The Sunny Weekly

01 Apr 2019



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Sunny Review

1. College Photo Day for 2018/19 Graduating Class 2018/19 年度畢業班拍攝日











Graduating Class of 2018/19 gathered on College campus to celebrate their success with friends, family members and teachers at the College Photo Day held on 29th Mar. More than twenty College staff members joined College Master Professor Anthony T.C. Chan (陳德章教授) to share the joy with fellow graduates at this memorable occasion.

We wish to congratulate again all our graduating students for their achievements and express our pride of all the hard work that they had put in to reach this goal!



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2. Sunny Yeah 宜嘢依夜 2019



Another year of Sunny Yeah (宜嘢依夜), a student-initiated event encouraging fellow Sunnies to demonstrate their talents and strengthen their bonding, was held from 13th Mar to 26th Mar.



The beautiful voices surrounding the College marked the beginning of the event – **The Singing Contest**. *Rap* was introduced the first time on top of the groups *Individual* and *Band*, adding more diversities to the contest. Shortlisted contestants competed in the Final on 26th Mar with their best efforts. Featuring a variety of music, the night was sometimes filled with soothing tones, sometimes energetic, but all were passionate that deeply moved the crowd.



Students glammed up with their friends for the night of **The Ball** held on 20th Mar. Professor and Mrs. Anthony T.C. Chan (陳德章教授伉儷) led the first dance and invited students to join the dance floor. Throughout the

evening, participants enjoyed performances, dances, tasty bites and drinks and certainly the fun moments with their friends.



The delightful atmosphere and joyful memories created certainly achieved the meanings of the event. Organizing Committee took a step forward to integrate green elements in decoration production, echoing with the College missions. The telephone booth, the phonograph and the globe décors were upcycled from scrap wood, plastic boards and cardboards. Big applause for their tremendous effort in bringing their fellow Sunnies such meaningful moments!

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3. clab Presents - 523 Sakura Festival

March the beginning of spring, the season of graduation activities, the prime time for sakura blossoms to bloom

A series of activities stimulating FIVE senses has been staged at the *523 Sakura Festival* presented by clab. It is hoped that students were embraced with love and happiness through participating in the activities.

Quick flashback on the wonderful moments at 523 Sakura Festival:



19/3 | 8:00pm | Gallery

Presentation of Free Dessert with Sakura 櫻花甜品派發

Tailor-made desserts, filled with love and sweetness, were prepared by clabbers for their fellow Sunnies.



21/3 | 7:00pm | c!ab

Sakura Pendant Making Workshop 櫻花匙扣工作坊

Participants were welcome to design and colour keychains in two different Sakura patterns.



26/3 | 7:00pm | c!ab

Shibori Indigo Dyeing Workshop 靛藍絞染工作坊

Fabulous patterns were created by dipping cloths into indigo dye with creative yet careful thoughts.

More images and "WYS ON AIR 飯堂廣播 - Canteen Broadcast" can be found on the Facebook Fanpage <u>WYS</u> <u>c!ab CUHK</u> and Instagram <u>C!ab 創意實驗室</u>.

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4. Veggie Bouquet DIY Workshop

To celebrate the Photo Day of our graduating students, clabbers organized a creative and environmental-friendly veggie Bouquet DIY workshop on 28th Mar. It was a collaboration with Hong Kong Organic Farm which provided the fresh ingredients for the workshop.



Participants were invited to choose any veggie they like to eat to create their bouquets. Many of them showed the world their unique creation on the College Photo Day, after which the fresh and healthy veggie were pleasantly consumed instead of being thrown away like many other floral bouquets.



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5. College Members Received CUHK Long Service Awards 書院成員榮獲大學長期服務獎



The University presents Long Service Awards (長期服務獎) to recognize long-serving staff members whose full-time University service has reached the thresholds of 15, 25 and 35 years respectively. At the Award Presentation Ceremony held last Tuesday, College Master Professor Anthony T.C. Chan (陳德章教授), Associate College Master Professor Kam-fai Wong (黃錦輝教授) and College Fellow Professor Hui Lin (林琿教授) received the 25-year Long Service Award, while College Fellow Professor Nicole W.T. Cheung (鄭慧婷教授) received the 15-year Long Service Award. Heartiest congratulations from all the Sunnies!



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6. Joint Inauguration Ceremony of Student Unions 聯學生會幹事會交職典禮



CUHK Student Union and 8 College Student Unions co-organized the Joint Student Union Inauguration Ceremony on 25th Mar. Mr. Wai-ki Yuen (袁煒奇同學), President of Sixth Wu Yee Sun College Student Union led his cabinet to take oath in commitment to serve College students. Professor Man-hong Lai (黎萬紅教授), College Dean of Students was also there to show her support and encourage student leaders to strive their best for their fellow students and the university.



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7. 中國書法班



為期五堂的中國書法班於上星期三結束。同學在資深書法導師雷紹華先生的悉心示範及指導下,通過隸書臨習, 學習中國書法的用筆和結構原理,同學對中國文化的素養亦得以大大提升。

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8. Fantastic BBQ Night with Resident Tutors



The biggest ever joint-floors BBQ gathering was successfully held on the Terrace of Dreams on 27^{th} Mar by our College Resident Tutor team.

Various food including halal and vegetarian options was thoughtfully prepared for our local and international students. Joined by the Warden of West Block Hostel Professor Kong-pang Pun (西座學生宿舍舍監潘江鵬教授), residents had a cozy and fulfilling night in the soothing breeze, along with the warmth surrounding the blazing fire and surrounded by a bunch of lovely College buddies.



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College Activities

1. Be Our Student Mentors 學生友師 @ 伍宜孫書院 x 陳震夏中學 暑期生活營



伍宜孫書院與香港中文大學校友會聯會陳震夏中學 (陳震夏中學) 合辦暑期生活營,期望中學生可體驗大學生活之餘,書院同學亦可擔當友師,分享在大學面對的經歷與挑戰。李沛良師友計劃的學員更可傳承學長的寶貴經驗,達致薪火相傳。

日期:15-17/07/2019(星期一至三)

書院同學須於14/07回書院作最後準備

預計參與人數:

香港中文大學校友會聯會陳震夏中學30名中五學生伍宜孫書院6-8人 (李沛良師友計劃學員優先)

簡介會: 17/04/2019 下午6:30 (會上同時討論籌備工作)

報名:<u>https://bit.ly/2WgfBNr</u> 詳情:<u>https://bit.ly/2FhTX4G</u>

查詢:

余寶婷女士 (3943-3937 / soniayu@cuhk.edu.hk)

2. Call for Votes: clab Film-Photo Competition

For the film-photo competition themed "Light", c!ab is pleased to announce that 25 pieces of film-photo have been shortlisted and are currently being displayed at the College Gallery (書院藝廊). You are welcome to take a look and vote for your favorite piece:

Voting Period: 1st - 12th Apr 2019 **Exhibition Period:** 13th - 22nd Apr 2019 **Venue:** Wu Yee Sun College Gallery (G/F)

Cast Your Vote <u>HERE</u>! You'll be able to join the lucky draw and get a gift too! Act Now!



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3. Farewell Dinner for Incoming Exchange Students of 2018/19 Term 2

The College hosts incoming exchange students from countries around the world every semester. Approaching the end of the semester, we are organizing a farewell dinner for the incoming exchange students admitted for 2018/19 Term 2. All incoming exchange students are welcome and please register. Some seats have been reserved for local and international students also but are limited. If you are interested in chatting with foreign students, register now!

Event Details

Date: 16th Apr (Tue)
Time: 6:45 pm-8:30 pm
Venue: WYS staff canteen
Fee: free (dinner will be served)
Registration deadline: 11th Apr (Thu)

Registration for incoming exchange students: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=7252777
Registration for non-incoming exchange students: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=7253449

Enquiries:

Miss Rachel Poon (3943-3942/ <u>rachelpoon@cuhk.edu.hk</u>) Miss Katie Yu (3943-3935/ <u>katieyu@cuhk.edu.hk</u>)

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4. Let's Battle! Bubble Soccer 激戰!泡泡足球

<以下活動內容由書院體育學會撰寫 The following message is drafted by Wu Yee Sun College Sports Association.>

壓力無處宣洩?想揾啲新奇又刺激嘅活動玩? 伍宜孫書院體育學會為你隆重呈獻 - 激戰!泡泡足球 唔識踢足球?對足球毫無認知? 不重要!我地會有專業教練在場協助和教授相關知識 與其蠢蠢欲動,不如立即行動!

An extraordinary, modern and fun sports – Bubble Soccer. Have you wondered there is a Bubble Soccer World Cup? Why it can attract so many people to join?

COME and JOIN US!!

Don't know how to play bubble soccer?

No worry! Not much soccer skills are needed, and professional coach will be there.

Bubble Soccer has LESS rules and MORE fun!



Date: 9th Apr 2019 **Time:** 6:00 pm – 8:00 pm **Venue:** Shaw Indoor Gym

Programme:

- Brief Introduction
- Game Demonstration
- Competition

Quota: 30

Application: Complete application at Google form (https://forms.gle/VeLN4ELUJbhTCfVE6) and submit \$150 deposit (\$100 refundable with completion of WHOLE activity for WYS students ONLY) to the College Dean of Students' Office **on or before 8th Apr**.

Enquiries: 9266 7210 (Ringo)

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5. College Summer Return Visit: Recruitment of College Student Ambassadors 書院暑期互訪計劃: 書院學生大使招募

The College will be organizing "Summer Return Visit Programme" (書院暑期互訪計劃) from 23rd to 29th Jul, inviting students and teachers from 5 mainland universities to visit our College. We would like to invite students to be College Student Ambassadors to accompany the delegates and introduce Hong Kong to them. The theme this year is "Social Inclusion" (社會共融). Various programme content will be designed to enable participants to know more about how the disabled, ethnic minorities, new immigrants and the underprivileged integrate themselves into the community. More programme details are listed below.

Mainland	5 institutes joining, each will choose around 8 students, accompanied by 1 teacher		
Institutes	Yunnan University (雲南大學)		
	Zhide College, Fudan University (復旦大學志德書院)		
	Chungying College, Xi'an Jiaotong University (西安交通大學仲英書院)		
	Kuang Yaming Honors School, Nanjing University (南京大學匡亞明學院)		
	School of Public Affairs and Administration, University of Electronic Science		
	and Technology of China (電子科技大學公共管理學院)		
Period	23 rd to 29 th Jul		
Theme	Social Inclusion (社會共融)		
Programme	Theme related activities:		
Content	a) Visit Equal Opportunities Commission and/or Legislative Council		
(TBC)	b) Visit schools with most students from the ethnic minorities / mainland China		
	c) Visit NGOs/schools concerning this theme for voluntary service		

	Other activities:		
	a) Ice-breaking / Team-building activities		
	b) Campus Tour		
	c) Museum Visit		
	d) 1 day free time		
College	Quota: Around 25		
Student	Role: Assist the College in the logistic arrangement (e.g. pick up delegates from the		
Ambassadors	airport with the coach arranged by the College), accompany the delegates and show		
	them around Hong Kong throughout the programme.		
	Fee: Free of charge (accommodation in College student hostel and meals except free time		
	will be provided)		
	Eligibility: All WYS students (Priority will be given to local students. International		
	students who can speak Mandarin are also welcome.)		

Registration Link: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=7132503

Registration Deadline: 7th Apr (Sun)

Enquiries

Miss Rachel Poon (3943-3942 / <u>rachelpoon@cuhk.edu.hk</u>) Miss Katie Yu (3943-3935 / <u>katieyu@cuhk.edu.hk</u>)

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6. "Nature in Touch" Hiking and Planting Day 2019「體驗自然」遠足植樹日



Looking at distant objects in nature allows your eye muscles to relax. Before examination starts, let's take a deep breath in the nature to relax and get recharged!

Date: 14th Apr (Sun) **Time:** 9:00am – 2:00 pm

Location: Pat Sin Leng Nature Trail, Pat Sin Leng Country Park

Meeting Point: College Gallery (8:50am); University MTR Station (9:00am)

Transport: Coach service between CUHK & Pat Sin Leng

Leading Teacher: Professor Kwai-cheong Chau (Chairperson of Campus Environment Committee and Adjunct Associate Professor at the Department of Geography and Resource Management)

Dress-code: sports

**Please prepare drinking water and snacks, if necessary

Fee: Free of Charge

Deposit: HK\$50 (fully refundable after completion of event)

Registration: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=7149502

Registration Deadline: 7th Apr (Sun)

Deposit Submission Deadline: office hours, 8th Apr (Mon)

Enquiries:

Mr. Andy Cheung (3943-9768 / andy_cheung@cuhk.edu.hk)

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7. Summer Internship Programme with Dorsett Hospitality International 帝盛酒店暑期實習計劃 2018/19



To Learn - Be Inspired from the Corporate Culture and Be Coached by the Experienced Management

To Grow - Set Your Goals and Embrace Challenges

To Contribute - Bring in Your Talents to Drive Business Growth

Eligibility: Non-final year full-time Wu Yee Sun College undergraduates of relevant disciplines as required

Internship Period: Jun – Aug 2019 (8 weeks) **Location:** Hong Kong Corporate Office

Allowance: \$4,000 / Month

Internship Positions:

Department	No. of Interns	Disciplines
Engineering	1	Engineering
Finance	1	Accountancy & Finance
Human Resources	1	Business-related
I.T.	1	I.T
Interior Design	1	Interior Design
Legal	1	Law
Procurement	1	Business-related

Project	1	Architecture or Surveying
Sales & Marketing	2	Business-related

Application: Please register at https://bit.ly/Dorsett19a on or before 8th Apr

Enquiries:

Ms. Sonia Yu (3943-3937/ soniayu@cuhk.edu.hk)

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8. 電影欣賞 Movie Appreciation: 廣告牌殺人事件 Three Billboards Outside Ebbing, Missouri



電影 Movie: 廣告牌殺人事件 Three billboards outside Ebbing, Missouri

分析主題 Theme: 人生的焦慮 Anxiety in Life

日期 Date: 02.04.2019 (tomorrow)

時間 **Time:** 7 – 10pm

地點 Venue: 書院演藝廳 College Theatre, Wu Yee Sun College

電影語言 Movie Language:

英語, 配以中文字幕 English, with Chinese subtitles

主持 Moderator:

鄭政恒先生 --- 影評人、書評人,曾任香港電影金像獎、國際影評人聯盟獎、金馬獎評審。2012 年獲得香港藝術發展獎年度最佳藝術家獎。

Mr. Matthew Cheng --- Film critic, Book critic; Judging Panel member of various film awards; Recipient of "Award for Best Artist" in Hong Kong Arts Development Awards 2012

報名 Enrollment: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=6890482

已透過 RAS 登記出席是次 GEYS1010 活動之一年級同學不需重覆報名

No enrollment needed for Year 1 students who have registered for this GEYS1010 Activity via RAS

Enquiries:

Ms Candy Shek (3943-1615 / candyshek@cuhk.edu.hk)

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9. Fitness Consultation Sessions 健身訓練諮詢

Ever have doubts about all sorts of training techniques and effects? Ask our personal trainers at College Gym!



Trainer: Mr. Sebastian Chan

Dates (Every Wed, Except Public Holidays): Jan 16, 23, 30 Feb 13, 20, 27

Apr 3, 10, 17

Mar 6, 13, 20, 27

Time: 7:00pm - 9:00pm **Venue:** College Gymnasium

Trainer: Ms. Vanessa Chan

Dates (Every Thu, Except Public Holidays):

Jan 17, 24, 31 Feb 14, 21, 28 Mar 7, 14, 21, 28 Apr 4, 11, 18

Time: 6:00pm - 8:00pm Venue: College Gymnasium

No prior applications required! Kick-start your workout plan now!

Enquiries:

Miss Kiki Chan (3943-3934 / kiki.chan@cuhk.edu.hk)

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College Announcements

1. New College Member 新增書院成員

The following CUHK staff members has recently joined Wu Yee Sun College as teacher affiliates. Warm welcome from all the Sunnies!



Professor Kenneth C.P. Cheung 張質彬教授

Research Assistant Professor, School of Life Sciences BSc (UCL); MMedSc (HKU); PhD (QM Lond.)

Professor Cheung worked as Postdoctoral Research Assistant at The William Harvey Research Institute of The University of London before joining CUHK in September 2018. His research interests include Cell Metabolism, Cell Trafficking, Molecular Biology, and Plant Biotechnology.



Professor Hao Zhang 張浩教授

Assistant Professor, Faculty of Law LLB, LLM (Beijing Forestry); PhD (Melb.)

Professor Zhang's research interests are primarily in the fields of Chinese energy law, climate law and comparative environmental law. He is currently working on the legal issues surrounding the green economic transition in China (i.e. renewable energy, electrification and emissions trading), as well as China's energy sector reform. Professor Zhang is the deputy director of the LLM programme in energy and environmental law. He serves as an associate editor for the journal *Climate Law*.

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2. Acting Appointment 署理職務

College Master Professor Anthony T.C. Chan (陳德章教授) will be out of town from 5th to 6th and 18th to 21st April, and 28th April to 1st May. During these periods, Professor Sunny K.S. Kwong (鄺啟新教授), Associate College Master and Director of University Planning Office, has been appointed the Acting Master of Wu Yee Sun College.

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3. News of College Member 書院成員消息



Professor Albert Lee (李大拔教授), College Fellow, Associate Dean of General Education and Professor at The Jockey Club School of Public Health and Primary Care, has been re-appointed Member of the Advisory Council on the Environment (環境諮詢委員會) for a period of two years from 1st Jan 2019. Professor Lee has also been appointed Member of the Appeal Board Panel established under the Waste Disposal Ordinance (廢物處置條例) for a period of three years from 1st Feb 2019.

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4. Summer Student Hostel 2019 and Hostel Check-out in 2018/19 Term 2 2019 年暑期學生宿舍及 2018 至 19 年下學期退宿

Summer Student Hostel 2018 online application will open on 5th Apr to 14th Apr 2019. Please visit https://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1553669096WYS_Hostel_Checkout_SH2019_Note.pdf for details.

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5. Dorsett Young Entrepreneur Scholarship 2018/19- Finalists Shortlisted

The final presentation of the Dorsett Young Entrepreneur Scholarship was held last Friday. Among the keen competition, the panel decided to shortlist 4 teams as the finalists (see below, in alphabetical order).

Team	Project Idea	
CareerSky	To empower people to design their life (understand themselves and their values, search	
	for meaning of life and to set priority) and live a fulfilling, happy and "successful" life	
	(successful defined by our participants).	
MUSICO	To build a sharing platform with a mission "To honour musician by bringing live	
	performances into audiences' daily life."	
Survoney	To establish a bridge between companies that need data and individuals who are	
	willing to sell their data. The project idea aims to help users to find out the dormant	
	value in their fragmentary time.	
啟明教育	改變傳統 K12 教育機構的組織形式,通過一站式平台化運營和"BUDDY"一對一模式創	
	新,實現高效的師生資源匹配和圈層聚合	

Awards will be presented at the College Closing Assembly on 12th Apr. Once again, congratulations to the shortlisted teams!

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6. WYS Hostel Application 2019/20 (For Non-local Students admitted in 2015/16 and before)

Hostel application <u>for non-local students admitted in 2015/16 and before</u> for the academic year 2019/20 will open from <u>16th Mar to 1st Apr (TODAY!)</u>. Please read through the Application Note before submitting your online application.

Application Note:

https://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1552642833WYS_Hostel_201920_NL1516_ApplicationNote.pdf

Online Application:

https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=6107542

An email notification will be sent to the email address provided upon successful online submission. Applicants must keep the email and present the email printout to the College as supporting document upon request. *Applicants are NOT required to submit a printout of the email notification for application.*

Enquiries:

Ms. Polly Po (3943 1741 / polly@cuhk.edu.hk)
Miss Zalon Wong (3943 9773 / zalonwong@cuhk.edu.hk)

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7. Application for 2019/20 Student Hostel Residence (for Local Students) 2019 至 2020 年度學生宿舍申請(本地舊生)

Online Application for 2019/20 Student Hostel Residence (for Local Students) is open between 23th Mar and 7th Apr.

Interested students please read through the Application Note and submit applications as appropriate.

Application Note (updated on 25th Mar):

https://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1553483829WYS_Hostel_201920_LocalNF_ApplicationNote_20190325.pdf

Online Application:

https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=6115242

Online Application for Scholarship Recipients:

https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=7183889

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8. Locker Application for 2019 Summer 書院儲物箱申請 (2019 年暑期)

Lockers located at 1/F, East Block (opposite to Learning Commons) are now available for WYS College students. Students can apply at https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=7149069. Successful applicants will be assigned ONE locker for use in the period 3rd May – 8th Sep.

Application Procedures

- 1) Submit application online by 7th Apr. First come, first served.
- 2) Submit a deposit of \$50 via HSBC or Hang Seng Bank ATM to The Chinese University of Hong Kong (293-005005-018) **AFTER** being notified by email of the success of application.
- 3) Submit the bank-in slip / ATM advice to the Dean of Students' Office (UG09) in person on or before 5:30 pm, 23rd April after receiving the confirmation email sent by the Office.
- 4) Each successful applicant will be assigned one locker.

Regulations for the Use of Lockers

- 1. Users should take care of their personal belongings kept in lockers. The College will not be responsible for any loss or damage.
- 2. Due to hygienic reasons, no food, beverages, condiments or similar items should be kept in the lockers.
- 3. Users are responsible for cleaning the lockers and removing all the personal belongings inside them before returning the lockers to the College. After the stipulated period of use, any leftover items inside the lockers will be disposed of without any notification (no compensation will be made for destroyed locks).
- 4. Deposit will be refunded by auto-pay. Students should check their bank accounts in due course.
- 5. Deposit will be forfeited if any damage is made or failure to clear the locker upon expiry of the period of use.
- 6. The College may seize the student's right to use the locker if he / she violates the regulations or misuses the locker.
- 7. Users are fully responsible in taking care of their lockers. To avoid any misunderstandings, users are strongly recommended to lock their lockers even if they do not leave anything inside.

Enquiries:

Miss Kiki Chan (3943 3934 / kiki.chan@cuhk.edu.hk)

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9. Temporary Closure of College Catering Outlets at Ching Ming Festival and Easter Holiday

All catering outlets at Wu Yee Sun College will be temporarily closed on 5th **Apr (Friday)** for Ching Ming Festival and **from 19**th **to 22**nd **Apr (Friday to Monday)** for Easter Holiday. Thank you for your kind attention.

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10. Scholarship for Semester Exchange Programmes 2018/19 (non-College Term-long Exchange Programme)

College students participating in Term-long Exchange Programmes during academic year 2019/20, which are not organized/ coordinated by WYS College, can now apply for the "Scholarship for Semester Exchange Programmes 2018/19". Details are listed below.

Eligibility (Need to fulfill all criteria below)

- full time WYS College undergraduates;
- will go on exchange in academic year 2019/20 (one term/ whole year);
- will participate in Term-long Exchange Programmes organized/ coordinated by units other than WYS College

Note: This scholarship is **NOT** open to students participating in Term-long Exchange Programmes organized/coordinated by WYS College as they have already been awarded this Scholarship. The scholarship amount has been announced in the offer email sent in January already. No extra application is needed.

Application Link: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=7091028
Application Deadline: 30th Apr (Tue)

Applicants need not attend interview. The application result will be determined by the selection panel according to the application documents submitted and the content on the application form. Since members of the selection panel may not be able to read Chinese, you **MUST complete the application form in ENGLISH**. Those written in Chinese will be not viewed or considered, while incomplete or late application will not be handled.

Enquiries:

Miss Rachel Poon (3943-3942/ <u>rachelpoon@cuhk.edu.hk</u>) Miss Katie Yu (3943-3935/ <u>katieyu@cuhk.edu.hk</u>)

11. "Meet the Dean" Hours 輔導長時間

"Meet the Dean" Hours is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned. The session is hosted by:

- Professor Man-hong Lai (黎萬紅教授), College Dean of Students and Associate Professor at the Department of Educational Administration and Policy
- Professor Ming-kay Poon (潘銘基教授), College Associate Dean of Students and Associate Professor at the Department of Chinese Language and Literature
- Dr. Po-kin Leung (梁寶建博士), College Associate Dean of Students and Lecturer at the Department of Physics

Every Sunnie is welcome!

Academic Year 2018/19

Date: Every Wednesday **Time:** 4:30 pm – 5:30 pm

Venue: Dean of Students Office, Room UG09, Wu Yee Sun College

Enquiries:

Ms. Sonia Yu (3943-3937 / <u>soniayu@cuhk.edu.hk</u>) Miss Katie Yu (3943-3935 / <u>katieyu@cuhk.edu.hk</u>)

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12. Student Pastoral Care

Sometimes you find yourself with these negative emotions: lost, alone, aimless or confused as you adjust to university life or pursue personal growth. Share your feeling with others will help release your emotions and gain new perspectives! DON'T be afraid to ask for help. Our College Dean of Students would be more than happy to speak to you and give you advices, below are the contact numbers you may wish to know.

- 1) You are welcome to speak with our **College Dean of Students** when you have problems that need resolving. Please call 3943 3942 for arrangement.
- 2) You may also approach the **University's Wellness and Counselling Centre** at 3943 7208 for help.
- 3) A **24-hour Emotional Support Hotline** at 5400 2055 is available to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations.

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13. Exchange and Travel Grant/Loan 2018/19



College students with financial needs who are selected for semester or year exchange programmes or going overseas for summer activities/exchanges may apply for Exchange and Travel Grant/Loan.

There are different rounds of applications. For programmes /activities held in Feb – May 2019, application is now open until 18th Apr 2019.

For programmes/activities held in Jun – Sep 2019, application will be open from 19th Apr – 16th Aug 2019.

Check out the following link for more information including eligibility: https://www.wys.cuhk.edu.hk/cms/wp-content/files-mf/1549961653ExchangeandTravelGrantandLoan2018192nd.pdf

Enquiries:

Ms Karen Yiu (3943-3936 / karenyiu@cuhk.edu.hk)

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14. WYS's Got Talents - Photography, Poster Design, MC and a lot more!

Are you interested in or excellent at photography, video-production, art & design, simultaneous interpretation or being the Master of Ceremonies? We are now also recruiting talents of Audio & Video Control (影音控制), and any other talents you've got!

The College is recruiting all sorts of talents to contribute in various College events including the upcoming College Opening and Anniversary Ceremony, College Forum and Assembly...etc. Registered students may be invited to assist in different occasions. Don't hide your talents, shine in the College! *P.S. CREATIVITY COUNTS!!!*

Let us know what you are interested in and excellent at: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838

Enquiries:

Miss Kiki Chan (3943-3934 / kiki.chan@cuhk.edu.hk)

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15. Membership Recruitment - WYS Alumni Association 伍宜孫書院校友會會員招募

Want to stay in touch with your college friends? Expand your professional network? Give back to the College? WYS Alumni Association lets you take college bonds beyond student life. You can get a lifelong membership for just \$500. Apply now, and you will receive a set of 4 reusable drinking straws! (While stocks last)

Simply fill in the application form, and return to the College Office (G/F, Wu Yee Sun College) with the membership fee.

想跟書院同學保持聯繫?想擴闊人際網絡?想回饋書院?透過伍宜孫書院校友會,你可以將學生時代的關係延續下去。終生會籍只需 500 元。現時申請,更可獲贈一套四支環保飲管(先到先得,送完即止)。

各位同學只須填妥申請表,連同會員費,交回伍宜孫書院地下院務室即可。

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College Funding & Awards Schemes

1. Care and Well-being Fund for Mental Wellness Activities



Care and Well-being Fund for Mental Wellness Activities encourages students to participate in various activities to strengthen mental wellness, including workshops, talks, symposiums etc. to release their stress as well as training classes and courses such as counselling training to enrich their knowledge on mental health in order to improve students' overall mental wellness.

Eligibility:

For Wu Yee Sun College students who participate in mental health activities and trainings organized by organization(s) other than College

Examples:

Mindfulness Workshop, Laughter Yoga, Art or Music Therapy Class, Counselling Workshop, Talk or Symposium on Mental Health, Mental Health First Aid Course

Funding Amount per student per activity:

Maximum \$800 or 80% of the course / activity fee (whichever is lower)

Take a look at the guidelines and the report template, and start your healthy life now!!!

Application: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=6754853

Enquiries:

Miss Carly Lau (3943-3988 / carlylau@cuhk.edu.hk)

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2. Mingle Fund

Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College. The Fund supports self-initiated activities with participation of both local and international/incoming exchange students. Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity.

Details: www.wys.cuhk.edu.hk/exchange.php?cat=others

Enquiries:

Miss Katie Yu (3943-3935 / katieyu@cuhk.edu.hk)

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3. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃

Life begins at the end of your comfort zone!

A SMALL change can make a BIG difference!

If you are planning for any short-term projects containing elements of Creativity, Entrepreneurial Spirit or Social Responsibility, apply "Be Entrepreneurial!" Funding Scheme.

To provide more support to students, the maximum funding amount has been raised to \$20,000!!!

Maximum Funding Amount: HK\$20,000 Eligibility

- All WYS undergraduate students
- Individual and Group projects (the group must comprise of at least 50% WYS students, other 50% may be students from other Colleges)
- Applications are welcome all year round

What are you waiting for? Click **HERE** to find out more information!

Enquiries:

Miss Florence Tsui (3943-9767 / florencetsui@cuhk.edu.hk)

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4. Global Learning Award Scheme (Summer Round) 寰宇學習獎勵計劃 (夏季)

Introduction

Global Learning Award Scheme aims to encourage students to create, design, plan or participate in **non-local** academic or experiential learning programmes, so as to broaden students' international perspectives and enrich their experiences. Students need to demonstrate from the application documents and interview that the programme applied is beneficial and valuable to them instead of just simply for entertainment. The College Student Exchange Committee will then determine if the students can be awarded, and the award amount (if any). For successful applicants, they will be awarded "Global Learning Award" and receive the award amount after fulfilling all post-trip requirement on time. For more details, please refer to the <u>webpage</u> of GLAS.

Eligibility

All Wu Yee Sun College students (except Exchange students) are eligible for application. The programme joined or planned must be finished by their corresponding graduation date. Some examples are students self-initiating or joining overseas tours, academic conferences, competitions, field trips, courses, internship/major-related placement, research, voluntary service. Programmes organized and subsidized by the College and Term-long Exchange Programmes are excluded.

Maximum Award Amount

The maximum award amount varies with the programme length and programme nature.

	Programme Length	Programme Nature	Maximum Award amount
Ch out towns	Shorter than	Self-initiated programmes	HK\$12,000 or 100% of cost of the particular items (whichever is lower)
Short-term	one month	Participating in organized programmes	HK\$5,000 or 50% of cost of the particular items (whichever is lower)
Long-term	One to six months	Self-initiated programmes	

Participating in
organized programmes

HK\$15,000 or 100% of cost of particular items (whichever is lower)

Application

Before submitting the online application form (https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=6237886), please read through all guidelines and samples on the webpage.

Round	Applying for trips taken during (for trips overlapping both rounds, <u>first date</u> of the trip shall determine the application period)	Application period
Winter	1st Nov – 30th Apr	1st May - 31st Oct
Summer	1st May - 31st Oct	1st Nov - 30th Apr

Enquiries:

Miss Katie Yu (3943-3935 / katieyu@cuhk.edu.hk)

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5. Service-learning project Funding Scheme 服務學習項目資助計劃

If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's Service-learning Project Funding Scheme supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project.

Learn to serve and serve to learn! Please visit the website for more info.

Enquiries:

Miss Katie Yu (3943-3935 / katieyu@cuhk.edu.hk)

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6. Self-Motivation Fund for Sports Activities 「自選遊」體育活動資助計劃



Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of **sports** activities and qualification courses for sports coach, in order to live up the spirit "Sports for Everyone".

More Diversified and Greater Support!

Eligibility

Application Fee of Sports Events --> **BOTH** application fee and course fee of sports activities and workshops

Funding Amount

Sports Activities: Max. \$500 --> **\$1,000**

Qualification Courses for Sports Coach: Max. \$800 --> \$2,000

Details: https://www.wys.cuhk.edu.hk/whole-person-development/sports-health-education/

Enquiries:

Miss Kiki Chan (3943-3934 / kiki.chan@cuhk.edu.hk)

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Other Activities & Announcements

1. 初創社企苦與樂分享會



WeLeap is a student-initiated platform that aims at connecting like-minds of social entrepreneurs.

WeLeap is organizing a sharing session named 初創社企 苦與樂 on 13th Apr 2019 with the presence of honorable guest speaker 澍洞 (TreeHole). If you are interested in learning more about social entrepreneurship, please get ticket through this link

https://www.useget.com/buy/Weleap_TREEHOLE and enjoy an early bird offer at HK\$80/ticket till 6th April 2019.

TreeHole is a social enterprise that is founded by university students on solving HK mental issue. For more info about TreeHole, please feel free to check out the Facebook Page 澍河 - TreeholeHK.

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2. Faculty of Biology, Medicine and Health at the University of Manchester: Four-week summer school in Epidemiology

The Faculty of Biology, Medicine and Health at the University of Manchester is going to organize a four-week summer school in Epidemiology between 22nd Jul and 16th Aug. The purpose of this summer school is to provide applicants with an in-depth introduction to epidemiology and public health. You will be taught in small groups by experts in the fields of evidence synthesis, biostatistics, health economics and health inequalities. You will be supported to work together with your peers on group tasks to develop your epidemiology skills. You will also be given the opportunity to improve your presentation skills in an academic setting. In addition to the academic program, there will be plenty of opportunities for social activities. The cost of the 4 week course is 3,000 pound sterling, and it covers the following items:

- Group airport transfers from Manchester Airport
- Program fees
- Student accommodation (en-suite single room/shared kitchen)
- Orientation and farewell events and selected social activities

If you are interested in joining this program, please fill in the application form and send to health@manchester.ac.uk by email health@manchester.ac.uk by email health@manchester.ac.uk After receiving application forms and registrations, the University of Manchester will send out invitation letters to students who need visas to support their visa applications.

Application Form: Click Here

Booklet: Click <u>Here</u> Timetable: Click <u>Here</u>

You may apply for College Global Learning Award Scheme (2018/19 Summer Round) to seek financial support if you would like to join this program. For more details of the Award Scheme, please refer to https://www.wys.cuhk.edu.hk/whole-person-development/exchange/?cat=others

Enquiries:

The University of Manchester (health@manchester.ac.uk)

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3. Know More about Alcohol Workshop - Final Session



JC School of Public Health and Primary Care, Faculty of Medicine would like to invite you to join the Final Session of Know More About Alcohol Workshop on 16th Apr evening.

FREE dinner will be provided and there are chances to WIN more than HK\$1500 Apple Store and other cash coupons. The workshop detail are as follow:

Date: 16th Apr

Time: 7:00 pm -9:00 pm

Venue: Gallery at G/F lobby, Wu Yee Sun College

Registration: https://goo.gl/forms/F4ObnOLexgrctDK42

P.S.: Limited seats only! Enrollment is on a first-come-first-served basis.

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4. Heart to heart Carnival 心。照嘉年華 2019 - Organized by HKU Students



向大家隆重呈獻心。照嘉年華 2019!情緒健康看似與你無關,但其實暗藏千絲萬縷嘅關係穿香港每 5 個人就有 1 個曾經患不同程度嘅情緒病!無論你係大人定細路,對情緒健康有無認識、興趣,都非常歡迎你黎心。照嘉年華,除左學習好好照顧自己情緒嘅方法,仲可以藉依個機會關心身邊朋友,鼓勵大家 reach out! Make your mental health a priority! ACTION!

Mental health might seem unrelated to you. But do you know every 1 in 5 people in Hong Kong suffers from mental illness of different levels! Regardless of your age and your understanding towards mental health, you are cordially invited to the Carnival. Not only will you get to know various means to relieve stress, but also gain inspirations on why mental health is so crucial. Mental illness is nothing to be ashamed of --- let's reach out! Make your mental health a priority. ACTION!

Date: 11th - 12th Apr (Thur - Fri) Time: 12:30 pm - 8:00 pm

Venue: Haking Wong Podium, The University of Hong Kong

Fee: Free of charge

[義工招募中 Passionate Volunteers WANTED!]

If you would like to contribute more on mental health advocacy, we sincerely welcome you to become our volunteer at the carnival!

Volunteer responsibilities

- Be on hand to support different booths

- Assist in the coordination of the opening ceremony
- Support the Marketing team with social media during the event
- Engage potential participants throughout the event

Registration form: https://goo.gl/forms/RGTtjhM4KkYHDuEs1

Enquiries:

<u>hearttohearthku@gmail.com</u> or Facebook inbox '心照Heart To Heart'

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5. HKMA Seminar on "The Way to Become a Top Marketer"



Date: 29th Apr (Mon) **Time**: 3:00 pm - 5:00 pm

Venue: CYMA Charity Fund Management Development Centre, Rm 201, Pico Tower, 66 Gloucestor Road,

Wanchai HONG KONG Language: Cantonese Fee: Free of Charge

Seats are limited and on a first-come-first-served basis.

Application: Interested students please email <u>soniayu@cuhk.edu.hk</u> on or before 15th Apr with following details:

- 1. Student ID
- 2. English Full Name
- 3. Major
- 4. Contact Phone
- 5. Contact Email

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6. CUHK Golden Jubilee Celestial Civilian Scholarship on Hong Kong Literature 2018/19 (Application Deadline: 28 June 2019)

CUHK Golden Jubilee Celestial Civilian Scholarship on Hong Kong Literature aims to encourage and recognize the excellence of research, analysis, and writing by the students of CUHK in the use of primary sources and rare materials held by the Hong Kong Literature Collection of The Chinese University of Hong Kong Library (CUHK Library). Applicants can visit the website of CUHK Library for the information on Hong Kong Literature Collection (香港文學特藏) at http://www.lib.cuhk.edu.hk/tc/collections/spc/theme/hklit.

Number and Value of Scholarship

There will be two scholarships of HK\$10,000 each. The scholarship recipients should be able to demonstrate their strong competence in using the Hong Kong Literature Collection for their outstanding research papers on Hong Kong literature and related fields. No award will be granted if there is no suitable candidate.

Eligibility

Applicants must:

- Be full-time students taking undergraduate / research postgraduate programmes;
- Submit a research paper / thesis / dissertation * on Hong Kong literature and related fields; and

- Submit a statement in 500-800 words, written in either English or Chinese, on how to make use of the Hong Kong Literature Collection for the research paper / thesis / dissertation.
- * For research paper, thesis and dissertation written in language other than English or Chinese, applicants are required to translate the academic works into either English or Chinese for submission.

Selection Criteria

A panel will meet to review applications and take into account the following during selection:

- 1. The originality, quality of analysis and interpretation of the research paper.
- 2. The excellence of writing style and thoroughness of documentation of the paper.
- 3. The extent and effectiveness of the applicant's use of the Hong Kong Literature Collection in the research.

Application Procedures

Information on the Scholarship and its application form can be downloaded from the website of our Office at http://admission.cuhk.edu.hk/ (Financing Your Studies > Scholarships > Open for Applications).

Completed application form together with all requisite documents should be submitted **in person** to the Scholarships and Financial Aid Section, Office of Admissions and Financial Aid, Room 1202, 12/F, Yasumoto International Academic Park during office hours (Monday – Friday 8:45 a.m. - 1:00 p.m. and 2:00 p.m. - 5:30 p.m. except Public Holidays) **on or before 28 June 2019**. Late or incomplete applications will NOT be considered. Please refer to Notes for Applicants attached to the application form for the requisite documents to be submitted by the applicants.

Selection results will be announced by August 2019.

Enquiries:

Office of Admissions and Financial Aid (3943 9285/sfas@cuhk.edu.hk)

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7. <賽馬會心導遊計劃>一站式網上自助心理支援平台

- 每日的工作都很繁忙,究竟如何可以隨時隨地去照顧自己的心理健康呢?
- 在香港有七分之一的成年人曾經有精神困擾的經歷,但只有25%的人會尋求協助,究竟原因是什麼呢?
- 你試過情緒受困擾卻不知道如何照顧自己嗎?
- 你試過見到身邊的人精神狀態不太好,卻不知道怎樣去支持他們嗎?

我們明白不同人會在不同時候,會有不同的精神健康狀況,亦會有不同的需要。《賽馬會心導遊計劃》旨在根據 每個人的個別需要,並配合現今科技向大眾推廣精神健康,從而達到以下目的:

- 提高社會對精神健康意識及去除對精神病的誤解
- 提昇心理健康及促進個人成長
- 預防抑鬱或焦慮症狀
- 及早處理情緒困擾

立即登入 www.jctourheart.org 登記成為會員,進行簡單的心理健康評估。平台會根據評每個人的個別需要而建議合適的課程或服務。只要每日抽少少時間參與平台上的課程,就可以隨時隨地提升自己的心理健康!

註:手機版仍在測試改善中。使用電腦版的 Google Chrome、Apple Safari 或 Microsoft Edge 瀏覽網上平台,會獲最佳效果。

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