



佛教慈航智林紀念中學

藉著參加「香港健康學校獎勵計劃」，本校管理層對學校的健康政策更為熟悉。亦因為有策略地規劃健康教育和推行整個計劃，學校從校園環境乃至師生的身心發展都能受到關注。本校著手幫助學生建立良好的個人健康形象，再鼓勵他們多服務社區，使個人及社交發展更多姿多彩。而學生的學術成績及品德也隨之有所改善，當然本校的校譽也因而提高。

由於老師們需要花不少的時間去填寫計劃書及整理有關報告，故在計劃初期感到相當吃

力，也曾想過中途退出。幸好我們得到香港中文大學健康教育及促進健康中心統籌人員的積極協助及細心講解，才漸漸讓我們明白和適應下來。在整個計劃的六大範疇中，本校在「校風及人際關係」及「學校環境」方面取得較突出的成績。這誠然是本校校長、家長、員工及師生三年來共同努力的成果。我們會繼續循發展健康學校的方向努力，好讓師生繼續有健康的生活。

香港健康學校獎勵計劃

★ 中一級「成長的天空」計畫 考合作, 考解難.



★ 廣州黃埔軍訓四日三夜 隊列訓練營



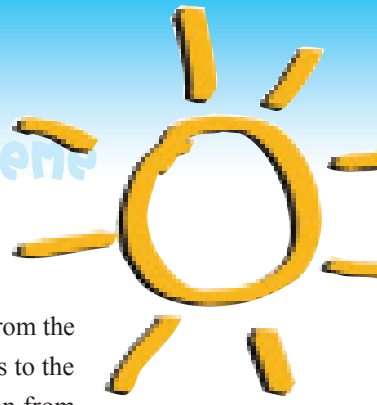
★ 二十五週年校慶典禮暨 健康生活嘉年華會 開幕剪綵儀式



★ 健康生活嘉年華會 「健康指標」攤位

The Hong Kong Healthy Schools Award Scheme

Buddhist Chi Hong Chi Lam Memorial College



The Hong Kong Healthy Schools Award Scheme

After joining “The Hong Kong Healthy Schools Award Scheme”, the school management became more familiar with the school's health policies. With strategic planning and implementation of health education, school members become more concerned about the school environment and the physical and mental well-beings of teachers and students. Our school first helped students establish a good and healthy image. Then students were encouraged to serve the community, which enriched their personal experience and social life. Our students' academic results and moral values were improved, thus the school has gained a better reputation.

As a lot of time and effort was needed to prepare reports and related documents, teachers

felt stressful and considered withdrawing from the Scheme at the early stage. However, thanks to the valuable assistance and detailed explanation from the coordinators of the Centre for Health Education and Health Promotion, we managed to cope with the requirements of the Scheme. Of the six areas of the Scheme, we have achieved outstanding results particularly in “School Social Environment” and “School Physical Environment”. This would not have been possible without the concerted effort from the Principal, parents, staff, teachers and students during the past three years. We will strive to continue to sustain the qualities of a healthy school, so as to help our teachers and students continue to enjoy healthy living.



衛生整潔,環境優美的進餐地點



同學們可在花草旁談天說地

B. C. H. C. L. M. S.