For problems viewing CHINESE words in this email, please right click the mouse and choose Encoding and then Unicode (UTF-8). You can also contact Mr. Jason Cheng at jasoncheng@cuhk.edu.hk or 3943 3989 for technical support.

# The Sunny Weekly

# 15 Oct 2018



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# **Sunny Review**

# 1. Welcoming Dinner for Honorary Art Advisor



College Master Professor Anthony T.C. Chan (院長陳德章教授), Associate Dean of Students Professor Mingkay Poon (副輔導長潘銘基教授), Associate Dean of General Education Dr. Lancelot W.H. Mui (副通識教育主任 梅維浩博士) and College Secretary Ms. Sandy P.S. Lee (院務主任李珮珊女士) had a dinner gathering with College Honorary Art Advisor Professor Hon-ching Lee (利漢楨教授), as well as other members and friends of the College on 12<sup>th</sup> Oct. Professor Hon-ching Lee is an old friend of the College and has introduced talents of different art forms to serve as Visiting Artists in the past few years. Warm welcome from all the Sunnies!

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2. clab Venation Bookmarks DIY Workshop 葉脈工作坊

In this autumn, Creativity Laboratory (c!ab) encouraged you to make use of tree leaves to create your own venation bookmarks. A DIY workshop was held last Thursday to share the skills and techniques on how to create unique bookmarks with just THREE steps:

- 1. Boil the leaves
- 2. Remove the green pigment on leaves and wait till dry
- 3. Cover with lamination

You can create your own bookmarks in various shapes and colors as you like. Those who have missed the workshop are welcome to follow the above steps and make your own venation bookmarks!



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# 3. Hostel Floor Gatherings 宿舍層聚



Hostel life is of great fun! Every month, Resident Tutors organize floor gatherings to mingle with resident students and create occasions for residents to meet their fellow floor-mates. Freshmen students shared about their difficulties in adapting to university and hostel life while senior year students offered tips. Together they build a supportive community in the hostels. If you still haven't met your floor-mates or resident tutor, don't miss the chance this month!

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4. College Student Advisor Scheme Gatherings 師生茶聚



To help new students settling in College life, we match them with a College member to serve as their advisor. More than 10 groups of students gathered with advisors in the previous two weeks. While enjoying the lunch, students shared the questions and thoughts they encountered in the first month of their university life.



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5. Quick News of Inter-collegiate Competitions Results 院隊比賽結果快訊



College Basketball, Volleyball and Football Teams participated in the Inter-collegiate Competitions (preliminary rounds) over the past week.

Congratulations to Men's Basketball Team for entering the next rounds which will be held on 16<sup>th</sup> and 18<sup>th</sup> Oct! Let's cheer for them!

Our hearty thanks to all teams for their devotion in trainings and competitions!



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# **College Activities**

1. 禪陀羅 (Zendala) 正念工作坊



禪陀羅 (Zendala) 是禪繞畫 (Zentangle) 及曼陀羅 (Mandala) 的結合。透過圓形的禪繞創作及正念練習,體驗專注中的靜定,與內在連結,感受生命中的真實的自性。

Zendala is a combination of Zentangle and Mandala. Through drawing simple patterns and mindfulness practice, it helps wipe away your daily stress and regain your inner peace.

Instructor: Miss Molly Chan & Miss Meko Ng (美國禪繞認證導師 Certified Zentangle Teachers)

Date: 30<sup>th</sup> Oct (Tue) Time: 7:00 pm - 9:00 pm Venue: W112 , Wu Yee Sun College Language: Cantonese supplemented with English Registration: <u>https://webapp.itsc.cuhk.edu.hk/ras/restricted/event?id=22657</u>

Registration Deadline : 25th Oct, 12nn

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# 2. Drama Performance: R & J Peony 鑄情



Our College has co-organized a Drama Performance "R & J Peony" (鑄情) with Shaw College, United College & Chung Chi College. The Drama aims at exploring the cultural difference between China and western countries in terms of views of love by integrating 2 famous stories---"Romeo and Juliet" (羅密歐與茱麗葉) and The Peony Pavilion (牡丹亭). College students are cordially invited to attend with details as follows:

**Date & Time:** 4:20 pm - 6:30 pm on 30<sup>th</sup> Oct & 1<sup>st</sup> Nov (same content on both dates; please choose one date) **Venue:** Shaw College Lecture Theatre, CUHK **Language:** Cantonese

Fee: Free of charge Production: Hong Kong Theatre Works (香港戲劇工程)

**Application:** Please register with Kathy by sending your full name, SID and the date you want to watch the Drama (either 30<sup>th</sup> Oct or 1<sup>st</sup> Nov) to <u>kathyfong@cuhk.edu.hk</u> by <u>26<sup>th</sup> Oct</u>.

Enquiries: Miss Kathy Fong (kathyfong@cuhk.edu.hk / 3943-3942)

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# 3. . English through Tea Appreciation Workshop



Where does tea come from? What are the different types of tea? How can we best appreciate a cup of tea?

These are some of the questions that will be answered in our Tea Appreciation workshop, where you can also learn more about the history and culture of tea, as well as how to brew a nice cup of tea to help you slow down the pace of your busy life!

#### **Instructor:** Mr Zach Goh

Mr Zach Goh is a former ELTU lecturer and is currently a PhD student at the Department of Humanities and Creative Writing at Hong Kong Baptist University. His research focuses on Overseas Chinese Tea Culture in Anglophone Hong Kong, Singapore and Malaysian Literature.

Date: 31<sup>st</sup> Oct (Wed) Time: 7:00 pm - 9:00 pm Venue: W112, Wu Yee Sun College Language: English Deposit: HK\$50 (refundable upon activity completion)

# **Registration Deadline :** 25th Oct

### **Registration :** https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=5819761

\* Places are limited. First-come, first-served. Please submit the deposit in cash to the College Office before the application deadline for successful registration and seat reservation. Time of deposit payment will be the determinant.

#### Enquiries : Miss Carly Lau (carlylau@cuhk.edu.hk / 3943-3988)

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# 4. 洽蕙藝文計劃 --- 藝術中與西講座 (Chinese Only)

厚蒙洽蕙堂慷慨支持,伍宜孫書院、崇基學院及聯合書院將舉辦「藝術中與西」講座,詳情如下:

# 「藝術中與西」講座

<八十後重溫藝壇前輩及瞻前新秀> 著名旅美藝術家 兼 三院藝術顧問 利漢楨教授 主講

及 <回望香港現代藝術的興起>

香港藝術館館長 (香港藝術) 鄧民亮博士 主講

日期:2018年10月16日(明晩)

- 時間:7:00 pm 9:30 pm
- 地點:崇基學院牟路思怡圖書館謝昭杰室

對象:中大同學、校友、教職員與教職員家屬 費用:全免 報名:https://bit.ly/2MCxfe8

# 査詢:

石曉風女士 (<u>candyshek@cuhk.edu.hk</u>/3943-1615)

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Support your friends at the matches! Cheer for every athlete's effort! 為你的朋友打氣! 為每位運動員的努力喝采!

1	Suppo	rt !	your FRIENDS	5!
Teams	Date	Time	Venue	Against Team
	16 Oct 2018	19:15	Yeung Ming Biu Indoor Sports	First of Pool A
Basketball (Men)	18 Oct 2018	19:15	Centre (University Gymnasium)	First of Pool B

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# **College** Announcements

1. Opening Hours of College Catering Outlets on 16th & 17th Oct

Kindly note the following opening hours of Wu Yee Sun College Catering Outlets on 16th and 17th Oct :

	16 <sup>th</sup> Oct	17 <sup>th</sup> Oct (Chung Yeung Festival)
Staff Dining Room	Closed	Closed
Student Canteen	7:45am - 8:45pm	Closed

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2. Application for Booth at Sunny Festival 大笪地招攤 (Due this Fri)

The following message is drafted by "Wu Yee Sun College Anniversary Organising Committee". Please scroll down for English.



萬眾期待嘅宜孫院慶大笪地正式開放招攤喇!十一月八號我地一齊逼爆 Courtyard 啦!

想體驗下擺攤既籌備工作同滿足感?嚟大笪地擺攤啦!

同朋友 omate 莊員搞下新意思賣下野? 嚟大笪地擺攤啦!野食?野飲?手作?總之你諗到賣得既野都可以賣 呀!又開心仲可以賺到錢,唔係唔嚟投攤玩嘛!

今年主題仲要係「國際文化夜」,希望唔同攤檔都可以呈現唔同國家文化,令大家感受大笪地既熱鬧氣氛之餘亦 有異國氛圍只要喺下面條 link 填 form 報名,就可以同一大班 friend 子擺攤啦! 真係諗起都興奮呀!

事不宜遲,快啲報名啦!

直孫大笪地--國際文化夜
日期:8/11(四)
時間:6pm-11pm
地點:伍宜孫書院中庭

租金: 中大人有電攤 \$120 中大人非電攤 \$100 非中大人有電攤 \$180 非中大人非電攤 \$150 按金: \$100

截止日期: 19/10(五) 23:59

成功投攤者必需支付按金\$100和租金 請參閱申請表上之細則及條款。如有爭議,香港中文大學伍宜孫書院學生會第四屆院慶籌委會保留最終決定權

投攤表喺呢度:goo.gl/e66gSK

The long awaited Sunny Festival is now open for booth application!!Let's celebrate the International Cultural Night together!!

Do you wanna promote your country's unique culture? You may promote them in Sunny Festival! Not limited to food or traditional cuisine, you may also sell handicrafts or perform unique dance

Don't hesitate, apply for your stall at the link below!!

Sunny Festival – International Cultural Night Date: 8<sup>th</sup> Nov (Thu) Time: 6:00 pm – 11:00 pm Venue: College Courtyard

Rent: Stall w/ electricity (CUHK students) \$120 Stall w/o electricity (CUHK students) \$100 Stall w/ electricity (non-CUHK) \$180 Stall w/o electricity (non-CUHK) \$150

Deposit: \$100

Application deadline: 19/10 (Fri) 23:59 !! \*Please refer to terms and conditions\* \*Should there be any disputes, the Organising Committee reserves final rights of decision\*

Application form: <u>goo.gl/e66gSK</u>

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3. 伍宜孫音樂學會 ---"今日宜樂"招表演者 (Chinese Only)

The following message (Chinese only) is drafted by "Wu Yee Sun Music Society" :

伍宜孫音樂學會又有新搞作啦 !

想係一大班人面前大顯身手?😎 想食住飯聽高質音樂?🗳

咁就啱啦!嚟 join 我哋伍宜孫 regular performance 啦!

我哋嚟緊 10 月 5 號、10 月 19 號、11 月 9 號就會喺伍宜孫 canteen 搞三場表演, 唔使錢, 唔使識玩音樂, 只要你想 就可以隨時 join!♥♥♪♪♪

鍾意音樂嘅你, 仲諗咩呀? 快啲報名做 performer 啦! 報名 link: <u>https://goo.gl/forms/JEBmecyh7najQwjo2</u> 仲有未 like 我地個 Facebook page 就快啲 like 啦<sup>Q</sup> <u>https://www.facebook.com/wysmusicsoc/</u>

到時見!

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4. Shed Some Sweat and Show Your Strengths --- College Sports Teams Tryout 院隊選拔時間表

No matter if you are a professional sports player or you are simply keen on doing sports, do not miss the College Team tryouts! The College is now recruiting athletes for the basketball, soccer, rowing, volleyball, athletic and swimming teams. Do not hesitate to show your talents and we are looking forward to seeing you in the tryouts!

Sports Team	Date	Time	Venue	Coach/ Coordinator Tel. No.
Women's Rowing	16 <sup>th</sup> Oct (Tue)	6:30 pm – 9:00 pm	Grand Stand,	Mr. T. F. Cheung 3943-3986
<re-scheduled> 1</re-scheduled>	18th Oct (Thu)	6:30 pm – 9:00 pm	HCF	
Men's & Women's Athletic	Please contact Mr. T. F. Cheung to arrange tryouts according to Track & Field Events before 17/10			Mr. T. F. Cheung 3943-3986

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# 5. "Meet the Dean" Hours 輔導長時間

**"Meet the Dean"** Hours is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned. The session is hosted by:

- Professor Man-hong Lai (黎萬紅教授), College Dean of Students and Associate Professor at the Department of Educational Administration and Policy

- Professor Ming-kay Poon (潘銘基教授), College Associate Dean of Students and Associate Professor at the Department of Chinese Language and Literature

- Dr. Po-kin Leung (深寶建博士), College Associate Dean of Students and Lecturer at the Department of Physics

Every Sunnie is welcome!

# Academic Year 2018/19

**Date:** Every Wednesday **Time:** 4:30 pm – 5:30 pm **Venue:** Dean of Students Office, Room UG09, Wu Yee Sun College

#### *Enquiries: Ms Sonia Yu (<u>soniayu@cuhk.edu.hk</u>/3943-3937) Miss Katie Yu (katieyu@cuhk.edu.hk/3943-3935)*

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### 6. Student Pastoral Care

Sometimes you find yourself with these negative emotions: lost, alone, aimless or confused as you adjust to university life or pursue personal growth. Share your feeling with others will help release your emotions and gain new perspectives! DON'T be afraid to ask for help. Our College Dean of Students would be more than happy to speak to you and give you advices, below are the contact numbers you may wish to know.

1) You are welcome to speak with our **College Dean of Students** when you have problems that need resolving. Please call **3943 3942** for arrangement.

2) You may also approach the University's Wellness and Counselling Centre at 3943 7208 for help.

3) A **24-hour Emotional Support Hotline** at 5400 2055 is available to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations.

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# 7. Exchange and Travel Grant/Loan 2018/19

College students with financial needs who are selected for semester or year exchange programmes or going overseas for summer activities/exchanges may apply for Exchange and Travel Grant/Loan.

There are different rounds of applications. For programmes /activities held in Oct 2018 – Jan 2019, application is now open until to 14<sup>th</sup> Dec 2018.

For programmes / activities held in Feb – May 2019, application will be open from 15<sup>th</sup> Dec 2018 to 14<sup>th</sup> Apr 2019.

Check out the following link for more information including eligibility: <u>www.wys.cuhk.edu.hk/cms/wp-</u> content/files\_mf/1524620166ExchangeandTravelGrantandLoan2017183rd.pdf

# Enquiries:

Miss Rebecca Wong (<u>rebecca\_wong@cuhk.edu.hk</u>) Miss Yolinda Wong (<u>yolindawong@cuhk.edu.hk</u>)

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# 8. WYS's Got Talents - Photography, Poster Design, MC and a lot more!

Are you interested in or excellent at **photography**, **video-production**, **art & design**, **simultaneous interpretation** or being the **Master of Ceremonies**? We are now also recruiting talents of **Audio & Video Control** (影音控制), and any other talents you've got!

The College is recruiting all sorts of talents to contribute in various College events including the upcoming College Opening and Anniversary Ceremony, College Forum and Assembly...etc. Registered students may be invited to assist in different occasions. Don't hide your talents, shine in the College! <u>P.S. CREATIVITY COUNTS!!!</u>

Let us know what you are interested in and excellent at: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838

# **Enquiries:**

Miss Kiki Chan (kiki.chan@cuhk.edu.hk / 3943-3934)

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# 9. Membership Recruitment - WYS Alumni Association 伍宜孫書院校友會會員招募

Want to stay in touch with your college friends? Expand your professional network? Give back to the College? WYS Alumni Association lets you take college bonds beyond student life. You can get a lifelong membership for just \$500. Apply now, and you will receive a set of 4 reusable drinking straws! (While stocks last)

# Simply fill in the <u>application form</u>, and return to the College Office (G/F, Wu Yee Sun College) with the membership fee.

想跟書院同學保持聯繫?想擴闊人際網絡?想回饋書院?透過伍宜孫書院校友會,你可以將學生時代的關係延續下去。終生會籍只需 500元。現時申請,更可獲贈一套四支環保飲管(先到先得,送完即止)。

各位同學只須填妥申請表,連同會員費,交回伍宜孫書院地下院務室即可。

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# **College** Funding & Awards Schemes

1. Mingle Fund

Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College. The Fund supports self-initiated activities with participation of both local and international/ incoming exchange students. Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity. For more info, please visit: www.wys.cuhk.edu.hk/exchange.php?cat=others.

### **Enquiries:**

Miss Kathy Fong (kathyfong@cuhk.edu.hk / 3943-3942)

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2. Sports for Life Award Scheme 體育運動參與獎勵計劃

If you have participated in College sports activities before (check out at <u>https://goo.gl/kzLvWn</u>), you may redeem the water bottle and towels. Redemption details are as follows:

**Period:** 3<sup>rd</sup> - 30<sup>th</sup> Nov 2018 **Time:** Mon-Thu 8:45 am - 5:30 pm and Fri 8:45 am - 5:45 pm **Location:** Dean of Students' Office (UG09)

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3. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃

Life begins at the end of your comfort zone! A **SMALL** change can make a **BIG** difference! If you are planning for any short-term projects containing elements of Creativity, Entrepreneurial Spirit or Social Responsibility, apply "Be Entrepreneurial!" Funding Scheme.

To provide more support to students, the maximum funding amount has been raised to **\$20,000**!!!

### Maximum Funding Amount: HK\$20,000 Eligibility

- All WYS undergraduate students

- Individual and Group projects (the group must comprise of at least 50% WYS students, other 50% may be students from other Colleges)

- Applications are welcome all year round

What are you waiting for? Click <u>HERE</u> to find out more information!

# Enquiries:

Ms Florence Tsui (<u>florencetsui@cuhk.edu.hk</u> / 3943-9767)

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# 4. Global Learning Award Scheme 寰字學習獎勵計劃

# Introduction

Global Learning Award Scheme aims to encourage students to create, design, plan or participate in **non-local** academic or experiential learning programmes, so as to broaden students' international perspectives and enrich their experiences. Students need to demonstrate from the application documents and interview that the programme applied is beneficial and valuable to them instead of just simply for entertainment. The College Student Exchange Committee will then determine if the students can be awarded, and the award amount (if any). For successful applicants, they will be awarded "Global Learning Award" and receive the award amount after fulfilling all post-trip requirement on time. For more details, please refer to the <u>webpage</u> of GLAS.

# <u>Eligibility</u>

All Wu Yee Sun College students (except Exchange students) are eligible for application. The programme joined or planned must be finished by their corresponding graduation date. Some examples are students self-initiating or joining overseas tours, academic conferences, competitions, field trips, courses, internship/major-related placement, research, voluntary service. Programmes organized and subsidized by the College and Term-long Exchange Programmes are excluded.

# Maximum Award Amount

The maximum award amount varies with the programme length and programme nature.

	Programme Length	Programme Nature	Maximum Award amount
Short-term	Shorter than one month	Self-initiated programmes	HK\$12,000 or 100% of cost of the particular items (whichever is lower)
Short-term	Shorter than one month	Participating in organized programmes	HK\$5,000 or 50% of cost of the particular items (whichever is lower)
Tanatan		Self-initiated programmes	HK\$15,000 or 100% of cost of
Long-term	One to six months	Participating in organized programmes	particular items (whichever is lower)

# <u>Application</u>

Before submitting the online application form (<u>https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=5632495</u>), please read through all guidelines and samples on the webpage.

Round	<b>Applying for trips taken during</b> (for trips overlapping both rounds, <u>first date</u> of the trip shall determine the application period)	Application period
Winter	1 <sup>st</sup> Nov – 30 <sup>th</sup> Apr	1 <sup>st</sup> May – 31 <sup>st</sup> Oct
Summer	1 <sup>st</sup> May – 31 <sup>st</sup> Oct	1 <sup>st</sup> Nov – 30 <sup>th</sup> Apr

# <u>Enquiries</u>

Miss Kathy Fong (<u>kathyfong@cuhk.edu.hk</u> / 3943-3942) Miss Katie Yu (<u>katieyu@cuhk.edu.hk</u> / 3943-3935)

# 5. Service-learning project Funding Scheme 服務學習項目資助計劃

If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's Service-learning Project Funding Scheme supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project.

Learn to serve and serve to learn! Please visit the website for more info.

### Enquiries:

Miss Katie Yu (katieyu@cuhk.edu.hk / 3943-3935)

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6. Self-Motivation Fund for Sports Activities 「自選遊」體育活動資助計劃

*Self-Motivation Fund for Sports Activities* encourages students to participate in various kinds of *sports activities* and *qualification courses for sports coach*, in order to live up the spirit "Sports for Everyone".

# More Diversified and Greater Support!

### Eligibility

Application Fee of Sports Events --> BOTH application fee and course fee of sports activities and workshops

# **Funding Amount**

Sports Activities: Max. \$500 --> **\$1,000** Qualification Courses for Sports Coach: Max. \$800 --> **\$2,000** 

More details: <u>https://www.wys.cuhk.edu.hk/page.php?name=sports-health-education</u>

#### Enquiries:

Miss Kathy Fong (kathyfong@cuhk.edu.hk / 3943-3942)

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# **Other Activities & Announcements**

1. Fuji Xerox (Hong Kong) Limited/HKMA Leadership and Management Seminar Series 2018 (Nov)

To provide more learning opportunities and exposure to business environment for students, <u>5 complimentary</u> <u>seats</u> will be provided at each of the upcoming seminars with details as follows:

# 1. Forum on "Social Impact Leadership for Business Success"

Date: Friday, 16<sup>th</sup> Nov Time: 3:00 pm - 5:00 pm Venue: Room 101, 1/F, First Commercial Building, 33-35 Leighton Road, Causeway Bay, Hong Kong Language: English

Speakers from two **Sustainable** Outdoor Products Suppliers: Dr Antje von Dewitz, Chief Executive Officer, *VAUDE* "Won the GreenTec Award 2018 (one of the world's most important environmental awards)" Mr Whelan Leung, Founder and Chief Executive Officer, *Protrek* "Import products which are environmentally friendly and harmless to human body"

# 2. Leadership and Management Seminar on "Use Innovation to Grow Your Business"

Date: 22<sup>nd</sup> Nov (Thu) Time: 3:30 pm - 5:00 pm Venue: 3/F, Tower 2, South Seas Centre, 75 Mody Road, Tsimshatsui, Kowloon Language: Cantonese

# Speakers:

Ms Jelly Zhou, Managing Director – Shopping and E-commerce, *HKTV* "Pioneer of E-commerce in HK" Mr Bosco Law, Deputy Chairman and CEO, *Lawsgroup* "Successfully revitalized industrial buildings into D2 Place"

Interested students please send email to <u>soniayu@cuhk.edu.hk</u> with following information **on or before 8**<sup>th</sup> **Nov, 2018**.

- 1. Student ID
- 2. English Full Name
- 3. Major / Programme
- 4. Contact Phone
- 5. Contact Email

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# 2. Climathon 2018 Hong Kong: Create a Zero Carbon Future for Hong Kong



# Climathon 2018 Hong Kong: Create a Zero Carbon future for Hong Kong

Date: 26<sup>th</sup> Oct (Fri) 7:00pm - 27<sup>th</sup> Oct (Sat) 7:00 pm (24 hours)

Venue: The Chinese University of Hong Kong

"Climathon" is a global 24-hour climate change hackathon initiated by Climate-KIC, a climate innovation organization based in Europe. It takes place simultaneously in major cities around the world, during which participants discuss climate challenges facing their home city and come up with solutions through collective wisdom.

You are cordially invited to help tackle four major climate challenges facing Hong Kong, by proposing innovative solutions to help the business sector and the community.

- (1) Sustainable energy
- (2) Resource management
- (3) Consumer behavior
- (4) Climate adaptation

You could join individually or as a team of 3-8 people. Please hand in the name of your team, info of your

teammates, info of each teammate's emergency contact person, and select a contact person of your team. Thank you!

Details: http://www.mocc.cuhk.edu.hk/en-gb/news/2018/339-climathon-2018-hong-kong



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# 3. LAST CHANCE to join HKSEC 2018-19! 香港社會企業挑戰賽 2018-19 最後召集!

香港社會企業挑戰賽快將截止報名,想要三十萬改變社會?只需一 click ! Enrollment to HKSEC is closing. You are only a click away from \$300,000 to make a change!



截止報名 Enrolment Deadline 25 October 2018 (Thu)



Join the Hong Kong Social Enterprise Challenge (HKSEC)! You will have the chance to work with partners from the government, the business sector and NGOs to plan businesses that create social value.

#### Startup Awards

Two Champion Teams will be offered Startup Awards of up to HK\$300,000 per team to turn their business ideas into reality. Two Runner-up Teams will receive up to HK\$150,000 per team.

了解更多 Learn More: www.hksec.hk / www.facebook.com/hksec

Hong Kong Social Enterprise Challenge (HKSEC) is the first social venture startup competition in Hong Kong. With the aim to promote social innovation, we invite you to apply a creative entrepreneurial approach to solve the pressing social problems. Training and mentorship will be provided to help you bring the idea to life.

Enquiries: info@hksec.hk / 3943-1649

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### 4. HSBC Overseas Scholarship 2019/20

The scholarship will enable local non-final year full-time undergraduate students to spend a semester or an academic year as a visiting student or an exchange student at one of the overseas universities selected from the List of Overseas Universities. The maximum total value for each scholarship is HK\$300,000, which can only go

towards tuition fees and mandatory college fees, a minimum economy return airfare, reasonable room and board costs, books, a small portion of living expenses and visa application fees.

Details of the Scholarship and its application form can be downloaded from <u>http://admission.cuhk.edu.hk/</u> (Financing Your Studies à Scholarships à Open for Applications). The application deadline is 27<sup>th</sup> Dec 2018.

# **Enquiries:**

Scholarships and Financial Aid Section, Office of Admissions and Financial Aid (<u>sfas@cuhk.edu.hk</u> / 3943-7204)

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# 5. Edwin S H Leong Hughes Hall Scholarship 2019/20

To enable students of outstanding academic merit from CUHK who need support to pursue postgraduate study at The University of Cambridge, Dr. Edwin Leong will donate a scholarship tenable at Hughes Hall in Cambridge for an outstanding graduate from CUHK to pursue a one-year full-time study at Master's level, either for a taught or research degree, in the academic year 2019-20.

The maximum value of the Scholarship is £32,000 (subject to confirmation) which may cover, in full or in part, the following:

- the University Composition Fee;
- the College fee;

• a maintenance allowance to take care of board and lodging set each year by the Cambridge Overseas Trust and a settling-in fee;

• the cost of one return airfare between Hong Kong and the United Kingdom by the most economical route

The Scholarship shall only be awarded to the CUHK alumni who graduated within the recent 3 years (i.e. 2015, 2016 and 2017 classes). It may also be awarded to a final-year student contingent upon graduating from CUHK before taking up the Scholarship.

Details of the Scholarship and its application form can be downloaded from our website at <u>http://admission.cuhk.edu.hk/</u> (*Financing Your Studies -> Scholarships -> Open for Applications*).

# Completed application together with ALL

the supporting documents must reach the Scholarships and Financial Aid Section, Office of Admissions and Financial Aid, Room 1202, 12/F, Yasumoto International Academic Park by 5:30 pm, 31<sup>st</sup> Jan 2019 (Hong Kong time). Late or incomplete applications will not be processed.

# Enquiries:

Scholarships and Financial Aid Section, Office of Admissions and Financial Aid (sfas@cuhk.edu.hk / 3943-7204)

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# 6. Student Residence Bursary Scheme 學生宿舍助學金計劃

# <u>Eligibility</u>

To be eligible to apply for the CUHK Student Residence Bursary 2018/19, applicants must:

(1) be local full-time undergraduate students;

(2) be registered residents of the hostel and have resided in hostel for at least 75% of the time of the term;
(3) have average monthly household income (during 1<sup>st</sup> April 2017 to 31<sup>st</sup> March 2018) lower than the median of the monthly household income published in the most recent Quarterly Report on General Household Survey by the Census and Statistics Department (*Please refer to the Guidelines for the monthly household income bandings*);
(4) be not able to benefit from Community Care Fund (CCF) hostel subsidy or receive less than \$1,360 per term under the CCF hostel subsidy.

# Amount of Bursary

1. For eligible needy students who are not able to benefit from CCF hostel subsidy, the value of each bursary will be \$1,360 per term.

For eligible needy students who receive less than \$1,360 per term under CCF hostel subsidy, the value of each bursary will be the difference between \$1,360 and the approved amount of CCF hostel subsidy.
 The maximum amount of bursary for residents of all types of shared rooms will be the same.

# Application Procedures

1. Eligible students who live in hostel for the first term or the whole year should submit their online application in Chinese University Student Information System (CUSIS) (*Website:* <u>http://www.cuhk.edu.hk/cusis</u>; MyCUHK > CUSIS and MyStudy > Financial Aid Online Appl Form > Public Application > click the magnifying glass to select "Student Residence Bursary") during the application period **from** 3<sup>rd</sup> **Sep to 31**<sup>st</sup> **Oct 2018**.

2. Applicants should print out Section 7 of the online application form and submit together with the supporting documents to the College on or before the application deadline.

*Application details:* <u>http://admission.cuhk.edu.hk/aid/application.html</u> *Enquiries:* Office of Admissions and Financial Aid (3943-1898 / 3943-7205)

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# 7. <賽馬會心導遊計劃>一站式網上自助心理支援平台

- -每日的工作都很繁忙,究竟如何可以随時随地去照顧自己的心理健康呢?
- 在香港有七分之一的成年人曾經有精神困擾的經歷,但只有 25%的人會尋求協助,究竟原因是什麼呢?
- 你試過情緒受困擾卻不知道如何照顧自己嗎?
- 你試過見到身邊的人精神狀態不太好,卻不知道怎樣去支持他們嗎?

我們明白不同人會在不同時候,會有不同的精神健康狀況,亦會有不同的需要。《賽馬會心導遊計劃》旨在根據 每個人的個別需要,並配合現今科技向大眾推廣精神健康,從而達到以下目的:

- 提高社會對精神健康意識及去除對精神病的誤解
- 提昇心理健康及促進個人成長
- 預防抑鬱或焦慮症狀
- 及早處理情緒困擾

立即登入<u>www.jctourheart.org</u>登記成為會員,進行簡單的心理健康評估。平台會根據評每個人的個別需要而建議合適的課程或服務。只要每日抽少少時間參與平台上的課程,就可以隨時隨地提升自己的心理健康!

註:手機版仍在測試改善中。使用電腦版的 Google Chrome、Apple Safari 或 Microsoft Edge 瀏覽網上平台,會獲最佳效果。

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