

# Advantages and disadvantages of social media



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Social media like Instagram and Youtube, has many advantages and disadvantages. Do you know some of them? If not, then I will tell you some!

Now, I will tell you some of the advantages of social media.

When your on social media, you can experience new things and sometimes you can meet new people and befriend them.

Making new friends is good because you can socialize more.



Social media is also good for useful communication, it's useful because when your relatives or friends are far away, you can chat with them through messaging or calling.



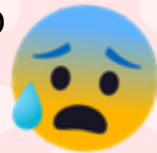


Although there are many advantages of social media, there are many disadvantages too.

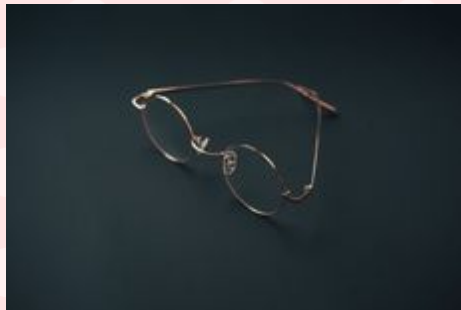


Now, I will tell you some of the disadvantages of social media!

When you're on your device so much, it can damage your eyes. It is bad because your vision is used to see things, if you lose that vision you will not be able to see. Damaging your eyes will make your vision likely to go away.



Being on social media and being glued to your device and screen can also sometimes mean having less outdoor activities. Having less outdoor activities can mean less spending time with your family and less outdoor experiences.





☆ In the end, we need to look out for our health and time. Be wise and don't be on your device so much and we should balance our outdoor and indoor activities! ☆

