

Session	1	2	3	4	5	6	7	8	9	10	11	12	Exam
Date	6/2/23(M)	13/2/23(M)	20/2/23(M)	27/2/23(M)	6/3/23(M)	13/3/23(M)	20/3/23(M)	27/3/23(M)	3/4/23(M)	17/4/23(M)	24/4/23(M)	8/5/23(M)	17/6(Sat)
Time (PM)	1830-2130	1830-2130	1830-2130	1830-2130	1830-2130	1830-2130	1830-2130	1830-2130	1830-2130	1830-2130	1830-2130	1830-2130	PM
Venue	OLC	OLC	OLC	OLC	OLC	OLC	OLC	OLC	OLC	OLC	OLC	OLC	

Module Director: Dr. Bosco Hon-Ming MA

	Content	Speakers	Session	Date / Time
Common Diseases, Assessment and management	Falls: medical assessment, prevention in different settings, gait disorders 跌倒：平衡力失調的醫療檢查及在不同環境的預防措施	Dr Tak-Kwan KONG	1	6/2/2023 1830-2130
	Dementia and delirium 認知障礙和精神昏亂	Dr. Bosco MA Hon-Ming	2	13/2/2023 1830-2130
	Neurological conditions: parkinsonism 神經系統疾病：帕金森症	Dr. Anne Yin-Yan CHAN	3	20/2/2023 1830-2130
	Chronic musculoskeletal pain in the elderly 老年人慢性肌肉骨骼疼痛	Prof. Regina SIT	4	27/2/2023 1830-2130
	Comprehensive geriatric assessment and Assessment of frailty in elderly people 老年衰弱症評估	Dr. Christopher LUM Chor Ming	5	6/3/2023 1830-2130
Clinical Management	Perioperative management of hip fractures 髖部骨折手術前後的治療	Dr. Bosco MA Hon-Ming	6	13/3/2023 1830-2130
	Pre-discharge and post-discharge planning and support 出院前後的護理計劃	Dr. Christopher LUM Chor Ming	7	20/3/2023 1830-2130
Health Care and other issues	Cardiovascular rehabilitation in Geriatric 老年心血管康復	Dr. Tiffany CHOI Ching Man	8	27/3/2023 1830-2130
	Pharmacotherapy for musculoskeletal disorders in elderly people: from prevention to treatment and pain control 老年人肌肉骨骼疾病藥物治療：從預防至治療	Dr. Jones CHAN Chun-Man	9	3/4/2023 1830-2130
	Aerobic and resistance exercise for elderly people: from bench to bedside 老年人帶氧及耐力運動：從實驗到臨床	Dr. Jones CHAN Chun-Man	10	17/4/2023 1830-2130
	Nutrition in elderly patients with orthopaedic problems 老年骨科病人的營養	Dr Terry TING	11	24/4/2023 1830-2130
	Abuse, ethical and legal issues in elder care 老年人受虐的倫理與法律問題	Dr. Christopher LUM Chor Ming	12	8/5/2023 1830-2130
	<b>Written Examination</b>		----	TBC

Venue: OLC: Seminar Room, Orthopaedic Learning Centre, 1/F, Li Ka Shing Specialist Clinic (North Wing), Prince of Wales Hospital, Shatin

**Course Description:**

Introduce the geriatric care of musculoskeletal system including assessment of the functional, cognitive, and affective status of older patients, and evaluating their needs for better management. Common medical diseases will also be deliberated with case studies specifically in metabolic bone and joint diseases.

介紹長者骨骼及肌肉系統的護理，包括老年病人的認知、精神狀態和功能性等評估、健康管理和照顧，以及常見疾病如骨關節問題的預防和治療。

**Learning Outcome**

- 1) To learn some common geriatric diseases and problems, including assessment and management;
- 2) To learn some pre/post-operative management, clinical management for hip fracture patients, and traditional Chinese medicine therapy for geriatric patients; and
- 3) To understand some other health care and related issues, including nutrition, pharmacotherapy, exercises and abuse in elderly care.

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With each assignment, students will be required to submit a signed [declaration](#) that they are aware of these policies, regulations, guidelines and procedures.

- In the case of group projects, all members of the group should be asked to sign the declaration, each of whom is responsible and liable to disciplinary actions, irrespective of whether he/she has signed the declaration and whether he/she has contributed, directly or indirectly, to the problematic contents.
- For assignments in the form of a computer-generated document that is principally text-based and submitted via VeriGuide, the statement, in the form of a receipt, will be issued by the system upon students' uploading of the soft copy of the assignment.

Assignments without the properly signed declaration will not be graded by teachers.

Only the final version of the assignment should be submitted via VeriGuide.

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**Assessment:** Written Examination (100%)

The written Examination covers all the contents of the lectures.

Date: 17/6/2023 (Sat) Time: 15:30 – 16:30 (*to be confirmed*)

Venue: Campus, CUHK (*to be confirmed*)

**Speakers:**

Dr. Bosco MA (coordinator)	MBChB, MD, MRCP, FRCP, FHKCP, FHKAM Consultant, Department of Medicine and Geriatrics, Shatin Hospital
Dr. TK KONG	MBBS(HK), FRCP(Lond, Edin,Glasg), FHKCP, FHKAM(Medicine), Specialist in Geriatric Medicine Honorary Consultant Geriatrician, Department of Medicine and Therapeutics, Prince of Wales Hospital
Dr. Anne CHAN	MBChB, MRCP(UK), FHKCP, FHKAM(Medicine) Associate Consultant, Division of Neurology, Department of Medicine and Therapeutics, Prince of Wales Hospital
Professor Regina SIT	MBBS(HK), DCH (HK), DPD (Cardiff), PDip Community Geriatrics (HK), DipMed (CUHK), FRACGP, FHKCFP, FHKAM (Family Medicine) Associate Professor of Practice in Family Medicine, JC School of Public Health and Primary Care, CUHK
Dr. Christopher LUM	MBBS, FHKCP / FHKAM (Medicine), FRACP, MPH (CUHK), FRCP (Edin), FRCP (Glasg), MSc (Liverpool), MA (HKPU) Consultant (PT), Department of Medicine and Geriatrics, Princess Margaret Hospital
Dr. Tiffany CHOI	DHSc (Physio) (HKPolyU), MSc SMHS (CUHK), Prof Dev Dip (Accupuncture for Physiotherapists) (HKBU), BSc (Hon) Physio (HKPolyU), RPT Assistant Professor, Deputy Programme Leader of BSc (Hon) in Physio., School of Health Sciences, Caritas Institute of Higher Education
Dr. Jones CHAN	MBChB (CUHK), FRCP (Edinburg), FHKAM, FHKCP, MSc(Clinical Gerontology), Dip Clin Derm (Cardiff), Dip Sports & Ex Med Practice (Bath) Consultant, Department of Medicine & Therapeutics, Prince of Wale Hospital
Dr. Terry TING	BSc Nutrition & Food Science, PgD in Dietetics, MSc in Nutrition & Dietetics, MBA, DBA (Healthcare Management), Registered Dietitian Dietitian, North District Hospital