



沙田崇真學校

我校本著「信、望、愛」的宗旨，透過德、智、體、群、美、靈六育，讓學生得到全人發展，更將「健康學校」列為關注事項，以不同策略落實推行，例如：成立「健康學校組」，全力策劃及推行計劃；派員進修並參與海外交流；設立「健康學校專欄」，以及在各課程和活動中滲入健康教育元素等。我校雖屬於舊式校舍，但尤其重視校園衛生及綠化，並運用不同時段進行活動，以有效運用空間。近年更進行校舍改善工程，以擴展活動空間。

我校老師經常主動關懷學生，以各種途徑與學生及家長聯繫。由於此計劃受到全體師生及家長認同，使推行時能充分發揮團隊精神，事半功倍。發展至今，我們看見師生比以往更重視健康，無論在知識、態度及習慣上均有改善，其成效亦可從學童健康調查中得到驗證。

我校在評估中獲得五項傑出及一項優異的佳績，除肯定了我們的努力外，還勉勵我們要持續進步，不斷自我完善。

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★ 舞蹈比賽



★ 共享彩虹 種族融和社區教育計劃



★ 教育營天才表演



The Hong Kong Healthy Schools Award Scheme



The Hong Kong Healthy Schools Award Scheme

Shatin Tsung Tsin School

With “Faith, Hope and Love” as the school motto, the mission of our school is to nurture students through a holistic approach. Health promotion is regarded highly in our school and various actions were taken as support. For examples, a Healthy School Committee was set up in our school to formulate strategies and organize activities serving the Scheme, we had teachers took part in Health Education and Health Promotion exchange programmes, the establishment of a “Healthy School Corner” to provide health information, and the integration of health education in the school curriculum, etc. In addition, we aim at maintaining a clean, hygienic and green environment. The School Improvement Plan (SIP) is undergoing so that students will be able to participate in a wide variety of multi-intelligence activities in different time slots for overcoming the space limitation in our school.

Apart from proactively taking care of our students, we also emphasize communication between the school and the parents. The full support among teachers, staff, students and parents has further strengthened our team spirit and the whole-school participation when carrying out the Scheme. After joining the Scheme, teachers and students have further improved their health knowledge, attitude and habits which was revealed in the students health survey report.

It is encouraging that our school has achieved five ‘excellence’ and one ‘credit’ in audit, which means our hard work has been recognized. In order to achieve a higher standard, we will strive our best to sustain health education and health promotion in our school.

★ 體適能



★ 暑期義工-老人服務



★ 環保嘉年華2004 - 最具創意啦啦隊比賽

