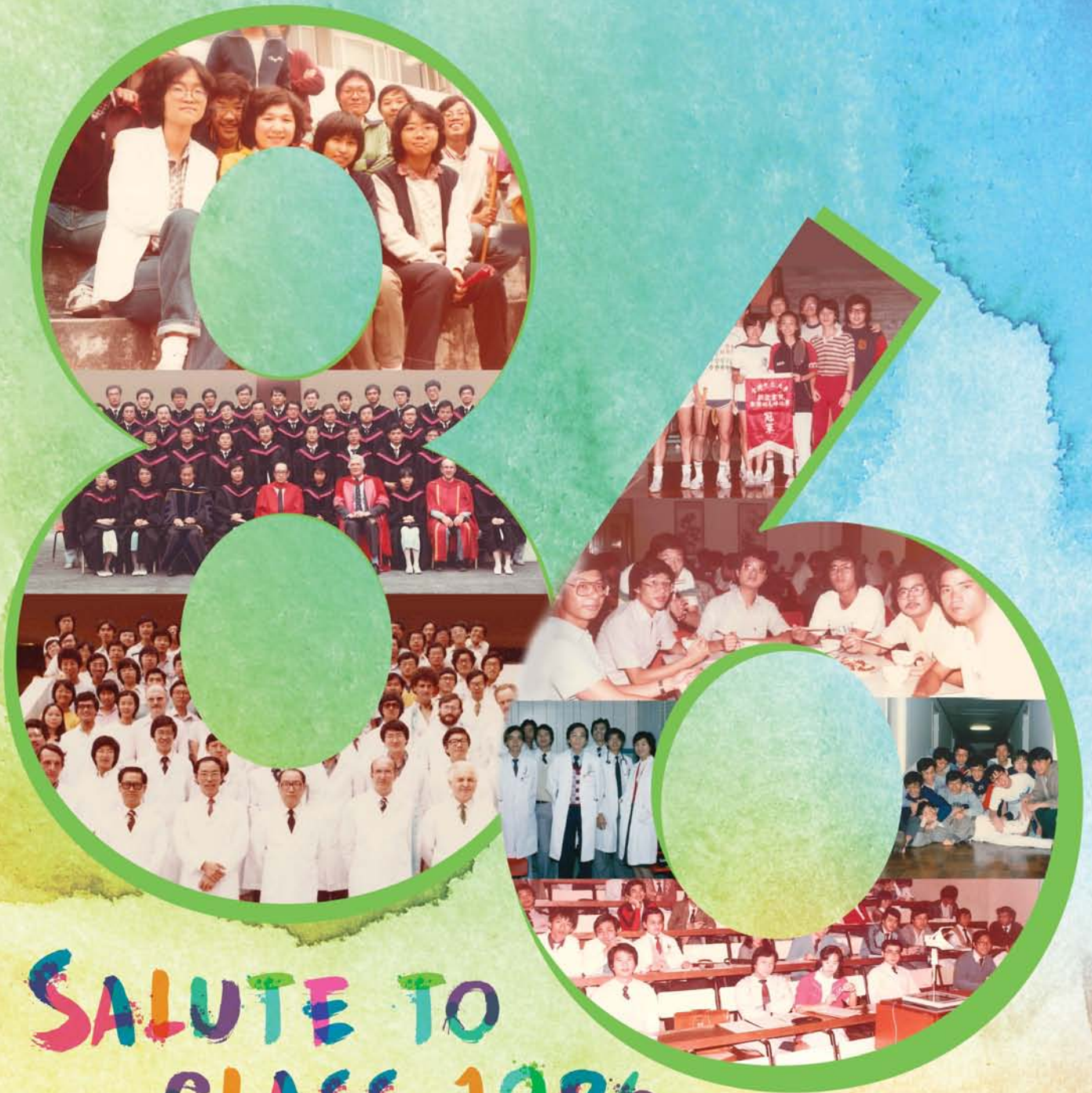


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SALUTE TO CLASS 1986



香港中文大學
The Chinese University of Hong Kong



香港中文大學醫學院
Faculty of Medicine
The Chinese University of Hong Kong



40th Anniversary
四十週年

CUHK Medical Alumni Newsletter

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Professor, Department of Surgery

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WELCOME MESSAGE



Professor Philip CHIU

趙偉仁教授 (MBChB 1994)

Associate Dean (External Affairs)
Professor, Department of Surgery

Year 2021 marks the 40th anniversary celebration of CU Medicine since its inception in 1981. I am truly honoured to be one of the school's 1994 MBChB graduates, and to be contributing to the development of my alma mater, through my new role as the Faculty's Associate Dean of External Affairs since November 2020.

Over the years, our Faculty has established its strong commitment to advancing medical education and research. We have demonstrated excellence in our clinical service to patients and the wider society, as evidenced by the achievements of our Distinguished Medical Alumni Award 2020 recipients: Dr. LUK Che Chung (MBChB 1986), Dr. LAW Sheung Wai (MBChB 1993), and Dr. LIYEUNG Lucci Lugee (MBChB 2011). Dr. LUK's hospital administration expertise has led our medical teams to rise above healthcare challenges including SARS and COVID-19. Dr. LAW shared his passion in humanitarian service during the Sichuan earthquake and beyond, while Dr. LIYEUNG used her artistic talents in bringing critical health education to the community, especially to our children.

In this issue, we also salute the Class of 1986, the very first graduates of CU Medicine. They are now strong healthcare leaders in Hong Kong, and today we recognise the courageous journey they took 40 years ago as the first batch of students of a brand new medical faculty in Hong Kong. As we celebrate our Faculty's 40th Anniversary, let's learn from these leaders—our "Big Brothers and Sisters"—and get inspired by their stories as CU Medicine pioneers.



李卓敏基本醫學大樓
CHOH - MING LI
BASIC MEDICAL SCIENCES BUILDING



Professor
WING Yun Kwok



Dr. Loar MO



Professor
Linda LAM



Dr. Scotty LUK



Dr. Matthew LO

SALUTE TO CLASS 1986

At the rate our world moves, it would take remarkable effort to sustain a friendship beyond a few years, let alone four decades. But for the first class of CU Medicine graduates, their friendship – as strong today as it was back in the 1980s – not only provided a foundation for their growth and value formation as medical professionals, but continues to be a constant source of camaraderie and joy-filled memories. As we celebrate CU Medicine's Ruby Jubilee in 2021, we talk to five doctors from this special cohort to get a rare glimpse into those early years, and uncover how their experiences have since shaped their careers and lives.

儘管世事多變，有種情誼卻可細水長流。中大醫學院首屆畢業生於1980年代識於微時，今天大家各有所成，難得多年來感情如昔，每年相聚。趁中大醫學院成立40週年，五位校友跟我們分享當年的校園生活，細說醫學院如何造就自己的事業與人生。



The “Container Generation”: A Half-Century of Friendship and Legacy 貨櫃同窗情 延續半世紀

When CU Medicine’s inaugural class of 60 undergraduate students arrived for their first semester in 1981, they knew there would be teething problems ahead. After all, the brand-new Faculty of Medicine had yet to be recognised by the General Medical Council (official GMC accreditation did not come until 1987), and the Prince of Wales Hospital – what would become the faculty’s dedicated teaching hospital – was still being built.



Until it was ready, Founding Dean, late Professor Gerald CHOA, had to set up clinical tutorials at the United Christian Hospital. This meant that for these very first students, much of their learning took place in a makeshift classroom inside a container at the United Christian Hospital carpark.

But nothing could have prepared this “container generation” of aspiring doctors, as they came to be known, for the intense and unforgettable days to come.

The container became their classroom, nap room, and home base for those on call. Freezing cold in the winter and stuffy in Hong Kong’s humid summers, conditions in the container were less than ideal – often prompting the students to log extra studying time in the air-conditioned hospital wings instead.

“We were the lucky ones”

Despite the prickly start, “we were the lucky ones,” said Professor WING Yun Kwok, currently Chairman, Department of Psychiatry, Faculty of Medicine at the Chinese University of Hong Kong (CUHK). Fondly, he recounts the typical early mornings where he and his classmates would board a coach bus and travel to their lessons together.

“Some of us slept, others studied, but more often, we sang together. Hits by Sam Hui, Michael Kwan; you name it,” he said. Those bus rides came to hold some of their most poignant memories. There, they chatted, bonded, sharing experiences and becoming fast friends. Without any upperclassmen to light the way forward, the group counted on each other for support, tackling tricky homework problems and unfamiliar medical vocabulary together. “We jokingly dubbed ourselves ‘CU Self-Learners’ for the level of independence

and resilience required of us as the inaugural class,” said Professor WING.



Global Mindsets and Holistic Service

But of course, they were more “self-starters” than “self-learners”. Both in and outside of the classroom, the students were taken under the wing by an international team of founding professors led by the late Professor CHOA, who envisioned the fledgling medical school as a breeding ground for globally-minded, caring medical professionals.



“We were like a big family, and Professor CHOA was like our father,” said Professor Linda LAM, Professor in Psychiatry at CUHK Faculty of Medicine. “He held us to a high standard and taught us everything, from our gait and the right way to hold a pen, to choosing our specialisations.”



Professor CHOA believed in cultivating a holistic mix of medical qualifications to truly serve the needs of Hong Kong. “CU Medicine never prioritised one specialisation over another. Rather, it focused on balance and preparedness for serving the society. Thinking back, it was a bold and visionary move,” said Professor WING.



“Our professors encouraged us to pursue less popular fields in a city already abound with surgeons and physicians. Psychiatry was definitely not a common choice back then, but the world has changed, and the field has rapidly expanded in pertinence for addressing modern needs,” said Professor LAM.



As recently as the COVID-19, Avian Flu and Ebola outbreaks, there were '86 graduates on the frontline, travelling to disease epicenters or local quarantine centres to offer their help. “That’s what doctors do. They serve anywhere they are needed, in Hong Kong or beyond. I would love to see the future generations of doctors keep this spirit alive,” she added.

Dr. Loar MO, Consultant Geriatrician & former Chief of Service, Department of Medicine, Yan Chai Hospital, says this focus on care and service was deeply entrenched in CU Medicine’s culture from the very beginning. He remembers one particular professor who put this in context with amazing clarity: “He asked us to imagine each patient as our parent. What would we do if it were our own beloved suffering from the same illness? Then that is what we should do for the patient. I have taken this to heart and been guided by it all these years.”



From Classroom to Sporting Field

When he wasn’t studying or attending tutorials, Dr. MO was the official photographer for the first CU Medicine annual publication *Pacemaker*, which



he coined. With little prior experience, Dr. MO toted his newly purchased Olympus 135mm lens camera to capture the high-octane lives of his fellow container friends. Today, his yellowing copies of *Pacemaker* document countless glorious moments for the class of 1986, like the multiple university championships they took home from swimming and running events, and the many hikes, outings, parties, barbecues, and trips they enjoyed together.



The colourful student life at CU Medicine was in no small part the effort of Dr. Scotty LUK, currently Director of the University Health Service (UHS) at CUHK, and the first president of the University’s Medical Society. Harboring a playful spirit himself, his agenda ensured that fun was always part of the equation.

Never a Dull Moment

“We were spirited, athletic, and very close. There were many star athletes among our group,” said Dr. LUK, who once clocked a 58-second finish for his leg in a 4 x 400m relay. Dr. Matthew LO, currently Co-director of Endocrine and Diabetes Centre and Deputy Director, Department of Health Assessment, Hong Kong Sanatorium & Hospital, a badminton player and one of the most enthusiastic sportsmen in the class, said, “Our sporting events were almost always full class affairs. Some of us were more active than others, but we all joined the activities. We just wanted to spend time together.”



With that much energy to spare, life was always abuzz in the container, in the students' dormitories, or on their nearby stamping grounds. They could often be seen playing football in the evenings, cooking up regional dishes, splashing around in water fights or even huddled together attempting a human pyramid. It didn't matter that their facilities were basic and the coursework was challenging. As long as they were together, they were happy.

Play Hard, Work Hard

And challenging indeed it was. Even as they revelled in their exciting campus life, the students never lost sight of their goal: to become knowledgeable, qualified doctors. As the Faculty of Medicine pursued GMC Accreditation, they came under pressure to meet the stringent assessment standards in their first and second years. Even after passing the assessment, the requirement to attend frequent attachment programmes at different hospitals and increasingly intricate clinical topics proved demanding. "Burning the midnight oil at the residential hall study room became a regular part of my fourth year," said Dr. LUK.

Dr. LO was no stranger to this kind of stress. Joining CU Medicine from



a Chinese-language secondary school, he spent much of his first year acclimatising to all the new English terminology from his biochemistry and human anatomy courses. "There was no Internet, no Google. It was just me and my dictionary, and it was not uncommon for me to sit in my room for hours just to work out the vocabulary," he said.



But both doctors agree that the difficulties of undergraduate study were no match for the realities of medical practice, something they realised after receiving their white coats in 1986. "Studying and practicing are two different things," said Dr. LUK. "In practice, we must

prescribe treatment best matched to a patient's particular condition and needs, not necessarily what we think we know from our books. It's not always easy to do, but our days at CU laid the foundation for these principles." Professor WING echoed these sentiments: "CU Medicine is not just a medical school, but a growth institution where students soak up not only knowledge but also the values of ethics, grit and resilience. I know that it will continue to provide an environment where every student can grow to their fullest potential."

From Lifelong Friends to Lasting Legacy

Over the last four decades, building on the hard work and passion of these doctors and the generations that followed, CU Medicine has gone from strength to strength, innovating and making breakthroughs across medical disciplines. The doctors from the container generation may each have taken very different paths, but they are forever bonded by their shared experience in those formative years. Indeed, when they arrived for their first semester in 1981, they never imagined they would leave with the lifelong friendships of their study buddies, fellow athletes, and inspiring professors. It was even less likely that they knew they would still be there for one another 40 years on, exchanging daily messages in their WhatsApp group, meeting every few months for meals or mahjong games, and continuing to shape the legacy of CU Medicine together.



第一屆中大醫學院於1981年創院時，60位剛入學的小伙子已知困難重重，一來新學院在1987年前未獲英國醫務委員會正式認證，二來用作教學的威爾斯親王醫院仍未竣工，已故創院院長蔡永業教授只好安排在基督教聯合醫院停車場教學，一班學生要在貨櫃箱改建的臨時課室上課。

這個貨櫃箱既是課室也是休息室，甚至是晚間當值生的睡房，有時嚴冬炎夏太難熬，反而策勵大家留在醫院苦讀。

中大精神科系主任榮潤國教授記得天天要坐旅遊巴去上課，大家在車上合唱許冠傑和關正傑的歌振奮士氣，又會在學業上互相幫助，他笑說：「我們是醫學院首屆學生，一切只能靠自己，因此自嘲『中大自學士』。」

國際視野與全人服務

其實這班「自學士」一直獲得悉心栽培，因為蔡永業院長深信醫生需要國際視野，因此中大醫學院雲集世界各地的權威教授。

對中大精神科林翠華教授而言，蔡院長不單是中大醫學院的創院院長，也像全班同學的慈父，她回憶：「他對我們的栽培真是無微不至，他會指正我們的執筆方法，督促我們走路要端正，還循循善誘教我們選科。」

蔡院長深信香港需要全人發展的醫學專才，榮潤國教授回憶：「中大醫學院從不偏重一科，而是為了社會整體

福祉平衡發展，回想起來可見蔡院長的高瞻遠矚。」

不論是最近的新型冠狀病毒疫情，或早年的禽流感及伊波拉病毒病，世界各地的疫區或隔離設施總有中大醫學院首屆畢業生的蹤影，林翠華教授說：「這是醫生的使命，在世人需要時隨傳隨到，我希望年輕一代的醫生會傳承下去。」

由課室到運動場

仁濟醫院內科顧問醫生巫家強說中大醫學院自創院已奉行以人為本的精神，他最記得一位教授的叮囑：「他要我們將病人幻想成自己的父母，我們要用對待摯親的方法對待病人，這番說話對我刻骨銘心，我行醫多年依然以此為鑑。」

巫醫生在課餘時為中大醫學院學會年度刊物《披心》當攝影師，這位攝影初哥買了一台Olympics 135單鏡反光相機為同學留影，他收藏多年的校刊如今已發黃，卻記錄了第一屆學生的行山、燒烤等快樂聚會，以及在運動場上的奪獎事蹟。



中大保健處處長陸偉昌醫生是第一屆醫學院學會會長，為同學組織過不同活動，他憶述：「當時醫學院學生在運動場上很活躍，我們是臥虎藏龍。」他有份跑4 x 400米接力，自己以58秒交棒。

現任養和醫院體格健康檢查部副主任及內分泌及糖尿病中心主任的盧國榮醫生正是其中一位運動精英，熱愛打羽毛球，他回憶：「我們空群而出參加運動會，人人不為獎項志在參與，因為大家總想聚在一起。」這班貨櫃箱同窗還會一起踢波、切磋廚藝，還會玩水戰和疊羅漢。

由學醫到行醫

儘管校園生活多姿多彩，但大家從未在學業上鬆懈，既要咬緊牙關通過英國醫務委員會的認證，又要穿梭不同醫院完成艱辛的實習，陸偉昌醫生說：「我四年級時經常在宿舍的溫習室通宵達旦。」

要在中大醫學院畢業沒有僥倖，像盧國榮醫生由中文中學升上來，要由頭掌握艱澀的英文醫學術語，他憶述：「當年沒有互聯網，也沒有谷歌字典，我經常埋首翻閱字典。」

等大家終於披上醫生袍，才知行醫又是另一段漫長的學習之路，陸偉昌醫生說：「做醫生要根據病人的實際需要診症，也許未必跟當年教科書上的知識一樣，但醫學院傳授的學問卻是我們的根基。」榮潤國教授和議道：「中大醫學院不是普通的醫學院，而是一個成長堡壘，不單傳授學生醫學知識，也培養學生成為堅毅的仁醫，我深信醫學院會繼續作育英才。」

一班識於微時的同學，在貨櫃課室建立了深厚的情誼，40年後依然經常互傳短訊，相約聯誼，攜手延續中大醫學院的傳奇。



Scan to enjoy interview video:
<https://bit.ly/3ktQ5QO>



A 30-year hospital administrator, a disaster responder, an illustrator—the CUHK Distinguished Medical Alumni Award 2020 recipients prove that CU medical graduates are shaping the world for the better whether from an office desk, in earthquake-shattered communities, or their drawing tables. Launched in 2018, the award raises a toast to alumni who have been stalwart examples of excellence through their profession and contribution to the community.

三位中大「傑出醫科校友獎2020」得獎者各有專長，有人從事醫院管理，有人專注人道救援，也有人創作抗疫插畫，見證中大醫科畢業生在不同崗位改變世界。獎項於2018年設立，旨在表揚於醫學領域有超卓成就及對社會有重要貢獻的中大醫科校友。



Global Achievement 卓越成就 Dr. LUK Che Chung 陸志聰醫生 (MBCbH 1986)



Leading Behind the Hospital Scenes

Dr. LUK Che Chung has boldly rewritten the profile of a medical graduate. This year's Global Achievement awardee has lived out his belief that there are multiple paths to helping patients. Retiring his doctor's coat more than 30 years ago after four years of clinical work, he now works within the hospital's office walls.

A "veteran" of healthcare crisis management, building projects, and healthcare team development, Dr. LUK now serves as the Cluster Chief Executive (CCE) of Hong Kong East and Hospital Chief Executive (HCE) of Pamela Youde Nethersole Eastern Hospital, Wong Chuk Hang Hospital and St. John Hospital. Prior to this role, he was the CCE of Hong Kong West, and before that, the CCE of the Kowloon East Cluster.

Having worked in a public hospital, Dr. LUK is well-acquainted with patients

from the grassroots, and believes that empathy is key to practicing the profession well. "To run a hospital well or be a good doctor, we must first understand matters like where patients live or where they buy food," he emphasised. He uses this knowledge to approach daily matters that impact the hospital's service to the general community. "By making a good decision or helping build a better system, I can help more patients than if I were treating them individually."



Indeed, his administrative expertise has spawned far-reaching contributions. In 2003, he led Kwong Wah Hospital to care for more than 100 SARS patients and over 700 isolation in-patients. But with all the praises thrown his way for his outstanding leadership during times of crisis, even today as he leads the fight against the COVID-19 pandemic, Dr. LUK shifts the limelight to the people he works with.

"We often focus on asking scientific questions like 'Is it a virus?' These are

still manageable by experts," he said. Leading thousands of hospital employees, Dr. LUK stressed that looking after people—the healthcare staff—who risk their lives to save others' has been "the most difficult issue to deal with, but also the most important."



Dr. LUK passionately talked about managing the team's thoughts and feelings as his most critical task during a pandemic. "I have to consider how to relieve colleagues' worries towards a disease that they know little about," he said. What makes the job even more challenging today is how quickly information is spread and accessed. "In 2003, the only Key Opinion Leaders were two radio DJs with scheduled talk shows in the morning and evening. Now, there are hundreds of KOLs and 24/7 information around the world. So we need to be quick to manage how people feel. We need to get the right information, be clear on the situation, and get everyone mentally prepared."

Whether it's enhancing the hospital's quality of services or supporting the team's physical and mental health during a pandemic, Dr. LUK's chosen path is abundant with opportunities to diagnose and potentially cure administrative issues. "The two



roles complement each other. I am very happy to be in administrative work. I hope to improve the system day to day and enable the medical staff to give more help to the patients. It gives me great satisfaction," added Dr. LUK.

Asked about his message to aspiring doctors, Dr. LUK reiterated the people-oriented zeal required in the profession: "If you want to be a doctor, you first need to ask yourself: Why? If you only wish to please your parents or acquire a higher social status, I urge you to think very carefully. If offering help to patients brings you satisfaction, stay determined and work hard towards your medical career," he said.



醫院的統帥

港島東醫院聯網總監陸志聰醫生身兼東區尤德夫人那打素醫院、黃竹坑醫院及長洲醫院的醫院行政總監，一直主張以同理心幫助病人，他說：「好醫生會掌握病人的生活習慣，進而知道如何為大眾提升醫院服務質素，從而建立一個優良的醫療制度，幫助的病人數目會比行醫更加多。」

2003年，他帶領廣華醫院照顧100多名沙士患者和700多名需隔離治療的病人，現時他統領多間醫院對抗新冠肺炎疫情，要照料數千位醫護人員的身心健康，他說：「同事對病毒認識不多，我要紓緩他們對疫情的擔憂，尤其現今資訊繁多，社交媒體不乏關鍵意見領袖(KOL)，我們更要緊貼社會脈搏，理解大家的感受。」

陸醫生說：「我很享受行政工作，因為和醫生的工作兩者須互相配合，令醫療系統力臻完善，從而令醫護人員為病人提供更多支援，這就是我工作上獲得的滿足感。」

問陸醫生對年輕醫生有何勸勉時？他說醫生必須以人為本：「若你想成為醫生，如果只是為了滿足父母期望，或是獲得較高社會地位，那麼我會勸你再三考慮；但若果幫助病人能讓你感到滿足的話，那麼便要為醫學專業努力不懈。」

Uplifting Lives with a Human Touch

Working with advances in medicine, Dr. LAW Sheung Wai actively advocates for the "human factor" when attending to patients—"After all, no matter how advanced medical technology becomes, it still has to be applied to the human body," he said. A Honorary Consultant of New Territories East Cluster, this year's Humanitarian Service awardee has empowered many natural disaster survivors to take brave steps back to their lives.

Since the 2008 Sichuan earthquake, Dr. LAW has personally rehabilitated many patients in the mainland through the *StandTALL Project*, the orthopaedic programme first established by Professor CHAN Kai Ming, Emeritus Professor of the Department of Orthopaedics and Traumatology at CU Medicine, in response to the earthquake.

Humanitarian Service 人道服務

Dr. LAW Sheung Wai

羅尚尉醫生 (MBChB 1993)



Dr. LAW participated in the Sichuan earthquake rescue efforts in 2008.
2008年四川發生大地震，羅醫生參與救援工作。

Dr. LAW recalled the schoolchildren who suffered severe injuries to their limbs. "Our first priority was to look after those with serious or life-threatening injuries. Sichuan Province could not handle all the severe cases so we referred some patients to Guangzhou," he reminisced. "We were sending a team every weekend to provide support for patient care after their operation. This was how our mission began."



Helping patients get on with their lives after surviving a traumatic experience proved to be the harder challenge in Dr. LAW's mission. "Initially patients thought that amputation means they would be stuck in a wheelchair for the rest of their lives," he said. While most patients saw themselves as disabled, Dr. LAW did not.



Inspired by seeing patients reclaim their lives, he introduced smart prosthetics and other advanced rehabilitation technology to mainland hospitals while providing training to over 2,000 rehab workers.

With the help of the rehabilitation team, including volunteering physiotherapists, occupational therapists and orthopaedic doctors, Dr. LAW's patients gradually realised that even with orthotic devices, they could move about like ordinary people. "Witnessing their progress was deeply touching for our entire team," said Dr. LAW, who was recognised by Hong Kong Red Cross with the Hong Kong Humanity Award 2017.



After rehabilitation, patients successfully finished the trip to Gobi Desert.
傷者復康後成功完成戈壁沙漠之旅。

Dr. LAW's relationship with patients has deepened over the years during his weekly visits to Guangzhou. Reflecting on the year 2013, when he personally experienced the Ya'an earthquake in Chengdu, Dr. LAW said, "Our whole team was scared. It was all so sudden. We experienced the helplessness felt by the injured who had lost their limbs in just a matter of minutes during the Sichuan earthquake," he said. While the experience evoked fear, Dr. LAW remains steadfast in his mission. "Yes, the danger is real and life is fragile. But seeing the lives of the injured improve keeps us going."

Today, the surgeon is as motivated as

ever to see the survivors' heartwarming progress. "I don't know how long the *StandTALL Project* will carry on, but we are driven by seeing the victims grow up, complete their studies, and get jobs. We are learning from their persistence in recovering and their perseverance in the face of adversity."

Thanks to his dedication, a female amputee now holds two university degrees, while another survivor is now a famous Paralympic table tennis player.



Eager to share his learning with other students, Dr. LAW brings them to the mainland regularly to see his rehab work up close, and put his philosophy—"If you don't put in the human factor, it won't work"—in complete action.

"The motto of CU Medicine is Transforming our Passion into Perfection. I hope that our future medical students will remember the original intention for practicing medicine. You will be very busy, encounter many challenges, and your passion may fade over time. But I hope you always uphold your professionalism (learning new techniques) and passion (helping patients)," shared Dr. LAW to aspiring doctors.

高舉人性的燭光

新界東聯網榮譽顧問醫生羅尚尉深信：「不管醫學科技如何先進，

終究還是要應用到人身上。」他曾參與不少人道工作，讓災難倖存者重新投入生活，繼續精彩人生。

2008年四川發生大地震，羅醫生參與中大醫學院矯形外科及創傷學系榮休教授陳啟明創辦的「站起來」計劃 (Stand-TALL)，致力為截肢的倖存者提供治療。他憶述：「因有太多嚴重個案，部分病人被轉介到廣州。在計劃的頭半年，我們的團隊每逢周末都會到內地去為完成手術的病人診治。」

有些病人以為截肢代表終身殘障，羅醫生需要改變他們的觀念，遂向內地醫院引入智能義肢和其他先進復康技術，培訓了當地逾2,000名復康工作人員，協助病人康復。他說：「地震傷者在頃刻失去肢體，我們整個團隊都能明白他們的無助，也更加體會生命的脆弱，但每次看見病人不屈不撓，終能如常走動都很感動，驅使我們繼續這艱鉅的使命。」

羅醫生幫助過的地震倖存者中，有年輕女截肢者修畢兩個大學學位，亦有殘疾人奧運會乒乓球選手，他還組織探訪團，帶領中大醫學生到內地親身體驗病人復康工作。羅醫生於2017年獲頒「香港人道年獎」，他說：「我希望學生都記得中大醫學院的理念 Transforming our Passion into Perfection，即使將來面對無數挑戰和磨練，都要保持仁心仁術。」



Dr. LAW led medical students to mainland to experience rehab work and inspired some of them to become orthopaedic doctor after graduation.

羅醫生帶領中大醫學生到內地體驗病人復康工作，啟發了當中有些醫學生畢業後成為骨科醫生。





Cultural Accomplishment 文化建樹
Dr. LIYEUNG Lucci Lugee
 李揚立之醫生 (MBChB 2011)

“Initially, Dumo was used only to promote animal protection and environmental awareness. But since the COVID pandemic started, I thought Dumo could play an additional role as a doctor who can teach children how to fight the disease. So now we have *Dr. Dumo et al.*,” she mused.

Inspired by a cheetah cub that the surgeon cared for during her volunteer work in Africa, Dumo’s character is far from the wild and aggressive animal that most people think they know. “The adorable Duma gets along well with humans because he had lived with humans since he was a baby. I think humans see cheetahs as being vicious, when in fact, they have a kind side too,” Dr. LIYEUNG said. Dumo’s cartoon character, now joined by other seven animal characters in *Dr. Dumo et al.*, are teaching kids and kids-at-heart about COVID-19 safety including what they can do to help stop the spread of the virus.

Educating Youth through Art and Positive Energy

A doctor by day and an illustrator by night, Dr. LIYEUNG Lucci Lugee proved that there’s always a different side—to a person or even an animal—worth celebrating. Armed with her art materials, this year’s Cultural Accomplishment awardee adds colour to her medical profession and to children’s lives through her beloved cartoon creation, Dumo.

An orthopaedic surgeon at the Prince of Wales Hospital, Dr. LIYEUNG is very familiar with the art of restoring mobility for patients. Little did she know that she would one day be mobilising community groups and COVID-19 education among children through her artwork.



Dr. LIYEUNG did a painting at the doorway of Prince of Wales Hospital for sick children. 李揚醫生在威爾斯親王醫院的走廊為病童繪畫。



Duma, the cheetah orphan in Namibia, inspired Dr. LIYEUNG to create a cartoon character. 在納米比亞的獵豹孤兒Duma啟發了李揚醫生創作卡通角色。

“I created Dumo hoping that the character can help stimulate some positive energy, and bring smiles to children during this time of adversity,” shared Dr. LIYEUNG, who spent three nights, from the time COVID-19 was reported, completing the bilingual storybook.

The book became an instant hit after being widely distributed for free, and has since been translated to more than ten languages, introducing the cartoon crew to children in other parts of Asia as well. Many organisations including some district councils, homeware stores, and child protection institutions have also shown interest in working with Dumo and his friends.



Dr. Dumo et al had been translated into over ten languages.

《抗疫小夥伴》被翻譯成超過十種語言。

Drawing on her experience creating Dumo, Dr. LIYEUNG encouraged young doctors to trust their unique abilities as they practice their profession: “Doctors are not all made out of a mould. Everyone is unique. Don’t feel discouraged if others seem to achieve more than you, because we all have strengths destined to shine.”



以藝術和正能量教育青年

威爾斯親王醫院骨科醫生李揚立之從沒預料過新冠肺炎疫情時，自己繪畫的小獵豹Dumo竟然成為孩子們的良師益友。

她笑說：「我最初畫Dumo是為了宣揚保護動物和環保的意識，到疫情爆發初期，我將Dumo畫成教導小孩抗疫的醫生。」當年她在納米比亞一所獵豹庇護所做義工，當中的獵豹孤兒Duma成為她的創作靈感，她再創作其他七個動物角色，慢慢變成《抗疫小夥伴》畫冊。

李揚醫生花了三個晚上完成這本中英對照的畫冊，她憶述：「我希望透過Dumo教導孩子們如何正確地清潔雙手和配戴口罩，並傳達正能量，在逆境時為孩子們帶來歡笑。」這本免費畫冊一面世火速大受歡迎，本地機構紛紛介紹這位獵豹醫生，連其他國家的兒童也大感興趣，至今被翻譯成超過十種語言。

李揚立之醫生鼓勵年輕醫生要在醫學專業領域盡展所長，她說：「醫生不是倒模出來，人人都與別不同，各有所長，不要因與他人比較而氣餒，因為我們每人都可發揮不同的潛能。」



Dr. LIYEUNG joined hands with the Sham Shui Po District Council to decorate a van for educating residents on anti-epidemic information.

李揚醫生與深水埗區議會合力製作抗疫流動資訊推廣車，教育區內市民防疫資訊。

Videos of awardees:



<https://www.med.cuhk.edu.hk/alumni/award>

In a global health crisis, doctors are on call more than ever. Dr. LUK, Dr. LAW, and Dr. LIYEUNG are responding to their call in uniquely extraordinary ways. From working behind the medical frontlines, to changing mindsets on the use of prosthetics, and turning a cheetah into a helpful friend, these CU Medicine alumni are bravely transforming our notions of what a doctor does, and bringing us back to the profession's essential purpose, which is to care for patients and improve the quality of their lives.

疫情肆虐全球，醫生更加任重道遠，陸醫生、羅醫生和李揚醫生以各自的才能貢獻社會，有人統領醫護前線，有人以義肢改變生命，也有人以藝術慰藉人心，這些醫科校友為醫生帶來了無限的可能，示範行醫的初衷就是照顧病人和改善其生活。



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EVENT HIGHLIGHTS

Gaining Career Insights at the Internal Medicine & Dermatology Online Workshop

About 140 CUHK Medical students had the opportunity to virtually meet and learn from CUHK medical alumni during the Internal Medicine and Dermatology Career Workshop on 27 Nov 2020. During the interactive webinar, moderated by Dr. Bonita LAW (MBChB 1992) from the Union Hospital's Breast Centre, students gained career readiness insights and advice from guest speakers who are currently practicing in various institutions. Students were also briefed on the training programme and its selection criteria.

Thanks to the staunch support of the CU Medical Alumni Buddy Group, the online event was successfully organised amid the pandemic, with guest doctors including Dr. CHOI Kin Wing (MBChB 1994) from the Department of Medicine, Alice Ho Miu Ling Nethersole Hospital; Dr. CHUI Ka Lung (MBChB 2003) from the Department of Cardiology, Prince of Wales Hospital; Professor Alice KONG (MBChB 1992) and Dr. Lily LAI (MBChB 2019) from the Department of M&T, Prince of Wales Hospital; Dr. Stanley LO (MBChB 1992) from the private practice; Dr. Steven LOO (MBChB 2002) from the Gleneagles Hospital Hong Kong's Dermatology & Venereology Department; and Infectious Disease Specialist – Dr. Bonnie WONG (MBChB 2002).



Virtual Fun Run 2021 (8th to 21st Feb 2021)

Thank you for the support from our MBChB alumni!



#FunRun2021

#CUMedicine40



For more event highlights, please visit:
<https://www.med.cuhk.edu.hk/alumni/event-recap>



ARTICLE AND PHOTO CONTRIBUTION

For all those who love to write ... here is your chance.

Send us stories about your memorable experiences, from a new move in your career or personal life, to any prizes, awards or any other interesting news you think is worth sharing with our alumni community.

Articles can be in English or Chinese (approx: 500 words). Photos are welcome.

Only stories selected by the Editorial Board will be published.

Send your articles to: **medical_alum@med.cuhk.edu.hk**

** Please provide **1** your name **2** graduation year **3** email **4** contact numbers

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