

Introduction to Filial Therapy

Description

Filial (parent-child) Therapy is an evidence-based approach integrating family therapy and play therapy to address child and family problems. Filial Therapy (FT) was co-created by Dr. Bernard Guerney and his wife, Dr. Louise Guerney in the 1950s. It has been researched and used to address the needs of children and families from a wide range of backgrounds. Filial Therapy simultaneously addresses child problems, helps parents develop effective ways of interacting with their children, and facilitates the development of attachment between parent and child.

In this training, there is a detailed overview of the entire process of Filial Therapy. It also includes how to train and supervise parents as they conduct special nondirective play sessions with their own children, and how to incorporate family issues in a mutual problem-solving process that benefits children and parents alike. Filial Therapy has been used successfully with a very wide range of child and family problems, including anxiety, depression, oppositional behaviors, impulse control, attention-deficit problems, families with children on the autism spectrum, traumatic events, attachment disruptions or disorders.

Learning Objectives

Participants will be able to

- Describe at least 2 benefits that Filial Therapy might have over both child-centered play therapy and traditional parenting skills programs
- Describe what happens at each stage of the Filial Therapy process.
- Identify at least 3 child/family problems for which Filial Therapy is useful and why.
- Explain the role of therapist modeling for parents in FT.
- Identify the different “roles” that the therapist plays during the training phase of FT.
- Describe the basic outcome research findings pertaining to FT.
- Explain how FT applies to the work with different client groups

Trainer's Biography

Siu Fung Ying, Angela

BSocSc, DCS, MPhil, PhD

RCP (HKPS), CPsyAssoc (CPO), CTT/T, CPT-S, RPT-S

Angela Siu is a Registered Clinical Psychologist under the Hong Kong Psychological Society and a Psychological Associate in the College of Psychologists of Ontario. She is also a Play Therapist / Supervisor under the Association for Play Therapy in the States and in Canada. She specializes in strengthening family relationships through play and has extensive training and experience in using various approaches to work with children and families. One of her specialties is in Filial Therapy. She has the credential as a Certified Filial Therapist / Instructor. Angela has served in a variety of clinical and social service settings. She is currently working as an Associate Professor in The Chinese University of Hong Kong.

Target Participants

Participants who have got the certificate of attendance of the following programs by CPE

- Child-centered Play Therapy Intensive Training



Continuing Education


6 contact hours of CE credits on play therapy training recognized by the Association for Play Therapy.

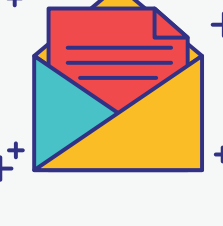
(APT approved provider number: 13- 355)

CPD Points for Registered Social Worker: 6

Course Code CE20230425
 Course Name Introduction to Filial Therapy
 Date April 25, 2023 (Tuesday)
 Time 9:30 am - 5:00 pm
 Venue The Chinese University of Hong Kong
 Language Cantonese (Supplemented with English)
 Class Size 30 participants
 Course Fee HK\$ 1,320
 Application Deadline April 10, 2023

Application Methods

 Register via our website:
<https://web.swk.cuhk.edu.hk/en-gb/continuing-professional-education/programmes-information>

 Send the following application form with a crossed cheque payable to 'The Chinese University of Hong Kong' to CPE, Department of Social Work, CUHK, Shatin, N.T. Hong Kong

Discount Scheme (on or before February 23, 2023)
10% (HK\$1,190) discount for Early Bird Registration
20% (HK\$1,060) discount for CUHK Department of Social Work's members (Current staff, current students, SWK Alumni Association members, or CPE members)
[20% discount is applicable by POST only]

CE20230425

Introduction to Filial Therapy Application Form

Personal Particular

Full Name (English) Mr. Ms. (Chi)
Please tick (✓) appropriate boxes

Organization: _____ Position: _____ Field of Service: _____
 Email address: _____ Phone no. (m) _____ (o) _____

Occupation: Social Worker (RSW No.: _____) Counsellor
 Clinical Psychologist Education Psychologist Others (please specify): _____



Highest educational level obtained (for the above academic training background)
 PhD Master Bachelor Associate Degree Higher Diploma Certificate Others (please specify): _____

Years of experience: _____
 Experience in Play Therapy: Please specify the approach used and years of experience: _____

Prerequisite (Please attach a copy of the attendance certificate from courses)
 Child-centered Play Therapy Intensive Training
 Date (mm/yy): _____ Course code: _____

Payment Information

Cheque no.: _____ Bank name: _____ Amount: HK\$1,320 HK\$1,190 HK\$1,060
 SWK Member No Yes if Yes, #Staff ID /Student ID/ Alumni Association membership ID/ CPE Membership No: _____
Please delete as appropriate

-  **I acknowledge that I have read and agree to the terms and conditions.**
-  **I understand and acknowledge that Certificate of Attendance will NOT be given to any participants who fail to satisfy the following requirements of the course: full attendance on the whole course.**

Important Terms and Conditions

1. Application will be accepted on a first-come-first-served basis.
2. Email notification on application status will be sent to you only when application and payment have been received by the Division of Continuing Professional Education (CPE). It is suggested to first try checking your junk or spam email folders for the missing emails. If they are not there, please contact us if you do not receive any notification after 7 working days.
3. Application is regarded as successful only after a confirmation email is issued to you.
4. Cancellation of course will be announced via email at least one week before the commencement of the course. No separate notification will be issued by post.
5. Course fee is non-refundable or non-transferable to another course once application is confirmed.
6. Receipt of course fee will be issued on the first day of the course and payment method will be indicated on the receipt.
7. All course training materials, including but not limited to lecture notes, worksheets, PowerPoint slides, and demonstration videotapes, are pre-pared by the trainer of the course and are the property of the trainer. No reproduction of any pieces of these training materials is allowed without the permission of the trainer and CPE.
8. No form of recording, including audio- or video-recording, during the course is allowed without prior permission by the trainer and CPE.
9. Certificate of Attendance will be given to participants who have attained 100% attendance of the course.
10. If Storm Warning Signal No. 8 or above, or Black Rainstorm Warning Signal or the announcement of "extreme condition" by the Government after super typhoons is hoisted by 7am, class will be cancelled. Details of postponement or other arrangements will be announced by email afterwards.
11. Personal data provided on course application form are used only for course application, course administration and future promotion purposes. All personal data collected will be treated with strict confidentiality. Under the provision of the Personal Data (Privacy) Ordinance, applicants have the right to request access to and make correction of their personal data. Applicants wishing to make amendments on personal data should submit a written request to CPE by email to swkcpe@cuhk.edu.hk.
12. The right of interpretation and amendment of the above terms belong to CPE.