



## 中華基督教會基順學校

學校自從參加了「香港健康學校獎勵計劃」之後，在周年計劃內增加了不少健康的元素，因應各個健康範疇進行了不同的健康促進活動，學生透過參與活動，在健康知識、態度和習慣上都有所改善及進步，學生亦會在家中進行健康活動，並配合家長的參與，上年度更舉辦了一項名為「啓導成長」家長教育系列，主題包括：「自理能力與獨立生活」、「建立正面行爲之技巧」、「認識體適能」、「介紹體適能運動」及「齊來做運動」，以提高家長對子女健康的關注及加強家校合作。

在社區方面，學校探訪不同機構，如老人院及其他特殊學校；上年度更邀請6間友校合作繪製環保牆，並於環保日設立不同攤位招待友校，推廣環保意識，而由學生所製作的環保龍更參加環保之友活動，在環保頒獎禮為典禮表演。

在學校行政方面，學校將制定及補充現有的政策，務求使學校更系統化，教師更主動關注學生及自己的健康，以進一步發展健康學校。



## CCC Kei Shan Special School

Since our school joined the Hong Kong Healthy Schools Award Scheme, we have added considerable health elements into our annual plan. We have carried out different health promotion activities in accordance with the various health categories of the Scheme. Through participating in these activities, students have improved their health knowledge, attitude and habits and carry out healthy activities at home. With parents' participation, we organised an education series for parents last year titled "Inspire, Guide and Grow". The themes included self-management capability and independent living, the skills of establishing positive behaviour, understanding physical fitness, introducing physical fitness exercises and doing physical exercises together. The aims were to increase parents' concern about their children's health and to strengthen the co-operation between the school and the family.

In community work, we visited different institutions, such as homes for the elderly and other special schools. In the last school term, we even invited six friendly schools to co-operate with us and created and drew on an environmental wall. We also set up different booths on Environment Day to serve the friendly schools and promote environmental awareness. An environmental dragon, which was produced by our students, participated in the activities of the Friends of the Environment and performed at the environmental prize presentation ceremony.

As far as school administration is concerned, we will formulate and supplement our existing policies in order to enable the school to be more systematic and to allow teachers to take more initiatives to express concern about the health of students and themselves. Our goal is to foster the future development of our healthy school.

