The Sunny Weekly

29 Oct 2018



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Sunny Review

1. College Forum: Multiple Possibilities in Education - the Establishment of RTC GAIA School (Speaker: Mr. Wing-kai Lau and Mr. Chung-Sing Yip)

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書院論壇:教育不只一條路 — 鄉師自然學校的創建 (講者:劉永佳先生及葉頌昇先生)

2018.10.29



The College Forum entitled "Multiple Possibilities in Education - the Establishment of RTC GAIA School 教育不只一條路 — 鄉師自然學校的創建 " was conducted by Mr. Wing-kai Lau (劉永佳先生), Founder of RTC GAIA School (鄉師自然學校) and Mr. Chung-Sing Yip (葉頌昇先生), Principal of the School, last Friday. They shared with students how the School was founded and their aspiration for providing alternative ways in education. The speakers also discussed with students how the school differs from yet connects with the mainstream education system.

We were grateful to have Professor Hin-wah Wong (黃顯華教授), Senior College Tutor and Adjunct Professor at the Department of Curriculum and Instruction, moderating the Forum.



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2. Clab Activity: Male Make-up Class





Grooming and make-up is no longer an exclusive privilege for women. Nowadays, it is not rare for men to wear make-up at occasions like social gatherings or job interviews. The student conveners of Social-political Innovation stream in c!ab, Louie Yan (Sociology/4) and Clare T.C. Chan (Linguistics/2), invited Youtuber and make-up artist Ricky Kazaf to lead a tutorial for male make-up. Ricky shared his observation on the trend of male make-up and held a simple discussion with the attendees who all had an enjoyable night!



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3. Campus Visit by Swedish Foundation for International Cooperation in Research and Higher Education



A delegation of teachers from Swedish universities visited our College on 25th Oct. Professor Ming-chung Chu (朱 明中教授), College Fellow and Chairperson of Student Exchange Committee, was invited to introduce the College to the delegates. The delegates toured around the campus to appreciate the beautiful environment and excellent College facilities with the guidance of College staff and our international student Elgin (Professional Accountancy/2).



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4. A Short Talk from JCSPHPC: Know More about Alcohol



Representatives from The Jockey Club School of Public Health and Primary Care conducted a short talk on "Know More about Alcohol" at the College last Wednesday. They talked about the inconveniences and harms caused by alcoholic consumption in an interactive manner. The talk is part of the School's research project aiming to develop an alcohol harm reduction programme for university students in Hong Kong.

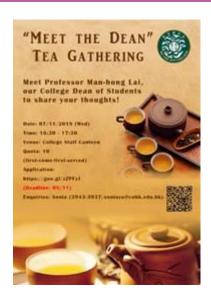
Students are invited to complete a short online questionnaire to get a cash coupon: https://goo.gl/forms/gnmOoj6YFdE6T0tv1



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College Activities

1. "Meet the Dean" Gathering



Meet Professor Man-hong Lai, our College Dean of Students to share your thoughts!

Date: 7th Nov (Wed)

Time: 4:30pm

Venue: College Staff Canteen

Application: https://goo.gl/zZPFzJ

Enquiries: Ms. Sonia Yu (3943-3937 / soniayu@cuhk.edu.hk)

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2. 11th College Anniversary 十一周年院慶

The following message is drafted by "Wu Yee Sun College Anniversary Organising Committee". Please scroll down for English.



不知不覺 仲有半個月就到宜孫院慶啦 唔知大家期唔期待呢 (小編:當然期待) 不如趁依家再介紹一次院慶有咩活動啦

環校跑

顧名思義啫係環校跑啦

中大咁大座山,行就行得多,跑,你又試過未?

快啲報名參加啦,聽講仲會有 PE 分加架…

日期: 02/11

時間: 11:25 - 13:00

比賽登記時間 : 10:55 - 11:25 (所有遲登記的選手將不獲參與)

地點: 伍宜孫書院大堂

名額: 300名 衣著: 合適運動衫 截止報名: 26/10

報名方法: https://goo.gl/h32wbK
參賽須知: https://goo.gl/c81CFL

523 人宴

如果…我有多張飛…

你會唔會肯同我一齊去人宴?

人宴有好多人表演架,例如 Jw, sweetone 正呀

到時仲有得抽獎大派禮物

又有得食,有得聽,有得玩

你仲唔快啲報名?

日期 11 月 7 日 (星期三)

時間 18:00-22:00

地點 伍宜孫學生飯堂

正價票: \$120

團購票 (同時購買 12 張或以上): \$110

特惠票 (只適用於伍宜孫音樂學會會員 / 伍宜孫書院十一週年院慶部員): \$100

網上購票

截止日期:02/11 (12:00)

報名方法:

 $\underline{https://docs.google.com/forms/d/1enZzVUyWqRDo0ROW_0Op1BbdBCLglk0Ds8rpVXkdGzU/edit?usp=sharing}$

Sunny Festival 大笪地國際文化夜

咁多大笪地,唔知你又試過黎宜孫大笪地未呢?

快啲拉埋你嘅朋友,一齊黎宜孫大笪地玩啦□諗起都興奮

日期:8/11(四) 時間:6pm-11pm 地點:伍宜孫書院中庭

迷離宜孫

迷離宜孫帶你探索宜孫

無論係唔係宜孫嘅你,都需要你黎發掘…

日期:13/11,14/11(二,三)

時間:6pm-10:30pm

地點:112室

密室逃脫

快啲約埋三五知己玩呢個密室啦!!

可能呢個密室,會令你知道更多宜孫嘅秘密?

日期:13/11,14/11(二,三)

時間:6pm-10:30pm

地點:112室

輕輕(?)介紹左咁耐,有無喚起你對院慶嘅熱情呢?

快啲踴躍參加啦

Wu Yee Sun College 11th Anniversary Events will be held soon! Let's have a quick look at our thrilling events.

Campus Run

Have you ever run on our vast CU campus? Anticipate and join our campus run so that you could experience running along the roads on CU campus.

4 PE marks will be awarded for completing the run too!

Date: 02/11 (Fri) **Time:** 11:25 - 13:00

Registration: 10:55 - 11:25 (Any late registration will NOT be entertained)

Meeting Venue: Wu Yee Sun College courtyard

Quota: 300 participants **Dress Code**: Sports wear

Deadline: 26/10

Sign up: https://goo.gl/h32wbK
Guidelines: https://goo.gl/c81CFL

523 Banquet

Ever imagined the lovely and lively aroma in our WYS canteen? The 523 Banquet allows you to have a feast with our beloved Sunnies You may also enjoy performances from JW and Sweetone Why would you hesitate? Attend 523 Banquet with your friends!

Date: 7/11 (Wed) Time: 18:00-22:00

Venue: Wu Yee Sun College Student Canteen

Regular ticket fee per person: \$120

Group ticket fee per person (for people who purchase 12 tickets or more): \$110

Concessionary ticket fee per person (For WYS Music Society members / EC of WYS 11th Anniversary): \$100

Application:

 $\underline{https://docs.google.com/forms/d/1enZzVUyWqRDo0ROW_0Op1BbdBCLglk0Ds8rpVXkdGzU/edit?usp=sharing}$

Sunny Festival International Cultural Night

Sunny Festival is a miniature of a carnival! There will be different stalls where you can buy food or handicrafts of different country. Immerse yourselves in the atmosphere of Sunny Festival, a marketplace represnting Sunny Culture~

Date: 8/11 (Thu) Time: 6pm - 11pm

Venue: College Courtyard

Haunted House

Are you brave enough to join the haunted house? Would you rather be a man, or a scraredy-cat? Challenge your limits and challenge our Haunted House!

Date: 13/11, 14/11 (Thu, Fri)

Time: 6pm-10:30pm Venue: Room 112

The Chamber

Discover the mysteries of the chamber with your friends!!

Dare to escape from the chamber successfully? I bet you not! Come and show me!

Date: 13/11, 14/11 (Thu, Fri)

Time: 6pm-10:30pm Venue: Room 112

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3. International Team Activity: Discussion on World War II



Do you want to learn more about the role of different counties in World War II? For instance, did you know that Taiwan was a colony of Japan at that time and the people there were motivated to help Japan in the war? Or, do you know that Soviet marshals were racing among themselves to get to the Berlin first? Do you want to hear how people from different countries view World War II?

The International Team of Wu Yee Sun College, will organize a gathering (with free Pizza) where students from different countries will share some staggering facts about World War II. We would like to invite you to come and chat together! Below lists the details.

Event details

Date: 1st Nov (Thu) Time: 7pm - 8pm

Venue: Room 116, Wu Yee Sun College

Language: English

Food: Free pizza to enjoy

Registration details (first come-first served)

Registration fee: FREE

Registration deadline: 30th Oct (tomorrow!)

Registration: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=6104368

Enquiries:

Contact Rustam at urustam510@gmail.com

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4. CU Drama Competition 2018: Wu Yee Sun Drama Society Proudly Presents "Fly"

The following message is drafted by "Wu Yee Sun College Drama Society". Please scroll down for English.



劇中主角<u>明</u>看著自己的弟妹如何被老師和母親教化,卻挽救不了,於是借煙酒澆愁,最後卻失足跌死。朋友<u>程欣</u> 寧讀完他死前寫的悔過書後,由一位社運分子子成為老師。

今年係伍宜孫劇社第三年參加劇賽,繼前兩年後再下一城。呢兩個月黎無論係前台演員定係後台工作人員都十分賣 力排戲同籌備。

所以各位宜孫人 1/11 7:00pm 約定你邵逸夫堂見!

活動詳情

日期: 11月1日(四)時間: 晚上7時 地點: 中大邵逸夫堂

訂票表格: https://goo.gl/forms/9dA8U4FMYfNoW6Su1

Having witnessed how his siblings were influenced by their mother, who was also a teacher, Ming, the protagonist, drowned sorrows, slipped and fell off which led to his accidental death. After reading the repentance written by Ming when he was alive, it has brought about the transformation of his friend, Ning, to become a teacher from a social activist.

This year is our Drama Society's third year of participation in CU Drama Competition and we endeavour to deliver a remarkably memorable performance. All front stage and back stage crews of our society have devoted a lot to the preparation these two months. So, all Sunnies, give us your support to the fullest by coming to watch our production!

Click the link below to order tickets NOW! We hope to see you all on 1/11 night.

Event details

Date: 1st Nov (Thu) Time: 7:00pm

Venue: Sir Run Run Shaw Hall

Ticket: https://goo.gl/forms/9dA8U4FMYfNoW6Su1

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College Announcements

1. News of College Member 書院成員消息



Professor Ming-chung Chu (朱明中教授), College Fellow and Professor at the Department of Physics, has been elected **Fellow of American Physical Society** for his pioneering work in neutrino physics experiment in Daya Bay, and for his dedicated efforts in nurturing, promoting and internationalizing the STEM education in Hong Kong, as well as promoting international collaboration through the Daya Bay reactor neutrino experiment and ATLAS.

Heartiest congratulations from all the Sunnies!

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2. Wu Yee Sun College The Most Popular Canteen Staff Polling (2018-19 Term 1) 伍宜孫書院飯堂最受歡迎員工選舉 (2018-19 上學期)



多謝大家對書院最受歡迎飯堂員工選舉的支持,伍宜孫書院自舉辦最受歡迎飯堂員工選舉後,飯堂服務質素不斷提升。書院將於11月份繼續舉辦最受歡迎飯堂員工,希望大家踴躍投票,為改善飯堂質素出一分力。

Thank you very much for voting the Most Popular Canteen Staff Polling in the past. Since the establishment of the Polling, the catering services have been largely improved. Another round of voting will be conducted in November 2018. Please be reminded to give a vote. Let's work together to improve the catering service of College canteen.

請登入以下連結投票選出你心目中最受歡迎飯堂員工(每個同學/教職員最多可投三位飯堂員工)

Please click onto the link below to vote for the most popular canteen staff. (Each student/staff can vote for three canteen staff at most)

https://goo.gl/xpXoTj

Voting period 投票日期:1st to 30th Nov

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3. Recruitment of Student Ambassadors for College Graduation Ceremony 伍宜孫書院畢業典禮 - 招募學生大使

Please join us to celebrate the 3rd Wu Yee Sun College Graduation Ceremony with our graduates on Thursday, 15th Nov.

We are now recruiting student ambassadors to assist in venue setup, greeting and ushering guests, crowd control, distribution of materials etc. If you are interested to help out, please complete the online application form https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=6168421.

Successful applicants will be notified by early Nov. Thank you.

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4. 伍宜孫音樂學會 --- "今日宜樂"招表演者 (Chinese Only)

The following message (Chinese only) is drafted by "Wu Yee Sun Music Society":

伍宜孫音樂學會又有新搞作啦!

想係一大班人面前大顯身手?

想食住飯聽高質音樂?

咁就啱啦!嚟join 我哋伍宜孫 regular performance 啦!

我哋嚟緊 11 月 9 號就會喺伍宜孫 canteen 搞三場表演, 唔使錢, 唔使識玩音樂, 只要你想就可以隨時 join!

鍾意音樂嘅你,仲諗咩呀?快啲報名做 performer 啦!

報名 link: https://goo.gl/forms/JEBmecyh7najQwjo2

仲有未 like 我地個 Facebook page 就快啲 like 啦 https://www.facebook.com/wysmusicsoc/

到時見!

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5. "Meet the Dean" Hours 輔導長時間

- "Meet the Dean" Hours is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned. The session is hosted by:
- Professor Man-hong Lai (黎萬紅教授), College Dean of Students and Associate Professor at the Department of Educational Administration and Policy
- Professor Ming-kay Poon (潘銘基教授), College Associate Dean of Students and Associate Professor at the Department of Chinese Language and Literature
- Dr. Po-kin Leung (梁寶建博士), College Associate Dean of Students and Lecturer at the Department of Physics

Every Sunnie is welcome!

Academic Year 2018/19

Date: Every Wednesday **Time:** 4:30 pm – 5:30 pm

Venue: Dean of Students Office, Room UG09, Wu Yee Sun College

Enquiries:

Ms. Sonia Yu (soniayu@cuhk.edu.hk / 3943-3937) Miss Katie Yu (katieyu@cuhk.edu.hk / 3943-3935)

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6. Student Pastoral Care

Sometimes you find yourself with these negative emotions: lost, alone, aimless or confused as you adjust to university life or pursue personal growth. Share your feeling with others will help release your emotions and gain new perspectives! DON'T be afraid to ask for help. Our College Dean of Students would be more than happy to speak to you and give you advices, below are the contact numbers you may wish to know.

- 1) You are welcome to speak with our **College Dean of Students** when you have problems that need resolving. Please call 3943 3942 for arrangement.
- 2) You may also approach the University's Wellness and Counselling Centre at 3943 7208 for help.
- 3) A **24-hour Emotional Support Hotline** at 5400 2055 is available to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations.

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7. Exchange and Travel Grant/Loan 2018/19

College students with financial needs who are selected for semester or year exchange programmes or going overseas for summer activities/exchanges may apply for Exchange and Travel Grant/Loan.

There are different rounds of applications. For programmes /activities held in Oct 2018 – Jan 2019, application is now open until to 14th Dec 2018.

For programmes / activities held in Feb - May 2019, application will be open from 15th Dec 2018 to 14th Apr 2019.

Check out the following link for more information including eligibility: www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1524620166ExchangeandTravelGrantandLoan2017183rd.pdf

Enquiries:

Miss Rebecca Wong (rebecca_wong@cuhk.edu.hk)
Miss Yolinda Wong (yolindawong@cuhk.edu.hk)

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8. WYS's Got Talents - Photography, Poster Design, MC and a lot more!

Are you interested in or excellent at photography, video-production, art & design, simultaneous interpretation or being the Master of Ceremonies? We are now also recruiting talents of Audio & Video Control (影音控制), and any other talents you've got!

The College is recruiting all sorts of talents to contribute in various College events including the upcoming College Opening and Anniversary Ceremony, College Forum and Assembly...etc. Registered students may be invited to assist in different occasions. Don't hide your talents, shine in the College! *P.S. CREATIVITY COUNTS!!!*

Let us know what you are interested in and excellent at: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838

Enquiries:

Miss Kiki Chan (kiki.chan@cuhk.edu.hk / 3943-3934)

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9. Membership Recruitment - WYS Alumni Association 伍宜孫書院校友會會員招募

Want to stay in touch with your college friends? Expand your professional network? Give back to the College? WYS Alumni Association lets you take college bonds beyond student life. You can get a lifelong membership for just \$500. Apply now, and you will receive a set of 4 reusable drinking straws! (While stocks last)

Simply fill in the <u>application form</u>, and return to the College Office (G/F, Wu Yee Sun College) with the membership fee.

想跟書院同學保持聯繫?想擴闊人際網絡?想回饋書院?透過伍宜孫書院校友會,你可以將學生時代的關係延續下去。終生會籍只需 500 元。現時申請,更可獲贈一套四支環保飲管(先到先得,送完即止)。

各位同學只須填妥申請表,連同會員費,交回伍宜孫書院地下院務室即可。

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College Funding & Awards Schemes

1. Mingle Fund

Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College. The Fund supports self-initiated activities with participation of both local and international/incoming exchange students. Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity. For more info, please visit: www.wys.cuhk.edu.hk/exchange.php?cat=others.

Enquiries:

Miss Kathy Fong (kathyfong@cuhk.edu.hk / 3943-3942)

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2. Sports for Life Award Scheme 體育運動參與獎勵計劃

If you have participated in College sports activities before (check out at https://goo.gl/kzLvWn), you may redeem the water bottle and towels. Redemption details are as follows:

Period: 3rd - 30th Nov 2018

Time: Mon-Thu 8:45 am - 5:30 pm and Fri 8:45 am - 5:45 pm

Location: Dean of Students' Office (UG09)

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3. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃

Life begins at the end of your comfort zone!

A **SMALL** change can make a **BIG** difference!

If you are planning for any short-term projects containing elements of Creativity, Entrepreneurial Spirit or Social Responsibility, apply "Be Entrepreneurial!" Funding Scheme.

To provide more support to students, the maximum funding amount has been raised to \$20,000!!!

Maximum Funding Amount: HK\$20,000 Eligibility

- All WYS undergraduate students
- Individual and Group projects (the group must comprise of at least 50% WYS students, other 50% may be students from other Colleges)
- Applications are welcome all year round

What are you waiting for? Click HERE to find out more information!

Enquiries:

Ms Florence Tsui (florencetsui@cuhk.edu.hk / 3943-9767)

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4. Global Learning Award Scheme 寰宇學習獎勵計劃

Introduction

Global Learning Award Scheme aims to encourage students to create, design, plan or participate in **non-local** academic or experiential learning programmes, so as to broaden students' international perspectives and enrich their experiences. Students need to demonstrate from the application documents and interview that the programme applied is beneficial and valuable to them instead of just simply for entertainment. The College Student Exchange Committee will then determine if the students can be awarded, and the award amount (if any). For successful applicants, they will be awarded "Global Learning Award" and receive the award amount after fulfilling all post-trip requirement on time. For more details, please refer to the <u>webpage</u> of GLAS.

Eligibility

All Wu Yee Sun College students (except Exchange students) are eligible for application. The programme joined or planned must be finished by their corresponding graduation date. Some examples are students self-initiating or joining overseas tours, academic conferences, competitions, field trips, courses, internship/major-related placement, research, voluntary service. Programmes organized and subsidized by the College and Term-long Exchange Programmes are excluded.

Maximum Award Amount

The maximum award amount varies with the programme length and programme nature.

Programme Length	Programme Nature	Maximum Award amount
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Short-term S	Shorter than one month	Self-initiated programmes	HK\$12,000 or 100% of cost of the particular items (whichever is lower)	
		Participating in organized programmes	HK\$5,000 or 50% of cost of the particular items (whichever is lower)	
Long-term	One to six months	Self-initiated programmes	HK\$15,000 or 100% of cost of	
		Participating in organized programmes	particular items (whichever is lower)	

Application

Before submitting the online application form (https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=5632495), please read through all guidelines and samples on the webpage.

Round	Applying for trips taken during (for trips overlapping both rounds, <u>first date</u> of the trip shall determine the application period)	Application period
Winter	1st Nov - 30th Apr	1st May - 31st Oct
Summer	1st May - 31st Oct	1st Nov - 30th Apr

Enquiries

Miss Kathy Fong (<u>kathyfong@cuhk.edu.hk</u> / 3943-3942) Miss Katie Yu (<u>katieyu@cuhk.edu.hk</u> / 3943-3935)

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5. Service-learning project Funding Scheme 服務學習項目資助計劃

If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's Service-learning Project Funding Scheme supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project.

Learn to serve and serve to learn! Please visit the website for more info.

Enquiries:

Miss Katie Yu (katieyu@cuhk.edu.hk / 3943-3935)

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6. Self-Motivation Fund for Sports Activities 「自選遊」體育活動資助計劃

Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of **sports activities** and **qualification courses for sports coach**, in order to live up the spirit "Sports for Everyone".

More Diversified and Greater Support!

Eligibility

Application Fee of Sports Events --> **BOTH** application fee and course fee of sports activities and workshops

Funding Amount

Sports Activities: Max. \$500 --> **\$1,000**

Qualification Courses for Sports Coach: Max. \$800 --> \$2,000

More details: https://www.wys.cuhk.edu.hk/page.php?name=sports-health-education

Enquiries:

Miss Kathy Fong (<u>kathyfong@cuhk.edu.hk</u> / 3943-3942)

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Other Activities & Announcements

1. SKDCC X emoji® Run for Charity 2018



SKDCC X emoji® Run for Charity 2018 aims to encourage publics to participate in running and outdoor activities, as well as embracing the nature. SKDCC also promotes positive attitude in different life stages. The proceeds from the event will be used for the rural elderly service

Date: 16th Dec

Event Details: https://runforcharity.skdcc.org/

Application:

If you are interested in forming a team of **4 members** to join the *Elite Group (精英組), Challenge Group A (挑戰A) or Challenge Group B (挑戰B 組)*, please provide following information of EACH student by sending email to <u>soniayu@cuhk.edu.hk</u> on or before 9th Nov:

- 1. Student ID
- 2. English Full Name
- 3. Chinese Name (if applicable)
- 4. Contact Phone
- 5. Contact Email
- 6. Team Name

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2. Fuji Xerox (Hong Kong) Limited/HKMA Leadership and Management Seminar Series 2018

To provide more learning opportunities and exposure to business environment for students, <u>5 complimentary</u> seats will be provided at each of the upcoming seminars with details as follows:

1. Forum on "Social Impact Leadership for Business Success"

Date: Friday, 16th Nov Time: 3:00 pm - 5:00 pm

Venue: Room 101, 1/F, First Commercial Building, 33-35 Leighton Road, Causeway Bay, Hong Kong

Language: English

Speakers from two **Sustainable** Outdoor Products Suppliers:

Dr Antje von Dewitz, Chief Executive Officer, VAUDE "Won the GreenTec Award 2018 (one of the world's most important environmental awards)"

Mr Whelan Leung, Founder and Chief Executive Officer, *Protrek* "Import products which are environmentally friendly and harmless to human body"

2. Leadership and Management Seminar on "Use Innovation to Grow Your Business"

Date: 22nd Nov (Thu) Time: 3:30 pm - 5:00 pm

Venue: 3/F, Tower 2, South Seas Centre, 75 Mody Road, Tsimshatsui, Kowloon

Language: Cantonese

Speakers:

Ms Jelly Zhou, Managing Director – Shopping and E-commerce, *HKTV* "Pioneer of E-commerce in HK" Mr Bosco Law, Deputy Chairman and CEO, *Lawsgroup* "Successfully revitalized industrial buildings into D2 Place"

Interested students please send email to soniayu@cuhk.edu.hk with following information on or before 8th Nov.

- 1. Student ID
- 2. English Full Name
- 3. Major / Programme
- 4. Contact Phone
- 5. Contact Email

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3. HSBC Overseas Scholarship 2019/20

The scholarship will enable local non-final year full-time undergraduate students to spend a semester or an academic year as a visiting student or an exchange student at one of the overseas universities selected from the List of Overseas Universities. The maximum total value for each scholarship is HK\$300,000, which can only go towards tuition fees and mandatory college fees, a minimum economy return airfare, reasonable room and board costs, books, a small portion of living expenses and visa application fees.

Details of the Scholarship and its application form can be downloaded from http://admission.cuhk.edu.hk/ (Financing Your Studies à Scholarships à Open for Applications). The application deadline is 27th Dec 2018.

Enquiries:

Scholarships and Financial Aid Section, Office of Admissions and Financial Aid (sfas@cuhk.edu.hk / 3943-7204)

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4. Edwin S H Leong Hughes Hall Scholarship 2019/20

To enable students of outstanding academic merit from CUHK who need support to pursue postgraduate study at The University of Cambridge, Dr. Edwin Leong will donate a scholarship tenable at Hughes Hall in Cambridge for an outstanding graduate from CUHK to pursue a one-year full-time study at Master's level, either for a taught or research degree, in the academic year 2019-20.

The maximum value of the Scholarship is £32,000 (subject to confirmation) which may cover, in full or in part, the following:

- the University Composition Fee;
- the College fee;
- a maintenance allowance to take care of board and lodging set each year by the Cambridge Overseas Trust and a settling-in fee;
- the cost of one return airfare between Hong Kong and the United Kingdom by the most economical route

The Scholarship shall only be awarded to the CUHK alumni who graduated within the recent 3 years (i.e. 2015, 2016 and 2017 classes). It may also be awarded to a final-year student contingent upon graduating from CUHK before taking up the Scholarship.

Details of the Scholarship and its application form can be downloaded from our website at http://admission.cuhk.edu.hk/ (Financing Your Studies -> Scholarships -> Open for Applications).

Completed application together with ALL

the supporting documents must reach the Scholarships and Financial Aid Section, Office of Admissions and Financial Aid, Room 1202, 12/F, Yasumoto International Academic Park by 5:30 pm, 31st Jan 2019 (Hong Kong time). Late or incomplete applications will not be processed.

Enquiries:

Scholarships and Financial Aid Section, Office of Admissions and Financial Aid (sfas@cuhk.edu.hk / 3943-7204)

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5. Student Residence Bursary Scheme 學生宿舍助學金計劃

Eligibility

To be eligible to apply for the CUHK Student Residence Bursary 2018/19, applicants must:

- (1) be local full-time undergraduate students;
- (2) be registered residents of the hostel and have resided in hostel for at least 75% of the time of the term;
- (3) have average monthly household income (during 1st April 2017 to 31st March 2018) lower than the median of the monthly household income published in the most recent Quarterly Report on General Household Survey by the Census and Statistics Department (*Please refer to the Guidelines for the monthly household income bandings*);
- (4) be not able to benefit from Community Care Fund (CCF) hostel subsidy or receive less than \$1,360 per term under the CCF hostel subsidy.

Amount of Bursary

- 1. For eligible needy students who are not able to benefit from CCF hostel subsidy, the value of each bursary will be \$1,360 per term.
- 2. For eligible needy students who receive less than \$1,360 per term under CCF hostel subsidy, the value of each bursary will be the difference between \$1,360 and the approved amount of CCF hostel subsidy.
- 3. The maximum amount of bursary for residents of all types of shared rooms will be the same.

Application Procedures

1. Eligible students who live in hostel for the first term or the whole year should submit their online application in Chinese University Student Information System (CUSIS) (Website: http://www.cuhk.edu.hk/cusis; MyCUHK > CUSIS

and MyStudy > Financial Aid Online Appl Form > Public Application > click the magnifying glass to select "Student Residence Bursary") during the application period from 3rd Sep to 31st Oct 2018.

2. Applicants should print out Section 7 of the online application form and submit together with the supporting documents to the College on or before the application deadline.

Application details: http://admission.cuhk.edu.hk/aid/application.html
Enquiries: Office of Admissions and Financial Aid (3943-1898 / 3943-7205)

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6. 〈賽馬會心導遊計劃〉一站式網上自助心理支援平台

- 每日的工作都很繁忙,究竟如何可以隨時隨地去照顧自己的心理健康呢?
- 在香港有七分之一的成年人曾經有精神困擾的經歷,但只有25%的人會尋求協助,究竟原因是什麼呢?
- 你試過情緒受困擾卻不知道如何照顧自己嗎?
- 你試過見到身邊的人精神狀態不太好,卻不知道怎樣去支持他們嗎?

我們明白不同人會在不同時候,會有不同的精神健康狀況,亦會有不同的需要。《賽馬會心導遊計劃》旨在根據每個人的個別需要,並配合現今科技向大眾推廣精神健康,從而達到以下目的:

- 提高社會對精神健康意識及去除對精神病的誤解
- 提昇心理健康及促進個人成長
- 預防抑鬱或焦慮症狀
- 及早處理情緒困擾

立即登入 www.jctourheart.org 登記成為會員,進行簡單的心理健康評估。平台會根據評每個人的個別需要而建議合適的課程或服務。只要每日抽少少時間參與平台上的課程,就可以隨時隨地提升自己的心理健康!

註:手機版仍在測試改善中。使用電腦版的 Google Chrome、Apple Safari 或 Microsoft Edge 瀏覽網上平台,會獲最佳效果。

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To unsubscribe, please email us at info.wys@cuhk.edu.hk.