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## REPORTS

## Changing Language Learning Beliefs: "Appreshiating" Mistakes\*

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Beliefs powerfully affect what we choose to do and learn, as well as the energy and resources we commit to any endeavor. Education often concerns itself with what to learn, and only more recently with how to learn. At a deeper and more generative level are beliefs which can inhibit the what and how. This report briefly reviews the research on beliefs and describes some pilot classroom research which attempts to change inhibiting student beliefs about mistakes. It concludes that beliefs can be shifted by classroom experiences and that they are probably much less stable than previously thought.