

Bachelor of Science in Gerontology Programme

PROGRAMME DESCRIPTION

The Bachelor of Science in Gerontology Programme (BScG) is a two-year full-time credit-based articulated honours programme offered in response to the expanding ageing population and the associated aged care workforce shortage in Hong Kong. Funded by the University Grants Committee, the programme is designed to provide students possessing an associate degree or a higher diploma in health sciences, social sciences, psychology and counseling, human and life sciences, Chinese medicine, or other fields with a strong foundation in gerontology. Through this programme, students will be equipped with a full scope of knowledge and skills in planning, delivering and coordinating aged care services in a wide variety of health and social care settings.

PROGRAMME OUTLINE*

The curriculum normally extends over two academic years consisting of four study terms. Students are required to fulfil the Major Requirements (51–54 units) and the University Core Requirements[#] as well as complete other electives, with the actual number of units to be taken depending on their sub-degree qualifications.

Major Requirements and Allocation of Credit Units

	YEAR 1	YEAR 2	
	<i>Understanding of Health and Social Care Issues</i>	<i>Integrated Care and Evidence-based Practice</i>	
Term 1	Ageing, Health and Society (3 units)	Death, Dying and End-of-life Care (2 units)	
	Basic Care in Gerontology (4 units)	Gerontological Practicum (12 units)	
	Family and Informal Care in Ageing (2 units)		
	Promoting Successful Ageing: Individual and Societal Perspectives (3 units)		
Term 2	Psychology in Ageing: Theories and Application (3 units)		
	Chronic Disease Management in Ageing (3 units)	Health and Social Care Policy in Ageing (3 Units)	
	Dementia: Prevention and Management (3 units)	Innovations and Evidence-based Practice for Aged Care Services (3 units)	
	Aged Care Service Planning and Delivery Models (5 units)	Leadership and Management in Aged Care Services (3 units)	
	Ethical, Legal and Financial Issues in Ageing (2 units)	One elective course (3 units) - Complementary and Alternative Medicine - Infectious Diseases and Their Control - Student Exchange Programme	

* Subject to change

[#] University Core Requirements: English Language (2–5 units), General Education (8–9 units), and Physical Education (1 unit)

ADVANTAGES OF STUDYING AT THE NETHERSOLE SCHOOL OF NURSING, FACULTY OF MEDICINE, CUHK

- Obtaining an undergraduate qualification in gerontology from an internationally renowned university;
- Studying in a well-established school of nursing with national and international links;
- Studying in a friendly and stimulating environment with the support of helpful academic staff;
- Engaging in a vibrant university and college life, with various social and academic activities;
- Participating in overseas exchange programmes to appreciate different cultures and grow as independent individuals;
- A variety of scholarships and awards are available to provide incentives for excellence.

SPECIAL FEATURES

Integration of Theory and Practice: Strong theoretical and practical components in gerontology covering health and social care needs of older people, aged care service planning, innovative care delivery models, human service delivery and administration, and health and social policies in ageing.

Multi-disciplinary Teaching Team: A teaching team comprising academic staff and professionals with expertise in nursing, social work, psychology, human sociology, clinical geriatrics and gerontology, human service management and administration.

Enhanced Experiential Learning: Extensive out-of-classroom learning opportunities are available, in particular the gerontological practicum which is an integral part of the programme for students to transfer theoretical knowledge into practice in various settings:

- District-based elderly community centres
- Neighbourhood elderly centres
- Home care services
- Day care centres
- Rehabilitation units
- Geriatric outreach teams
- Residential care homes
- Related social enterprises



CAREER PROSPECTS AND FURTHER STUDIES

Graduates can pursue a career in a wide range of social and health care settings providing active ageing and long-term care services. They can start their career as a multi-skilled practitioner in gerontological care and take up key roles in coordinating inter-disciplinary care, planning and implementing evidence-based care models (such as care management, empowerment programme, telecare, and transitional care), and performing service administration, evaluation and reengineering. They can also be advanced to higher management levels after accumulating adequate work experience.

Graduates with good academic results can pursue postgraduate studies in various disciplines, such as master's programme in public health, health service management, rehabilitative sciences, nursing, or social work.



GRADUATES' EMPLOYMENT AND ACHIEVEMENT

Majority of the graduates joined the aged care field as project officer, project coordinator or aged service coordinator, or joined academic institutions as research staff. The employers were impressed by their strong abilities in critically analysing the current aged care policies and understanding the needs of the third age citizens, which are very important for strategic service planning and cross-disciplinary coordination. A number of BScG graduates received awards such as "New Employee Excellence Award", "Employee Excellence Award" and "Hong Kong Social Enterprise Outstanding Employee Award", and won prizes in social venture startup competitions.






 The Chinese University of Hong Kong
 Faculty of Medicine
 The Nethersole School of Nursing

Bachelor of Science in Gerontology

關於本院
 香港中文大學醫學院那打素護理學院多年來致力提供達國際水平的護理本科及研究院課程，培育優秀的護理專業人才。同時，學院亦提供優質老年學教育，全方位培育護老專業人才。

本院的教育使命
 提供卓越、優質的護理及老年學教育。

學院院長及教授
 錢惠堂教授
老年學理學學士課程主任
 盧慧詩博士

OUR SCHOOL
 The Nethersole School of Nursing of the Faculty of Medicine at The Chinese University of Hong Kong has a proud and successful history of providing undergraduate and postgraduate nursing education of an international standard. The School is also committed to offering high-quality education in the care of older adults.

OUR MISSION IN EDUCATION
 To excel in the provision of high-quality nursing and gerontology education.

DIRECTOR & PROFESSOR
 Professor Wai Tong CHIEN

BACHELOR OF SCIENCE IN GERONTOLOGY PROGRAMME DIRECTOR
 Dr Sally LO

香港中文大學醫學院那打素護理學院
老年學理學學士課程

BScG

老年學理學學士課程

課程簡介

老年學理學學士課程是一項為期兩年的全日制及學分制榮譽學位銜接課程，因應本港人口急速老化及長者服務人手短缺而開辦，並獲大學教育資助委員會撥款資助，適合持有健康科學、社會科學、心理學及輔導學、人文及生命科學、中醫學或其他副學士學位或高級文憑之人士報讀。透過本課程，學生可以建立穩固的老年學基礎，掌握廣泛的老年學知識與技能，在不同的健康及社區照顧服務機構內，負責各種長者照顧服務的規劃、推行及協調工作。

課程大綱*

課程一般在兩個學年、合共四個學期內完成，學生須修畢主修科目（51-54學分）、大學核心科目[#]及其他選修科目，實際學分要求將視乎所持有的副學位學歷而定。

主修要求及所佔學分*

	第一學年	第二學年
	健康與社會照顧的相關議題	綜合照顧及循證實務
第一學期	老齡化、健康與社會的相關議題 (3學分) 老年學的基礎照顧 (4學分) 與老齡化相關的家庭和非正式照顧 (2學分) 促進成功老齡化：個人與社會角度 (3學分) 老齡心理學：理論與應用 (3學分)	死亡、垂死和臨終照顧服務 (2學分) 老年學實習 (12學分)
第二學期	長者慢性疾病管理 (3學分) 認知障礙症：預防與管理 (3學分) 長者服務的規劃和實踐模式 (5學分) 與老齡化相關的倫理、法律和財務問題 (2學分)	長者健康與社會照顧服務政策 (3學分) 創新和以實證為本的長者照顧服務 (3學分) 長者照顧服務的領導與管理 (3學分) 其中一科選修科 (3學分) - 補充及替代醫學 - 傳染病及其控制 - 學生交換計劃

* 或會有所更改

[#] 大學核心科目：英文 (2-5學分)、通識教育 (8-9學分) 及體育 (1學分)

於香港中文大學醫學院那打素護理學院就讀的優點

- 於國際級大學獲取老年學理學學士的資格；
- 本學院歷史悠久、設備完善，並且與中外學術機構皆有緊密聯繫；
- 教學人員友善熱心，有助學生積極學習；
- 大學及書院生活多姿多彩，學生可參與各類聯誼及學術活動；
- 有機會參加海外交流計劃，體驗不同文化，學習獨立成長；
- 設有各類獎學金及獎項，以鼓勵學生爭取更佳成績。



課程特色

理論與實踐並重：課程內容涵蓋長者的健康及社會照顧需要、長者照顧服務的策劃、創新服務實踐模式、人本服務的實踐與管理，以及與老齡化相關的健康及社會政策等。

跨專業教學團隊：教學團隊由不同範疇的教學及專業人士組成，包括護理、社會工作、心理學、人文社會學、臨床老年病學、老年學及人本服務管理方面的專家。

加強體驗式學習：課程提供大量課室以外的體驗學習機會，其中老年學實習為本課程的重要部分，學生有機會在不同的服務機構內實踐所學的理论知識：

- 長者地區中心
- 長者鄰舍中心
- 家居照顧服務
- 日間護理中心
- 康復中心
- 長者服務外展隊
- 安老院舍
- 相關社會企業



就業前景及進修

畢業生可加入不同的社區照顧及健康服務機構，為長者提供各式各樣的豐盛晚年及長期照顧服務。畢業生一開始可擔任多技能長者照顧工作人員，並在協同跨範疇長者照顧服務、策劃及推行循證護理模式（如照顧管理、授權增能計劃、遙距健康護理和過渡期照顧），以及管理、評核與重整服務方面，擔當重要角色。當累積足夠的工作經驗後，更可晉升至較高級的管理職位。

成績優異的畢業生可進修不同專科的研究院課程，如公共健康、健康服務管理、康復治療科學、護理學或社會工作碩士課程。

畢業生工作及成就

本課程大部分畢業生任職於安老服務機構或學術機構的不同崗位，如計劃主任、項目統籌、安老服務協調幹事、研究員等。他們懂得批判分析現時安老政策之利弊，並能掌握第三齡人士之需要，這對制定服務策略及協調跨專業服務非常重要，獲得僱主高度讚賞；當中更有畢業生獲頒「優秀新同工獎」、「優秀同工獎」、「香港社企優秀員工獎」等，及在社企創業比賽中獲獎。



ADMISSION REQUIREMENTS

Applicants shall be eligible to apply for admission if they:

- have successfully completed a local course of study leading to the qualification of associate degree/ higher diploma; and
- have attained an acceptable level of proficiency in English and Chinese languages.

ENQUIRIES

Applications for admission are centrally handled by the Office of Admissions and Financial Aid of The Chinese University of Hong Kong (<http://www.oafa.cuhk.edu.hk>)

入學資格

申請人須符合以下條件：

- 已完成一項本地的副學士或高級文憑課程，並取得相關學歷；及
- 具備良好的中英文能力。

查詢

入學申請由香港中文大學入學及學生資助處統一處理 (<http://www.oafa.cuhk.edu.hk>)

For general enquiries about the Bachelor of Science in Gerontology Programme, please contact:
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Email: bscg@nur.cuhk.edu.hk

有關老年學理學學士課程的一般查詢，請聯絡：
香港中文大學醫學院那打素護理學院
電話號碼：(852) 3943 9926
傳真號碼：(852) 2603 6041
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