# The Sunny Weekly

08 Apr 2019



# Sunny Review 上周回顧

1. Outward Bound Camp 外展訓練營



### College Activities 書院活動

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- 2. Be Our Student Mentors 學生友師 @ 伍宜孫書院 x 陳震夏中學 暑期生活營 < Deadline Extended to Friday>
- 3. College Summer Return Visit: Recruitment of College Student Ambassadors 書院暑期互訪計劃: 書院學生大使招募 < Extended to 30th Apr>
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- 5. Let's Battle! Bubble Soccer 激戰! 泡泡足球 < Register Today >
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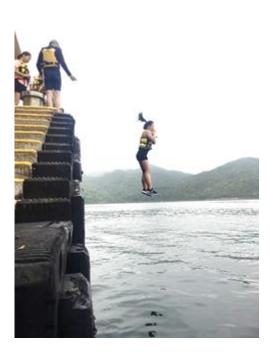
# Other Activities & Announcements 其他活動及宣佈事項

- 1. Tertiary Student Finance Scheme-Publiclyfunded Programmes (TSFS) and Non-means-tested Loan Scheme for Full-time Tertiary Students (NLSFT) 2019/20 < New>
- 2. Faculty of Biology, Medicine and Health at the University of Manchester: Four-week Summer School in Epidemiology
- 3. Know More about Alcohol Workshop Final Session
- 4. HKMA Seminar on "The Way to Become a Top Marketer" < Register by next Monday>
- 5. CUHK Golden Jubilee Celestial Civilian Scholarship on Hong Kong Literature 2018/19

2019.04.08

# **Sunny Review**

# 1. Outward Bound Camp 外展訓練營







11 College students challenged themselves to a journey of self-discovery at the Outward Bound Camp held from 30<sup>th</sup> Mar to 2<sup>nd</sup> Apr. The 4-day camp started off with sea jumping, an activity accompanied by, in the exact order, struggle, scream, excitement and sense of achievement. It served as a perfect preview of the entire programme: discover your potentials while immersing in the beauty of wilderness.





With their mobile phones taken away and only given basic survival tools, participants had nothing to rely on but themselves and each other. Physical tasks including land expedition, wood-cutting and cordage-weaving proved them to be more persistent and determined than they thought, and crisis management experiences from unexpected incidents left them with a positive attitude to deal with adversities in life.

The camp was planned to conclude with a sunrise challenge which participants, after a long night walk, failed to see due to weather conditions. But at the end, it was the team support in the dark that matters, and who says the captivating night view along the way was not better than the sunrise?



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# **College Activities**

1. Summer Internship Programme with Dorsett Hospitality International 帝盛酒店暑期實習計劃 2018/19



To Learn - Be Inspired from the Corporate Culture and Be Coached by the Experienced Management

To Grow - Set Your Goals and Embrace Challenges

To Contribute - Bring in Your Talents to Drive Business Growth

Eligibility: Non-final year full-time Wu Yee Sun College undergraduates of relevant disciplines as required

**Internship Period:** Jun – Aug 2019 (8 weeks) **Location:** Hong Kong Corporate Office

Allowance: \$4,000 / Month

# **Internship Positions:**

Department	No. of Interns	Disciplines	
Engineering	1	Engineering	
Finance	1	Accountancy & Finance	
Human Resources	1	Business-related	
I.T.	1	I.T	
Interior Design	1	Interior Design	
Legal	1	Law	

Procurement	1	Business-related
Project	1	Architecture or Surveying
Sales & Marketing	2	Business-related

Application: Please register at https://bit.ly/Dorsett19a on or before 8th Apr (today)

#### **Enquiries:**

Ms. Sonia Yu (3943-3937/soniayu@cuhk.edu.hk)

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## 2. Be Our Student Mentors 學牛友師 @ 伍官孫書院 x 陳震夏中學 暑期牛活營



伍宜孫書院與香港中文大學校友會聯會陳震夏中學 (陳震夏中學) 合辦暑期生活營,期望中學生可體驗大學生活之餘,書院同學亦可擔當友師,分享在大學面對的經歷與挑戰。李沛良師友計劃的學員更可傳承學長的寶貴經驗,達致薪火相傳。

日期:15-17/07/2019(星期一至三)

\*\*書院同學須於14/07回書院作最後準備\*\*

#### 預計參與人數:

香港中文大學校友會聯會陳震夏中學30名中五學生 伍宜孫書院6-8人(李沛良師友計劃學員優先)

**簡介會:**17/04/2019 下午6:30 (會上同時討論籌備工作)

報名:<u>https://bit.ly/2WgfBNr</u> 詳情:<u>https://bit.ly/2FhTX4G</u>

#### 杳詢:

余寶婷女士 (3943-3937 / soniayu@cuhk.edu.hk)

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The College will be organizing "Summer Return Visit Programme" (書院暑期互訪計劃) from 23<sup>rd</sup> to 29<sup>th</sup> Jul, inviting students and teachers from 5 mainland universities to visit our College. We would like to invite students to be College Student Ambassadors to accompany the delegates and introduce Hong Kong to them. The theme this year is "Social Inclusion" (社會共融). Various programme content will be designed to

enable participants to know more about how the disabled, ethnic minorities, new immigrants and the underprivileged integrate themselves into the community. More programme details are listed below.

Mainland	5 institutes joining, each will choose around 8 students, accompanied by 1 teacher		
Institutes	Yunnan University (雲南大學)		
	Zhide College, Fudan University (復旦大學志德書院)		
	Chungying College, Xi'an Jiaotong University (西安交通大學仲英書院)		
	Kuang Yaming Honors School, Nanjing University (南京大學匡亞明學院)		
	School of Public Affairs and Administration, University of Electronic Science		
	and Technology of China (電子科技大學公共管理學院)		
Period	23 <sup>rd</sup> to 29 <sup>th</sup> Jul		
Theme	Social Inclusion (社會共融)		
Programme	Theme related activities:		
Content	a) Visit Equal Opportunities Commission and/or Legislative Council		
(TBC)	b) Visit schools with most students from the ethnic minorities / mainland China		
	c) Visit NGOs/schools concerning this theme for voluntary service		
	Other activities:		
	a) Ice-breaking / Team-building activities		
	b) Campus Tour		
	c) Museum Visit		
0.11	d) 1 day free time		
College	Quota: Around 25		
Student	<b>Role:</b> Assist the College in the logistic arrangement (e.g. pick up delegates from the		
Ambassadors	airport with the coach arranged by the College), accompany the delegates and show		
	them around Hong Kong throughout the programme.		
	<b>Fee:</b> Free of charge (accommodation in College student hostel and meals except free time		
	will be provided)		
	Eligibility: All WYS students (Priority will be given to local students. International		
	students who can speak Mandarin are also welcome.)		

**Registration Link:** <a href="https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=7132503">https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=7132503</a>

Registration Deadline: 30th Apr (Tue)

#### **Enquiries**

Miss Rachel Poon (3943-3942 / <u>rachelpoon@cuhk.edu.hk</u>) Miss Katie Yu (3943-3935 / <u>katieyu@cuhk.edu.hk</u>)

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4. "Nature in Touch" Hiking and Planting Day 2019「體驗自然」遠足植樹日



Looking at distant objects in nature allows your eye muscles to relax.

Before examination starts, let's take a deep breath in the nature to relax and get recharged!

**Date:** 14<sup>th</sup> Apr (Sun) **Time:** 9:00am – 2:00 pm

Location: Pat Sin Leng Nature Trail, Pat Sin Leng Country Park

Meeting Point: College Gallery (8:50am); University MTR Station (9:00am)

**Transport:** Coach service between CUHK & Pat Sin Leng

Leading Teacher: Professor Kwai-cheong Chau (Chairperson of Campus Environment Committee and Adjunct

Associate Professor at the Department of Geography and Resource Management)

**Dress Code:** sports

\*\*Please prepare drinking water and snacks, if necessary

Fee: Free of Charge

Deposit: HK\$50 (fully refundable after completion of event)

Registration: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=7149502

Registration Deadline: 9th Apr (Tue)

Deposit Submission Deadline: office hours, 10th Apr (Wed)

**Enquiries:** 

Mr. Andy Cheung (3943-9768 / andy\_cheung@cuhk.edu.hk)

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# 5. Let's Battle! Bubble Soccer 激戰! 泡泡足球

<以下活動內容由書院體育學會撰寫 The following message is drafted by Wu Yee Sun College Sports Association>

壓力無處宣洩?想揾啲新奇又刺激嘅活動玩?

伍宜孫書院體育學會為你隆重呈獻 - 激戰!泡泡足球

唔識踢足球?對足球毫無認知?

不重要!我地會有專業教練在場協助和教授相關知識

與其蠢蠢欲動,不如立即行動!

An extraordinary, modern and fun sports – Bubble Soccer. Have you wondered there is a Bubble Soccer World Cup?

Why it can attract so many people to join?

COME and JOIN US!!

Don't know how to play bubble soccer?

No worry! Not much soccer skills are needed, and professional coach will be there.

Bubble Soccer has LESS rules and MORE fun!



**Date:** 9th Apr 2019 **Time:** 6:00 pm – 8:00 pm **Venue:** Shaw Indoor Gym

#### **Programme:**

- Brief Introduction
- Game Demonstration
- Competition

Quota: 30

**Application:** Complete application at Google form (<a href="https://forms.gle/VeLN4ELUJbhTCfVE6">https://forms.gle/VeLN4ELUJbhTCfVE6</a>) and submit \$150 deposit (\$100 refundable with completion of WHOLE activity for WYS students ONLY) to the College Dean of Students' Office on or before 8th Apr (today!).

**Enquiries:** 9266-7210 (Ringo)

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# 6. Farewell Dinner for Incoming Exchange Students of 2018/19 Term 2

The College hosts incoming exchange students from countries around the world every semester. Approaching the end of the semester, we are organizing a farewell dinner for the incoming exchange students admitted for 2018/19 Term 2. All incoming exchange students are welcome and please register. Some seats have been reserved for local and international students also but are limited. If you are interested in chatting with foreign students, register now!

#### **Event Details**

Date: 16th Apr (Tue)
Time: 6:45 pm-8:30 pm
Venue: WYS staff canteen
Fee: free (dinner will be served)
Registration deadline: 11th Apr (Thu)

Registration for incoming exchange students: <a href="https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=7252777">https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=7252777</a>
Registration for non-incoming exchange students: <a href="https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=7253449">https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=7253449</a>

#### **Enquiries:**

Miss Rachel Poon (3943-3942/ <u>rachelpoon@cuhk.edu.hk</u>) Miss Katie Yu (3943-3935/ katieyu@cuhk.edu.hk)

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# 7. Call for Votes: clab Film-Photo Competition

For the film-photo competition themed "Light", clab is pleased to announce that 25 pieces of film-photo have been shortlisted and are currently being displayed at the College Gallery (書院藝 廊). You are welcome to take a look and vote for your favorite piece:

**Voting Period:** 1st - 12th Apr 2019 Exhibition Period: 13th - 22nd Apr 2019

Cast Your Vote HERE! You'll be able to join the lucky draw and

**Venue:** Wu Yee Sun College Gallery (G/F) get a gift too! Act Now!



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# 8. Fitness Consultation Sessions 健身訓練諮詢

Ever have doubts about all sorts of training techniques and effects? Ask our personal trainers at College Gym!



Trainer: Mr. Sebastian Chan

Dates (Every Wed, Except Public Holidays): Jan 16, 23, 30 Feb 13, 20, 27 Mar 6, 13, 20, 27 **Apr** 3, 10, 17

**Time:** 7:00pm - 9:00pm **Venue:** College Gymnasium Trainer: Ms. Vanessa Chan

Dates (Every Thu, Except Public Holidays): Jan 17, 24, 31 Feb 14, 21, 28 Mar 7, 14, 21, 28 Apr 4, 11, 18

Time: 6:00pm - 8:00pm Venue: College Gymnasium

No prior applications required! Kick-start your workout plan now!

#### **Enquiries:**

Miss Kiki Chan (3943-3934 / kiki.chan@cuhk.edu.hk)

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# **College Announcements**

# Acting Appointment 署理職務

College Dean of Students Professor Man-hong Lai (黎萬紅教授) will be out of town from 13th to 24th Apr. During this period, Dr. Po-kin Leung (梁寶建博士), Associate Dean of Students and Lecturer at the Department of Physics, has been appointed the Acting Dean of Students of Wu Yee Sun College.

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# 2. Summer Student Hostel 2019 and Hostel Check-out in 2018/19 Term 2 2019年暑期學生宿舍及2018至19年下學期退宿

Summer Student Hostel 2018 online application will open on 5th Apr to 14th Apr 2019.

Please visit https://www.wys.cuhk.edu.hk/cms/wp-content/files\_mf/1553669096WYS\_Hostel\_Checkout\_SH2019\_Note.pdf for details.

> 8 2019.04.08

# 3. Temporary Closure of College Catering Outlets at Easter Holiday

All catering outlets at Wu Yee Sun College will be temporarily closed from 19th to 22nd Apr (Friday to Monday) for Easter Holiday. Thank you for your kind attention.

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# 4. Locker Application for 2019 Summer 書院儲物箱申請 (2019 年暑期)

Lockers located at 1/F, East Block (opposite to Learning Commons) are now available for WYS College students. Students can apply at <a href="https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=7149069">https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=7149069</a>. Successful applicants will be assigned ONE locker for use in the period 3<sup>rd</sup> May – 8<sup>th</sup> Sep.

### **Application Procedures**

- 1) Submit application online by 16th Apr. First come, first served.
- 2) Submit a deposit of \$50 via HSBC or Hang Seng Bank ATM to The Chinese University of Hong Kong (293-005005-018) **AFTER** being notified by email of the success of application.
- 3) Submit the bank-in slip / ATM advice to the Dean of Students' Office (UG09) in person on or before 5:30 pm, 23rd April after receiving the confirmation email sent by the Office.
- 4) Each successful applicant will be assigned one locker.

#### Regulations for the Use of Lockers

- 1. Users should take care of their personal belongings kept in lockers. The College will not be responsible for any loss or damage.
- 2. Due to hygienic reasons, no food, beverages, condiments or similar items should be kept in the lockers.
- 3. Users are responsible for cleaning the lockers and removing all the personal belongings inside them before returning the lockers to the College. After the stipulated period of use, any leftover items inside the lockers will be disposed of without any notification (no compensation will be made for destroyed locks).
- 4. Deposit will be refunded by auto-pay. Students should check their bank accounts in due course.
- 5. Deposit will be forfeited if any damage is made or failure to clear the locker upon expiry of the period of use.
- 6. The College may seize the student's right to use the locker if he / she violates the regulations or misuses the locker.
- 7. Users are fully responsible in taking care of their lockers. To avoid any misunderstandings, users are strongly recommended to lock their lockers even if they do not leave anything inside.

#### **Enquiries:**

Miss Kiki Chan (3943-3934 / kiki.chan@cuhk.edu.hk)

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# 5. Scholarship for Semester Exchange Programmes 2018/19 (non-College Term-long Exchange Programme)

College students participating in Term-long Exchange Programmes during academic year 2019/20, which are not organized/ coordinated by WYS College, can now apply for the "Scholarship for Semester Exchange Programmes 2018/19". Details are listed below.

# Eligibility (Need to fulfill all criteria below)

- full time WYS College undergraduates;
- will go on exchange in academic year 2019/20 (one term/ whole year);
- will participate in Term-long Exchange Programmes organized/ coordinated by units other than WYS College

Note: This scholarship is **NOT** open to students participating in Term-long Exchange Programmes organized/coordinated by WYS College as they have already been awarded this Scholarship. The scholarship amount has been announced in the offer email sent in January already. No extra application is needed.

**Application Link:** https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=7091028

Application Deadline: 30th Apr (Tue)

Applicants need not attend interview. The application result will be determined by the selection panel according to the application documents submitted and the content on the application form. Since members of the selection panel may not be able to read Chinese, you **MUST complete the application form in ENGLISH**. Those written in Chinese will be not viewed or considered, while incomplete or late application will not be handled.

# **Enquiries:**

Miss Rachel Poon (3943-3942/ <u>rachelpoon@cuhk.edu.hk</u>) Miss Katie Yu (3943-3935/ <u>katieyu@cuhk.edu.hk</u>)

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# 6. "Meet the Dean" Hours 輔導長時間

- "Meet the Dean" Hours is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned. The session is hosted by:
- Professor Man-hong Lai(黎萬紅教授), College Dean of Students and Associate Professor at the Department of Educational Administration and Policy
- Professor Ming-kay Poon (潘銘基教授), College Associate Dean of Students and Associate Professor at the Department of Chinese Language and Literature
- Dr. Po-kin Leung (梁寶建博士), College Associate Dean of Students and Lecturer at the Department of Physics

Every Sunnie is welcome!

#### Academic Year 2018/19

**Date:** Every Wednesday **Time:** 4:30 pm – 5:30 pm

Venue: Dean of Students Office, Room UG09, Wu Yee Sun College

#### **Enquiries:**

Ms. Sonia Yu (3943-3937 / soniayu@cuhk.edu.hk) Miss Katie Yu (3943-3935 / katieyu@cuhk.edu.hk)

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#### 7. Student Pastoral Care

Sometimes you find yourself with these negative emotions: lost, alone, aimless or confused as you adjust to university life or pursue personal growth. Share your feeling with others will help release your emotions and gain new perspectives! DON'T be afraid to ask for help. Our College Dean of Students would be more than happy to speak to you and give you advices, below are the contact numbers you may wish to know.

- 1) You are welcome to speak with our **College Dean of Students** when you have problems that need resolving. Please call 3943 3942 for arrangement.
- 2) You may also approach the **University's Wellness and Counselling Centre** at 3943 7208 for help.

3) A **24-hour Emotional Support Hotline** at 5400 2055 is available to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations.

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# 8. Exchange and Travel Grant/Loan 2018/19



College students with financial needs who are selected for semester or year exchange programmes or going overseas for summer activities/exchanges may apply for Exchange and Travel Grant/Loan.

There are different rounds of applications. For programmes /activities held in Feb - May 2019, application is now open until 18th Apr 2019.

For programmes/activities held in Jun – Sep 2019, application will be open from 19th Apr – 16th Aug 2019.

Check out the following link for more information including eligibility: <a href="https://www.wys.cuhk.edu.hk/cms/wp-content/files\_mf/1549961653ExchangeandTravelGrantandLoan2018192nd.pdf">https://www.wys.cuhk.edu.hk/cms/wp-content/files\_mf/1549961653ExchangeandTravelGrantandLoan2018192nd.pdf</a>

# Enquiries:

Ms Karen Yiu (3943-3936 / karenyiu@cuhk.edu.hk)

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# 9. WYS's Got Talents - Photography, Poster Design, MC and a lot more!

Are you interested in or excellent at photography, video-production, art & design, simultaneous interpretation or being the Master of Ceremonies? We are now also recruiting talents of Audio & Video Control (影音控制), and any other talents you've got!

The College is recruiting all sorts of talents to contribute in various College events including the upcoming College Opening and Anniversary Ceremony, College Forum and Assembly...etc. Registered students may be invited to assist in different occasions. Don't hide your talents, shine in the College!

P.S. CREATIVITY COUNTS!!!

Let us know what you are interested in and excellent at: <a href="https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838">https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838</a>

# **Enquiries:**

Miss Kiki Chan (3943-3934 / kiki.chan@cuhk.edu.hk)

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# 10. Membership Recruitment - WYS Alumni Association 伍宜孫書院校友會會員招募

Want to stay in touch with your college friends? Expand your professional network? Give back to the College? WYS Alumni Association lets you take college bonds beyond student life. You can get a lifelong membership for just \$500. Apply now, and you will receive a set of 4 reusable drinking straws! (While stocks last)

Simply fill in the application form, and return to the College Office (G/F, Wu Yee Sun College) with the membership fee.

想跟書院同學保持聯繫?想擴闊人際網絡?想回饋書院?透過伍宜孫書院校友會,你可以將學生時代的關係延續下去。終生會籍只需 500 元。現時申請,更可獲贈一套四支環保飲管(先到先得,送完即止)。

各位同學只須填妥申請表,連同會員費,交回伍宜孫書院地下院務室即可。

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# **College Funding & Awards Schemes**

1. Care and Well-being Fund for Mental Wellness Activities



Care and Well-being Fund for Mental Wellness Activities encourages students to participate in various activities to strengthen mental wellness, including workshops, talks, symposiums etc. to release their stress as well as training classes and courses such as counselling training to enrich their knowledge on mental health in order to improve students' overall mental wellness.

#### Eligibility:

For Wu Yee Sun College students who participate in mental health activities and trainings organized by organization(s) other than College

#### Examples:

Mindfulness Workshop, Laughter Yoga, Art or Music Therapy Class, Counselling Workshop, Talk or Symposium on Mental Health, Mental Health First Aid Course

#### Funding Amount per student per activity:

Maximum \$800 or 80% of the course / activity fee (whichever is lower)

Take a look at the guidelines and the report template, and start your healthy life now!!!

Application: <a href="https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=6754853">https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=6754853</a>

# **Enquiries:**

Miss Carly Lau (3943-3988 / carlylau@cuhk.edu.hk)

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#### 2. Mingle Fund

Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College. The Fund supports self-initiated activities with participation of both local and international/

incoming exchange students. Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity.

**Details:** www.wys.cuhk.edu.hk/exchange.php?cat=others

**Enquiries:** 

Miss Katie Yu (3943-3935 / katieyu@cuhk.edu.hk)

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# 3. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃

Life begins at the end of your comfort zone!

A SMALL change can make a BIG difference!

If you are planning for any short-term projects containing elements of Creativity, Entrepreneurial Spirit or Social Responsibility, apply "Be Entrepreneurial!" Funding Scheme.

#### To provide more support to students, the maximum funding amount has been raised to \$20,000!!!

# **Maximum Funding Amount**: HK\$20,000 **Eligibility**

- All WYS undergraduate students
- Individual and Group projects (the group must comprise of at least 50% WYS students, other 50% may be students from other Colleges)
- Applications are welcome all year round

What are you waiting for? Click <u>HERE</u> to find out more information!

#### **Enquiries:**

Miss Florence Tsui (3943-9767 / florencetsui@cuhk.edu.hk)

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# 4. Global Learning Award Scheme (Summer Round) 寰宇學習獎勵計劃 (夏季)

#### Introduction

Global Learning Award Scheme aims to encourage students to create, design, plan or participate in **non-local** academic or experiential learning programmes, so as to broaden students' international perspectives and enrich their experiences. Students need to demonstrate from the application documents and interview that the programme applied is beneficial and valuable to them instead of just simply for entertainment. The College Student Exchange Committee will then determine if the students can be awarded, and the award amount (if any). For successful applicants, they will be awarded "Global Learning Award" and receive the award amount after fulfilling all post-trip requirement on time. For more details, please refer to the <u>webpage</u> of GLAS.

#### Eligibility

All Wu Yee Sun College students (except Exchange students) are eligible for application. The programme joined or planned must be finished by their corresponding graduation date. Some examples are students self-initiating or joining overseas tours, academic conferences, competitions, field trips, courses, internship/major-related placement, research, voluntary service. Programmes organized and subsidized by the College and Term-long Exchange Programmes are excluded.

#### Maximum Award Amount

The maximum award amount varies with the programme length and programme nature.

Short-term	Shorter than one month	Self-initiated programmes	HK\$12,000 or 100% of cost of the particular items (whichever is lower)	
		Participating in organized programmes	HK\$5,000 or 50% of cost of the particular items (whichever is lower)	
Long-term	One to six months	Self-initiated programmes	HK\$15,000 or 100% of cost of	
		Participating in organized programmes	particular items (whichever is lower)	

### **Application**

Before submitting the online application form (<a href="https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=6237886">https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=6237886</a>), please read through all guidelines and samples on the webpage.

Round	Applying for trips taken during (for trips overlapping both rounds, <u>first date</u> of the trip shall determine the application period)	Application period
Winter	1st Nov – 30th Apr	1st May - 31st Oct
Summer	1st May - 31st Oct	1st Nov - 30th Apr

#### **Enquiries:**

Miss Katie Yu (3943-3935 / katieyu@cuhk.edu.hk)

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# 5. Service-learning project Funding Scheme 服務學習項目資助計劃

If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's Service-learning Project Funding Scheme supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project.

Learn to serve and serve to learn! Please visit the website for more info.

#### **Enquiries:**

Miss Katie Yu (3943-3935 / katieyu@cuhk.edu.hk)

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# 6. Self-Motivation Fund for Sports Activities 「自選遊」體育活動資助計劃



Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of sports activities and qualification courses for sports coach, in order to live up the spirit "Sports for Everyone".

# More Diversified and Greater Support!

#### Eligibility

Application Fee of Sports Events --> **BOTH application fee and course fee of sports activities and workshops** 

#### **Funding Amount**

Sports Activities: Max. \$500 --> **\$1,000** 

Qualification Courses for Sports Coach: Max. \$800 --> \$2,000

**Details:** https://www.wys.cuhk.edu.hk/whole-person-development/sports-health-education/

#### **Enquiries:**

Miss Kiki Chan (3943-3934 / kiki.chan@cuhk.edu.hk)

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# Other Activities & Announcements

1. Tertiary Student Finance Scheme-Publicly-funded Programmes (TSFS) and Non-means-tested Loan Scheme for Full-time Tertiary Students (NLSFT) 2019/20

Both TSFS and NLSFT (2019/20) are now open for application from current students **on or before 17**th **Apr**. Applications should be submitted to the Government Student Finance Office of the Working Family and Student Financial Assistance Agency (SFO) through the "SFO E-link – My Applications" online platform (<a href="http://ess.wfsfaa.gov.hk">http://ess.wfsfaa.gov.hk</a>) on or before 17th Apr.

After submission of the online form, applicants will be required to submit the declaration and the photocopies of supporting documents by online uploading, by post or in person to SFO's office. Applicants may also submit the documents to the collection box at Room 1206, 12/F, YIA from 8:45 am to 1:00 pm and 2:00 pm to 5:30 pm during the period from  $10^{th}$  to  $12^{th}$ ,  $15^{th}$  to  $18^{th}$  and  $23^{rd}$  to  $26^{th}$  Apr.

Application Details: http://admission.cuhk.edu.hk

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2. Faculty of Biology, Medicine and Health at the University of Manchester: Four-week summer school in Epidemiology

The Faculty of Biology, Medicine and Health at the University of Manchester is going to organize a four-week summer school in Epidemiology between 22<sup>nd</sup> Jul and 16<sup>th</sup> Aug. The purpose of this summer school is to provide applicants with an in-depth introduction to epidemiology and public health. You will be taught in small groups by experts in the fields of evidence synthesis, biostatistics, health economics and health inequalities. You will be supported to work together with your peers on group tasks to develop your epidemiology skills. You will also be given the opportunity to improve your presentation skills in an academic setting. In addition to the academic program, there will be plenty of opportunities for social activities. The cost of the 4 week course is 3,000 pound sterling, and it covers the following items:

- Group airport transfers from Manchester Airport
- Program fees
- Student accommodation (en-suite single room/shared kitchen)
- Orientation and farewell events and selected social activities

If you are interested in joining this programme, please fill in the application form and send to <a href="https://example.com/health@manchester.ac.uk">health@manchester.ac.uk</a> by email <a href="https://example.com/health@ma

Application Form: Click Here

Booklet: Click <u>Here</u> Timetable: Click <u>Here</u>

You may apply for College Global Learning Award Scheme (2018/19 Summer Round) to seek financial support if you would like to join this programme.

Details of the Award Scheme: https://www.wys.cuhk.edu.hk/whole-person-development/exchange/?cat=others

#### **Enquiries:**

The University of Manchester (health@manchester.ac.uk)

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# 3. Know More about Alcohol Workshop - Final Session



JC School of Public Health and Primary Care, Faculty of Medicine would like to invite you to join the Final Session of Know More About Alcohol Workshop on 16th Apr evening.

**FREE** dinner will be provided and there are chances to WIN more than HK\$1500 Apple Store and other cash coupons. The workshop detail are as follow:

Date: 16th Apr

Time: 7:00 pm -9:00 pm

Venue: Gallery at G/F lobby, Wu Yee Sun College

Registration: https://goo.gl/forms/F4ObnOLexgrctDK42

P.S.: Limited seats only! Enrollment is on a first-come-first-served basis.

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# 4. HKMA Seminar on "The Way to Become a Top Marketer"



**Date**: 29th Apr (Mon) **Time**: 3:00 pm - 5:00 pm

Venue: CYMA Charity Fund Management Development Centre, Rm 201, Pico Tower, 66 Gloucestor Road,

Wanchai, Hong Kong Language: Cantonese Fee: Free of Charge

Seats are limited and on a first-come-first-served basis.

**Application:** Interested students please email <u>soniayu@cuhk.edu.hk</u> on or before 15<sup>th</sup> Apr with following details:

- 1. Student ID
- 2. English Full Name
- 3. Major
- 4. Contact Phone
- 5. Contact Email

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# 5. CUHK Golden Jubilee Celestial Civilian Scholarship on Hong Kong Literature 2018/19 (Application Deadline: 28 June 2019)

CUHK Golden Jubilee Celestial Civilian Scholarship on Hong Kong Literature aims to encourage and recognize the excellence of research, analysis, and writing by the students of CUHK in the use of primary sources and rare materials held by the Hong Kong Literature Collection of The Chinese University of Hong Kong Library (CUHK

Library). Applicants can visit the website of CUHK Library for the information on Hong Kong Literature Collection (香港文學特藏) at http://www.lib.cuhk.edu.hk/tc/collections/spc/theme/hklit.

#### Number and Value of Scholarship

There will be two scholarships of HK\$10,000 each. The scholarship recipients should be able to demonstrate their strong competence in using the Hong Kong Literature Collection for their outstanding research papers on Hong Kong literature and related fields. No award will be granted if there is no suitable candidate.

#### Eligibility

Applicants must:

- Be full-time students taking undergraduate / research postgraduate programmes;
- Submit a research paper / thesis / dissertation \* on Hong Kong literature and related fields; and
- Submit a statement in 500-800 words, written in either English or Chinese, on how to make use of the Hong Kong Literature Collection for the research paper / thesis / dissertation.
- \* For research paper, thesis and dissertation written in language other than English or Chinese, applicants are required to translate the academic works into either English or Chinese for submission.

#### **Selection Criteria**

A panel will meet to review applications and take into account the following during selection:

- 1. The originality, quality of analysis and interpretation of the research paper.
- 2. The excellence of writing style and thoroughness of documentation of the paper.
- 3. The extent and effectiveness of the applicant's use of the Hong Kong Literature Collection in the research.

#### **Application Procedures**

Information on the Scholarship and its application form can be downloaded from the website of our Office at <a href="http://admission.cuhk.edu.hk/">http://admission.cuhk.edu.hk/</a> (Financing Your Studies > Scholarships > Open for Applications).

Completed application form together with all requisite documents should be submitted **in person** to the Scholarships and Financial Aid Section, Office of Admissions and Financial Aid, Room 1202, 12/F, Yasumoto International Academic Park during office hours (Monday – Friday 8:45 a.m. - 1:00 p.m. and 2:00 p.m. - 5:30 p.m. except Public Holidays) **on or before 28 June 2019**. *Late or incomplete applications will NOT be considered*. *Please refer to Notes for Applicants attached to the application form for the requisite documents to be submitted by the applicants*.

Selection results will be announced by August 2019.

#### **Enquiries:**

Office of Admissions and Financial Aid (3943 9285/sfas@cuhk.edu.hk)

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# 6. <賽馬會心導遊計劃>一站式網上自助心理支援平台

- 每日的工作都很繁忙,究竟如何可以隨時隨地去照顧自己的心理健康呢?
- 在香港有七分之一的成年人曾經有精神困擾的經歷,但只有25%的人會尋求協助,究竟原因是什麼呢?
- 你試過情緒受困擾卻不知道如何照顧自己嗎?
- 你試過見到身邊的人精神狀態不太好,卻不知道怎樣去支持他們嗎?

我們明白不同人會在不同時候,會有不同的精神健康狀況,亦會有不同的需要。《賽馬會心導遊計劃》旨在根據 每個人的個別需要,並配合現今科技向大眾推廣精神健康,從而達到以下目的:

- 提高社會對精神健康意識及去除對精神病的誤解
- 提昇心理健康及促進個人成長
- 預防抑鬱或焦慮症狀

# - 及早處理情緒困擾

立即登入 www.jctourheart.org 登記成為會員,進行簡單的心理健康評估。平台會根據評每個人的個別需要而建議合適的課程或服務。只要每日抽少少時間參與平台上的課程,就可以隨時隨地提升自己的心理健康!

註:手機版仍在測試改善中。使用電腦版的 Google Chrome、Apple Safari 或 Microsoft Edge 瀏覽網上平台,會獲最佳效果。

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