For problems viewing CHINESE words in this email, please right click the mouse and choose Encoding and then Unicode (UTF-8). You can also contact Mr. Jason Cheng at jasoncheng@cuhk.edu.hk or 3943 3989 for technical support.

The Sunny Bi-Weekly

5th July 2021



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Sunny Review

1. 菲林攝影沖曬工作坊



With the interest in film development, Creativity Laboratory (c!ab) and Media Production Society (媒創) jointly organized a color film development workshop on 22nd Jul 2021. Participants used the instant camera to take snapshots in the College after learning the technique on composition of photography, followed by a series of procedures to develop film and digitalize images by scanning. Though the workshop lasted for more than 4.5 hours, the participants very much enjoyed it and learnt a lot about the process of film development.

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2. 中國書法班



為期四堂的中國書法班於六月份透過混合模式成功舉行。同學在導師陳冠男博士的悉心指導下,透過臨習書法經典, 認識和掌握篆、隸兩種書體的書寫技巧,同學對中國文化的素養亦大大提升。

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College Activities

1. Italian Summer Activity - Italy from a different viewpoint



Ciao~

When we say Colosseum, Leaning Tower of Pisa, Pizza and Pasta, what is the first thing that pops in your mind? 3...2....1.... Yes, it's Italy! But there is more to it!

Feeling stuck in Hong Kong and missing Italy too much? Grab the chance to join us and have a taste of Italy.

Dr. Klaus Colanero would teach you how to cook the most down-to-earth Carbonara and you will have a chance to chat with WYS students who went to Florence and representatives from International Student Centre G. La Pira to know more about the life in Italy.

Seats are limited! Register now!

Event details:

Date: 15th Jul 2021 (Thu)

Time: 6:30 pm

Venue: WYS Canteen

Quota: 15

Instructor: Dr. Klaus COLANERO (Office of University General Education)

Content: Cooking workshop on "Carbonara theory"

Quiz with prizes Students' sharing

Video call with International Student Centre G. La Pira

Eligibility: WYS students (all local, international and exchange students are

welcome to join)

Registration: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13461727

Registration deadline: 11th Jul 2021 (Sun)

*Please bring your own food container as eating at the venue is not allowed

Enquiries:

Miss Kiki Chan (<u>kikiwkchan@cuhk.edu.hk</u> / 3943-3935) Miss Rachel Poon (<u>rachelpoon@cuhk.edu.hk</u> / 3943-3942)

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2. Sports Association Presents: PUBG Mobile Battle

<以下內容由體育學會撰寫,並經書院電郵傳送。The following email is drafted by College Sports Association and sent via College mass email. >



完咗 Sem 有嘢做想揾啲嘢玩,但因為疫情唔想出街?

體育學會幫到你!我哋喺嚟緊嘅 7 月 10 號舉辦「PUBG mobile 大激鬥」呢個活動。同學可以係屋企體驗到同其他人比賽嘅樂趣,又可以贏到 AirPods!

心動不如行動,快啲報名啦!

聯絡人:

Alex Ma (5978 7133) Brian Fong (5266 3730) Yuki Chiu (6561 0615)

Due to the pandemic, lots of competitive sports activities are cancelled. Hence, to raise student's aggressiveness, we are going to hold a esports competition, namely "PUBG mobile Battle".

In this competition, not only can u enjoy the moment fighting with your best teammates, also winners can receive a pair of AirPods!

Come and join us!

PUBG Mobile Battle PUBG Mobile 大激鬥

Date: 10th Jul 2021 (Sat) Time: 5:00 pm -10:30 pm

Registration:

https://docs.google.com/forms/d/e/1FAIpQLSfpicqi3htAlydZ7kOY-RYRJDF3GYSe06DekAJr3KQd2cCPQw/viewform

Grand Prize: A pair of AirPods per member

Contact:

Alex Ma (5978 7133) Brian Fong (5266 3730) Yuki Chiu (6561 0615)

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College Announcements

1. Professor Anthony T.C. Chan Appointed Pro-Vice-Chancellor 書院院長陳德章教授出任副校長



College Master, Professor Anthony T.C. Chan (陳德章教授), has been appointed as Pro-Vice-Chancellor of the University, for a period of three years with effect from 1st Aug 2021.

Professor Chan joined CUHK in 1993 and is currently Li Shu Fan Medical Foundation Professor of Clinical Oncology of the Faculty of Medicine, Dean of the Graduate School and Master of Wu Yee Sun College. He served as Associate Dean (External Affairs) and Chairman of the Department of Clinical Oncology at the Faculty of Medicine. Professor Chan graduated from University College London in 1988, and received postgraduate training in the Royal Marsden Hospital, UK and a M.D. from CUHK in 1998. He is a pioneer in clinical oncology, especially in the treatment of nasopharyngeal carcinoma and has published over 430 peer-reviewed papers.

書院院長陳德章教授獲中大校董會委任出任大學副校長,任期為三年,由 2021 年 8 月 1 日起生效。

陳教授於 1993 年加入中大,現為中大醫學院李樹芬腫瘤學講座教授、研究院院長,以 及伍宜孫書院院長,曾任中大醫學院副院長(外務)及腫瘤學系系主任。陳教授於 1988 年畢業於英國倫敦大學,其後在英國皇家馬斯登醫院接受臨床醫學培訓,1998 年於中大 完成醫學博士學位。陳教授為治療鼻咽癌的內科腫瘤科權威,至今已發表逾 430 篇論 文。

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2. The 19th Honorary Fellowship Presentation Ceremony





The 19th Honorary Fellowship Presentation Ceremony of The Chinese University of Hong Kong (CUHK) was held on 28th Jun 2021. Professor Yuet-lau Ng (伍月柳教授), the mother of our College Fellow, Professor Philip W.Y. Chiu (趙 偉仁教授), was appointed Honorary Fellow by Dr. Norman N.P. Leung (梁乃鵬博士), Chairman of the CUHK Council, in recognition of her achievements and remarkable contributions to the University and the community. Professor Ng has been committed to promoting the arts of the Lingnan genre and taking the inheritance of this traditional art as her own mission and her dedication to arts has been recognised by the world. Our College would like to take this opportunity to extend our heartfelt congratulations on Professor Ng's great success.

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3. Vaccination and Testing Arrangements for Hostel Accommodation in 2021/22

While embracing summer, we are planning for better preparation in the next academic year. The University has issued an announcement recently entitled "Latest Health Advisories from the University for New Academic Year" to strongly encourage students to receive COVID-19 vaccination at the earliest opportunity and lay out directions on student activities and hostel accommodation arrangements for 2021/22. In alignment with the University policy, we strive to resume normal capacity at hostels while safeguarding the health and wellbeing of all our students and colleagues.

Hostel accommodation presents challenges for physical distancing. Shared spaces can also increase the risk of cross-infections. Student residents are therefore strongly encouraged to get COVID-19 vaccine. Vaccination bookings could be made via the following link: https://www.covidvaccine.gov.hk/en/. Students who have queries on the efficacy and safety of vaccination may refer to the recording of "Information Session on Vaccination and Testing Arrangements" held on 17th May at https://www.wys.cuhk.edu.hk/news/information-session-on-vaccination-and-testing-arrangements/. The session was conducted in Cantonese and supplemented by slides in English. You may also consult with your family doctor for medical advice.

To identify infected people who are asymptomatic, student residents who have not been vaccinated against COVID-19 will be required to undergo an entry test before admission to hostel and a COVID-19 test every two weeks

afterwards at their own expense. Those who have been fully vaccinated for more than 14 days can be exempted from entry and serial tests. Detailed arrangements will be worked out in due course. Students who have a contraindication to vaccination and encounter financial difficulties to cover the cost of serial test may seek assistance from College.

Whether you are vaccinated or not, all members of College should continue to follow all College preventive and control measures against COVID-19, including mask wearing, social distancing and frequent hand washing.

Stay healthy and positive. We look forward to welcoming you back to the campus in September!

迎接初夏之時,我們亦正積極為新學年做好準備。大學近日發出題為「<u>大學就新學年發出的健康建議</u>」的電郵,鼓勵同學盡早接種疫苗及闡述 2021/22 年度學生活動及宿舍安排的方向。因應大學最新政策,我們亦期盼在恢復書院宿舍入住人數至原有水平,以及保障所有員生的健康與福祉之間取得平衡。

入住宿舍為維持社交距離帶來挑戰,共用空間亦增加交叉感染風險。因此,我們強烈鼓勵同學接種疫苗。同學可以透過以下連結 https://www.covidvaccine.gov.hk/zh-HK/ 於網上預約疫苗注射服務。同學若關注疫苗的安全性及功效,可瀏覽以下網址 https://www.wys.cuhk.edu.hk/news/information-session-on-vaccination-and-testing-arrangements/?lang=zh 觀看於 5 月 17 日舉行的「接種疫苗及檢測安排簡介會」之錄影片段,會面以粵語進行並輔以英語簡報。你亦可先諮詢家庭醫生的意見。

為識別無症狀感染者,未接種疫苗的宿生在入宿前需要進行新冠病毒檢測,其後每隔兩星期亦要自費接受病毒檢測。 至於已經完成接種疫苗超過 14 天的學生則可獲豁免定期檢測。實際檢測安排有待公布。獲醫生證明不適合接種疫苗並 因經濟困難而難以負擔定期檢測費用的同學,可向書院尋求協助。

不論你曾否接種疫苗,所有書院成員應繼續遵守書院防疫措施,包括配戴口罩、保持社交距離及勤洗手。

盼望各位保持身心健康。期待九月書院重聚!

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4. Campus Arrangements

Non-residents may return to College <u>during 9:00 am - 10:30 pm daily starting from 26th Apr 2021</u>. Please be reminded that <u>ALL</u> students must follow below procedures before entering into College. **If students have taken a** COVID-19 test, please stay at home until the test result is available.

- 1. Tap students' own CU Link to access the main entrance of College buildings
- 2. Measure body temperature at the counter at College Gallery (*If body temperature is above 37.5 °C, s/he will not be allowed to enter into College*)
- 3. Fill in the registration form with <u>complete and accurate information</u> (e.g. fill in FULL name, not alias) at the same counter
- 4. Sanitize hands

Please be reminded that <u>NO VISITORS</u> (including WYS non-residents) will be allowed to enter the hostel floors. Students cannot bring in unauthorized persons or allow them to follow behind you to enter into the College. Unauthorized persons or illegal residents will jeopardize the accuracy of contact tracing. In order to protect your own health, violations will result in disciplinary actions.

The opening hour of College facilities is also updated in below table.

	Residents	Non-residents
Learning Commons	9:00 am – 12:00 am (Daily, 26th Apr – 18th May 2021)	9:00 am - 10:30 pm (Daily)
	9:00 am - 10:30 pm (Daily, 19th May 2021 onwards)	- '
Piano Room	9:00 am - 10:30 pm (Daily)	9:00 am - 10:30 pm (Daily)
	·	·
Yan Chak Study Room	N/A	9:00 am - 10:30 pm (Daily)
(for non-residents only)		·

College Gymnasium*	9:00 am – 5:30 pm	9:00 am - 5:30 pm
(for authorized users only)	(Monday to Friday, EXCEPT public holidays)	(Monday to Friday,
		EXCEPT public holidays)

^{*}Please read through and follow guidelines on the latest arrangement of College Gymnasium via mass email dated 21st Apr 2021. First-time users should bring the valid (i) CU Link Card and (ii) CUHK Fitness Room User Card to College Office (G03) for registration. Please be reminded to wear masks during exercises as well.

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5. Temporary Closure of College Catering Outlets 書院膳堂暫停營業

Due to the spread of the novel coronavirus, Student Canteen, Staff Dining Room and Café at Wu Yee Sun College are temporarily closed until further notice. We are sorry for the inconvenience caused.

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6. "Meet the Dean" Hours 輔導長時間

["Meet the Dean" Hour is temporarily suspended and will be resumed once the circumstances allow. If you wish to talk to Dean of Students during this period, please email sammykwan@cuhk.edu.hk for arrangement.]

"Meet the Dean" Hours is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned.

You talk. We listen. Even if you want to keep it to your heart, we still stand by your side.

The session is hosted by:

- Professor Ming-kay Poon (潘銘基教授), College Dean of Students and Associate Professor at the Department of Chinese Language and Literature
- Dr. Po-kin Leung (梁寶建博士), College Associate Dean of Students and Lecturer at the Department of Physics
- Professor Kelvin K.F. Tsoi (蒸錦輝教授), College Associate Dean of Students and Associate Professor at Jockey Club School of Public Health and Primary Care

Every Sunnie is welcome!

Enquiries:

Ms. Sammy Kwan (<u>sammykwan@cuhk.edu.hk</u> / 3943 9775) Miss Florence Tsui (<u>florencetsui@cuhk.edu.hk</u> / 3943 9767) Miss KiKi Chan (kikiwkchan@cuhk.edu.hk / 3943 3935)

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7. Student Pastoral Care

Sometimes you find yourself with these negative emotions: lost, alone, aimless or confused as you adjust to university life or pursue personal growth. Share your feeling with others will help release your emotions and gain new perspectives! DON'T be afraid to ask for help. Our College Dean of Students would be more than happy to speak to you and give you advices, below are the contact numbers you may wish to know.

1) You are welcome to speak with our **College Dean of Students** when you have problems that need resolving. Please email sammykwan@cuhk.edu.hk for arrangement.

- 2) You may also approach the University's Wellness and Counselling Centre at 3943 7208 for help.
- 3) A **24-hour Emotional Support Hotline** at 5400 2055 is available to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations.

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8. WYS's Got Talents - Photography, Poster Design, MC and a lot more!

Are you interested in or excellent at any of the fields below?

- --- Photography / Video-production
- --- Art & Design (e.g. posters or infographics)
- --- Simultaneous Interpretation
- --- Master of Ceremonies
- --- Audio & Video Control
- --- Writing (e.g. creative writing or student reporter in publications)

The College is recruiting all sorts of talents to contribute in various College events. Registered students may be invited to assist in different occasions. Don't hide your talents, shine in the College!

P.S. CREATIVITY COUNTS!!!

Let us know what you are interested in and excellent at: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838

Enquiries:

Miss Chillies Tam (chilliestam@cuhk.edu.hk) / 3943 3934)

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9. Membership Recruitment - WYS Alumni Association 伍宜孫書院校友會會員招募

Want to stay in touch with your college friends? Expand your professional network? Give back to the College? WYS Alumni Association lets you take college bonds beyond student life. You can get a lifelong membership for just \$500. Apply now, and you will receive a set of 4 reusable drinking straws! (While stocks last)

Simply fill in the <u>application form</u>, and return to the College Office (G/F, Wu Yee Sun College) with the membership fee.

想跟書院同學保持聯繫?想擴闊人際網絡?想回饋書院?透過伍宜孫書院校友會,你可以將學生時代的關係延續下去。終生會籍只需 500 元。現時申請,更可獲贈一套四支環保飲管(先到先得,送完即止)。

各位同學只須填妥申請表,連同會員費,交回伍宜孫書院地下院務室即可。

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College Funding & Awards Schemes

1. Self-Motivation Fund for Green Activities



Self-Motivation Fund for Green Activities encourages students to participate in various kinds of green activities that promotes sustainability and environmental consciousness.

Ms Sonia Yu (3943-3937/soniayu@cuhk.edu.hk)

Funding Amount:

Green Activities: Max. \$1,500

Qualification Courses for Instructors of Green Activities: Max. \$4,000

Details: https://www.wys.cuhk.edu.hk/whole-person-development/green/

Applications for Self-Motivation Fund for Sports Activities and Self-Motivation Fund for Health and Well-being Activities are CLOSED as the funds are exhausted. Students may apply again starting from 1st Aug 2021.

Self-motivation Fund for Green Activities is still open for application.

Enquiries:

Ms. Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937)

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2. Mingle Fund



Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College.

The Fund mainly supports daily and social activities with the participation of Both local students And international / incoming exchange students (i.e. there should be at least one local student AND at least one international / incoming exchange student.)

Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity.

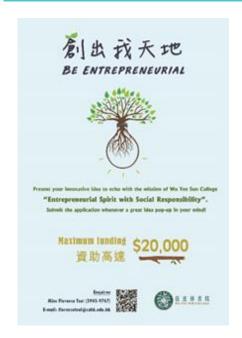
More Details: https://www.wys.cuhk.edu.hk/college-life-support/funding-scheme/

Enquiries:

Miss Rachel Poon (rachelpoon@cuhk.edu.hk / 3943 3942)

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3.Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃



Grab the chance, be creative!

Be Entrepreneurial! Funding Scheme supports students to implement various short-term projects fulfilling college's core values of creativity, entrepreneurial spirit, and social responsibility.

All undergraduate students, regardless of discipline and year of study, are welcome to submit application all year round. **The maximum funding amount is up to HK\$20,000!**

Online application is now available, simply submit your application through one click

- https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=10631420

Check out the details through this link.

Enquiries:

Miss Florence Tsui (<u>florencetsui@cuhk.edu.hk</u> / 3943 9767) Miss Phoebe Wu (<u>phoebewu@cuhk.edu.hk</u> / 3943 3988)

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4. Service-learning project Funding Scheme 服務學習項目資助計劃

If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's Service-learning Project Funding Scheme supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project.

Learn to serve and serve to learn! Please visit the website for more info.

Enquiries:

Miss KiKi Chan (<u>kikiwkchan@cuhk.edu.hk</u> / 3943 3935) Miss Rachel Poon (rachelpoon@cuhk.edu.hk / 3943 3942)

Other Activities & Announcements

1. Zoom interview Tips from Independent Learning Centre (ILC)



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2. AIESEC CUHK < TWINTERNSHIP:滿足你海外本地都有 intern 做嘅願望>



已經三月啦,寄咗好多份 CV?煩緊唔夠工作經驗? 心思思想去外國實習,但又想係香港公司儲經驗? 好消息!依家 AIESEC 嘅'Twinternship'可以一次過滿足你兩個願望!參加 Twinternship 就可以獲得海外 intern 機會 ,踏出自己舒適 圈,體驗外國工作文化,返黎之後仲會直接得到<mark>香港初創公司實習面試機會</mark>,成功就有海外加本地兩份 intern。即刻 實踐返係第一份實習學到嘅嘢,雙重提升你嘅競爭力!

你嘅實習旅途並不孤單,過程中我地會提供專業指導,確保你嘅旅途豐富充實,服務包括:

- 全方位職涯規劃諮詢,幫你搵最適合嘅海外同香港實習
- 撰寫 CV 技巧同面試技巧專業意見,搵工方難度
- 個人學生夥伴支援實習旅途

AIESEC 致力於提供不同海外實習同義工機會,開拓同學嘅發展潛能同領導能力。 唔好諗啦,快啲報名參加啦!

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3. The Esther Yewpick Lee Millennium Scholarship 2022

(Application Deadline: 6th Sep 2021 (before 5:30 p.m.))

This Scholarship is <u>EXCLUSIVELY</u> offered to CUHK final-year students or graduates of undergraduate and postgraduate degree programmes. The scholar will be <u>FULLY sponsored</u> for a maximum of 3 years to read for a postgraduate degree or a second bachelor's degree at the University of Oxford, U.K. commencing Oct 2022.

Value of the Scholarship

One Scholarship for two to three years will be awarded to a degree graduate or final-year student of CUHK.

All amounts due in respect of University and College fees at Oxford will be paid direct to the College concerned. The Scholar will be provided with a return economy class airfare between Hong Kong and London, charges for land transportation between London and Oxford, and an annual personal allowance which is expected to take care of board and lodging and other maintenance costs.

Eligibility

- Applicants should be either final-year students in the academic year 2021/22 including both undergraduates and postgraduates of degree programmes, or graduates holding degrees awarded by CUHK.
- Successful candidates must have outstanding academic records and have a respect for humanity, a curious mind, moral integrity and a spirit of adventure and reveal the potential to make a contribution to the well-being of the community.
- Candidates must be under 25 years of age on 1st Oct 2022.

Application Procedures

- 1. Details of the Scholarship and its application form are obtainable from our website at http://admission.cuhk.edu.hk/ (Financing Your Studies → Scholarships → Open for Applications).
- 2. Applicants should read the Memorandum and Checklist of Supporting Documents carefully and strictly follow the instructions.
- Completed application form together with ALL the requisite documents should be submitted online, unless
 otherwise specified, not later than 5:30 p.m., 6th Sep 2021 (Hong Kong time). Late or incomplete applications
 will not be considered.

Enquiries

Office of Admissions and Financial Aid (3943 7204 / sfas@cuhk.edu.hk)

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4. Online Survey for Full-time Year One Undergraduate Students

The Centre for Learning Enhancement and Research would like to investigate the impacts of online or blended learning (Mixed Mode) on the First-year University students under the COVID-19 pandemic. Year one Undergraduate students are invited to complete the following survey:

(Facilitating Blended Learning (Mixed Mode) Research on First-year University Students) https://cloud.itsc.cuhk.edu.hk/mycuform/view.php?id=1000628

All the information will be kept confidential for research in teaching and learning purposes. The survey has obtained approval for ethics clearance from the Survey and Behavioral Research Ethics Committee of CUHK for collecting data involving human participants. Ethics Reference No: SBRE-20-667.

The duration of the survey will be from now onwards up to the end of July 2021.

Enquiries:

Ms. Jesse Lee (jesselee@cuhk.edu.hk3 / 3943 6460)

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5. CUHK Independent Learning Centre (ILC)

Here are some workshop highlights for academic year 2020/21 which is organized by CUHK Independent Learning Centre (ILC). You are welcome to visit the ILC website (https://www.ilc.cuhk.edu.hk/EN/) for a short ILC video for their major work and services or check out their new link on "Tips for Successful Online Learning @ CUHK".

- 1. University Study Skills Series this series is particularly useful for incoming UG students
 - Study Skills in English at University Level
 - Academic Reading: Strategies for Success
 - Ace Your Oral Presentations
 - Discussion Skills and Current Affairs
 - o Saying What you Mean: English Pronunciation for Cantonese and Mandarin Speakers
 - o Listening to Learn: Academic Listening and Note-Taking Skills
 - o Building a Bigger and Better Vocabulary

2. Writing Series

- Academic Essays
- Research Papers
- o Reflective Journals
- Personal Essays
- 3. **Job Preparation Series** this series is particularly useful for graduating students and students who are interested in applying for exchange/ internship opportunities
 - Writing Impressive Resumes
 - Writing Impressive Application Letters
 - Ace Your In-person and Video Job Interviews
 - Standing Out in a Group Interview
 - o Interview Practice and Self Reflection

4. CRE/ JRE Series

- o Preparing for the CRE Use of English
- Tips and Strategies in Tackling the JRE
- o JRE Writing Practice (Practice writing for the JRE under exam conditions)
- Feedback on JRE Writing Practice (Discuss exam strategy and student writing)

5. Exam Preparation Series

- o Taking the IELTS Challenge: Reading & Writing
- Taking the IELTS Challenge: Speaking & Listening
- o Mastering the TOEFL: Reading and Listening
- Mastering the TOEFL: Speaking and Writing

Students who think they will benefit from having a one-to-one meeting with the teachers on their specific learning needs or need guidance in devising their independent learning plan can book a consultation session. The schedule can be found at: https://www.ilc.cuhk.edu.hk/EN/consultation.aspx. Besides, the ILC also develops and recommends both print and online learning resources on various topics in both English and Chinese to support students. Details are available at: https://www.ilc.cuhk.edu.hk/EN/LearningRes.aspx.

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6. Flourishing First Year Programme 心盛計劃 2020-21



Flourishing First Year@CUHK is a tailor-made programme for all NEW students. A series of workshops are provided for supporting you to flourish and grow from failures.

How does Flourishing First Year@CUHK work?

- **Step 1:** All new students are eligible for receiving information about upcoming activities/workshops and have the priority in enrolling in these activities/workshops
- **Step 2:** Enroll in the workshop and get our welcoming gift in your first workshop (on a first-come-first-serve basis)
- Step 3: Be a flourishing learner!
- **Step 4:** Get your reward! (coffee making workshop/pottery class; on a first-come-first-serve basis)
- **Step 5:** Complete all workshops from PERMA (Positive Emotions, Engagement, Relationship, Meaning, Accomplishment)

Programme Details and List of Workshops:

https://www.osa.cuhk.edu.hk/services/flourishing-first-year-programme

Enquiries:

Office of Student Affairs (osa@cuhk.edu.hk / 3943 8652)

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7. Community Resources for Emotional Support

<Samaritan Befrienders HK>

Samaritan Befrienders Hong Kong is a voluntary agency giving support and rendering emotional counselling to those in need.

24-hour Hotline: 2389 2222

Emotional Support provided by a group of passionate volunteers who are willing to listen, care, and walk with the help seekers to face their problems and finally regain their hope for the future and confidence in facing the challenges ahead

Suicide Crisis Intervention Centre: 2341 7227 for appointment

Professional social workers providing services such as risk assessment, emergency crisis intervention, 6-8 weeks intensive counselling and small group services

Family Helpline: 2319 1177

Professional social workers providing consultation to people whose relatives or friends are suffering from suicide crisis

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To unsubscribe, please email us at info.wys@cuhk.edu.hk.