



Sunny Review 上周回顧

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- 1. Student Residency Bursary Scheme 2015/16 (for students who reside in hostel for the second term only)
- 2. Sports for Hope Scholarships 2015/16
- 3. New ILC workshop -- Communicating Across Cultures
- 4. 香港中文大學賽馬會地球保源行動 「社區環保站」論壇及參觀「綠在沙田」



1. Champion in Half Marathon Challenge (Male Junior) 書院學生勇奪半馬拉松挑戰組(少年組) 男子冠軍



Congratulations to Mr. Hanniel H.N. Chow (周漢聶同學) for winning the championship in Standard Chartered Hong Kong Marathon Half Marathon Challenge (Male Junior) (渣打香港馬拉松 2016 半馬拉松挑戰組(男子少年組). The bad weather and heavy rain yesterday did not deter Hanniel from performing his best in the competition. His perseverance has not only gained him the trophy but an unforgettable experience. Our hearty appreciation to Hanniel and all College students and members participating in the race!



2. CPCE Health Conference 2016: Aging, Health and Long Term Care- Integrity, Innovatin and Sustainability



The College is honored to serve as one of the Associate Organizations for the College of Professional and Continuing Education (CPCE) Health Conference 2016, which was successfully held last Monday. The Conference was dedicated to share scholarly work pertinent to aging and long term health care development. It also took the opportunity to promote interdisciplinary education and research on the topics.

Professor Rance P.L. Lee (李沛良教授), College Master attended the Conference to show our cordial support. Professor Kenneth Lee, Professor of Pharmacy and Head, School of Pharmacy, Monash University Malaysia and former Professor of School of Pharmacy, CUHK (Left) and Dr. Ben Fong, Senior Lecturer, PolyU SPEED acted as the keynote speaker and moderator of the parallel session respectively.



1. Non-Resident Hall Activity: Glass Painting Workshop 走讀生舍堂活動:玻璃彩繪班





想做一份別出心裁的情人節禮物給他/她嗎?快來報名參加玻璃彩繪班,為情人(或好友)送上驚喜!

工作坊除了教授玻璃彩繪技巧外,還加入環保及廢物利用的知識。Go Green, Be Sunny 的你,萬勿錯過!

日期:2016年2月2日(星期二)

時間:晚上 6:30 - 9:00 地點:西座走讀生舍堂

報名(先到先得!):

https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1333432

按金:

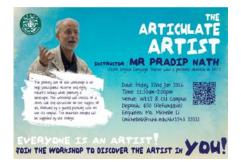
\$100 (完成活動後可全數退還)

註:工作坊提供顏料、工具及回收玻璃樽;參加者亦可自行攜帶玻璃樽 /杯,尺寸以小型可樂樽為限

查詢:

梁慰萱先生 (3943 9768 / georgeleung@cuhk.edu.hk)

2. English Language Programme: Let's paint with the Articulate Artist 繪畫學英語 Grasp the last chance: Deadline extended to 20th Jan!!! 把握最後機會: 截止日期延至 1 月 20 日!!!



The primary aim of the workshop is to help participants observe and enjoy nature's beauty while painting a landscape. The workshop will consist of a short talk and discussion on the subject of art, followed by a guided painting task on the CU campus. The materials needed will be supplied by the College.

Instructor: Mr. Pradip Nath (CUHK English Language Teacher with a

personal interest in ART) **Date: Friday, 22**nd **Jan 2016**

Time: 11:30am-2:00pm Venue: W112, Wu Yee Sun College & CU Campus

Deposit: \$50 (Refundable)

Application:

https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1236222

Deadline: 20th Jan 2016

*Light refreshment will be provided.

**Please submit the deposit in cash to the College Office within office hours before the application deadline for successful registration and seat reservation.

Enquiries: Miss Michelle Li (michelleli@cuhk.edu.hk / 3943 3933)

3. Participate in the Sustainability Literacy Test and Get a Certificate of Completion!



The United Nations Conference on Sustainable Development is conducting the *Sustainability Literacy Test* from 11th Jan to 20th March 2016. Students of Wu Yee Sun College are encouraged to participate and show how "green" you are! Upon completion of the test, you can register and get a certificate issued by CUHK for your participation in this global event!

The **Sustainability Literacy Test** is an online test to assess and verify the sustainability literacy (in economic, social and environmental responsibilities) of higher education students all over the world. It will take around 20-30 minutes to complete. Please note that:

- A single correct answer is possible for each question.
- A correct answer gives one point. An incorrect response or "I do not know" gives 0 point.
- You cannot change an answer once validated.

Four test sessions are scheduled from 11th Jan 2016 (Monday) to 20th March 2016 (Sunday). You can enroll in <u>any one of the following</u> sessions:

Session	Period	Code
1st session	11th Jan 2016 0000h - 24th Jan 2016 2359h	4tQdg953
2 nd session	25th Jan 2016 0000h - 7th Feb 2016 2359h	RvV7T953
3rd session	22th Feb 2016 0000h - 6th Mar 2016 2359h	MByGj953
4th session	7th Mar 2016 0000h - 20th Mar 2016 2359h	GbymO953

1. Creating an Account

Before starting, you will have to create a student account here (http://www.sustainabilitytest.org/en/visitor/studentaccount/create). We recommend creating your student account before the session begins to avoid eating into the time needed for the test. To create your account, you will need to fill in your session code (see above) and your student ID number.

You will also have to choose a password. Your password is unique. Please save it carefully. It allows you to have access to your session and to your score. Please note that your student account allows you to restart the test after you have left (within the limit of the timeslot).

2. Starting the Test

To start the test, **please login** here (http://www.sustainabilitytest.org/en/visitor/student/log). If you have any questions, don't hesitate to contact the Campus Planning and Sustainability Office at 3943 3921 or by email (michellelam@cuhk.edu.hk). After the validation of the last question of the test, you will get your personal score (this score will be automatically sent to the University at the end of the session and will also be used for data analysis on an anonymous basis). Please take the test once only.

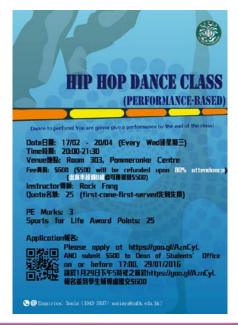
3. Completing the Test

A high score means that you have the minimum knowledge that is required to help solve societal problems. If you do not get many of the answers correct, we believe that this awareness can help you improve your knowledge to participate more effectively in finding solutions. You may find more information about the Sustainability Literacy Test at http://www.sustainabilitytest.org.

If you want to have the **Certificate of Completion issued by CUHK**, please fill in the web form (https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=78623) to submit your request. The Campus Planning and Sustainability Office will send you an e-Certificate via email afterwards and you may feel free to print it out for your use.

We wish you all success in testing your knowledge with the *Sustainability Literacy Test*! Be part of the global event!

4. Hip Hop Dance Class (Performance-based)



Dance to perform!

You are gonna give a performance by the end of the class!

Date: 17/02 - 20/04 (Every Wed)

Time: 20:00-21:30

Venue: Room 303, Pommeranke Centre

Fee: \$600 (\$500 will be refunded upon 80% attendance)

Instructor: Rock Fang

Application:

Please apply at http://goo.gl/AznCyL AND submit \$600 to

Dean of Students' Office on or before 17:00, 29/01

Quota: 25 (first-come-first-served)

PE Marks: 3

Sports for Life Award Points: 25

Enquiries: Miss Sonia Yu (soniayu@cuhk.edu.hk /3943 3937)

5. Level 1 Sports Climbing Certificate Course 一級運動攀登證書課程



Date: 16/02 & 23/02 **Time:** 15:00-21:00

Venue: U Gym Climbing Wall

Fee: \$500

Upon completion of the whole activity, participants can receive:

- Level 1 Sports Climbing Certificate
- *Refund of \$300*

Application:

Please apply at https://goo.gl/SrPsvO AND submit \$500 to

Dean of Students' Office on or before 17:00, 29/01

Quota: 20 (first-come-first-served)

PE Marks: 3

Sports for Life Award Points: 25

Enquiries: Miss Sonia Yu (soniayu@cuhk.edu.hk /3943 3937)

6. Join our Social English Workshops! 社交英語工作坊



Do you know the meaning of these famous movie quotes?

"Go ahead, make my day."

"If you build it, they will come."

"Here's looking at you kid."

"Show me the money!"

If you want to learn more about:

Popular Culture, Social Networking, Fluency in Speech, Accents and

Dialect, Informal Language and Idioms

Join our Social English Workshops!

Instructor: Dr. Christelle Davis

Dr. Christelle Davis is a Lecturer at the English Language Teaching Unit. She obtained her PhD from the University of Sydney. Originally from Australia, Dr. Davis has lived and taught in South Korea and Japan before moving to Hong Kong in 2014. Her professional interests include Creative Writing, Literature, Academic Writing and Cultural Studies.

Date: 19th February, 11th March, 15th April (Friday)

Time: 11:30am – 1:30pm

Venue: W112, Wu Yee Sun College

 $\textbf{Registration:}\ \underline{\text{https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=12770}}$

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Deadline: 15th February

Deposit: \$50 (Refundable in full if attended at least 2 sessions)

* Please submit the deposit in cash to the College Office within office hours before the application deadline for successful registration and seat reservation.

Place is limited. First-come, first-served. Time of deposit payment will be the determinant.

Enquiries: Miss Michelle Li (michelleli@cuhk.edu.hk / 3943 3933)

7. Green Team 派利是......封!

開 sem 飯要派利是?搵 Green Team 啦!

春茗要派利是?搵 Green Team 啦!

為支持環保,Green Team 去年收集了簇新的利是封,供同學及書院教職員重用。有興趣者請於辦公時間內到院務室領取,或以電郵聯絡 Green Team 同學(wysgreenteam@gmail.com)領取。

物稀,勿棄! Go Green! Be Sunny!



If you want to keep fit or build up your body, join us in the College's Gymnasium! Fitness consultation sessions are NOW available. You can seek instructors' advice on the use of fitness equipment, body fitness or other health-related issues during the sessions. The details are as follows:

Period: 11th Jan – 23rd Apr (Every Tuesday & Thursday, except Public Holidays)

Time: Tuesday 7:00-9:00pm Thursday 6:00-8:00pm Venue: Gymnasium

venue. Gynniasia

Instructor:



Ms. Ka-cheuk Leung (Tuesday)



Mr. Tsun-sing Wong (Thursday)

Target: Wu Yee Sun students and staff (no prior application is required)

Enquiries: Miss Sonia Yu (soniayu@cuhk.edu.hk/ 3943 3937)

9. Herbs: A New Idea for Cooking! 香草新煮意



Are you interested in cooking? Is it difficult to add flavour to your dishes without salt or fat? Here comes a simple solution: herbs!

Green Team has prepared different types of herbs which can be found in the hostel common room of every floor. Herbs provided can be cooked with meat, seafood, and you could use it in making dessert! You are welcome to take a couple of the herbal leaves to spice up your dishes more healthily. If you don't have any ideas regarding the ways of cooking, don't worry! Recipes are provided for your reference in common rooms, and you could be a cook right away if you scan the QR code and follow the steps in the menu. Enjoy the herbs!



1. Arrangement for Gown Borrowing and Photo Day 2015/16

Graduating students may visit the College Office during office hours until 29th January (Friday) for graduation gown and cap size trial. For gown borrowing, students are required to <u>complete below online Form of Undertaking and submit the bank-in slip of HK\$680</u> <u>deposit to the College Office on or before 29th January (Friday).</u> The gown borrowing period will be from 8th/9th March to 25th April 2016.

https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1340975

The College Photo Day for Graduating Students will be held on 1st April 2016 (Friday) afternoon in Central Courtyard. The schedule for Group and Departmental photo-taking sessions will be announced shortly.

Enquiries: Miss Yolinda Wong (yolindawong@cuhk.edu.hk / 3943 3932)

2. Opening Hours of College Catering Outlets on 23th January 2016 書院膳堂於 2016 年 1 月 23 日之開放時間

All catering outlets at Wu Yee Sun College will be closed at 5:00pm on Saturday, 23th January 2016. Thank you for your kind attention.

伍宜孫書院所有膳堂於2016年1月23日(星期六)提早於下午5時關閉,敬希垂注。

3. Closure of College Building during the Chinese New Year 農曆新年期間書院大樓關閉

The College building will be <u>closed from 11pm on 6 Feb 2016 to 8am on 11 Feb 2016</u> for the Chinese New Year holiday. Residents please leave the hostels and the College building by 11pm on 6 Feb 2016. Non-local and exchange students who need to stay in the hostel during this period, please email the College Office (<u>polly@cuhk.edu.hk</u>, stating your name, student ID and hostel room number) by 23th Jan 2016 for the Wardens' consideration.

Those who do not obtain special approval from the Wardens will **NOT** be able to access the College building and hostels with their CU Link Card during the holiday period. Thank you for your kind attention.

書院大樓將於農曆新年期間 (2016年2月6日晚上11時至2月11日早上8時) 關閉。宿生請於2016年2月6日晚上11時前離開宿舍及書院大樓。非本地生及交換生如須於上述期間居留宿舍,請於2016年1月23日前電郵至polly@cuhk.edu.hk (請註明學生姓名、編號及房間號碼)向書院申請,以供舍監考慮。

未獲舍監特別批准者於農曆新年假期間將不能以中大通進入書院大樓及宿舍,敬希垂注。

4. College Hostel Grant 2015/16 - Application Now Open (for resident students reside in Term 2 ONLY) 2015/16 年度書院住宿助學金 - 現已開始接受申請 (只限下學期宿生)

College resident students (local undergraduates reside in College for Term 2 ONLY) with financial needs may apply for College Hostel Grant. The grant amount for 2015/16 will be maximum HK\$1,800 (one term).

Application is now open until Friday, 29th Jan. Students with Term 2 residence only are eligible to apply.

Please download the application form from the following link and submit the completed form with supporting documents to the College Office (G03, G/F, East Wing) before the application deadline. Late applications or incomplete forms will not be considered. http://www.wys.cuhk.edu.hk/sl/scholarships/grants-and-financial-aid

Enquiries: Miss Yolinda Wong (volindawong@cuhk.edu.hk / 3943 3932) or Miss Carol Cheng (carolcheng@cuhk.edu.hk / 3943 3936)

5. Try-outs for Wu Yee Sun College Sports Teams (2015-16 Term 2) 書院院隊選拔 (2015-16 下學期)



不論你是運動愛好者或是專業運動員,都不要錯過伍宜孫書院院隊選拔的時間! 書院現正招募**羽毛球、乒乓球及網球院隊隊員**,快來發揮你的運動天賦。

If you are a professional sports player or are simply keen on doing sports, do not miss the College Team try-outs. The College is now recruiting athletes for the **badminton**, **table tennis and tennis teams**. Do not hesitate to show your talents and we are looking forward to seeing you in the tryouts!

Sports Team	Date 日期	Time 時間	Venue 地點	Coach/ Coordinator
項目	Dute [179]	111116 H() [E]	v chac zezmi	Tel. No. 教練/協調員電話

Men's & Women's Badminton 男、女子羽毛球隊	Jan. 22, 2016 (Fri.)	6:00 - 8:00 p.m.	Yeung Ming Biu Indoor Sports Centre 楊明標室內體育館	Mr. K. T. Lam 林國棠先生
				39433987
Men's & Women's Table Tennis 男、女子乒乓球隊	Jan. 27, 2016 (Wed.)	7:00 - 9:00 p.m.	Shaw College Multi- purpose Sports Hall 逸夫室內體育及多功能館	Dr. K.O. Lau 劉國安博士 39433986
Men's & Women's Tennis 男、女子網球隊	Jan. 20, 2016 (Wed.)	7:00-9:00p.m.	Tennis Court No. 6, 7 & C.C. Tennis Court 大學 6 號, 7 號, 崇基網球場	Dr. K.O. Lau 劉國安博士 39433986

6. "Meet the Dean" Hours & Lunch Gathering 輔導長時間 及午餐聚會

"Meet the Dean" Hours hosted by Professor Annisa C.H. Lee (李賴俊卿教授), College Dean of Students and Associate Professor of School of Journalism & Communication, is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned. Every Sunnie is welcome!

Date: Every Wednesday Time: 2:30 – 3:30pm

Venue: Dean of Students Office, Room UG09, Wu Yee Sun College

Enquiries: Miss Zalon Wong (zalonwong@cuhk.edu.hk / 3943 3935) or Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937)

"Meet the Dean" Lunch Gathering will be held every other Wednesday. Individual students or representatives of student organizations are all welcome to register for the Gathering. Please email Zalon or Sonia before the *closest Monday noon to register for the event.

*remarks: registration has to be made on the previous working day if the closest Monday is public holiday

Upcoming gathering

Date: Wednesday, 3rd Feb 2016

Time: 12:30 - 2:00pm

Enquiries: Miss Zalon Wong (zalonwong@cuhk.edu.hk / 3943 3935) or Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937)

7. Opening Hour for Table Tennis Table at College Gallery

Table Tennis Table at College Gallery will open from 9:00pm to 8:00am (Monday to Friday) effective on 11th Jan, 2016.

Opening Hour for Table Tennis Table at College Gallery

Location	Opening Hour	Remarks
College Gallery	9:00 pm – 08:00 am	 Workmen will unlock the table tennis table at 09:00pm and lock it at 8:00am of the next morning.*
(near West Block)	(Monday - Friday)	Students do not need to fold the table after playing.

^{*}Subject to College/ Student events in College Gallery, the opening hour of Table Tennis Table may be changed or temporarily suspended.

8. Reaching Out Award 2015/16 - Now open for application 外展體驗獎 2015/16 現已接受申請

Wu Yee Sun College full-time undergraduate students are now invited to apply for the Reaching Out Award 2015/16 (ROA) offered by the HKSAR Government. The award, in the amount of HK\$10,000 for each successful applicant, aims to support students in participating in events/competitions (e.g. conferences/forums/workshops/seminars/training camps/competitions/service projects etc.), internships or placements (credit-bearing/non-credit bearing), field/study trips or courses (e.g. foreign language immersion programmes/academic exchange programmes etc.) which are conducted outside Hong Kong in 2015/16 academic year (1st Sep 2015 – 31st Aug 2016).

Learn more about the Selection Criteria and supporting documents required at http://www.wys.cuhk.edu.hk/sl/scholarships/Reaching-Out-Award

Application Deadline: Monday, 15th Feb 2016

Enquiries: Miss Yolinda Wong (<u>yolindawong@cuhk.edu.hk</u> / 3943 3932) or Miss Carol Cheng (<u>carolcheng@cuhk.edu.hk</u> / 3943 3936)

1. Sunny Passion Programme 愛陽光計劃

Make a Difference! Unleash your creativity for positive social impact!



Sunny Passion Programme is calling for proposals on whatever ideas which echo the core values of the College: Creativity, Entrepreneurship and Social Responsibility.

Any **wild ideas** and **preliminary thoughts** are welcome!!! Brainstorming session will be organized to let you receive feedback from fellow teams and College students, and polish the ideas before submitting proposals!

❖ Eligibility All WYS students can apply <u>individually or in group</u>

(A group MUST comprise of 50% WYS students and the other

50% may be students from other colleges.)

❖ Award Gold Award - \$10,000

Silver Award - \$6,000 Bronze Award - \$4,000

Guidelines & Application
Click <u>HERE</u> (Application Deadline: 22nd Jan, 2016)

Enquiries: Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937)

2. Sports for Life Award Scheme 體育運動參與獎勵計劃



Wanna move your body and get a prize in the same time?!

Sports for Life Award Scheme aims at motivating students to take part in more College's sports activities and exercising regularly for a healthy life. Students can earn award point(s) for participating in College's sports activities and gain prizes!

<u>Level 1 Sports Climbing Course</u> [25 marks] <u>Hip Hop Dance Class</u> [25 marks] Lunar New Year Hiking [15 marks]

Basketball Training Programme [25 marks]

Stay tuned for more upcoming sports activities!

Enquiries: Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937)

3. Service-learning Project Funding Scheme 服務學習項目資助計劃



If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's <u>Service-learning project Funding Scheme</u> supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project. Learn to serve and serve to learn! Please visit the <u>website</u> for more info.

Enquiries: Miss Zalon Wong (3943 3935 / <u>zalonwong@cuhk.edu.hk</u>)



1. Student Residency Bursary Scheme 2015/16 (for students who reside in hostel for the second term only)

To be eligible to apply for the CUHK Student Residence Bursary, applicants must:

- (1) be local full-time undergraduate students;
- (2) be registered residents of the hostel and have resided in hostel for at least 75% of the time of the semester;
- (3) have an average monthly household income of roughly less than \$20,000 (during 1st Apr 2014 to 31st Mar 2015); and
- (4) not be able to benefit from Community Care Fund (CCF) hostel subsidy or receive less than \$1,000 per semester under the CCF hostel subsidy.

The value of bursary will be maximum \$1,000 per term. <u>Eligible students who live in hostel for the second term only</u> should submit their online application via CUSIS from 11 January – 29 Feb 2016. Applicants are required to submit documentary proofs to the College Office

on or before the application deadline. For more details, please visit http://www.oafa.cuhk.edu.hk/safs/open-for-application/financial-aid

For enquiries, please contact the Office of Admissions and Financial Aid at 3943 1898.

2. Sports for Hope Scholarships 2015/16

The scholarship will be offered to local full-time students with outstanding sports performance and financial need. The value of each scholarship ranges from HK\$10,000 to HK\$50,000, subject to the final decision of the Scholarship Selection Panel. For more information regarding eligibilities and application procedures, please check http://www.cuhk.edu.hk/adm/ (Scholarships & Financial Aid > Open for Application). Deadline for application will be due on 2 February 2016.

For enquiries, please contact the Office of Admissions and Financial Aid at sfas@cuhk.edu.hk / 3943 7209

3. New ILC workshop -- Communicating Across Cultures

One of the keys to success in today's globalized academic and professional environments is intercultural competence, which requires strong integration and communication skills. To support students going on exchange programs as well as those who want to be better communicators, the Independent Learning Center has therefore developed a two-hour workshop that covers essential intercultural communication skills.

In this workshop, participants will learn about major differences in communication styles and how to adapt to them so as to successfully interact with people from other cultures. You will also engage in discussions and activities that will increase your cultural awareness, and you will discover tools to develop the knowledge of other cultures independently.

Sessions in January and February:

Tuesday, 19th January, 2:30pm-4:15pm Friday, 22nd January, 10:30am-12:15pm Monday, 25th January, 2:30pm-4:15pm Wednesday, 3rd February, 2:30pm-4:15pm

Registration is free and can be completed on the ILC website: https://www.ilc.cuhk.edu.hk/EN/workshops.aspx

4. 香港中文大學賽馬會地球保源行動 - 「社區環保站」論壇及參觀「綠在沙田



香港中文大學賽馬會地球保源行動獲香港賽馬會慈善信託基金捐助,籌辦「環境及氣候論壇系列」,邀請政府及公共機構、民間團體、學術界和環保工業界等不同界別專家,與市民一同探討香港及全球的環境及氣候問題,希望藉此開拓環保新思維,尋求解決方法。

地球保源行動誠意邀請同學出席於2016年1月下旬舉行的「社區環保站」論壇,詳情如下:

日期:	2016年1月22日(星期五)			
時間:	下午3時至5時			
地點:	九龍灣常悅道8號零碳天地多用途會堂			
主題演講嘉賓:	黎耀基先生	香港特別行政區政府環境保護署助理署長		
嘉賓講者:	郭烈東先生	基督教家庭服務中心總幹事		
	林翠蓮女士	東區區議會食物、環境及衞生委員會主席		
	潘智生教授	香港理工大學土木及環境工程學系講座教授		
主持:	伍美琴教授	香港中文大學地理與資源管理學系副系主任		
語言:	廣東話			

論壇設問答環節,歡迎市民發言提問。

此外,是次論壇的參加者可優先參加 2016 年 1 月 30 日(星期六)舉行的「參觀綠色先鋒:『綠在沙田』環保站」活動。透過以上兩項活動,參加者將對社區環保站的倡議有更全面的認識。

登記報名連結:(名額有限,額滿即止)

https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1289367

查詢:3943 3972