



香港健康學校獎勵計劃

得獎學校分享——鳳溪第一中學

AWARDEE SCHOOL SHARING: FUNG KAI NO. 1 SECONDARY SCHOOL

鳳溪第一中學

本校自二零零三年起參加香港健康學校獎勵計劃，至今經歷了不同階段。首先，本校將「健康學校」的主題納入三年學校發展計劃，接著成立六大範疇小組訂定政策，在教學活動或課外活動都環繞這個主題進行。其間，學校積極推行各項健康活動，例如防疫注射及預防傳染病措施，以建立安全學校環境。推行這些措施期間雖然遇到一些困難，但透過全校教職員的協作、舉辦培訓，以及外界專業支援，問題終於一一迎刃而解。

展望未來，我校將繼續為學生提供一個安全及健康的學習環境，並鼓勵、教導學生實踐健康的生活方式，讓他們擁有健康的人生，學習成效得以提高。同時，學校亦會透過已建立的健康教育框架，努力不懈地向前邁進。



綠化校園植樹
Green campus

Fung Kai No. 1 Secondary School

After participating in the Hong Kong Healthy Schools Award Scheme in 2003, we have gone through various stages of development. First, "healthy school" was incorporated into our three-year school development plan. Then teams of the six areas of a health promoting school were established, health policies were formulated, and teaching as well as extra-curricular activities were set around this theme. In due course, we actively implement health practices such as arranging vaccinations and taking precautionary measures against communicable diseases in order to develop a safe school environment. In the face of challenges at times, our colleagues



預防流感常識問答比賽
Quiz on flu prevention

worked in close collaboration towards this goal. Through staff training and also with external professional support, we were able to overcome the difficulties involved.

Looking forward, we will continue our efforts in providing a safe and healthy learning environment for our students. We believe that by encouraging and teaching them to keep a healthy life style, their learning can also be enhanced. We will further promote and implement healthy policies and practices based on the established framework to support our students in improving the quality of their life.



社區清潔活動
Keep community clean



健康小食設計比賽
Competition on health snack design