

## Appendix

Table 1: The predicted increased health risks from prediabetes as an independent factor

Types of major clinical events	Prediabetes independently predicted to increase risk by		
	All age	Youngest group, aged 20-39	Oldest group, aged 80 or above
Cardiovascular diseases	19%	67%	3%*
End-stage kidney disease	18%	67%	Not increased
Serious infections	10%	26%	Not increased
All-causes death	16%	36%	3%*

\*Not statistically significant