# MRGO5201 Guided Clinical Case Studies – Geriatric Orthopaedics or Musculoskeletal Rehabilitation (3 Credits units)

臨床個案導修研討:老年骨科或骨骼肌肉康復

Module Head: Dr. Michael Ong

Last update: 23/3/2023

Session	1	2	3	4	5	6	7	8	9	10	11	12
Date	22/3 (Wed)	28/3 (Tue)	11/4 (Tue)	19/4 (Wed)	26/4 (Wed)	3/5 (Wed)	10/5 (Wed)	15/5 (Mon)	17/5 (Wed)	22/5 (Mon)	24/5 (Wed)	29/5 (Mon)
Time	1830-2130	1830-2130	1830-2130	1830-2130	1830-2130	1830-2130	1830-2130	1830-2130	1830-2130	1830-2130	1830-2130	1830-2130
Venue	CYT201	WMY406	CYT209A/B	CYT201	CYT201	CYT201	CYT201	CYT203	CYT LT4	CYT201	CYT LT4	CYT203

#### Format:

Student Presentation (Group) for specified theme in the first half of each session, and teacher have case/journal discussion with whole class in the latter half.

Presentation Round	Topic no.	Content	Asse	Session	Date	
	1	Common Shoulder Problems	Dr. Michael Ong	Dr. Lawrence Lau	1	22/3 (Wed)
1	2	Obstetrics & Gynaecology related Musculoskeletal Disorders	Mrs. Rita Au	Mrs. Emily Ko	2	28/3 (Tue)
1	3	Burn & Scar Management	Dr. Teresa Tan	Mr. Simon Wong (OT)	3	11/4 (Tue)
	4	Fragility Fracture: Hospital and Community Geriatric Care	Dr. Raymond Ng	Dr. Bosco Ma	4	19/4 (Wed)
	5	Paediatric Musculoskeletal Rehabilitation	Ms. Nerita Chan	Dr. Lucci Liyang	5	26/4 (Wed)
2	6	Amputee Rehabilitation	Dr. Simon Leung	Mr. Giant Tse	6	3/5 (Wed)
2	7	Sports related Disorders and Injuries	Dr. Michael Ong	Dr. Lawrence Lau	7	10/5 (Wed)
	8	Hand and Upper Limb Disorders	Dr. WL Tse	Dr. Clara Wong	8	15/5 (Mon)
	9	Degenerated Joint Disorders	Dr. Michael Ong	Dr. YW Hung	9	17/5 (Wed)
2	10	Multiple Trauma	Dr. N Tang	Dr. Samson Liu	10	22/5 (Mon)
3	11	Spine Problems	Dr. Thomas Ma	Dr. John Wong	11	24/5 (Wed)
	12	Chronic Regional Pain Syndrome and Pain Management	Dr. Carina Li	Dr. Debriel Or	12	29/5 (Mon)

# **Brief Description:**

In this course participants will have opportunity to present and discuss management of rehabilitation problems with interdisciplinary/ multidisciplinary approaches. 在本科目中,學員將有機會介紹和討論跨專業/多專業方法對臨床老年骨科或骨骼肌肉康復的管理。

# **Learning Outcome:**

Students should be able to understand and apply:

Principle of rehabilitation problems in geriatric orthopaedics and musculoskeletal rehabilitation.

# Venue:

CYT201, 203, 209A/B
CYT LT4
Room 201/203/209A/B, 2/F, Cheng Yu Tung Building, The Chinese University of Hong Kong, Shatin (near the bus-stop/MTR station)
Lecture Theatre 4, 3/F, Cheng Yu Tung Building, The Chinese University of Hong Kong, Shatin (near the bus-stop/MTR station)
Room 406, 4/F, Wu Ho Man Yuen Building, Chung Chi College, The Chinese University of Hong Kong, Shatin

## **Assessors:**

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Dr. Michael Ong	MBChB(UK), BSc(UK), MRCS(Edin), MSc(CUHK), FRCSEd(Orth), FHKCOS, FHKAM(Ortho)
(Module Head)	Clinical Assistant Professor, Department of Orthopaedics and Traumatology, The Chinese University of Hong Kong
Dr. Lawrence Lau	FRCS (Edin), FHKCOS, FHKAM Resident Specialist, Department of Orthopaedics and Traumatology, Prince of Wales Hospital
	PD in Physiotherapy, Msc in Stroke and Clinical Neurosciences
Mrs. Rita Au	Physiotherapist I, Women's Health Team, Physiotherapy Department, Hong Kong Sanatorium & Hospital
Mara Franklin Ka	MSc. In Women's Health Studies (CUHK), MSc in Geriatric Rehabilitation (PolyU)
Mrs. Emily Ko	Physiotherapist I, Physiotherapy Department, Hong Kong Sanatorium & Hospital
Dr. Teresa Tan	MBChB FCSHK FHKAM (Surgery)
Di. IEIE3a Iali	Resident Plastic Surgeon, St Teresa's Hospital
Mr. Simon Wong	MAIS, MBA, BA, PDOT
	Principal Occupational Therapist, Occupational Therapy Department, CUHK Medical Centre
Dr. Raymond Ng	MBChB, FHKAM(Orthopaedic Surgery)
	Specialist, Department of Orthopaedics and Traumatology, Prince of wales Hospital
Dr. Bosco Ma	MBChB, MD, MRCP, FRCP, FHKCP, FHKAM
	Consultant, Department of Medicine and Geriatrics, Shatin Hospital
Ms. Nerita Chan	MSc in Health Care (Physiotherapy), PD in Physiotherapy
	Manager (Allied Health), Hong Kong Children Hospital
Dr. Lucci Liyeung	Department of Orthopaedics and Traumatology, Prince of Wales Hospital
Dr. Simon Leung	MB.ChB(CUHK), MMed(Pain Mgt)(Syd), MRCSEd, FRCSEd (Orth), FHKCOS, FHKCOS(Rehab), FHKAM (Ortho Surg)
Dit Simon Leaning	Consultant, Department of Orthopaedic Rehabilitation, Tai Po Hospital
Mr. Giant Tse	MSc SMHS, BSc (Hon) BME, CPO (HK)
	Prosthetist & Orthotist I, Alice Ho Miu Ling Nethersole Hospital & Tai Po Hospital
Dr. WL Tse	MBChB(CUHK), FRCSEd, FRCSEd(Orth), FHKCOS, FHKAM (Orthopaedic Surgery)
	Consultant, Department of Orthopaedics and Traumatology, Prince of Wales Hospital
Dr. Clara Wong	MBChB (CUHK), MRCS (Edin), FRCSEd (Orth), FHKCOS,. FHKAM (Orthopaedic Surgery) Clinical Associate Professor (honorary), Department of Orthopaedics and Traumatology, The Chinese University of Hong Kong
	MBBS(HKU), FRCS(Orth) Edin
Dr. YW Hung	Associate Consultant, Joint Replacement Center, Department of Orthopaedics and Traumatology, Alice Ho Miu Ling Nethersole Hospital
	MBChB(CUHK), FRCS(Edin), FRCSEd(Orth), FHKCOS, FHKAM (Orthopaedic Surgery)
Dr. N Tang	Consultant, Department of Orthopaedics and Traumatology, Prince of Wales Hospital.
	MBBS (HKU), FHKAM (Orthopaedic Surgery), FHKCOS, MRCSEd, FRCSEd (Orth)
Dr. Samson Liu	Resident Specialist, Department of Orthopaedics and Ttaumatology, Prince of Wales Hospital
Dr. Thomas CM Ma	MBChB, MRCS(Ed), FHKCOS, FHKAM(Orthopaedic Surgery), FECSEd(Orth), MSc SEM(Bath)
	Consultant and Deputy Chief of Service, Department of Orthopaedic and Traumatology, North District Hospital
Dr. John Wong	MBChB(CUHK), FRCS(Edin), FRCS Ed (Orth), FHKCOS, FHKAM (Ortho Surg)
	Associate Consultant, Department of Orthopaedics and Traumatology, Prince of Wales Hospital
Dr. Carina Li	MBBS(HK), FANZCA, FHKCA, FHKAM(Anaesthesiology), Dip. Pain Mgt (HKCA)
טו. Callild Ll	Specialist in Anesthesiology
	MB ChB (CUHK); FANZCA (Anaesthesiology), FHKAM (Anaesthesiology), FHKCA, (Anaesthesiology), FHKCA (Pain Med), FPM (HKCA)
Dr. Debriel Or	Consultant, Department of Anaesthesiology and Operating Services, Pain Management Centre, North District Hospital and Alice Ho Miu Ling Nethersole
	Hospital

#### **Assessment:**

# 1. Case Presentation (50%)

There will be 3 rounds of grouped case presentation. Students are assigned into 12 groups of 4-5 students in each group. Each group have to prepare a **20 minutes** case presentation, and there will be about **15-20 minutes of discussion** afterwards. There will be 3 case presentations in each seminar.

According to the latest announcement from the university about infection control, all classes are resumed back to <u>face-to-face mode</u>. However, in case, for students required to be quarantine for infection control, we might arrange real time online meeting by ZOOM for the presentation or for broadcasting.

Each student will present once in each round of the session. The case in Round 1 will be assigned, and each group are required to bid for the favor topic for Round 2 and Round 3. Rules will be announced.

	Session # Case #								
Group	Round 1	Round 2	Round 3		Students				
1	S1 C1	S8 C3	S12 C2	CHAN FY Justin (Podi)	CHEUNG TW Winky (PT)	LEUNG YT Tina (PT)	WONG CK Karen (PT)		
2	S2 C1	S7 C1	S10 C4	CHAN Isaac CH (OT)	KWONG Melody WY (PT)	LAM YT Sharon (PT)	LI CY Jacky (TCM)	WONG KM Carman (PT)	
3	S3 C1	S6 C2	S11 C1	CHAN CW Irene (PT)	LAM CS (PT)	LAM KY Agnes (PT)	LI XY Aimee (PT)	WONG KW Kim (P&O)	
4	S4 C1	S5 C2	S10 C3	CHAN YL Agnes (TCM)	LAM HW Winky (PT)	LUK Bonnie MS (PT)	PANG NY Louise (OT)	WONG TW Debbie (PT)	
5	S1 C2	S7 C3	S09 C1	CHAN FT Stephanie (Podi)	CHAN YL Billy (OT)	LEUNG YH Enoch (PT)	POON KH Peter (OT)		
6	S2 C2	S7 C2	S09 C2	CHEUNG CF Michael (OT)	LAM HY Winnie (Nurse)	SIU Rosiar (PT)	WAN CH Amy (PT)	YIP TY Mandy (PT)	
7	S3 C2	S8 C2	S12 C4	CHAN KK Ivan (PT)	CHAN YY Jackie (PT)	CHEUNG NS Dorian (OT)	LEE NL Denis (OT)	YUEN CM Edmond (Nurse)	
8	S4 C2	S6 S1	S10 C1	CAI BJ (Rehab)	CHEN HJ (OT)	LAU KY Jeffery (Nurse)	SUN HK Katy (OT)		
9	S1 C3	S5 C3	S11 C3	CHOW TC Erina (OT)	LAI WY Heidi (PT)	SUN LY Jeremy (PT)	TAM TW Kelly (TCM)		
10	S2 C3	S5 C1	S12 C6	AU YH Cherry (OT)	HO CC Freddy (PT)	HUI WH Cindy (PT)	TAO PW Yvette (PT)	ZHU YB Yuki (Rehab)	
11	S3 C3	S8 C1	S11 C2	HUANG C Cecilia (Rehab)	LAI Joanne TY (Podi)	LAM HM Rachel (PT)	LEUNG TK Chris (P&O)	YAO WB (PT)	
12	S4 C3	S6 C3	S09 C4	KWOK SK Kenzie (OT)	MEI LY (PT)	WANG H Fran (P&O)	YEUNG CH Jeremy (PT)		

# 2. Written Assignment (50%)

Detail: To prepare a case report of 1,000 – 2,000 words on one of your presented cases.

The case report should include not only your presented scope but should cover the whole case issues. Below are the suggested contents, and you might decide contents to make the report comprehensive:

- Introductions and Background
- Case History
- Treatment Plan
- Expected Outcome and other discussions.

Submission through VeriGuide is required, [Year 2022-23, Term 3, Course Code: MRGO5201-S01, Assignment no. 1, Teacher: Professor CHEUNG, Wing Hoi. **Submission Deadline:** 31/5/2023 (Wed) (Remember to submit the full version and signed declaration form also)

### Attention: University policy and regulations on honesty in academic work

Attention is drawn to University policy and regulations on honesty in academic work, and to the disciplinary guidelines and procedures applicable to breaches of such policy and regulations. Details may be found at <a href="http://www.cuhk.edu.hk/policy/academichonesty/">http://www.cuhk.edu.hk/policy/academichonesty/</a>.

With each assignment, students will be required to submit a signed declaration that they are aware of these policies, regulations, guidelines and procedures.

- In the case of group projects, all members of the group should be asked to sign the declaration, each of whom is responsible and liable to disciplinary actions, irrespective of whether he/she has signed the declaration and whether he/she has contributed, directly or indirectly, to the problematic contents.
- For assignments in the form of a computer-generated document that is principally text-based and submitted via VeriGuide, the statement, in the form of a receipt, will be issued by the system upon students' uploading of the soft copy of the assignment.

Assignments without the properly signed declaration will not be graded by teachers.

Only the final version of the assignment should be submitted via VeriGuide.

The submission of a piece of work, or a part of a piece of work, for more than one purpose (e.g. to satisfy the requirements in two different courses) without declaration to this effect shall be regarded as having committed undeclared multiple submissions. It is common and acceptable to reuse a turn of phrase or a sentence or two from one's own work; but wholesale reuse is problematic. In any case, agreement from the course teacher(s) concerned should be obtained prior to the submission of the piece of work.

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