



仁濟醫院王華湘中學

本校一向重視推行健康教育，務求令學生的身心得到均勻發展，達至全人教育的目標。近年，更將之推廣至教職員及家長，令受惠的人更多。

本校的健康教育分為個人健康及環境健康兩個元素。個人健康主要是透過各科目或組別的協作，以多元化的方式將健康的知識推廣及教授給學生，範疇包括生理健康、個人衛生常識、心靈健康發展等；而環境健康則包括保持環境衛生及安全、美化及綠化環境等。

近年，本校更積極參與外界機構舉辦的各類健康推廣計劃，以豐富學校健康教育的發展。例如，2001年開始參與由香港中文大學健康教育及健康促進中心舉辦的「健康學校獎勵計劃」及2002年開始參與環境保護運動委員會之「綠色學校獎勵計劃」，透過外界專業機構或人士對本校定期進行有關評估並給予專業意見，以確保學校在個人健康及環境健康的發展上，日益改善。

★ 個人健康



The Hong Kong Healthy Schools Award Scheme

Yan Chai Hospital Wong Wha San Secondary School



The Hong Kong Healthy Schools Award Scheme

We firmly believe that a comfortable, safe, harmonic and pleasant learning environment favours the growth of our students. We therefore have been doing our utmost to adopt the “whole-school approach” and “collaboration between the discipline and guidance services” since the establishment of our school, in order to guide our students to establish correct moral values and interpersonal relationship through a series of activities co-organized by different parties in the society.

In addition, we have set up the School Health Team since 2001, which aims to coordinate with other parties inside and outside the school for the policies related to the development and promotion

of school health. It provides students with support in the areas of physical, psychological and social development.

To effectively materialize our ambition of establishing an ideal healthy school campus, since 2001 we have been joining the “Hong Kong Healthy Schools Award Scheme” organized by the Centre for Health Education and Health Promotion of the Chinese University of Hong Kong. Through the professional appraisal and advice from the expertise, we successfully work out the six main concerns of our school health policy.

★ 環境健康

