

Sunny Review 上周回顧

1. Warmest Welcome to New Sunnies! --- College Orientation Camp, Welcoming Dinner for Freshmen, Tea Gathering with Non-local Freshmen and Welcoming Lunch for Incoming Exchange Students
2. Hostel Check-in and Distribution of Second-hand Items 宿舍入宿及退宿回收物品派發



College Activities 書院活動

1. Sunny Living Week

- Eco-hike@Tai Po Kau Nature Reserve 大埔滘生態遊
- Vegetarian Lunch 素宴
- Forest Bath 森林浴
- Sunny Relay Race
- Beeswax Food Wrap Workshop 蜂蠟保鮮布工作坊
- Shape You Up : Healthy Snack Making Workshop 愈食愈FIT - 有營小食製作工作坊
- Organic Farm & Student Organizations' Booths 學生團體攤位
- Visit to T-Park 參觀「源·區」

2. 中國繪畫班

3. Ukulele Class 夏威夷小結他班

4. Fitness Consultation Sessions 健身訓練諮詢

5. Get Moving - Accelerated Results 7 and Functional Training 成效加速訓練及功能訓練

6. Fitness Room User Introductory Course 2019/20 健身室使用者課程 2019/20

7. Yoga Class 2019/20 Term 1

8. Service-Learning Trip to Myanmar (2019/20 Winter)

College Announcements 宣佈事項

1. Warm Reminders on Phone Deception, Academic Honesty and Identity Misuse 提防電話詐騙、注意學術誠信及正確證件使用

2. College Inauguration Assembly, Forums and High-Table Dinners

3. News of College Member 書院成員消息

4. Room Share Scheme 2019/20 2019 至 20 年度特別宿位計劃

5. Francis Wong Hok Bun Memorial Scholarship for Distinguished Freshman 黃學斌紀念獎學金(優異新生)

6. Dorsett Admission Scholarship for Hospitality and Real Estate Freshman 帝盛入學獎學金 - 酒店旅遊及房地產學系新生

7. Application for Deferment of Fees

8. 書院儲物箱申請 (2019/20) Locker Application for College Students/Student Organizations (2019/20)

9. College Team Tryout 2019/20 Term 1 書院院隊選拔 (2019/20 上學期)

10. 宜孫劇社招募台前幕後工作人員

11. Renovation Work of Café at College Gallery 書院藝廊咖啡室裝修工程

12. "Meet the Dean" Hours 輔導長時間

13. Student Pastoral Care

14. Exchange and Travel Grant/Loan 2019/20

15. WYS's Got Talents - Photography, Poster Design, MC and ssssa lot more!

16. Membership Recruitment - WYS Alumni Association 伍宜孫書院校友會會員招募

- [1. Care and Well-being Fund for Mental Wellness Activities](#)
- [2. Mingle Fund](#)
- [3. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃](#)
- [4. Global Learning Award Scheme \(Winter Round\) 寰宇學習獎勵計劃 \(冬季\)](#)
- [5. Service-learning Project Funding Scheme 服務學習項目資助計劃](#)
- [6. Self-Motivation Fund for Sports Activities 「自選遊」體育活動資助計劃](#)

- [1. University Bursaries and Loans 大學助學金及免息貸款](#)
- [2. Student Residence Bursary Scheme 學生宿舍助學金計劃](#)
- [3. Government Tertiary Student Finance Scheme / Non-means-tested Loan Scheme 政府資助專上課程學生資助計劃 / 全日制大專學生免入息審查貸款計劃](#)
- [4. The Rhodes Scholarship 2020 for Hong Kong \(Tenable at the University of Oxford\)](#)
- [5. <賽馬會心導遊計劃>網上自助心理支援平台](#)

Sunny Review

1. Warmest Welcome to New Sunnies!
--- College Orientation Camp, Welcoming Dinner for Freshmen,
Tea Gathering with Non-local Freshmen and Welcoming Lunch for Incoming Exchange Students

2019 College Orientation Camp & Welcoming Dinner 2019 書院迎新營&迎新晚宴



The 2019 College Orientation Camp was successfully held from 26th to 29th Aug. To echo with the theme “Breakthrough” (火引冰薪), the Organizing Committee designed a variety of activities to let the freshmen embrace possible challenges in their upcoming university life. Be it a happy or challenging experience, the participants stood side by side and will certainly grow together in our College.

The Organizing Committee continued the green initiative of encouraging reduction of disposable utensils through distribution of foldable food containers and cutlery sets, which are sponsored by the College and CPSO respectively. It is probably just a small step in Orientation Camp, but we hope that students will reuse them and incorporate the value of environmental conservation in their everyday lives.



The College also hosted a Welcoming Dinner for all the new Sunnies in the first evening of the Camp on 26th Aug. College members and students had a wonderful time in our dining hall.

Thank you again for the tremendous effort of the Organizing Committee which has made the Orientation Camp a great success. The adventures and fun time are valuable memories each and every one of us will treasure.

Tea Gathering with Non-local Freshmen and Welcoming Lunch for Incoming Exchange Students



To express our warmest welcome and to help non-local freshmen settle in, a “Tea Gathering with Non-local Freshmen” was arranged on 21st Aug.

Before enjoying the tea buffet, Professor Anthony T.C. Chan (陳德章教授), College Master; Professor Man-hong Lai (黎萬紅教授), College Dean of Students and Professor Kong-pang Pun (潘江鵬教授), Convener of Working Group for New Student Orientation and Warden of West Block, presented speeches to the students, encouraging them to proactively participate in College activities. The College Orientation Organizing Committee also led a number of ice-breaking games to get all participants familiar with each other. They then had a wonderful time in sharing the aspirations about College life.



We also have 36 incoming exchange students from 16 different countries joining our College this semester! The International Team and the College organized a lunch gathering to present our warmest welcome to them on 30th Aug and a number of College members attended the event to show their support.

The event started with a funny ice-breaking game, followed by the speech of Professor Anthony T.C. Chan (陳德章教授), College Master; Professor Ming-chung Chu (朱明中教授), Chairperson of Student Exchange Committee and Professor Man-hong Lai (黎萬紅教授), College Dean of Students to greet the exchange students. Participants tasted traditional local food and got to know more about the College, CUHK & Hong Kong. They had a good time chatting and exchanging ideas.

[\(Back to top\)](#)

2. Hostel Check-in and Distribution of Second-hand Items 宿舍入宿及退宿回收物品派發



Warm welcome to all hostel residents of 2019/20! Sungrazian (慧宜), the Executive Committee of the Resident Association (宿生會) this year, greeted the new residents on 31st Aug and 1st Sep at the College Gallery for hostel check-in. The Resident Association is dedicated to fostering hostel spirit and making the hostel the perfect second home for their fellow hall-mates. Please “like” their [Facebook Fan Page](#) to obtain updates of their activities!

[College Green Team](#)(書院綠色小組) has also set up a booth for distributing second-hand items collected at the previous hostel check-out. Let's go green starting from the first day of hostel residence!

[\(Back to top\)](#)

College Activities

1. Sunny Living Week



House of Sunny Living promotes **healthy lifestyles** and instills **positive energy** by complementing three dimensions of “*health and spiritual well-being*”, “*sports for life*” and “*go green and lead the society*” to strengthen your body, mind and spirit, and leadership. This year, the College will organize the **Sunny Living Week** again. A wide variety of activities with new elements are designed to train your body, mind and spirit, and encourage your contributions to the environment and society. Let's join together to start a Sunny living style!

如日坊旨於推廣健康生活，為同學注入正能量，並給合三大元素：**身心健康**、**終身運動**，以及**綠色生活**，讓同學強健體魄，提升精神健康及加強領導能力。書院本年再次舉辦 **Sunny Living Week**，為同學設計多款有益身心及推廣綠色生活的活動，歡迎所有伍宜孫書院同學參加，一同開始充滿陽光朝氣的健康生活!

Date & Time	Activity	Registration Link
15 Sep (Sun) 9:00am – 2:00pm	Eco-hike@Tai Po Kau Nature Reserve 大埔滘生態遊 (Details)	Registration
16 Sep (Mon) 1:00pm – 2:30pm	Vegetarian Lunch 素宴 (Details)	Registration
16 Sep (Mon) 3:00pm – 5:00pm	Forest Bath 森林浴 (Details)	Registration
17 Sep (Tue) 5:00pm – 6:30pm	Sunny Relay Race (Details)	Registration

18 Sep (Wed) 6:30pm – 8:00pm	Beeswax Food Wrap Workshop 蜂蠟保鮮布工作坊 (Details)	Registration
19 Sep (Thu) 6:30pm – 8:00pm	Shape You Up : Healthy Snack Making Workshop 愈食愈 FIT - 有營小食製作工作坊 (Details)	Registration
20 Sep (Fri) 11:30am – 2:00pm	Organic Farm & Student Organizations' Booths 有機農莊及學生團體攤位 (Green Team / Sports Association / c!ab / Rotaract Club)	Registration is not required!
22 Sep (Sun) 9:00am – 3:00pm	Visit to T-Park 參觀 [源·區] (Details)	Registration

Enquiries:

Miss Carly Lau (carlylau@cuhk.edu.hk / 3943-3988)

[\(Back to top\)](#)

2. 中國繪畫班



宗旨：本課程為中國繪畫基礎班，教授寫意花鳥、山水畫，旨在透過學習中國繪畫之不同門類和技法，提高學員對中國繪畫之認識，奠定基礎，培養對中國文化之興趣。

導師：蔡德怡老師

畢業於香港中文大學藝術系，獲文學士（2011）及藝術碩士（2015），主修中國畫，期間赴浙江大學藝術學系、北京畫院交流進修。曾獲康本國際交流獎學金、2011 傑出藝術新秀獎、詹雲白夫人紀念中國書畫獎、香港當代藝術獎 2012（入選）、才藝發展獎學金 2014（香港特別行政區政府獎學基金），亦為香港藝術館 2017“賽馬會‘藝術館出動’教育外展”受邀藝術家等。蔡氏曾於香港舉辦三次個人展覽，亦同時積極參與多個香港及海外藝術聯展，作品為香港藝術館、本地與海外藏家及機構等收藏。同時在不同學校及公眾機構教授中國繪畫，推廣中國藝術。

日期：2019 年 10 月 8 日、15、22、29 日及 11 月 5 日、19 日（逢星期二，共六堂）

時間：晚上 6:30 至 9:00

地點：伍宜孫書院西座 112 室

語言：粵語/普通話

人數：最多 20 人

按金：港幣\$400 (出席四堂可獲退回全部按金)

報名：<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=7883368>

截止日期：9 月 25 日

*名額有限，先到先得，欲報從速。報名次序以遞交按金先後次序為準。請將按金交至書院院務室。

查詢：

劉欣誼小姐 (carlylau@cuhk.edu.hk / 3943-3988)

[\(Back to top\)](#)

3. Ukulele Class 夏威夷小結他班 (適合初學者)



夏威夷小結他既輕巧又容易學，就算重未學過音樂嘅同學，都可以好快上手，帶住佢周圍彈，享受彈奏嘅樂趣，讓輕鬆旋律放鬆心情。

日期 **Date** : 10/10, 17/10, 24/10, 31/10 (Thu)

時間 **Time** : 6:30 - 8:00pm

地點 **Venue** : W112, Wu Yee Sun College

按金 **Deposit** : \$150 (出席最少 3 堂可獲退回全部按金)

備註 **Remark** : 同學須自備夏威夷小結他，或透過書院購買，每支\$200 (書院已資助部份費用)

名額 **Quota** : 10

截止報名日期 **Registration Deadline** : 19/9/2019

**名額有限，先到先得。報名次序以遞交按金先後次序為準。請將按金交至書院院務室。

報名 **Registration** :

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=3443879>

查詢 **Enquiries** :

Miss Carly Lau (carlylau@cuhk.edu.hk / 3943-3988)

[\(Back to top\)](#)

4. Fitness Consultation Sessions 健身訓練諮詢



Ever have doubts about all sorts of training techniques and effects? Ask our personal trainers at College Gymnasium!

Mr. Ryan Chan

Dates (Every Wed, Except Public Holidays):
Sep 11, 18, 25

Ms. Vanessa Chan

Dates (Every Thu, Except Public Holidays):
Sep 12, 19, 26

Oct 2, 9, 16, 23, 30
Nov 6, 13, 20, 27

Time: 18:00-20:00
Venue: College Fitness Room

Oct 3, 10, 17, 24, 31
Nov 7, 14, 21, 28

Time: 20:00 – 22:00
Venue: College Fitness Room

No prior applications required! Kick-start your workout plan now!

Enquiries:

Miss Kiki Chan (kiki.chan@cuhk.edu.hk / 3943-3934)

[\(Back to top\)](#)

5. Get Moving - Accelerated Results 7 and Functional Training 成效加速訓練及功能訓練



Move Alert! Having spent a long time in front of the computer for study, work or entertainment, it's now time to get a stroll or take some easy trainings to strengthen your body!

Accelerated Results 7 成效加速訓練

Get superior body shape fast, utilizing low reps, low weight and little rest

Date: Sep 25; Oct 2, 9, 16
Time: 19:00-20:00
Instructor: Mr. Ryan Chan

Venue: College Fitness Room

Quota: 12 (per class)

Deposit: \$200 (per class) [refundable upon completing at least 3 lessons]

More Details: <https://www.wyys.cuhk.edu.hk/page.php?name=sports-health-education>

Application: Interested students please complete application form at <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=7878880> AND submit deposit to College Dean of Students' Office (UG09) **on or before 5:00pm, 18th Sep**

PE Marks: 4

Functional training 功能訓練

Trains the entire movement of your body to better perform everyday activities.

Date: Sep 26; Oct 3, 10, 17
Time: 20:00-21:00
Instructor: Ms. Vanessa Chan

Enquiries:

Miss Kiki Chan (kiki.chan@cuhk.edu.hk / 3943-3934)

[\(Back to top\)](#)

6. Fitness Room User Introductory Course 2019/20 健身室使用者課程 2019/20



Fitness Room User Introductory Course
健身室使用者課程

Instructor 導師:
Ms. CHAN Po Ling

Date: 19/09/2019 (Thursday)
Time: 8:00pm - 10:00pm
Venue: College Fitness Room
Quota: 12 (first come, first served)

日期: 19/09/2019 (星期四)
時間: 8:00 - 10:00pm
地點: 書院健身室
名額: 12 (先到先得)

Registration 報名:
<http://bit.ly/2kUB1VE>

**Year 1 students may obtain the CUHK Fitness Room User Certificate from PE lessons.
一年級同學可於體育課申請中大健身室使用證書*

For those who have registered successfully, a confirmation email will be sent to you and please observe the following:
- Please gather at the College Fitness Room (LG/F, Former University Guest House) before the class starts.
- Please dress in appropriate clothing and wear sports shoes.
- Please bring along the fee (Student: HK\$20 / Staff: HK\$30) to be submitted after the class for the application of CUHK Fitness Room User Card or Certificate.
Please tender the exact amount of fee.

成功報名者將收到電郵確認，並請留意以下事項：
- 請於書院健身室（前大學賓館LG/F）集合。
- 請穿著合適服裝及運動鞋。
- 請於課室結業後繳交費用（學生：\$20 / 職員：\$30），用作申請中大健身室使用卡或證書，請攜帶如數的費用，不找找贖。

查詢 Inquiries: Miss Kiki Chan (kiki.chan@cuhk.edu.hk / 3943 3934)

The full Sea-view Fitness Room is open for use. In accordance with the University's guidelines, only those who can present valid CUHK Fitness Room User Cards can use Fitness Rooms on University campus. Students/ members who are not CUHK Fitness Room User Card holders may attend a Fitness Room User Introductory Course organized by the College with details as follows:

Date: Thursday, 19th Sep

Time: 8:00 - 10:00pm

Venue: College Fitness Room

Quota: 12 (first come, first served)

Instructor: Ms. Chan Po Ling

Application:

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=7885660>

Application Deadline: 16th Sep

**Year 1 students may obtain the CUHK Fitness Room User Card from PE lessons.*

Enquiries:

Miss Kiki Chan (kiki.chan@cuhk.edu.hk / 3943-3934)

[\(Back to top\)](#)

7. Yoga Class 2019/20 Term 1

The aim for yoga practice is more than advanced poses. Achieving a balanced state of mind and body is what you can get in our yoga class.

Date: 30th Sep, 14th, 21st, 28th Oct; 4th, 11th, 18th, 25th Nov (Mondays)

Time: Class A --- 7pm to 8pm // Class B --- 8pm to 9pm

Venue: W112-114, Wu Yee Sun College

Quota: 14 (per class)

Fee:

College student \$300 (\$200 will be refunded upon completing at least 5 lessons)

College member \$200

Application: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=7579823>

Interested students please fill in this webform AND submit deposit to Dean of Students' Office on or before 12:00nm, 28 Sep (first-come-first-served)

Instructor: Ms. Ivy Lam

PE Marks: 4

Enquiries:

Miss Kiki Chan (3943-3934 / kiki.chan@cuhk.edu.hk)

[\(Back to top\)](#)

8. Service-Learning Trip to Myanmar (2019/20 Winter)

Chow Tai Fook Service-Learning Programme

Participants will be divided into groups to plan the service content for different targets (e.g. kids, elderly, youth), but all service will be executed by all participants together.

Date: 21 to 28 December, 2019
Location: Myanmar (Yangon)
Quota: 18 students (MUST follow group flight schedule)
Programme Fee#: HK\$1,200 (Non-refundable; *Exclude VISA application fee, if applicable)
Deposit*: HK\$500 (refundable if attend at least 2 meetings and finish all tasks assigned)

Application: [QR code]
Deadline: 15 Sept 2019

Interview (Tentative): 24 Sept
(Please indicate UNAVAILABLE timeslots on the application form if any)

Pre-trip Meetings (Tentative):
1st : 10 Oct (6:45pm-9:15pm)
2nd : 30 Oct (6:45pm-9:15pm)
3rd : 21 Nov (6:45pm-9:15pm)

Enquiries:
Miss Rachel Poon (rachelpoon@cuhk.edu.hk / 3943 3942)
Miss Katie Yu (katieyu@cuhk.edu.hk / 3943 3935)

The College is going to organize a **Service-Learning trip to Myanmar** in the coming winter break. Participants will be divided into groups to plan the service content for different targets (e.g. children, elderly, youth), but all service will be executed by all participants together. More details are listed below.

Dates: 21st to 28th Dec 2019

Location: Myanmar (Yangon)

Quota: 18 students (MUST follow group flight schedule)

Programme Fee#: HK\$1,200 (Non-refundable ; **Excluding** VISA application fee, if applicable)

Deposit*: HK\$500 (refundable if attend at least 2 meetings and finish all tasks assigned)

Application: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=6901802>

Application Deadline: 15th Sep

Interview (Tentative): 24th Sep

(Please indicate **UNAVAILABLE** timeslots on the application form if any)

Pre-trip Meetings (Tentative):

1st : 10th Oct (6:45pm-9:15pm)

2nd : 30th Oct (6:45pm-9:15pm)

3rd : 21st Nov (6:45pm-9:15pm)

Enquiries:

Miss Rachel Poon (rachelpoon@cuhk.edu.hk / 3943 3942)

Miss Katie Yu (katieyu@cuhk.edu.hk / 3943 3935)

College Announcements

1. Warm Reminders on Phone Deception, Academic Honesty and Identity Misuse 提防電話詐騙、注意學術誠信及正確證件使用



Phone Deception 電話詐騙

Beware of phone deception – always verify a caller’s identity, and don’t get conned. 核實來電，提防受騙。

Latest Scam Alerts 最新騙案警示：https://www.police.gov.hk/ppp_tc/04_crime_matters/adcc/alerts.html

Academic Honesty 學術誠信

The Chinese University of Hong Kong places very high importance on honesty in academic work submitted by students, and adopts a policy of **zero tolerance** on academic dishonesty. Any related offence will lead to disciplinary action including termination of studies at the University.

香港中文大學對學生作業有嚴格的學術誠信要求，違反學術誠信的個案，一律以**零容忍**政策處理。違反有關規定的學生予以懲處，嚴重者包括開除學籍。

Details 詳情：<https://www.cuhk.edu.hk/policy/academichonesty/>

Identity Misuse 證件使用

Identity misuse can lead to serious consequences. Do not use others’ CU Link Cards or lend yours to others. 冒用證件，後果嚴重。同學切勿貪一時之便，使用他人的中大通，或借證予他人使用。

2. College Inauguration Assembly, Forums and High-Table Dinners

All students are required to attend one **College Assembly** AND one **College Forum/ High Table Dinner** in each term.

College Inauguration Assembly (13th September 2019)

ALL students are **required** to attend the College Inauguration Assembly (First College Assembly) with details as follows:

Date: Friday, 13th September 2019

Time: 11:30 am - 1:15 pm

Venue: Sir Run Run Shaw Hall

Dress code: Formal with College tie/scarf *

**Year 1 students who have not collected their tie/scarf please pick your welcoming pack from 2nd Sep to 12th Sep 2019 during office hours at the UG/F Dean of Students’ Office. Please bring along your CU Link card for record use.*

We will sing the College Anthem at the Assembly. You may have a taste of the melody [here](#) first.

Enquiries: Miss Evelyn Chong (3943 1882 / evelynchong@cuhk.edu.hk)

[College Forums & High Table Dinners](#)

For year 2 students or above, registration for College Forums and High Table Dinners is scheduled for **11th Sep (Wed) - 17th Sep (Tue)**. Please visit the College General Education page for details and registration:

<https://www.wys.cuhk.edu.hk/page.php?name=ge-forum>.

For Year 1 students, please refer to Forum date and details to be sent separately.

Enquiries:

Mr. Ron Wong (3943 9769 / ronwong@cuhk.edu.hk)

Miss Evelyn Chong (3943 1882 / evelynchong@cuhk.edu.hk)

[\(Back to top\)](#)

3. News of College Member 書院成員消息



College Member Dr. Elaine Y.K. Chow (周怡君博士) has been promoted to Assistant Professor at the Department of Medicine and Therapeutics and the Phase 1 Clinical Trial Centre from 1st Sep 2019. Congratulations from all the Sunnies!

[\(Back to top\)](#)

4. Room Share Scheme 2019/20 2019 至 20 年度特別宿位計劃

Room Share Scheme (特別宿位計劃) for 2019/20 is now open for application.

Scheme Details: https://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1564640975WYS_Hostel_RSS_201920_Guideline.pdf

Online application from 2nd to 23rd Sep 2019: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=7754874>

Please be reminded that:

1. Application will be considered only if ALL 3 applicants (including 2 host residents and 1 special resident) submit the application.
2. The residence period of all 3 applicants in the group must be the same.
3. Students who have submitted hostel appeal can also apply for Room Share Scheme. His/her application for Room Share Scheme will be cancelled if he/she is allotted a hostel place via hostel appeal.
4. Each student can only submit Room Share Scheme application for 1 group. Otherwise, all of his/her Room Share Scheme applications will be considered invalid. (Example: Each regular resident cannot submit application for more than 1 proposed special resident. Each proposed special resident cannot submit more than 1 application.)

Enquiries:

Ms. Polly Po (polly@cuhk.edu.hk / 3943 1741)

Miss Zalon Wong (zalonwong@cuhk.edu.hk / 3943 9773)

[\(Back to top\)](#)

5. Francis Wong Hok Bun Memorial Scholarship for Distinguished Freshman 黃學斌紀念獎學金(優異新生)



Acknowledge local freshmen of respective faculty with Level 5** in 2 subjects or above in HKDSE and proven leadership in social services or shown talents in creativity or innovation.

- Distinguished Arts Freshman
- Distinguished Business Freshman
- Distinguished Education Freshman
- Distinguished Engineering Freshman
- Distinguished Law Freshman
- Distinguished Medical Freshman
- Distinguished Science Freshman
- Distinguished Social Science Freshman

Award Amount: HK\$25,000 – HK\$50,000 per recipient

Eligibility: Local freshmen admitted via JUPAS stream who placed Wu Yee Sun College as their 1st College Preference

Online Application: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=7527860>

Deadline: 15th Sep (Sun)

Enquiries:

Ms Karen Yiu (karenyiu@cuhk.edu.hk / 3943 3936)

[\(Back to top\)](#)

6. Dorsett Admission Scholarship for Hospitality and Real Estate Freshman 帝盛入學獎學金 - 酒店旅遊及房地產學系新生



Acknowledge outstanding freshmen studying in Hospitality and Real Estate Programme based on academic performance and participation in extra-curricular activities.

Award Amount: HK\$40,000

Eligibility: Local and non-local freshmen who placed Wu Yee Sun College as their 1st College Preference

Online Application: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=7527621>

Deadline: 15th Sep (Sun)

Enquiries:

Ms Karen Yiu (karenyiu@cuhk.edu.hk / 3943 3936)

[\(Back to top\)](#)

7. Application for Deferment of Fees

Students who have financial difficulties and would wish to defer payment on tuition and/or hostel fee, please submit application form together with supporting documents to the College Office (G03, G/F, East Block) **on or before 23rd Sep (Mon)**. Late applications and incomplete forms will not be processed.

Application Form Downloaded Link: https://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1566792329WYS_FeeDeferment_201920_T1_Form.pdf

Enquiries:

Ms Karen Yiu (karenyiu@cuhk.edu.hk / 3943 3936)

[\(Back to top\)](#)

8. 書院儲物箱申請 (2019/20) Locker Application for College Students/Student Organizations (2019/20)

Lockers are now available for WYS College students and student organizations to apply.

Options for Lockers and respective locations:

I. College Locker: 1/F, East Block (opposite to Learning Commons)

II. YIA Locker: 4/F, Yasumoto Academic International Park (near Room 406 & 410)

III. WMY Locker: 5/F, Wu Ho Man Yuen Building

IV. More than 1 locker

Students / student organizations can apply at <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=7983372>. Successful applicants will be assigned lockers for use in the period **2nd October 2019 – 27th April 2020**.

Application Procedures

- 1) Submit application online by **12:00 noon on 20th Sep**. First come, first served.
- 2) Submit a deposit of \$50 via HSBC or Hang Seng Bank ATM to The Chinese University of Hong Kong (293-005005-018) **AFTER** being notified by email of the success of application.
- 3) Submit the bank-in slip / ATM advice to the Dean of Students' Office (UG09) in person **on or before 12:00 noon on 27th Sep** after receiving the confirmation email sent by the Office.
- 4) We will follow your preference to assign locker(s) as far as possible, subject to the number of applications.

Regulations for the Use of Lockers

1. Users should take care of their personal belongings kept in lockers. The College will not be responsible for any loss or damage.
2. Due to hygienic reasons, no food, beverages, condiments or similar items should be kept in the lockers.
3. Users are responsible for cleaning the lockers and removing all the personal belongings inside them before returning the lockers to the College. After the stipulated period of use, any leftover items inside the lockers will be disposed of without any notification (no compensation will be made for destroyed locks).
4. Deposit will be refunded by auto-pay. Students should check their bank accounts in due course.
5. Deposit will be forfeited if any damage is made or failure to clear the locker upon expiry of the period of use.
6. The College may seize the student's right to use the locker if he / she violates the regulations or misuses the locker.
7. Users are fully responsible in taking care of their lockers. To avoid any misunderstandings, users are strongly recommended to lock their lockers even if they do not leave anything inside.

Enquiries:

Miss Kiki Chan (kiki.chan@cuhk.edu.hk / 3943 3934)

[\(Back to top\)](#)

9. College Team Tryout 2019/20 Term 1 書院院隊選拔 (2019/20 上學期)

No matter if you are a professional sports player or are simply keen on doing sports, do not miss the College Team try-outs. The College is now recruiting athletes for the **basketball, football, volleyball, athletic and swimming teams**. Do not hesitate to show your talents and we are looking forward to seeing you in the tryouts!

Sports Team 項目	Date 日期	Time 時間	Venue 地點	Coach / Coordinator Tel. No. 教練/協調員電話
Men's & Women's Basketball	Sept., 13 (Fri)	6:00 – 8:00 p.m.	Yeung Ming Biu Indoor Sports Centre	Mr. T. F. Cheung 39433986
Men's Soccer	Sept., 10 (Tue)	7:00 – 9:00 p.m.	Soccer Pitch, Lingnan Stadium	Mr. Nelson LAM 39433987
Men's & Women's Volleyball	Sept., 11 (Wed)	6:00 – 8:00 p.m.	United College Thomas Cheung Gym.	Mr. Nelson LAM 39433987
Men's & Women's Swimming	Sept., 9 (Mon)	6:00 – 8:00 p.m.	Swimming Pool	Mr. Nelson LAM 39433987
	Sept., 11 (Wed)	6:00 – 8:00 p.m.		

Men's Rowing	Sept., 17 (Tue)	6:30 – 9:00 p.m.	Grand Stand, HCF	Mr. T. F. Cheung 39433986
	Sept., 19 (Thur)	6:30 – 9:00 p.m.		
Women's Rowing	Sept., 18 (Wed)	6:30 – 9:00 p.m.	Grand Stand, HCF	Mr. T. F. Cheung 39433986
	Sept., 23 (Mon)	6:30 – 9:00 p.m.		
Men's & Women's Athletic	Please contact Mr. T. F. Cheung to arrange tryouts according to Track & Field Events before 18/10			Mr. T. F. Cheung 39433986 tfcheung@cuhk.edu.hk

[\(Back to top\)](#)

10. 宜孫劇社招募台前幕後工作人員

The following message (Chinese only) is drafted by "Wu Yee Sun Drama Society":



嘍?! 差你一個咋喎
無錯就係你啦

宜孫劇社現正招募台前幕後人員 (Actor/Actress/SM/Light/Sound/Set/Image)

無論你有冇經驗 都無任歡迎~~
想做演員既你 記住密切留意我地稍後落實的 casting 日期啦
想做幕後人員都唔好等啦, 快啲擦下面條 link 報名啦!!!

REGISTER NOW! 9月20號就截止架喇!

<https://docs.google.com/forms/d/e/1FAIpQLSeBk7SaOKcrSSiHd9VEy1qQzcw5jYvcitPcCG9v3cofVT9pCw/viewform>

有問題可以 contact:
Elton (9409 1392) / Chris (5116 9207)

[\(Back to top\)](#)

11. Renovation Work of Café at College Gallery 書院藝廊咖啡室裝修工程

Please note that the renovation work of Café is extended to **15th Sep.** Noise may be generated intermittently during the work period. Sorry for the inconvenience caused.

[\(Back to top\)](#)

12. "Meet the Dean" Hours 輔導長時間

"Meet the Dean" Hours is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned. The session is hosted by:

- Professor Man-hong Lai (黎萬紅教授), College Dean of Students and Associate Professor at the Department of Educational Administration and Policy

- Professor Ming-kay Poon (潘銘基教授), College Associate Dean of Students and Associate Professor at the Department of Chinese Language and Literature
- Dr. Po-kin Leung (梁寶建博士), College Associate Dean of Students and Lecturer at the Department of Physics

Every Sunnie is welcome!

Academic Year 2019/20

Date: Every Wednesday

Time: 4:30 pm – 5:30 pm

Venue: Dean of Students Office, Room UG09, Wu Yee Sun College

Enquiries:

Miss Katie Yu (3943 3935 / katieyu@cuhk.edu.hk)

Ms. Sonia Yu (3943 3937 / soniayu@cuhk.edu.hk)

[\(Back to top\)](#)

13. Student Pastoral Care

Sometimes you find yourself with these negative emotions: lost, alone, aimless or confused as you adjust to university life or pursue personal growth. Share your feeling with others will help release your emotions and gain new perspectives! DON'T be afraid to ask for help. Our College Dean of Students would be more than happy to speak to you and give you advices, below are the contact numbers you may wish to know.

- 1) You are welcome to speak with our **College Dean of Students** when you have problems that need resolving. Please call **3943 3942** for arrangement.
- 2) You may also approach the **University's Wellness and Counselling Centre** at **3943 7208** for help.
- 3) A **24-hour Emotional Support Hotline** at **5400 2055** is available to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations.

[\(Back to top\)](#)

14. Exchange and Travel Grant/Loan 2019/20



College students with financial needs who are selected for semester or year exchange programmes or going overseas for summer activities/exchanges may apply for Exchange and Travel Grant/Loan.

There are different rounds of applications. **For programmes/activities held in Oct - Jan 2020, application is now open until 13th Dec 2019.**

For programmes/activities held in Feb 2020 – May 2020, application will be open from 14th Dec – 17th Apr 2020.

Check out the following link for more information including eligibility:
https://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1565948445ExchangeandTravelGrantandLoan2019201st.pdf

Enquiries:

Ms. Karen Yiu (3943-3936 / karenyiu@cuhk.edu.hk)

[\(Back to top\)](#)

15. WYS's Got Talents - Photography, Poster Design, MC and a lot more!

Are you interested in or excellent at any of the fields below?

- Photography / Video-production
- Art & Design (e.g. posters or infographics)
- Simultaneous Interpretation
- Master of Ceremonies
- Audio & Video Control
- Writing (e.g. creative writing or student reporter in publications)

The College is recruiting all sorts of talents to contribute in various College events. Registered students may be invited to assist in different occasions. Don't hide your talents, shine in the College!

P.S. CREATIVITY COUNTS!!!

Let us know what you are interested in and excellent at: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838>

Enquiries:

Miss Kiki Chan (3943-3934 / kiki.chan@cuhk.edu.hk)

[\(Back to top\)](#)

16. Membership Recruitment - WYS Alumni Association 伍宜孫書院校友會會員招募

Want to stay in touch with your college friends? Expand your professional network? Give back to the College? WYS Alumni Association lets you take college bonds beyond student life. You can get a lifelong membership for just \$500. Apply now, and you will receive a set of 4 reusable drinking straws! (While stocks last)

Simply fill in the [application form](#), and return to the College Office (G/F, Wu Yee Sun College) with the membership fee.

想跟書院同學保持聯繫？想擴闊人際網絡？想回饋書院？透過伍宜孫書院校友會，你可以將學生時代的關係延續下去。終生會籍只需 500 元。現時申請，更可獲贈一套四支環保飲管（先到先得，送完即止）。

各位同學只須填妥 [申請表](#)，連同會員費，交回伍宜孫書院地下院務室即可。

[\(Back to top\)](#)

College Funding & Awards Schemes

1. Care and Well-being Fund for Mental Wellness Activities



The College encourages students to pursue a healthy and sunny life. If you would like to join any non-College organized activities **to strengthen your own mental wellness** or **to enrich your relevant knowledge so as to provide support to your peers**, you are most welcome to apply for our **Care and Well-being Fund for Mental Wellness Activities**. The Fund now provides greater support to allow a wider choice of activities of your interest. Details can be found below:

Eligibility:

For Wu Yee Sun College students who participate in mental health activities and trainings organized by organization(s) other than the College

Examples:

Meditation, Mindfulness Workshop, Laughter Yoga, Art or Music Therapy Class, Peer Support Workshop, Talk or Symposium on Mental Health, Mental Health First Aid Course etc.

Funding Amount per student per activity:

Maximum amount increased from \$800 to **\$1,500**, or 80% of the course / activity fee (whichever is lower)

Take a look at the [guidelines](#) and the [report template](#), and start your healthy life now!!!

Application: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=6754853>

Enquiries:

Miss Carly Lau (3943-3988 / carlylau@cuhk.edu.hk)

[\(Back to top\)](#)

2. Mingle Fund

Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College. The Fund supports self-initiated activities with participation of both local and international/incoming exchange students. Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity.

Details: www.wys.cuhk.edu.hk/exchange.php?cat=others

Enquiries:

Miss Katie Yu (3943-3935 / katieyu@cuhk.edu.hk)

[\(Back to top\)](#)

3. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃

Life begins at the end of your comfort zone!

A **SMALL** change can make a **BIG** difference!

If you are planning for any short-term projects containing elements of Creativity, Entrepreneurial Spirit or Social Responsibility, apply "Be Entrepreneurial!" Funding Scheme.

To provide more support to students, the maximum funding amount has been raised to \$20,000!!!

Maximum Funding Amount: HK\$20,000

Eligibility

- All WYS undergraduate students
- Individual and Group projects (*the group must comprise of at least 50% WYS students, other 50% may be students from other Colleges*)
- Applications are welcome all year round

What are you waiting for? Click [HERE](#) to find out more information!

Enquiries:

Miss Florence Tsui (3943-9767 / florecetsui@cuhk.edu.hk)

[\(Back to top\)](#)

4. Global Learning Award Scheme (Winter Round) 寰宇學習獎勵計劃 (冬季)

Introduction

Global Learning Award Scheme aims to encourage students to create, design, plan or participate in **non-local** academic or experiential learning programmes, so as to broaden students' international perspectives and enrich their experiences. Students need to demonstrate from the application documents and interview that the programme applied is beneficial and valuable to them instead of just simply for entertainment. The College Student Exchange Committee will then determine if the students can be awarded, and the award amount (if any). For successful applicants, they will be awarded "Global Learning Award" and receive the award amount after fulfilling all post-trip requirement on time. For more details, please refer to the webpage of GLAS.

Eligibility

All Wu Yee Sun College students (except Exchange students) are eligible for application. The programme joined or planned must be finished by their corresponding graduation date. Some examples are students self-initiating or joining overseas tours, academic conferences, competitions, field trips, courses, internship/major-related placement, research, voluntary service. Programmes organized and subsidized by the College and Term-long Exchange Programmes are excluded.

Maximum Award Amount

The maximum award amount varies with the programme length and programme nature.

	Programme Length	Programme Nature	Maximum Award amount
Short-term	Shorter than one month	Self-initiated programmes	HK\$12,000 or 100% of cost of the particular items <i>(whichever is lower)</i>
		Participating in organized programmes	HK\$5,000 or 50% of cost of the particular items <i>(whichever is lower)</i>
Long-term	One to six months	Self-initiated programmes	HK\$15,000 or 100% of cost of particular items <i>(whichever is lower)</i>
		Participating in organized programmes	

Application

Before submitting the online application form (<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=7362342>), please read through all guidelines and samples on the webpage.

Round	Applying for trips taken during (for trips overlapping both rounds, <u>first date</u> of the trip shall determine the application period)	Application period
Winter	1 st Nov - 30 th Apr	1 st May - 31 st Oct
Summer	1 st May - 31 st Oct	1 st Nov - 30 th Apr

Enquiries:

Miss Katie Yu (3943-3935 / katieyu@cuhk.edu.hk)

[\(Back to top\)](#)

5. Service-learning project Funding Scheme 服務學習項目資助計劃

If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's Service-learning Project Funding Scheme supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project.

Learn to serve and serve to learn! Please visit the website for more info.

Enquiries:

Miss Katie Yu (3943-3935 / katieyu@cuhk.edu.hk)

[\(Back to top\)](#)

6. Self-Motivation Fund for Sports Activities 「自選遊」體育活動資助計劃



Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of sports activities and qualification courses for sports coach, in order to live up the spirit "Sports for Everyone".

More Diversified and Greater Support!

Eligibility

Application Fee of Sports Events --> **BOTH application fee and course fee of sports activities and workshops**

Funding Amount

Sports Activities: Max. \$500 --> **\$1,000**

Qualification Courses for Sports Coach: Max. \$800 --> **\$2,000**

Details: <https://www.wyys.cuhk.edu.hk/whole-person-development/sports-health-education/>

Enquiries:

Miss Kiki Chan (3943-3934 / kiki.chan@cuhk.edu.hk)

[\(Back to top\)](#)

Other Activities & Announcements

1. University Bursaries and Loans 大學助學金及免息貸款

The **University Bursaries and Loans (UBL)** are now available for local students who are studying full-time undergraduate programme and cannot get sufficient financial assistance under the Government Tertiary Student Financial Scheme – Publicly-funded Programmes (TSFS) to apply.

Applicants should complete and submit the online application via CUSIS (Website: <http://www.cuhk.edu.hk/cusis>; MyCUHK > CUSIS and MyStudy > Financial Aid Online Appl Form > Public Application > click the magnifying glass to select “University Bursaries and Loans”) during the period **from 2nd to 30th Sep**.

Application details: <http://admission.cuhk.edu.hk/aid/application.html>

[\(Back to top\)](#)

2. Student Residence Bursary Scheme 學生宿舍助學金計劃

Eligibility

To be eligible to apply for the CUHK Student Residence Bursary 2019/20, applicants must:

- (1) be local full-time undergraduate students;
- (2) be registered residents of the hostel and have resided in hostel for at least 75% of the time of the term;
- (3) have average monthly household income (during 1st Apr 2018 to 31st Mar 2019) lower than the median of the monthly household income published in the most recent Quarterly Report on General Household Survey by the Census and Statistics Department (*Please refer to the Guidelines for the monthly household income bandings*);
- (4) be not able to benefit from Community Care Fund (CCF) hostel subsidy or receive less than \$1,420 per term under the CCF hostel subsidy.

Amount of Bursary

1. For eligible needy students who are not able to benefit from CCF hostel subsidy, the value of each bursary will be \$1,420 per term.
2. For eligible needy students who receive less than \$1,420 per term under CCF hostel subsidy, the value of each bursary will be the difference between \$1,420 and the approved amount of CCF hostel subsidy.
3. The maximum amount of bursary for residents of all types of shared rooms will be the same.

Application Procedures

1. Eligible students who live in hostel for the first term or the whole year should submit their online application in Chinese University Student Information System (CUSIS) (Website: <http://www.cuhk.edu.hk/cusis>; MyCUHK > CUSIS and MyStudy > Financial Aid Online Appl Form > Public Application > click the magnifying glass to select “Student Residence Bursary”) during the application period **from 2nd Sep to 31st Oct 2019**.
2. Applicants should print out Section 7 of the online application form and submit together with the supporting documents to the College on or before the application deadline.

Application details: <http://admission.cuhk.edu.hk/aid/application.html>

Enquiries:

Office of Admissions and Financial Aid (3943 1898 / 3943 7205)

[\(Back to top\)](#)

3. Government Tertiary Student Finance Scheme / Non-means-tested Loan Scheme 政府資助專上課程學生資助計劃 / 全日制大專學生免入息審查貸款計劃

New College students who have financial difficulties should apply for **Government Tertiary Student Finance Scheme (TSFS)** or **Non-means-tested Loan Scheme (NLSFT)**. Applications should be submitted to the Government Student Finance Office of the Working Family and Student Financial Assistance Agency (SFO) through “SFO E-link – My Applications” at <http://ess.wfsfaa.gov.hk> **on or before 23rd Sep**.

Application details: <http://admission.cuhk.edu.hk/aid/application.html>

Enquiries:

Government Student Finance Office (2152 9000)
Office of Admissions and Financial Aid (3943 5271 / 3943 1898)

[\(Back to top\)](#)

4. The Rhodes Scholarship 2020 for Hong Kong (Tenable at the University of Oxford)

The Rhodes Scholarship 2020 for Hong Kong tenable at the University of Oxford is now open for application until 30th Sep by 23:59 (Hong Kong time).

The Rhodes Scholarship is a prestigious international scholarship programme in the world, enabling outstanding young people from around the world to undertake full-time postgraduate study at the University of Oxford. Rhodes Scholarships are for young leaders of outstanding intellect and character who are motivated to engage with global challenges, committed to the service of others and show promise of becoming value-driven, principled leaders for the world's future. For more information about the Scholarship, please visit:

<http://www.rhodeshouse.ox.ac.uk/>.

If you are interested in this prestigious scholarship, please join the upcoming information session. Details of the information session are as follows:

Date: 4th Sept (Wed)

Time: 6:30 p.m. - 7:30 p.m.

Venue: LT2, Lee Shau Kee Building, CUHK

Speaker: Representative of the University of Oxford China Office

All CUHK students in any discipline or year of study and graduates are welcome to join this information session.

Registration Procedures:

1. To **reserve a seat** for the information session, please complete and submit **by 29 August 2019** an online registration form which is available at <http://cloud.itsc.cuhk.edu.hk/webform/view.php?id=7868555>.
2. Confirmation will be sent to successful registrants by email on 30 August 2019.

More information: <http://admission.cuhk.edu.hk/assets/oafa/Scholarships/Overseas/poster-rhodes-2020.pdf>

Enquiries:

Office of Admissions and Financial Aid (sfas@cuhk.edu.hk / 3943 7204)

[\(Back to top\)](#)

5. <賽馬會心導遊計劃>一站式網上自助心理支援平台

- 每日的工作都很繁忙，究竟如何可以隨時隨地去照顧自己的心理健康呢？
- 在香港有七分之一的成年人曾經有精神困擾的經歷，但只有 25%的人會尋求協助，究竟原因是什麼呢？
- 你試過情緒受困擾卻不知道如何照顧自己嗎？
- 你試過見到身邊的人精神狀態不太好，卻不知道怎樣去支持他們嗎？

我們明白不同人會在不同時候，會有不同的精神健康狀況，亦會有不同的需要。《賽馬會心導遊計劃》旨在根據每個人的個別需要，並配合現今科技向大眾推廣精神健康，從而達到以下目的：

- 提高社會對精神健康意識及去除對精神病的誤解
- 提昇心理健康及促進個人成長
- 預防抑鬱或焦慮症狀
- 及早處理情緒困擾

立即登入 www.jctourheart.org 登記成為會員，進行簡單的心理健康評估。平台會根據評每個人的個別需要而建議合適的課程或服務。只要每日抽少少時間參與平台上的課程，就可以隨時隨地提升自己的心理健康！

註：手機版仍在測試改善中。使用電腦版的 Google Chrome、Apple Safari 或 Microsoft Edge 瀏覽網上平台，會獲最佳效果。

[\(Back to top\)](#)

To unsubscribe, please email us at info.wys@cuhk.edu.hk.