

Subject: The Sunny Weekly (20/02/2017)

If you have problems viewing CHINESE words in this email, please right click the mouse and choose Encoding and then Unicode (UTF-8).
You can also contact Mr. Kan Poon at kanpoon@cuhk.edu.hk or 3943 9767 for technical support.



20 February 2017

Sunny Review 上周回顧

1. [College Forum: Know Your Jingju and Kunqu \(Jingkun Theatre\) 書院論壇 \(菊蘭飄香 - 京崑知多少: 京崑劇團\)](#)
2. [Poon Choi Party by Resident Association 宿生會開年飯](#)
3. [International Cultural Festival--French SURVIVAL Language Activity](#)
4. [College Fire Drill 書院大樓進行火警演習](#)
5. [Spring Reception 書院春茗](#)

College Activities 書院活動

1. [Walking Campaign 2017 <New>](#)
2. [Join our Social English Workshops! 社交英語工作坊 <New>](#)
3. [音樂放鬆分享會 Relaxation through Music - Join us tomorrow!!!](#)
4. [Mentorship Programme 師友計劃 - Now Open for Application 現正接受報名 \(Deadline Extended 截止日期已延長至 27/02/2017\)](#)
5. [伍宜孫書院學生宿舍夜話 Hostel Night Talk of Wu Yee Sun College \(conducted in Cantonese\)](#)
6. [Dinner Invitation for College LLB students](#)
7. [參觀〔源·區〕及堆填區 Visit to T-Park and Landfill \(25.02.2017\)](#)
8. [International Cultural Festival--German Movie Night](#)
9. [c!ab X 赫藝坊劇團 - 戲劇演出《由 6.5 到 56》c!ab X Exploration Theatre Drama Performance \(Conducted in Cantonese\)](#)
10. [Landscape Painting Workshop](#)
11. [International Cultural Festival - Spanish Cooking Class](#)
12. [International Cultural Festival - Salsa Dance night](#)

College Funding & Award Schemes (for Year-round Application) 書院資助及獎勵計劃 (全年可供申請)

1. [Sports for Life Award Scheme 體育運動參與獎勵計劃](#)
2. [Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃](#)
3. [Global Learning Award Scheme \(Summer Round\) 寰宇學習獎勵計劃 \(夏季\)](#)
4. [Service-learning Project Funding Schem 服務學習項目資助計劃](#)
5. [Self-Motivation Fund for Sports Activities 「自選遊」體育活動資助計劃](#)
6. [Mingle Fund \(English only\)](#)

College Announcements 宣佈事項

1. [Wu Yee Sun Award For The Most Distinguished Graduating Student 2016/17 - Now Open for Application 2016/17 年度伍宜孫最優秀畢業生獎 - 現正公開接受申請 <New>](#)
2. [Awards for Creativity, Student Development and Talents 2016/17 - Now Open for Application 2016/17 年度創意、學生發展及才藝獎 - 現已接受申請 <New>](#)
3. [Drum Set and other Music Equipment Available for Booking](#)
4. [Say Cheers 口腔健康標語海報創作比賽 Oral Health Poster and Slogan Making Contest](#)
5. [College Student Grant/Loan 2016/17 - Application Now Open \(for Freshmen ONLY\) 2016/17 年度書院學生助學金/貸款 - 現已開始接受申請 \(只限新生\)](#)
6. [Exchange and Travel Grant/Loan 2016/17](#)
7. [WYS's Got Talents](#)
8. ["Meet the Dean" Hours & Lunch Gathering 輔導長時間及午餐聚會](#)
9. [Student Pastoral Care](#)

Other Activities & Announcements 其他活動及宣佈事項

1. [Outward Bound Undergraduate Programme by OSA <New>](#)
2. [Enactus CUHK Project Showcase <New>](#)
3. [Walk the Hong Kong Spirit 港毅行·港精神](#)
4. [Summer Subsistence and Travel Loan Scheme 2016/17](#)
5. [Scholarships for Overseas Studies](#)
6. [Fuji Xerox \(Hong Kong\) Limited/HKMA Leadership and Management Seminar Series 2017](#)
7. [Student Residency Bursary Scheme 2016/17 \(for students who reside in hostel for the second term only\)](#)
8. [網上心理健康計劃 - 《心導遊》](#)



Sunny Review

上周回顧



1. [College Forum: Know Your Jingju and Kunqu \(Jingkun Theatre\) 書院論壇 \(菊蘭飄香 - 京崑知多少: 京崑劇團\)](#)



The College Forum entitled "Know Your Jingju and Kunqu (菊蘭飄香 - 京崑知多少)" was conducted by Jingkun Theatre (京崑劇團) last Friday. The programme included two opera excerpts with live score, presenting both "martial" and "civil" repertoires and the audience were guided how to appreciate the artistic elements and its story behind. The performers also shared their experience and why they were attracted to this art form.



With the lively introduction of the opera by Dr. Tang Yuen-ha (鄧宛霞博士), Founder and Artistic Director of the Theatre, and Mr. Geng Tianyuan (耿天元老師), Director, Actor and Script Writer of the Theatre, the audience had a glance on the profound quintessence. We were grateful to have Mr. Hardy S.C. Tsoi (蔡錫昌先生), Senior College Tutor and Former Arts Administrator and Manager, Sir Run Run Shaw Hall, moderating the Forum.



[\(Back to top\)](#)

2. Poon Choi Party by Resident Association 宿生會開年飯



Warm welcome were given in the form of Poon Choi Party (盆菜宴) to new and returning residents from Resident Association, Sunicity (伍義峻) last Wednesday! All the participants enjoyed the great food, interesting games and lucky draw. Did you miss the party this time? "Like" the [Facebook page](#) of Resident Association for information of their upcoming activities! Be sure to be the first to enroll next time!



[\(Back to top\)](#)

3. International Cultural Festival--French SURVIVAL Language Activity



The College organized International Cultural Festival--French SURVIVAL Language Activity on 15th Feb in order to offer students a chance to learn some simple and useful French expressions. Participants included local, international and exchange students. Besides, College members Professor Albert Lee (李大拔教授), Clinical Professor, The Jockey Club School of Public Health and Primary Care and Miss Maggie M.K. Chan (陳美祺女士), Assistant Lecturer, English Language Teaching Unit were also present to support the activity. Thanks to the instructor Mr. Louis Jean Munsch, Lecturer, Department of Linguistics and Modern Languages, participants learned basic French on greetings, numbers, shopping, food and drinks through interactive activities. They also had a taste of French food and drinks.



[\(Back to top\)](#)

4. College Fire Drill 書院大樓進行火警演習



To familiarize staff and students with the fire alarm system and evacuation procedures, the College and the Security Unit jointly conducted a fire drill at the College building on 16th Feb. More than 60 College students and staff members joined the drill, at the end of which the Security Unit staff gave a demonstration on the use of fire extinguishers.

[\(Back to top\)](#)

5. Spring Reception 書院春茗



A Spring Reception was hosted by College Master, Professor Rance P.L. Lee (李沛良教授) at 20th Feb afternoon at CUHK Staff Common Room with the College staff members to celebrate the Lunar New Year. Everyone enjoyed a joyful moment with the pleasant food and nice catch up. Professor Lee also wished everyone a great Year of Rooster ahead with both spiritual and physical health.

[\(Back to top\)](#)

1. Walking Campaign 2017

Our College encourages students to exercise more and live a healthy lifestyle, so we are going to form our own team for The Walking Campaign 2017 organized by the University's Committee on Health Promotion and Protection!

The event will be held on 24th Feb, 2017 (Friday 9:00am), and the ceremony will be held at the Entrance Piazza. The walking route begins at the Entrance Piazza and ends at New Asia College, and takes about 40 minutes to complete. **If you have successfully enrolled in this activity, please email soniayu@cuhk.edu.hk on or before 22nd Feb and wear our College Tee on that day to get a sports towel as souvenir!**



See you there!

[\(Back to top\)](#)

2. Join our Social English Workshops! 社交英語工作坊

SOCIAL ENGLISH WORKSHOPS

Do you know the meaning of these famous movie quotes?
"Go ahead, make my day."
"If you build it, they will come."
"Here's looking at you kid."
"Show me the money!"

If you want to learn more about:
Popular Culture, Social Networking, Fluency in Speech, Accents and Dialect, Informal Language and Idioms

Join our Social English Workshops!

Instructor: Dr. Christelle Davis
(College Member and Lecturer, English Language Teaching Unit)

Date: 3, 10, 17 March 2017 (Friday)
Time: 11:30am – 1:00pm
Venue: W112, Wu Yee Sun College
Deposit: \$100 (Refundable upon completing at least 2 sessions)

Enquiries: Valentina Tsang (valentinatsang@cuhk.edu.hk / 3943 3988)

Do you know the meaning of these famous movie quotes?

"Go ahead, make my day."
"If you build it, they will come."
"Here's looking at you kid."
"Show me the money!"

If you want to learn more about:

Popular Culture, Social Networking, Fluency in Speech, Accents and Dialect, Informal Language and Idioms
Join our Social English Workshops!

Instructor: Dr. Christelle Davis

Dr. Christelle Davis is a Lecturer at the English Language Teaching Unit. She obtained her PhD from the University of Sydney. Originally from Australia, Dr. Davis has lived and taught in South Korea and Japan before moving to Hong Kong in 2014. Her professional interests include Creative Writing, Literature, Academic Writing and Cultural Studies.

Date: 3, 10, 17 March 2017 (Friday)

Time: 11:30am – 1:00pm

Venue: W112, Wu Yee Sun College

Registration:

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2717341>

Deadline: 1st March

Deposit: \$100 (Refundable upon completing at least 2 sessions)

* Please submit the deposit in cash to the College Office within office hours before the application deadline for successful registration and seat reservation. Place is limited. First-come, first-served. Time of deposit payment will be the determinant.

Enquiries: Miss Valentina Tsang

(valentinatsang@cuhk.edu.hk / 3943 3988)

[\(Back to top\)](#)

3. 音樂放鬆分享會 Relaxation through Music – Join Us Tomorrow!!!



音樂可以陶冶性情, 令人心情放鬆。經過繁忙的一天, 最好靜下來聽一聽音樂, 放鬆一下心情, 把整天的繁惱拋諸腦後。音樂有這麼多類型, 那些音樂可以幫助我們放鬆心情、舒緩日常的壓力呢? 在是次的音樂會, 鍾教授會跟同學們一起唱唱他的作品。屆時, 鍾教授亦會與大家分享他如何在擔任研究工作之外, 繼續追求自己的興趣, 並把研究工作與音樂創作兩者取之平衡, 同學們不容錯過!

活動由音樂人鍾一諾教授 (Prof. Roger Chung) 帶領

香港中文大學公共衛生學院助理教授, 香港男歌手、作曲及填詞人; 與其兄鍾一匡組成的鍾氏兄弟是香港知名音樂組合, 並獲得多個華語樂壇重要獎項, 包括 2012 年全球華語金曲獎「年度最佳爵士藝人」、2014 年華語音樂傳媒大獎「最佳組合」、2014 年 CASH 金帆音樂獎「CASH 最佳歌曲大獎」、「最佳歌詞」、「最佳合唱演繹」等殊榮。2014 年推出本土話題大碟《極》, 榮獲華語金曲獎七月份十大唱片首位, 並被多個權威樂評網站選為年度最佳大碟。主打歌《時代的顛覆者》更一度被瘋傳於網絡, 及被多個傳媒報章稱為「時代之歌」。文學泰斗李歐梵亦曾公開點名鍾氏兄弟為「香港音樂的出路」。

音樂試聽: <https://www.youtube.com/watch?v=LFOXiztJypA>

日期: 2017 年 2 月 21 日 (星期二)

時間: 晚上 6:30 至 8:00

地點: 伍宜孫書院如日坊 The Lounge

歡迎同學、教職員及教職員家屬參加

報名: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1987438>

查詢: Miss Valentina Tsang (valentinatsang@cuhk.edu.hk/3943 3988)

[\(Back to top\)](#)

4. Mentorship Programme 師友計劃 – Now Open for Application 現正接受報名 (Deadline Extended 截止日期已延長至 27/02/2017)

As mentee,
You can...

- Identify needs and goals for personal development
- Gain exposure in real-life workplace
- Extend personal network for future development

Through leisure events, sports, internship and more

Selected students are **required** to attend the following activities:
Mentee Briefing: 3rd Mar 11:30-12:30
Meet Your Mentor – Mentorship Gathering: 11th Mar 16:00-17:30

Mentorship Programme
For Year 2 – 3 students **2017**

**Enrich people skills,
social network
and career development!**

**Application
Deadline
20th Feb**

Enquiries: Miss Sonia Yu (3943 3937/soniayu@cuhk.edu.hk) Priority will be given to Year 2 students

Mentorship Programme aims at enriching students' **social networking, people skills** and **career development**

Mentees can gain a wider exposure from experienced mentors, hence:

- identify needs and goals for personal development
- broaden horizons in real-life workplace
- extend personal network for future development
- brainstorm and act on new ideas together with mentors

We adopted a “**Group-to-Group Mentor-mentee**” model to match mentors and mentees from diversified backgrounds, in order to bring in more creative insights! With a **two-year programme period**, mentors and mentees also enjoy sufficient time to establish closer bonding and pursue new goals together.

You can spend time with mentors on:

Self-initiated Activities	Cross-group Activities	College Activities
Picnic, movie appreciation, family gatherings, summer internship, professional conference are all feasible examples!	Two or more groups can organize activities together, such as <i>hiking, barbeque, cooking party, handicrafts class</i> . College can provide logistic assistance for large-scale activities.	<i>523 Banquet, green, arts, exchange or other appropriate College activities</i> – Invite mentors to take a glimpse of your university life!

Application

- Year 2 & Year 3 full-time WYS undergraduate students can apply via <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2524550> **on or before 27th Feb, 2017**.
- Selected students are **required** to attend events as follows:
 - Briefing for Mentees: 3rd Mar, 11:30-12:30
 - “Meet Your Mentor” – Mentorship Gathering: 11th Mar, 16:00-17:30

More Details: <http://www.wys.cuhk.edu.hk/mentorship.php>

Enquiries: Miss Sonia Yu (3943-3937 / soniayu@cuhk.edu.hk)

[\(Back to top\)](#)

5. 伍宜孫書院學生宿舍夜話 Hostel Night Talk of Wu Yee Sun College (conducted in Cantonese)



書院將舉辦學生宿舍夜話，並**歡迎書院宿生、走讀生，以及所有中大員生參加**（伍宜孫書院員生優先），詳情如下：

題目：屢敗屢戰的開心保育人 **Happy Conservationists Against Great Odds**

講者：香港天文台前首長林超英教授

日期：2017年3月1日(三)

時間：7:30 – 8:30pm

地點：伍宜孫書院 UG 層演藝廳

語言：廣東話

報名：<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2806962>

查詢：曾煒婷小姐 (valentinatsang@cuhk.edu.hk / 3943 3988)

[\(Back to top\)](#)

6. Dinner Invitation for College LLB students

The aim of this dinner is to consolidate the bonding of college LLB students across different years as well as to arrange an occasion for them to meet with some legal practitioners. Two CUHK alumni - Mr. John K.H. Lee, practicing solicitor of Lee & Wu, Solicitors, and Mr. Arthur K.H. Ho, practicing solicitor of Young & Co., Rowdget W., will join the dinner with participants.

Date : February 23, 2017 (Thursday)

Time : 6:30pm

Venue : College VIP Dining Room

All College LLB students are welcome to join. Interested students please register by sending in their names and SID to Yolinda at yolindawong@cuhk.edu.hk on or before Feb 20 (Mon).

[\(Back to top\)](#)

7. 參觀〔源·區〕及堆填區 Visit to T-Park and Landfill (25.02.2017)

領隊 Leader: 校園環境委員會主席鄒桂昌教授
Professor Chau Kwai-cheong, Chairman of Campus Environment Committee

報名Enrollment (名額有限, 先到先得 First-come First-served):



日期 Date: 25/2/2017 (星期六 Saturday)

VISIT TO
T PARK MVD LANDFILL
源·區及堆填區

轉廢為能之旅

集合地點及時間
Gathering Time and Location:

12:40pm @ 伍宜孫書院大堂
College Gallery, Wu Yee Sun College

12:45pm @ 大學港鐵站
University MTR Station

1:30pm @ 屯門 Tuen Mun

查詢 Enquiry: Andy (3943 3941 / andy_cheung@cuhk.edu.hk)

轉廢為能咩黎架? 食得架? 睇片先:

What is waste-to-energy?

<https://www.youtube.com/watch?v=j8oo0KkjRyw>

T PARK〔源·區〕 配備自給自足的運作系統及不同類型的設施, 包括每天可處理高達二千公噸污泥的污泥焚化爐、發電系統、海水化淡廠, 以及教育和自然生態設施, 體現「轉廢為能」的優點。

唔明? 同 Green Team 一齊去親身體驗啦! 參觀〔源·區〕之後, 我們還會到**新界西堆填區**, 感受下減廢的重要性!

T PARK, located in Tuen Mun, combines a variety of advanced technologies into a single complex and has a well-designed self-sustaining operational system, bringing together sludge incinerators with a treatment capacity of up to 2000 tonnes of sludge per day, with power generation, desalination, educational and ecological facilities to showcase the benefits of the waste-to-energy approach in waste management.

Care to take a look together with Green Team? After visiting T PARK, we will also take a look at the **West New Territories Landfill**, where you will actually see the importance of waste reduction!

日期 Date: 25/2/2017 (星期六 Saturday)

集合地點及時間 **Gathering Time and Location:**

12:40pm @ 伍宜孫書院大堂 College Gallery, Wu Yee Sun College

12:45pm @ 大學港鐵站 University MTR Station

1:30pm @ 屯門 Tuen Mun (視乎需要; 地點待定 If necessary; exact location to be confirmed)

參觀完結時間 Visit End Time : 5:15pm

(回程亦有專車接送 Shuttle bus for return journey will also be arranged.)

領隊 **Leader :**

校園環境委員會主席鄒桂昌教授

Professor Chau Kwai-cheong, Chairman of Campus Environment Committee

報名 **Enrollment (名額有限, 先到先得 First-come First-served) :**

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2458056>

查詢 **Enquiry:** Andy (3943 3941 / andy_cheung@cuhk.edu.hk)

[\(Back to top\)](#)

8. International Cultural Festival---German Movie Night



VENUE
The Lounge,
House of Sunny Living
(right above the college gym room)

INSTRUCTOR
Dr. Stephan Hyeonjun STILLER

GERMAN
MOVIE
NIGHT

INTERNATIONAL
CULTURAL
FESTIVAL

DATE
Thur
2nd Mar 2017

TIME
6:30-8:30pm

CONTENT
Watch German Movie
<Good bye Lenin!>
Small Chat
Light Refreshment
Provided

REGISTRATION
DEADLINE
10:00am
28th Feb 2017

Application



One more movie to enjoy for the International Cultural Festival --- German Movie Night on 2nd Mar night! This time we are bringing you a bittersweet taste: a 2003 German tragicomedy film, "Good bye, Lenin!", which is directed by Wolfgang Becker. After the fall of Berlin Wall, a young German protester Alex tried to protect his mother from a fatal shock by concealing the fact that her beloved nation of East Germany had disappeared. Get ready for laughter, tears and deep thoughts.

Event Details

Date: Thur, 2nd Mar 2017

Time: 6:30 - 8:30pm

Venue: The Lounge, House of Sunny Living (right above the college gym room)

Instructor: Dr. Stephan Hyeonjun STILLER

Program Content:

Watch German Movie "Good bye Lenin!"

Small Chat

Light refreshment provided

Registration:

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2796813>

Registration deadline: **10:00am, 28th Feb 2017**

Enquiries:

Kathy(kathyfong@cuhk.edu.hk / 3943 3942)

Katie (katieyu@cuhk.edu.hk / 3943 3935)

[\(Back to top\)](#)

9. clab X 赫壘坊劇團 - 戲劇演出 《由 6.5 到 56》
clab X Exploration Theatre Drama Performance (Conducted in Cantonese)



創意實驗室(clab)將邀請赫壘坊劇團藝術總監吳家禧先生及其團隊為書院員生演出獨幕劇《由 6.5 到 56》，該劇是依據真實事件創作，希望帶出社區人情在急速社會變化中的重要性。

《由 6.5 到 56》

日期 Date : 27 Feb 2017 (Mon)
時間 Time : 7:30pm - 9:00pm (包括映後座談會、計劃簡介及義工招募)
地點 Venue : The Lounge, House of Sunny Living, Wu Yee Sun College
語言 Language: 廣東話 Cantonese

歡迎所有中大員生報名出席 (伍宜孫書院員生優先)
All CUHK staff and students are welcome to attend (Priority given to Wu Yee Sun College staff members and students)

Registration:
<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2849094>

Enquiries: Kan (kanpoon@cuhk.edu.hk / 3943 9767)

赫壘坊劇團資料：

赫壘坊劇團一直希望透過戲劇進行地區教育工作，讓市民大眾能夠更實在地感受及關注一些社會議題，如舊區重建、公共空間的使用等，從而從較顯淺的角度重新認識及關心自己居住的社區。

網頁：<http://etdrama.org.hk/>

[\(Back to top\)](#)

10. Landscape Painting Workshop

The primary aim of the workshop is to help participants observe and enjoy nature's beauty while painting a landscape. The workshop will consist of a short talk and discussion on the subject of painting, followed by a guided painting session. The materials needed will be supplied by the College.

Instructor: Mr. Pradip Nath (English Language Teaching Unit)

Date: 5 April 2017 (Friday)

Time: 6:30pm - 9:00pm

Venue: W112, Wu Yee Sun College

Deposit: \$50 (Refundable upon completion of activity)

Registration: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2601913>

Deadline: 29 March 2017

*Please submit the deposit in cash to the College Office within office hours before the application deadline for successful registration and seat reservation.

Place is limited. First-come, first-served. Time of deposit payment will be the determinant.

Enquiries: Valentina Tsang (valentinatsang@cuhk.edu.hk/3943 3988)

Michelle Li (michelleli@cuhk.edu.hk/3943 3933)

[\(Back to top\)](#)

11. International Cultural Festival - Spanish Cooking Class



Have you eaten a lot of meat and oily crisps in the Chinese New Year Holiday and want to get rid of the extra pounds? Come and join our Spanish Cooking Class to learn how to cook Mediterranean dishes healthily. You can better understand the Spanish culture as well!

Instructor: Miss Maria Consuelo VEGA LEON (Department of Linguistics and Modern Languages)

Date : 14 March 2017

Time : 6:30-8:30pm

Venue : College Student Canteen

Quota : 40

Deposit: \$50 (Refundable upon completion of activity)

Deadline : 9 March 2017

*Please submit the deposit to the College Office before application deadline for successful registration and seat reservation. Place is limited. First-come, first-served. Time of deposit payment will be the determinant.

Registration:

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2585802>

Enquiries: Miss Valentina Tsang (valentinatsang@cuhk.edu.hk / 3943 3988)

[\(Back to top\)](#)

12. International Cultural Festival - Salsa Dance night



Salsa is a kind of Latin dance, which is fun and good for health. By listening to music and moving your body, you can wipe away your daily stress.

Instructor: Miss Maria Consuelo VEGA LEON (Department of Linguistics and Modern Languages)

Date :

Class B : 16 Mar 2017 (Thu) (application deadline : 10 Mar 2017)

Time : 7:00-8:00pm

Venue : Multi-purpose Sports Room in WYS House of Sunny Living (伍宜孫書院如日坊 - 多用途活動室)

Quota : 10 /per class

Deposit: \$50 (Refundable upon completion of activity)

Registration:

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2585379>

*Please submit the deposit to the College Office before application deadline for successful registration and seat reservation. Place is limited. First-come, first-served. Time of deposit payment will be the determinant.

****Participants please wear sport shoes**

Enquiries: Miss Valentina Tsang (valentinatsang@cuhk.edu.hk / 3943 3988)

[\(Back to top\)](#)

1. Wu Yee Sun Award For The Most Distinguished Graduating Student 2016/17 - Now Open for Application
2016/17 年度伍宜孫最優秀畢業生獎 - 現正公開接受申請



The prestigious **Wu Yee Sun Award For The Most Distinguished Graduating Student 2016/17** is now open to graduating students of 2016/17 for application:-

Eligibilities

- Proactive graduating students of 2016/17 academic year demonstrating the College motto by participating various activities to broaden horizon; and
- Cumulative GPA reaches 3.4 or above or Top 10% of the corresponding department; and
- Have outstanding contribution to the department / college/ university or society

Applicants are required to submit a Personal Statement of not more than 1,000 words (English or Chinese) which illustrates his/her personality & aspirations, as well as achievement in demonstrating college motto. A Letter of Recommendation written by CUHK Teacher is mandatory.

Award Amount

HK\$50,000

Online Application

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2742025>

Application Deadline

12 March 2017

For enquiries, please contact Carol at carolcheng@cuhk.edu.hk / 3943 3936 or Yolinda at yolindawong@cuhk.edu.hk / 3943 3932.

[\(Back to top\)](#)

2. Awards for Creativity, Student Development and Talents 2016/17-Now Open for Application
2016/17 年度創意、學生發展及才藝獎-現已接受申請



To recognize college students who have outstanding achievement in different areas in the academic year, the following awards are now open for application:

#	Name of Award	Award Amount
1.	Outstanding Student of the Year Award	HK\$8,000
2.	Student Leader of the Year Award	HK\$8,000
3.	Student Leader of the Year Award (for Freshmen)	HK\$8,000
4.	Innovation and Creativity Award	HK\$8,000
5.	Social Services Award*	HK\$8,000
6.	College Services Award	HK\$8,000
7.	Outstanding Student Organization Award	HK\$10,000
8.	Outstanding Athletic Achievements Award*	HK\$10,000/8,000/5,000
9.	Outstanding Artistic Achievements Award	HK\$5,000
10.	Environmental Conservation Award	HK\$8,000
11.	Gestalt Music Scholarship	HK\$3,000
12.	Lam Ding Kwong Scholarship in Social Service	HK\$5,000
13.	Lau Cheung Kwai Lan Service Award for Residential Students	HK\$3,500

Please check out below link for more details about eligibilities. Interested students please submit online application on or before Sunday, 19th March.

<http://www.wys.cuhk.edu.hk/scholarships.php> (College Life & Support à Scholarships & Financial Aid à Sort by Type à Awards for Creativity, Student Development and Talents)

*Please note no selection interview will be arranged for “Outstanding Athletic Achievements Award” and “Social Services Award”. For the rest of the awards, only shortlisted applicants will be notified to attend selection interview.

Enquiries: Ms. Carol Cheng at carolcheng@cuhk.edu.hk / 3943 3936 or Miss Yolinda Wong at yolindawong@cuhk.edu.hk / 3943 3932

[\(Back to top\)](#)

3. Drum Set and other Music Equipment Available for Booking

WYS MUSIC TEAM

Drum Set, microphones, keyboard and amplifier
Available for Booking!

TO BE MEMBER?
SIGN THE FORM!
<https://goo.gl/AMzk0z>

FOR MORE DETAIL?
READ THE GUIDE!
<https://goo.gl/7NsF8j>



Enquiries?
Sonia (3943-3937/ soniayu@cuhk.edu.hk)
Kan (3943-9767/ kanpoon@cuhk.edu.hk)

To promote music atmosphere on campus, the College recently arranged a drum set and other music equipment at College Theatre and made available for booking. You can come for practice, rehearsal or performance! Be a Music Team member and enjoy all the fun!



- Booking Period:** Monday 19:00-22:00; Wednesday 14:00-17:00 (except public holidays & special situations)
Other than the time specified above, please consult College Dean of Students' Office **ONE working day prior to the proposed booking time.*
- Registration:** **BEFORE** submitting booking request to College Dean of Students' Office, applicants must
- 1) be Wu Yee Sun College Students;
 - 2) register as a member of Music Team via <https://goo.gl/AMzk0z>;
 - 3) attend a briefing about the proper use of music equipment; and
 - 4) read through the "[Rules & Regulations For Music Equipment](#)" and complete the [booking form](#)
- *For other student bodies' bookings, please follow the rules and procedures stated in the "Rules & Regulations For Music Equipment".*
- Enquiries:** Sonia (3943-3937/ soniyu@cuhk.edu.hk) / Kan (3943-9767/ kanpoon@cuhk.edu.hk)
- Updates:** The upcoming briefing will be held **at 19:00, 27th February at College Theatre.**

[\(Back to top\)](#)

4. Say Cheers 口腔健康標語海報創作比賽 Oral Health Poster and Slogan Making Contest

為加強同學對口腔衛生的意識，伍宜孫書院現正舉辦口腔健康標語海報創作比賽。比賽設冠、亞、季軍各一名及優異獎，得獎者可獲贈書券以作鼓勵。得獎海報亦會張貼於書院宿舍及大學保健處內，進一步推廣口腔健康的消息。

With a view to raising the awareness of students on Oral Health, Wu Yee Sun College is organizing a Poster and Slogan Making Contest on Oral Health. 1st Prize, 2nd Prize, 3rd Prize and consolation prize with book coupons will be awarded to winners as tokens of appreciation. The winning posters will be put up at Hostel in the College and University Health Service (UHS) to further promote the importance of oral health.

參加者請把海報，連同你的姓名、學生證號碼及電話號碼，電郵致 valentinatsang@cuhk.edu.hk。請於電郵標題註明「[口腔健康標語海報創作比賽](#)」。書院收到作品後，會發出確認電郵予參加者。

Please submit your poster to valentinatsang@cuhk.edu.hk with your name, student ID and telephone number via email. Please mark "Oral Health Poster and Slogan Making Contest" on the subject of the email. The College will issue a confirmation email after receiving the poster.

作品要求 Poster requirement:

標語形式 Slogan: 中英均可 Chinese/English

海報大小 Poster size: A4

稿件格式 File format: JPEG

稿件大小 File size: 不大於 2M, less than 2M

截止日期 Deadline: 28/02/2017

查詢 Enquiries: Miss Valentina Tsang (valentinatsang@cuhk.edu.hk/3943 3988)

[\(Back to top\)](#)

5. College Student Grant/Loan 2016/17 - Application Now Open (for Freshmen ONLY) 2016/17 年度書院學生助學金/貸款 - 現已開始接受申請 (只限新生)

College students who have financial difficulties may apply for College Student Grant/Loan 2016/17. Application is now open for freshmen ONLY until Monday, 27th Feb. Please download the application form from the following link and submit the completed form with supporting documents to the College Office (G03, G/F, East Block) before the deadline.

http://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1483688835StudentGrantandLoan201617_Fmn.pdf

Enquiries: Ms. Carol Cheng (carolcheng@cuhk.edu.hk / 3943 3936)

[\(Back to top\)](#)

6. Exchange and Travel Grant/Loan 2016/17

College students with financial needs who are selected for semester or year exchange programmes or going overseas for summer activities/exchanges may apply for Exchange and Travel Grant/Loan.

There are different rounds of applications. For programmes/activities held in Feb - May 2017, the application is now open from 15th Dec 2016 to 18th Apr 2017.

For programmes/activities held in Jun - Sep 2017, application will be open from 19th Apr to 14th Aug 2017.

Check out the following link for more information including eligibility:

http://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1481859267ExchangeandTravelGrantandLoan2016172nd.pdf

For enquiries, please contact Ms. Carol Cheng at carolcheng@cuhk.edu.hk or Miss Yolinda Wong at yolindawong@cuhk.edu.hk

[\(Back to top\)](#)

7. WYS's Got Talents

Are you interested in or excellent at **photography, video-production, art & design, simultaneous interpretation** or being the **Master of Ceremonies**? Or do you have any other talents to showcase?

The College is recruiting all sorts of talents to contribute in various College events including the upcoming College Opening and Anniversary Ceremony, College Forum and Assembly...etc. Registered students may be invited to assist in different occasions. Don't hide your talents, shine in the College!

P.S. CREATIVITY COUNTS!!!

Let us know what you are interested in and excellent at: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838>

Enquiries: Miss Jane Wu (3943 3934 / janewu@cuhk.edu.hk)

[\(Back to top\)](#)

8. "Meet the Dean" Hours & Lunch Gathering 輔導長時間 及午餐聚會

"Meet the Dean" Hours

"Meet the Dean" Hours is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned. The session is hosted by Professor Annisa C.H. Lee (李賴俊卿教授), College Dean of Students and Associate Professor of School of Journalism & Communication, Professor Ming-kay Poon (潘銘基教授), College Associate Dean of Students and Associate Professor of Department of Chinese Language and Literature, and Dr. Lancelot W.H. Mui (梅維浩博士), College Associate Dean of Students and Lecturer of The Jockey Club School of Public Health and Primary Care. Every Sunnie is welcome!

Date: Every Wednesday

Time: 2:30 - 3:30pm

Venue: Dean of Students Office, Room UG09, Wu Yee Sun College

Enquiries: Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937) and Miss Katie Yu (katieyu@cuhk.edu.hk / 3943 3935)

"Meet the Dean" Lunch Gathering will be held every other Wednesday. Individual students or representatives of student organizations are all welcome to register for the Gathering. Please email Sonia before the *closest Monday noon to register for the event.

**remarks: registration has to be made on the previous working day if the closest Monday is public holiday*

Upcoming gathering

Date: Wednesday, 22nd Feb 2017

Time: 12:30 - 2:00pm

Enquiries: Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937) and Miss Katie Yu (katieyu@cuhk.edu.hk / 3943 3935)

[\(Back to top\)](#)

9. Student Pastoral Care

It is not uncommon for college students like all of you to encounter various academic, emotional, interpersonal or family concerns and difficulties when you adjust to university life or pursue personal growth. You may wish to know the below ways that you can seek support or advice from the College and the University when you face problems:

- 1) You are welcome to speak with our College Dean of Students when you have problems that need resolving. Please call **3943 3942** for arrangement.
- 2) You may also approach the University's Student Counselling and Development Service at **3943 7208** for help.
- 3) A 24-hour Emotional Support Hotline is also launched to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations. The hotline number is **5400 2055**.

[\(Back to top\)](#)

College Funding & Award Schemes (for Year-round Application) 書院資助及獎勵計劃 (全年可供申請)

1. Sports for Life Award Scheme 體育運動參與獎勵計劃



Wanna move your body and get a prize in the same time?!

Sports for Life Award Scheme aims at motivating students to take part in more College's sports activities and exercising regularly for a healthy life. Students can earn award points for participating in College's sports activities and gain prizes!

How to join? You will be enrolled into the Scheme after joining your first sports activity!

What are the prizes? 30 points for Sports Towel & 40 points for Water Bottle

How to redeem prizes? Prize redemption will be arranged every semester!

Upcoming Sports Activities

Stay tuned for further updates!

Check your accumulated points at <http://bit.ly/WYSSportsForLife>!!

Enquiries: Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937)

[\(Back to top\)](#)

2. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃

Life begins at the end of your comfort zone!

A **SMALL** change can make a **BIG** difference!

If you are planning for any short-term projects containing elements of Creativity, Entrepreneurial Spirit or Social Responsibility, apply "Be Entrepreneurial!" Funding Scheme.

To provide more support to students, the maximum funding amount has been raised to **\$20,000!!!**



Maximum Funding Amount: HK\$20,000

Eligibility

- ✓ All WYS undergraduate students
- ✓ Individual and Group projects (*the group must comprise of at least 50% WYS students, other 50% may be students from other Colleges*)
- ✓ Applications are welcome all year round.

What are you waiting for? Click [HERE](#) to find out more information!

Enquiries: Mr. Kan Poon (3943-9767 / kanpoon@cuhk.edu.hk)

[\(Back to top\)](#)

3. Global Learning Award Scheme (Summer Round) 寰宇學習獎勵計劃 (夏季)

If you are planning to expand your academic wisdom with support from the scheme, ACT NOW!

The scheme supports Wu Yee Sun College students to take part in or self-initiate academic programmes, such as academic conferences, competitions, field trips and language programmes outside Hong Kong. Last academic year, the scheme has supported students to South India, Belgium, Inner-Mongolia and so on!

Students successfully selected by the Scheme will be awarded the Global Learning Award. The maximum award amount varies for programmes of different length and nature.

	Programme Length	Programme nature	Maximum Award amount
Short-term	Shorter than one month	Self-initiated programmes	HK\$8,000 or 100% of particular items <i>(whichever is lower)</i>
		#Participating in organized programmes	HK\$8,000 or 80% of particular items <i>(whichever is lower)</i>
Long-term	One to six months	Self-initiated programmes	HK\$15,000 or 100% of particular items <i>(whichever is lower)</i>
		#Participating in organized programmes	

#Programmes organized by the College and Term-long Exchange Programmes will not be considered for this scheme.

The sooner you submit your application, the quicker to receive feedbacks, and more time to improve the contents. Comment from College Exchange Committee members on proposal of self-initiated programmes could be sought by special request. The request shall be made at least month before application deadline together with submission of the completed proposal, budget plan and application form.

Round	Applying for trips taken during (for trips overlapping both rounds, <u>first date</u> of the trip shall determine the application period)	#Application period
Winter	Nov 1 st – Apr 30 th	May 1 st – Oct 31 st
Summer	May 1 st – Oct 31 st	Nov 1 st – Apr 30 th

#application documents shall be submitted to DOS Office by the last working day within the application period.

Contact Miss Katie Yu (3943 3935 / katieyu@cuhk.edu.hk) now if you have any ideas in mind. Know more about the [details](#) and [apply](#) here!

[\(Back to top\)](#)

4. Service-learning project Funding Scheme 服務學習項目資助計劃



If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's [Service-learning Project Funding Scheme](#) supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project. Learn to serve and serve to learn! Please visit the [website](#) for more info.

Enquiries: Katie (katieyu@cuhk.edu.hk / 3943 3935)

[\(Back to top\)](#)

5. Self-Motivation Fund for Sports Activities 「自選遊」體育活動資助計劃



Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of sports events or competitions, in order to live up to the spirit "Sports for Everyone".

The College will subsidize the **application fee** of sports events/ competitions/ activities organized by organization(s) OTHER THAN College. *Oxfam Trailwalker, Standard Chartered Hong Kong Marathon, Totem Run, or The Nike Cup-Hong Kong Five* are some of the examples.

Funding Amount: \$500 or 80% of application fee (whichever is lower)

Guidelines: <http://www.wys.cuhk.edu.hk/page.php?name=sports-health-education>

Application: Please submit application at <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1935668> at least 14 working days **BEFORE** the start date of the activity. We will notify applicants the results within two weeks.

Enquiries: Kathy (3943-3942/ kathyfong@cuhk.edu.hk)

[\(Back to top\)](#)

6. Mingle Fund (English only)

Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College. The Fund supports self-initiated activities with participation of both local and international/ incoming exchange students.

Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity.

For more info, please visit: <http://www.wys.cuhk.edu.hk/exchange.php?lang=zh&cat=others>

For enquiries, please contact Miss Katie Yu at katieyu@cuhk.edu.hk or 3943 3935

[\(Back to top\)](#)

Other Activities & Announcements 其他活動及宣佈事項

1. Outward Bound Undergraduate Programme by OSA

Outward bound training has always been an exciting and memorable experience to enhance leadership and unlock personal potential. The annual Outward Bound Undergraduate Programme is now open for application. Undergraduates from all disciplines are welcome to join.

The Programme of this year will be held from 22 - 28 May (Monday to Sunday) at the Outward Bound Hong Kong training base. The original fee is HK\$7,200. With the sponsorship of the Providence Foundation, students now only have to pay **HK\$1,480 (insurance included)** for a 7-day outward bound training. An additional bonus of HK\$300 would be sponsored to each awardee if the specific requirement is met.

Programme details and application form can be downloaded at http://www.cuhk.edu.hk/osa/outwardbound_application.doc. Completed application form, together with all necessary documents, should be submitted to the Student Services Centre on 1/F, Benjamin Franklin Centre on or before **28 February 2017 (Tuesday)**.

Grasp this opportunity to unleash your power and grow through the challenging and marvelous outward bound adventure!

Any enquiry could be directed to Mr. Szeto of the Student Activities Section at 3943 5909 or email to szetofung@eservices.cuhk.edu.hk.

[\(Back to top\)](#)

2. Enactus CUHK Project Showcase

<Below message is drafted by Enactus CUHK>

We are excited to announce that our Enactus CUHK Project Showcase will be held next Saturday (25/2). We welcome you all to this joyful occasion to witness and learn about the fruits and achievements of each Enactus CUHK Project Team.

Enactus Regional Competition 2017

Enactus is an international nonprofit organization dedicated to inspiring students through entrepreneurial action. Enactus operates in 36 countries with 69,000 students involved worldwide. It provides a platform for teams of outstanding university students to create community development projects that put people's own ingenuity and talents at the center of improving their livelihoods.

Every year, Enactus National Competition would be held. It is a showcase of how students are transforming lives and enabling progress through entrepreneurial action. From April to July of this year, Enactus teams will compete across 35 countries where the quality and impact of their projects will be evaluated by business leaders serving as judges. Each chapter would send their best project team and join the competition.

The details of our Enactus CUHK Project Showcase are as follow:

Date: 25/2/2017 (Sat)

Time: 9:15am - 1:00pm

Venue: ELB 308

Registration Link: <https://goo.gl/forms/r9dotp571hbe2Nwq1>

Should you have any enquiries, please do not hesitate to contact Ms. Kelly Lau at 9731 5469 or via our official email enactuscuhk2016@gmail.com.

[\(Back to top\)](#)

3. Walk the Hong Kong Spirit 港毅行·港精神

主辦機構 Organizers:
• 香港特別行政區政府青年發展委員會青年事務處
• Hong Kong Economic and Trade Office, Brussels
• 香港專業及界別人士服務處
• Hong Kong Professionals and Social Entrepreneurs Association (HPSAESA)

參加資格 Entry Requirements:
• 持有有效香港永久居民身份證
• With a valid Hong Kong permanent identity card
• 出生日期為1997年7月1日至1999年6月30日之間，或獲准在港居留
• Born between 1st July 1997 and 30th June 1999, with limited residence

甄選及訓練 Selection and Training:
• 本活動將邀請一隊由10名中港人組成的代表隊前往比利時參加毅行，由選下屆中港代表隊成員中選出。第一階段甄選由香港青年發展委員會負責，第二階段甄選由比利時駐港經濟貿易辦事處負責。以獲選者為代表隊。
• This Selection Stage will be conducted in two stages. The selection panel will assess the applications based on the content given in the application form and the applicant's performance during the interview. Not more than 40 applicants will be selected for training. Stage 2 in early July, the selection panel will pick 10 participants for the visit to Belgium based on their performance during the training and study period and their enthusiasm in promoting the Hong Kong spirit and our excellent countryside for outdoor activities.

報名辦法及截止日期 Application:
• 參加詳情請向主辦機構查詢，詳情請電 2949 0999 或 2949 0999
• Complete details about the event is available at enactus.org.hk
• 截止日期為2017年2月25日(星期六)下午5時正，逾期恕不受理。
• The deadline for application is 28th February 2017 (Tuesday). Your application will not be considered if you fail to submit the application form and all required information.
• 查詢電話 Enquiry Hotline: (852) 3622 2918

支持機構 Supporting Organisms:
• CATHAY PACIFIC
• COMPTON
• HagiLife
• DEFAW
• PROTREK

To promote youth exchange between Hong Kong and Europe, the Hong Kong Economic and Trade Office, Brussels and Hong Kong Professionals And Senior Executives Association will support 20 Hong Kong young people to participate in the event of “Walk the Hong Kong Spirit”, on the special occasion of the 20th Anniversary of the Establishment of Hong Kong Special Administrative Region. **The participants will visit Belgium for a 8-day trip and the programme will include the participation in the Oxfam Trailwalker event to be held in Belgium on 26th and 27th August 2017, exchanges with local young people and visits to European and/or Belgian companies and organizations.**

Eligibility:

1. With a valid Hong Kong permanent identity card
2. Born between 1st July 1997 and 30th June 1998, both dates inclusive

Application:

Please submit application at <http://bit.ly/2iYN0vX> on or before 28th Feb, 2017.

More information:

<https://www.facebook.com/walkthehkspirit/?fref=ts>

[\(Back to top\)](#)

4. Summer Subsistence and Travel Loan Scheme 2016/17

The Summer Subsistence and Travel Loan Scheme is to provide interest-free loan to needy full-time local undergraduate students who will participate in academic exchange programmes abroad in summer of current academic year / term time of next academic year or to those who will join other extra-curricular activities or academic training / programmes in summer.

Students should complete and submit online application in CUSIS from 1 February to 15 March 2017. They are also required to submit the supporting documents as specified on Section 12 of the online application form to The Office of Admissions and Financial Aid (OAFA) at Room 1206, 12/F, YIA during the period from 15 to 17 March 2017. For application details, students may visit www.oafa.cuhk.edu.hk for more information.

For enquiries, please contact OAFA at 3943 1898 / 3943 7205.

[\(Back to top\)](#)

5. Scholarships for Overseas Studies

The following overseas scholarships are now open for application. Information on the awards and/or application forms could be obtained from www.oafa.cuhk.edu.hk (Scholarships & Financial Aid à Open for Application).

For postgraduate studies

<u>No.</u>	<u>Name of Scholarship</u>	<u>Closing Date for Application</u>
1.	The Japan Society of Hong Kong Scholarship 2017	10 February 2017 (by 5:00pm)
2.	University of Bristol Post-Graduate Scholarship 2017/18	28 February 2017
3.	Master of Applied Positive Psychology Scholarship 2017/18 (Tenable at the University of Pennsylvania)	1 March 2017
4.	Dan David Prize – Scholarship Applications 2017	10 March 2017
5.	The University of Birmingham Hong Kong Postgraduate Scholarships 2017	31 March 2017
6.	CEU MSc in Finance Scholarship 2017	1 April 2017
7.	China Oxford Scholarship Fund 2017/18	15 April 2017

[\(Back to top\)](#)

6. Fuji Xerox (Hong Kong) Limited/HKMA Leadership and Management Seminar Series 2017

The Hong Kong Management Association
www.hkma.org.hk

富士施樂(香港)/香港管理專業協會
2017「領導與管理系列」研討會
2017年3月17日(星期五)

所謂：「創業起頭難，守業更難」。除了配合天時地利人和的重要因素，企業家還要掌握先機，創新不斷，尋找商機。香港管理專業協會非常榮幸邀請到傑出企業創辦人，分享他由創業到成功發展至企業的故事，在跌跌中不斷修正和改進。究竟大亞洋酒董事總經理及創辦人龐建貽先生如何在香港萬變的社會中脫穎而出，開拓市場新局面？

龐建貽先生
董事總經理及創辦人
ALTAYA GROUP

日期：2017年3月17日(星期五)
時間：下午3時半至下午5時正
地點：香港灣仔告士打道66號豐光大廈2樓201室
語言：廣東話
費用：HKMA會員 港幣\$480
非會員 港幣\$680
** 答協預留10個免費名額予HKMA學生會員，先到先得，額滿即止 **

此研討會合辦機構贊助
3小時
持續發展學分

中小企領袖費用全免！名額有限，先到先得！
(每位中小企只限一人報名，憑書信，而出席者必須為企業負責人，HKMA團體會員可優先參與！)
額外名額參加費：
HKMA會員 港幣\$240 非會員 港幣\$340

特別優惠
如何一機兩用請向報名或以上參加研討會，每位收費：
HKMA會員 港幣\$280
非會員 港幣\$440

*中小企指任何行業在港僱用少於100人的企業，並不包括附屬企業或香港分支機構的附屬公司。
詳情請入申請：www.hkma.org.hk/free/StudentMemberApplication.asp
主辦機構為推廣，可免費推廣，詳情請向：www.hkma.org.hk/membership
截止報名日期：2017年3月10日(星期五)

贊助機構：CLP 中電, FedEx, 豐華, 豐華, JOHNSON, FUJI XEROX, iFusion, 香港中文大學, SWIRE PACIFIC, SCC

Guest of Honour: Mr Paulo Pong, Founder and Managing Director, Altaya Group (大亞洋酒董事總經理及創辦人龐建貽先生)

Date: Friday, 17 March 2017

Time: 3:30 am – 5:00 pm

Venue: CYMA Charity Fund Management Development Centre, Room 201, 2/F, PICO Tower, 66 Gloucester Road, Wanchai, Hong Kong

Language: Cantonese

5 complimentary seats will be offered for our students. Interested students please complete application at <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2810115> on or before 28th Feb, 2017.

Enquiries: Miss Jane Wu (3943-3934 / janewu@cuhk.edu.hk)

[\(Back to top\)](#)

7. Student Residency Bursary Scheme 2016/17 (for students who reside in hostel for the second term only)

To be eligible to apply for the CUHK Student Residence Bursary, applicants must:

- (1) be local full-time undergraduate students;
- (2) be registered residents of the hostel and have resided in hostel for at least 75% of the time of the semester;
- (3) have an average monthly household income of roughly less than \$20,000 (during 1st Apr 2015 to 31st Mar 2016); and
- (4) not be able to benefit from Community Care Fund (CCF) hostel subsidy or receive less than \$1,000 per semester under the CCF hostel subsidy.

The value of bursary will be maximum \$1,000 per term. Eligible students who live in hostel for the second term only should submit their online application via CUSIS from 9th January – 28th Feb 2017. Applicants are required to print out Section 8 of the online application form and submit together with supporting documents to the College Office on or before 28th Feb 2017. Students who reside in hostel for whole year and have submitted their applications in the first term need not submit their application again. For more details, please visit <http://www.oafa.cuhk.edu.hk>

For enquiries, please contact the Office of Admissions and Financial Aid at 3943 1898.

[\(Back to top\)](#)

8. 網上心理健康計劃—《心導遊》

(由香港中文大學心理學系舉辦)

簡介:

在忙碌的都市生活中，你有覺得疲累、心情低落，或是不安、焦慮嗎？工作上的責任和重擔，有令你感到負荷不來嗎？你覺得沒有時間，但又想為到自己既心理健康做些什麼？《心導遊》是一個為期八至十個星期的網上心理健康研究計劃。目的旨在提升大眾生活質素及心理健康，並預防廣泛性焦慮症及抑鬱症。在心導遊這個旅程之中，我們會從旁輔助你。希望你在過程之中，學習、練習、以及反思，並預備好去面對充滿未知、驚喜以及挑戰的人生。

詳細內容：

- i) 對象：18歲以上，能閱讀及理解廣東話，能閱讀及理解廣東話，具高風險會患上抑鬱症或焦慮症，而未曾確診患上抑鬱症、躁狂抑鬱症、廣泛焦慮症、精神分裂症譜系疾患或有自殺傾向的人士參加。
 - ii) 《心導遊》包括了三個不同的課程：思緒遊、靜觀遊、知識遊。合資格的人士將會被隨機分派到以上三個課程的其中一個，每個課程為期約六個星期。參加者只需每星期花約半小時，就能提升自己的心理健康或對心理健康的認識。
 - iii) 參加者需於課前、第六節課後、完成課程後三個月及九個月後於網上填寫有關精神健康的問卷以檢討計劃成效。
 - iv) 為鼓勵參與，首180名完成課程及課後各階段評估的參加者，可獲得港幣\$100，最高合共\$300的答謝金（答謝金將為現金或同等金額的現金券）。答謝金將於會面評估後派發。
- 有興趣參加的人士，可於網上登記 (<http://www.psy.cuhk.edu.hk/tourheart/>)，並填寫一份簡單問卷。我們將會預約初步合資格的參加者到香港中文大學進行簡單的會面評估，以確定符合參加條件。
- 如有查詢，歡迎於辦公時間致電多元文化及全人健康研究室研究助理 黃小姐 3943-4189 或電郵 swywong@psy.cuhk.edu.hk。

[\(Back to top\)](#)