



### 保良局余李慕芬紀念學校

在 2001 年，本校的同工懷著又驚又喜的心情參加了第一屆的香港健康學校獎勵計劃，到了三年後的 2004 年，我們同樣在又驚又喜中進行評估，並獲得了銀獎的佳績，實在令全校員生及家長感到萬分雀躍及鼓舞。

此計劃促成了我校健康促進委員會編制了校本的學校健康政策，強化了校園的健康環境及安全，及積極推展了學校的健康服務及健康教育推廣活動。學校積極地承擔推動健康校園的工作，將健康的訊息由學校傳播到家庭及社區，以提昇大家對促進健康的認知，以及推動實踐健康的生活模式。

我校將繼續邁向健康學校里程的另一個新開始，希望能在這穩固的基石上再接再厲，共創美好的明天。

### Po Leung Kuk Yu Lee Mo Fan Memorial School

With the mixed feeling of fear and joy, our school joined the first Hong Kong Healthy Schools Award Scheme in 2001. With the same mixed feeling, we went through the assessment three years later in 2004. The exciting and thrilling news of the Silver Award was received by students, teachers and parents of the school with great joy and ecstasy.

Through the participation of the Scheme, the Health Promotion Committee has successfully drafted our own school-based health policy, significantly improved the health environment and safety of the school premises and we have been dedicated to organize a series of health service and health education promotion activities. Through our effort and commitment to the promotion of school health, we managed to spread the message of health education to students' family and the community, thereby increasing the public awareness of good health and promoting the model of healthy life.

Although we have been awarded with "the Hong Kong Healthy Schools Award", our road to a better health school has just begun. We will certainly strive to take a step further and build a better tomorrow on the solid basis of our achievement.



綠化校園活動

