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 網上心理健康計劃-《心導遊》



College members and students gathered in the College Closing Assembly last Friday to wave goodbye to the academic year. Professor Rance P.L. Lee (李沛良教授) addressed as College Master for the last time, and expressed his pride on the development of the College over the years, and thanked all donors, members, and students' support on the College. He wished students could embrace creativity, healthy living and dreams, and treasure life in the College.



We were thankful to the donation from Mr. Lau Sai-yung (劉世鏞先生), College Overseer and Affiliated Fellow, to support the establishment of Lau Yiu Po Wah Scholarship for Outstanding Social Services (劉姚寶華傑出社會服務獎學金) and donation from Mr. Yung Ho-yin (容浩然先生) for his beautiful calligraphy to the College.



Two of the groups awarded the Outstanding Final-Year Project Award, Beyond Times (三時) and Five vs. Wild (伍在野) also shared their project ideas and encouraged students to put imaginations into practice. Scholarships were presented at the end, including the Wu Yee Sun Award for the Most Distinguished Graduating Student.



Looking forward to the summer excitements ahead, the Assembly closed with the cheerful smiles in the group photo.

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2. Badminton Friendly with Muse College 與中大(深圳)思廷書院進行羽毛球友誼賽



Muse College of The Chinese University of Hong Kong (Shenzhen) (香港中文大學(深圳)思廷書院) sent a delegation of 32 teachers and students to engage badminton friendly with our College Badminton Team on 22<sup>nd</sup> April. Each team was mixed with one WYS student and one Muse student to participate in Mixed Double, Women's Double and Men's Double. The players of both colleges took the chance to learn from each other. Strengthening the sportsmanship and friendship of both colleges were the essences of the event.



Professor Rance P.L. Lee (李沛良教授), College Master and Professor Kelvin K.F. Tsoi (蔡錦輝教授), Chairperson of Sunny Sports Committee welcomed the delegation and presented souvenirs to Professor Simon Pun (潘文安教授), Co-ordinator of Muse College. Sunny Sports Committee members Dr. Lau Kwok-on (劉國安博士) and Mr. Nelson K.T. Lam (林國棠先生); Ms. Sandy P.S. Lee (李珮珊女士), College Secretary, the badminton team players and College Sports Association representatives also joined hands to receive the delegation afterwards.



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# 3. The Student Union's Joint Inauguration Ceremony 2017 2017 年度聯學生會幹事會交職典禮



Formally inaugurated on 1<sup>st</sup> March, the Fourth Executive Council of College Student Union (書院學生會幹事會), Reasun (因宜) hosted the Joint Inauguration Ceremony together with other College Student Unions and CUHK Student Union on 20<sup>th</sup> April. Professor Rance P.L. Lee (李沛良教授), College Master, Professor Annisa C.H. Lee (李賴俊卿教授), College Dean of Students, Professor Pun Kong-pan (潘江鵬教授), Hostel Warden and College students took great pleasure to attend the Ceremony. Professor Rance P.L. Lee was glad that our students are taking the lead to develop our College and the SU is playing an essential role as the bridge. The SU President, Mr. Hon Yuen-kit (韓元傑同學) also expressed his pleasure to serve for the College. Congratulations to Reasun!



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#### 4. Annual Athletic Dinner 週年運動員聚餐 2016-17



Our College Team athletes gathered on 19<sup>th</sup> April to celebrate their tremendous effort in training and outstanding achievements in the Annual Athletic Dinner. Representatives of College Teams and Sports Association co-organized the events with the presence and support of Professor Anthony T.C. Chan (陳德章教授) and Professor Wong Kam-fai (黃錦輝教授), College Associate Masters; Professor Annisa C.H. Lee (李賴俊卿教授), Dean of Students; Dr. Lancelot W.H. Mui (梅維浩博士), Associate Dean of Students; Professor Kelvin K.F. Tsoi (蔡錦輝教授), Chairperson of Sunny Sports Committee and other committee members Dr. Lau Kwok-on (劉國安博士), Mr. Nelson K.T. Lam (林國棠先生) and Professor Qiang Xu (徐強教授); and Ms. Sandy P.S. Lee (李珮珊女士), College Secretary. Prof. Chan and Prof. Tsoi expressed our appreciation to the athletes and encouraged them to keep up the good work.



Not only did the participants enjoy the stunning hip-hop performance at the opening, they were also inspired by the sharing of Hanniel H.N. Chow (周漢聶同學) about his track and field training in Canada. The subsequent delicious dinner buffet, games and lucky draw concluded the event with joy and laughter. We look forward to the remarkable performance of our College teams next year!



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# 5. CUHK Sports Teams Annual Dinner 中大運動員周年聚餐



The CUHK Sports Team enjoyed a great time with their fellow teammates in the Annual Dinner held on 18<sup>th</sup> April. Professor Wong Kam-fai (黃錦輝教授), College Associate Master, joined the College PE teachers Mr. Nelson K.T. LAM (林國棠先生) and Dr. Lau Kwok-on (劉國安博士) to express our appreciation to every athlete who devoted in the trainings and brought our sportsmanship to a new level. We also shared the joy of athletes who won the MVPs in respective University Teams of CUHK (中大運動代表隊最有價值運動員) and USFHK (大專最有價值運動員). Congratulations!



USFHK MVP	Cheung Ku-ngai (張顧毅同學)	Rugby
	Cheria C.S. Heng (幸卓思同學)	Woodball
CUHK MVP	Law Hoi-man (羅凱文同學)	Handball
	Wong Wai-lok (黃瑋樂同學)	Rowing
	Cheung Ku-ngai (張顧毅同學)	Rugby
	Cheria C.S. Heng (幸卓思同學)	Woodball

### 6. 甜一甜 鬆一鬆 Take a Sweet Break



As exam is around the corner, Sunshine at CUHK(中大有晴) organized a Sweet Soup distribution activity at our College last Wednesday. Sunnies took a break and enjoyed a relaxed moment with free sweet soup including Sweet Red Bean Soup and Dried Beancurd Skin with Sago Dessert at College Gallery.



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7. 【c!ab Salon Series】 - Pet · Food · Stocks · Or Beyond? 《牠的名字》



A seminar session initiated by Creativity Lab (c!ab) student convenors was successfully held on 20<sup>th</sup> April. Dr. Chan Ka-ming (陳嘉銘博士), Lecturer, Department of Cultural and Religious Studies (文化及宗教研究系) and Miss Samantha Fung (馮一芯同學), current student from School of Journalism and Communication (新聞與傳播學院) were invited to share with us on their views on animals rights in the Lounge, House of Sunny Living.



During the talk, Dr. Chan explained to the participants on how people treat animals differently, which is influenced by various factors, including cultural and historical background. Miss Fung added about the importance of maintaining animal rights by listing a series of cruel facts of animals farming industry nowadays and the positive influence of being a vegetarian, both to human beings and the Earth.



After the presentation session, most participants also exchanged their views towards the guests' view points and fruitful discussion was held. At the end of the talk, some cherry tomatoes planted by the College Green Team at the Rooftop Garden were presented as a token of appreciation to Dr. Chan and Miss Fung.



You are welcome to follow clab and Miss Fung Facebook Page 救救港猪 Hong Kong Pig Save for their latest updates and her

recent work on animal rights protection!



1. Freecycling Scheme at Hostel Check-out 退宿回收



**College Green Team** and **"CU X Rubbish"** are co-organizing a **freecycling scheme** at hostel check-out from 21 April to 29 May. Collection boxes have been placed at the G/F lift lobby of East Block and West Block. Items collected will be distributed to resident students of next year or donated to charities. Please join and contribute to a green environment!

一年一度的退宿時間即將到了!書院環保小組將聯同「免廢讀中大」於在4月21日至5月29日舉行退 宿回收活動,東西座宿舍電梯大堂已放置回收箱,讓各位宿生將有用的物品分類回收再用,供下年宿生 使用或捐贈予慈善機構。請大家積極參與,為環保出一分力。

# <u>Reminders 注意事項:</u>

1) Please make sure the stuff is clean 請清潔乾淨所有物資

**2)** Food is not accepted, just share with your friends or share at the pantries 恕不接受食物,請找三五 知己分享或放在樓層 pantry 共享

3) Boarders are welcome to take stuff they want during the collection period 歡迎宿生們在回收期間將有 用的物資取走

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2. Creativity Lab (c!ab) - Recruitment of Video Production Crew

<Below message is drafted by c!ab convenors and the organizing team>

話說呢,就有條片,想揾人一齊拍掂佢。

點解要拍呢條片呢? 我想創造一條屬於中大伍宜孫嘅片,只係喺中大先拍得出嘅一條片。講梗嘅唔單只故事喺中大發生,而係啲畫面、聲音,都會有一 種中大、伍宜孫嘅感覺。

想一齊玩呢,就入去張表留個名咁:<u>https://goo.gl/forms/AIR4luun8weKOUn73</u> 留名後我會向大家發放劇本初稿,同邀請大家嚟劇本會。 當然,如果你淨係想睇結果,完成後會搞放映會的了。

詳細資料請見 idea 頁面: <u>https://clab.wys.cuhk.edu.hk/idea/pai-pian</u>

祝final 順利!

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1. Temporary Closure of College Catering Outlets at Labour Day and Buddha Birthday 勞動節及佛誕假期書院膳堂暫停營業

All catering outlets at Wu Yee Sun College will be temporarily closed on Monday, 1 May 2017 and Wednesday, 3 May 2017 for Labour Day and Buddha Birthday.

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2. New College Member 新增書院成員

The following CUHK staff member has recently joined Wu Yee Sun College as a teacher affiliate. Warm welcome from all the Sunnies!



Dr. Kaho YU 余家豪博士 BA (Keele); MSc (UCL); PhD (KCL)

Dr. Kaho Yu is an assistant lecturer of the Global Studies Program at the CUHK. He specializes in Chinese energy security, Eurasian geopolitics, "Belt and Road Initiative", Sino-Russian energy cooperation and global energy governance. Dr. Yu also holds affiliated research positions at Harvard Kennedy School (Geopolitics of Energy Project), the Center for International Energy Security Studies at Graduate School of Chinese Academy of Social Science, European Center for Energy and Resources Security (EUCERS), London Asia Pacific Centre for Social Science at King's College London and Asian Energy Studies Centre at Hong Kong Baptist University. From 2013 to 2014, Dr. Yu taught a master course on geopolitics of energy for the MGPE program at the CUHK. Besides, Dr. Yu observes Chinese energy policy and Eurasian energy geopolitics closely and provides policy advice and commentary on international energy security frequently.

# 3. Hostel Application for the Academic Year 2017-18 (for Local Students)

Online application for Student Hostel Residence for the Academic Year 2017-18 for local students is opened from <u>13 April to</u> <u>26 April 2017</u>. Please read through the Note to Applicants (downloadable from College Website: <u>http://www.wys.cuhk.edu.hk/downloads.php</u>) before your online submission.

An email notification will be sent to the email address provided upon successful online submission. Please be reminded to sign on the email notification printout and submit it together with all valid supporting documents to the College Office (Room G03, G/F, East Block, Wu Yee Sun College, The Chinese University of Hong Kong) from <u>27 to 28 April 2017 within office hours</u>.

Online Application: <u>https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=3136967</u> Note to Applications: <u>http://www.wys.cuhk.edu.hk/cms/wp-</u> content/files\_mf/1492074426WYS\_Hostel\_201718\_ApplicationNote\_Local.pdf

Enquiries

Ms. Polly Po (3943 1741/ polly@cuhk.edu.hk) Ms. Candy Shek (3943 1615/ candyshek@cuhk.edu.hk)

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4. "Meet the Dean" Hours & Lunch Gathering 輔導長時間 及午餐聚會

"Meet the Dean" Hours & Lunch will be closed during exam period and summer vacation. Any students who wish to meet Professor Annisa C.H. Lee (李賴俊卿教授), College Dean of Students and Associate Professor of School of Journalism & Communication; Professor Ming-kay Poon (潘銘基教授), College Associate Dean of Students and Associate Professor of Department of Chinese Language and Literature; and Dr. Lancelot W.H. Mui (梅維浩博士), College Associate Dean of Students and Lecturer of The Jockey Club School of Public Health and Primary Care may email Miss Sonia Yu (<u>soniayu@cuhk.edu.hk</u>) or Miss Katie Yu (<u>katieyu@cuhk.edu.hk</u>) for arrangement.

The events will resume next semester with further notice. All the best for examination!

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#### 5. Scholarships for Academic Excellence 2016/17 年度學業優異獎學金



To recognize college students with outstanding academic performance, the College is pleased to offer:-

#### Master's List - Honor Award

To acknowledge Top College student of each academic programme of each class, with year GPA not less than 3.5 in 2016/17 academic year Quota: One student from each programme of each class will be awarded

Quota: One student from each programme of each class will be awarded

# Academic Excellence Scholarship – HK\$10,000 (Selection Criteria, Quota and Award Amount UPDATED)

To acknowledge students with excellent academic performance - Highest 2016/17 Year GPA in each Faculty (with not less than 3.4)

Quota: 25 [Arts(3), Business Administration(4), Education(2), Engineering(3), Law(2), Medicine(4), Science(3), Social Science(4)]

### Academic Improvement Award – HK\$5,000

To recognize Top 3 College students who have shown the greatest improvement in terms of Term 1 & Term 2 GPA of 2016/17 academic year Quota: 3

Application to the above scholarship is NOT required. Scholarship recipients will be notified in August and awards will be presented in the College Inauguration Assembly in Sep 2017.

For more details about eligibilities, please go to <u>http://www.wys.cuhk.edu.hk/scholarships.php</u> (College Life & Support > Scholarships & Financial Aid > Sort by Type > Scholarships for Academic Excellence)

Enquiries: Ms. Carol Cheng (<u>carolcheng@cuhk.edu.hk</u> / 3943 3936) or Miss Yolinda Wong (<u>volindawong@cuhk.edu.hk</u> / 3943 3932)

6. Drum Set and other Music Equipment Available for Booking



To promote music atmosphere on campus, the College recently arranged a drum set and other music equipment at College Theatre and made available for booking. You can come for practice, rehearsal or performance! Be a Music Team member and enjoy all the fun!



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Enquiries:	Sonia (3943-3937/ soniayu@cuhk.edu.hk) / Kan (3943-9767/ kanpoon@cuhk.edu.hk)
	The briefings will be organized again in the next semester. If you would like to register as music team member and use the music equipment, please contact Sonia / Kan.
	Music Equipment".
	*For other student bodies' bookings, please follow the rules and procedures stated in the "Rules & Regulations For
	4) read through the "Rules & Regulations For Music Equipment" and complete the booking form
	3) attend a briefing about the proper use of music equipment; and
	2) register as a member of Music Team via <u>https://goo.gl/AMzk0z</u> ;
	1) be Wu Yee Sun College Students;
Registration:	<b><u>BEFORE</u></b> submitting booking request to College Dean of Students' Office, applicants must
	*Other than the time specified above, please consult College Dean of Students' Office <b>ONE working day</b> prior to the proposed booking time.
Booking Period:	Monday 19:00-22:00; Wednesday 14:00-17:00 (except public holidays & special situations)

# 7. Exchange and Travel Grant/Loan 2016/17

College students with financial needs who are selected for semester or year exchange programmes or going overseas for summer activities/exchanges may apply for Exchange and Travel Grant/Loan.

There are different rounds of applications. For programmes/activities held in in Feb - May 2017, the application is now open from 15<sup>th</sup> Dec 2016 to 18<sup>th</sup> Apr 2017.

For programmes/activities held in Jun - Sep 2017, application will be open from 19th Apr to 14th Aug 2017.

Check out the following link for more information including eligibility: <a href="http://www.wys.cuhk.edu.hk/cms/wp-content/files\_mf/1481859267ExchangeandTravelGrantandLoan2016172nd.pdf">http://www.wys.cuhk.edu.hk/cms/wp-content/files\_mf/1481859267ExchangeandTravelGrantandLoan2016172nd.pdf</a>

For enquiries, please contact Ms. Carol Cheng at carolcheng@cuhk.edu.hk or Miss Yolinda Wong at volindawong@cuhk.edu.hk

# 8. WYS's Got Talents

Are you interested in or excellent at **photography**, **video-production**, **art & design**, **simultaneous interpretation** or being the **Master of Ceremonies**? Or do you have any other talents to showcase?

The College is recruiting all sorts of talents to contribute in various College events including the upcoming College Opening and Anniversary Ceremony, College Forum and Assembly...etc. Registered students may be invited to assist in different occasions. Don't hide your talents, shine in the College! *P.S. CREATIVITY COUNTS!!!* 

Let us know what you are interested in and excellent at: <u>https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838</u>

Enquiries: Miss Jane Wu (3943 3934/ janewu@cuhk.edu.hk )

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9. Student Pastoral Care

It is not uncommon for college students like all of you to encounter various academic, emotional, interpersonal or family concerns and difficulties when you adjust to university life or pursue personal growth. You may wish to know the below ways that you can seek support or advice from the College and the University when you face problems:

1) You are welcome to speak with our College Dean of Students when you have problems that need resolving. Please call **3943 3942** for arrangement.

2) You may also approach the University's Student Counselling and Development Service at 3943 7208 for help.

3) A 24-hour Emotional Support Hotline is also launched to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations. The hotline number is **5400 2055**.

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1. Sports for Life Award Scheme 體育運動參與獎勵計劃



Wanna move your body and get a prize in the same time?!

Sports for Life Award Scheme aims at motivating students to take part in more College's sports activities and exercising regularly for a healthy life. Students can earn award points for participating in College's sports activities and gain prizes!

How to join? You will be enrolled into the Scheme after joining your first sports activity!
What are the prizes? 30 points for Sports Towel & 40 points for Water Bottle
How to redeem prizes? Prize redemption will be arranged from 21<sup>st</sup> April to 12<sup>th</sup> May at College Dean of Students' Office (UG09) during office hour.

Upcoming Sports Activities:

Please stay tuned for updates

Check your accumulated points at <a href="http://bit.ly/WYSSportsForLife">http://bit.ly/WYSSportsForLife</a>!!

Enquiries: Miss Sonia Yu (<u>soniayu@cuhk.edu.hk</u> / 3943 3937)

# 2. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃

Life begins at the end of your comfort zone!

A SMALL change can make a BIG difference!

If you are planning for any short-term projects containing elements of Creativity, Entrepreneurial Spirit or Social Responsibility, apply "Be Entrepreneurial!" Funding Scheme.

To provide more support to students, the maximum funding amount has been raised to \$20,000!!!



# Maximum Funding Amount: HK\$20,000 Eligibility

- ✓ All WYS undergraduate students
- Individual and Group projects (the group must comprise of at least 50% WYS students, other 50% may be students from other Colleges)
- ✓ Applications are welcome all year round.

What are you waiting for? Click <u>HERE</u> to find out more information! **Enquiries**: Mr. Kan Poon (3943-9767 / <u>kanpoon@cuhk.edu.hk</u>)

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3. Global Learning Award Scheme (Summer Round) 寰宇學習獎勵計劃 (夏季)

If you are planning to expand your academic wisdom with support from the scheme, ACT NOW!

The scheme supports Wu Yee Sun College students to take part in or self-initiate academic programmes, such as academic conferences, competitions, field trips and language programmes outside Hong Kong. Last academic year, the scheme has supported students to South India, Belgium, Inner-Mongolia and so on!

Students successfully selected by the Scheme will be awarded the Global Learning Award. The maximum award amount varies for programmes of different length and nature.

	Programme Length	Programme nature	Maximum Award amount
Short- term	Shorter than one month	Self-initiated programmes	HK\$8,000 or 100% of particular items ( <i>whichever is lower</i> )
		#Participating in organized programmes	HK\$8,000 or 80% of particular items (whichever is lower)
Long- term	One to six months	Self-initiated programmes	HK\$15,000 or 100% of particular items (whichever is lower)
		*Participating in organized programmes	

<sup>#</sup>*Programmes organized by the College and Term-long Exchange Programmes will not be considered for this scheme.* 

The sooner you submit your application, the quicker to receive feedbacks, and more time to improve the contents. Comment from College Exchange Committee members on proposal of self-initiated programmes could be sought by special request. The request shall be made at least month before application deadline together with submission of the completed proposal, budget plan and application form.

Round	<b>Applying for trips taken during</b> (for trips overlapping both rounds, <u>first date</u> of the trip shall determine the application period)	<b>#Application period</b>
Winter	Nov 1 <sup>st</sup> – Apr 30 <sup>th</sup>	May 1 <sup>st</sup> - Oct 31 <sup>st</sup>
Summer	May 1 <sup>st</sup> – Oct 31 <sup>st</sup>	Nov 1 <sup>st</sup> – Apr 30 <sup>th</sup>

*#application documents shall be submitted to DOS Office by the last <i>working day within the application period.* 

Contact Miss Katie Yu (3943 3935 / <u>katieyu@cuhk.edu.hk</u>) now if you have any ideas in mind. Know more about the <u>details</u> and <u>apply</u> here!

# 4. Service-learning project Funding Scheme 服務學習項目資助計劃



If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's <u>Service-learning Project Funding Scheme</u> supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project.

Learn to serve and serve to learn! Please visit the <u>website</u> for more info.

Enquiries: Katie (<u>katieyu@cuhk.edu.hk</u> / 3943 3935)

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5. Self-Motivation Fund for Sports Activities 「自選遊」體育活動資助計劃



**Self-Motivation Fund for Sports Activities** encourages students to participate in various kinds of sports events or competitions, in order to live up the spirit "Sports for Everyone".

The College will subsidize the **application fee** of sports events/ competitions/ activities organized by organization(s) OTHER THAN College. *Oxfam Trailwalker, Standard Chartered Hong Kong Marathon, Totem Run, or The Nike Cup-Hong Kong Five* are some of the examples.

**Funding Amount:** \$500 or 80% of application fee (whichever is lower)

Guidelines: <u>http://www.wys.cuhk.edu.hk/page.php?name=sports-health-education</u> Application: Please submit application at <u>https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1935668</u> at least 14 working days **BEFORE** the start date of the activity. We will notify applicants the results within two weeks. Enquiries: Kathy (3943-3942/ <u>kathyfong@cuhk.edu.hk</u>)

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#### 6. Mingle Fund (English only)

Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College. The

Fund supports self-initiated activities with participation of both local and international/ incoming exchange students. Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity.

For more info, please visit: <u>http://www.wys.cuhk.edu.hk/exchange.php?lang=zh&cat=others</u> For enquiries, please contact Miss Katie Yu at <u>katieyu@cuhk.edu.hk</u> or 3943 3935



1. 香港中文大學賽馬會地球保源行動一「環境及氣候論壇系列:轉廢為能」論壇 CUHK Jockey Club Initiative Gaia -Environment and Climate Change Forum Series: Waste-to-energy (Chinese Only)

香港中文大學賽馬會地球保源行動獲香港賽馬會慈善信託基金捐助,籌辦「環境及氣候論壇系列」,就不同議題舉辦論壇,邀請各界專家和市民一同探討香港及全球的環境及氣候問題,希望藉此開拓環保新思維,尋求解決方法。

是次「轉廢為能」論壇由**書院校園環境委員會主席鄒桂昌教授主持**,並由環境保護署副署長郭黃穎琦女士擔任主講嘉賓,探討在 香港發展轉廢為能的潛力。此外,馬耀華博士和容家富博士亦將分享見解。另設有問答環節,歡迎與會者發言提問。

- **日期:** 2017年5月13日(星期六)
- 時間: 下午 2:00 下午 4:00
- **地點**: 香港中文大學康本國際學術園二樓五號演講廳(港鐵大學站D出
- 地流・□)

論壇以廣東話主講。免費入場。如欲參與,請<u>按此</u>登記報名。名額有限,額滿即止。 查詢電話: 3943 3972

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2. HKMA Seminar - Benchmark Your Training and Development Practices with Some of the Excellent Organizations



The seminar aims at providing more opportunities for university students to learn from reputable HR leaders.

Date:	Tuesday, 27 June 2017	
Time:	8:30 am (Registration) <u>Morning Session</u>	
	9:00 am - 1:00 pm (Keynote Speech and Skills Training Category Final Judging) Lunch	
	<u>1:00 pm - 2:00 pm</u>	
	<u>Afternoon Session</u> 2:00 pm - 5:45 pm (Development Category Final Judging)	
Venue:	Room N101 (Keynote Speech and Seminar)	
	Bauhinia Room (Lunch) Hong Kong Convention and Exhibition Centre (New Wing)	
	1 Expo Drive Wanchai HONG KONG	

Keynote Speaker: Mr. Matthias Li, Chief Executive, Ocean Park Corporation (海洋公園行政總裁李繩宗先生)

**5 complimentary seats (Whole-day Seminar without Lunch)** will be offered for our students. Interested students please complete application at <a href="https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=3234630">https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=3234630</a> on or before 12<sup>th</sup> May, 2017.

Enquiries: Miss Sonia Yu (3943-3937 / soniayu@cuhk.edu.hk)

#### 3. Information Session on The Esther Yewpick Lee Millennium Scholarship 2018

The Esther Yewpick Lee Millennium Scholarship 2018 tenable at the University of Oxford will be open for application in May 2017. This full scholarship is exclusively offered to CUHK degree graduates. Candidates should be either final-year undergraduates/postgraduates of degree programmes in the academic year 2017/18 OR graduates holding degrees awarded by CUHK; and must be under the age of 25 years on 1 October 2018.

If you are interested in this prestigious Scholarship, please join the information session during which you will learn from the scholarship recipient about the application process and selection criteria of the Scholarship. Details of the information session are as follows:

## Date: 15 May 2017 (Monday) Time: 3:30 pm – 4:30pm Venue: Room 205, Esther Lee Building, CUHK

To reserve a seat for the information session, please complete and submit by 8 May 2017 an online registration form which is obtainable from our website at <u>http://www.oafa.cuhk.edu.hk/</u> (Scholarships & Financial Aid à Open for Application). Confirmation will be sent to you by SMS and email on 9 May 2017.

For enquiries, please contact Scholarships and Financial Aid Section, Office of Admissions and Financial Aid at <u>sfas@cuhk.edu.hk</u> / or 3943 7204.

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4. Tertiary Student Finance Scheme-Publicly-funded Programmes (TSFS) and Non-means-tested Loan Scheme for Full-time Tertiary Students (NLSFT) 2017/18

Both TSFS and NLSFT (2017/18) are now open for application from current students **starting from 1 April 2017**. Applications should be submitted to the Government Student Finance Office of the Working Family and Student Financial Assistance Agency (SFO) through the **"SFO E-link – My Applications" online platform (<u>http://ess.wfsfaa.gov.hk</u>) on or before 19 April 2017. After submission of the online form, applicants will be required to submit the declaration and the photocopies of supporting documents by online uploading, by post or in person to SFO's office. Applicants may also submit the documents to the collection box at Room 1206, 12/F, YIA from 8:45am to 1:00pm and 2:00pm to 5:30pm during the period from 19-21 and 24-26 April 2017. Students can visit website at <a href="http://www.oafa.cuhk.edu.hk">http://www.oafa.cuhk.edu.hk</a> for application details.** 

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5. CUHK Golden Jubilee Celestial Civilian Scholarship on Hong Kong Literature 2016/17

CUHK Golden Jubilee Celestial Civilian Scholarship on Hong Kong Literature aims to encourage and recognize the excellence of research, analysis, and writing by the students of CUHK in the use of primary sources and rare materials held by the Hong Kong Literature Collection of The Chinese University of Hong Kong Library (CUHK Library). Applicants can visit the website of CUHK Library for the information on Hong Kong Literature Collection (香港文學特藏) at <a href="http://www.lib.cuhk.edu.hk/tc/collections/spc/theme/hklit">http://www.lib.cuhk.edu.hk/tc/collections/spc/theme/hklit</a>.

#### Number and Value of Scholarship

There will be two scholarships of HK\$10,000 each. The scholarship recipients should be able to demonstrate their strong competence in using the Hong Kong Literature Collection for their outstanding research papers on Hong Kong literature and related fields. No award will be granted if there is no suitable candidate.

#### **Eligibility**

Applicants must:

 $\ddot{Y}$  be full-time students taking undergraduate / research postgraduate programmes;

 $\ddot{Y}$  submit a research paper / thesis / dissertation \* on Hong Kong literature and related fields; and

 $\ddot{Y}$  submit a statement in 500-800 words, written in either English or Chinese, on how to make use of the Hong Kong Literature Collection for the research paper / thesis / dissertation.

\* For research paper, thesis and dissertation written in language other than English or Chinese, applicants are required to

translate the academic works into either English or Chinese for submission.

# Selection Criteria

A panel will meet to review applications and take into account the following during selection:

- 1. The originality, quality of analysis and interpretation of the research paper.
- 2. The excellence of writing style and thoroughness of documentation of the paper.
- 3. The extent and effectiveness of the applicant's use of the Hong Kong Literature Collection in the research.

# **Application Procedures**

Information on the Scholarship and its application form can be downloaded from the website of our Office at <a href="http://www.oafa.cuhk.edu.hk/">http://www.oafa.cuhk.edu.hk/</a> (Scholarships & Financial Aid > Open for Application).

Completed application form together with all requisite documents should be submitted **in person** to the Scholarships and Financial Aid Section, Office of Admissions and Financial Aid, Room 1202, 12/F, Yasumoto International Academic Park during office hours (Monday – Friday 8:45 a.m. - 1:00 p.m. and 2:00 p.m. - 5:30 p.m. except Public Holidays) **on or before 30** 

**June 2017**. *Late or incomplete applications will NOT be considered*. *Please refer to Notes for Applicants attached to the application form for the requisite documents to be submitted by the applicants.* 

Selection results will be announced by August 2017.

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6. 網上心理健康計劃-《心導遊》



# 簡介:

在忙碌的都市生活中,你有覺得疲累、心情低落,或是不安、焦慮嗎?工作上的責任和重擔,有令你感到負荷不來嗎?你覺得沒 有時間,但又想為到自己既心理健康做些什麼?《心導遊》是一個為期八至十個星期的網上心理健康研究計劃。目的旨在提升大 眾生活質素及心理健康,並預防廣泛性焦慮症及抑鬱症。在心導遊這個旅程之中,我們會從旁輔助你。希望你在過程之中,學 習、練習、以及反思,並預備好去面對充滿未知、驚喜以及挑戰的人生。

# 詳細內容:

i)對象:18歲以上,能閱讀及理解廣東話,能閱讀及理解廣東話,具高風險會患上抑鬱症或焦慮症,而未曾確診患上抑鬱症、躁 狂抑鬱症、廣泛焦慮症、精神分裂症譜系疾患或有自殺傾向的人士參加。

ii)《心導遊》包括了三個不同的課程:思緒遊、靜觀遊、知識遊。合資格的人士將會被隨機分派到以上三個課程的其中一個,每個課程為期約六個星期。參加者只需每星期花約半小時,就能提升自己的心理健康或對心理健康的認識。

iii) 參加者需於課前、第六節課後、完成課程後三個月及九個月後於網上填寫有關精神健康的問卷以檢討計劃成效。

iv) 為鼓勵參與,首180名完成課程及課後各階段評估的參加者,可獲得港幣\$100,最高合共\$300的答謝金(答謝金將為現金或同等金額的現金券)。答謝金將於會面評估後派發。

有興趣參加的人士,可於網上登記(<u>http://www.psy.cuhk.edu.hk/tourheart/</u>),並填寫一份簡單問卷。我們將會預約初步合資格的參加者到香港中文大學進行簡單的會面評估,以確定符合參加條件。

如有查詢,歡迎於辦公時間致電多元文化及全人健康研究室研究助理 黃小姐 3943-4189 或電郵 swywong@psy.cuhk.edu.hk。

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(由香港中文大學心理學系舉辦)