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Sunny Review

1. Rock Climbing Activity



Under the theme of resilience, the College organized "Rock Climbing Activity" on 4 January (Tuesday) for College students in order to encourage them to learn more about themselves and step out from their comfort zone. The activity was well received among the participants. Students were given chances to enjoy the Rock-Climbing experience, demonstrate their team spirits and explore their potential possibilities.

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College Activities

1. Fai Chun Writing Workshop to Celebrate Chinese New Year



The Lunar New Year is just around the corner! Want to learn some Calligraphy techniques?

Attend the Fai Chun Writing Workshop and you will learn about tips on writing Chinese Fai Chun! You can then create a unique "Fai Chun" to decorate your room.

No worries if you can't write Chinese, instructors will introduce you how to apply English Calligraphy in Chinese Fai Chun. Please see below for details.

Date: 24 January 2022 (Mon)

Time: 6:30 - 8:30 p.m. Venue: W112 - 114

Fee: \$50 deposit (Deposit will be refunded upon completion of the activity)

Local, Non-local and Exchange Students are all welcome!

Deadline: 20 Jan 2022 (Thu)

Registration: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13644613

First-come-first-served. Time of deposit payment will be the determinant. Please submit the deposit to Dean of Students' Office (UG09) within office hours after filling in the webform for seat reservation.

Join us to celebrate the Year of Tiger!

Enquiries: Ms Alice Kam (akam@cuhk.edu.hk/ 3943 3942)

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2. 服務學習計劃 (2021/22 學年 第二學期) Service-Learning Programme (Term 2, 2021/22)



書院以「培育同學承擔社會責任」為其中一項重要使命,將於本學期提供一系列服務學習計劃予同學參與。服務項目包括直接服務至公眾教育,你將有機會了解不同服務對象的需要,計劃及實踐服務計劃以回應社會需要。同學可參閱書院網頁,了解詳細服務學習活動內容。

如果你有興趣參與社會服務及從服務中學習,立即報名!請於 <mark>2022 年 1 月 11 日(星期二)</mark> 前填妥網上申請表 (https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13643882)。所有申請學生需出席面試,暫定面試日為 2022 年 1 月 13、14 日,成功申請的學生需繳交\$500 按金,出席率達 80%可退回按金。

備註:曾經參與至少一次海外服務或兩次本地服務的學生,可於四年級申請書院通識 GEYS4010 個人服務學習研習。

如有任何查詢,請與陳煒棋小姐 (<u>kikiwkchan@cuhk.edu.hk</u>/3943 9335) 或甘楚琪女士(<u>akam@cuhk.edu.hk</u>/3943 3942)聯絡。

"Nurturing students through assuming social responsibility" is one of our College's educational goals. This semester, we offer a wide range of Service-Learning opportunities for you to engage in social services. Service activities range from direct services to public education. You will have the chance to understand the needs of various types of service user, plan and implement service-learning projects that address their needs. For details of service-learning projects, please refer to college website.

If you are interested in serving the community and learning from serving others, join us! Please fill in the online form (https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13643882) by 11 Jan 2022 (Tuesday). All applicants are required to attend interview to be conducted on 13 and 14 January 2022 (tentative), successful applicants should submit \$500 deposit, deposit is refundable for students who have attained 80% attendance.

Remarks: Students who have participated in at least 1 overseas SL trip or 2 local SL programmes are eligible to apply for GEYS4010 Individual Project on Service-learning.

Please feel free to contact Miss Kiki Chan (<u>kikiwkchan@cuhk.edu.hk</u>/3943 9335) or Ms Alice Kam (<u>akam@cuhk.edu.hk</u>/3943 3942) if you have any enquiries.

3. Kalimba Making Workshop 拇指琴製作工作坊



拇指琴最近成為音樂新寵,其療癒的音色,像音樂盒般;輕輕彈奏,令人心情放鬆。是次工作坊將教授製作 17 琴鍵 的拇指琴,並會教授睇譜及彈歌。活動完結後,同學可以帶走拇指琴,隨時隨地享受彈奏音樂的樂趣。

内容:

- 1. 親手製作獨一無二的拇指琴,包括設計圖案、裝嵌及調音
- 2. 了解拇指琴的歷史
- 3. 學習睇譜 及 彈奏流行歌

e.g.《蒙著嘴說愛你》《神隊友》《E 先生》《假使世界原來不像你預期》 *所教的歌曲會視乎同學的進度而調整

日期: 25 Jan 2022 (Tue)

時間:6:00pm - 10:00pm **地點:**W112

語言: 粤語

費用: \$80 + 按金 \$220 (出席活動後可獲退回\$220 按金)

報名: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13643421

截止報名日期:19 Jan 2022

請於網上報名後把費用\$300 交至書院院務室。 名額有限,先到先得,以遞交費用先後次序為準。

查詢: Phoebe Wu (phoebewu@cuhk.edu.hk / 3943 3988)

4. 創意小說寫作坊



本工作坊將圍繞「落差的遊戲」、「封閉空間的文字密度」、「虛構的音樂與虛構中的音樂」和「肉體溝通之可能與不可能」四個主題開展討論,通過與學員共同研讀精選中外文本,以及進行各種課堂練習,擴闊想像,探索小說創作的不同可能性。

課程概要:

第一節 落差的遊戲

學習如何在小說中運用各種手法為讀者製造預期落差並寫出有趣的作品。主要研讀文本:博爾赫斯〈刀疤〉、陳浩基習作三篇

第二節 封閉空間的文字密度

探討作家如何以文字經營不同意義的封閉空間,以及封閉空間的設置如何誘發脫軌的經驗,生成不同形態的作品。主要研讀文本:張愛玲〈封鎖〉及愛倫坡〈活埋〉

第三節 虛構的音樂與虛構中的音樂

探討作家如何在小說中融入音樂元素,並嘗試以音樂構思創作。

主要研讀文本:村上春樹〈查理・帕克演奏巴薩諾瓦〉和石黑一雄〈抒情歌手〉。

第四節 肉體溝通之可能與不可能

探討作家如何利用肉體的變異擴展和限制感官體驗,從而建構風格獨特的作品。主要研讀文本:謝曉虹〈肉變〉、乙一〈被遺忘的故事〉。

導師: 陳韻紅女士

講者簡介:陳韻紅,畢業於香港中文大學中國語言及文學系及日本研究系,曾獲香港中文文學創作獎小說組第一名、 青年文學獎小說高級組亞軍、香港文學季「海」徵文比賽冠軍等,曾任第 47 屆青年文學獎小說初級組評審。作品散 見《字花》、《別字》、《無形》、《虛詞》、《SAMPLE》。

日期: 2 月 8 日、 15 日、22 日 及 3 月 1 日 (逢星期二,共四堂)

時間: 晚上 6:30 至 8:30

語言: 粵語

地點: 伍宜孫書院西座 112 至 113 室

按金: \$100 (出席最少 3 堂可獲退回全部按金)

報名: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13643910

截止日期: 1月26日

*名額有限,先到先得,以遞交按金先後次序為準。請將按金交至書院院務室。

查詢:胡佩德小姐 (phoebewu@cuhk.edu.hk / 3943 3988)

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5. Fitness Room User Introductory Course 2021-22 健身室使用者課程 2021-22



The full Sea-view Fitness Room is open for use. In accordance with the University's guidelines, only those who can present valid CUHK Fitness Room User Cards can use Fitness Rooms on University campus.

Students/ members who are not CUHK Fitness Room User Card holders may attend a Fitness Room User Introductory Course organized by the College with details as follows:

Date: Tuesday, 1st Mar 2022

Time: 7:00 - 9:00pm

Venue: College Gym

Quota: 15 (first come, first served) **Instructor:** Mr. John CHAN

Application: https://qr.page/g/1TafZ2irwX7

*Year 1 students may obtain the CUHK Fitness Room User Card from PE lessons.

Enquiries:

Ms. Elsus Yeung (elsusyeung@cuhk.edu.hk / 3943 3934)

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6. Yoga Class 2021/22 Term 2



Stretch your body • Increase your flexibility • Improve your mobility

Date: Feb 21, 28

Mar 7, 14, 21, 28 (Mondays)

Time: Class A - 7pm to 8pm

Class B - 8pm to 9pm

Venue: W112-114 Quota: 14 (per class)

Instructor: Ms. Mayan Chan

PE Marks: 4 (upon completion of at least 5 lessons)

Fee: \$250 (\$200 will be refunded upon completing at least 5 lessons)

[College member - \$150]

Application: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13637261

Interested students please fill in the webform AND submit course fee to Dean of Students' Office on or before 5:00pm, Jan 27 (first-come-first-served. Time of deposit payment will be the determinant)

Enquiries:

Ms. Elsus Yeung (elsusyeung@cuhk.edu.hk / 3943 3934)

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College Announcements

1. Appointment of College Associate Master 新任書院副院長



The College is pleased to announce that Professor Poon Ming-kay (潘銘基教授), Dean of Students and College Fellow has been appointed as Associate Master of the College for the period from 1st January 2022 to 31st December 2023.

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2. Temporary Closure of College Gym 書院健身室暫停開放

In accordance with the government's social distancing measures in view of latest epidemic situation, Wu Yee Sun College Gymnasium has been closed from 7 January 2022 until further notice.

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3. Suspension of Dine-in Service after 6pm at College Student Canteen 學生飯堂於晚上 6 時後暫停堂食服務

In accordance with the government's social distancing measures in view of latest epidemic situation, dine-in service at Wu Yee Sun College Student Canteen will be suspended after 6:00pm during the period from 7 January to 20 January 2022. During the aforementioned period, dinner menu will be available starting from 4:00pm while takeaway service will be provided from 6:00pm to 8:30pm. Last order for dine-in service will be 5:30pm.

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4. Postponement of College Sports Team Tryout 書院院隊選拔延期

In accordance with the government's social distancing measures in view of latest epidemic situation, College Sports Team Tryout originally scheduled during the period from 11 January to 14 January 2022 will be postponed.

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5. Rance Lee Award 2021/22 - Finalists Shortlisted

The final presentation of Rance Lee Award was held on 6 January 2022 (Thursday). We are pleased to announce that TWO teams have been shortlisted in the area of (a) Health and Well-being and (b) Green Life. The shortlisted finalists are as below:

Area	Project Name	Project Idea
Health and Well- being	Greenie – the Genie who realizes your dream home	The project aims to encourage people to develop a healthy lifestyle by doing more exercises and having healthy diets. By developing a pet breeding mobile game, the team would like to use gamification to encourage the public to live in a healthy and green way.
Green Life	GreenCan(Teen) – Making Wu Yee Sun Canteen Green	The project aims to introduce the use of reusable food containers for takeaways in Wu Yee Sun Canteen. The team would like to promote a sustainable lifestyle among college students.

The award winning teams have to implement their ideas and the fellow awards will be presented in the College Closing Assembly on 22 Apr, 2022.

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6. Arrangement for Gown Borrowing and Photo Day for Graduating Students of 2021/22

The College Photo Day has been scheduled on 25th March, 2022 (Friday). Graduating class of 2021/22 may visit the College Office (G03, G/F, East Block) during the office hours from today till 28th January, 2022 (Friday) for gradation gown and cap size trial. Alternatively, you can refer to "Reminder for the Rental of Graduation Gown" of the Important Notes for the gown and cap sizes.

For gown borrowing, students are required to complete below online form of undertaking and submit the true copy of the ATM / bank-in slip to College Office or e-mail online bank transaction record to gloride.edu.hk on or before 28th January, 2022 (Friday)

https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13643862

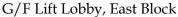
With the uncertainty of the COVID, the College will share updates regarding the arrangement for student organizations who wish to organize celebratory activities during the photo-taking day in due course. For enquiries, please contact Gloria at 3943-3941 or glorialeung@cuhk.edu.hk

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7. Installation of Beverage Carton Recycling Bin

We are delighted to announce that a Beverage Carton Recycling Bin by Mil Mill is set at G/F Lift Lobby of East Block. To facilitate the recycling process, a small recycling bin is also set at G/F Lift Lobby of West Block.







G/F Lift Lobby, West Block

<u>CLEAN</u> Recycling is essential. A small drop of milk left over can contaminate the whole box of clean recycled materials. Follow the steps below and join us to create a more sustainable community.

Types of Recyclables:	Beverage cartons (e.g. milk cartons, aluminum foil cartons, paper cups, paper plates)	
Recycling Steps:	1. Cut and rinse	
	2. Remove plastic parts	

If you are interested in learning more about beverage carton recycling, visit https://www.milmill.hk to check out the introduction and demonstration video on how to recycle the cartons cleanly. Mil Mill, the first pulp mill and education center that recycles beverage cartons in Hong Kong, will be where we send all the collected cartons. There is also a recycling map which locates all beverage carton collection points in our city.

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8. Reaching Out Award 2021/22 - Application

Full-time undergraduate students are now invited to apply for the **Reaching Out Award 2021/22 (ROA)** offered by the HKSAR Government. The award, in the amount of HK\$10,000 for each successful applicant, aims to support students in participating in events / competitions (e.g. conferences / forums / workshops / seminars / training camps / competitions / service projects etc.), internships or placements (credit-bearing / non-credit bearing), field / study trips or courses (e.g. foreign language immersion programmes / academic exchange programmes etc.) which are **conducted outside Hong Kong in 2021/22 academic year (1 Sep 2021 – 31 Aug 2022).**

Kindly note that preference is given to local students and financial need may also be considered. Please visit the link below to learn more about the eligibility and application procedures, and pay special attention to the submission requirements and supporting documents needed. For those who are applying for Term 2 exchange programme, please be reminded to submit the required documents to the College Office before departure.

https://www.wys.cuhk.edu.hk/news/reaching-out-award-202122-now-open-for-application/

Application Deadline: 5:00pm, 8 February 2022 (Tuesday)

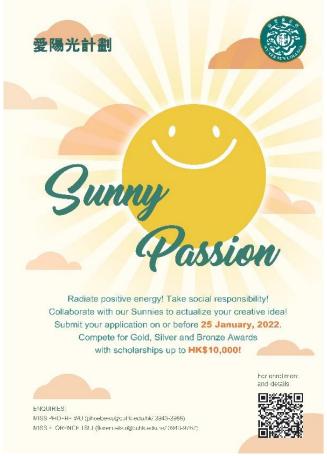
Please note that students can only be awarded **once** throughout the entire study programme.

Late applications and incomplete submissions will not be processed.

Enquiries: Ms. Karen Yiu (<u>karenyiu@cuhk.edu.hk</u> / 3943 3936)

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9. Sunny Passion Programme 2021/22



Living Up to the College's Core Value - Creativity, Entrepreneurship and Social responsibility - Apply Sunny Passion Programme 2021

Sunny Passion Programme encourages social responsibility among students and supports students to think and act creatively for good cause. You are invited to apply this programme individually or in group with at least 50% of Wu Yee Sun College students, competing for Gold, Silver and Bronze Award. Winners will get HK\$10,000, HK\$6,000 and HK\$4,000 respectively to implement, promote or demonstrate their project ideas to the others!

Just submit (1) the application form together with (2) ONE A4 page Business Model Canvas by 5:00 pm, 25th Jan 2022 through one of the following channels –

- 1. e-mail the softcopy of the documents to Miss Phoebe Wu (phoebewu@cuhk.edu.hk) and/or Miss Florence Tsui (florencetsui@cuhk.edu.hk); *OR*
- 2. click the following link (https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13641629) and complete the online application form ; *OR*
- 3. Send the original hard copy of the documents to the College Office, Wu Yee Sun College in person

Express your ingenious creativity and make our society a better one! Please refer to the College website for details. Application form and Business Model Canvas are available through this link: https://www.wys.cuhk.edu.hk/college-life-support/funding-scheme/?scheme=sunny

For inquiry, please feel free to contact Miss Phoebe Wu at 3943-3988 (e-mail: phoebewu@cuhk.edu.hk) or Miss Florence Tsui at 3943-9767 (florencetsui@cuhk.edu.hk)

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10. Dorsett Young Entrepreneur Scholarship 2021/22



Kick Start Your Own Business and Rocket to Success - Apply Dorsett Young Entrepreneur Scholarship NOW!

Dorsett Young Entrepreneur Scholarship (DYES) is an award offered by Dorsett Hospitality International Limited. The awardees will be offered up to HK\$80,000, which is subjected to the total number of applications, with 2-4 quota per year.

DYES aims at providing students, who are year 2 or above and preferably have exposure to Mainland China, an opportunity to demonstrate entrepreneurial talents with innovative ideas to set-up their own business, targeting Hong Kong and/or the Mainland China market. You can submit your application individually or in a group comprised of at least 50% WYS students.

Should you be interested in developing your own business, submit the application form together with ONE page Summary and ONE page Business Model Canvas by 5:00p.m., 24th January, 2022 through one of the following channels –

- 1. e-mail the softcopy of the documents to Miss Phoebe Wu (phoebewu@cuhk.edu.hk) and/or Miss Florence Tsui (florencetsui@cuhk.edu.hk); *OR*
- 2. click the following link (https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13643317) and complete the online application form ; *OR*
- 3. Send the original hard copy of the documents to the College Office, Wu Yee Sun College in person

Please check out the details through the website https://www.wys.cuhk.edu.hk/college-life-support/funding-scheme/?lang=zh&scheme=dorsett-young-entrepreneur-scholarship and download the documents for further details.

For inquiry, please feel free to contact Miss Phoebe Wu at 3943-3988 or Miss Florence Tsui at 3943-9767 or e-mail: florencetsui@cuhk.edu.hk

11. Rance Lee Mentorship Programme - Open for Enrollment



With the initiation of our CUHK alumnus Mr. Sai-Yung Lau and the generous funding support of our CUHK alumni Mr. Albert Wu and Mr. Philip Li, this programme has been restructured.

The group-to-group mentor-mentee model, which is comprised of senior mentors, alumni mentors and student mentees, will be adopted. With the support of alumni mentors, a new element of this programme, it is believed that the bonding within a group or among WYS members will be stronger.

This programme aims to promote <u>a multi-functional social networking</u> for

- Providing practical advice and assistance
- Sharing information and interests
- Nurturing close friendship and emotional support

This programme offers a lifelong membership for all the participants. It is now open for enrollment. Should you be interested in it, please click this <u>link</u> to register.

For details, please check out College website

https://www.wys.cuhk.edu.hk/whole-person-development/mentorship/

For enquiries, please contact Miss Florence Tsui at 3943-9767 or e-mail florencetsui@cuhk.edu.hk

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12. "Meet the Dean" Hours 輔導長時間

"Meet the Dean" Hours is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned.

You talk. We listen. Even if you want to keep it to your heart, we still stand by your side.

The session is hosted by:

- Professor Ming-kay Poon (潘銘基教授), College Dean of Students and Professor at the Department of Chinese Language and Literature
- Dr. Po-kin Leung (梁寶建博士), College Associate Dean of Students and Lecturer at the Department of Physics
- Professor Kelvin K.F. Tsoi (蔡錦輝教授), College Associate Dean of Students and Associate Professor at Jockey Club School of Public Health and Primary Care

Every Sunnie is welcome!

Enquiries:

Ms. Sammy Kwan (<u>sammykwan@cuhk.edu.hk</u> / 3943 9775) Miss Florence Tsui (<u>florencetsui@cuhk.edu.hk</u> / 3943 9767) Miss KiKi Chan (kikiwkchan@cuhk.edu.hk / 3943 3935)

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13. Student Pastoral Care

Sometimes you find yourself with these negative emotions: lost, alone, aimless or confused as you adjust to university life or pursue personal growth. Share your feeling with others will help release your emotions and gain new perspectives! DON'T be afraid to ask for help. Our College Dean of Students would be more than happy to speak to you and give you advices, below are the contact numbers you may wish to know.

- 1) You are welcome to speak with our **College Dean of Students** when you have problems that need resolving. Please email sammykwan@cuhk.edu.hk for arrangement.
- 2) You may also approach the University's Wellness and Counselling Centre at 3943 7208 for help.
- 3) A **24-hour Emotional Support Hotline** at 5400 2055 is available to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations.

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14. WYS's Got Talents - Photography, Poster Design, MC and a lot more!



Are you interested in or excellent at any of the fields below?

- --- Photography / Video-production
- --- Art & Design (e.g. posters or infographics)
- --- Simultaneous Interpretation
- --- Master of Ceremonies
- --- Audio & Video Support
- --- Writing (e.g. creative writing or student reporter in publications)

The College is recruiting all sorts of talents to contribute in various College events. Registered students may be invited to assist in different occasions. Don't hide your talents, shine in the College!

P.S. CREATIVITY COUNTS!!!

Let us know what you are interested in and excellent at: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838

Enquiries:

Miss Elsus Yeung (<u>elsusyeung@cuhk.edu.hk/</u> 3943 3934) Ms. Sammy Kwan (<u>sammykwan@cuhk.edu.hk</u>) / 3943 9775)

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15. Membership Recruitment - WYS Alumni Association 伍宜孫書院校友會會員招募

Want to stay in touch with your college friends? Expand your professional network? Give back to the College? WYS Alumni Association lets you take college bonds beyond student life. You can get a lifelong membership for just \$500. Apply now, and you will receive a set of 4 reusable drinking straws! (While stocks last)

Simply fill in the <u>application form</u>, and return to the College Office (G/F, Wu Yee Sun College) with the membership fee.

想跟書院同學保持聯繫?想擴闊人際網絡?想回饋書院?透過伍宜孫書院校友會,你可以將學生時代的關係延續下去。終生會籍只需 500 元。現時申請,更可獲贈一套四支環保飲管(先到先得,送完即止)。

各位同學只須填妥申請表,連同會員費,交回伍宜孫書院地下院務室即可。

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College Funding & Awards Schemes

1. Self-Motivation Fund for Health and Well-being Activities



Self-Motivation Fund for Health and Well-being Activities encourages students to participate in various kinds of health and well-being activities in order to strengthen your **physical health** and **mental wellness**.

Eligibility:

For Wu Yee Sun College students who participate in health and well-being activities <u>organized by organization(s)</u> <u>other than the College.</u>

There are two categories of activities you can apply:

(i) Health and Well-being Activities

Examples:

Healthy Cooking Class, Trial Course on Musical Instruments, Course about Nutrition or Chinese Medicine, Mindfulness Workshop, Mental Health First Aid Course

<u>Funding amount</u>: Maximum \$1500 or Up to 60% of application fee and course fee (whichever is lower)

(ii) Qualification Courses for Health and Well-being Instructors

Examples:

Mindfulness-Based Cognitive Therapy (MBCT) Instructor Course, Art or Music Therapy Instructor Course

Funding amount: Maximum \$3000 or Up to 60% of course fee (whichever is lower)

Take a look at the **guidelines** and the **reflection template** to start your healthy life now!!!

Application: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13636283

Enquiries:

Miss Phoebe Wu (phoebewu@cuhk.edu.hk / 3943 3988)

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2. Self-Motivation Fund for Sports Activities

[Application for Phase I is closed as the fund has been used up. Students can submit your application for Phase II staring from 10 January 2022 for activities held on or after 1 February 2022]



Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of **sports** activities and **qualification courses for sports coach**, in order to live up the spirit "Sports for Everyone".

Funding Amount:

<u>Sports Activities:</u> Maximum \$1500 or Up to 60% of application fee and course fee (whichever is lower) Qualification courses for sports coach: Maximum \$3000 or Up to 60% of course fee (whichever is lower)

Take a look on the guidelines and report template, and challenge yourself with different activities.

Application: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13636283

Enquiries:

Ms. Elsus Yeung (elsusyeung@cuhk.edu.hk / 3943 3934)

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3. Self-Motivation Fund for Green Activities



Self-Motivation Fund for Green Activities encourages students to participate in various kinds of green activities and qualification courses for instructors of green activities that promote sustainability and environmental consciousness.

Funding Amount:

<u>Green Activities:</u> Maximum \$1500 or Up to 60% of application fee and course fee (whichever is lower) <u>Qualification courses for instructors of green activities:</u> Maximum \$3000 or Up to 60% of course fee (whichever is lower)

Take a look on the <u>guidelines</u> and <u>reflection template</u>, and challenge yourself with different activities. **Application:** https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13636283

Enquiries:

Ms. Sonia Yu (soniayu@cuhk.edu.hk / 39433937)

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4. Mingle Fund



Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College.

The Fund mainly supports daily and social activities with the participation of Both local students and international / incoming exchange students (i.e. there should be at least one local student AND at least one international / incoming exchange student.)

Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity.

More Details: https://www.wys.cuhk.edu.hk/college-life-support/funding-scheme/

Enquiries:

Miss Kiki Chan (kikiwkchan@cuhk.edu.hk / 3943 3935)

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5. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃



Grab the chance, be creative!

Be Entrepreneurial! Funding Scheme supports students to implement various short-term projects fulfilling college's core values of **creativity**, **entrepreneurial spirit**, **and social responsibility**.

All undergraduate students, regardless of discipline and year of study, are welcome to submit application all year round. The maximum funding amount is up to HK\$20,000!

Online application is now available, simply submit your application through one click

- https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13638278

Check out the details through this <u>link</u>.

Enquiries:

Miss Phoebe Wu (phoebewu@cuhk.edu.hk / 3943 3988)

6. Service-learning project Funding Scheme 服務學習項目資助計劃



If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's Service-learning Project Funding Scheme supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project.

Learn to serve and serve to learn! Please visit the website for more info.

Enquiries:

Miss KiKi Chan (kikiwkchan@cuhk.edu.hk/3943 3935)

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7. Global Learning Award Scheme



The Global Learning Award Scheme (GLAS) aims to encourage students to initiate or participate in non-local academic or experiential learning programmes with the main purpose of LEARNING. Applicants will be awarded the "Global Learning Award" and receive the award amount after completing all post-trip requirements on time.

Students can apply funding for the self-initiating trips, overseas programmes, and virtual programmes. For further details, Please refer to college website for application guidelines.

Round	Applying for trips taken during (for trips overlapping both rounds, <u>first date</u> of the trip shall determine the application period)	Application period
Summer	May 1 - Oct 31	Dec 1 – Apr 30

Application: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13638945

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8. Internationalization Activity Fund



If you are interested in organizing activities to promote cross-cultural integration, we support you to kick-start your plan!

The Internationalization Activity Fund aims to support students or student bodies to organize college- or hostel-level extracurricular activities which promote internationalization and inter-cultural exchange opportunities among members of the WYS community.

Eligibility

- 1. All registered WYS student associations will be eligible for applying for financial support from the Fund.
- 2. Local and non-local student bodies/students are also encouraged to apply for the funding to organize activities for promoting campus integration and cohesion.
- 3. At least 70% participants should be local undergraduate students.

Examples

- Experience of Clothing, Dining, Living & Transport in Hong Kong
- · Hong Kong Sightseeing Tram Tour
- Thanksgiving Festival Celebration
- Korean Night

Funding Amount: Maximum \$20,000

Guidelines & Application: https://www.wys.cuhk.edu.hk/college-life-support/funding-scheme/?scheme=internationalization-activity-fund-2

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Other Activities & Announcements

1. The GREEN Hackathon and Innovation Night 2022



Registration for the GREEN Hackathon and Innovation Night (26th February) is now open!

The GREEN Hackathon and Innovation Night 2022 is organised by GREEN Hospitality and funded by the Innovation and Technology Commission*. This event is a unique space for innovators, hospitality employees, and youth to collaborate and create practical solutions for the environmental challenges faced by the Hospitality industry. The theme this year is "Circularity in Hospitality - Transform Waste into Innovative Marketable Products & Solutions". Teams will be encouraged to focus on creating solutions either on Food, Textile or Packaging innovation. If you are a creative person and are interested in these topics, come and join us!

Winning prizes include exciting internship opportunities for university students at The Mills Fabrica, a cash prize and more. The Hackathon will also be a professional opportunity to meet and be mentored by hospitality, innovation and social impact experts and a chance to showcase your ideas to investors and representatives of start-up incubators.

REGISTER HERE as part of a team or as an individual to take part in the GREEN Hackathon and Innovation Night 2022.

We look forward to seeing all you fellow changemakers there!

Best regards,

The GREEN Hospitality Team

*Events are subject to change without prior notice

**Acknowledgment & Disclaimer: This event is funded by the Innovation & Technology Commission of the HKSAR.

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2. Sunshine@ CUHK Mobile App



The Sunshine@CUHK Mobile App is now available to download for free!

iOS: https://apple.co/3qKoTDK Android: https://apple.co/3qKoTDK

The mobile app is a wellbeing app where students would be engaged in various mental wellness related exercises and counselling hotline/services on the go. Key features include *Mood Diary* and *Mindfulness Exercise*. Students could have a more systematic view of their emotions and mood trends by recording their moods in the Mood Diary. Another feature, Mindfulness Exercise, assists students to face the emotional ups and downs with an opening and accepting attitude.

What's more, *Seek Help* and *Aid Button* provide lists of major community resources for students to seek help both within and outside CUHK including community online counselling services and 24-hours counselling hotlines, all-at-a-glance and just a click away.

If you wish to learn more, please refer to the attached poster for more information.

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3. 2021-22 Intensive Art Workshop



An Art Day Camp named "2021-22 Intensive Art Workshop" will be located in Sir Run Run Shaw Hall. The programme includes workshops, artists sharing, screening and performance.

For more details, please visit the following:

Facebook:

https://www.facebook.com/cuoaafta/photos/a.277005805742407/4386019261507687

Instagram:

https://www.instagram.com/p/CXumNAxB1rt/

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4. Multicultural Counselling Service for Non-local Students



To strengthen counselling support to non-local students, Wellness and Counselling Centre is launching a pilot programme to provide multicultural counselling service to non-local students. The service will be provided by

native Putonghua or English speaking counsellors from an external counselling service provider, St. John's Cathedral Counselling Service (https://www.sjcshk.com/). Subject to the availability of their counsellors, counselling sessions might also be conducted in other languages such as Dutch, French, Spanish, Japanese, Korean, Hindi and Sindhi. For more details, please visit: https://www.osa.cuhk.edu.hk/services/multiculural-counselling-service for more information.

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5. CUHK Independent Learning Centre (ILC)

Independent Learning Centre (ILC) has in store to support student learning in the First Semester of 2021-2022 via our **face-to-face** and **Zoom** sessions.

For the **new incoming students** who are not familiar with the ILC, I would recommend them to visit the ILC website (https://www.ilc.cuhk.edu.hk/EN/) for a short ILC video for our major work and services.

For **international students** who are interested in having better communication with the CUHK staff and students of other nationalities, this Interacting Across Cultures (IAC) online learning series should be very useful (https://ilc.link/IAC).

While the ILC workshops mainly target UG students, we also offer special postgraduate workshops with the University Library collaboratively. For details, please visit the ILC website regularly: https://www.ilc.cuhk.edu.hk/EN/workshops.aspx

Here are some ILC workshop highlights for the new academic year 2021-2022:

- 1. University Study Skills Series this series is particularly useful for incoming UG students
 - Study Skills in English at University Level
 - o Academic Reading: Strategies for Success
 - Ace Your Oral Presentations
 - Discussion Skills and Current Affairs
 - o Saying What You Mean: English Pronunciation for Cantonese and Mandarin Speakers
 - Listening to Learn: Academic Listening and Note-Taking Skills
 - Building a Bigger and Better Vocabulary

2. Writing Success Series

- Academic Essays
- Research Papers
- o Reflective Journals
- o Personal Essays
- 3. **Job Preparation Series** this series is particularly useful for graduating students and students who are interested in applying for exchange/ internship opportunities
 - Writing Impressive Resumes
 - Writing Impressive Application Letters
 - o Ace Your In-person and Video Job Interviews
 - Standing Out in a Group Interview
 - Interview Practice and Self Reflection

4. CRE/ JRE Series

- o Preparing for the CRE Use of English
- Tips and Strategies in Tackling the JRE
- o JRE Writing Practice (Practice writing for the JRE under exam conditions)
- Feedback on JRE Writing Practice (Discuss exam strategy and student writing)

5. Exam Preparation Series

- o Taking the IELTS Challenge: Reading & Writing
- o Taking the IELTS Challenge: Speaking & Listening
- Mastering the TOEFL: Reading and Listening

Mastering the TOEFL: Speaking and Writing

To see the workshop series posters, please go to: https://bit.ly/3Dz0zZy

Students who think they will benefit from having a one-to-one meeting with our teachers on their specific learning needs or need guidance in devising their independent learning plan can book a consultation session, and our schedule can be found here: https://www.ilc.cuhk.edu.hk/EN/consultation.aspx

The ILC also develops and recommends both print and online learning resources on various topics in both English and Chinese to support our students. Details are available at: https://www.ilc.cuhk.edu.hk/EN/LearningRes.aspx

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6. Community Resources for Emotional Support

<Samaritan Befrienders HK>

Samaritan Befrienders Hong Kong is a voluntary agency giving support and rendering emotional counselling to those in need.

24-hour Hotline: 2389 2222

Emotional Support provided by a group of passionate volunteers who are willing to listen, care, and walk with the help seekers to face their problems and finally regain their hope for the future and confidence in facing the challenges ahead

Suicide Crisis Intervention Centre: 2341 7227 for appointment

Professional social workers providing services such as risk assessment, emergency crisis intervention, 6-8 weeks intensive counselling and small group services

Family Helpline: 2319 1177

Professional social workers providing consultation to people whose relatives or friends are suffering from suicide crisis

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To unsubscribe, please email us at info.wys@cuhk.edu.hk.