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Sunny Review

上周回顧

1. Visit to Tsz Shan Monastery 慈山寺之行



Over 30 College students, staff members and their families visited Tsz Shan Monastery (慈山寺) located at Tai Po last Saturday. For those who don't know yet --- it is where the Guan Yin Statue which you can see from the College locates! Participants benefitted greatly from the visit notwithstanding the inclement weather. The precious environment of Tsz Shan Monastery served as a mindfulness classroom, bringing inner peace and wisdom to every participant.

2. College Student Advisor Scheme Gatherings 師生茶聚



The third round of groups had a wonderful time with their peers and advisors on 2nd Oct for College Student Advisor Scheme. The groups shared many interesting ideas on College life while enjoying the new menu at College Canteen. What's the next step? Open a whatsapp group, schedule the next gathering, anything! The group mates and advisor could be a lifetime friends of yours!





1. Upcoming College Forum 書院論壇

Attending at least one College Forum/High Table Dinner every semester is one of the requirements of the College General Education Course GEYS1000. Details of the upcoming College Forum are as follows:

Date: Friday, 9th Oct Time: 11:30am – 1:15pm

Venue: College Theatre, UG/F, Wu Yee Sun College

Speaker: Prof. Siu-kai LAU (劉兆佳教授), Emeritus Professor from Department of Sociology Topic: 變動中的中央與特區關係 (The Changing Relationship between PRC and HKSAR) Moderator: Prof. Paul S.N. LEE (李少南教授), School of Journalism & Communication

Medium of Delivery: Cantonese

For students who have registered online, please arrive at the venue **punctually** with your student ID card.

2. 「藝術中與西」講座及工作坊——雕塑與造型 (Chinese version only)



由崇基學院、聯合書院、伍宜孫書院主辦,中大文物館協辦之「藝術中與西」講座及工作坊,將於 10 月舉行,是次主題為「雕塑與造型」。雕塑是一種造型藝術,以石、銅、泥、木等物料,配合雕、塑、鑄造、模塑等方法製作的三維空間形象,展現創作實體的視覺和觸覺的空間感、質感、量感,以及創作者的思維、感興。本課程將透過創作工作坊及講座,介紹一些雕塑技術與造型手法,並淺談雕塑創作的中西不同風格。詳情如下:

(一)講座

日期、題目及講者:

10月5日 漢畫像石的雕刻藝術(中大藝術系兼任講師張惠儀博士)

10月12日 中國雕塑之美——從唐朝說起(中大文物館副館長姚進莊教授)

時間:晚上7時至9時30分

地點:崇基學院牟路思怡圖書館謝昭杰室

語言:粤語費用:全免

報名:講座歡迎中大同學、教職員與教職員家屬及校友參加,報名網址為

https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1034302

(二)工作坊:雕塑基礎入門

導師:著名旅美藝術家利漢楨教授

日期:10月8及15日(逢星期四,共兩課)

時間:晚上7時至9時30分

地點: 崇基學院行政樓地下一層校友室

語言: 粵語

費用:按金 HK\$100(全數出席者將獲退還) 材料費 HK\$30(一經繳交將不獲退還)

報名:以上工作坊歡迎伍宜孫、崇基及聯合之學生參加。名額有限,先到先得。報名網址為

https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1038065

工作坊之截止報名日期為10月2日(五)

查詢: 崇基學院 (3943 8140) / 聯合書院 (3943 1844) / 伍宜孫書院 (3943 1615)

3. 走讀生舍堂活動-大展腳法@Pool Soccer (Chinese version only)



Pool Soccer 係將美式桌球(Pool) 與足球 (Soccer) 結合的新興運動,唔用 Que 而用腳踢球入洞!仲唔明? 睇片啦! http://goo.gl/zwbxrk 怕自己腳法唔夠好,都可以係旁邊打氣一齊嗌,仲有桌上沙壺、和桌球、PS4 同 board games 玩添! 當然亦唔少得飲品 (soft drinks) 任飲啦!

日期: 2015年10月31日(星期六)

時間:下午2時至6時(1:45pm於觀塘地鐵站B2出口等)

地點: The Ball Room --- 觀塘興業街 14 號永興工業大廈 12/F C1 室

歡迎走讀生報名,名額有限,先到先得!

https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1103470

查詢:石曉風女士 (3943 1615 / candyshek@cuhk.edu.hk)

4. Let's grow strawberries with Green Team 與 Green Team 齊齊種士多啤梨



It's an amazing feeling seeing your crops grow every day! If you would like to join the Green Team and grow strawberries at the rooftop garden of the College, please grab your chance and enroll now ---- Limited seats, first-come first-served!

Enrollment link: http://goo.gl/forms/HpGTxPJn3I (User guidelines can also be viewed there)

Enquiries: Wa Mui (Tel: 6102 0356 / chanwa1010@gmail.com)

5. V-CARE Programme: Be their Mentor!

The V-CARE programme is a 1-year positive developmental program for youth with various developmental needs or situated in at-risk or marginalized environment such as single parent, broken family, parents with chronic illness, or students with special education needs. Throughout a year of mentoring, you, as their mentor, may change their life!

Training will be provided. Mr. Kennedy Ng, a very experience social worker with many years of work in youth development, will teach you the skills that you will need to become a great mentor. Details of training sessions will be further provided.

Mentoring targets:

- youth with developmental needs or situated in at-risk or marginalized environment
- Form 1 or 2 students with special education needs (Taipo district)

Aim:

- guide those students and help them to become more socially engaged
- help them break away from the vicious cycle

What do you do?

- lead regular after-school activities (about once every two weeks)

Registration: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1101683 Enquiry: Zalon (zalonwong@cuhk.edu.hk/ 39433935)

6. Staff-Student Hiking 秋日師生遠足

秋意漸濃,最寫意莫過於遊走山林間,細賞郊野景致!

伍宜孫書院與香港專業及資深行政人員協會(專資會)合辦秋日師生遠足,讓書院同學與老師欣賞山中美景之餘,更可跟各行各業的專業人士互相交流。



日期: 2015年10月31日(星期六)

集合時間:09:15

集合地點:港鐵大學站 B 出口 7-11 便利店外

| 時間 | 活動 |
|---------------|-----------------------------|
| 09:15 - 13:00 | 松仔園→大埔滘自然護理區(啡徑)→松仔園(難度:1星) |
| 13:30 - 14:30 | 午膳 (伍宜孫書院飯堂) |
| 14:30 – 15:30 | 專資會參加者參觀中大校園 (同學可選擇是否參加) |

交通:書院安排大學站至松仔園的交通往返

費用:全免(同學報名時請繳交\$50按金,費用將於同學完成整項活動後退還)

PE 分: 3 分

報名:同學請於 10月16日下午5時前到書院學生輔導處報名及繳交按金。

查詢:陸芷婷小姐 (3943-3942/ rainbowluk@cuhk.edu.hk)

7. Drama Performance: The Miracle Worker 海倫的奇蹟



Brief Introduction: Helen Keller became blind and deaf when she was 19 months old. It was definitely hopeless for her to survive by herself. It had been a story of anxiety and misery until Ms. Anne Sullivan came into Helen's life and changed it like a miracle!

The event is jointly organized by Wu Yee Sun College, Shaw College, United College and Chung Chi College. We hope to gather College drama-lovers on this occasion to appreciate drama performance and drama production.

Date: 2nd and 3rd November 2014

Time: 18:30

Venue: Shaw College Lecture Theatre

Target: WYS Students and Members are welcome to join

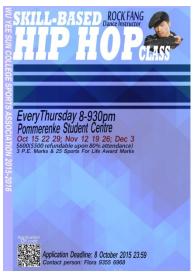
Language: Cantonese

Performing Unit: Hong Kong Theatre Works

Application: <u>online application</u> (first-come-first-served)

Fee: Free (Interested students please submit \$50 refundable deposit to Dean of Students' Office for seat reservation and indicate your preferred date of performance)

Enquiries: Rainbow (3943-3942/ rainbowluk@cuhk.edu.hk)



*Note: The class has been re-scheduled. Please note the revised schedule as follows:

| Month | Date Time | | Venue | |
|-------|--------------------------------------------------------|--------------|----------------------------------------|--|
| Oct | 15th, 22nd, 29th | | Doors 202 Domesous and to Charles | |
| Nov | 12 th , 19 th , 26 th | 8:00-9:30 pm | Room 303, Pommerenke Student Centre | |
| Dec | 3rd | | Centre | |

C'mon dancing! Hip Hop Dance Class dares you to give a try for your dance talents!

Lesson: 7

Course Fee: \$600 (\$500 refundable deposit upon 80% attendance)

Quota: 25 (first-come-first-served)

Application: https://goo.gl/vd7LE9 (Deadline: 8th Oct, 2015)

*Deposit to be submitted to Dean of Students' Office before 5:00pm, 12th Oct 2015 for valid application

Coach: Mr. Rock K.N. Fang

PE Marks: 3 marks

Sports for Life Award: 25 marks

Enquiries: Flora Lee (93556968)

9. Health Conference 2016 organized by The College of Professional and Continuing Education, The Hong Kong Polytechnic University

Wu Yee Sun College proudly serves as one of the Associate Organizations for The College of Professional and Continuing Education (CPCE) Health Conference to be held on Monday, 11 January 2016. CPCE of The Hong Kong Polytechnic University offers a range of health related programmes at Associate Degree, and Honours Bachelor's Degree levels. The Academic Discipline of Health and Life Sciences of CPCE is commissioned to organize this Conference with the aim to share scholarly work pertinent to aging, health and long term care. It also takes the opportunity to promote interdisciplinary education and research on the topics. Dr. KO Wing-Man (高永文醫生), Secretary for Food and Health (食物及衞生局局長), will be the officiating guest of the conference and Sir James A. Mirrlees (莫理斯教授), Nobel Laureate and Master of Morningside College, will give a keynote speech on "The Future Cost of Health and Care".

Registration and details: http://healthconf2016.cpce-polyu.edu.hk/

Enquiries: <u>healthconf2016@cpce-polyu.edu.hk</u>

10. Fitness Consultation Sessions 健身訓練諮詢

If you want to keep fit or build up your body, join us in the College's Gymnasium! Fitness consultation sessions are NOW available. You can seek instructors' advice on the use of fitness equipment, body fitness or other health-related issues during the sessions. The details are as follows:

Period: 8th Sep - 5th Dec (Every Tuesday & Thursday, except Public Holidays)

Time: Tuesday, 7:00-9:00pm Thursday, 6:00-8:00pm

Venue: Gymnasium

Instructor:



Ms. Ka-cheuk Leung (Tuesday)



Mr. Tsun-sing Wong (Thursday)

Target: Wu Yee Sun students and staff (no prior application is required)

Enquiries: Miss Rainbow Luk (rainbowluk@cuhk.edu.hk / 3943 3942)



1. Appointment of College Fellows 書院院務委員委任



Professor CHIU Chi-yue (趙志裕教授)



Professor POON Ming-kay (潘銘基教授)

Professor CHIU Chi-yue (趙志裕教授), Dean of Social Science and Choh-Ming Li Professor of Psychology and Professor POON Ming-kay (潘銘基教授), Associate Professor at the Department of Chinese Language and Literature, have been appointed Fellows (院務委員) of the College for a term of 5 years from 1st Oct 2015.

2. "Meet the Dean" Hours & Lunch Gathering 輔導長時間 及午餐聚會

"Meet the Dean" Hours hosted by Professor Annisa C.H. Lee (李賴俊卿教授), College Dean of Students and Associate Professor of School of Journalism & Communication, is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned. Every Sunnie is welcome!

Date: Every Wednesday Time: 2:30 – 3:30pm

Venue: Dean of Students Office, Room UG09, Wu Yee Sun College

Enquiries: Miss Zalon Wong (zalonwong@cuhk.edu.hk / 3943 3935) or Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937)

"Meet the Dean" Lunch Gathering will be held every other Wednesday. Individual students or representatives of student organizations are all welcome to register for the Gathering. Please email Zalon or Sonia before the *closest Monday noon to register for the event.

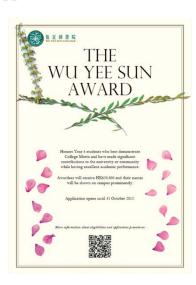
*remarks: registration has to be made on the previous working day if the closest Monday is public holiday

Date: Wednesday, 14th Oct 2015

Time: 12:30 – 2:00pm

Enquiries: Miss Zalon Wong (<u>zalonwong@cuhk.edu.hk</u> / 3943 3935) or Miss Sonia Yu (<u>soniayu@cuhk.edu.hk</u> / 3943 3937)

3. The Wu Yee Sun Award 2015/16 - Now Open for Application



Eligibility

- 1) Proactive fourth-year students demonstrating the College motto by participating various activities to broaden horizon; and
- 2) Cumulative GPA reaches 3.4 or above or Top 10% of the corresponding department; and
- 3) Have outstanding contributions to the department/college/university or society; and
- 4) Personal statement of not more than 500 words (English or Chinese) which elaborate his/her achievement in demonstrating college motto; and
- 5) Letter of Recommendation by CUHK Teacher

The value of the scholarship will be HK\$50,000. Awardee's Name will be featured in College campus.

Application & Deadline

Application must be made online via https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1102755 on or before 31 October 2015 (Saturday).

Enquiry

Contact Miss Yolinda Wong at yolindawong@cuhk.edu.hk / 3943 3932

4. The "Sunny" Award & Admission Scholarship for Outstanding Artistic Achievements 2015/16 - Now Open for Application 2015/16 年度 The "Sunny" Award 及藝術傑出入學獎學金 - 現已開始接受申請



The following two Admission Scholarships are now open for application:-

- The "Sunny" Award HK\$15,000
 - o College freshmen with positive attitude and achievements demonstrating entrepreneurial spirit (i.e. creativity, passion and vision) or social responsibility
- Admission Scholarship for Outstanding Artistic Achievements HK\$8,000
 - o College freshmen with outstanding achievements in literary arts / performing arts / visual arts / film / media arts / music

Eligible for freshmen who placed Wu Yee Sun College as their 1st College Preference.

Please go to the following links to complete the online application form on or before 23 October 2015 (Friday). The "Sunny" Award: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1029445
Admission Scholarship for Outstanding Artistic Achievements: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1030296

Enquiries: Miss Yolinda Wong (yolindawong@cuhk.edu.hk / 3943 3932) or Ms. Carol Cheng (carolcheng@cuhk.edu.hk / 3943 3936)

5. College Hostel Grant 2015/16 - Application Now Open 2015/16 年度書院住宿助學金 - 現已開始接受申請

College resident students (local undergraduates of all years) with financial needs may apply for College Hostel Grant. The grant amount for 2015/16 will be maximum \$3,600 per year.

Application is now open <u>until Friday</u>, 16th Oct. Students with Term 1 or whole year residence are eligible to apply.

Please download the application form from the following link and submit the completed form with supporting documents to the College Office (G03, G/F, East Wing) before the application deadline.

http://www.wys.cuhk.edu.hk/sl/scholarships/grants-and-financial-aid

Enquiries: Miss Yolinda Wong (yolindawong@cuhk.edu.hk / 3943 3932) or Ms. Carol Cheng (carolcheng@cuhk.edu.hk / 3943 3936)

6. College Student Grant/Loan 2015/16 - Application Now Open (for Non-Freshmen ONLY) 2015/16 年度書院學生助學金/貸款 - 現已開始接受申請 (只限舊生)

College students who have financial difficulties may apply for College Student Grant/Loan 2015/16. There will be two rounds of applications: the September round is open to non-freshmen ONLY while the February round will be open to freshmen ONLY. Freshmen who have financial difficulties are reminded to first apply for Government financial aid (Tertiary Student Financial Scheme).

Application is now open for non-freshmen until <u>Friday</u>, <u>16th Oct</u>. Please download the application form from the following link and submit the completed form with supporting documents to the College Office (G03, G/F, East Wing) before the deadline. http://www.wys.cuhk.edu.hk/sl/scholarships/grants-and-financial-aid

Enquiries: Ms. Carol Cheng (carolcheng@cuhk.edu.hk / 3943 3936) or Miss Yolinda Wong (yolindawong@cuhk.edu.hk / 3943 3932)

7. Creativity Laboratory - Equipment Available On Loan 創意實驗室器材借用



Check out the Creativity Laboratory (clab) website - https://clab.wys.cuhk.edu.hk/ now to learn more about the creative ideas that have been generated by our College students. You are also welcome to post your innovative ideas and invite other College students to form teams to realize your dream. A list of equipment including iMac, DSLR camera, video camera, lighting equipment, sewing machine, and oven are also available on loan to facilitate your creative work. Simply login to clab official website then click "Booking" on the top right hand corner for equipment reservation.

For first-time login, please click "Login", then click "Forgot password", input your CUHK webmail address (XXXXXXXXXX@link.cuhk.edu.hk). The system will then automatically email a new password to you.

Don't forget to like clab Facebook page à WYS clab CUHK, for the latest updates!

Questions? Contact Yolinda (yolindawong@cuhk.edu.hk / 3943 3932) or Johnny (johnnywong@cuhk.edu.hk / 3943 3989)

8. Wu Yee Sun College Sports Team Tryouts (Term 1) 院隊選拔 (第一學期)

不論你是運動愛好者或是專業運動員,都不要錯過伍宜孫書院院隊選拔的時間!書院現正招募籃球、排球、游泳、划艇、田徑、足球院隊隊員,快來發揮你的運動天賦!

If you are a professional sports player or are simply keen on doing sports, do not miss the College Team try-outs. The College is now recruiting athletes for the **basketball**, **volleyball**, **swimming**, **rowing**, **athletic and soccer teams**. Do not hesitate to show your talents and we are looking forward to seeing you in the tryouts!

| Sports Team | Date Time | | Venue | Coach/ Coordinator Tel. No. | |
|-----------------------------|----------------|------------------|----------------------------------------------|-----------------------------|--|
| | | | | 161.110. | |
| Men's & Women's | Oct., 5 (Mon) | 6:30 – 8:30 p.m. | Grand Stand, Haddon Cave Sports Field and | Mr. K. T. Lam | |
| Rowing | Oct., 8 (Thu) | 6:30 – 8:30 p.m. | Track | 39433987 | |
| Men's & Women's Athletic | Oct., 19 (Mon) | 6:00 – 8:00 p.m. | Haddon Cave Sports | Mr. K. T. Lam | |
| | Oct., 22 (Thu) | 0.00 – 0.00 p.m. | Field and Track | 39433987 | |

1. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃

Life begins at the end of your comfort zone!

A **SMALL** change can make a **BIG** difference!

If you are planning for any short-term projects containing elements of Creativity, Entrepreneurial Spirit or Social Responsibility, apply for Be Entrepreneurial! Scheme.

To provide more support to students, the maximum funding amount has been raised to \$20,000!!!



Maximum Funding Amount: HK\$20,000

Eligibility

- ✓ All WYS undergraduate students
- ✓ Individual and Group projects (the group must comprise of at least 50% WYS students, other 50% may be students from other Colleges)

Applications are welcome all year round.

What are you waiting for? Click **HERE** to find out more information!

Enquiries: Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937)

2. Sports for Life Award Scheme 體育運動參與獎勵計劃

WU YEE SUN COLLEGE

SPORTS FOR LIFE AWARD SCHEME

The purpose of the schemes

The purpose of the schemes

To promotive different sports activities

Workshops
From 972615 to 472616, wys
students can join different sports
studen

Wanna move your body and get a prize in the same time?!

Sports for Life Award Scheme aims at motivating students to take part in more College's sports activities and exercising regularly for a healthy life. Students can earn award point(s) for participating in College's sports activities and gain prizes!

Upcoming Activity: Hip Hop Dance Class [25 marks]

Stay tuned for more upcoming sports activities!

Enquiries: Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937)

3. Service-learning Project Funding Scheme 服務學習項目資助計劃



If you have ideas of how to serve the underprivileged, grasp the chance to make them come TRUE! The College's <u>Service-learning Project Funding Scheme</u> supports any meaningful service-learning projects to be held at anywhere of the world any time. You will definitely gain more than you give in carrying out the service-learning project.

Learn to serve and serve to learn!

Enquiries:

Miss Zalon Wong (zalonwong@cuhk.edu.hk / 3943 3935)

4. Global Academic Exposure Award Scheme 寰宇學術探索計劃

If you are planning to expand your academic wisdom with support from the scheme, ACT NOW!

The scheme supports Wu Yee Sun College students to take part in or self-initiate academic programmes, such as academic conferences, competitions, field trips and language programmes outside Hong Kong. Last academic year, the scheme has supported students to South India, Belgium, Inner-Mongolia and so on!

Students successfully selected by the Scheme will be awarded the Global Academic Exposure Award. The maximum award amount varies for programmes of different length and nature.

| | Programme Length | Programme nature | Maximum Award amount ~ amount increased ~ |
|------------|------------------------|----------------------------------------|------------------------------------------------------------|
| Short-term | Shorter than one month | Self-initiated programmes | HK\$8,000 or 100% of particular items (whichever is lower) |
| | | *Participating in organized programmes | HK\$8,000 or 80% of particular items (whichever is lower) |
| Long-term | One to six months | Self-initiated programmes | HK\$15,000 or 100% of particular items |
| | | *Participating in organized programmes | (whichever is lower) |

^{*}Programmes organized by the College and Term-long Exchange Programmes will not be considered for this scheme.

The sooner you submit your application, the quicker to receive feedbacks, and more time to improve the contents.

| Round | Applying for trips taken during | Application period |
|--------|--------------------------------------------|--------------------------------------------|
| Winter | 1 st Nov - 30 Apr | 1 st May – 31 st Oct |
| Summer | 1 st May – 31 st Oct | 1 st Nov - 30 Apr |

Contact Zalon (3943 3935/ zalonwong@cuhk.edu.hk) now if you have any ideas in mind. Know more about the details and apply here!

5. Mingle Fund (English only)

Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College. The Fund supports self-initiated activities with participation of both local and international/ incoming exchange students.

Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity.

For more info, please visit: http://www.wys.cuhk.edu.hk/pg/tlep/mingle-fund
For enquiries, please contact Miss Zalon Wong at zalonwong@cuhk.edu.hk or 3943 3935.



1. Beach Cleaning Campaign - join now to help clean our environment and collect important data on marine debris! 清潔沙灘行動 - 請即報名清潔沙灘及協助搜集海岸垃圾資料



A Beach Cleaning Campaign specially for members of CUHK will be organized on 31 Oct at Starfish Bay, Ma On Shan. Students, staff and alumni of CUHK are welcome to come with your family and friends. Participants will also help in collecting data on marine debris for Green Council to facilitate environmental protection. Free admission. First come first served.

Organizer: Communications and Public Relations Office, Campus Planning and Sustainability Office, Estates Management Office

Date: 31 Oct 2015 (Sat) **Time:** 8:45 – 11:30 am

Location: Starfish Bay, Ma On Shan (Gathering Point: Wu Kai Sha MTR Station)

Details and Registration: http://www.cpr.cuhk.edu.hk/en/events_detail.php?1=1&id=11603

Registration deadline: 16 Oct 2015

2. HKMA x Jessica Magazine – "Entrepreneurship"



The HKMA in conjunction with Jessica Magazine will organize a seminar relating to Entrepreneurship.

Details of the seminar are as follows:

Date: 9 October 2015 (Friday)

Time: 3pm - 5 pm

Venue: Room 201, 2/F, PICO Tower, 66 Gloucester Road, Wanchai, HONG KONG

Language: Cantonese

Three successful entrepreneurs will share their stories. They include:

• Ms Anna Chau, Chief Executive Officer of King Parrot Group 景樂集團行政總裁周驪莉女士

- Ms Doris Leung, Chief Executive Officer, Diamond Cab (HK) Limited 鑽的 (香港) 有限公司行政總裁梁淑儀女士
- Mr Alvin Hung, Founder, GoAnimate Go!Animate 創辦人及 CEO 洪耀基先生

Eligibility: Full-time undergraduate students of Wu Yee Sun College

Quota: 5 complimentary seats (first-come-first-served)

Application: Please send email to soniayu@cuhk.edu.hk on or before 12:00pm, 6th Oct with 1) Student ID, 2) English Name (Full), 3)

Contact Phone and 4) Contact Email.

Enquiries: Sonia (3943-3937/ soniayu@cuhk.edu.hk)

3. Helix Scholarship 2015/16 - Now Open for Application

Helix System Limited is now inviting applications from outstanding local full-time <u>Year 2 or above</u> undergraduate students. The amount of the award will be HK\$10,000.

Eligibility

To be eligible for the scholarship, students must:

- be full-time Year 2 or above undergraduate students studying any UGC-funded bachelor's degree programme;
- be Hong Kong permanent residents with the right of abode in Hong Kong;
- have demonstrable financial need and meet at least one of the following conditions:
 - o Have received Government grant and/or loan in the academic year 2014/15 or 2015/16.
 - o Have received University bursaries and/or loan in the academic year 2014/15 or 2015/16.
 - o The family of the student is receiving Comprehensive Social Security Assistance from the HKSAR Government.
 - o The monthly family income per capita must not exceed HK\$15,000.
- have attained a Year GPA of 3.0 or above in the academic year 2014/15;
- demonstrate to contribute to the local society by their knowledge and expertise; and
- have active participation in extra-curricular activities and/or voluntary services.

Students must not receive this Scholarship before.

Application Procedures

1. Application form downloaded from http://www.cuhk.edu.hk/adm/ (Scholarships & Financial Aid > Open for Application).

- 2. Completed application form together with all requisite documents should be submitted to the College Office (G03, G/F, East Block) during office hours on or before 6 November 2015. Please note the application form should be typed in English and signed. If the item(s) in the form is/are not applicable, "N.A." should be marked.
- 3. The scholarship is awarded to the candidates who meet the eligibility criteria stipulated above, and on a competitive basis. College will shortlist suitable candidates from the applications received and make nomination for the Scholarship.
- 4. Awardees are required to attend a Presentation Ceremony on CUHK campus in January 2016 to meet with the donor.

Enquiries

Please contact the Office of Admissions and Financial Aid at 3943-7209 / 3943-1737 or sfas@cuhk.edu.hk

4. Student Residency Bursary Scheme 2015/16 2015/16 年度中大學生宿舍助學金計劃

To be eligible to apply for the CUHK Student Residence Bursary, applicants must:

- (1) be local full-time undergraduate students;
- (2) be registered residents of the hostel and have resided in hostel for at least 75% of the time of the semester;
- (3) have an average monthly household income of roughly less than \$20,000 (during 1st Apr 2014 to 31st Mar 2015);
- (4) not be able to benefit from Community Care Fund (CCF) hostel subsidy or receive less than \$1,000 per semester under the CCF hostel subsidy.

The value of bursary will be maximum \$1,000 per semester. Eligible students who live in hostel for the first term or the whole year should submit their online application via CUSIS from **25**th **Sep – 30**th **Oct**. Applicants are required to submit documentary proofs to the College Office on or before the application deadline. For more details, please visit http://www.oafa.cuhk.edu.hk/safs/open-for-application/financial-aid

For enquiries, please contact the Office of Admissions and Financial Aid at 3943 1898.

5. CUHK Scholarship for Remarkable Endeavour for Admission 2015/16

This scholarship is designated for the students with special educational needs (SEN) in recognition of their extra efforts made to pursue higher education at CUHK. The SEN students should have at least one of the following conditions that affect their ability to learn:

- Specific learning disabilities
- Intellectual disabilities
- Autism spectrum disorders
- Attention deficit / hyperactivity disorders
- Visual impairment
- Hearing impairment
- Speech and language impairment
- Others proven special educational needs as referred to in the Hong Kong Rehabilitation Programme Plan announced by the Labour and Welfare Bureau of the HKSAR Government
- Physical disabilities

Applicants must be full-time freshmen admitted in 2015/16. The value of the scholarship would be HK\$10,000 each (non-renewable). For more details and to download application form, please go to http://www.cuhk.edu.hk/adm/ (Scholarships & Financial Aid > Open for Application). Application will be due on 29 October 2015.

For enquiries, please contact Ms. Angel Au (T: 3943 7209 / sfas@cuhk.edu.hk)

6. foodpanda Scholarship 2015/16

foodpanda is a leading mobile and online food ordering marketplace, currently available in 40 countries across 5 continents. foodpanda Hong Kong was established in May 2014 and currently service over 1,000 eateries across the city. foodpanda consists of young team of problem solvers, designers, thinkers and tinkers, working around the clock to make an online tool for food delivery. The scholarship is now open to invite submissions of marketing plan. Winning applicant will receive a one-off scholarship of \$HK10,000 in cash while all participants will receive a HK\$50 voucher. Application will be due on 21 December 2015.

For download application form and more details, please go to https://www.foodpanda.hk/contents/scholarship

For enquiries, please email to scholarship2016@foodpanda.hk

7. Fitness Training Workshop for CUHK Staff and Students

In order to introduce basic fitness training principles, methods, and proper ways of using fitness training equipment, the Physical Education Unit would like to organize a fitness training workshop for university staff and students. "CUHK Fitness Room User Card" will be issued to those who have successfully completed the workshop.



Details are as follows:

| Workshop Number | Date | Time | Starting Date for Registration | Dead-line for Registration | Medium of Instruction | Instructor |
|--------------------|---------------------|-----------------------|--------------------------------------|----------------------------------|-------------------------------------------------------|------------|
| 02/1516 | 26/10/2015 (Mon) | 6:00pm - 8:00pm | 12/10/2015 | 20/10/2015 | Cantonese (Supported by English & Putonghua) | Nelson Lam |
| 03/1516 | 2/11/2015 (Mon) | 6:00pm - 8:00pm | 19/10/2015 | 27/10/2015 | Cantonese (Supported by English & Putonghua) | Nelson Lam |

Venue : University Fitness Room

Enrollment: 30/class (First-come-first-served)

Fee : Student: \$15, Staff: \$20

Registration: At reception counter of the University Sports Centre

(Please bring a recent photo for the production of the fitness room user card)

Enquiry : 3943 6097

Remarks : No user card will be issued to those who are late or leave early for 15 minutes.