

If you have problems viewing CHINESE words in this email, please right click the mouse and choose Encoding and then Unicode (UTF-8).  
You can also contact Mr. William Mak at [williammak@cuhk.edu.hk](mailto:williammak@cuhk.edu.hk) or 3943 3989 for technical support.



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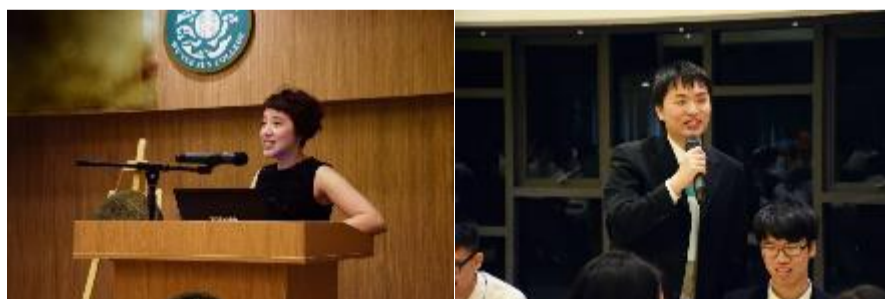
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### Sunny Review 上周回顧

1. [High Table Dinner: Nurturing arts within medical humanities \(Speaker: Dr Dana Lo\) 書院論壇「醫學人文裡的藝術情懷」](#) (講者：羅思敏醫生)





The High Table Dinner entitled “Nurturing arts within medical humanities (醫學人文裡的藝術情愫)” was conducted by Dr. Dana Lo (羅思敏醫生), Senior Medical Officer, UHS of HK Polytechnic University, last Thursday. She shared with students the ethic issues and the relationship between doctor and patient, and how she promoted medical humanity through various art forms. We were grateful to have Professor Albert Lee (李大拔教授), Associate Dean of General Education and Chairman of Health and Spiritual Well-being Committee, to moderate the Forum.

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## 2. Hop Wai Art and Cultural Programme: Workshop and Seminar 洽蕙藝文計劃：工作坊及講座



The College is honoured to have invited Professor Hon-Ching Lee, Honorary Advisor (Art) of the College (書院藝術顧問利漢楨教授), to be the instructor of the Introductory Workshop: Printmaking and Sculpture (版畫和雕塑入門工作坊). Participants learnt the techniques of printmaking and carving using simple materials like wood, carving knives and even fire to create their unique art pieces. Professor Lee also shared the stories behind the exhibits displayed at “How I Work” – An Art Exhibition by Professor Hon Ching Lee at the “Meeting with the Artist” session held on 19<sup>th</sup> Oct. Participants had a more thorough understanding of the art creation and Professor Lee’s art journey.

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## 3. Reading Club of Soso Cheng 鄭素素《跑步時，我孤獨，但不寂寞》讀書會

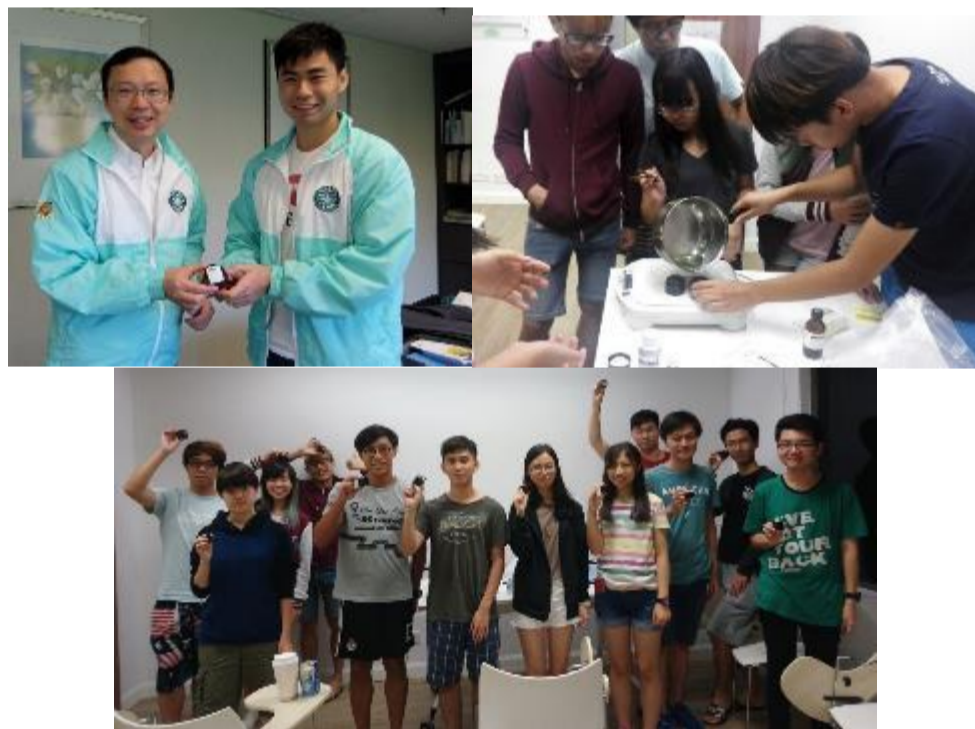




The College invited Miss Soso Cheng, the author of the book “跑步時，我孤獨，但不寂寞”, to share her story in person on 17<sup>th</sup> Oct at The Lounge. Soso admitted that she started running just because of the trendy and cool look of the gadget – a premium sports watch. Yet, she found that running has brought her more benefits emotionally and socially on top of physical fitness, becoming healthier with better body shape. Participants from professional runners to the public joined us on that rainy night and had a great chat and sharing about the running experience in the cozy environment. Soso also signed her book on the spot for our Sunnies.

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#### 4. Mosquito Repellent Workshop by Green Team 綠色小組活動：蚊膏製作坊



Bothered by mosquito bites? Green Team knows how it is living on CUHK campus, and has therefore held a Mosquito Repellent Workshop (蚊膏製作坊) last Tuesday to ease your pain! 15 participants joined the workshop and made their own mosquito repellent using 100% natural ingredients. It's a must-have item in your bag for every CUHK member! Such special gift was of course presented to College Master Professor Anthony T.C. Chan (院長陳德章教授), as well as other College guests! Would you like to join more green activities? Be a College [Green Team](#) member and spread green messages to everyone you know!

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#### 5. Hostel Floor Gatherings 宿舍層聚







Hostel life is of great fun. Every month, Resident Tutors organize floor gatherings to mingle with resident students and create occasions for residents to meet their fellow floor-mates. They also shared the joy of reunion and celebrated Mid-Autumn Festival together. Don't miss the chance to make the most of your hostel life and make new friends with students from different walks of life!

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#### 6. GPS Career Development Facilitation Scheme Kick-off Ceremony 職涯 GPS 簡介會暨開幕典禮



Our pilot collaboration with The School of Continuing and Professional Studies, CUHK (CUSCS) (中大專業進修學院) for GPS Career Facilitation Service Scheme aims at providing our students career guidance and enriching their self-understanding through one-to-one consultation meeting with Global Career Development Facilitator (GCDF). Professor Man-hong Lai (黎萬紅教授), College Dean of Students warmly encouraged the students to explore their future paths in her opening remarks. Ms. Kalia Ho (何詠嘉女士), Trainer of GCDF at CUSCS, introduced the programme goals.

After the presentation of confirmation letters, 8 participants enjoyed their first encounter with GCDF and talked about the upcoming 4 meetings.

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#### 7. CUHK Orientation Day for Undergraduate Admission 2017 中文大學本科入學資訊日





The sunny sky on last Saturday welcomed thousands of visitors to the CUHK Orientation Day for Undergraduate Admissions 2017. This annual event offers secondary school students, teachers and parents an opportunity to obtain useful information about CUHK and to learn more about the admission requirements of different academic programmes.

The College booth located at the University Mall was well received with our student ambassadors highlighting College's core values and sharing of their College life to interested visitors. More than 60 participants joined our guided tours to visit the different campus facilities. The Creativity Laboratory team also gave a mini demonstration to introduce the various equipment offered to students for realizing their creativity.

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**College Activities**  
**書院活動**

**1. Meet with Dean Tea Gathering 輔導長茶聚**



Any thoughts, comments, suggestions about College life, or even your personal development, our Deans of Students are more than happy to listen and talk to you.

*Share with us and enjoy afternoon tea together!*

**Date\*:** 25<sup>th</sup> Oct, 15<sup>th</sup> Nov

**Time:** 4:30pm

**Venue:** College Staff Dining Room

**Registration:** <https://goo.gl/gqGvAj>

*\*Students can join either one or both sessions.*

Enquiries: Miss Sonia Yu (3943-3937 / [soniayu@cuhk.edu.hk](mailto:soniayu@cuhk.edu.hk))

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## 2. WYS Toastmasters Regular Meeting – Summer Holiday



Missing your summer vacation already? What have you done during your summer? Busy travelling, eating, studying or working? We're eager to hear your wonderful stories!

**Date:** 24<sup>th</sup> Oct 2017 (Tue)

**Time:** 7-9pm (Reception starts at 6:30pm)

**Venue:** W116

Free refreshment will be provided.

For enquiries, please feel free to contact Tommy at 9681 7386

Or Email us: [wystmc1314@gmail.com](mailto:wystmc1314@gmail.com)

Or Facebook pm us: WYS Toastmasters Club

Speak to Succeed,

Dare to Exceed

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## 3. Drama Performance: Three Kingdoms 三國

College members are most welcome to join the Drama Performance: Three Kingdoms 三國, which is co-organized by Wu Yee Sun College, Shaw College, United College & Chung Chi College. The show is produced by Hong Kong Theatre Works (香港戲劇工程).





**Drama Performance:** Three Kingdoms 三國  
**Date & Time:** 31<sup>st</sup> Oct & 1<sup>st</sup> Nov 2017 16:00-18:00  
**Venue:** Shaw College Lecture Theatre  
**Language:** Cantonese  
**Production:** Hong Kong Theatre Works (香港戲劇工程)

**Application:** Please register with Kathy by sending email to [kathyfong@cuhk.edu.hk](mailto:kathyfong@cuhk.edu.hk) on or before 25<sup>th</sup> Oct (Wed).

\*The event is co-organized by Wu Yee Sun College, Shaw College, United College & Chung Chi College

**Enquiries:** Kathy Fong (3943-3942/ [kathyfong@cuhk.edu.hk](mailto:kathyfong@cuhk.edu.hk))

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THE CHINESE UNIVERSITY OF HONG KONG  
 WU YEE SUN COLLEGE SPORTS ASSOCIATION

## CAMPUS RUN 環校跑



DATE: 3/11 (FRI) 11:30-1:00  
 QUOTA: 300 RUNNERS  
 (FIRST COME FIRST SERVED)  
 CONTACT: WOODY 55403304  
 DEADLINE: 27/10/2017

EVERY RUNNER WILL BE AWARDED 4 PE MARKS!

# 523



FOR APPLICATION OR DETAILS, PLEASE VISIT OUR FB PAGE!



伍宜孫書院體育會 WU YEE SUN COLLEGE SPORTS ASSOCIATION



#### 4. Round Campus Run 環校跑

<The content is drafted by Sports Association 內容由體育學會撰寫>

🏃‍♀️🏃‍♂️伍宜孫書院一年一度嘅環校跑又嚟啦🤗🤗🤗

📅摺完幾個禮拜 lib 溫 midterm? 📖📚

☀️\*好想出去做下運動舒展筋骨? 🏃‍♀️🏃‍♂️

咁仲等咩呀? 快啲報名參加宜孫環校跑啦! 🤗🤗

📅日期: 十一月三日 (星期五)

🕒時間: 11:30 - 13:00

👤報名資格: 中大學生 (伍宜孫書院學生優先)

!!!名額: 300 位

✖️✖️截止報名日期: 十月二十七日 (星期五)

📄傳送門: <https://goo.gl/forms/y6lfE4wlv1bZUVY2>

聽講男女子組頭五名仲可以拎到靚靚獎盃獎牌添! 🏆🏆🏆🏆🏆

快啲拉埋朋友仔同我地一齊跑啦! 🏃‍♀️🏃‍♂️

名額先到先得架🤗🤗

**Date:** 3<sup>rd</sup> Nov 2017

**Time:** 11:30-13:00

**Eligibility:** CUHK full-time undergraduate students (priority will be given to WYS students)

**Quota:** 300 (first-come-first-served)

**Deadline:** 27<sup>th</sup> Oct 2017

**Application:** <https://goo.gl/forms/y6lfE4wlv1bZUVY2>

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#### 5. 防癌秘笈：中西醫面面觀



“我得過十幾歲，應該吾會關我事掛?”

咁你就錯啦，世界衛生組織已於 2015 年宣佈，將加工肉例如香腸、火腿及煙肉列為最高風險致癌物，即 1 級致癌物，與煙酒睇齊；紅肉也可能致癌，列為 2A 級致癌物。世衛解釋，眾多研究證實加工肉會導致大腸癌，並與胃癌有關；紅肉則與大腸癌、胰臟癌及前列腺癌有關連。若果大家想知道更多關於癌症的成因及防癌方法，那就萬勿錯過是次健康講座。

**活動內容:**

日期: 2017 年 11 月 9 日 (星期四)

時間: 下午 12:30 至 2:00

講者: 書院健康生活委員會成員 及 中大醫學院腫瘤學系 陳林教授

書院健康生活委員會成員 及 中大中醫學院 張保亭教授

第一部份: 防癌之概念和方法

第二部份: 討論環節: 中醫好定西醫勁?

費用: 全免

講座後設有小食招待

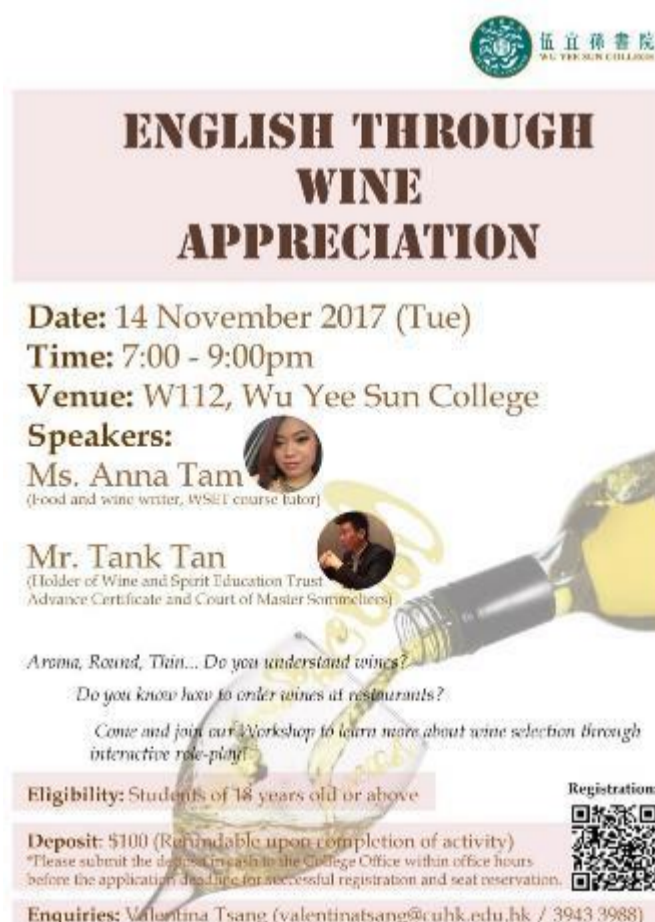
歡迎同學、教職員及教職員家屬參加

報名: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=3584555>

查詢: Valentina ([valentinatsang@cuhk.edu.hk](mailto:valentinatsang@cuhk.edu.hk) / 3943 3988)

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**6. A Taste on Wine: English through Wine Appreciation**



Aroma, Round, Thin.....Do you understand Wines? Do you know how to order wines at restaurants? Come and join our workshop to learn more about wine selection through interactive role play!



**Date:** 14<sup>th</sup> Nov 2017 (Tue)  
**Time:** 7:00pm-9:00pm  
**Venue:** W112, Wu Yee Sun College  
**Speakers:** Ms. Anna Tam & Mr. Tank Tan  
**Biography of Speakers:**

**Ms. Anna Tam** has a few identities, that's why she is busy: a boutique wines importer, marketing solution provider, food and wine writer, WSET course tutor and wine judge for hotel wine sommelier cup, and she is not sure if she will take more roles in the future. Enjoying her happy hectic life and taking the WSET Diploma course, she never forgets to dance like there's no tomorrow and save the water like there's no tomorrow too. Pay attention to your radio when you drive, you may hear her voice sharing her opinions on wines and travelling. Take a look at the Food and Beverages magazines when you are in hotel lobby, you may find her articles introducing wine and cheese stories and pairing techniques.



Being a mysterious Scorpio, **Mr. Tank Tan** is considered to be the hottest sommelier in town even he drinks 2 cans of beers every night before he sleeps. He is a holder of Wine and Spirit Education Trust Advance Certificate and Court of Master Sommeliers. This young man currently works as a hotel sommelier and restaurant manager at Westin Shenzhen. Before he joins the Starwood group, he spent 6 years in Shangri-la Hotel Ningbo. If you would like to hang out with Tank, remember to update your google map and GPS, since it is his daily routine to get lost no matter where he is. Surprisingly, he never gets lost in the world of wine aromas. If you would like to see his wild side, give him Pu'er tea and take him to the dance floor. If you would like to see a charming gentleman, go to his restaurant and order a glass of wine, you will be definitely impressed by his perfect serving skills and smart advice on food and wine pairing.

**Registration:** <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=3769349>

**Eligibility:** Students aged 18 or above

**Deadline:** 7<sup>th</sup> Nov 2017

**Deposit:** \$100 (Refundable with completion of the activity)

\*Please submit the deposit in cash to the College Office within office hours before the application deadline for successful registration and seat reservation.

**Enquiries:** Valentina Tsang ([valentinatsang@cuhk.edu.hk](mailto:valentinatsang@cuhk.edu.hk) / 3943 3988)

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## 7. Fitness Consultation Sessions 健身訓練諮詢

**Fitness Consultation Session**  
健身訓練諮詢

Fitness Trainer is at our College Gymnasium!!!

Keep-fit plan?

Proper use of fitness equipment?

Consult our Certified Fitness Trainer!  
Ms. LEUNG Ka Cheuk

**Period:** 7<sup>th</sup> Sep – 30<sup>th</sup> Nov 2017 (Every Thursday, except Public Holidays)  
**Time:** Thursday 6:30-8:30pm  
**Venue:** College Gymnasium  
**Target:** Wu Yee Sun students and staff (no prior application is required)  
**Enquiries:** Miss Kathy Fong (3943-3942/ [kathyfong@cuhk.edu.hk](mailto:kathyfong@cuhk.edu.hk))

If you want to keep fit or build up your body, join us in the College's Gymnasium! Fitness consultation sessions are NOW available. You can seek instructor's advice on the use of fitness equipment, body fitness or other health-related issues during the sessions. The details are as follows:

Period: 7<sup>th</sup> Sep – 30<sup>th</sup> Nov (**Every Thursday, except Public Holidays**)

Time: Thursday 6:30-8:30pm

Venue: College Gymnasium



Instructor: Ms. Ka-cheuk Leung (Thursday)

Target: Wu Yee Sun students and staff (no prior application is required)

Enquiries: Miss Kathy Fong ([kathyfong@cuhk.edu.hk](mailto:kathyfong@cuhk.edu.hk) / 3943 3942)

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## College Announcements 宣佈事項

### 1. Temporary Closure of College Catering Outlets at Chung Yeung Festival

All catering outlets at Wu Yee Sun College will be temporarily closed on 28<sup>th</sup> October (Saturday) for Chung Yeung Festival.

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### 2. Exchange and Travel Grant/Loan 2017/18

College students with financial needs who are selected for semester or year exchange programmes or going overseas for summer activities/exchanges may apply for Exchange and Travel Grant/Loan.

There are different rounds of applications. **For programmes/activities held in Oct 2017 - Jan 2018, the application is now open until to 14<sup>th</sup> Dec 2017.**

For programmes/activities held in Feb - May 2018, application will be open from 15<sup>th</sup> Dec 2017 to 14<sup>th</sup> Apr 2018.

Check out the following link for more information including eligibility:

[http://www.wys.cuhk.edu.hk/cms/wp-content/files\\_mf/1502848874ExchangeandTravelGrantandLoan2017182nd.pdf](http://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1502848874ExchangeandTravelGrantandLoan2017182nd.pdf)

For enquiries, please contact Miss Rebecca Wong at [rebecca\\_wong@cuhk.edu.hk](mailto:rebecca_wong@cuhk.edu.hk) or Miss Yolinda Wong at [yolindawong@cuhk.edu.hk](mailto:yolindawong@cuhk.edu.hk)

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### 3. "Meet the Dean" Hours 輔導長時間

"Meet the Dean" Hours is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned. The session is hosted by:

- Professor Man-hong Lai (黎萬紅教授), College Dean of Students and Associate Professor of Department of Educational Administration and Policy
- Professor Ming-kay Poon (潘銘基教授), College Associate Dean of Students and Associate Professor of Department of Chinese Language and Literature
- Dr. Lancelot W.H. Mui (梅維浩博士), College Associate Dean of Students and Lecturer of The Jockey Club School of Public Health and Primary Care

Every Sunnie is welcome!

#### **Academic Year 2017-18**

Date: Every Wednesday

Time: 4:30 - 5:30pm

Venue: Dean of Students Office, Room UG09, Wu Yee Sun College

If you would like to register or have any questions, please feel free to contact Miss Sonia Yu ([soniayu@cuhk.edu.hk](mailto:soniayu@cuhk.edu.hk) / 3943 3937) or Miss Katie Yu ([katieyu@cuhk.edu.hk](mailto:katieyu@cuhk.edu.hk) / 3943 3935)

#### **"Meet the Dean" Tea Gathering**

Any thoughts about College life? Join the afternoon tea and share with our Dean of Students and Associate Deans of Students.

Date: 25<sup>th</sup> Oct, 15<sup>th</sup> Nov

Time: 4:30 - 5:30pm

Venue: College Staff Dining Room

Registration: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=4050386>

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### 4. Student Pastoral Care

Sometimes you find yourself with these negative emotions: lost, alone, aimless or confused as you adjust to university life or pursue personal growth. Share your feeling with others will help release your emotions and gain new perspectives! DON'T be



afraid to ask for help. Our College Dean of Students would be more than happy to speak to you and give you advices, below are the contact numbers you may wish to know.

1) You are welcome to speak with our College Dean of Students when you have problems that need resolving. Please call 3943 3942 for arrangement.

2) You may also approach the University's Student Counselling and Development Service at 3943 7208 for help.

3) A 24-hour Emotional Support Hotline is also launched to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations. The hotline number is 5400 2055.

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## 5. Wu Yee Sun College Sports Teams Tryouts (1<sup>st</sup> term, 2017-2018) 2017-2018 上學期伍宜孫書院院隊選拔時間表

For the tryout of Athletic Team (Men and Women), please contact Mr. Nelson LAM ([nelsonlam@cuhk.edu.hk](mailto:nelsonlam@cuhk.edu.hk) / 39433987) to arrange according to Field/ Track Events before 27<sup>th</sup> Oct.



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## 6. WYS's Got Talents

Are you interested in or excellent at **photography, video-production, art & design, simultaneous interpretation** or being the **Master of Ceremonies**? Or do you have any other talents to showcase?

The College is recruiting all sorts of talents to contribute in various College events including the upcoming College Opening and Anniversary Ceremony, College Forum and Assembly...etc. Registered students may be invited to assist in different occasions. Don't hide your talents, shine in the College!

*P.S. CREATIVITY COUNTS!!!*

Let us know what you are interested in and excellent at: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838>

Enquiries: Miss Kathy Fong (3943 3942/ [kathyfong@cuhk.edu.hk](mailto:kathyfong@cuhk.edu.hk))

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## College Funding & Award Schemes (for Year-round Application) 書院資助及獎勵計劃 (全年可供申請)

### 1. Mingle Fund

Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College. The Fund supports self-initiated activities with participation of both local and international/ incoming exchange students. Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity. For more info, please visit: <http://www.wys.cuhk.edu.hk/exchange.php?cat=others>.

For enquiries, please contact Miss Kathy Fong at [kathyfong@cuhk.edu.hk](mailto:kathyfong@cuhk.edu.hk) or 3943 3942.

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### 2. Sports for Life Award Scheme 體育運動參與獎勵計劃

**WU YEE SUN COLLEGE**  
**SPORTS FOR LIFE**  
**AWARD SCHEME**  
 體育運動參與獎勵計劃

*Sports for Everyone!*

- Exercise your bodies!  
 - Healthy lifestyle!!

Earn points by participating College's sports activities and gain prizes!  
 Points will accumulate till graduation!  
 通過參與書院體育活動儲分, 換領獎品!  
 獎分更可一直累積至你畢業為止!

Prize 獎品

Water Bottle 水樽 - 40 points  
 Sports Towel 運動毛巾 - 30 points

Prize Redemption 獎品換領

Step 1: Check your points: <http://bit.ly/WYSSportsForLife>  
 Step 2: Redeem the prize at Dean of Students' Office at the end of semester (Exact period will be notified via email)  
 學期末到學生輔導處換領獎品 (確實換領日期經電郵通知)

Enquiries 查詢: Miss Kathy Fong (3943-3942 / [kathyfong@cuhk.edu.hk](mailto:kathyfong@cuhk.edu.hk))

Wanna move your body and get a prize in the same time?!

Sports for Life Award Scheme aims at motivating students to take part in more College's sports activities and exercising regularly for a healthy life. Students can earn award points for participating in College's sports activities and gain prizes!

**How to join?** You will be enrolled into the Scheme after joining your first sports activity!

**How to redeem prizes?** Check your accumulated points at <http://bit.ly/WYSSportsForLife>! Redemption will be arranged by the end of every semester.

**Updated Activities:**

[Round Campus Run](#) (15 points)

Enquiries: Miss Kathy Fong ([kathyfong@cuhk.edu.hk](mailto:kathyfong@cuhk.edu.hk) / 3943 3942)

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**3. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃**

Life begins at the end of your comfort zone!

A **SMALL** change can make a **BIG** difference!

If you are planning for any short-term projects containing elements of Creativity, Entrepreneurial Spirit or Social Responsibility, apply "Be Entrepreneurial!" Funding Scheme.

To provide more support to students, the maximum funding amount has been raised to **\$20,000!!!**





**Maximum Funding Amount:** HK\$20,000

**Eligibility**

- ✓ All WYS undergraduate students
- ✓ Individual and Group projects (*the group must comprise of at least 50% WYS students, other 50% may be students from other Colleges*)
- ✓ Applications are welcome all year round.

What are you waiting for? Click [HERE](#) to find out more information!

Enquiries: Ms Florence Tsui ([florencetsui@cuhk.edu.hk](mailto:florencetsui@cuhk.edu.hk)/ 3943 9767)

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**4. Global Learning Award Scheme (Winter Round) 寰宇學習獎勵計劃 (冬季)**

If you are planning to expand your wisdom and horizon with support from the scheme, ACT NOW! The scheme supports Wu Yee Sun College students to create, design, plan or participate in non-local academic or experiential learning programmes outside Hong Kong, in order to broaden students' international perspectives and enrich their experiences. The quality of the proposals and applicants' track records are the main considerations in evaluating applications. This Scheme is divided into Short-term and Long-term Scheme. Successful applicants will be awarded "Global Learning Award", which is a merit-based award and the maximum award amount varies for programmes of different length and nature.

	Programme Length	Programme nature	Maximum Award amount
<b>Short-term</b>	Shorter than one month	Self-initiated programmes	HK\$12,000 or 100% of particular items ( <i>whichever is lower</i> )
		*Participating in organized programmes	HK\$5,000 or 50% of particular items ( <i>whichever is lower</i> )
<b>Long-term</b>	One to six months	Self-initiated programmes	HK\$15,000 or 100% of particular items ( <i>whichever is lower</i> )
		*Participating in organized programmes	

*\*Programmes organized by the College and Term-long Exchange Programmes will not be considered for this scheme.*

The sooner you submit your application, the quicker to receive feedbacks, and more time to improve the contents. Comment from College Exchange Committee members on proposal of self-initiated programmes could be sought by sending request to [kathyfong@cuhk.edu.hk](mailto:kathyfong@cuhk.edu.hk). The request shall be made at least month before application deadline together with submission of the completed proposal, budget plan and application form.

Application is opened twice a year - Winter and Summer Round.

Round	Applying for trips taken during (for trips overlapping both rounds, <u>first date</u> of the trip shall determine the application period)	#Application period
Winter	1 <sup>st</sup> Nov - 30 <sup>th</sup> Apr	1 <sup>st</sup> May - 31 <sup>st</sup> Oct
Summer	1 <sup>st</sup> May - 31 <sup>st</sup> Oct	1 <sup>st</sup> Nov - 30 <sup>th</sup> Apr

*\*application documents shall be submitted to DOS Office by the last working day within the application period.*

Know more about the details and [apply](#)! Please contact Miss Kathy Fong ([kathyfong@cuhk.edu.hk](mailto:kathyfong@cuhk.edu.hk) / 3943 3942) if you have any enquiries.

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## 5. Service-learning project Funding Scheme 服務學習項目資助計劃



The poster features a collage of photos at the top showing students engaged in various service-learning activities. Below the photos, the title '服務學習項目資助計劃' and 'Service-learning Project Funding Scheme' are prominently displayed. The text describes the scheme's purpose: to support meaningful service-learning projects worldwide. It lists the funding amount as HK\$5,000 - \$80,000 and provides contact information for Miss Katie Yu. At the bottom, the WU YEE SUN COLLEGE logo and the slogan 'TAKE the INITIATIVE to make your service-learning projects come TRUE!' are included.

想在四年大學生活中策劃一些有意義的服務學習活動?  
本計劃可讓你實現理想!  
你可以選擇你的服務對象、地點、時間、行程,  
實踐由自己一手策劃的服務學習項目。  
從服務中學習, 從實踐中了解世界!

資助金額  
HK\$5,000 - \$80,000

計劃詳情: <http://www.wys.cuhk.edu.hk/index.php/en/student-life/funding-schemes/331-service-learning-project-funding-scheme>  
申請辦法: 填寫申請表並附上計劃書及相關文件至書院辦公室  
查詢: Katie 余秋萍小姐 (3943 3935 / [katieyu@cuhk.edu.hk](mailto:katieyu@cuhk.edu.hk))

伍宜孫書院  
WU YEE SUN COLLEGE

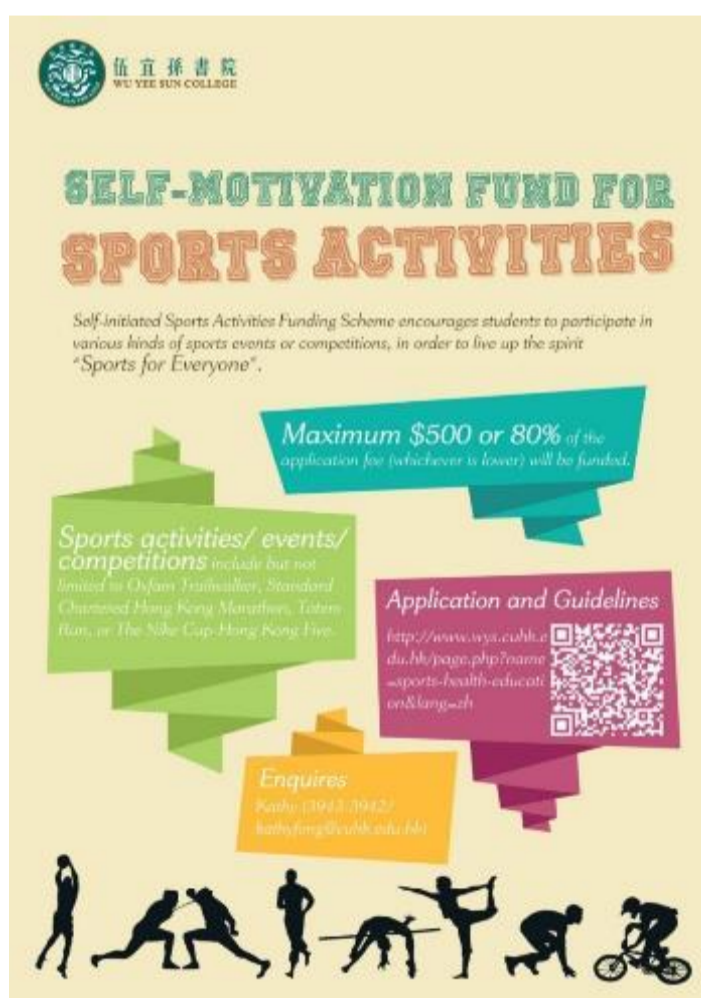
TAKE the INITIATIVE to make your  
service-learning projects come TRUE!

If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's [Service-learning Project Funding Scheme](#) supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project. Learn to serve and serve to learn! Please visit the [website](#) for more info.

Enquiries: Katie ([katieyu@cuhk.edu.hk](mailto:katieyu@cuhk.edu.hk) / 3943 3935)

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## 6. Self-Motivation Fund for Sports Activities 「自選遊」體育活動資助計劃



The poster is titled 'SELF-MOTIVATION FUND FOR SPORTS ACTIVITIES' and features the WU YEE SUN COLLEGE logo. It describes the 'Self-Initiated Sports Activities Funding Scheme' which encourages students to participate in various sports events. Key details include a maximum funding of \$500 or 80% of the application fee (whichever is lower). A list of eligible activities is provided, such as Oxfam Trailwalker, Standard Chartered Hong Kong Marathon, and The Nike Cup-Hong Kong Five. Contact information for Miss Kathy Fong is given, along with a QR code and a website link for application and guidelines. The bottom of the poster shows silhouettes of various sports activities.

伍宜孫書院  
WU YEE SUN COLLEGE

**SELF-MOTIVATION FUND FOR SPORTS ACTIVITIES**

Self-Initiated Sports Activities Funding Scheme encourages students to participate in various kinds of sports events or competitions, in order to live up the spirit "Sports for Everyone".

Maximum \$500 or 80% of the application fee (whichever is lower) will be funded.

Sports activities/ events/ competitions include but not limited to Oxfam Trailwalker, Standard Chartered Hong Kong Marathon, Tabata, Run, or The Nike Cup-Hong Kong Five.

Application and Guidelines  
<http://www.wys.cuhk.edu.hk/page.php?name=sports-health-education&lang=zh>

Enquires  
Kathy (3943 3942 / [kathyfong@cuhk.edu.hk](mailto:kathyfong@cuhk.edu.hk))

**Self-Motivation Fund for Sports Activities** encourages students to participate in various kinds of sports events or competitions, in order to live up the spirit "Sports for Everyone".



The College will subsidize the **application fee** of sports events/ competitions/ activities organized by organization(s) OTHER THAN College. *Oxfam Trailwalker, Standard Chartered Hong Kong Marathon, Totem Run, or The Nike Cup-Hong Kong Five* are some of the examples.

**Funding Amount:** \$500 or 80% of application fee (whichever is lower)

**Guidelines:** <http://www.wys.cuhk.edu.hk/page.php?name=sports-health-education>

**Application:** Please submit application at <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1935668> at least 14 working days BEFORE the start date of the activity. We will notify applicants the results within two weeks.

**Enquiries:** Kathy ([kathyfong@cuhk.edu.hk](mailto:kathyfong@cuhk.edu.hk) / 3943 3942)

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## Other Activities & Announcements 其他活動及宣佈事項

### 1. Stress Management Workshop 壓力管理工作坊



<活動由學生事務處心理健康及輔導中心主辦>

日期: 2017年11月13日(一)

時間: 6:00 - 7:30pm

地點: 康本國際學術園 401室

語言: 廣東話

內容: 透過分享、互動遊戲及練習及練習, 讓同學掌握有效管理壓力的竅門, 包括:

- 明白壓力的癥狀與影響
- 掌握有效管理壓力的方法
- 如何進行鬆弛練習

對象: 中大全日制學生

名額: 30人

報名: <https://webapp.itsc.cuhk.edu.hk/ras/restricted/eventlist?id=67>

查詢: 3943 7208 / [wacc@cuhk.edu.hk](mailto:wacc@cuhk.edu.hk)

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### 2. Alibaba Internship Programme with AIESEC in CUHK



<The information is prepared by AIESEC in CUHK>

This 6-month-long internship targets at YEAR 3+ university students. As you have entered our company, opportunities are awaiting where you will be able to gain hands-on experience to work under the Alibaba ecosystem. The entrepreneurial mindset you are going to acquire, is all that you need for developing your future career!

Apply for Internship Programme: [ent-fund.org/en/hongkong/internship/program](http://ent-fund.org/en/hongkong/internship/program)

More information: [goo.gl/v1QHpA](http://goo.gl/v1QHpA)

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### 3. HSBC Overseas Scholarship 2018/19 Now Open for Application

The scholarship will enable **local non-final year full-time undergraduate students** to spend a semester or an academic year as a visiting student or an exchange student at one of the overseas universities selected from the List of Overseas Universities. The maximum total value for each scholarship is HK\$300,000, which can only go towards tuition fees and mandatory college fees, a minimum economy return airfare, reasonable room and board costs, books, a small portion of living expenses and visa application fees.

Details of the Scholarship and its application form can be downloaded from <http://admission.cuhk.edu.hk/> (Financing Your Studies à Scholarships → Open for Applications). The application deadline is **28<sup>th</sup> Dec 2017**.

For enquiries, please contact the Scholarships and Financial Aid Section, Office of Admissions and Financial Aid at 3943 7204 or [sfas@cuhk.edu.hk](mailto:sfas@cuhk.edu.hk).

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#### 4. Edwin S H Leong Hughes Hall Scholarship 2018/19

To enable students of outstanding academic merit from CUHK who need support to pursue postgraduate study at The University of Cambridge, Dr. Edwin Leong will donate a scholarship tenable at Hughes Hall in Cambridge for an outstanding graduate from CUHK to pursue a one-year full-time study at Master's level, either for a taught or research degree, in the academic year 2018-19.

The maximum value of the Scholarship is £32,000 (subject to confirmation) which may cover, in full or in part, the following:

- the University Composition Fee;
- the College fee;
- a maintenance allowance to take care of board and lodging set each year by the Cambridge Overseas Trust and a settling-in fee;
- the cost of one return airfare between Hong Kong and the United Kingdom by the most economical route

The Scholarship shall only be awarded to the CUHK alumni who graduated within the recent 3 years (i.e. 2015, 2016 and 2017 classes). It may also be awarded to a final-year student contingent upon graduating from CUHK before taking up the Scholarship.

Details of the Scholarship and its application form can be downloaded from our website at <http://admission.cuhk.edu.hk/> (Financing Your Studies à Scholarships → Open for Applications). Completed application together with ALL the supporting documents must reach the Scholarships and Financial Aid Section, Office of Admissions and Financial Aid, Room 1202, 12/F, Yasumoto International Academic Park by 5:30 p.m., 1<sup>st</sup> Dec 2017 (Hong Kong time). Late or incomplete applications will not be processed.

For enquiries, please contact the Office of Admissions and Financial Aid at [sfas@cuhk.edu.hk](mailto:sfas@cuhk.edu.hk) or 3943 7204.

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#### 5. International Symposium on Health Care Communication

The International Symposium on Healthcare Communication, organized by the Australian National University (ANU) Institute for Communication in Health Care (ICH), will be held at Australian National University in Canberra on 12<sup>th</sup> & 13<sup>th</sup> Feb 2018. The Institute will be launched at its new location at ANU, and the Institute's ongoing role as the Asia-Pacific Healthcare Hub of Charter for Compassion International will be honoured.

The Symposium will feature, amongst others, the following speakers:

- Associate Professor E. Angela Chan (Hong Kong Polytechnic University),
- Dr. Suzanne Eggins (Australian National University),
- Dr Sam Heard (Medical Director, Central Australian Aboriginal Congress),
- Dr. Katarzyna Jankowska (Nicolaus Copernicus University, Poland),
- Professor Rodney Jones (University of Reading - UK),
- Professor Emerita Suzanne Kurtz, (Washington State University -US and University of Calgary - Canada)
- Professor May O. Lwin (Nanyang Technological University - Singapore),
- Professor Christian Matthiessen (Chair Professor, Hong Kong Polytechnic University),
- Dr Elizabeth Rider (Harvard Medical School - US),
- Professor Peter Schulz (University of Lugano - Switzerland),
- Dr. Marilyn Turkovich (Exec. Director, Charter for Compassion International)

... plus international leaders in the field of healthcare communication

Registration can be done on [Eventbrite](#) (formal sale of tickets to follow).

[More info on the symposium](#)

[More info on the Institute for Communication in Health Care](#)

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#### 6. Invitation to 《The Hunting Ground》 Movie Screening & Discussion Forum 《The Hunting Ground》電影放映及座談會





防止性騷擾委員會、社會工作學系、性別研究課程與風雨蘭於 10 月 26 日合辦《The Hunting Ground》電影放映及座談會。電影 *The Hunting Ground* 自 2015 年發行起，在全球超過一百間教育機構播放，亦包括美國白宮。電影以美國大學校園內的性侵文化為題目，紀錄了受害人的自我剖白及推進法律改良的過程。詳情請瀏覽[網頁](#)。

日期：2017 年 10 月 26 日（星期四）

時間：下午 6 時 30 分至 9 時

地點：香港中文大學康本國際學術園 3 號演講廳

講者：防止性騷擾委員會馮應謙教授

關注婦女性暴力協會風雨蘭總幹事王秀容女士

語言：英語配以中文字幕

（座談會以廣東話進行）

報名請[按此](#)，歡迎所有中大教職員、學生及校友參加。

查詢請致電 3943 1721 或電郵至 [pash@cuhk.edu.hk](mailto:pash@cuhk.edu.hk)。

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## 7. The Standard Chartered Hong Kong Marathon – CUHK Marathon Team

The Standard Chartered Hong Kong Marathon will be held on 21<sup>st</sup> Jan 2018 (Sunday). CUHK will form its own marathon team once again. We welcome all CUHK/CUSCS students, staff, alumni and their relatives and friends to join the team and take up the challenge together!

**Each team member will be entitled to the following exclusive benefits:**

- 1) A CUHK running tee-shirt or singlet specially designed for sports runners, sponsored by [Antonhill Co. Ltd.](#)
- 2) Participation in marathon seminar and training to be conducted by the professionals from the Department of Sports Science and Physical Education, the Physical Education Unit and the Department of Orthopaedics and Traumatology, CUHK.
- 3) On-field physiotherapy provided by the CUHK Sports Medicine Team on the race day.
- 4) A souvenir from the CUHK booth located at the finishing area.
- 5) Support from CUHK cheerers along the racing routes.
- 6) Taking photos along the race routes and at the CUHK booth (You are welcome to download the photos as mementos, for free, from our website).

**Registration procedure is as follows:**

### Step 1

To be a member of the CUHK Marathon Team, a runner must be a successful registrant who has received a reference number (eg. R-12345678 / C-12345678) from the Organiser of the Standard Chartered Hong Kong Marathon in the result announcement of its public ballot system released on 21<sup>st</sup> Sep 2017.

### Step 2

Starting from now, successful registrants of the Standard Chartered Hong Kong Marathon can then register for the CUHK Marathon Team on the [CUHK Marathon website](#). Registration will be closed on 17<sup>th</sup> Nov 2017.

To know more about the CUHK Marathon Team, please check out our website at [www.cuhk.edu.hk/cpr/marathon](http://www.cuhk.edu.hk/cpr/marathon). For enquiries, please email to [marathon@cuhk.edu.hk](mailto:marathon@cuhk.edu.hk), or call 3943 3173.

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## 8. Student Residence Bursary Scheme 2017/18 學生宿舍助學金計劃 2017/18

To be eligible to apply for the CUHK Student Residence Bursary 2017/18, applicants must:

- (1) be local full-time undergraduate students;

- (2) be registered residents of the hostel and have resided in hostel for at least 75% of the time of the term;
- (3) have average monthly household income (during 1<sup>st</sup> April 2016 to 31<sup>st</sup> March 2017) lower than the median of the monthly household income published in the most recent Quarterly Report on General Household Survey by the Census and Statistics Department (Please refer to the Guidelines for the monthly household income bandings);
- (4) be not able to benefit from Community Care Fund (CCF) hostel subsidy or receive less than \$1,300 per term under the CCF hostel subsidy.

#### Amount of Bursary

1. For eligible needy students who are not able to benefit from CCF hostel subsidy, the value of each bursary will be \$1,300 per term.
2. For eligible needy students who receive less than \$1,300 per term under CCF hostel subsidy, the value of each bursary will be the difference between \$1,300 and the approved amount of CCF hostel subsidy.
3. The maximum amount of bursary for residents of all types of shared rooms will be the same.

#### Application Procedures

1. Eligible students who live in hostel for the first term or the whole year should submit their online application in Chinese University Student Information System (CUSIS)  
(Website: <http://www.cuhk.edu.hk/cusis>; MyCUHK > CUSIS and MyStudy > Financial Aid Online Appl Form > Public Application > click the magnifying glass to select "Student Residence Bursary") during the application period **from 4<sup>th</sup> September to 31<sup>st</sup> October 2017**.
2. Applicants should print out Section 7 of the online application form and submit together with the supporting documents to the College on or before the application deadline.

For enquiries, please contact the Office of Admissions and Financial Aid at 3943 1898 or 3943 7205.

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### 9. 網上心理健康計劃－《心導遊》

(由香港中文大學心理學系舉辦)

此項計劃由香港中文大學心理學系「多元文化及全人健康研究室」研究助理 黃小姐及黃先生「《心導遊》計劃」(研究編號: 1118011)

「心導遊」

預防抑鬱症及焦慮症的網上研究計劃

本計劃的參加者必須符合以下條件:

1. 年滿十八歲或大學生
2. 能夠閱讀及理解廣東話
3. 具高風險會患上抑鬱症或焦慮症
4. 本計劃適合患上抑鬱症、躁狂抑鬱症、廣泛焦慮症、精神分裂症譜系疾患或有自殺傾向人士

\*詳情請參閱網頁或致電香港中文大學心理學系的黃小姐

網上登記:  
<http://www.psy.cuhk.edu.hk/tourheart/>

首180名合資格參加者，於完成課程及課後各階段評估的參加者，均可獲得港幣\$100，最高合共\$300之答謝金。(答謝金將為現金或同等金額之現金券)

如有查詢，歡迎於辦公時間致電多元文化及全人健康研究室研究助理 黃小姐 3943-4189 或電郵 [swywong@psy.cuhk.edu.hk](mailto:swywong@psy.cuhk.edu.hk)

Department of Psychology  
Diversity & Well-being Laboratory  
The Chinese University of Hong Kong

#### 簡介:

在忙碌的都市生活中，你有覺得疲累、心情低落，或是不安、焦慮嗎？工作上的責任和重擔，有令你感到負荷不來嗎？你覺得沒有時間，但又想為到自己既心理健康做些什麼？《心導遊》是一個為期八至十個星期的網上心理健康研究計劃。目的旨在提升大眾生活質素及心理健康，並預防廣泛性焦慮症及抑鬱症。在心導遊這個旅程之中，我們會從旁輔助你。希望你在過程之中，學習、練習、以及反思，並預備好去面對充滿未知、驚喜以及挑戰的人生。

#### 詳細內容:

- i) 對象：18 歲以上，能閱讀及理解廣東話，具高風險會患上抑鬱症或焦慮症，而未曾確診患上抑鬱症、躁狂抑鬱症、廣泛焦慮症、精神分裂症譜系疾患或有自殺傾向的人士參加。
- ii) 《心導遊》包括了三個不同的課程：思緒遊、靜觀遊、知識遊。合資格的人士將會被隨機分派到以上三個課程的其中一個，每個課程為期約六個星期。參加者只需每星期花約半小時，就能提升自己的心理健康或對心理健康的認識。
- iii) 參加者需於課前、第六節課後、完成課程後三個月及九個月後於網上填寫有關精神健康的問卷以檢討計劃成效。
- iv) 為鼓勵參與，首 180 名完成課程及課後各階段評估的參加者，可獲得港幣\$100，最高合共\$300 的答謝金（答謝金將為現金或同等金額的現金券）。答謝金將於會面評估後派發。  
有興趣參加的人士，可於網上登記（<http://www.psy.cuhk.edu.hk/tourheart/>），並填寫一份簡單問卷。我們將會預約初步合資格的參加者到香港中文大學進行簡單的會面評估，以確定符合參加條件。  
如有查詢，歡迎於辦公時間致電多元文化及全人健康研究室研究助理 黃小姐 3943-4189 或電郵 [swywong@psy.cuhk.edu.hk](mailto:swywong@psy.cuhk.edu.hk)。



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