6 - Micro Modules for Students' Self-learning and Teachers' Internal Training in PE Programmes

Tools / Services

A video recorder and video editing software (Adobe Premiere Pro CS6) have been used to create the micro-modules. They are suitable and useful. The video recorder is needed for shooting exam skills demonstrations, staff development workshops and peer teaching observations so as to facilitate teaching and learning. The video editing software could synchronize 2 videos from different angles and edit them so as to let students know the teaching points of different sports clearly.

Pedagogical Uses

Flipped classroom activities have been conducted when students have extended their learning out of class by watching the relevant videos themselves with teachers' guidance or instructions.

At this stage, the micro-modules like the video links of sports of project 1 and exam skills demonstrations of project 2 would be uploaded to the intranet of PE Unit. Teachers would play video links of sports during lessons or select and upload relevant video links on Blackboard for students'self-learning. Students could identify the learning outcome of the course by watching different exam skills demonstrations themselves. By September 2015, all micromodules of project 2 would be uploaded to the PE Unit webpage so that students could engage themselves in self-learning in a more comprehensive way.