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Sunny Review

1. Red Couplets Writing with Resident Tutors 宿舍活動 - 鼠年吉祥揮春



Writing red couplets and tasting traditional Chinese New Year snacks brought not only fun but also a sense of reunion in the College hostels. No matter they are from the West, the East or locally from Hong Kong, hostel residents joined our Resident tutors, Warden, and College Master on 15th Jan to celebrate Chinese New Year. Students wrote down their wishes on red banners and sent their blessings to friends and family. Wish every Sunny a warm and joyful New Year of the Rat!

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2. Lunar New Year Lunch with College Workmen 書院工友團年飯



To express our gratitude to College workmen' s hard work in keeping the campus clean and secure, College Master Professor Anthony T.C. Chan (院長陳德章教授) and his management team hosted a Lunar New Year Lunch (團年飯) on 14th Jan. Everyone had a great time enjoying the lunch and getting to know each other better. College workmen did not only bring home their bright smile, but also our gift packs and prizes from the lucky draw in which everyone was a winner!



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College Activities

1. Social English Workshops 社交英語工作坊

Can you understand the following conversation?

"How was your date with Sam? Are you guys going out?"
"No, afterward I sent him a text and he blueticked me. Then he ghosted!"
"Oh no! Well, there are plenty of other fish in the sea."
"Good, because I have bigger fish to fry!"

If you want to learn more about:

The Language of Friendship and Dating; Social Networking and Memes; Informal Language and Idioms; Improvisation and building Confidence; and Popular Culture,
Join our Social English Workshops!

Instructor: Ms. Jenna Lara Collett

Ms. Jenna Collett is a Lecturer at the English Language Teaching Unit. She obtained her Masters in English Literature from Rhodes University. Originally from South Africa, Ms. Collett has lived and taught in South Korea and Hong Kong. She has taught courses in English Literature, English for Academic and Specific Purposes, and Conversational English for ten years.

Date: 7th Feb, 21st Feb & 13th Mar (Fri)

Time: 11:30 am – 1:00 pm

Venue: W112, Wu Yee Sun College

Registration: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=8967134>

Deadline: 4th Feb (Tue)

Deposit: \$100 (Refundable upon completing at least 2 sessions)

*Please submit the deposit in cash to the College Office within office hours before the application deadline for successful registration and seat reservation. Place is limited. First-come, first-served. Time of deposit payment will be the determinant.

Light refreshments will be provided.

Enquiries: Miss Phoebe Wu (3943 3988 / phoebewu@cuhk.edu.hk)

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2. 語文文化桌: 彩色的老師夢



「老師的生活，像一部黑白的電視！」他說。
我既不同意，也不想如此。我想做老師，同時渴慕色彩。做了二十多年 中文老師，我仍然有夢，仍然在追尋豐富多采的電視畫面。希望與出席者分享這些畫面，說不定這場交流，能讓彼此得以擁有多一段難忘而富於色彩的美好回憶。

講者：蒲葦

歷任中學中史、中文、文學科主任，教育專欄作者、教參書編者。多次應邀擔任創作評審及主講寫作及教學講座。編著作品包括《我要做中文老師》、《師生有情》、《一本正經學成語》、《一本正經學歷史成語》、《新手爸爸心事50篇》、《寂寞非我所願》等。

日期: 2月13日(星期四)

時間: 晚上6:30至8:30

地點: 伍宜孫書院教職員飯堂

語言: 粵語

按金: \$50 (準時出席可獲退回全部按金)

報名: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=8892802>

截止日期: 2月6日(星期四)

*名額有限，先到先得。報名次序以遞交按金先後次序為準。請將按金交至書院院務室。

查詢:

胡佩德小姐 (3943 3988 / phoebewu@cuhk.edu.hk)

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3. Sports for Challenge: Basketball Enhancement Scheme and Volleyball Training Programme



Basketball Enhancement Scheme

Date: 4th Feb - 28th Apr (Every Tue)

Time: 8:00 pm - 10:00 pm

Venue: Shaw College Outdoor Basketball Court

Deposit: \$500 (\$200 refundable upon attending at least 80% of the programme)

Enquiries :

Wong Ming Chun (95235663)

VOLLEYBALL TRAINING PROGRAMME



Volleyball Training Programme

Date: 7th Feb - 14th Apr (Every Fri)

Time: 8:00 - 1:00

Venue:

UC Gym (7th - 14th Feb)

U Gym (21st Feb - 13th Mar)

To be confirmed (20th Mar - 14th Apr)

Deposit: \$200 (\$100 refundable upon attending at least 70% of the programme)

Enquiries :

Lin Chien Ho (55786117)

Mok Hiu Man (62131250)

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4. Calm and Peace Series 擁抱心「寧」系列: Emotional Wellness Support Through Music 和你聽



很多時，我們心中都有無數的說話，想與人傾訴，但往往難以啟齒，只好把情感收於心底內。音樂卻賦有一種神奇的力量，大家可以在輕鬆及互勉的環境下，通過音樂抒發心中的喜悅及鬱結。同學亦可以藉著歌詞，痛痛快快地表達對社會的歌頌或不滿。

在是次音樂活動中，導師會利用不同樂器同大家 JAM JAM 歌、填填詞，並協合話劇元素，讓同學把內心深處的感受盡情地表達出來。若您有事情想分享，或者有意見想表達，我們都樂意傾聽。

We may have many words trapped inside our heart but don't know how to express freely. Music has magical power. It offers a space for you to share your ups and downs with friends and to gain peer support. Song-writing provides a great way to express your emotions more easily.

Under the guidance of our instructors using different musical instruments, you can express your true emotions through singing, song-writing and elements of drama infused in the workshop. Please join and share your feelings through music with us!

Instructors :

Ms. Cheung Kit Yang Carol (UK Registered Music Therapist)

Mr. Chan Cho Kin (Psychodrama Psychotherapist)

Date : 11th Feb (Tue)

Time : 6:00 pm – 7:30pm

Quota : 10 students

Venue : The Lounge in WYS House of Sunny Living

Deposit : \$50

Registration : <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=8394614>

Registration Deadline : 4th Feb

***Please submit the deposit in cash to the College Office within office hours before the application deadline for successful registration and seat reservation. Place is limited. First-come, first-served. Time of deposit payment will be the determinant.*

Enquiries :

Michelle Li (3943 3933 / michelleli@cuhk.edu.hk)

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5. 中國書法班



楷書是學習書法的基礎，它的用筆、結構、章法原理，是一切書體的基礎。掌握了楷書的筆法，即通篆隸楷行草的筆法，理通用異而已。掌握了楷書的結構、章法原理，即明書法平正原理所在，為各種書體的結構章法奠定基礎。且楷書的實用性比其它書體高。

本楷書興趣班欲解決的問題有兩方面。一方面是技法內容，包括前述的筆法、結構、章法及準確臨摹方法；另一方面是思維訓練，包括學書觀念、方法、觀察能力的培養。

導師：雷紹華老師

雷老師主修書法篆刻國畫。於香港大學專業進修學院，香港中文大學專業進修學院及自己的書法工作室任教。所教課程涉及篆隸楷行書五種書體，教學方法系統而理性。)

日期：3月4日、11、18日、25日及4月8日 [逢星期三，共五堂]

時間：5:30 pm - 8:00 pm

地點：伍宜孫書院西座 112 室

按金：港幣\$300 (出席四堂可獲退回全部按金)

報名：<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=8696483>

截止日期：2月25日

*名額有限，先到先得。報名次序以遞交按金先後次序為準。請將按金交至書院院務室。

查詢：

胡佩德小姐 (3943 3988 / phoebewu@cuhk.edu.hk)

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6. Fitness Consultation Sessions 健身訓練諮詢



Ever have doubts about all sorts of training techniques and effects? Ask our personal trainers at College Gymnasium!

Mr. Ryan Chan

Dates (Every Wed, Except 29th Jan):

8th Jan – 15th Apr

Time: 9:00 pm - 11:00 pm

Venue: College Fitness Room

Ms. Vanessa Chan

Dates (Every Thu, Except 30th Jan):

9th Jan – 16th Apr

Time: 8:00 pm – 10:00 pm

Venue: College Fitness Room

Target: Wu Yee Sun College Students and Staff Members

No prior applications required! Kick-start your workout plan now!

Enquiries:

Miss Chillies Tam (3943 3934 / chilliestam@cuhk.edu.hk)

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College Announcements

1. Wu Yee Sun Award For The Most Distinguished Graduating Student 2019/20 (Now Open for Application)



The poster features the stylized text 'wys award' in yellow and green. It includes the CUHK logo in the top right corner. The main text reads: 'Wu Yee Sun Award for the Most Distinguished Graduating Student 2019/20' and '2019/20年度伍宜孫最優秀畢業生獎'. Below this, it states: 'Awardee will receive HK\$50,000 and the name of recipient will be shown on campus prominently. Application opens until 23 February 2020.' There are three bullet points: 'Proactive graduating students of 2019/20 demonstrating College Motto by participating various activities to broaden horizon', 'Have outstanding contributions to the College/Department/University/Society', and 'Cumulative GPA reaches 3.4 or above or Top 10% of the corresponding department'. At the bottom, it says 'Enquiries | Ms Karen Yiu | karenyi@cuhk.edu.hk | 3943 3936' and 'Apply now' with a QR code.

The prestigious **Wu Yee Sun Award For The Most Distinguished Graduating Student 2019/20** is now open to graduating students of 2019/20 for application:-

Eligibilities

- Proactive **graduating students of 2019/20 academic year** demonstrating the College motto by participating various activities to broaden horizon; and
- Cumulative GPA reaches 3.4 or above or Top 10% of the corresponding department; and
- Have outstanding contribution to the department / college / university or society

Applicants are required to submit a Personal Statement of not more than 1,000 words (English or Chinese) which illustrates his/her personality & aspirations, as well as achievement in demonstrating College motto. A Letter of Recommendation written by CUHK Teacher is mandatory.

Award Amount

HK\$ 50,000

Online Application

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=8755258>

Application Deadline

23rd Feb 2020 (Sun)

Enquiries:

Ms. Karen Yiu (3943 3936 / karenyi@cuhk.edu.hk)

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2. Application for Deferment of Tuition & Hostel Fee of Term 2, 2019/20 申請緩繳學費及宿費事宜

Please be reminded that the deadline for the fee payment of Term 2, 2019/20 is **10th Feb (Mon)**. A late charge of \$200 will be levied upon belated payment.

College students who wish to defer tuition and/or hostel fees of Term 2, 2019/20 due to financial difficulties must complete below application form and submit it together with supporting documents to the College Office (G03, G/F, East Block) by **4th Feb (Tue)** during office hours.

https://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1579483902WYS_FeeDeferment_201920_T2_Form.pdf

Late applications and incomplete forms will not be processed.

Enquiries:

Ms. Karen Yiu (3943-3936 / karenyiu@cuhk.edu.hk)

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3. Closure of College Building during the Chinese New Year 庚子年農曆新年期間書院大樓關閉

The College building will be closed from 11:00 pm on 23rd Jan to 8:00 am on 29th Jan for Chinese New Year holiday. **Residents please leave the hostels and the College building by 11:00 pm on 23rd Jan.**

Result of application for stay over the closure period has been announced via email and posted on hostel floors. Those who do not obtain special approval from the Wardens will **NOT** be able to access the College building and hostels with their CU Link Cards during the holiday period. Thank you for your kind attention.

書院大樓將於農曆新年期間（2020年1月23日晚上11時至1月29日早上8時）關閉。宿生請於2020年1月23日晚上11時前離開宿舍及書院大樓。

申請於上述期間居留宿舍之結果已經電郵公佈並張貼於各宿舍樓層。未獲舍監特別批准者於農曆新年假期間將**不能**以中大通進入書院大樓及宿舍，敬希垂注。

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4. Temporary Closure of College Catering Outlets during Lunar New Year Holiday 農曆新年期間書院膳堂暫停營業

Student Canteen, Staff Dining Room and Café at Wu Yee Sun College will be closed from 24th Jan (Fri) to 2nd Feb (Sun) for Lunar New Year. All catering outlets will resume service from 3rd Feb (Mon). Thank you for your kind attention.

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5. College Student Grant/Loan - Application Now Opens (Freshmen Only) 書院學生助學金/貸款 - 現已開始接受申請 (只限新生)

College students who have financial difficulties may apply for College Student Grant/Loan 2019/20.

Application is now open for FRESHMEN ONLY until **21st Feb (Fri)**.

Please download the application form from the following link and submit the completed form with supporting documents to the College Office (G03, G/F, East Block) before the deadline.

https://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1578881132StudentGrantandLoan201920_F.pdf

Enquiries:

Ms. Karen Yiu (3943-3936 / karenyiu@cuhk.edu.hk)

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6. Meeting of Sunny Sports Committee – Next Meeting Date (23rd Jan)

The upcoming meeting of Sunny Sports Committee will be held on 23rd Jan (Thu) at 12:30pm. College students can approach the corresponding student members through the College Student Union (wysu1920@gmail.com) and Sports Association (sunnywyssa@gmail.com) if there are any suggestions or comments. Thank you for your valuable input.

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7. Arrangement for Gown Borrowing and Photo Day for Graduating Students of 2019/20

The College Photo Day has been scheduled for 27th Mar (Fri). Graduating Class of 2019/20 may visit the College Office (G03, G/F, East Block) during office hours from 10th Jan (Fri) until 7th Feb (Fri) for graduation gown and cap size trial.

For **Gown Borrowing**, students are required to complete below online Form of Undertaking and submit the bank-in slip of HK\$680 deposit to the College Office by 7th Feb (Fri). The gown borrowing period will be from 27th Feb to 20th Apr:

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=8681536>

Please note **Class Representatives** will collect gowns on behalf of graduating students. Please submit the names and contact details of your class rep by 17th Feb (Mon) via the following link:

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=8680790>

For departmental societies who wish to organize **Celebratory Activity during the College Photo Day**, please complete below online application form by 17th Feb:

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=8682043>

Enquiries:

Ms. Cassie Li (3943-3941 / cassieli@cuhk.edu.hk)

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8. Dorsett Young Entrepreneur Scholarship



Dorsett Young Entrepreneur Scholarship (DYES) is an award offered by Dorsett Hospitality International Limited. The awardees will be offered up to HK\$80,000, which is subjected to the total number of applications, with 2-4 quota per year.

DYES aims at providing students, who are year 2 or above and preferably have exposure to Mainland China, an opportunity to demonstrate entrepreneurial talents with innovative ideas to set-up their own business, targeting Hong Kong and/or the Mainland China market. You can submit your application individually or in a group comprised of at least 50% WYS students.

Please check out the details through the website <http://www.wys.cuhk.edu.hk/funding-scheme.php> Simply click “Dorsett Young Entrepreneur Scholarship” and download the guideline for further details.

Should you be interested in developing your own business, submit the application form together with ONE page Summary and ONE page Business Model Canvas on or before **22nd Jan.**

Enquiries:

Miss Florence Tsui (3943-9767 / florecetsui@cuhk.edu.hk)

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9. College Sports Teams Tryout (2019/20 Term 2) 書院運動隊伍選拔 (2019/20 下學期)



Sports Team	Date	Time	Venue	Coach/ Coordinator Tel. No.
Men's & Women's Badminton	17 th Jan (Fri)	6:00 - 8:00 pm	Yeung Ming Biu Indoor Sports Centre	Mr. Nelson LAM 39433987
Men's & Women's Table Tennis	22 nd Jan (Wed)	7:00 - 9:00 pm	Shaw College Multi- purpose Sports Hall	Mr. T. F. Cheung 39433986
Men's & Women's Tennis	22 nd Jan (Wed)	8:00 - 10:00 pm	Tennis Court No. 6, 7 & C.C. Tennis Court	Mr. T. F. Cheung 39433986

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10. Sunny Passion Programme 2019/20



Living Up to Wu Yee Sun College's Core Value – "Creativity", "Entrepreneurship" and "Social Responsibility" - Apply NOW!

Sunny Passion Programme encourages social responsibility among students and supports students to think and act creatively for good cause. You're invited to apply this programme individually or in group with at least 50% of Wu Yee Sun College students, competing for Gold, Silver and Bronze Award. Winners will get HK\$10,000, HK\$6,000 and HK\$4,000 respectively to implement, promote or demonstrate their project ideas to the others!

Just submit the application form with ONE A4 page Business Model Canvas in hardcopy to the College Office (Rm G03, Wu Yee Sun College) on or before 21st Jan 2020. Express your ingenious creativity and make our society a better one!

Please check out the following link for details: <https://www.wys.cuhk.edu.hk/news/sunny-passion-programme-2019-20/>

Enquiries:

Miss Phoebe Wu (3943-3988 / phoebewu@cuhk.edu.hk)

Miss Florence Tsui (3943-9767 / florencetsui@cuhk.edu.hk)

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11. Reaching Out Award 2019/20 Now Open for Application

Wu Yee Sun College full-time undergraduate students are now invited to apply for the **Reaching Out Award 2019/20 (ROA)** offered by the HKSAR Government.

The award, in the amount of HK\$10,000 for each successful applicant, aims to support students in participating in events/competitions (e.g. conferences/forums/workshops/seminars/training camps/competitions/service projects etc.), internships or placements (credit-bearing/non-credit bearing), field/study trips or courses (e.g. foreign language immersion programmes/academic exchange programmes etc.) which are conducted outside Hong Kong in 2019/20 academic year (1st Sep - 31st Aug).

Learn more about the selection criteria, supporting documents required and application procedures here: <https://www.wys.cuhk.edu.hk/news/reaching-out-award-201920-now-open-for-application/?lang=zh>

Application Deadline: 5:30 pm, 7th Feb 2020

Enquiries:

Ms. Karen Yiu (3943 3936 / karenyiu@cuhk.edu.hk)

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12. Exchange and Travel Grant/Loan 2019/20

Wu Yee Sun College Exchange and Travel Grant / Loan

申請資格 Eligibility

專修學士學位或副修課程學生(交換和旅遊) - 當假期或暑假期間

College students with financial needs who are selected for semester or year exchange programmes or going overseas for summer activities / exchanges

For Grants, applicants must be local undergraduate students.

申請活動/日期 Programme/Period	申請日期 Application Period	結果公佈日期 Application Result
Feb 2019 - May 2019	15 Dec 2018 - 18 Apr 2019	30 Apr 2019
Jun 2019 - Sep 2019	19 Apr 2019 - 16 Aug 2019	30 Aug 2019
Oct 2019 - Jan 2020	17 Aug 2019 - 15 Dec 2019	30 Dec 2019

最高資助額 Maximum Amount of Subsidy
獎學金(Grant)-\$10,000; 貸款(Loan)-\$5,000

YOUR only LIFE IS YOU

College students with financial needs who are selected for semester or year exchange programmes or going overseas for summer activities/exchanges may apply for Exchange and Travel Grant/Loan.

There are different rounds of applications. **For programmes/activities held in Feb-May 2020, application is now open until 17th Apr 2020.**

For programmes/activities held in Jun 2020 – Sep 2020, application will be open from 18th Apr – 14th Aug 2020.

Check out the following link for more information including eligibility: https://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1576638338ExchangeandTravelGrantandLoan2019202nd.pdf

Enquiries:

Ms. Karen Yiu (3943 3936 / karenyiu@cuhk.edu.hk)

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13. “Meet the Dean” Hours 輔導長時間

“Meet the Dean” Hours is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned.

You talk. We listen. Even if you want to keep it to your heart, we still stand by your side.

The session is hosted by:

- Professor Ming-kay Poon (潘銘基教授), College Dean of Students and Associate Professor at the Department of Chinese Language and Literature

- Dr. Po-kin Leung (梁寶建博士), College Associate Dean of Students and Lecturer at the Department of Physics
- Professor Kelvin K.F. Tsoi (蔡錦輝教授), College Associate Dean of Students and Associate Professor at Jockey Club School of Public Health and Primary Care

Every Sunnie is welcome!

Academic Year 2019/20 (Term 2)

Date: Every Monday

Time: 2:30 pm – 3:30 pm

Venue: Dean of Students Office, Room UG09, Wu Yee Sun College

Enquiries:

Ms. Sonia Yu (3943 3937 / soniayu@cuhk.edu.hk)

Miss Katie Yu (3943 3935 / katieyu@cuhk.edu.hk)

Miss Florence Tsui (3943-9767 / florencetsui@cuhk.edu.hk)

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14. Student Pastoral Care

Sometimes you find yourself with these negative emotions: lost, alone, aimless or confused as you adjust to university life or pursue personal growth. Share your feeling with others will help release your emotions and gain new perspectives! DON'T be afraid to ask for help. Our College Dean of Students would be more than happy to speak to you and give you advices, below are the contact numbers you may wish to know.

- 1) You are welcome to speak with our **College Dean of Students** when you have problems that need resolving. Please call **3943-3942** for arrangement.
- 2) You may also approach the **University's Wellness and Counselling Centre** at **3943-7208** for help.
- 3) A **24-hour Emotional Support Hotline** at **5400-2055** is available to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations.

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15. WYS's Got Talents - Photography, Poster Design, MC and a lot more!

Are you interested in or excellent at any of the fields below?

- **Photography / Video-production**
- **Art & Design (e.g. posters or infographics)**
- **Simultaneous Interpretation**
- **Master of Ceremonies**
- **Audio & Video Control**
- **Writing (e.g. creative writing or student reporter in publications)**

The College is recruiting all sorts of talents to contribute in various College events. Registered students may be invited to assist in different occasions. Don't hide your talents, shine in the College!

P.S. CREATIVITY COUNTS!!!

Let us know what you are interested in and excellent at: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838>

Enquiries:

Miss Chillies Tam (3943-3934 / chilliestam@cuhk.edu.hk)

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16. Membership Recruitment – WYS Alumni Association 伍宜孫書院校友會會員招募

Want to stay in touch with your college friends? Expand your professional network? Give back to the College? WYS Alumni Association lets you take college bonds beyond student life. You can get a lifelong membership for just \$500. Apply now, and you will receive a set of 4 reusable drinking straws! (While stocks last)

Simply fill in the [application form](#), and return to the College Office (G/F, Wu Yee Sun College) with the membership fee.

想跟書院同學保持聯繫？想擴闊人際網絡？想回饋書院？透過伍宜孫書院校友會，你可以將學生時代的關係延續下去。終生會籍只需 500 元。現時申請，更可獲贈一套四支環保飲管（先到先得，送完即止）。

各位同學只須填妥 [申請表](#)，連同會員費，交回伍宜孫書院地下院務室即可。

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College Funding & Awards Schemes

1. Care and Well-being Fund for Mental Wellness Activities



The College encourages students to pursue a healthy and sunny life. If you would like to join any non-College organized activities **to strengthen your own mental wellness** or **to enrich your relevant knowledge so as to provide support to your peers**, you are most welcome to apply for our **Care and Well-being Fund for Mental Wellness Activities**. The Fund now provides greater support to allow a wider choice of activities of your interest. Details can be found below:

Eligibility:

For Wu Yee Sun College students who participate in mental health activities and trainings organized by organization(s) other than the College

Examples:

Meditation, Mindfulness Workshop, Laughter Yoga, Art or Music Therapy Class, Peer Support Workshop, Talk or Symposium on Mental Health, Mental Health First Aid Course etc.

Funding Amount per student per activity:

Maximum amount increased from \$800 to **\$1,500**, or 80% of the course / activity fee (whichever is lower)

Take a look at the [guidelines](#) and the [report template](#), and start your healthy life now!!!

Application: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=6754853>

Enquiries:

Miss Phoebe Wu (3943 3988 / pheobewu@cuhk.edu.hk)

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2. Mingle Fund



Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College.

The Fund mainly supports daily and social activities with the participation of Both local students And international / incoming exchange students (i.e. there should be at least one local student AND at least one international / incoming exchange student.)

Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity.

More Details: <https://www.wys.cuhk.edu.hk/college-life-support/funding-scheme/>

Enquiries:

Miss Rachel Poon (3943 3942 / rachelpoon@cuhk.edu.hk)

Miss Katie Yu (3943 3935 / katieyu@cuhk.edu.hk)

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3. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃

Life begins at the end of your comfort zone!

A **SMALL** change can make a **BIG** difference!

If you are planning for any short-term projects containing elements of Creativity, Entrepreneurial Spirit or Social Responsibility, apply "Be Entrepreneurial!" Funding Scheme.

To provide more support to students, the maximum funding amount has been raised to \$20,000!!!

Maximum Funding Amount: HK\$20,000

Eligibility

- All WYS undergraduate students
- Individual and Group projects (*the group must comprise of at least 50% WYS students, other 50% may be students from other Colleges*)
- Applications are welcome all year round

What are you waiting for? Click [HERE](#) to find out more information!

Enquiries:

Miss Florence Tsui (3943 9767 / florencetsui@cuhk.edu.hk)

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4. Global Learning Award Scheme (Summer Round) 寰宇學習獎勵計劃 (夏季)



Introduction

The Global Learning Award Scheme (GLAS) aims to encourage students to initiate or participate in **non-local** academic or experiential learning programmes with the main purpose of **LEARNING**. Applicants will be awarded the “Global Learning Award” and receive the award amount after completing all post-trip requirements on time.

Some examples are students’ self-initiating trips or joining overseas conferences, competitions, field trips, courses, internship/major-related placement, research, voluntary service, cultural tour. **Programmes organized and subsidized by the College and Term-long Exchange Programmes are EXCLUDED.**

Eligibility

All Wu Yee Sun College students (except exchange students) are eligible for application. For final year students, the programme joined or planned must be finished by their corresponding graduation date.

Maximum Award Amount

The maximum award amount varies with the programme length and programme nature.

	Programme Length ⁽¹⁾	Programme Nature	Maximum Award amount
Short-term	Shorter than one month	Self-initiated programme ⁽²⁾	HK\$12,000 or 100% of cost of the particular items ⁽⁴⁾ (whichever is lower)
		Participating in organized programme ⁽³⁾	HK\$5,000 or 50% of cost of the particular items ⁽⁴⁾ (whichever is lower)
Long-term	One to six months	Self-initiated programme	HK\$15,000 or 100% of cost of particular items ⁽⁴⁾ (whichever is lower)
		Participating in organized programme	

(1) Programme Length:

Exclude transportation time; only count from start date of the first activity to the end date of the last activity.

(2) Self-initiated programme:

A programme that is not organized by any units. Students need to plan the whole programme itinerary and daily activities.

(3) Participating in an organized programme:

Participate in an overseas tour, course, research work, internship program or major-related placement organized by other units.

(4) Maximum award amount:

Only the cost of the following **particular items** are taken into consideration when deciding the maximum award amount:

(a) Round-trip transportation cost

(b) Local accommodation cost

(c) Registration fee / Programme fee for students participating in organized programmes

Visa application fee or insurance cost is **NOT included

Application Timeline

Application is opened twice a year - Winter and Summer Rounds. Students can submit only one application for each round (regardless of programme nature / programme length / individual or group application). However, students could apply for unlimited rounds throughout their years of study.

Round	Applying for trips taken during (for trips overlapping both rounds, <u>first date</u> of the trip shall determine the application period)	Application period
Winter	1 Nov - 30 Apr	1 May - 31 Oct

Selection Criteria

The College has discretion to decide the number of approved applications and respective amount of approved subsidies. The quality & purpose of the programme and the quality of the proposal will be the main considerations in evaluating applications. The better the quality is, the higher the chance applicants can be granted high award amount. Applicants would be invited to attend an interview for further assessment.

Application

Applicants should complete and submit the online application form (<https://www.wys.cuhk.edu.hk/exchange.php?cat=others>) with all supporting documents by the application deadline of each round (31/10 for Winter Round; 30/4 for Summer Round). No hard copy is required.

Application can be on individual or group bases but **only self-initiated programmes are eligible for group application**. For group application, each applicant **MUST** submit one application form but can upload the same proposal and budget as other group members. Also, only one written report is required for the post-trip submission of group application.

Students could send their request to rachelpoon@cuhk.edu.hk and katieyu@cuhk.edu.hk with detailed proposal and budget **at least 1 month before application deadline** if they would like to seek comments from Student Exchange Committee members.

Enquiries:

Miss Rachel Poon (3943 3942 / rachelpoon@cuhk.edu.hk)

Miss Katie Yu (3943 3935 / katieyu@cuhk.edu.hk)

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5. Service-learning project Funding Scheme 服務學習項目資助計劃

If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's Service-learning Project Funding Scheme supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project.

Learn to serve and serve to learn! Please visit the website for more info.

Enquiries:

Miss Katie Yu (3943-3935 / katieyu@cuhk.edu.hk)

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6. Self-Motivation Fund for Sports Activities 「自選遊」體育活動資助計劃



*Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of **sports activities** and **qualification courses for sports coach**, in order to live up the spirit “Sports for Everyone”.*

More Diversified and Greater Support!

Eligibility

Application Fee of Sports Events --> **BOTH application fee and course fee of sports activities and workshops**

Funding Amount

Sports Activities: Max. \$500 --> **\$1,000**

Qualification Courses for Sports Coach: Max. \$800 --> **\$2,000**

Details: <https://www.wyys.cuhk.edu.hk/whole-person-development/sports-health-education/>

Enquiries:

Miss Chillies Tam (chilliestam@cuhk.edu.hk / 3943-3934)

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Other Activities & Announcements

1. Student Residence Bursary Scheme 2019/20 (for students who reside in hostel for the second term only)

In order to help those needy students who are not able to benefit substantially from the Community Care Fund (CCF) hostel subsidy, the CUHK Student Residence Bursary Scheme was launched in 2014/15 academic year.

Eligibilities

To be eligible to apply for the CUHK Student Residence Bursary 2019/20, applicants must:

- (1) be local full-time undergraduate students;
- (2) be registered residents of the hostel and have resided in hostel for at least 75% of the time of the term;
- (3) have average monthly household income (during 1st Apr 2018 to 31st Mar 2019) lower than the median of the monthly household income published in the most recent Quarterly Report on General Household Survey by the Census and Statistics Department as follows:

<u>Household Size</u>	<u>Monthly Household Income</u>
1 person	\$9,500
2 persons	\$20,800
3 persons	\$35,000
4 persons	\$45,000

5 persons	\$45,700
6 persons or more	\$49,000

(4) be not able to benefit from CCF hostel subsidy or receive less than \$1,420 per term under the CCF hostel subsidy.

The value of bursary will be maximum \$1,420 per term. Eligible students who live in hostel for the second term only should submit their online application via CUSIS from 6th Jan to 28th Feb. Applicants are required to print out Section 7 of the online application form and submit together with supporting documents to the College Office **on or before 28th Feb 2020**. Students who reside in hostel for whole year and have submitted their applications in the first term need not submit their application again.

Details: <http://admission.cuhk.edu.hk>

Enquiries:

Office of Admissions and Financial Aid (3943-1898)

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2. Invitation to Apply for the MoCC Ambassadorship 2019/20

The Jockey Club Museum of Climate Change (MoCC), the first museum of its kind in the world, is committed to educating the public on climate change, environmental conservation and sustainability, as well as nurturing future sustainability leaders. The MoCC Ambassadorship is an internship programme that offers a unique learning opportunity and career-enhancing experience to high-calibre CUHK students who care about climate change and want to make a difference.

The MoCC Ambassadorship 2019/20 (2nd recruitment) is now open for applications. Anyone who is interested in sustainable development, enjoys learning in a museum, and is enthusiastic about guiding visitors around the CUHK campus is welcome to apply by completing the [online application form](#) on or before 31st Jan 2020 (Fri). Please click [here](#) for more details.

Enquiries:

Ms. Samantha Chui (3943 3012 / samanthachui@cuhk.edu.hk)

賽馬會氣候變化博物館邀請你把握一個學習新知識及拓展視野的寶貴機會。

賽馬會氣候變化博物館是全球第一所以氣候變化為主題的博物館，向公眾闡明氣候變化觀念及傳遞環境保護和可持續發展訊息，同時致力培育綠色領袖，以達成社會教育功能。博物館大使計劃資助關心氣候變化的同學學習相關知識和累積職前經驗，機會難逢。

2019/20 年度賽馬會氣候變化博物館大使計劃（第二期）現正接受申請。博物館歡迎所有關注可持續發展、有興趣學習博物館運作，並熱衷帶領訪客遊覽我們引以為傲的中大校園的同學申請參加。如果你有意成為賽馬會氣候變化博物館的一份子，請填妥[在線申請表](#)。截止申請日期為 2020 年 1 月 31 日（星期五）。請[按此](#)以了解計劃詳情。

查詢:

徐佩茜小姐 (3943 3012 / samanthachui@cuhk.edu.hk)

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3. Flourishing First Year Programme 心盛計劃 2019-20



Flourishing First Year@CUHK is a tailor-made programme for all NEW students. More than 20 workshops on various virtues of leaders will be provided throughout the academic year to support students to flourish as an everyday leader.

How does Flourishing First Year@CUHK work?

- Step 1:** [Register](#) to be a member and receive promotion of upcoming workshops/ activities
- Step 2:** Choose your favourite workshops and get our welcoming gifts
- Step 3:** Complete at least 3 workshops from 3 different modules -- \$50 Cafe330 Coupon
- Step 4:** Complete at least 6 workshops from all 6 modules -- Big prize! (to be announced later)
- Step 5:** Becoming an Everyday Leader

Programme Details and List of Workshops:

<https://www.osa.cuhk.edu.hk/services/flourishing-first-year-programme>

Enquiries:

Office of Student Affairs (3943 8652 / osa@cuhk.edu.hk)

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4. Community Resources for Emotional Support and Mental Health Promotion

<Samaritan Befrienders HK>

Samaritan Befrienders Hong Kong is a voluntary agency giving support and rendering emotional counselling to those in need.

24-hour Hotline: 2389-2222

Emotional Support provided by a group of passionate volunteers who are willing to listen, care, and walk with the help seekers to face their problems and finally regain their hope for the future and confidence in facing the challenges ahead

Suicide Crisis Intervention Centre: 2341-7227 for appointment

Professional social workers providing services such as risk assessment, emergency crisis intervention, 6-8 weeks intensive counselling and small group services

Family Helpline: 2319-1177

Professional social workers providing consultation to people whose relatives or friends are suffering from suicide crisis

<賽馬會心導遊計劃> 一站式網上自助心理支援平台

- 每日的工作都很繁忙，究竟如何可以隨時隨地去照顧自己的心理健康呢？
- 在香港有七分之一的成年人曾經有精神困擾的經歷，但只有 25% 的人會尋求協助，究竟原因是什麼呢？
- 你試過情緒受困擾卻不知道如何照顧自己嗎？

- 你試過見到身邊的人精神狀態不太好，卻不知道怎樣去支持他們嗎？

我們明白不同人會在不同時候，會有不同的精神健康狀況，亦會有不同的需要。《賽馬會心導遊計劃》旨在根據每個人的個別需要，並配合現今科技向大眾推廣精神健康，從而達到以下目的：

- 提高社會對精神健康意識及去除對精神病的誤解
- 提昇心理健康及促進個人成長
- 預防抑鬱或焦慮症狀
- 及早處理情緒困擾

立即登入 www.jctourheart.org 登記成為會員，進行簡單的心理健康評估。平台會根據評每個人的個別需要而建議合適的課程或服務。只要每日抽少少時間參與平台上的課程，就可以隨時隨地提升自己的心理健康！

註：手機版仍在測試改善中。使用電腦版的 Google Chrome、Apple Safari 或 Microsoft Edge 瀏覽網上平台，會獲最佳效果。

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To unsubscribe, please email us at info.wys@cuhk.edu.hk.