

CUSCS Higher Diploma Orientation Day 2021





學生輔導及發展服務組 SCDS

學生輔導及發展服務組

Student Counselling and Development Services

- ❖ 致力推行全人發展
- ❖ 發掘同學的內在潛能
- ❖ 幫助同學探索及瞭解自我
- ❖ 建立正向的個人成長及進行未來的生涯規劃



EOC Learning Centre



TKO Learning Centre

最新活動一覽

Student
Portal

CUSCS
Website

SCDS
Website

 cuscs_cuhk

 scdscuscs

服務概覽



專業輔導

個人心理輔導服務

情緒支援

職涯規劃



個人成長及心理健康

學生大使

學生會及學生組織

精神健康急救 及 性格透視

工作坊及活動



職涯發展

師友計劃

職涯發展及探索計劃

“愛.精彩社區” 大專生
服務學習計劃

專業輔導 Individual Counselling

- ❖ 個人心理輔導服務
- ❖ 情緒支援
- ❖ 職涯規劃



歡迎預約:

Email: scds@scs.cuhk.edu.hk

Hotline: 3943 9106

中大有晴24小時輔導熱線: 5400 2055



學生大使計劃 Student Ambassador



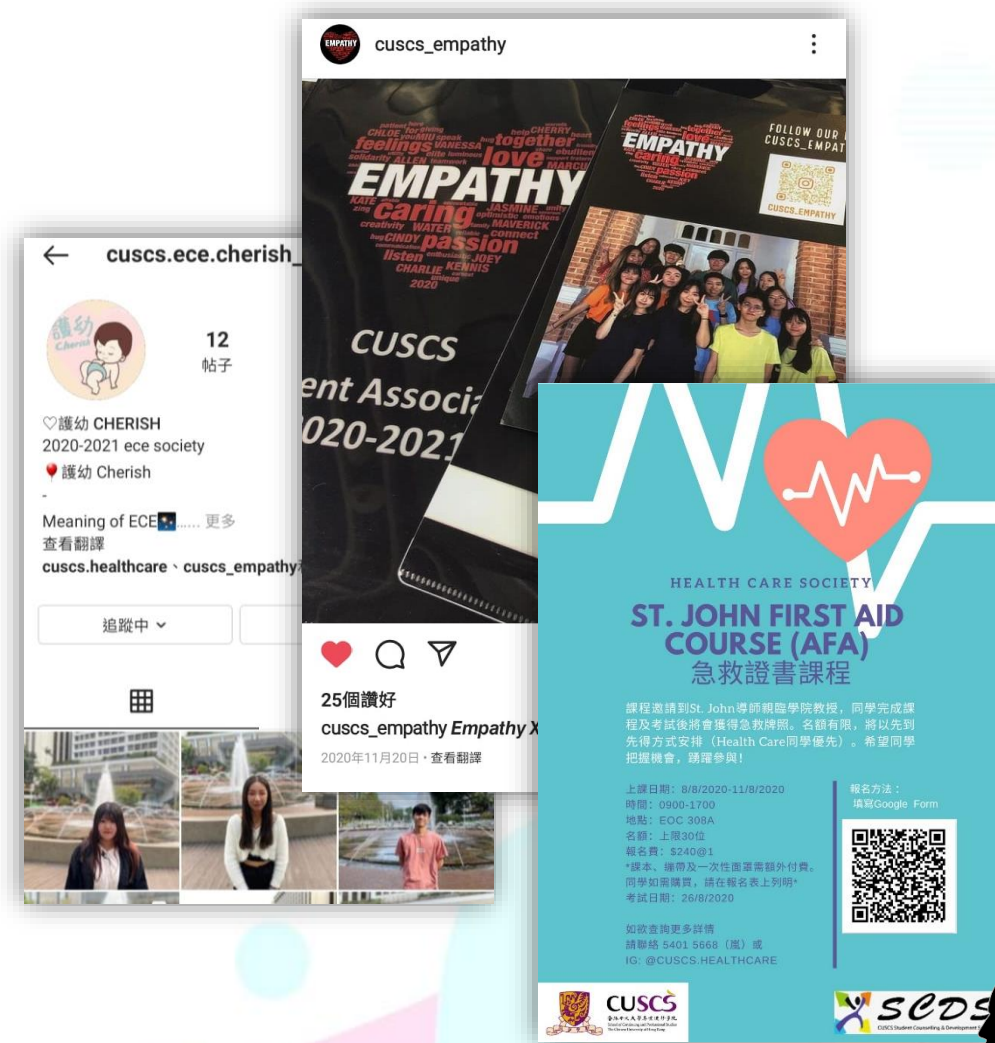
學生會及學生組織 Student Association and Student Clubs

提升組織活動技能，增加歸屬感，成為學生代表

<http://www.scs.cuhk.edu.hk/cuscs/scds/>

- Student Association – Empathy
- Early Childhood Society– Cherish
- Health Care Society – Nightingale
- Social Work Society – Stay Gold
- Chinese Culture Society
- Japanese Culture Society
- Language Empower Society
- Korean Student Society
- Danso

去SCDS網頁睇
多D資料啦!



上莊分享及簡介會



CUSCS 香港中文大學專業進修學院
SCDS Student Counselling & Development Services

學生會及興趣學會2021-22 上莊簡介會

無論你係HD定DFS學生, 都歡迎上莊搞活動比同學!

傾莊

一齊嚟傾下! 一個決定可能令你有更精彩嘅校園生活!

時間: 9月14日(星期二), 4:30pm - 5:30pm
形式: ZOOM MEETING
截止報名日期: 9月14日 中午12:00

有興趣同學請於9月14日前登入學生活動報名系統登記, 我地會將zoom detail email俾你! 請即scan QR code報名!



如有查詢, 請聯絡學生輔導及發展服務組. Tel: 3943 9106 | email: scds@scs.cuhk.edu.hk | scdscuscs | www.cuscs.hk/scds

日期: 9月14日 (星期二)

時間: 16:30 – 17:30

形式: ZOOM

大專上莊
真的
很興奮

約定你地!



精神健康急救課程 及 性格透視個人成長工作坊 Mental Health First Aid & Personality Dimensions



CUSCS SCDS

SCDS義工隊 活動第一擊

FIND YOURSELF

「性格透視」個人成長工作坊
2020. 7.14 (Tue) | 2:30pm - 5:30pm | EOC 308C

用專業的「性格透視」測試去深入認識自己的性格及取向，
了解自己的學習、工作習慣和模式，如何和不同模式的組員合作，
知己知彼，事半功倍。

請即登入學生活動報名系統報名: <https://bit.ly/3IKcaLc>



如有查詢，請聯絡學生輔導及發展服務組 · Tel: 3943 9306 | email: scds@scs.cuhk.edu.hk



工作坊及活動

SCDS Workshops & Activities

❖ 時間管理工作坊



❖ 專上學生暑期實習計劃



❖ 香港青年大使計劃



❖ 香港中文大學交換生計劃



❖ 海外暑期實習計劃



師友計劃 Industrial Mentorship Programme

- ❖ 和來自各行業的精英導師友作出配對
- ❖ 可以增強對自己的了解
- ❖ 導師分享個人心得
- ❖ 豐富對不同行業的了解
- ❖ 建立亦師亦友關係



由2021年11月至2022年5月，同學將與行業精英見面，透過師友文化，同學可以了解行業實況，拓闊視野，規劃未來，並為訂立將來升學及事業發展目標作好準備。

立即登入學生活動報名系統報名參加！

截止報名日期：9月30日 中午12:00 (星期四)



職涯發展及探索計劃 Career Development & Exploration

職業、生涯工作坊



行業講座 Webinar



體驗活動



個人/小組面談



“愛.精彩社區” 大專生服務學習計劃 Serve With A Purpose (SWAP)

- ❖ 對象：高級文憑/ 基礎教育文憑
- ❖ 個人、團隊、機構運作、商品營銷訓練共50 小時
- ❖ 社企實戰80小時
- ❖ 你可以帶走既野
 - 知識
 - 經驗
 - 友誼
 - 証書



個人

團隊

學習

社區





語文學習提升中心 LLEC

語文學習提升中心

Language Learning Enhancement Centre (LLEC)

- ❖ Located at TKO Learning Centre
- ❖ Goal: To enhance students' language skills through a variety of language learning activities and provision of interactive resources

Workshops

LLEC organises language and culture workshops regularly, such as Interview skills workshop and IELTS workshop, so that students will have more opportunities to learn and practise at their own pace.

Language Advisory Service (LAS)

Students can make appointment with our teachers, who provide face-to-face or online consultation, if they encounter any difficulties regarding language learning.

Meeting Rooms

There are two meeting rooms in LLEC for students or teachers to use. Students can book meeting room for LAS, project preparation and group discussion.

Learning Resources 學習資源

Books



There are around 4000 books in total, which includes more than 1000 books for foreign language learning, such as English, Japanese and French books. Preparation books for international language exams (IETLS and TOFEL) are also available.

E-learning programmes



LLEC offers E-learning programmes for self-study at own LLEC website, which includes "Road to IELTS" , "Study Skills Success" and "Clear Pronunciation" .

Movies



To motivate students to learn in a fun way, LLEC offers a collection of around 400 movies in foreign languages that students can borrow.

Magazines



We order magazines of various topics. Our collection includes TIME and National Geographic, which are about current affairs and own world.

Visit LLEC website for more details : <http://www.scs.cuhk.edu.hk/cuscs/llec/>

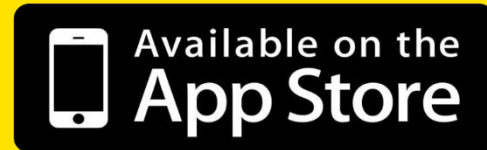


CUSCS English Learning Mobile App

iLearn English

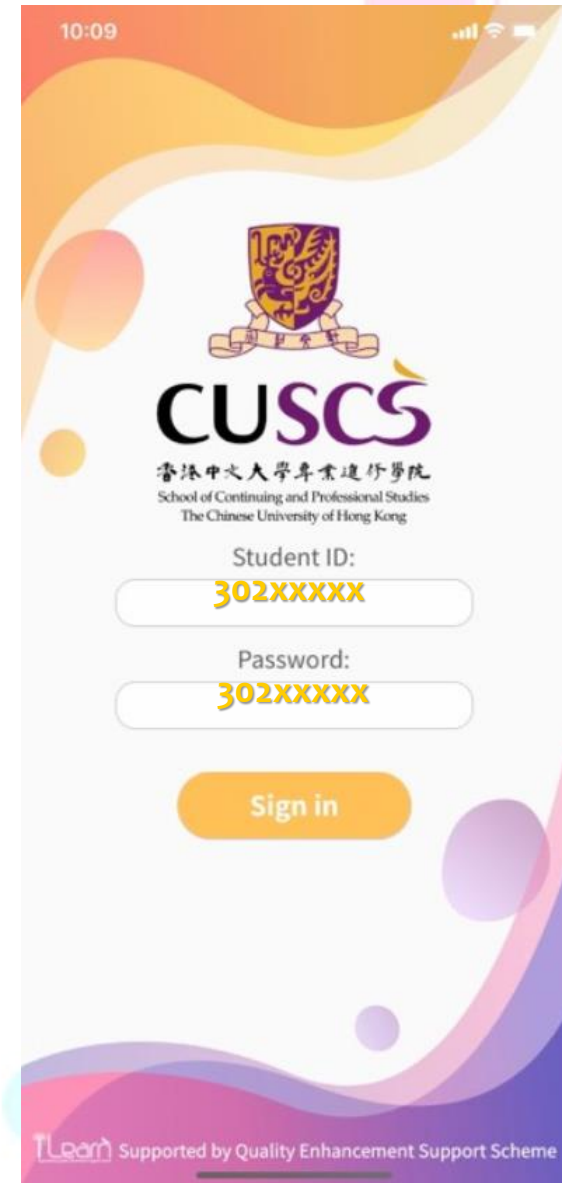
Daily Reading | Fun Reading

Grammar Essential | Vocabulary in Use




Login

You can log in to the app using your student ID,
and the password is **preset** as your student ID.





10:09


CUSCS
香港中文大學專業進修學院
School of Continuing and Professional Studies
The Chinese University of Hong Kong

Student ID:

Password:

 Supported by Quality Enhancement Support Scheme



教學中心設施

行政總部和教學中心



TKO, 將軍澳
Tsui Lam Estate,
Tseung Kwan O



RP, 鐵路大廈
Railway Plaza,
Tsim Sha Tsui



OC, 安年大廈
Oriental Centre,
Tsim Sha Tsui



EOC, 東海商業中心
East Ocean Centre,
Tsim Sha Tsui



BAT, 美國銀行中心
Bank of America
Tower, Admiralty

EOC Facilities

EOC Common Area (Basement)

Opens on Monday to Friday: 8:30a.m. to 9:00p.m.

Saturday & Sunday: 8:30a.m. to 6:00p.m.

- With printing services
- Newspapers are available
- Equipped with 3 iMacs + 12
1 colour multi-functional photocopier (charged by Octopus card)
&
1 colour laser printer (charged by print quota)



OC Facilities

OC Computer Lab (1401)/ Mac Lab (1403)

Opens on Monday to Saturday: 8:30a.m. to 6:00p.m.

Room 1401

- Capacity: 24 students
- With printing & scanning services



Room 1403

- Teaching Lab (for class)
- Capacity: 27 students
- Computer type: i Mac

TKO Facilities

TKO Learning Commons (G10)/ Computer Lab (G05)

Opens on Monday to Friday: 8:30a.m. to 9:00p.m.

Saturday & Sunday: 8:30a.m. to 5:00p.m.

Commons (G10)

- Capacity: 25 – 30 students
- With printing services
- Magazines and newspapers are available



Computer Lab (G05)

- With printing & scanning services

TKO Student Meeting Rooms (G08, 108, 110 & 112)

- Opens on Monday to Friday: 9:00a.m. to 9:00p.m.
Saturday: 9:00a.m. to 5:00p.m.
- Capacity: Ranging from 8 – 12 (*min req. 2 students)
- Reservation period: 2 hours (max.)



Booking could be made at *enrolment counter* or via *Facilities Reservation System*

Booking procedures and guidelines are available at Student Portal

Info Zone > Centre Facilities > under Tseung Kwan O Learning Centre

TKO Centre Facilities

Booking procedures and guidelines are available at Student Portal

Info Zone > Centre Facilities > under Tseung Kwan O Learning Centre

Band Room

- Opens on Monday to Friday: 9:00a.m. to 9:00p.m.
Saturday: 9:00a.m. to 5:00p.m.
- Capacity: 2 - 8 students
- Reservation period: 2 hours (max.)



Basketball Court

- Opens on Monday to Friday: 9:00a.m. to 7:00p.m. ,
Saturday: 9:00a.m. to 5:00p.m.
- Capacity: at least 2 students
- Reservation period: 2 hours (max.)