

Don't be mean behind the screen!

NO

BULLIES ! .



By Bethany Wong



Types Of Bullying:

-Social bullying

To harm someone's social reputation and/or cause humiliation.

-Physical bullying

To hurt people or damage their property, including hitting, kicking and tripping.

-Verbal bullying

Unlike physical bullying, verbal bullying hurts people with our mouths. For example, name calling and teasing.

-Cyberbullying

Unlike all the others, cyberbullying hurts people's feelings online. Examples include commenting rude things on social media.

Have you ever seen or been in situations that included bullying mentioned up there? 🙅



Don't lose control of your temper

Don't hurt other's feelings

Have sympathy and comfort victims

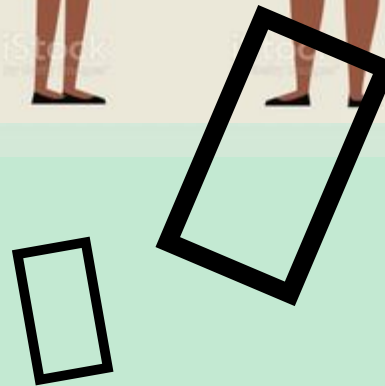
Stand up for each other

Do's and Don't's

Is that a chicken sandwich ?!

What Should We Do When We See Cases Of Bullying?

Go and find trustworthy adults! Don't fight or insult the bully back, it will most likely make things worse. Also, it would be great to comfort the victims too.



But...

WHY

Should We Not Bully?



We shouldn't bully because it's horrible. Imagine YOU were being bullied, hurt, crying, scared, with no one by your side. How would you feel? Happy? I don't think so... So don't bully people. Instead, be good to the victims. Maybe they say they don't want your help but you should still support them in your HEART

Result:

GROW
TALL



we shouldn't bully but instead be kind and helpful. Support the victims and ask adults for help. If we join forces and follow the rules, we can create a bully-free classroom. No! A bully-free world!



Let's Be A
Buddy Not
A Bully!



