



## SHAW COLLEGE SPORTS AND RECREATION COURSES FOR 2022/23 (TERM 2)

# WATER SPORTS COURSES

Venue: Water Sports Centre, CUHK

Participants should have the ability to swim 50 meters with clothes and life jacket  
(Water test may be required on 1st day)

### Kayak (1-Star Award)

### 獨木舟(一星章)

Date: 2 Apr 2023 (Sun)

Time: 09:30 - 17:00

Fee:

student: \$200

(Course fee \$100 + deposit \$100)

Staff:\$260

(Course fee \$130 + deposit \$130)

Quota: 8

Deadline: 10 March 2023



<http://bit.ly/40WXYEr>

### Kayak (2-Star Award)

### 獨木舟(二星章)

Participants are required to present certificate of Hong Kong Canoe Union Kayak 1 Star Award or completed and passed Kayak (1-Star Award) course held by College in order to take part in this course.

Date: 16 Apr 2023 (Sun)

Time: 09:30 - 17:00

Fee:

student: \$200

(Course fee \$100 + deposit \$100)

Staff:\$260

(Course fee \$130 + deposit \$130)

Quota: 8

Deadline: 17 March 2023



<http://bit.ly/3KdJN7Y>

Students and Staff  
of Shaw College are  
welcome

### Introduction to Sailing Training Course (Level 1)

### 風帆入門訓練班

Date: 22-23 Apr 2023 (Sat & Sun)

Time: 09:30 - 17:00

Fee:

student: \$650

(Course fee \$325 + deposit \$325)

Staff:\$710

(Course fee \$355 + deposit \$355)

Quota: 6

Deadline: 24 March 2023



<https://bit.ly/40L0622>

