

Sunny Review 上周回顧

1. Warmest Welcome to New Sunnies! --- College Orientation Day



College Activities 書院活動

1. Sunny Living Week <New>

- [Virtual Eco-Cultural Tour 虛擬生態文化遊](#)
- [Music Sharing by College Master 院長音樂分享](#)
- [Yoga at Home 家居瑜伽](#)
- [Beeswax Food Wrap Workshop 蜂蠟保鮮布製作](#)
- [Virtual Forest Bath 虛擬森林浴](#)
- [Boost Your Immunity : Light Food Making Workshop 抗疫有營輕食製作](#)

College Announcements 宣佈事項

1. [New College Member 新增書院成員 <New>](#)
2. [Online College Inauguration Assembly for Term 1, 2020/21 <New>](#)
3. [Francis Wong Hok Bun Memorial Scholarship for Distinguished Freshman 2020/21 <New>](#)
4. [Wu Yee Sun College Sports Teams Tryouts \(1st term, 2020-2021\) <New>](#)
5. [Call for enrollment of Rance Lee Award <New>](#)
6. [Temporary Closure of College Catering Outlets 書院膳堂暫停營業](#)
7. ["Meet the Dean" Hours 輔導長時間](#)
8. [Student Pastoral Care](#)
9. [WYS's Got Talents - Photography, Poster Design, MC and a lot more!](#)
10. [Membership Recruitment - WYS Alumni Association 伍宜孫書院校友會會員招募](#)

College Funding & Award Schemes (Year-round Application)

書院資助及獎勵計劃 (全年可供申請)

1. [Care and Well-being Fund for Mental Wellness Activities](#)
2. [Mingle Fund](#)
3. [Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃 <Updated>](#)
4. [Service-learning Project Funding Scheme 服務學習項目資助計劃](#)
5. [Self-Motivation Fund for Sports Activities 「自選遊」體育活動資助計劃](#)

Other Activities & Announcements

其他活動及宣佈事項

1. [Tertiary Student Finance Scheme - Publicly-funded Programmes \(TSFS\) 2020-21](#)
[Non-means-tested Loan Scheme for Full-time Tertiary Students \(NLSFT\) 2020-21 <New>](#)
2. [CUHK Independent Learning Centre \(ILC\) <New>](#)
3. [McDonnell Academy Photo Contest <New>](#)
4. [HKMA Youth Development Scheme <New>](#)
5. [AIESEC in CUHK | Members Recruitment Talk <New>](#)

Sunny Review

1. Warmest Welcome to New Sunnies! --- College Orientation Day

2020 書院迎新活動



College Orientation Day 2020 was successfully held on 31st Aug (Mon). The theme of this year is Reborn (涅槃), which aimed at cultivating freshmen's sense of belonging to the College through a series of activities and togetherness. Due to COVID-19, the activities were conducted online in order to avoid large crowd gatherings. We were glad that over 250 participants joining on that day.

Professor Anthony T.C. Chan (陳德章教授), College Master and Professor Poon Ming-kay (潘銘基教授), College Dean of Students delivered speeches to welcome our freshmen and encouraged them to participate in College activities. Dr. Lancelot W. H. Mui (梅維浩博士), Associate Dean of General Education, briefly talked about College General Education. There was also a session for student organizations to introduce themselves and let the freshmen get to know them. A Q& A session was arranged afterwards to provide more information to the freshmen. Last but not least, the freshmen were divided into three groups to have some ice-breaking activities and get to know each other. We wish all freshmen a fruitful University life ahead!

[\(Back to top\)](#)

College Activities

1. Sunny Living Week



Feeling soooooo dull staying at home, watching TV dramas and playing video games all day? Want to live a sunny, healthy and meaningful life like before? Don't miss the chance to join the online activities during Sunny Living Week from 5-9 Oct. The Week aims to strengthen your body, mind and spirit and instill **positive energy** by complimenting three dimensions of *"Health and Spiritual Well-being"*, *"Sports for Life"* and *"Go Green and Lead the Society"*. It hopes that students can **stay strong and positive to overcome unexpected difficulties at all times** and get started the journey of Sunny Living for different challenges in the future.

日日宅在家中，唔係煲劇，就係打機，人都頹廢晒？想重拾陽光活力的自己，宅出健康，宅出意義？那就萬勿錯過書院於 Sunny Living Week 為你精心炮製嘅多項網上活動，藉着透過三大元素：**身心健康**、**終身運動**，以及**綠色生活**，旨於提升同學精神健康，讓同學強健體魄，並為同學注入**正能量**，希望同學可以**時刻積極面對逆境**，並於往後生活中繼續貫徹 Sunny Living 的精神。

Date & Time	Activity
5 - 9 Oct (Mon - Fri)	Virtual Eco-Cultural Tour 虛擬生態文化遊 Stay tuned at College YouTube Channel!
5 Oct (Mon) 12:30pm - 1:00pm	Music Sharing by College Master 院長音樂分享 Live streaming at College Facebook Live, don't Miss it!!!
6 Oct (Tue) 7:00pm - 8:00pm	Yoga at Home 家居瑜伽
7 Oct (Wed) 6:30pm - 8:00pm	Beeswax Food Wrap Workshop 蜂蠟保鮮布製作 (Details)
8 Oct (Thu) 3:00pm - 5:00pm	Virtual Forest Bath 虛擬森林浴 (Details)
9 Oct (Fri) 11:45am - 1:15pm	Boost Your Immunity : Light Food Making Workshop 抗疫有營輕食製作 (Details)

Registration : <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=10125437>

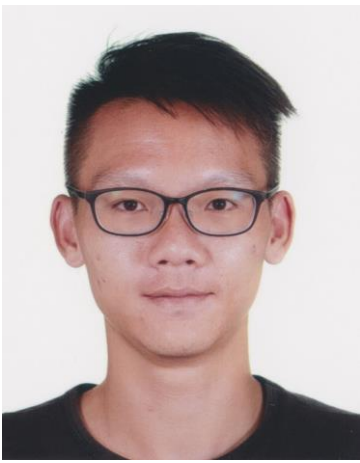
Enquiries:

Phoebe Wu (phoebewu@cuhk.edu.hk / 3943 3988)

[\(Back to top\)](#)

College Announcements

1. New College Member 新增書院成員



Lecturer LEE Shing Fong

MSSc(CUHK), BEd(CUHK)

Mr Lee is a Lecturer at the Physical Education Unit. He teaches PE required courses including soccer, basketball, handball and physical conditioning. He is the CUHK Men's Soccer team coach. Mr Lee is a fan of various kinds of sports, especially soccer.

[\(Back to top\)](#)

2. Online College Inauguration Assembly for Term 1, 2020/21

The College Inauguration Assembly for Term 1, 2020/21 is scheduled on Friday, 11th Sep. Owing to the COVID-19 pandemic, the Assembly will be conducted online via ZOOM. Details are as below:

Date: 11th Sep (Fri)

Time: 11:30 am (please join the session before 11:25 am)

Format: Online via ZOOM

Please refer to the reminder email regarding the College Assembly for the ZOOM link and details.

All College students are required to attend Inauguration Assembly and Closing Assembly in order to fulfil the course requirement. Your attendance at College Assemblies will be recorded.

Enquiries:

Evelyn Chong (evelynchong@cuhk.edu.hk / 3943 1882)

[\(Back to top\)](#)

3. Francis Wong Hok Bun Memorial Scholarship for Distinguished Freshman 2020/21



Francis Wong Hok Bun Memorial Scholarship for Distinguished Freshman
黃學斌紀念獎學金
優異新生

Distinguished Arts Freshman	優異文學院新生
Distinguished Business Freshman	優異工商管理學院新生
Distinguished Education Freshman	優異教育學院新生
Distinguished Engineering Freshman	優異工程學院新生
Distinguished Law Freshman	優異法律學院新生
Distinguished Medical Freshman	優異醫學院新生
Distinguished Science Freshman	優異理學院新生
Distinguished Social Science Freshman	優異社會科學院新生

Eligibility 獲獎資格	College freshmen of the respective programme with Level 5** in 2 subjects or above in HKDSE and proven leadership in social services or shown talents in creativity or innovation. Eligible for students who placed Wu Yee Sun College as their 1st College Preference. Applicable for local freshmen admitted via JUPAS in 2020. 升香港中學文憑考試中，取得二科5**或以上成績，並在社會服務方面具有卓越領導才能或具創新、藝術或能力等有出眾表現的優異新生。 獲新加坡伍宜孫書院為第一志願。 適用於2020年經聯合入學之本地學生。
Award Amount 獎學金額	HK\$25,000 - HK\$50,000 per recipient 每名獲獎\$25,000 - \$50,000港幣
Application Method 申請方法	Online application until 20 Sep 2020. 即日起至2020年9月20日提交網上申請。

Please visit College website for more information about admission scholarship
請到學院網頁了解更多信息: www.wyyc.cuhk.edu.hk/scholarship.php

Enquiries 查詢
Ms. Karen Yiu | 3943 3936 | karenyiu@cuhk.edu.hk



Acknowledge local freshmen of respective faculty with Level 5** in 2 subjects or above in HKDSE and proven leadership in social services or shown talents in creativity or innovation.

- Distinguished Arts Freshman
- Distinguished Business Freshman
- Distinguished Education Freshman
- Distinguished Engineering Freshman
- Distinguished Law Freshman
- Distinguished Medical Freshman
- Distinguished Science Freshman
- Distinguished Social Science Freshman

Award Amount: HK\$25,000 – HK\$50,000 per recipient

Eligibility: Local freshmen admitted via JUPAS stream who placed Wu Yee Sun College as their 1st College Preference

Online Application: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=10042692>

Deadline: 20th Sep (Sun)

Enquiries:

Ms. Karen Yiu (karenyiu@cuhk.edu.hk / 3943-3936)

[\(Back to top\)](#)

4. Wu Yee Sun College Sports Teams Tryouts (1st term, 2020-2021) 2020-2021 上學期伍宜孫書院院隊選拔時間表



Sports Team	Date	Time	Venue	Coach/ Coordinator Tel. No.
Men's & Women's Badminton	11 th Sep (Fri)	6:00 pm - 8:00 pm	Yeung Ming Bui Indoor Sports Centre	Mr. Nelson LAM 3943 3987
Men's & Women's Table Tennis	23 rd Sep (Wed)	7:00 pm - 9:00 pm	Shaw College Multi- purpose Sports Hall	Mr. Ono Lee 3943 3986
Men's & Women's Tennis	16 th Sep (Wed)	6:00 pm - 8:00pm	Tennis Court No. 3, 4, 5	Mr. Ono Lee 3943 3986

[\(Back to top\)](#)

5. Call for enrollment of Rance Lee Award



Creativity (創意) and Sunny Living (陽光生活) are two of the College's core values. If you are health-conscious and a green living supporter, grab this chance to promote your creative idea!

Rance Lee Award aims at encouraging the integration of creativity and Sunny living in the following 3 areas:

- Rance Lee Award for creativity in promoting **health and well-being**
- Rance Lee award for creativity in promoting **lifetime sports**
- Rance Lee award for creativity in promoting **green life**

Unleash your creativity and submit your application with a one-page executive summary **on or before 27th Oct (Tue) by 5:00 pm**. Grab the chance to win **HK\$10,000** to promote Sunny Living!

Check out the details through this [link](#).

Eligibility: All WYS students can apply individually or in group comprising at least 50% of WYS students

Enquiries:

Miss Phoebe Wu (phoebewu@cuhk.edu.hk / 3943-3988)

Miss Florence Tsui (florencetsui@cuhk.edu.hk / 3943-9767)

[\(Back to top\)](#)

6. Temporary Closure of College Catering Outlets 書院膳堂暫停營業

Due to the spread of the novel coronavirus, Student Canteen, Staff Dining Room and Café at Wu Yee Sun College are temporarily closed until further notice. We are sorry for the inconvenience caused.

[\(Back to top\)](#)

7. "Meet the Dean" Hours 輔導長時間

["Meet the Dean" Hour is temporarily suspended and will be resumed once the circumstances allow. If you wish to talk to Dean of Students during this period, please email sammykwan@cuhk.edu.hk for arrangement.]

"Meet the Dean" Hours is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned.

You talk. We listen. Even if you want to keep it to your heart, we still stand by your side.

The session is hosted by:

- Professor Ming-kay Poon (潘銘基教授), College Dean of Students and Associate Professor at the Department of Chinese Language and Literature
- Dr. Po-kin Leung (梁寶建博士), College Associate Dean of Students and Lecturer at the Department of Physics
- Professor Kelvin K.F. Tsoi (蔡錦輝教授), College Associate Dean of Students and Associate Professor at Jockey Club School of Public Health and Primary Care

Every Sunnie is welcome!

Enquiries:

Ms. Sammy Kwan (3943 9775 / sammykwan@cuhk.edu.hk)

Miss Katie Yu (3943 3935 / katieyu@cuhk.edu.hk)

Miss Florence Tsui (3943 9767 / florencetsui@cuhk.edu.hk)

[\(Back to top\)](#)

8. Student Pastoral Care

Sometimes you find yourself with these negative emotions: lost, alone, aimless or confused as you adjust to university life or pursue personal growth. Share your feeling with others will help release your emotions and gain new perspectives! DON'T be afraid to ask for help. Our College Dean of Students would be more than happy to speak to you and give you advices, below are the contact numbers you may wish to know.

1) You are welcome to speak with our **College Dean of Students** when you have problems that need resolving. Please email sammykwan@cuhk.edu.hk for arrangement.

2) You may also approach the **University's Wellness and Counselling Centre** at **3943-7208** for help.

3) A **24-hour Emotional Support Hotline** at **5400-2055** is available to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations.

[\(Back to top\)](#)

9. WYS's Got Talents - Photography, Poster Design, MC and a lot more!

Are you interested in or excellent at any of the fields below?

--- **Photography / Video-production**

--- **Art & Design (e.g. posters or infographics)**

--- **Simultaneous Interpretation**

--- **Master of Ceremonies**

--- **Audio & Video Control**

--- **Writing (e.g. creative writing or student reporter in publications)**

The College is recruiting all sorts of talents to contribute in various College events. Registered students may be invited to assist in different occasions. Don't hide your talents, shine in the College!

P.S. CREATIVITY COUNTS!!!

Let us know what you are interested in and excellent at: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838>

Enquiries:

Miss Chillies Tam (3943-3934 / chilliestam@cuhk.edu.hk)

[\(Back to top\)](#)

10. Membership Recruitment – WYS Alumni Association 伍宜孫書院校友會會員招募

Want to stay in touch with your college friends? Expand your professional network? Give back to the College? WYS Alumni Association lets you take college bonds beyond student life. You can get a lifelong membership for just \$500. Apply now, and you will receive a set of 4 reusable drinking straws! (While stocks last)

Simply fill in the [application form](#), and return to the College Office (G/F, Wu Yee Sun College) with the membership fee.

想跟書院同學保持聯繫？想擴闊人際網絡？想回饋書院？透過伍宜孫書院校友會，你可以將學生時代的關係延續下去。終生會籍只需 500 元。現時申請，更可獲贈一套四支環保飲管（先到先得，送完即止）。

各位同學只須填妥 [申請表](#)，連同會員費，交回伍宜孫書院地下院務室即可。

[\(Back to top\)](#)

College Funding & Awards Schemes

1. Care and Well-being Fund for Mental Wellness Activities



The College encourages students to pursue a healthy and sunny life. If you would like to join any non-College organized activities **to strengthen your own mental wellness** or **to enrich your relevant knowledge so as to provide support to your peers**, you are most welcome to apply for our **Care and Well-being Fund for Mental Wellness Activities**. The Fund now provides greater support to allow a wider choice of activities of your interest. Details can be found below:

Eligibility:

For Wu Yee Sun College students who participate in mental health activities and trainings organized by organization(s) other than the College

Examples:

Meditation, Mindfulness Workshop, Laughter Yoga, Art or Music Therapy Class, Peer Support Workshop, Talk or Symposium on Mental Health, Mental Health First Aid Course etc.

Funding Amount per student per activity:

Maximum amount increased from \$800 to **\$1,500**, or 80% of the course / activity fee (whichever is lower)

Take a look at the [guidelines](#) and the [report template](#), and start your healthy life now!!!

Application: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=6754853>

Enquiries:

Miss Phoebe Wu (3943 3988 / pheobewu@cuhk.edu.hk)

[\(Back to top\)](#)

2. Mingle Fund



Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College.

The Fund mainly supports daily and social activities with the participation of Both local students And international / incoming exchange students (i.e. there should be at least one local student AND at least one international / incoming exchange student.)

Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity.

More Details: <https://www.wyys.cuhk.edu.hk/college-life-support/funding-scheme/>

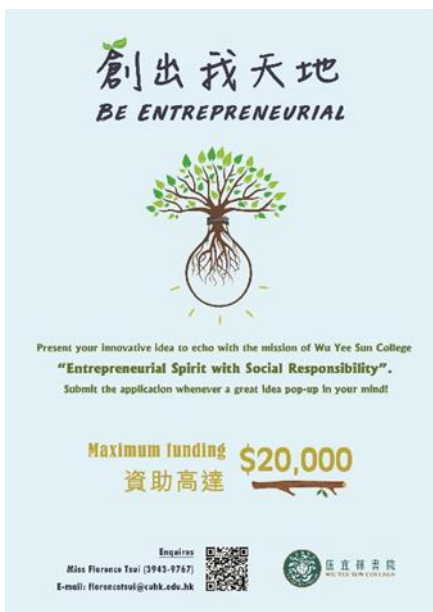
Enquiries:

Miss Rachel Poon (3943 3942 / rachelpoon@cuhk.edu.hk)

Miss Katie Yu (3943 3935 / katieyu@cuhk.edu.hk)

[\(Back to top\)](#)

3. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃



Grab the chance, be creative!

Be Entrepreneurial! Funding Scheme supports students to implement various short-term projects fulfilling college's core values of **creativity, entrepreneurial spirit, and social responsibility.**

All undergraduate students, regardless of discipline and year of study, are welcome to submit application all year round. **The maximum funding amount is up to HK\$20,000!**

Check out the details through this [link](#).

Enquiries:

Miss Phoebe Wu (phoebewu@cuhk.edu.hk / 3943-3988)

Miss Florence Tsui (florencetsui@cuhk.edu.hk / 3943-9767)

[\(Back to top\)](#)

4. Service-learning project Funding Scheme 服務學習項目資助計劃

If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's Service-learning Project Funding Scheme supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project.

Learn to serve and serve to learn! Please visit the website for more info.

Enquiries:

Miss Katie Yu (3943-3935 / katieyu@cuhk.edu.hk)

[\(Back to top\)](#)



*Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of **sports activities and qualification courses for sports coach**, in order to live up the spirit "Sports for Everyone".*

More Diversified and Greater Support!

Eligibility

Application Fee of Sports Events --> **BOTH application fee and course fee of sports activities and workshops**

Funding Amount

Sports Activities: Max. \$500 --> **\$1,000**

Qualification Courses for Sports Coach: Max. \$800 --> **\$2,000**

Details: <https://www.wys.cuhk.edu.hk/whole-person-development/sports-health-education/>

Enquiries:

Miss Chillies Tam (chilliestam@cuhk.edu.hk / 3943-3934)

[\(Back to top\)](#)

Other Activities & Announcements

1. Tertiary Student Finance Scheme - Publicly-funded Programmes (TSFS) 2020-21
Non-means-tested Loan Scheme for Full-time Tertiary Students (NLSFT) 2020-21

Please note that the application forms for the captioned Schemes from new students should be submitted to the Government Student Finance Office of the Working Family and Student Financial Assistance Agency (SFO) through "SFO E-link - My Applications" online platform at <http://ess.wfsfaa.gov.hk> **on or before 25th Sep**. After submission of the online form, applicants will be required to submit the declaration and supporting documents by online uploading, by post or in person to SFO's office. Applicants may also submit the documents to the **collection box** at Room 1206, 12/F, Yasumoto International Academic Park from 8:45 am to 1:00 pm and 2:00 pm to 5:30 pm, Monday to Friday (except public holidays) **during 14th Sep to 5th Oct 2020**. Students can visit the website at <http://admission.cuhk.edu.hk> for application details.

[\(Back to top\)](#)

2. CUHK Independent Learning Centre (ILC)

Here are some workshop highlights for academic year 2020/21 which is organized by CUHK Independent Learning Centre (ILC). You are welcome to visit the ILC website (<https://www.ilc.cuhk.edu.hk/EN/>) for a short ILC video for their major work and services or check out their new link on “**Tips for Successful Online Learning @ CUHK**”. You may also go to: <https://bit.ly/32MAMvF> to see the workshop series posters.

1. **University Study Skills Series** – this series is particularly useful for incoming UG students
 - Study Skills in English at University Level
 - Academic Reading: Strategies for Success
 - Ace Your Oral Presentations
 - Discussion Skills and Current Affairs
 - Saying What you Mean: English Pronunciation for Cantonese and Mandarin Speakers
 - Listening to Learn: Academic Listening and Note-Taking Skills
 - Building a Bigger and Better Vocabulary
2. **Writing Series**
 - Academic Essays
 - Research Papers
 - Reflective Journals
 - Personal Essays
3. **Job Preparation Series** – this series is particularly useful for graduating students and students who are interested in applying for exchange/ internship opportunities
 - Writing Impressive Resumes
 - Writing Impressive Application Letters
 - Ace Your In-person and Video Job Interviews
 - Standing Out in a Group Interview
 - Interview Practice and Self Reflection
4. **CRE/ JRE Series**
 - Preparing for the CRE – Use of English
 - Tips and Strategies in Tackling the JRE
 - JRE Writing Practice (Practice writing for the JRE under exam conditions)
 - Feedback on JRE Writing Practice (Discuss exam strategy and student writing)
5. **Exam Preparation Series**
 - Taking the IELTS Challenge: Reading & Writing
 - Taking the IELTS Challenge: Speaking & Listening
 - Mastering the TOEFL: Reading and Listening
 - Mastering the TOEFL: Speaking and Writing

Students who think they will benefit from having a one-to-one meeting with the teachers on their specific learning needs or need guidance in devising their independent learning plan can book a consultation session. The schedule can be found at: <https://www.ilc.cuhk.edu.hk/EN/consultation.aspx>. Besides, the ILC also develops and recommends both print and online learning resources on various topics in both English and Chinese to support students. Details are available at: <https://www.ilc.cuhk.edu.hk/EN/LearningRes.aspx>.

[\(Back to top\)](#)

3. McDonnell Academy Photo Contest

The [McDonnell Academy](#) invites photo submissions to its [Photo Contest](#) on the theme of ‘**Hope and Resilience Around the World**’ from any of the Academy’s partner universities. The aim of the contest is to share images of how people around the globe are adapting to and thriving amidst today’s challenges and crises, and what gives them strength and hope for the future. Photo submissions that speak to where people around the world are finding hope and strength in these uncertain times, how they are rebuilding their communities, and reinventing themselves in light of current global challenges such as the COVID-19 pandemic are encouraged.

Eligibility

- Open to any current undergraduate or graduate student, faculty, or staff member at CUHK.
- Entries must include a photo title, a brief description (max. 100 words) of what the photo depicts, and the location where it was taken. The description must include the story, moment, or concept the photo captures and how it relates to the theme.
- Photos must be in digital form.
- There is a limit of up to 3 photo submissions per participant.

Selection

- A panel of judges will assess photos based on their artistic merit as well as content relevance to the theme.
- Finalists' photos will be displayed on global.wustl.edu, and the winners will be announced live during the Global Town Hall (an introductory virtual event of the [International Symposium](#) comprising a panel of academics and senior experts) on 8th Oct 2020.
- The prizes are:
 - 1st place: US\$800
 - 2nd place: US\$400

Interested parties should **submit their work online by 15th Sep 2020**, and send the details (for students: name, CUID, major, college; for faculty/staff: name, office/dept) to Ms. Yiho Lee (yiholee@cuhk.edu.hk) at the Office of Academic Links for necessary follow-up.

For more information on the competition, eligibility and submission requirements, please refer to <https://global.wustl.edu/mcdonnell-academy/international-symposium-2/mcdonnell-academy-photo-contest/>.

For enquiries, please contact the organizer directly at global@wustl.edu.

[\(Back to top\)](#)

4. HKMA Youth Development Scheme



新時代新氣象 – 如何在萬變的工作環境中加速轉型?

在當前的市場形勢、疫情爆發以及中美關係緊張的影響下，人力資源部門現面臨前所未有的挑戰。

- ✓ 如何訂下新定位，於在變的工作環境中脫穎而出？
- ✓ 如何配合企業變革，進行招聘及轉型以超越市場，並取得突破？

香港資深專業人才資源經理超過五位專家，為企業拆解當前局勢，大談管理之道。

主講嘉賓

- 莊敬儀女士 - 人力資源總監, 太古可口可樂
- 廖國森先生 - 香港管理專業協會 人力資源發展管理委員會委員
- 歐志強先生 - 香港管理專業協會 人才資源管理社 執行委員會委員

主持人

- 梁嘉聰先生 - 香港管理專業協會 人才資源管理社 執行委員會主席 (匯豐證券)
- 楊天禧先生 - 香港管理專業協會 人才資源管理社 執行委員會副主席 (博瑞施美美上市科技公司)

座談會嘉賓

活動詳情

2020年9月24日 (星期四) 下午四時至五時半

香港管理專業協會 馬麗玉慈善基金管理發展中心 香港灣仔荷士打路66號 畢克大廈2樓201室

另設線上直播

3小時

全日制學生費用全免
HCMS會員: \$120
HKMA會員: \$180
非會員: \$280

加入 HCMS 人才資源管理社

立即報名

查詢: Gloria Pong 2774 8588 / gloriapong@hkma.org.hk
報名: Sindy Siu 2774 8515 / sindysiu@hkma.org.hk

www.hkma.org.hk The Hong Kong Management Association 香港管理專業協會

HKMA has organized the following seminar for students to join in September. Under the threat of pandemic, the seminars will be conducted **online** and **free of charge**. Quota limited. Tickets will be provided on first-come-first-serve basis. Details are as below:

Date: 24th Sep 2020 (Thu)
Time: 4:00 pm – 5:30 pm
Language: Cantonese
Format: Online Live Broadcast

Should you be interested in this seminar, please send e-mail to florencetsui@cuhk.edu.hk on or before 16th Sep, stating your personal details including **your SID, name, major, year, phone number and contact e-mail**.

Remarks: Students are also encouraged to join **HKMA Student Membership free-of-charge**, which is open for post-secondary college full-time students who are interested in management. Applications could be made [here](#).

[\(Back to top\)](#)

5. AIESEC in CUHK | Members Recruitment Talk

[AIESEC is recruiting!]

AIESEC in CUHK 黎緊會搞五場 Recruitment Talk, 當中會介紹嘍每個 department 入面可以學到啲咩, 呢年喺唔同情況下會有啲咩活動搞, 同埋了解下 AIESEC 有咩特別之處!

聽完仲可以報名成為我地嘅 Member 添!

AIESEC in CUHK is going to organize five sessions of Recruitment Talk soon! By joining it, you can know more about the skills that you can learn by joining different departments in AIESEC as well as what makes our organization unique. You will also get a chance to sign up for becoming a member of AIESEC in CUHK!

心動不如行動! 快啲報名參加啦!

What are you waiting for? Sign up now!

Link: <https://bit.ly/CUHKrecruitment>

AIESEC in CUHK Recruitment Talk

Date: 15th / 17th / 19th / 21st / 23rd Sep (choose one)

Time: 7:00 pm - 8:30 pm

Format: Zoom

[\(Back to top\)](#)

6. Flourishing First Year Programme 心盛計劃 2020-21



Flourishing First Year @ CUHK 2020-21

Flourishing First Year@CUHK is a tailor-made programme for all NEW students. A series of workshops are provided for supporting you to flourish and grow from failures.

How does Flourishing First Year@CUHK work?

Step 1: All new students are eligible for receiving information about upcoming activities/workshops and have the priority in enrolling in these activities/workshops

Step 2: Enroll in the workshop and get our welcoming gift in your first workshop (on a first-come-first-serve basis)

Step 3: Be a flourishing learner!

Step 4: Get your reward! (coffee making workshop/pottery class; on a first-come-first-serve basis)

Step 5: Complete all workshops from PERMA (Positive Emotions, Engagement, Relationship, Meaning, Accomplishment)

Programme Details and List of Workshops:

<https://www.osa.cuhk.edu.hk/services/flourishing-first-year-programme>

Enquiries:

Office of Student Affairs (3943 8652 / osa@cuhk.edu.hk)

[\(Back to top\)](#)

7. 「聲昔再現」現招募大學生義工

VIRTUAL VOLUNTEERING!!
JOIN US !!

「聲昔再現」是由一班來自不同學科背景的中大學生，針對「長幼兩代關係疏遠」和「社區歷史被遺忘」兩個核心問題而推行的社區計劃。小學生獲配對與區內長者訪談，搜集口述歷史，與長者創作以社區故事為主題的廣播劇，促進跨代共融。

.....

因應疫情，我們有意透過網上平台進行宣傳和活動，現正招募以下崗位：

編輯
推廣社區歷史
主題文章撰寫
短片製作

活動統籌
搜集社區故事
安排錄音行程
製作聲音導航社區地圖

報名表格

對象：香港中文大學1-3年級的學生
計劃時間：2020年10月至2021年3月
截止報名日期：2020年9月9日（星期三）
聯絡：Grace（電話：6972 5383）
**表現傑出者將有機會獲邀成為Core Team繼續參與計畫

@thevoiceofhistory info@thevoiceofhistory.com <https://www.thevoiceofhistory.com>

「聲昔再現」由一班來自不同學科背景在香港中文大學畢業生及學生於2018年創立，旨在鼓勵不同年齡層的溝通以及共創，以社區藝術打破世代之間的隔膜，並且將上一代的故事紀錄和傳承至下一代。我們相信跨代共融是建立友善社會不可或缺的元素，「聲昔再現」作為年輕有活力的非牟利機構，將憑著創新精神，為建立跨代共融社會出一分力。計劃透過與小學生協作以社區故事為主題的廣播劇，增加社區身分認同。配對學生與區內長者訪談，搜集口述歷史，過程中促進跨代共融。在過去兩年，我們先後完成先導計劃「口約緣荷」及後續計劃「聲昔西環」。

因應疫情，我們將透過網上平台進行宣傳和活動，現正招募編輯與活動統籌，在網絡上推廣香港社區歷史及跨代共融。是次義工計劃亦暫定以網上形式進行，在家抗疫的同時參與課外活動豐富校園生活。請參閱以下招募詳情——

招募崗位和主要職責：

1. 編輯 - 推廣社區歷史文化

- 撰寫主題文章

- 定時更新 Facebook 專頁和 Instagram 帳號
- 短片製作

2. 活動統籌 - 聲音導航社區地圖

- 搜集有趣的社區故事
- 編寫故事講稿
- 統籌錄音及製作過程

詳情

招募對象：香港中文大學 1-3 年級的學生（不限學科）

計劃時間：2020 年 10 月至 2021 年 3 月

報名表格：<https://forms.gle/PeL1zUBgfuNTxhG96>

截止報名日期：2020 年 9 月 9 日（星期三）

聯絡：Grace（電話：6972 5383）

歡迎瀏覽我們的[網頁](#)或 [Facebook 專頁](#)了解更多。期待您的加入，支持社會創新！

[\(Back to top\)](#)

8. Community Resources for Emotional Support

<Samaritan Befrienders HK>

Samaritan Befrienders Hong Kong is a voluntary agency giving support and rendering emotional counselling to those in need.

[24-hour Hotline: 2389-2222](#)

Emotional Support provided by a group of passionate volunteers who are willing to listen, care, and walk with the help seekers to face their problems and finally regain their hope for the future and confidence in facing the challenges ahead

[Suicide Crisis Intervention Centre: 2341-7227 for appointment](#)

Professional social workers providing services such as risk assessment, emergency crisis intervention, 6-8 weeks intensive counselling and small group services

[Family Helpline: 2319-1177](#)

Professional social workers providing consultation to people whose relatives or friends are suffering from suicide crisis

[\(Back to top\)](#)

To unsubscribe, please email us at info.wys@cuhk.edu.hk.