system, societal system, school system and personal system are introduced in the course. Students taking this course will be able to acquire a basic understanding of the Chinese history and culture, Hong Kong society, university life, and their own development. In addition, students are encouraged to develop critical views on the related issues in these areas.

B. Course Syllabus

Chinese History and Culture

- The Ideal and Spirit of New Asia College
- 中醫與中國文化哲學
- 新亞書院創立時期的香港
- 文武北洋：民初元首詩淺談

Hong Kong Society

- 香港粵語流行曲：十個關鍵年份
- 不道德的香港人該死？
- 社會及文化變遷中的香港粵劇

University Life and Education

- Library Orientation and Use of Library Resources
- Art and Spirituality

Personal Development

- Self-Enhancement Campaign for First Year Students
- 朋友，你悶嗎？
- 人有自由意志嗎？

C. Learning Outcomes

By the end of the course, students will be able to:

1. Describe basic knowledge in various cultures, and the College spirit;
2. Interpret social issues in Hong Kong from different perspectives;
3. Adapt to university life and use facilities in the University important for their learning;
4. Strengthen their motivation for intellectual learning.

D. Learning Activities

1. Lectures
2. Library Orientation and Online Assignment
3. NA Campus Tour (by UReply GO)

E. Weekly Schedule (2022-23)

Week	Date	Topic	Speaker
1	9 September	Inauguration Ceremony for New Students Self-Enhancement Campaign for First Year Students	
2	16 September	The Brief History and Spirit of NA 新亞的創校、發展與「新亞精神」	Prof. Lee Hok Ming Honorary Professor Hong Kong Metropolitan University
3	23 September	中醫與中國文化哲學	Dr. Ng Chi Sun 註冊中醫師及 前香港中文大學中醫學院高級講師
4	30 September	Art and Spirituality 藝術與靈性	Prof. Ho Siu Kee Department of Fine Arts
5	7 October	新亞書院創立時期的香港	Prof. Ting Sun Pao Adjunct Professor Department of History
6	14 October	香港粵語流行曲：十個關鍵年份	Prof. Stephen Chu School of Chinese The University of Hong Kong
7	21 October	不道德的香港人該死？	Mr. Lam Chiu Ying Former Director, Hong Kong Observatory
8	28 October	<i>(No class)</i>	
9	4 November	社會及文化變遷中的香港粵劇	Prof. Chan Sau Yan Adjunct Professor Cultural Management Programme
10	11 November	朋友，你悶嗎？	Prof. Donna Chu School of Journalism and Communication
11	18 November	文武北洋：民初元首詩淺談	Prof. Nicholas Chan Department of Chinese Language and Literature
12	25 November	<i>(No class – Day after Congregation)</i>	
13	2 December	人有自由意志嗎？	Dr. Tao Kwok Cheung Adjunct Assistant Professor Department of Philosophy

F. Lecture Descriptions

(1) Inauguration Ceremony for New Students of New Asia College

Self-Enhancement Campaign for First Year Students

Objectives of the talk are in three aspects: first, to help new students to adjust to the university life and integrate into our campus community; second, to promote a supportive and caring culture on campus; third, to help students better understand their mental health status through the use of questionnaires.

References:

1. John. B. Bader, *Dean's List: Eleven Habits of Highly Successful College Students*, Baltimore: Johns Hopkins University Press, 2011.
(Chinese Translation: 「大學生知道了沒？」陳榮彬譯)
2. 「踏出大學站 續上成長路」網上短片 - 中大學生事務處心理健康及輔導中心製作：
<https://bit.ly/3QrhAdW>
3. 「共燃亮·互體諒」：支援特殊學習需要學生網上教材套 - 中大學生事務處心理健康及輔導中心製作：<https://bit.ly/3bIpXmG>
4. Keyes, Corey L.M, ed., *Mental Well-Being: International Contributions to the Study of Positive Mental Health*, Dordrecht: Springer Netherlands, 2013, p.9 – 15. (Retrieved from CUHK Library Electronic Resources)
5. Sunshine At CUHK 中大有晴：<https://www.sunshine.cuhk.edu.hk/>

(2) The Brief History and Spirit of NA (新亞的創校、發展與「新亞精神」)

The lecture introduces and discusses the foundation and development of NA. It also helps students to understand “New Asia Spirit” by looking into the College Song, College Regulations, College Motto: Cheng Ming (誠明) and College Badge.

References:

1. 新亞校歌、新亞學規，錢胡美琦編：《新亞遺鐸》（北京：三聯書店，2004年），頁1-3及5-10。
2. 錢穆：〈新亞精神〉，載《新亞遺鐸》，同上，頁31-33。
3. 錢穆：〈新亞校訓誠明二字釋義〉，載《新亞遺鐸》，同上，頁66-68。
4. 錢穆：〈新亞書院創辦簡史〉，載《新亞遺鐸》，同上，頁753-779。
5. 《誠明古道照顏色——新亞書院55周年紀念文集》（香港：香港中文大學新亞書院，2006）
6. 李學銘：〈中國書院教育精神與新亞〉，載《讀史懷人存稿》（臺北：萬卷樓圖書公司，2014），頁213-229。
7. 張學明、何碧琪編：《誠明·奮進——新亞精神通識資料選輯》（香港：商務印書館，2019）
8. 李學銘〈「問禮」與「學規」——由校徽說到「求學與做人」〉，《新亞生活》（2019），頁18-21。

(3) 中醫與中國文化哲學

中國古人對宇宙和生命有獨特而充滿智慧的理解，認為宇宙是一個整體，天人之間密切聯繫，並以此為基礎發展出一套防治疾病的醫學體系——中醫學。是次講座將帶各位認識日常生活所遇到的中醫概念，介紹其背後的理論根源，進而步入中國文化哲學之門，一探箇中奧秘。

References:

1. 科技中國（2006）。〈中醫是成熟的科學 — 訪德國中醫藥學家滿晰博博士〉。取自 http://k.sina.com.cn/article_6442181405_17ffbe31d00100b9iz.html
2. 李致重：《中西醫比較 — 形上、形下、並重、互補》（山西：山西科學技術出版社，2019）
3. 李宇銘：《中醫不切西瓜》（香港：突破出版社，2010）
4. 區結成：《當中醫遇上西醫》（香港：三聯書店，2004）

(4) **Art and Spirituality (藝術與靈性)**

當代藝術形式博雜、意義紛陳，往往令人摸不著頭腦。同時，藝術建制愈趨龐大，藝術與社會、政治、經濟的關係千絲萬縷，個人靈性部份又顯得虛弱無力。本講座試從歷史、文化與個人知覺經驗的層面回顧藝術的本源，或能啟發同學重新思考藝術的當代意義。

(5) **新亞書院創立時期的香港**

Further information to be announced.

(6) **香港粵語流行曲：十個關鍵年份**

香港粵語流行曲曾在華語流行樂壇領盡風騷，伴隨幾代香港人成長，但近年影響力江河日下，光輝似已不再。本講座借鑒王德威〈文學的香港史：十個關鍵時刻〉，選取粵語流行曲發展的關鍵年份，理出其發展脈絡，並藉此重新思考其興衰。

References:

1. 黃志華：《原創先鋒：粵曲人的流行曲調創作》（香港：三聯書店，2014）
2. 黃霑：《粵語流行曲的發展與興衰：香港流行音樂研究 1949-1997》（香港：香港大學亞洲研究中心博士論文，2003）
3. Chu, Yiu-Wai, *Hong Kong Cantopop: A Concise History*, Hong Kong: Hong Kong University Press, 2017.

(7) **不道德的香港人該死？**

今年熱到大家都害怕，但有誰知道科學家認真提出了人類滅絕已成可能？氣候變化如今惡化到成為全球災劫，根源在工業文明疊加城市化引申出來的種種弊端，最近數十年進入失控狀態，香港人作孽深重，我們該死嗎？

References:

1. 李逆燭：《喚醒 69 億隻青蛙 — 全球暖化內幕披露》（香港：經濟日報出版社，2011）
2. Luke Kemp et al. (1 August 2022), *Climate Endgame: Exploring catastrophic climate change scenarios*, PNAS Vol. 119, from <https://www.pnas.org/doi/10.1073/pnas.2108146119>

(8) **(No Class)**

(9) **社會及文化變遷中的香港粵劇**

香港自 1840 年代開埠至今，經歷了近二百年的社會和文化變遷。本講座從香港粵劇的源流、發展和當代傳承探討粵劇的興衰如何見證和印證了這翻天覆地的改變。

References:

1. 陳守仁：《早期粵劇史：《廣東戲劇史畧》校注》（香港：中華書局，2021）

2. 陳守仁：《唐滌生創作傳奇》（香港：滙智出版有限公司，2016）
3. 陳守仁、湛黎淑貞：《香港神功粵劇的浮沉》（香港：中華書局，2018）

(10) 朋友，你悶嗎？

智能電話普及以來，人似乎越來越「與悶無緣」，資訊娛樂應五花八門且唾手可得，社交媒體上人來人往，隨時隨地都找到聊天的伴，誰還在喊悶？想解悶，該從何入手？

References:

1. Toohey, P., *Boredom: A lively history*, US: Yale University Press, 2011.
2. Angus Harrison (2 May 2016), *Why Is My Generation So Bored with Life? And why being really bored might actually be the best thing to happen to you*, from <https://www.vice.com/en/article/jmaypp/when-a-man-is-bored-of-life>

(11) 文武北洋：民初元首詩淺談

民初北洋時期（1912 – 1928）前後當政的七位元首，在晚清傳統文化中成長，同時也是中國現代化進程的親歷者。他們有着長期投身軍旅的經歷，但對人文事業也頗為重視。其中六位皆有詩歌創作之經驗，而表表者當數袁世凱、徐世昌、段祺瑞、曹錕四人。北洋元首詩作中感世與自適宗旨的並存、扞格與消長，固然與民初政體對元首職能之設定與規範關係甚大，卻也視乎各人自身個性與經歷。且無論哪一層宗旨，都是藉以塑造自我形象的重要手段。本次講座就北洋時期的元首詩加以討論，俾聽眾了解這些歷史人物「尚文」的一面。

Reference:

陳煒舜：〈感世與自適：北洋元首的文學場域綜論〉，《中國文化研究所通訊》2022年第1期（2022年3月）

(12) (No Class – Day after Congregation)

(13) 人有自由意志嗎？

人究竟有沒有自由意志？這個哲學問題仍然爭議不休，似乎沒有壓倒性的結論。反對自由意志者，大多是透過科學的觀察，認定世界是受物理規律所支配，而生命不外是基因、細胞、器官各種結構所組成，而大腦同樣受著化學物質、脈衝等等反應；簡言之，生命是受著種種的條件所塑造，有些是先天，有些是後天的。因此，推出決定論（determinism），人是沒有自由意志的。不過，一種比較奇怪的反駁來自存在主義。存在主義普遍認為人是具有自由意志的，他們反對科學的決定論。

Reference:

Albert Camus (1942), *The Myth of Sisyphus*, from <http://dbanach.com/sisyphus.htm>

G. Course Arrangement

1. Class Attendance

Students have to attend every lecture and arrive at the Sir Run Run Shaw Hall on time. Those who are late for 10 minutes will be counted as absence from class. Attendance will be taken by e-ticketing machines at the end of each class and class attendance could be checked in the CUHK Registration and Attendance System (<http://www.cuhk.edu.hk/ras>) **3 working days after each lecture**. Students are required to bring

along their CU Link Card for attendance taking. **One sub-grade will be deducted from the overall grade for every three times of absence.**

2. Library Orientation and Online Assignment

Students have to access the “Library Orientation and Online Assignment” folder under the course Blackboard from 26 September to 14 October 2021 and complete the “Online Assignment” related to the orientation. Deadline for submission of the online assignment is **14 October 2022.**

3. NA Campus Tour

A campus tour of the New Asia College has been designed by UReply GO. Please refer to the instructions and details under the session “UReply Go” available in the course Blackboard. Students can get full mark (5 marks) after they have attempted the whole trip. Please finish the tour by **10 November 2022.**

H. Course Assessment

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| 1. Library Orientation and Online Assignment | 15% |
| 2. NA Campus Tour (by U ReplyGo) | 5% |
| 3. Final examination | 80% |