



Your Health  Our Purpose
為你健康 盡力盡心

長新冠 精準治療計劃

PRECISION CARE FOR LONG COVID Programme



地址 Address :

香港新界沙田澤祥街 9 號香港中文大學醫院 8樓
8/F, CUHK Medical Centre, 9 Chak Cheung Street,
Shatin, New Territories, Hong Kong

服務時間 Service Hours :

星期一至五 : 9:00 - 17:00

星期六 : 9:00 - 13:00

星期日及公眾假期休息

Monday to Friday : 9:00 - 17:00

Saturday : 9:00 - 13:00

Closed on Sunday and Public Holidays

預約 Booking : (852) 3946 6112

一般查詢

General Enquiries : (852) 3946 6888

電郵 Email : general@cuhkmc.hk

網址 Website : www.cuhkmc.hk

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CUHKMC/CRC/PRECISIONCARE/2022/06



 CUHK Medical Centre

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長新冠精準治療計劃

Precision Care for Long COVID Programme

「長新冠精準治療計劃」為本院新冠康復診所的標誌性治療計劃。

香港中文大學(中大)醫學院全球首次證實，新冠長期症狀(又稱「長新冠」)患者擁有獨特的腸道微生態，透過檢測「長新冠型腸道微生態」可以預測罹患「長新冠」的風險；更可透過檢測康復者是否帶有「長新冠型腸道微生態」而對症下藥。研究結果已於權威醫學期刊《Gut》發表。

中大醫學院初步研究顯示，服用中大研發的微生態配方(SIM01)可以預防「長新冠」，並透過恢復失調的腸道微生態，促進新冠患者康復。

"Precision Care for Long COVID" is a signature programme of our COVID Recovery Clinic.

Clinical researchers from The Chinese University of Hong Kong's (CUHK) Faculty of Medicine (CU Medicine) have identified for the first time distinct gut microbiome profiles associated with long COVID. These distinct gut microbial signatures can be used to predict the risk of developing long COVID and diagnose long COVID in patients with persistent symptoms after the acute infection. This is the world's first study to demonstrate the gut microbiota as a key determinant of long COVID. Study results have been published in the international journal *Gut*.

The team of CU Medicine has also shown that a novel gut microbiome immunity formula (SIM01) developed by CUHK can prevent the development of long COVID as well as treat long COVID by hastening recovery after COVID and restoring dysbiosis.

計劃特色

Programme Features

與中大教授團隊共同研發，並轉化研究醫學作臨床應用
CUHK translational medicine to bedside management
co-designed with CUHK professorial team

非入侵性的糞便檢測，透過檢測康復者是否帶有「長新冠型腸道微生態」；對「長新冠」之靈敏度及特異性均近90%，並測試患者對腸道微生態調節療法之反應

Non-invasive stool test to detect distinct gut microbiome profile associated with long COVID; for suspected long COVID with about 90% sensitivity and specificity and predicting the responsiveness to gut microbiome modulating therapy

以飲食治療及為有需要的病人處方中大研發的微生態配方(SIM01)*，調整腸道微生態

Modulating gut microbiota by dietary advice and CUHK's microbiome immunity formula SIM01* per doctor's prescription for patients in need

*醫生將根據檢測結果處方SIM01微生態配方，「長新冠」患者購買該配方亦可享尊享價。

*Prescription of SIM01 is based on the microbiome findings with a separate privilege fee.

內容和收費

Programme Details and Fee

- 全面症狀評估
Comprehensive Symptom Assessment
- 醫生諮詢(檢測前後各一節)
Doctor Consultations
(pre and post-test consultations)
- 長新冠腸道微生態測試
Long COVID Gut Microbiome Test
- 營養師諮詢(包含兩次諮詢)
Dietitian Consultations (two consultations)

收費 Fee (HKD) \$2,900