



佛教慈敬學校

本校於2002-2003年度開始參加香港健康學校獎勵計劃，曾推行各種不同類型的健康教育活動。以過去一學年為例，零四年九月本校曾舉辦「全民潔港、活出健康」承諾日，並由校長帶領全校師生作出承諾，身體力行，注重個人及公共衛生，培養良好的生活習慣。

二零零四年九月生活教育活動計劃「哈樂車」探訪本校，協助學生建立健康的生活方式。二零零五年五月全校師生參加世界癌症研究基金會的「果」一日活動，鼓勵教職員及學生多吃蔬果。

本校亦曾與校外機構合辦各類型的小組，如香港廿青年會合辦的「飛躍成長小組」，協助同學認識濫用藥物的禍害，又與聯合情緒健康教育中心合辦「和氣指揮棒小組」，讓有需要的學生學習如何減少發脾氣的情緒和行為，並於家長日內舉辦「消除怒氣有法」家長講座。

Buddhist Chi King Primary School

Our school has joined the Hong Kong Healthy Schools Award Scheme and has organized various health education activities since 2002. In September 2004, the principal led all the staff and students to make a commitment during the Pledge Day on "Live Hygiene Live Health", attaching themselves into the importance of public and personal hygiene, and building up a healthy life style.

Also, in the same campaign in September 2004, the mobile "Harold" of Life Education Activity Programme (LEAP) visited our school. The visit let our students have a chance to learn how to live healthily. In May 2005, all the staff and students involved in the "Fruity Friday" organized by the World Cancer Research Fund Hong Kong which encourages them to eat more fruits and vegetables.

Our school has also organized different seminars with other organizations, like the "Great Improvement Group" with YWCA. This seminar helps students learn the ruin of drugs. We also organized the "Temper Management Group" with United Centre of Emotional Health and Positive Living in order to help some particular students to learn how to control their temper and emotional behaviors. The parents' seminar "How to solve your anger?" has also be held in the Parents' Day.



哈樂日車



和氣指揮棒小組



果一日活動

