If you have problems viewing CHINESE words in this email, please right click the mouse and choose Encoding and then Unicode (UTF-8).

You can also contact Mr. Kan Poon at kanpoon@cuhk.edu.hk or 3943 9767 for technical support.

Go Green! Be Sunny!



12 June 2017

Sunny Review 上周回顧

- 1. 雲南服務學習之旅 2017 【社區服務 體驗學習】
- 2. Professional Learning Scheme in Shanghai 上海專業研習計劃
- 3. Summer Programme Kick-off Ceremony 2017 2017 年暑期活動啟航禮

College Announcements 宣佈事項

- 1. Summer Opening Hours of College Catering Outlets 書院膳堂 暑期營業時間
- 2. "Meet the Dean" Hours & Lunch Gathering 輔導長時間及午餐 聚會
- 3. Scholarships for Academic Excellence 2016/17 年度學業優異獎 學金
- 4. Drum Set and other Music Equipment Available for Booking
- 5. Exchange and Travel Grant/Loan 2016/17
- 6. WYS's Got Talents
- 7. Student Pastoral Care

College Funding & Award Schemes (for Year-round Application) 書院資助及變點計劃《全年可供申請》

- 1. Sports for Life Award Scheme 體育運動參與獎勵計劃
- 2. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃
 3. Global Learning Award Scheme (Winter Round) 寰宇學習獎勵計劃 (冬季)
- 4. Service-learning Project Funding Schem 服務學習項目資助計
- 5. Self-Motivation Fund for Sports Activities 「自選遊」體育活動資助計劃
- 6. Mingle Fund (English only)

Other Activities & Announcements 其他活動及宣佈事項

- 1. The Esther Yewpick Lee Millennium Scholarship 2018
- <New>
- 2. Seminar on "Harnessing the Power of Live Streaming" <New>
- 3. Targeted Training Programme for Scholarships
- 4. 網上心理健康計劃 《心導遊》



Sunny Review

上周回顧



1. 雲南服務學習之旅 2017 - 【社區服務 體驗學習】



由香港中文大學與雲南大學合辦,為期十天的『雲南服務學習之旅』,在書院十六位來自不同學院(包括文、理、商、醫、社科及法律學院)的同學群策群力,及六位當地大學生的協助下,已於上月底順利完成。



於計劃期間,參加同學為雲南省昭通市魯甸縣火德紅鎮小凉山社區內的「三留」(留守兒童、婦女和老人)困境群體,提供到户探訪、健康教育、健身操、手工製作、集體遊戲,組際競賽,以及社區篝火晚會等多元化活動和服務。另一方面,他們亦共同體驗了不少難忘經歷,包括於六個多小時內來回斜坡山路參觀魯甸8.03地震災區遺址、參與翻土及種植玉米和洋竽農活、與當地的返鄉青年進行交流,也和當地合作社的婦女成員分組探討如何推動社區經濟。



透過兩個多月來的集體「4E」服務學習歷程(Envisioning --> Enabling --> Experiencing --> Evaluating),及社區服務完成後的即日「4F」反思和分享 (Fact + Feeling + Finding + Future),同學們在其個人成長、團隊精神,人文關懷,以及社會責任等方面,均有所得著。

2. Professional Learning Scheme in Shanghai 上海專業研習計劃



The fifth year of Professional Learning Scheme in Shanghai brought 17 students to experience the latest development and social landscape of Shanghai.

Led by Professor Kelvin K.F. Tsoi (蔡錦輝教授), College Fellow, the group visited Shanghai and rural villages in Anji, Zhejiang (浙江省安吉縣) with students of Zhide College of Fudan University (復旦大學志德書院). The students explored how innovation and environment conservation may facilitate the economic development of the villages.



Our College students also took the chance to experience front-line operations and conduct mini-project during their attachment at The Peninsula Shanghai (上海半島酒店), Sand Bankcard-link Information and Service Company Limited (杉德銀卡通資訊服務有限公司), Tencent (騰訊公司), Mark Fairwhale (Shanghai) Commercial Company Limited (馬克華菲(上海)商業有限公司). This year we involve two new companies - YOUZU Interactive (游族網路股份有限公司) and Coco Space (可可空間) - to let students have a wider exposure.

To foster the students' career development, we arranged a sharing session with young entrepreneurs in Shanghai. Thanks to generous reception from Mr. and Mrs. Malcolm Au (區文中坑儷) at their mansion, our students were able to gain insights from setting career goals, starting up new businesses, and working in both Hong Kong and mainland China.



The three-week trip highlighted the significance of people skills, self-initiative and business insights for students. The personal network established will be a valuable asset for their further development.

3. Summer Programme Kick-off Ceremony 2017 2017 年暑期活動啟航禮



It is summer time! This year, over 100 Sunnies will be participating in College's outbound activities with great variety, ranging from cultural exposure, language learning, professional attachment and service-learning. Leading teachers and participating students were all invited to the Kick-off Ceremony marking the commencement of a fruitful summer. Professor Rance P.L. Lee (李沛良教授), College Master, gave an empowering speech to encourage students to take the initiative to explore the world.





(Back to top)



1. Summer Opening Hours of College Catering Outlets 書院膳堂暑期營業時間

The summer opening hours of College catering outlets are as follows: 書院膳堂暑期營業時間如下:

Student Canteen 學生飯堂

- 30/6		
Mon to Sat 星期一至六	0745 - 2045	
Sun & Public Holiday	Closed	
星期日及公眾假期	暫停營業	
12/7 - 26/8		
Mon to Sat 星期一至六	1100 - 2045	
Sun & Public Holiday	Closed	
星期日及公眾假期	暫停營業	

Staff Dining Room 教職員飯堂

9 37.197.102			
1/6 - 30/6 & 12/7 - 26/8	0/6 & 12/7 - 26/8		
Mon to Fri 星期一至五	1200 - 1500 &		
	1800 - 2045		
Weekend & Public Holiday	Closed		
周末及公眾假期	暫停營業		

All catering outlets at Wu Yee Sun College will be temporarily closed on **1 July 2017** for HKSAR Establishment Day and from **2 to 11 July 2017** for annual overhaul.

(Back to top)

2. "Meet the Dean" Hours & Lunch Gathering 輔導長時間 及午餐聚會

"Meet the Dean" Hours & Lunch will be closed during summer vacation. Any students who wish to meet Professor Annisa C.H. Lee (李賴俊卿教授), College Dean of Students and Associate Professor of School of Journalism & Communication; Professor Ming-kay Poon (潘銘基教授), College Associate Dean of Students and Associate Professor of Department of Chinese Language and Literature; and Dr. Lancelot W.H. Mui (梅維浩博士), College Associate Dean of Students and Lecturer of The Jockey Club School of Public Health and Primary Care may email Miss Sonia Yu (soniayu@cuhk.edu.hk) or Miss Katie Yu (katieyu@cuhk.edu.hk) for arrangement.

The events will resume next semester with further notice. Enjoy your summer!

3. Scholarships for Academic Excellence 2016/17 年度學業優異獎學金



To recognize college students with outstanding academic performance, the College is pleased to offer:-

Master's List - Honor Award

To acknowledge Top College student of each academic programme of each class, with year GPA not less than 3.5 in 2016/17 academic year

Quota: One student from each programme of each class will be awarded

Academic Excellence Scholarship - HK\$10,000 (Selection Criteria, Quota and Award Amount UPDATED)

To acknowledge students with excellent academic performance - Highest 2016/17 Year GPA in each Faculty (with not less than 3.4)

Quota: 25 [Arts(3), Business Administration(4), Education(2), Engineering(3), Law(2), Medicine(4), Science(3), Social Science(4)]

Academic Improvement Award - HK\$5,000

To recognize Top 3 College students who have shown the greatest improvement in terms of Term 1 & Term 2 GPA of 2016/17 academic year Quota: 3

Application to the above scholarship is NOT required. Scholarship recipients will be notified in August and awards will be presented in the College Inauguration Assembly in Sep 2017.

For more details about eligibilities, please go to http://www.wys.cuhk.edu.hk/scholarships.php (College Life & Support > Scholarships & Financial Aid > Sort by Type > Scholarships for Academic Excellence)

Enquiries: Ms. Carol Cheng (carolcheng@cuhk.edu.hk / 3943 3936) or Miss Yolinda Wong (yolindawong@cuhk.edu.hk / 3943 3932)

(Back to top)

4. Drum Set and other Music Equipment Available for Booking



To promote music atmosphere on campus, the College recently arranged a drum set and other music equipment at College Theatre and made available for booking. You can come for practice, rehearsal or performance! Be a Music Team member and enjoy all the fun!



Booking Monday 19:00-22:00; Wednesday 14:00-17:00 (except public holidays & special situations) Period :		
Terrou.	*Other than the time specified above, please consult College Dean of Students' Office ONE working day prior to the proposed booking time.	
Registration:	BEFORE submitting booking request to College Dean of Students' Office, applicants must	
	1) be Wu Yee Sun College Students;	
	2) register as a member of Music Team via https://goo.gl/AMzk0z ;	
	3) attend a briefing about the proper use of music equipment; and	
	4) read through the "Rules & Regulations For Music Equipment" and complete the booking form	
	*For other student bodies' bookings, please follow the rules and procedures stated in the "Rules & Regulations For Music Equipment".	
	The briefings will be organized again in the next semester. If you would like to register as music team member and use the music equipment, please contact Sonia / Kan.	
Enquiries:	Sonia (3943-3937/ soniayu@cuhk.edu.hk) / Kan (3943-9767/ kanpoon@cuhk.edu.hk)	

5. Exchange and Travel Grant/Loan 2016/17

College students with financial needs who are selected for semester or year exchange programmes or going overseas for summer activities/exchanges may apply for Exchange and Travel Grant/Loan.

There are different rounds of applications. For programmes/activities held in in Jun - Sep 2017, the application is now open from 19th Apr to 14th Aug 2017.

For programmes/activities held in Aug 2017 - Jan 2018, application will be open from 15th Aug to 14th Dec 2017.

Check out the following link for more information including eligibility:

http://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1493026691ExchangeandTravelGrantandLoan2017181st.pdf

For enquiries, please contact Ms. Carol Cheng at carolcheng@cuhk.edu.hk or Miss Yolinda Wong at yolindawong@cuhk.edu.hk

(Back to top)

6. WYS's Got Talents

Are you interested in or excellent at photography, video-production, art & design, simultaneous interpretation or being the Master of Ceremonies? Or do you have any other talents to showcase?

The College is recruiting all sorts of talents to contribute in various College events including the upcoming College Opening and Anniversary Ceremony, College Forum and Assembly...etc. Registered students may be invited to assist in different occasions. Don't hide your talents, shine in the College!

P.S. CREATIVITY COUNTS!!!

Let us know what you are interested in and excellent at: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838

Enquiries: Miss Kathy Fong (3943 3942/ kathyfong@cuhk.edu.hk)

(Back to top)

7. Student Pastoral Care

It is not uncommon for college students like all of you to encounter various academic, emotional, interpersonal or family concerns and difficulties when you adjust to university life or pursue personal growth. You may wish to know the below ways that you can seek support or advice from the College and the University when you face problems:

- 1) You are welcome to speak with our College Dean of Students when you have problems that need resolving. Please call **3943 3942** for arrangement.
- 2) You may also approach the University's Student Counselling and Development Service at 3943 7208 for help.
- 3) A 24-hour Emotional Support Hotline is also launched to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations. The hotline number is **5400 2055**.

1. Sports for Life Award Scheme 體育運動參與獎勵計劃



Wanna move your body and get a prize in the same time?!

Sports for Life Award Scheme aims at motivating students to take part in more College's sports activities and exercising regularly for a healthy life. Students can earn award points for participating in College's sports activities and gain prizes!

How to join? You will be enrolled into the Scheme after joining your first sports activity! **What are the prizes?** 30 points for Sports Towel & 40 points for Water Bottle **How to redeem prizes?** Prize redemption will be arranged every semester!

Upcoming Sports Activities:

Please stay tuned for updates

Check your accumulated points at http://bit.ly/WYSSportsForLife!!

Enquiries: Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937)

(Back to top)

2. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃

Life begins at the end of your comfort zone!

A SMALL change can make a BIG difference!

If you are planning for any short-term projects containing elements of Creativity, Entrepreneurial Spirit or Social Responsibility, apply "Be Entrepreneurial!" Funding Scheme.

To provide more support to students, the maximum funding amount has been raised to \$20,000!!!



Maximum Funding Amount: HK\$20,000 **Eligibility**

- ✓ All WYS undergraduate students
- ✓ Individual and Group projects (the group must comprise of at least 50% WYS students, other 50% may be students from other Colleges)
- ✓ Applications are welcome all year round.

What are you waiting for? Click <u>HERE</u> to find out more information! **Enquiries**: Mr. Kan Poon (3943-9767 / <u>kanpoon@cuhk.edu.hk</u>)

3. Global Learning Award Scheme (Winter Round) 寰宇學習獎勵計劃 (冬季)

If you are planning to expand your academic wisdom with support from the scheme, ACT NOW!

The scheme supports Wu Yee Sun College students to take part in or self-initiate academic programmes, such as academic conferences, competitions, field trips and language programmes outside Hong Kong. Last academic year, the scheme has supported students to South India, Belgium, Inner-Mongolia and so on!

Students successfully selected by the Scheme will be awarded the Global Learning Award. The maximum award amount varies for programmes of different length and nature.

	Programme Length	Programme nature	Maximum Award amount	
Short-	Shorter than one month	Self-initiated programmes	HK\$8,000 or 100% of particular items (whichever is lower)	
term		#Participating in organized programmes	HK\$8,000 or 80% of particular items (whichever is lower)	
Long-	One to six months	Self-initiated programmes	HK\$15,000 or 100% of particular items (whichever is lower)	
term		#Participating in organized programmes		

^{*}Programmes organized by the College and Term-long Exchange Programmes will not be considered for this scheme.

The sooner you submit your application, the quicker to receive feedbacks, and more time to improve the contents. Comment from College Exchange Committee members on proposal of self-initiated programmes could be sought by special request. The request shall be made at least month before application deadline together with submission of the completed proposal, budget plan and application form.

Round	Applying for trips taken during (for trips overlapping both rounds, <u>first date</u> of the trip shall determine the application period)	#Application period
Winter	Nov 1st – Apr 30th	May 1st - Oct 31st
Summer	May 1st - Oct 31st	Nov 1st - Apr 30th

^{*}application documents shall be submitted to DOS Office by the last working day within the application period.

Contact Miss Katie Yu (3943 3935 / <u>katieyu@cuhk.edu.hk</u>) now if you have any ideas in mind. Know more about the <u>details</u> and <u>apply</u> here!

(Back to top)

4. Service-learning project Funding Scheme 服務學習項目資助計劃



If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's <u>Service-learning Project Funding Scheme</u> supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project.

Learn to serve and serve to learn! Please visit the <u>website</u> for more info.

Enquiries: Katie (katieyu@cuhk.edu.hk / 3943 3935)

5. Self-Motivation Fund for Sports Activities 「自選遊」體育活動資助計劃



Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of sports events or competitions, in order to live up the spirit "Sports for Everyone".

The College will subsidize the **application fee** of sports events/ competitions/ activities organized by organization(s) OTHER THAN College. *Oxfam Trailwalker, Standard Chartered Hong Kong Marathon, Totem Run, or The Nike Cup-Hong Kong Five* are some of the examples.

Funding Amount: \$500 or 80% of application fee (whichever is lower)

Guidelines: http://www.wys.cuhk.edu.hk/page.php?name=sports-health-education

Application: Please submit application at https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1935668 at least 14 working

days **BEFORE** the start date of the activity. We will notify applicants the results within two weeks.

Enquiries: Kathy (3943-3942/ kathyfong@cuhk.edu.hk)

(Back to top)

6. Mingle Fund (English only)

Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College. The

Fund supports self-initiated activities with participation of both local and international/ incoming exchange students. Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity.

For more info, please visit: http://www.wys.cuhk.edu.hk/exchange.php?lang=zh&cat=others
For enquiries, please contact Miss Katie Yu at katieyu@cuhk.edu.hk or 3943 3935

(Back to top)



1. The Esther Yewpick Lee Millennium Scholarship 2018

A FULL COVERAGE SCHOLARSHIP FOR FURTHER STUDY AT OXFORD COMMENCING OCTOBER 2018 IS NOW OPEN FOR APPLICATION.

The Esther Yewpick Lee Millennium Scholarship is exclusively offered to CUHK final-year students or alumni, including both undergraduates and postgraduates of degree programmes. The scholar will be sponsored to read for a postgraduate degree or a second Bachelor's degree at the University of Oxford, U.K. commencing October 2018.

The Fund

The Scholarships, tenable at the University of Oxford, are established with funds from the estate of the late Dr. Esther Yewpick Lee, whose family has had strong connections with and affection for both The Chinese University of Hong Kong (CUHK) and the University of Oxford.

The Scholarship

One Scholarship for two to three years will be awarded to a degree graduate or final-year student of CUHK. Scholars may read for the Oxford BA in any of the final honour schools, or, if qualified by previous training, may be admitted to read for the advanced degrees of BCL, MLitt, MSc, MSt, MTh, MPhil or DPhil.

However, candidates are strongly advised to apply for programmes of at least two year's duration in order to get the most benefit of studying at Oxford.

Value of the Scholarship

All amounts due in respect of University and College fees at Oxford, exclusive of board and lodging, will be paid direct to the College concerned. The Scholar will be provided with a return economy class air fare between Hong Kong and London, charges for land transportation between London and Oxford, and an annual personal allowance which is expected to take care of board and lodging and other maintenance costs.

Tenure of other awards in conjunction with this Scholarship is not permitted without the consent of CUHK.

Eligibility

- Applicants should be either final-year students in the academic year 2017/18 including both undergraduates and postgraduates of degree programmes, or graduates holding degrees awarded by CUHK.
- Successful candidates must have outstanding academic records and have a respect for humanity, a curious mind, moral
 integrity and a spirit of adventure and reveal the potential to make a contribution to the well-being of the community.
- Candidates must be under the age of 25 years on 1 October 2018.

Application Procedures

- 1. Details of the Scholarship and its application form are obtainable from our website at http://www.oafa.cuhk.edu.hk/ (Scholarships & Financial Aid → Open for Application).
- 2. Applicants should read the Memorandum and Checklist of Supporting Documents carefully and strictly follow the instructions.
- 3. Completed application form together with **ALL** the supporting documents must reach the Secretary of The Esther Yewpick Lee Millennium Scholarships Selection Committee, c/o Scholarships and Financial Aid Section, Office of Admissions and Financial Aid, Room 1202, 12/F, Yasumoto International Academic Park **by 5:30 p.m., 4 September 2017 (Hong Kong time)**. **Late or incomplete applications will not be considered.**
- 4. Shortlisted candidates will be invited to attend interviews which will be held during the period from October to November 2017 in Hong Kong. The cost of travel to the interviews will not be reimbursed to the candidates.

Enquiries: Contact Office of Admissions and Financial Aid at 3943 7204 or sfas@cuhk.edu.hk.

(Back to top)

2. Seminar on "Harnessing the Power of Live Streaming"



The HKMA Digital Marketing Community will organize a Seminar on "Harnessing the Power of Live Streaming". Details of the seminar are as follows:

Date: Thursday, 22 June 2017 **Time:** 2:30pm - 5:30pm

Venue: CYMA Charity Fund Management Development Centre,

2/F, Pico Tower, 66 Gloucester Road, Wanchai, HONG KONG

Distinguished marketers from the following companies will share some excellent cases on live streaming:

- Huawei Technologies Co., Ltd.
- Ogilvy & Mather Group, Hong Kong
- Harbour City Estates Limited
- Weibo Hong Kong
- Yahoo! Hong Kong Limited
- Facebook Hong Kong

5 complimentary seats will be offered for our students. Interested students please complete application at https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=3488016 on or before 16th June, 2017.

Enquiries: Miss Sonia Yu (3943-3937 / soniayu@cuhk.edu.hk)

3. Targeted Training Programme for Scholarships

To better equip our students for scholarship applications, the Office of Admissions and Financial Aid will organize a targeted training programme in which students will be given counselling on scholarship application including preparation for curriculum vitae and personal statement. Mock interviews will be arranged for students, and faculty mentors will be assigned to them for coaching.

College students who have interest in this targeted training programme with cumulative GPA of at least 3.3 and are planning to compete for renowned scholarships may send in their 1) SID, 2) Name, 3) Programme, 4) Year of Study, and 5) CGPA to Miss Yolinda Wong at yolindawong@cuhk.edu.hk on or before 12 July 2017.

The College will nominate suitable applicants to participate in this programme. As the programme is intended to last for a year, priority will be given to Year 3 or above students but not in their final year of study in 2017/18.

(Back to top)

4. 網上心理健康計劃 - 《心導遊》

(由香港中文大學心理學系舉辦)



簡介:

在忙碌的都市生活中,你有覺得疲累、心情低落,或是不安、焦慮嗎?工作上的責任和重擔,有令你感到負荷不來嗎?你覺得沒有時間,但又想為到自己既心理健康做些什麼?《心導遊》是一個為期八至十個星期的網上心理健康研究計劃。目的旨在提升大眾生活質素及心理健康,並預防廣泛性焦慮症及抑鬱症。在心導遊這個旅程之中,我們會從旁輔助你。希望你在過程之中,學習、練習、以及反思,並預備好去面對充滿未知、驚喜以及挑戰的人生。

詳細內容:

- i) 對象:18 歲以上,能閱讀及理解廣東話,具高風險會患上抑鬱症或焦慮症,而未曾確診患上抑鬱症、躁狂抑鬱症、廣泛焦慮症、精神分裂症譜系疾患或有自殺傾向的人士參加。
- ii)《心導遊》包括了三個不同的課程:思緒遊、靜觀遊、知識遊。合資格的人士將會被隨機分派到以上三個課程的其中一個,每個課程為期約六個星期。參加者只需每星期花約半小時,就能提升自己的心理健康或對心理健康的認識。
- iii) 參加者需於課前、第六節課後、完成課程後三個月及九個月後於網上填寫有關精神健康的問卷以檢討計劃成效。
- iv) 為鼓勵參與,首 180 名完成課程及課後各階段評估的參加者,可獲得港幣\$100, 最高合共\$300 的答謝金(答謝金將為現金或同等金額的現金券)。答謝金將於會面評估後派發。

有興趣參加的人士,可於網上登記(http://www.psy.cuhk.edu.hk/tourheart/),並填寫一份簡單問卷。我們將會預約初步合資格的參加者到香港中文大學進行簡單的會面評估,以確定符合參加條件。

如有查詢,歡迎於辦公時間致電多元文化及全人健康研究室研究助理 黃小姐 3943-4189 或電郵 swywong@psy.cuhk.edu.hk。