

or many Muslims in Hong Kong, the lunch break on Fridays is even shorter than usual. Every Friday, thousands of Muslims flock to the Kowloon Mosque, or Masjid, for the weekly prayer at 1:30 p.m. and then rush back to their workplaces 15 minutes later.

"Many people sacrifice their lunchtime to be here. We do not want the prayer to take more than 15 minutes," said Imam (a Muslim religious leader or priest) F. Tufail. "We do not want to make employers unhappy, so it is 1:30 p.m. to 1:45 p.m., Friday Prayer."

This is just one of the many examples of how Muslims have adapted their religious and cultural life to Hong Kong.

Islam has been in Hong Kong ever since the establishment of the colony in the 1840s. The oldest mosque, Jamia Mosque, was built in 1849. It still stands today, dwarfed by the skyscrapers in Mid-Levels. According to the Home Affairs Bureau, there are 250,000 Muslims in Hong Kong. Half that number are Indonesian migrant domestic helpers and the rest are mainly South Asians, Africans and Chinese.

Despite the long history of the Muslim community in Hong Kong, most local Chinese still know little about their religion and customs.

Perhaps the first thing most people think about is dietary restrictions. They probably know that Muslims do not eat pork or pork products. They may not know that in addition to this, Islamic laws also require Muslims to consume only Halal (meaning permissible in Arabic) food. For example, only healthy animals can be slaughtered and only with a swift cut to the throat to minimise the pain.

That is why Hewie Wong and her family keep coming back to the Islamic canteen in Wan Chai, the only place that serves Halal dim sum in Hong Kong. She does not eat out often as she can never be sure whether lard is used in the food.

With the increase in the number of Indonesian domestic helpers in recent years, more and more Halal food stores have opened, offering a wider range of products. But local Muslims in Hong Kong are suspicious of the Halal food available here.

"We're not sure if it is really Halal food even it says so," Wong says, "It's not required by law." One of Wong's friends at the table adds that Muslims have more confidence in pre-packaged Halal food imported from Malaysia, Indonesia and Singapore because the governments there treat the issue more seriously.

This also makes such destinations a popular holiday choice for local Muslims. Many of them, particularly Chinese Muslims, often prefer to join tours organised by their mosque. Wong says members of tour groups will pray and study the Koran together when travelling.

Apart from making an effort to observe dietary rules, daily worship and observing Islamic festivals can also be quite a challenge in Hong Kong.

The most important of all Islamic festivals, Ramadan (the month during which Muslims fast during the day), follows the Islamic calendar and takes place at a different time each year. It is hardest for Muslim labourers when it falls in summer.

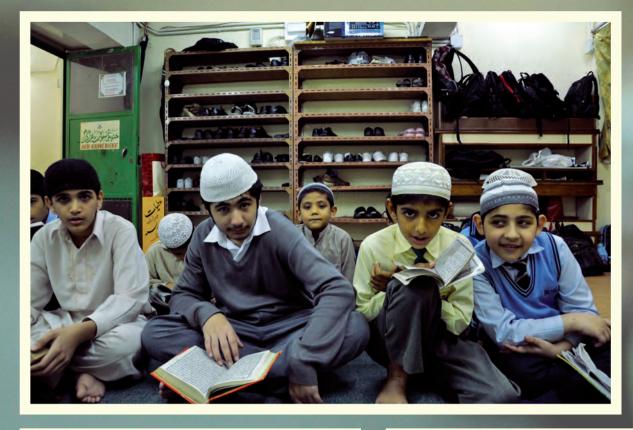
"They are thirsty, because they are not even allowed to drink water," says Tufail, adding the days are also longer during summer.















Madrasah (refers to a certain type of educational institution in Arabic), not tutorial school, is where Muslim children go after school. Every day, they would spend three hours studying Koran and learning Arabic.

















