

Table 1. Comparisons of 2022 Hong Kong Report Card Grades with the results of 2018 and 2016 Hong Kong Report Cards, Global Average (57 Countries/Regions), and 42 Very High HDI Countries/Regions

Indicator	2022 Hong Kong Report Card Grades	2018 Hong Kong Report Card Grades	2016 Hong Kong Report Card Grades	Global Matrix 4.0 Global Average	Global Matrix 4.0 42 Very High HDI Countries
1. Overall Physical Activity	D- ^{**}	C-	D	D	D+
2. Organized Sport and Physical Activity	B-	C	C-	C-	C
3. Active Play	D	INC	INC	C-	C-
4. Active Transportation	B+	B+	B	C-	C-
5. Sedentary Behavior	D	C-	C	D+	D
6. Physical Fitness	D	D	--	C-	C
7. Sleep [#]	C-	C-	--	--	--
8. Family and Peers	INC	D-	D	C-	C-
9. School	B	C	C	C+	B-
10. Community and Environment	B	B	B	C+	B-
11. Government	C+	C	INC	C	C+
12. Obesity [#]	D-	D-	--	--	--

^{**} added to the grade if it is based on device-measured data exclusively.

[#]Not included as common indicators in the Global Matrix 4.0

HDI: human development index; INC, incomplete

Very high HDI countries/regions include Argentina, Australia, Canada, Chile, Chinese Taipei, Croatia, Czech Republic, Denmark, England, Estonia, Finland, France, Germany, Greenland, Guernsey, Hong Kong, Hungary, Ireland, Israel, Japan, Jersey, Lithuania, Malaysia, Montenegro, New Zealand, Poland, Portugal, Scotland, Serbia, Singapore, Slovakia, Slovenia, South Korea, Spain, Spain (Basque Country), Spain (Extremadura), Spain (Region of Murcia), Sweden, UAE, USA, Uruguay, Wales