

## Shaw College Student Development Programmes 2023/24 (2<sup>nd</sup> Term)

Category	Programme Name	Programme Highlights	Date/Period And Time	Language	Details and Enrollment	Deadline
Mindfulness Programme	'MakeZen' Series x 'Zen Art Daily': Movie watching Kungfu Stuntman + Post-screening Sharing	Experience mindfulness through film sharing and conversation with guests	24 Feb 2024 (Sat) 3:00pm -6:00pm	Cantonese		20 Feb 2024 (Feb)
Arts for life Programme	Photographing My Vision	Develop students' skilled photography abilities and learn to express themselves via the camera	21, 28 Feb, 2, 9, 16, 20 Mar 2024 (Wed, Sat)	Cantonese		6 Feb 2024 (Tue)
Community Service Programme	Caring Heart Community Service Project Scheme 2023/24	Provide subsidy to support student service projects	All year around	N/A		19 Feb 2024 (Mon) 9am
	Volunteer Management Training Game Design Workshop	To prepare students' readiness as volunteers to serve the community by equipping them with knowledge and skills of volunteering, game designing, and promoting their leadership.	26 Jan 2024 (Fri) 7:00pm-10:00pm	Cantonese		19 Jan 2024 (Fri) 10 am

	Hong Kong Sign Language Workshop	Learning Basic Hong Kong Sign Language and understanding Deaf Culture	22, 29 February, 7, 14 Mar (Thu)	Cantonese		1 Feb 2024(Thu) 1pm
Cultural Integration	Chinese New Year Party	Welcome exchange students	24 Jan 2024 (Wed)	English	Enrollment Closed	
Programme	Cultural Integration Ambassador Scheme	Cultivate students with global perspective to promote cultural integration	Training activity: 31 Jan 2024 (Wed)	Cantonese/ English	Enrollment Closed	
	Dr. Sun Yat-sen Historical Trail: Walking through Urban Hong Kong in the Past	Know about urban Hong Kong in the past along the trail	3 Mar 2024 (Sun)	English		16 Feb 2024 (Fri)
Language and Culture Enhancement Programme	Basic Japanese & Japanese Culture Workshop	Master the basics of Japanese and understand Japan culture	5, 19, 26 Feb (Mon) 6:30pm-8:00pm	Japanese / English		21 Jan 2024 (Sun)
	Shaw College Toastmasters Club Open House Meeting	Improve one's English speaking and writing skills, build confidence on public speaking	11 Jan 2024 (Thu) 7:00pm-9:00pm	English	Enrollment Closed	
Work Experience Programme	One-On-One Career Guidance Session: Myers- Briggs Type Indicator® (MBTI)  X Career for Your Type J	Understand how your personality type preferences influence your career options	Feb-Mar 2024	Cantonese		28 Jan 2024 (Sun)

## 17/01/2024

Make a Wish Scheme	Make a Wish Scheme 2023/24	Provide subsidy to realize students' dreams which contribute to the community	All year round	N/A		5 Feb 2024 (Mon) 9am
Environmental Sustainability Activities	Subsidy Scheme on Environment Enhancement Projects	Launch your own green project	All year round	Cantonese/English		16 Feb 2024 (Fri)
	CUHK Shaw College x Aromafunapy Workshop	Explore the world of aromatherapy and experience the making of hydrosol	23 Mar 2024 (Saturday) 12:45 pm – 4:30 pm	Cantonese	Enrollment Closed	