

I-CARE Centre for Whole-person Development Newsletter

April 2017 Issue 4



“Fitness x Mentorship” Pilot Scheme

The Physical Education Unit and the I-CARE Centre for Whole-person Development have jointly launched the “Fitness x Mentorship” Pilot Scheme to promote physical wellness. In mid-February, three sports activities, which included street running, rope skipping and table tennis, were organised. Participating CUHK students have now become mentors of primary and secondary school students. Please click here to enjoy a video clip of the activities: <https://youtu.be/Cx6TrEhYIK8>

Student Development Portfolio



Application for “Report of Experiential Learning Activities (ELA Report)” Now Open to 2017 Graduates

To help our graduating students better prepare for their career development and further studies, the University will issue ELA Report to graduates. The Report will be issued to graduates upon request, and it is free of charge for one copy.

Graduating students of 2017* may submit their request online at <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2664058> by **4 August 2017 (Friday)**. Before submitting an application, applicants may log in to the Student Development Portfolio (SDP) at <http://www.cuhk.edu.hk/sdp> (Student ID and CWEM password required) and verify/update their UELA and SELA records.

Successful applicants will receive a confirmation email in September 2017. The ELA Report will be delivered to applicants by post. For enquiry, please contact Ms. Tsui of the I-CARE Centre for Whole-person Development at 3943 4702.

** based on the graduate list from Registration and Examinations Section, Registry*



Alumni Sharing: The Road to Social Enterprise

Organised by the CUSE Fund of I-CARE Centre for Whole-person Development, a sharing session titled “Sharing on the Road to Social Enterprise”, was successfully held on 7 April 2017 .

Three CUHK alumni were invited to share their experience and stories of setting up their own social businesses. Mr. Denis Huen, Founder of MedEXO Robotics (Hong Kong) Company Limited, pointed out the critical factors that contribute to the success of a business; Mr. Kit Wong, Founder and Chief Tutor of La Violet Education, shared the reasons of her decision to establish a social enterprise; Ms. Ruby Yip, Founder of Festyle (Hong Kong) Limited, revealed that she had intended to become a social entrepreneur since she was in the second year of university studies.

Through interacting with the alumni, participants gained new insights on their future journey of social entrepreneurship.



Hong Kong Cultural Tours Project - Learning History and Culture through Walking Tours

The Hong Kong Cultural Tours Project aims at nurturing CUHK students to be cultural ambassadors to lead secondary school students learning deeper knowledge on Hong Kong history and culture through cultural tours. The project is highly popular among secondary students since its launch. This year, the project encompasses various themes, including heritage conservation, local arts, housing development, pop culture as well as transport development.

So far the project has collaborated with nine secondary schools and conducted a total of 14 cultural tours, serving more than 400 students. Lots of participants expressed that the cultural tour enabled them to visit those cultural spots where they had never been before. Students also had a groundbreaking learning experience about local history and culture which was very different from their classroom learning at schools.



The 6th I-CARE Salon: Liberalism and Leftism

The 6th Salon was held on 4 April 2017, with Mr. Sechin Yeong-Shyang Chien, an Adjunct Research Fellow from the Academia Sinica Research Center for Humanities and Social Sciences and renowned writer Mr. Chan Koon-chung being the presenters, and Prof. Chow Po-chung from the Department of Government and Public Administration being the host. During the Salon, participants discussed the historical development of liberalism and leftism, as well as their influence on the development of modern societies of Hong Kong, China and Taiwan.



I-CARE Film Festival – A Brighter Summer Day

The last screening of I-CARE Film Festival ended on 21 April 2017, drawing over 1,000 audience. Presenting Edward Yang (1947 - 2007)'s classic, A Brighter Summer Day, the event is a tribute to commemorate Yang's tenth death anniversary. This is the first collaboration between I-CARE Film Festival and the Hong Kong International Film Festival.



Learn to Serve: Community Service Capacity Training 2017

A successful voluntary service requires not only perseverance, but also a mature attitude and proper project skills. To encourage CUHK students to carry out more effective and impactful social services, I-CARE Centre for Whole-person Development organised the “Learn to Serve: Community Service Capacity Training 2017” during 24-26 March 2017. Among the 20 students who participated in the training, some are about to organise services in Hong Kong or overseas with funding support from I-CARE Social Service Projects Scheme, whereas some of them plan to initiate meaningful services in the future.

The three-day training advocated the idea that contemporary volunteers should take the role of a “companion with service targets” instead of a “giver”. Students learnt more about the analytical framework to facilitate their understanding of the community’s needs and explored ways to create innovative services with existing resources in the community. On the third day, participants visited To Kwa Wan to understand the impact of urban renewal on local community. Applying the skills that they had learnt, students got in touch with the locals to understand their needs and carried out ad-hoc activities specific to their needs.

“Although the schedule was tight, yet the training was very useful and practical. The most important thing I have learned is that needs assessment is the key to a successful social service. We should thoroughly understand the needs of our service targets before defining objectives and planning activities.” Chan, a year-two student from the Department of Psychology, said.

Supporting I-CARE Programme

We are very grateful for the support from our [patrons and sponsors](#) whose donations have made I-CARE Programme possible.

The University invites your support towards I-CARE Programme to cultivate the humanistic spirit and enhance the social awareness of our students. Please visit <http://www.oia.cuhk.edu.hk/eng/campaigns/i-care-programme> for the ways to give.

[Donate to I-CARE Programme](#)