

Sunny Review 上周回顧

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- 1. Self-Motivation Fund for Sports Activities 「自選遊」體育活動資 助計劃 < Updated >
- 2. <u>Global Learning Award Scheme (Winter Round) 寰宇學習獎勵計</u> <u>劃 (冬季)</u>
- 3. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃
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- 5. Sports for Life Award Scheme 體育運動參與獎勵計劃 <Updated>

College Announcements 宣佈事項

- 1. College Hostel Room Share Scheme 特別宿位計劃 <New>
- 2. Free Access of Creativity Laboratory (clab) <New>
- 3. College Hostel Grant 2016/17 Application Now Open 2016/17 年度書院住宿助學金 現已開始接受申請 <New>
- 4. <u>College Student Grant/Loan 2016/17 Application Now Open</u> (for Non-Freshmen ONLY) < New>
- 5. 健康零食售賣機試食及投票活動 Tasting and voting event for healthy snacks available at new vending machine <New>
- 6. Registration for College Inauguration Assembly (23rd Sep), Forums & High Table Dinner 2016/17 < Updated>
- 7. The "Sunny" Award & Admission Scholarship for Outstanding Artistic Achievements 2016/17 Now Open for Application 2016/17 年度 The "Sunny" Award 及藝術傑出入學獎學金 現已開始接受申請
- 8. Application for Deferment of Fees 2016/17
- 9. Wu Yee Sun College Sports Teams Tryouts (1st term, 2016-2017)
- 10. <u>Locker Application for Non-residents and Student</u> Organizations (2016/17) 書院儲物箱申請 (2016/17)
- 11. <u>Cash coupons for Taiwanese Drinks and Frozen Yogurt 台式</u> 飲品及冰乳酪現金券
- 12. 天生我才? WYS's got TALENTS?
- 13. <u>"Meet the Dean" Hours & Lunch Gathering 輔導長時間及午餐</u>聚會
- 14. Exchange and Travel Grant/Loan 2016/17
- 15. Student Pastoral Care

Other Activities & Announcements 其他活動及宣佈事項

- 1. <u>University Bursaries and Loans 2016/17 大學助學金及免息貸款</u> (For eligible full-time local undergraduate students)
- 2. Student Residence Bursary Scheme 2016/17
- 3. Helix Scholarship 2016/17
- 4. Li Kwan Hung Education Fund 2016/17 李鈞洪教育基金
- 5. <u>CUHK Scholarship for Remarkable Endeavour for Admission</u> 2016/17
- 6. Government Tertiary Student Finance Scheme (TSFS) and Non-means-tested Loan Scheme (NLSFT) 2016/17 政府資助專上課程學生資助計劃/全日制大專學生免人息審查貸款計劃
- 7. The Rhodes Scholarship 2017
 8. Bei Shan Tang Foundation Scholarship Tenab
- 8. <u>Bei Shan Tang Foundation Scholarship Tenable at Stanford</u> University 2017/18





1. Green Team Member Recruitment: Salad Jar Making 綠色小組迎新傾莊活動:沙律罐製作



Yummy yummy! Whoever doesn't like eating greens should have joined the Green Team's Salad Jar Making workshop and change their mind! Fresh tomatoes, leafy greens, sweet corns, cheese and different sorts of dressings... they don't only taste good but also look colorful and can cheer up your day. You know what's even better? Join the Green Team and grow your own crops at our rooftop garden! This will bring a whole new meaning to eating fresh! More Green Team member recruitment activities will be held in the coming few weeks. Scroll down to learn more!

2. Resident Association Orientation Activities 宿生會迎新活動



Resident Association gave new residents a big welcome to the hostel community last week. The interesting games they prepared helped new comers to break ice and make friends, and the hotpot dinner was simply joyful and filled with laughter! This is a good start for residents' hostel life this year, and the bonding among hallmates will certainly be strengthened by a series of activities and supports from the Resident Association that follows. Like their <u>Facebook Page</u> for news and updates!



3. Mooncake Night for Incoming Exchange Students



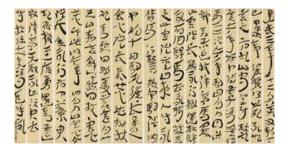
International Team organized a mooncake night for exchange students in the College on 14th Sep. They gathered at Sky Garden and enjoyed the moonlight, various types of mooncakes, and festive fruits. Most exchange students tasted the traditional mooncakes and played lanterns for the very first time. The joyful moments shared by local and exchange students were remarkable!





1. Hop Wai Art and Cultural Programme: Visiting Artists of 2016/17 Autumn (Chinese Only) 治蕙藝文計劃 2016-17 年度訪問藝術家活動(只有中文)

厚蒙治蕙堂慨贈支持,香港中文大學伍宜孫書院、崇基學院及聯合書院邀得兩位內地著名篆刻及書法家擔任訪客藝術家,於 2016 年 10 月 4 日至 14 日舉辦一連串活動,與中大員生分享創作心得。









訪問活動如下:

書法工作坊

日期: 甲班: 2016年10月4,6,11,13日(星期二及四)/乙班: 2016年10月5,7,12,14日(星期三及五);即共四節

時間:晚上7:00 - 9:30

地點:中大校園

費用:材料費 \$20 (自備大、小毛筆各一支) 或 \$110 (代購大、小毛筆各一支);另收按金 \$100 (可於出席所有課堂後退還)

語言:普通話

對象:伍宜孫書院、崇基學院及聯合書院同學

報名:https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1990714(名額有限,先到先得)

講座一:對中國書法的幾點認知

主講:張愛國教授

日期:2016年10月6日(星期四)

時間:下午 3:30 – 5:00 **地點:** 伍宜孫書院演藝廳

語言:普通話

對象:伍宜孫書院、崇基學院及聯合書院同學、教職員及校友

報名: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1990842

講座二:儒家思想與書法教育

主講:汪永江教授

日期: 2016年10月13日(星期四)

時間:下午 3:30 – 5:00 **地點:**伍宜孫書院演藝廳

語言:普通話

對象: 伍宜孫書院、崇基學院及聯合書院同學、教職員及校友

報名: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1990842

借古開今 -- 張愛國、汪永江書法篆刻聯展

日期:2016年10月5日至14日 地點:崇基學院行政樓大堂展覽廳

開幕禮謹訂於 2016年10月5日上午11時30分舉行

查詢:

曾煒婷小姐 (3943-3988) 石曉風女士 (3943-1615)

2. c!ab 招莊活動

<The content is drafted by clab student conveners 內容由創意實驗室幹事會撰寫>



【喂喂喂! c!ab 招莊啦!】

想知道 clab 要做啲咩、可以做啲咩?嚟 O Night 同傾莊啦!

O Night (BBQ): 21 Sept 18: 30@c!ab 門外集合

***報個靚名(以免浪費食物~去綠!):<u>www.goo.gl/QIr3Wu</u> ***

傾一(木工): 26 Sept 19:30@c!ab (改咗日期留意返!)傾二(打邊爐): 6 Oct 18:30@c!ab

 傾三(打邊爐)
 : 6 Oct 18:30 @ clab

 傾三(藍染/絲印)
 : 11 Oct 19:30 @ clab

 成莊日
 : 21 Oct 19:00 @ clab

*三次傾莊最少出席兩次 *

有咩問題可以搵 Candice Ng(9201 8285)喋!好期待見到你地!想知我地有咩 update?記住 like 埋我地個 Facebook page <u>WYS c!ab</u> <u>CUHK</u> 呀!

3. The Way To Success Course (TWTS) 成功之道



The Way To Success Course (TWTS) teaches students how to be successful leaders and focuses on students' holistic development. Seasoned business executives and experts in international education collaborate to build the TWTS curriculum and teach TWTS courses, resulting in a programme rich in practical experience, real-world professional skills and mentorship opportunities. Students will have a solid understanding of themselves as significant and responsible individuals, and understand their personal and corporate responsibility to others. They become positive influencers in their daily lives and chosen professions, and are recognized for their personal character, employability, social responsibility, and cross-cultural skills.

Course Description

The Way To Success introduces students to the concepts of servanthood, integrity and soft skills leadership in both theory and practice. The curriculum focuses on the identification and integration of soft skills and how these can be utilized to impact the student personally and their spheres of influence.

Objectives

At the completion of this course, students will obtain:

- An increased ability to manage adversity and overcome life's challenges.
- A positive outlook on themselves and the world around them.
- Soft skills for interacting effectively and harmoniously with other people.
- Inspiration and strategies to make a positive contribution to their community.
- Increased focus on serving others' needs.

Prospective Students

This course is for students who want to better equip themselves to achieve their personal and professional goals. In particular, students who aspire to leadership will benefit greatly from this course.

Course Details

Venue: W112, Wu Yee Sun College

Language: English

Course Fee: \$850 (Full refund with 100% attendance)

Date	Time	Module	
8 Oct 2016 (Sat)	10am - 1pm	They Way to Success	
15 Oct 2016 (Sat)	10am - 1pm	Communication with Impact	
5 Nov 2016 (Sat)	10am - 1pm	Life Management	
12 Nov 2016 (Sat)	9am – 5pm	Trust & Integrity	
		Servant Leadership	
		Failing Forward	

Registration: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2127791

Application deadline: 5 October 2016

For details of the teachers and mentors, please click <u>here</u>.

Enquiries: Miss Valentina Tsang (<u>valentinatsang@cuhk.edu.hk</u> /3943 3988)

4. 伍宜孫書院 2016 第一場 Unplugged Music Show 2016 1st Unplugged Show in Wu Yee Sun College

<The content is drafted by WYS Underground Band 內容由伍宜孫書院地下樂隊撰寫>



地下樂隊終於搞兩年黎既第一個活動,就係 Unplugged Show 啦。

c!ab & WYS Underground Band presents <u>伍宜孫書院 2016 第一場 Unplugged</u> <u>1st Unplugged Show in Wu Yee Sun College</u>

活動詳情 Details

日期 Date: 9月27日(二)27 Sept (Tue)

時間 Time: 8:00 pm

地點 Venue: Creativity Lab (UG/f) 費用 Fee: 免費 Free of charge

器材提供 Equipment for use

Cajon x 1 (Special thanks: Johnson Ma)

結他音箱 Guitar amp x 2 (Special thanks: Suko Lau)

咪架 Mic stand x 1

譜架 Sheet music stand x 2 (Special thanks: Johnson Ma)

咪 Microphone x 2 燈光提供 Timothy Cheng

如果想表演既話可以入去填張 form

If you would like to perform, please fill out the form at https://docs.google.com/.../1eZuUbJ3YvwNpO-Zcx9fF4Ccu5M2YNxf.../

If you have any questions, feel free to reach me. 有問題即管搵 9017 3073 (Derrick)

5. 3-on-3 Basketball Competition 三人籃球賽

<The content is drafted by College Sports Association 內容由伍宜孫書院體育學會撰寫 >



Date 日期: 30/09/2016 Time 時間: 13:30 - 16:30

Venue 地點: U Gym (楊明標室內體育館)

Application 報名: https://goo.gl/forms/JBitXkRmkcKkm58I2

Enquiries 查詢: Jeremiah (9191 4415)

參賽者均可獲得3分PE分

非伍宜孫書院同學亦可組隊參加,但每隊至少有兩位伍宜孫書院同學

₹割₹

- 1. 每場比賽為一節十分鐘,場區為半個籃球場。
- 2. 比賽分為男子組及女子組,每隊最少要有三人,最多只可有五人。
- 3. 每隊必須有兩位或以上的隊員為伍宜孫書院學生。
- 4. 每隊最多可有兩位伍宜孫書院籃球院隊學生。
- 5. 初賽由分組賽開始,分為四組,每組各三隊。每組得勝較多的隊伍出線四強,並以抽籤方法決定準決賽賽程。
- 6. 準決賽的兩隊勝方晉級決賽,而準決賽的兩隊負方便會進行季軍賽。
- 7. 比賽中隊伍可以無限次換出入隊員。

6. House of Sunny Living - Activities highlights in 2016-17 House of Sunny Living 2016-17 年度活動巡禮



音樂放鬆分享會



音樂除了可以陶冶性情,令人心情放鬆,經過繁忙的一天,最好靜下來聽一聽音樂,放鬆一下心情,把整天的繁惱拋諸腦後。音樂有這麼多類型,那些音樂可以幫助我們放鬆心情、紓緩日常的壓力呢?

活動由音樂人鍾一諾教授 (Prof. Roger Chung)帶領

香港中文大學公共衞生學院助理教授,年輕香港男歌手、作曲及填詞人;與其兄<u>鍾一匡</u>組成的<u>鍾氏兄弟</u>是香港知名音樂組合,並獲得多個華語樂壇重要獎項,包括 2012 年全球華語金曲獎「年度最佳爵士藝人」、2014 年華語音樂傳媒大獎「最佳組合」、2014 年 CASH 金帆音樂獎「CASH 最佳歌曲大獎」、「最佳歌詞」、「最佳合唱演繹」等殊榮。2014 年推出本土話題大碟《極》,榮獲華語金曲獎七月份十大唱片首位,並被多個權威樂評網站選為年度最佳大碟。主打歌《時代的顛覆者》更一度被瘋傳於網絡,及被多個傳媒報章稱為「時代之歌」。文學泰斗李歐梵亦曾公開點名鍾氏兄弟為「香港音樂的出路」。此外,鍾教授也是著名唱片監製,曾監製及合作過的音樂人包括上海歌后姚莉、泰迪羅賓、盧冠廷、曾路得、夏韶聲、林一峰、岑靈兒、金培達、Joey Tang、蘇德華、單立文、Eugene Pao、七屆格林美得主歌手 Andrae Crouch、六屆格林美得主 Ukulele 大師 Daniel Ho、台灣名製作人李壽全、台灣金音獎得主林生祥等。

日期:2016年10月19日(星期三)

時間:晚上6:30至8:00

報名: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1987438

《小王子的領悟》讀書會



小王子為什麼要離開玫瑰?狐狸的教導,為什麼能令小王子走出危機,明白馴服的道理?小王子最後選擇將命運交託給毒蛇,真的是明智之舉嗎?

這是許多《小王子》的讀者都會有的困惑。

周保松教授的新書《小王子的領悟》剛剛出版!他會在今次活動分享他對些問題的解讀,帶領讀者進入小王子的世界,尋找那美麗的思想綠洲,並跟同學見見面、簽簽書。

周保松教授簡介

喜歡文學,關心教育,研究政治哲學。著作包括《政治的道德》(2015年獲「香港書獎」)、《自由人的平等政治》、《走進生命的學問》、《相遇》、《政治哲學對話錄》等。英國倫敦政治經濟學院博士,香港中文大學政治與行政學系副教授。曾獲中大校長模範教學獎及通識教育模範教學獎。

日期:2016年10月18日(星期二)

時間:晚上7:00 至 8:30 地點:伍宜孫書院

報名: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1989557

身、心、靈靜坐教室

我們認為,活在繁華的都市裡,每一個人都應該學習靜坐,以令自己能擁有片刻寧靜,就像寧靜可令一杯混濁的水慢慢回復清澈一樣,你選擇學習「身、心、靈靜坐」是為你自己的心靈送上一份最佳的禮物!

「身、心、靈靜坐教室」旨在助你將被煩囂生活導至混濁的心靈平復,令你更清明、更專注、身心更健康! 你只**需練習幾天,就可發現「身、心、靈靜坐」為你帶來的改變。**

導師:周柬妮博士 (Dr. Kanny Chou)

日期:2016年11月17日、24日(逢星期四,共兩堂)

時間:晚上7:00至9:00

按金:港幣\$50 (出席兩堂可獲退回全部按金)

截止日期:11月11日

報名: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1956317

查詢: Miss Valentina Tsang (valentinatsang@ cuhk.edu.hk/3943 3988)

7. English through makeup 化粧學英語



Base, foundation, eyeliner, mascara, do you know how to use them correctly? What's the difference between loose power, pressed powder and two-way cake powder? Bobbi Brown, Estee Lauder, Givenchy Beauty, do you know how to pronounce these brand names precisely?

Come and join our workshop to learn more about basic makeup skill for job interview and normal social occasion!

Instructor: Miss Wong (A professional makeup artist, former English Language Teaching Unit instructor)

Date: 28 September 2016 (Wednesday)

Time: 6:30pm-9:00pm

Venue: W112, Wu Yee Sun College

Deposit: \$50 (Refundable) **Deadline:** 22nd September 2016 Registration: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2040012

You can bring your own makeup tools to do your makeup.

*Please submit the deposit in cash to the College Office within office hours before the application deadline for successful registration and seat reservation.

Place is limited. First-come, first-served. Time of deposit payment will be the determinant.

Enquiries: Miss Valentina Tsang (valentinatsang@cuhk.edu.hk / 3943 3988)

8. WYS Green Team Activity: Shorelines Cleaning at GeoPark 馬屎洲海岸公園清潔



馬屎洲位於吐露港內,被譽為「戶外地質博物館」,其沉積岩是香港第二古老岩層。可惜大量垃圾隨潮汐水流飄流至此,亦由於連島沙洲一帶的水流較平靜,所以該區的海岸垃圾也較容易堆積。保衛生態,海岸清潔,你做得到!

Ma Shi Chau peninsula, situated in Tolo Harbour, is one of Hong Kong's special geological sites. Many different geological features are on display here. The area is made up of sedimentary rocks formed in the Permian, some 280 million years ago. You don't want this place to be buried by tons of rubbish, right? Let's join hands and clean the shorelines!

Date: 24/9/2016 (Saturday) Gathering Time and Location:

13:20 @ College Gallery / 13:25 @ University MTR Station

Activity Time: 14:00 - 17:00

Activities	Time
Briefing 簡介及安全守則	10 mins
Walking to the site 步行至馬屎洲	30 mins
Shorelines Cleaning 馬屎洲海岸清潔	80 mins
Guided Tour 導賞	20 mins
Walking back to shuttle bus 步行至三門仔	30 mins
Conclusion 總結	10 mins
Shuttle bus back to University MTR Station & Wu Yee Sun College	

Leader: Prof Chau. Kwai-cheong, Chairman of Campus Environment Committee

Enrollment:

https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1954607 Enquiry: Andy (3943 9768 / andy_cheung@cuhk.edu.hk)

9. Green Team Member Recruitment 書院綠色小組迎新傾莊 (Chinese Only)



如果 你已經厭倦做食肉獸如果 你想生活增添多點綠 其實 健康飲食都可以好好玩 其實 心動不如行動 黎參加我地既活動啦!!

活動報名: https://goo.gl/forms/EyLZYmQqeUqJiJLe2

10. Liver Health Seminar 肝臟健康勿忽視 健康檢查你要知



肝臟是一個多功能的器官,由於早期的肝病如脂肪肝、肝纖維化、肝硬化或肝癌沒有明顯病徵,因此很容易被忽視。而根據衞生署衞生防護中心資料顯示,肝癌持續是本港的主要致命癌症。你想認識多一點肝臟這個器官嗎?又有甚麼方法可以保護我們的肝臟,預防肝臟疾病? 那就萬勿錯過是次健康講座,講座同時設有肝臟纖維掃瞄測試(Fibroscan),即時檢測你的肝臟健康。

活動內容:

日期: 2016年9月23日(星期五)

時間: 下午 5:15 至 8:00

第一部份:認識常見肝病

第二部份:養肝護肝話中醫

講者: 書院健康生活委員會成員 及 香港中文大學中醫學院 張保亭教授

第三部份: 肝臟纖維掃瞄測試

肝臟纖維掃瞄測試名額已滿,報名參加測試者將被列入為後補名單, 歡迎參加第一及第二部份之講座活動

地點: 伍宜孫書院西座 112 室

語言: 粵語 費用: 全免

講座後設有小食招待

歡迎同學、教職員及教職員家屬參加

報名:https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1782522

查詢:李潔瑩女士 (michelleli@cuhk.edu.hk / 3943 3933)

11. Fitness Consultation Session



If you want to keep fit or build up your body, join us in the College's Gymnasium! Fitness consultation sessions are NOW available. You can seek instructor's advice on the use of fitness equipment, body fitness or other health-related issues during the sessions. The details are as follows:

Period: 8th Sep – 1st Dec (<u>Every Thursday, except Public</u> Holidays)

Time: Thursday 6:30-8:30pm Venue: College Gymnasium

Instructor:



Ms. Ka-cheuk Leung

Target: Wu Yee Sun students and staff (no prior application is required)

Enquiries: Ms. Kitty Lau (kitty_lau@cuhk.edu.hk / 3943 3942)



1. College Hostel Room Share Scheme 特別宿位計劃

The College is launching the "Room Share Scheme 特別宿位計劃" as trial in the academic year 2016/17. Details of the scheme can be found here: http://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1469604934GuidelinesforRoomShareScheme.pdf, and application can be made online (https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2114060) from 15th to 25th Sep 2016.

Enquiries: Ms. Polly Po (3943 1741) / Ms. Candy Shek (3943 1615)

2. Free Access of Creativity Laboratory (c!ab)

To encourage the use of the Creativity Laboratory (c!ab), located on the UG floor of the campus, and provide an intimate working environment for the students to unleash their creativity anytime, c!ab will be <u>open 24 hours to all College students</u> (access by SID) starting from 20th Sep 2016. You are most welcome to come for brainstorming ideas and conducting projects with your friends!

Introduction to clab

- clab is established to create dynamic learning atmosphere for students to develop the drive for creativity and innovation. It is maintained by leading teachers and student conveners from different disciplines under five themes including:
 - -Arts & Culture
 - -Design Thinking
 - -Entrepreneurship & Management
 - -Science & Technology
 - -Socio-Political Innovations
- c!ab is equipped with various equipment and tools such as iMac with different multimedia software installed, DSLR camera and other photographic equipment (on loan), wood-working tools, 3D Printer, sewing machine, etc.
- Students are encouraged to join its activities or initiate your own projects by sharing your ideas on clab <u>Facebook Page</u> and <u>Website</u> or email us at <u>clab.wys@cuhk.edu.hk</u>.

Please take a look at the College Website to learn more about our Creativity Programme and clab!

Inquiries: Johnny Wong (3943 3989/ johnnywong@cuhk.edu.hk) / Kan Poon (3943 9767/ kanpoon@cuhk.edu.hk)

3. College Hostel Grant 2016/17 - Application Now Open 2016/17 年度書院住宿助學金 - 現已開始接受申請

College resident students (local undergraduates of all years) with financial needs may apply for College Hostel Grant. The grant amount for 2016/17 will be maximum \$3,600 per year.

Application is now open until Friday, 14th Oct. Students with Term 1 or whole year residence are eligible to apply.

Please download the application form from the following link and submit the completed form with supporting documents to the College Office (G03, G/F, East Wing) before the application deadline. http://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1470126958HostelGrantApplicationForm201617.pdf

Enquiries: Ms. Carol Cheng (carolcheng@cuhk.edu.hk / 3943 3936)

4. College Student Grant/Loan 2016/17 - Application Now Open (for Non-Freshmen ONLY)

College students who have financial difficulties may apply for College Student Grant/Loan 2016/17. There will be two rounds of applications: the September round is open to non-freshmen ONLY while the January round will be open to freshmen ONLY. Students who have financial difficulties are reminded to first apply for Government financial aid (Tertiary Student Financial Scheme).

Application is now open for non-freshmen <u>until Friday</u>, <u>14th Oct</u>. Please download the application form from the following link and submit the completed form with supporting documents to the College Office (G03, G/F, East Block) before the deadline. http://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1469412458StudentGrantandLoan201617.pdf

Enquiries: Ms. Carol Cheng (carolcheng@cuhk.edu.hk / 3943 3936)

5. 健康零食售賣機試食及投票活動 Tasting and voting event for healthy snacks available at new vending machine



小食又豈止朱古力、薯片、可樂這麼簡單?

吃小食也可以吃得很健康,伍宜孫書院將於 10 月份在 House of Sunny Living 引入健康零食售賣機,現在,你更有機會挑選出你喜愛的小食,請即登入以下連結,選出你心目中的健康小食: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2138418 截止投票日期: 2016 年 9 月 28 日

想親身試食健康小食? 那就不容錯過今個星期三於書院大堂舉辦的健康小食試食活動, 詳情如下:

日期:9月21日(星期三)

時間: 上午 11 時至下午 1 時 30 分

地院: 書院大堂

試食後,別忘記投票選出你喜愛的健康小食!

Snacks are not limited to chocolate, potato chips and cokes.

We can choose snacks wisely . Wu Yee Sun College will introduce a vending machine for healthy drinks and snacks in October. And, you can vote your healthy snacks now. Please click onto the link below to vote for your healthy snacks:

https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2138418

Voting deadline: 28 September 2016

Want to try the snacks first? You must not miss the snack tasting session this Wednesday with details below:

Date: 21 September 2016 (Wed) Time: 11:00am - 1:30pm Venue: College Gallery

Do remember to vote for the healthy snack after tasting!

6. Registration for College Inauguration Assembly (23rd Sep), Forums & High Table Dinner 2016/17

All students are required to attend one College Assembly AND one College Forum/ High Table Dinner in each term.

➤ College Inauguration Assembly (23rd Sep)

All students are **required** to attend the College Inauguration Assembly (First College Assembly). Please find the details as below:

Date: Friday, 23rd Sep 2016 Time: 11:30am – 1:15pm Venue: Sir Run Run Shaw Hall

Dress code: Formal with College tie/ scarf *

We will also sing the College Anthem in the Assembly. You may have a taste of the melody here first.

Enquiries: Miss Evelyn Chong (T: 3943-1882 / E: evelynchong@cuhk.edu.hk)

*Year 1 students who have not collected their tie/ scarf, please come to the College Office, G/F, to pick your welcoming bag on 7th Sep - 16th Sep 2016 during office hours. Please bring your CU Link card for record use.

College Forums & High Table Dinner

All students are required to attend <u>at least one</u> College Forum Or High Table Dinner in each term. Please find the arrangement for Term 1 as follows:

Year 2 or above

The registration for College Forums and High Table Dinners is scheduled on 14th Sep (Wed) – 20th Sep (Tue), and the first Forum is scheduled on 7th Oct 2016. Please visit the College General Education page for details and registration: http://www.wys.cuhk.edu.hk/page.php?name=ge-forum

Enquiries: Miss Evelyn Chong (T: 3943-1882, E: evelynchong@cuhk.edu.hk)

7. The "Sunny" Award & Admission Scholarship for Outstanding Artistic Achievements 2016/17 - Now Open for Application 2016/17 年度 The "Sunny" Award 及藝術傑出入學獎學金 - 現已開始接受申請



The following two Admission Scholarships are now open for application:-

- The "Sunny" Award HK\$15,000
 - o College freshmen with positive attitude and achievements demonstrating entrepreneurial spirit (i.e. creativity, passion and vision) or social responsibility
- Admission Scholarship for Outstanding Artistic Achievements HK\$8,000
 - o College freshmen with outstanding achievements in literary arts / performing arts / visual arts / film / media arts /

Eligible for freshmen who placed Wu Yee Sun College as their 1st College Preference.

Please go to the following links to complete the online application form on or before **11 October 2016 (Tuesday)**. The "Sunny" Award: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2093656

Admission Scholarship for Outstanding Artistic Achievements: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2093925

Enquiries: Ms. Carol Cheng (carolcheng@cuhk.edu.hk / 3943 3936) or Miss Yolinda Wong (yolindawong@cuhk.edu.hk / 3943 3932)

8. Application for Deferment of Fees 2016/17

Students who have financial difficulties and would wish to defer payment on tuition and/or hostel fee, please submit application form together with supporting documents to the College Office (G03, G/F, East Block) on or before 26 September 2016 (Monday). Application form can be downloaded from

http://www.wys.cuhk.edu.hk/cms/wpcontent/files_mf/1473663795TuitionFeeDeferment206171.pdf. For enquires, please contact Ms Carol Cheng at carolcheng@cuhk.edu.hk / 3943 3936.

9. Wu Yee Sun College Sports Teams Tryouts (1st term, 2016-2017)



不論你是運動愛好者或是專業運動員,都不要錯過伍宜孫書院院隊選拔的時間!書院現正招募**划艇、田徑院隊隊員**,快來發揮你的運動 天賦!

If you are a professional sports player or are simply keen on doing sports, do not miss the College Team try-outs. The College is now recruiting athletes for the **rowing**, **and athletic teams**. Do not hesitate to show your talents and we are looking forward to seeing you in the tryouts!

10. Locker Application for Non-residents and Student Organizations (2016/17) 書院儲物箱申請 (2016/17)

Lockers located at 1/F, East Wing (opposite to Learning Commons) are now available for WYS College non-resident students and student organizations. Students / student organizations can apply at https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2073571. Successful applicants will be assigned ONE locker for use in the period 29th Sep, 2016 – 19th April, 2017.

Application Procedures

- 1) Submit application online by 12:00nn on 23rd Sep. First come, first served.
- 2) Submit a deposit of \$50 via HSBC or Hang Seng Bank ATM to The Chinese University of Hong Kong (293-005005-001) after being notified by email of the success of application.
- 3) Submit the bank-in slip / ATM advice to the Dean of Students' Office (UG09) in person within two weeks after receiving the confirmation email sent by the Office.
- 4) Each successful applicant will be assigned one locker.

Regulations for the Use of Lockers

- 1. Users should take care of their personal belongings kept in lockers. The College will not be responsible for any loss or damage.
- 2. Due to hygienic reasons, no food, beverages, condiments or similar items should be kept in the lockers.
- 3. Users are responsible for cleaning the lockers and removing all the personal belongings inside them before returning the lockers to the College. After the stipulated period of use, any leftover items inside the lockers will be disposed of without any notification (no compensation will be made for destroyed locks).
- 4. Deposit will be refunded by auto-pay. Students / student organizations should check their bank accounts in due course.
- 5. Deposit will be forfeited if any damage is made or failure to clear the locker upon expiry of the period of use.
- 6. The College may seize the student's right to use the locker if he / she violates the regulations or misuses the locker.
- 7. Users are fully responsible in taking care of their lockers. To avoid any misunderstandings, users are strongly recommended to lock their lockers even if they do not leave anything inside.

Enquiries: Ms. Kitty Lau (kitty_lau@cuhk.edu.hk / 3943 3942)

11. Cash coupons for Taiwanese Drinks and Frozen Yogurt 台式飲品及冰乳酪現金券

Cash coupons for the purchase of Taiwanese drinks (HK\$2) and frozen yogurt (HK\$3) at Café (inside Student Canteen) are available for your picking up now. Students can come to College Office to collect the cash coupons from 5th to 26th September 2016 during office hour. Every student is limited to collect one Taiwanese drinks coupon and one frozen yogurt coupon each day. Please show your student ID card for verification. Coupons are limited. First-come-first-served.

12. 天生我才? WYS's got TALENTS?



Are you interested in or excellent at photography, video-production, art & design, simultaneous interpretation or being the Master of Ceremonies? Or do you have any other talents to showcase? The College is recruiting all sorts of talents to contribute in various College events including the upcoming College Opening and Anniversary Ceremony, College Forum and Assembly...etc. Registered students may be invited to assist in different occasions. Don't hide your talents, shine in the College!

P.S. CREATIVITY COUNTS!!!

Let us know what you are interested in and excellent at: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838

Enquiries: Miss Jane Wu (3943 3934/ janewu@cuhk.edu.hk)

13. "Meet the Dean" Hours & Lunch Gathering 輔導長時間 及午餐聚會

"Meet the Dean" Hours hosted by Professor Annisa C.H. Lee (李賴俊卿教授), College Dean of Students and Associate Professor of School of Journalism & Communication, is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned. Every Sunnie is welcome!

Date: Every Wednesday Time: 2:30 – 3:30pm

Venue: Dean of Students Office, Room UG09, Wu Yee Sun College Enquiries: Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937)

"Meet the Dean" Lunch Gathering will be held every other Wednesday. Individual students or representatives of student organizations are all welcome to register for the Gathering. Please email Sonia before the *closest Monday noon to register for the event.

*remarks: registration has to be made on the previous working day if the closest Monday is public holiday

Upcoming gathering

Date: Wednesday, 28th Sep 2016

Time: 12:30 - 2:00pm

Enquiries: Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937)

14. Exchange and Travel Grant/Loan 2016/17

College students with financial needs who are selected for semester or year exchange programmes or going overseas for summer activities/exchanges may apply for Exchange and Travel Grant/ Loan.

There are different rounds of applications. For programmes/ activities held in Oct 2016 - Jan 2017, the application is open from 15th Aug to 14th Dec 2016.

For programmes/activities held in Feb - May 2017, application will be open from 15th Dec 2016 to 18th Apr 2017.

Check out the following link for more information including eligibility: http://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1469415873ExchangeandTravelGrantandLoan2015164th_2.pdf

For enquiries, please contact Ms. Carol Cheng at carolcheng@cuhk.edu.hk or Miss Yolinda Wong at yolindawong@cuhk.edu.hk

15. Student Pastoral Care

It is not uncommon for college students like all of you to encounter various academic, emotional, interpersonal or family concerns and difficulties when you adjust to university life or pursue personal growth. You may wish to know the below ways that you can seek support or advice from the College and the University when you face problems:

- 1) You are welcome to speak with our College Dean of Students when you have problems that need resolving. Please call **3943 3942** for arrangement.
- 2) You may also approach the University's Student Counselling and Development Service at **3943 7208** for help.
- 3) A 24-hour Emotional Support Hotline is also launched to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations. The hotline number is **5400 2055**.

1. Self-Motivation Fund for Sports Activities 「自選遊」體育活動資助計劃



Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of sports events or competitions, in order to live up the spirit "Sports for Everyone".

The College will subsidize the **application fee** of sports events/ competitions/ activities organized by organization(s) OTHER THAN College. *Oxfam Trailwalker, Standard Chartered Hong Kong Marathon, Totem Run, or The Nike Cup-Hong Kong Five* are some of the examples.

Funding Amount: \$500 or 80% of application fee (whichever is lower)

Guidelines: http://www.wys.cuhk.edu.hk/page.php?name=sports-health-education

Application: Please submit application at https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1935668 at least 14 working days **BEFORE** the start date of the activity. We will notify applicants the results within two weeks.

2. Global Learning Award Scheme (Winter Round) 寰宇學習獎勵計劃 (冬季)

If you are planning to expand your academic wisdom with support from the scheme, ACT NOW!

The scheme supports Wu Yee Sun College students to take part in or self-initiate academic programmes, such as academic conferences, competitions, field trips and language programmes outside Hong Kong. Last academic year, the scheme has supported students to South India, Belgium, Inner-Mongolia and so on!

Students successfully selected by the Scheme will be awarded the Global Learning Award. The maximum award amount varies for programmes of different length and nature.

	Programme Length	Programme nature	Maximum Award amount	
	Shorter than one	Self-initiated programmes	HK\$8,000 or 100% of particular items (whichever is lower)	
Short-term	month	#Participating in organized programmes	HK\$8,000 or 80% of particular items (whichever is lower)	
I am a harma	One to six months	Self-initiated programmes	HK\$15,000 or 100% of particular items (whichever is lower)	
Long-term		#Participating in organized programmes		

^{*}Programmes organized by the College and Term-long Exchange Programmes will not be considered for this scheme.

The sooner you submit your application, the quicker to receive feedbacks, and more time to improve the contents. Comment from College Exchange Committee members on proposal of self-initiated programmes could be sought by special request. The request shall be made at least month before application deadline together with submission of the completed proposal, budget plan and application form.

Round	Applying for trips taken during (for trips overlapping both rounds, <u>first date</u> of the trip shall determine the application period)	#Application period
Winter	Nov 1st – Apr 30th	May 1st - Oct 31st
Summer	May 1st – Oct 31st	Nov 1st - Apr 30th

^{*}application documents shall be submitted to DOS Office by the last <u>working day</u> within the application period.

Contact Ms. Kitty Lau (3943 3942/ <u>kitty_lau@cuhk.edu.hk</u>) now if you have any ideas in mind. Know more about the <u>details</u> and <u>apply here!</u>

3. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃

Life begins at the end of your comfort zone!

A **SMALL** change can make a **BIG** difference!

If you are planning for any short-term projects containing elements of Creativity, Entrepreneurial Spirit or Social Responsibility, apply for Be Entrepreneurial! Scheme.

To provide more support to students, the maximum funding amount has been raised to \$20,000!!!



Maximum Funding Amount: HK\$20,000 **Eligibility**

- ✓ All WYS undergraduate students
- ✓ Individual and Group projects (the group must comprise of at least 50% WYS students, other 50% may be students from other Colleges)
- ✓ Applications are welcome all year round.

What are you waiting for? Click <u>HERE</u> to find out more information! **Enquiries**: Miss Sonia Yu (<u>soniayu@cuhk.edu.hk</u> / 3943 3937)

4. Service-learning project Funding Scheme 服務學習項目資助計劃



If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's <u>Service-learning project Funding Scheme</u> supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project. Learn to serve and serve to learn! Please visit the <u>website</u> for more info.

Enquiries: Ms. Kitty Lau (3943 3942/ kitty_lau@cuhk.edu.hk)

5. Sports for Life Award Scheme 體育運動參與獎勵計劃

Wanna move your body and get a prize in the same time?!

Sports for Life Award Scheme aims at motivating students to take part in more College's sports activities and exercising regularly for a healthy life. Students can earn award points for participating in College's sports activities and gain prizes!

How to join? You will be enrolled into the Scheme after joining your first sports activity! **What are the prizes?** 30 points for Sports Towel & 40 points for Water Bottle **How to redeem prizes?** Prize redemption will be arranged every semester! Please follow the College news

Upcoming Sports Activities:

WYSSA 3-on-3 basketball match

Check your accumulated points at http://bit.ly/WYSSportsForLife!!

Enquiries: Miss Sonia Yu (<u>soniayu@cuhk.edu.hk</u> / 3943 3937)



1. University Bursaries and Loans 2016/17 大學助學金及免息貸款 (For eligible full-time local undergraduate students)

The University Bursaries and Loans (UBL) are now available for local students who are studying full-time undergraduate programme and cannot get sufficient financial assistance under the Government Tertiary Student Financial Scheme – Publicly-funded Programmes (TSFS) to apply.

Students should submit application form online via CUSIS **from 5th to 29th Sep 2016**. For application details, please visit http://www.oafa.cuhk.edu.hk

2. Student Residence Bursary Scheme 2016/17

This scheme aims to help those needy students who are not able to benefit substantially from the Community Care Fund (CCF) hostel subsidy, applicants must:

- 1. be local full-time undergraduate students;
- 2. be registered residents of the hostel and have resided in hostel for at least 75% of the time of the semester;
- 3. have average monthly household income roughly less than\$20,000 (during 1 April 2015 to 31 March 2016); and
- 4. be not able to benefit from CCF hostel subsidy or receive less than \$1,000 per semester under the CCF hostel subsidy

Amount of Bursary

- 1. for eligible needy students who are not able to benefit from CCF hostel subsidy, the value of each bursary will be \$1,000 per semester
- 2. for eligible needy students who receive less than \$1,000 per semester under CCF hostel subsidy, the value of each bursary will be the difference between \$1,000 and the approved amount of CCF hostel subsidy
- 3. the maximum amount of bursary for residents of all types of shared rooms will be the same.

Application Procedure

- 1. By online application via CUSIS (MyCUHK > CUSIS and MyStudy > Financial Aid Online Appl Form > Public Application > click the magnifying glass to select "Student Residence Bursary" during application period from **5 Sep to 31 Oct 2016**. For students who live in hostel for the 2nd term only, they should submit their applications during **9 January to 28 February 2017**.
- 2. Applicants should print out Section 8 of the online application form and submit together with the supporting documents to the College on or before the application deadline.

3. Helix Scholarship 2016/17

Helix System Limited (the donor) is now inviting applications from outstanding local full-time Year 2 or above undergraduate students of The Chinese University of Hong Kong for Helix Scholarship 2016/17.

Amount

HK\$10,000

Eligibility

To be eligible for the scholarship, students must:

- be full-time Year 2 or above undergraduate students studying any UGC-funded bachelor's degree programme;
- be Hong Kong permanent residents with the right of abode in Hong Kong;
- have demonstrable financial need and meet at least one of the following conditions:
 - Have received Government grant and/or loan in the academic year 2015/16 or 2016/17.
 - Have received University bursaries and/or loan in the academic year 2015/16 or 2016/17.
 - The family of the student is receiving Comprehensive Social Security Assistance from the HKSAR Government.
 - The monthly family income per capita must not exceed HK\$15,000.
- have attained a Year GPA of 3.0 or above in the academic year 2015/16;
- demonstrate to contribute to the local community by their knowledge and expertise; and
- have active participation in extra-curricular activities and/or voluntary services.
- not receive this scholarship before

More details and application form can be downloaded from http://www.oafa.cuhk.edu.hk/ (Scholarships & Financial Aid > Open for Application). Completed application form together with all requisite documents should be submitted to College Office (G03, G/F, East Block) on or before 4th October 2016.

4. Li Kwan Hung Education Fund 2016/17 李鈞洪教育基金

This Fund is intended to assist students with disabilities who are studying with their able-bodied counterparts in local educational institutes at various levels. Application is now open **until 23**rd **Sept 2016**. Application form should be submitted to the College by the deadline. Late applications will not be considered.

For details on eligibility and download of application form, please visit http://www.oafa.cuhk.edu.hk

For enquiries, please contact the Headquarters of Hong Kong PHAB Association at 2551 4161.

5. CUHK Scholarship for Remarkable Endeavour for Admission 2016/17

This scholarship is designated for the students with special educational needs (SEN) in recognition of their extra efforts made to pursue higher education at CUHK. The SEN students should have at least one of the following conditions that affect their ability to learn:

- Specific learning disabilities
- Visual impairment
- Intellectual disabilities
- Hearing impairment
- Autism spectrum disorders
- Speech and language impairment
- Attention deficit / hyperactivity disorders
- Others proven special educational needs
- Physical disabilities

Value of the Scholarship

There are a maximum of 10 non-renewable scholarships of HK\$10,000 each.

Application Procedures

Interested students can download application form from Office of Admissions and Financial Aid (OAFA) at www.oafa.cuhk.edu.hk (Scholarships & Financial Aid > Open for Application) and submit the forms together with supporting documents IN PERSON to OAFA, Room 1202, 12/F, YIA during office hours on or before 27th October 2016.

For enquiries, please contact Ms. Angel Au at 3943 7209 or sfas@cuhk.edu.hk

6. Government Tertiary Student Finance Scheme (TSFS) and Non-means-tested Loan Scheme (NLSFT) 2016/17 政府資助專上課程學生資助計劃/全日制大專學生免入息審查貸款計劃

New College students who have financial difficulties should apply for TSFS or NLSFT. Application forms should be submitted to the Government Student Finance Office of the Working Family and Student Financial Assistance Agency (SFO) through "SFO E-link - My Applications" online at http://ess.wfsfaa.gov.hk on or before 20th Sep 2016. Applicants are reminded to visit http://www.oafa.cuhk.edu.hk for application details.

7. The Rhodes Scholarship 2017

A prestigious scholarship for pursuing a postgraduate degree or a second bachelor's degree at the University of Oxford, U.K. commencing October 2017 is now open for application. The basic tenure of the Scholarship is two years, subject to satisfactory academic performance and personal conduct. At the discretion of the Trustees, the Scholarship may be extended for a third year for those who take a recognized route to the DPhil. A Rhodes Scholarship covers all University and College fees, a personal stipend and one economy class airfare to and from the United Kingdom.

Details of the Scholarship are obtainable from the Hong Kong Rhodes Scholarship website at http://www.rhodeshouse.ox.ac.uk/hong-kong. Candidates are required to make online applications on the Hong Kong Rhodes Scholarship website and submit all the supporting documents by midnight on 23th September 2016 (Hong Kong time). Late or partial submissions may not be considered.

8. Bei Shan Tang Foundation Scholarship Tenable at Stanford University 2017/18

Bei Shan Tang Foundation has generously donated a scholarship tenable at Stanford Graduate School of Education for an outstanding graduate from CUHK to pursue one of the following full-time taught Master's (MA) degrees in the academic year 2017/18. All local final-year students and graduates in any discipline are eligible to apply even though the designated programmes are education related.

- Curriculum Studies and Teacher Education •
- International Comparative Education
- International Education Policy Analysis
- Learning, Design and Technology
- Policy, Organization and Leadership Studies
- Stanford Teacher Education Programme

The Scholarship will basically cover all of the following:

- the University composition (tuition) fee for the normative study period of the programme;
- a maintenance allowance to cover the expense of board and lodging recommended each year by Stanford (US\$10,119 per quarter of the academic year 2016/17 - amount to be confirmed. Applicants may visit http://financialaid.stanford.edu/grad/budget/index.html for reference.); and
- the cost of one return airfare between Hong Kong and the United States via the most economical route.

Details of the Scholarship and its application form are obtainable from our website at http://www.oafa.cuhk.edu.hk/ (Scholarships & Financial Aid \rightarrow Open for Application). Application Deadline: 6th October 2016 (Hong Kong time)