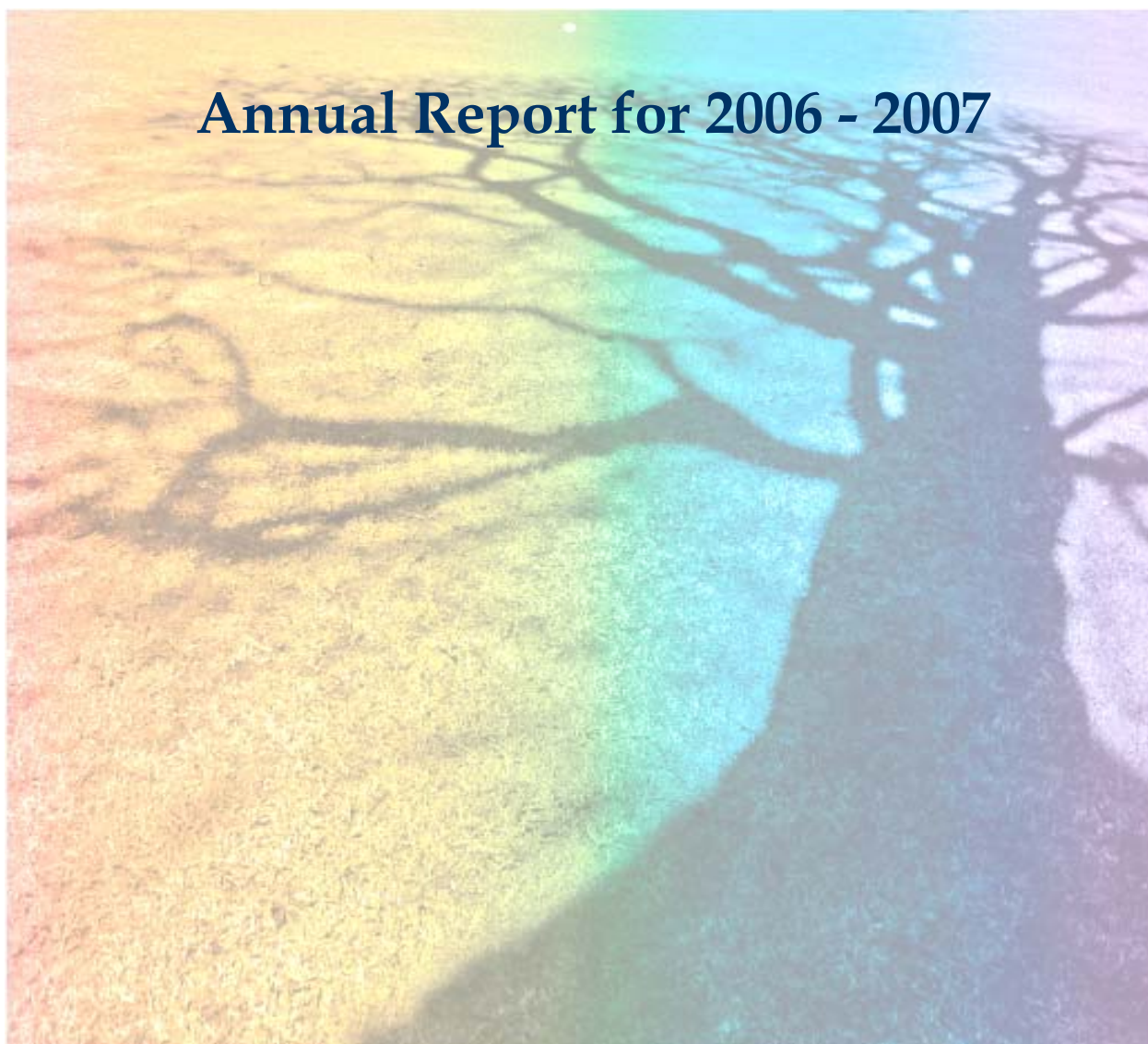


SH Ho Centre for Gerontology & Geriatrics
School of Public Health, Faculty of Medicine
The Chinese University of Hong Kong

Annual Report for 2006 - 2007



Content

- **List of projects completed**
- **List of projects ongoing or started**
- **Grants Obtained**
- **Publications**
- **Conferences Presentations**
- **Symposium organized**
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- **Other activities**

List of project completed

- ✧ **A pilot study on the use of Geung Wong in patients with Alheimers disease: has been completed.**
- ✧ **Trial of oral vitamin B12 and folate supplementation on cognitive function in patients with early dementia: has been completed.**
- ✧ **Evaluation of energy expenditure and cardiovascular health effect from Taichi and Walking exercise (Hui SSC, Woo J, Kwok TCY - completed).**
- ✧ **Comparison of rehabilitation efficiency between three hospitals and analysis of longitudinal variations within one hospital: Completed.**
- ✧ **Influenza – like illness in old age homes: natural history, clinical features, and use of hospital services: Completed.**
- ✧ **RCT of Isoflavones in men with prostatism: Completed.**

List of projects ongoing or started

- ✧ **A case management model of interdisciplinary care to improve quality of life of older people: on going.**
- ✧ **Mr and Ms Os database: study on various aspects of health in elderly Chinese men and women: 5 year follow up completed: 7 year follow up starting in 2008.**
- ✧ **Profile of elderly fallers presenting at A&E, assessment and intervention: on going.**
- ✧ **Use of hospital service in the last 3 years of life: on going.**
- ✧ **Evaluation of chronic disease self-management programme: on going.**

Grants Obtained

- National Institutes of Health
HK\$15,982,558 (From 26/8/2003 – 31/7/2008) (PI: P C Leung)
Osteoporotic Fractures in Chinese Men: Mr Os Hong Kong.
- Health and Health Services Research Fund
HK\$695,136 (From 4/2/2005 – 31/1/2007) (PI: SYS Wong)
Genitourinary Problems and Mood Disorders in Elderly Chinese Men – A First
Epidemiological Cohort Study in Hong Kong.
- Research Grants Council (Earmarked Grants)
HK\$668,457 (From 1/9/2005 – 30/6/2007) (PI: WCW Wong)
Effects of Isoflavone in Patients with Watchful Waiting Benign Prostate Hyperplasia.

- Research Fund for the Control of Infectious Diseases - Health, Welfare and Food Bureau (Woo J, Hui E, Chan PKS, Ip M, Hui DSC, Kwok T)
HK\$826,111 (From 1/3/2006 – 30/4/2007)
Influenza-like Illness in Residential Care Homes: A Study of the Incidence, Aetiological Agents, Natural History, and Health Resource Utilization.
- Endowment from the SH Ho Foundation for Geriatrics and Gerontology Training and Research, December 2005
HK\$10,000,000
- Research Grants Council, 2006 (Lee, T.F.D., Thompson, D.R., Yu, D.S.F. & Woo, J.)
HK\$472,375
Adjusting to living with chronic heart failure: A culturally relevant framework for Chinese elders.
- Health and Health Services Research Fund 2006 (Woo J, Goggins W, Zhang XH, Wong V, Griffiths S)
HK\$494,555
Ageing and use of hospital services in Hong Kong: retrospective cohort study.
- Research Fund for the Control of Infectious Diseases 2006 (Woo J, Chan FWK, Wong SYS, Lam CWK, Chan P, Wong CK, Lee A)
HK\$589,700
Chronic psychosocial stress; does it modulate immunity to influenza vaccine in Hong Kong Chinese elderly?
- Health and Health services Research Fund 2006 (PI: D Yu)
HK\$79,380
Assessing self-care behaviour of heart failure patients: cross-cultural adaptation of the Self-Care Heart Failure Index.
- Hong Kong Jockey Club Cadenza Project 2006
HK\$380,000,000

Training Component
- The Hong Kong Jockey Club Charities Trust
HK\$73,758,305
An interdisciplinary training programme for CADENZA. (PI: D Lee)
- Direct Grant – ACE gene I/D polymorphism and testosterone in older men. HK\$60,000, One year
- Direct Grant - The effect of angiotensin II type I receptor blocker on bone architecture and bone vasculature perfusion in orchidectomized male rats HK\$32,895, One year
- Tung Wah Donation - A randomized control trial of a brain preservation diet in preventing cognitive decline in old age hostel residents HK\$264,000, 2 years
- The Hong Kong Jockey Club Charities Trust (HK\$2,320,000). Co-investigator (D Lee). A pilot home-used nursing project for older people with congestive heart failure.
- Health, Welfare and Food Bureau (HK\$604,999). Co-investigator (D Lee). Advanced directive and community model of end-of-life care for elderly patients in Hong Kong.

- Health and Health Services Research Fund (HK\$618,648). Co-investigator (D Lee). The effectiveness of compression bandaging on wound healing and psychosocial outcomes in older people with venous ulcers – a randomized controlled trial.
- The Chinese University of Hong Kong (HK\$194,640). Principal investigator (D Lee). Health-related quality of life of community-dwelling older people in Hong Kong.
- UGC Teaching Development Grant (HK\$98,450). Co-investigator (D Lee). Structured learning activities to promote Nursing students' self-reflection in clinical practice courses.
- UGC Teaching Development Grant (HK\$100,000). Co-investigator (D Lee). An evaluation of two approaches to case-based learning in nursing education: A pilot project.
- RGC Earmarked Grant (HK\$442,575). Principal investigator (D Lee). Privacy and dignity in residential care homes: A culturally relevant framework for Chinese Elders.
- Research Fund for the Control of Infectious Diseases (HK\$488,928) (D Lee). Co-investigator. An evaluation of the SARS and droplet infection control practices in acute and rehabilitation hospitals in one region in Hong Kong.
- UGC Teaching Development Grants (HK\$3,250,000). Co-investigator (D Lee). Incorporating Assessments as a complementary Means to Direct Desired Learning in Nursing.

Publications

1. HUI Sai Chuen; WONG WOO Jean and KWOK Chi Yui Timothy. "Comparison of Training Effects in Blood Profiles, Body Composition, and Aerobic Fitness between Tai Chi Chuan and Walking Exercises.". *Journal of Science and Medicine in Sport* supplement. vol.9 no.6, pp.43, #102. 2006.10.01.
2. LO See Kit Raymond and WOO Jean. "Palliative Care in Old Age". *Reviews in Clinical Gerontology* vol.16 pp.35-44. 2006.
3. YU Sau Fung Doris; LEE Tze Fan Diana and WOO Jean. "Psychological Distress in Elderly Patients with Congestive Heart Failure". *Asian Journal of Gerontology and Geriatrics* vol.1 no.3, pp.93-98. Hong Kong SAR, 2006.
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Conference Presentations

1. WU SHENGHUI; ZHANG Xin-Hua and WOO Jean. "Should Asian People Have Lower Threshold of Overweight Than Caucasians? A Systematic Review of Cohort Studies". Chinese University Faculty Research Day 2006 ed. by Wu SH, Zhang XH, Woo J. Hong Kong SAR: The Chinese University of Hong Kong, 2006.08.19.
2. YEUNG P Y; WOO Jean; YIM Wai Ting; RAINER Timothy Hudson and WONG S. "Towards the Improvement of Services for Elderly Fallers Attending an Accident and Emergency Department". Paper presented in the 2nd Scientific Symposium on Emergency Medicine: Meeting a Decade of Challenges, Hong Kong, China. 20th - 21st October 2006, *Hong Kong Journal of Emergency Medicine* 2006; 13(4): 250. Hong Kong SAR, 2006.10.
3. HO CHAN Suzanne; CHAN Sui Yin Agnes; HO Yee Ping; ZEE Chung Ying Benny and WOO Jean. "Effects of Soy Isoflavones Supplementation on Cognitive Function in Chinese Postmenopausal Women: A Double-blind Randomized Controlled Trial". Paper presented in the North American Menopause Society 17th Annual Meeting, organized by North American Menopause Society, 2 pgs. 2006.10.
4. WOO Jean; CHEUNG Siu King; CHAN Wan Kin; LAU Edith Ming Chu and LEUNG Ping Chung. "The Hong Kong Adolescent Bone Health Cohort Study (ABC Study): an analysis of cross-sectional data". Paper presented in the 3rd International Osteoporosis Foundation Asia-Pacific Regional Conference on Osteoporosis & 16th Annual Meeting of the Australian and New Zealand Bone and Mineral Society, 215 pgs. 2006.10.22.
5. CHAN Wan Kin; WOO Jean; KWOK Chi Yui Timothy and GRIFFITHS Sian Meryl. "More Research on Patients' Needs should be done for the Hong Kong Hypertensive Older People". Paper presented in the 38th APACPH Conference, 2006, organized by APACPH, 166 pgs. Bangkok, Thailand, 2006.12.05.
6. CHEN Yuming; HO CHAN Suzanne; TEUCHER Brigit; HO Suk San Susan; DAINTY R Jack; LEE Kwing Chin Kenneth; SO Kam Fung and WOO Jean. "Effects of Soy Isoflavones on Calcium Metabolism and Bone Turnover in Postmenopausal Chinese Women: a Randomized-controlled Crossover Trial". *Paper presented in the 7th International Soy Symposium*, pp.1. 2007.03.

7. Lee JSW, Kwok T, Leung PC, Woo J. Medical illnesses are more important than medications as risk factors of falls in older persons: the Mr/Ms Os Hong Kong Project. 6th International Conference on Falls and Postural Instability. British Geriatrics Society. Manchester, UK, 1 September 2006.
8. Woo J. Obesity in the elderly: definition, consequences and management. International Symposium on Obesity in the Elderly. Rome, Italy, 26-28 January 2006.
9. Chau JPC, Woo J, Chang AM, Thompson DR, Kwok T, Cheung D. Prevalence of depression and its relationships with handicap, self-esteem and social support in Chinese stroke survivors. World Congress of Neurorehabilitation. Hong Kong, 12-16 February 2006.
10. Yu DSF, Lee DTF, Woo J. A randomized controlled trial of relaxation therapy in patients with heart failure. International Heart Failure Symposium. Hong Kong, 24-26 February 2006.
11. Yu DSF, Lee DTF, Woo J. Psychometric evaluation of the Chinese version of Chronic Heart Failure Questionnaire. (as above).
12. Ho W, Dai D, Lau E, Cheung I, Woo J, Rainer T. A Geriatric screening program conducted at the Observation Room of an Accident and Emergency Department. International Society for Pharmacoeconomics and Outcomes Research (ISPOR) 2nd Asian Pacific Conference. Shanghai, China, 3-7 March 2006.
13. Woo J. Keynote lecture. Community Models of Managing chronic disease. Asia Pacific Geriatric Conference. Kuala Lumpur, Malaysia, 7-9 April 2006.
14. Woo J. Plenary lecture. Frailty. (as above).
15. Woo J. Evaluation of the effect of two exercise programmes incorporated as an activity in community centres for the elderly on bone mineral density: a randomized controlled trial. World Congress on Osteoporosis. Toronto, Canada, 2-6 June 2006.
16. Kwok T, Woo J, Leung PC. Soy intake is associated with less decline in total hip bone mineral density in older Chinese men. (as above).
17. Ho SC, Woo J, Sham A. Morning walk and all-cause mortality in older adults in Hong Kong – a 10-year follow up study. Second North American Congress of Epidemiology. 21-24 June 2006, Seattle, WA, USA.
18. Woo J. Potential Future Models. Symposium on Geriatric Emergency Medicine: Controversies and complexities. 23 August 2006. Hong Kong.
19. Yeung PY, Woo J, Yim V, Chu E, Rainer T, Wong S. Towards improvement of services for elderly fallers attending Accident and Emergency Department. 7th international Conference on Falls and Postural Stability. 14 September 2006, Warwick, United Kingdom.
20. Lau MCE, Leung PC, Kwok T, Woo J, Orwoll E, Cummings S. Incidence of osteoporotic fractures in Hong Kong Chinese men and women – results from Mr and Ms Os Hong Kong, the first of such osteoporosis studies. Annual Meeting. American Society of Bone and Mineral Research. Philadelphia, USA, 15-19 September 2006.
21. Hui E, Woo J. A community model for exercise prescription for patients with chronic obstructive pulmonary disease and congestive heart failure. Symposium on Community Engagement II: “Building a successful partnership in community care”. 22 September 2006, Hong Kong.

22. Lam SP, Wing YK, Woo J. Socioeconomic status and insomnia in elderly. 5th Asian Sleep Research Society Congress, 20-23 September 2006, Seoul, Korea.
23. Chan FWK, Woo J, Kwok T, Griffiths S. Hypertension among HK elderly people. 38th APACPH Annual Conference, Bangkok, Thailand 3-6 December, 2006.
24. Telerehabilitation – a new model for community-based stroke rehabilitation World Congress of Neuro-rehabilitation (Poster) – Feb 06.
25. The Effects of Low Impact Aerobic Dance In Older Persons Annual Meeting of the Canadian Geriatric Society (Poster) – April 06.
26. A community model for exercise prescription for patients with chronic obstructive pulmonary disease and congestive heart failure. Community Engagement Symposium, Hong Kong East Cluster & St James' Settlement (Oral) – Sept 06.
27. A Geriatric Screening Program conducted in an observation ward of Accident and Emergency Department (poster presentation).
- 2nd International Society for Pharmacoeconomics and Outcomes Research (ISPOR) Asia-Pacific Conference, Shanghai, 5-7 March 2006.
28. Kwok T, Tang N, Woo J, Tomlinson B, Leung PS. Angiotensin Converting Enzyme Gene I/D Polymorphism is associated with Bone Mineral Density in Older Hypertensive Chinese Men. 3rd IOF Asia-Pacific Regional Conference on Osteoporosis, October 2006, Port Douglas, Australia.
29. Hui E, Chan F, Sham A, Chi I, Woo J. Use of restraints in residential care facilities in Hong Kong: predisposing factors and comparison with other countries.
- 8th Asia/Oceania Regional Congress of Gerontology and Geriatrics, Beijing, 22-25 October 2007.
30. KWM Ip, E Hui, CM Lum, CMW Sum, MMC Choi, ASY Yue. The effect of improving sitting posture in nursing home residents on the burden of care.
- Health Research Symposium 2007, Hong Kong, 29 September 2007.
31. LCL Heung, LCW Lam, CM Lum, IGT Yu, WM Chan. Relationship between number of children and mild cognitive impairment or dementia in community dwelling elderly Chinese women in Hong Kong.
- Annual Scientific Meeting, Hong Kong College of Community Medicine, 8 September 2007.
32. Associated factors of falls in nursing home residents in Hong Kong and the role of restraints: a cross-sectional survey using the Resident Assessment Instrument (RAI) 2.0.
- HA convention 2007, Hong Kong, 7-8 May 2007 (poster presentation).
33. Associated factors and health impact of sarcopenia in older Chinese men and women: a cross-sectional study.
- Medicine, Ageing and Nutrition 2007, Adelaide, Australia, 4-8 September 2007 (poster presentation).
34. Lower fruits, vegetables and fluids intake are associated with questionable dementia (QD) in Hong Kong Chinese: a cross-sectional study.
- International Psychogeriatrics Association 2007 Congress, Osaka, Japan, 14-18 October 2007 (poster presentation).

35. Dai D, Wang K, Liu KW, Wong A, Mok V, et al. Does magnetic resonance spectroscopy differentiate a more benign mild cognitive complaint from preclinical dementia? *Neuropsychiatric Disease and Treatment* 2006;2(3 Suppl), S14.
- 6th International Congress of Neuropsychiatry, Sydney, 10-14 September 2006.
36. Dai D, Liu KW, Wong A, Wang K, Mok V, et al. Early diagnosis of corticobasal degeneration in an elderly lady. *Neuropsychiatric Disease and Treatment* 2006;2 (3 Suppl), S90.
- 6th International Congress of Neuropsychiatry, Sydney, 10-14 September 2006.
37. Dai D, Wong A, Wang K, Liu KW, Mok V, et al. Two brothers with frontotemporal lobar degeneration confirmed on neuroimaging. *Neuropsychiatric Disease and Treatment* 2006;2(3 Suppl), S91.
- 6th International Congress of Neuropsychiatry, Sydney, 10-14 September 2006.
38. Dai D, Wang K, Wong A. Is white matter disease associated with neurochemical conversion to Alzheimer's Disease detected by Magnetic Resonance Spectroscopy (MRS)?
- World Congress on Ageing and Dementia in Chinese Communities, Hong Kong, 7-10 March 2007 (poster presentation).
39. Ma HM, Ho WS, Liu KW, Dai DLK, Woo JLF, Leung KS. A conjoint programme for elderly patients with hip fracture provides effective management of perioperative medical problems.
- World Congress on Ageing and Dementia in Chinese Communities, Hong Kong, 7-10 March 2007 (poster presentation).
40. Ma HM, Liu KW, Ho WS, Dai DLK, Woo JLF, Leung KS. Post-operative delirium in geriatric patients with hip fracture in a teaching hospital: a pilot study.
- World Congress on Ageing and Dementia in Chinese Communities, Hong Kong 7-10 March 07 (poster presentation).
41. Ma HM, Liu KW, Ho WS, Dai DLK, Woo JLF, Leung KS. Validation of a discriminating question in screening postoperative delirium in geriatric patients: a pilot study.
- 4th Hong Kong International Orthopaedic Forum, Hong Kong, 21-22 April 07 (poster presentation).
42. Tang M, Ho W, KW Liu, Lau E, Dai D, Leung KS, Woo J. Pulmonary embolism and deep vein thrombosis among geriatric patients with acute hip fracture in orthopedic ward.
- International Symposium on Comprehensive Care of Fragility Fracture from Hospital to Community, Hong Kong, 22 Sept 2007 (poster presentation).
43. Tang M, Woo J, Hui E, Chan F, Chi I, Sham A, Lee J. Use of Accident & Emergency Department (AED) and hospitalization by residential care institutions in Hong Kong.
- HA Convention 2007, Hong Kong, 7-8 May 2007 (poster presentation).
44. Common pitfalls and case discussion in Observation Room.
- Emergency in Elderly: Controversies and Complexities, Hong Kong, Aug 06.
45. Ho W, Liu KW, Lau E, Dai D, Leung KS, Woo J. The effectiveness of implementing a geriatric intervention for elderly patients with acute hip fracture.
- International Symposium on Comprehensive Care of Fragility Fracture from Hospital to Community, Hong Kong, 22 September 2007 (poster presentation).

46. Ho W, KW Liu, Lau E, Dai D, Leung KS, Woo J. To study the mortality and morbidity of elderly hip fracture patients undergo non-operative management.
 - International Symposium on Comprehensive Care of Fragility Fracture from Hospital to Community, Hong Kong, 22 September 2007 (poster presentation).
47. Lo RSK, Cheng J, Chan F, Woo J. Anticipatory grief therapy for end-of-life patients.
 - The 7th Asia Pacific Hospice Conference 2007, Philippines, 27-29 September 2007.
48. Lo RSK, Kwan B, Kwan C, Woo J. The needs, expectations, knowledge and attitudes on provision of palliative care in old age homes among care staff.
 - The 7th Asia Pacific Hospice Conference 2007, Philippines, 27-29 September 2007.
49. Lo RSK. Quality of life of elderly terminal patients.
 - 8th Asia/Oceania Regional Congress of Gerontology and Geriatrics, Beijing, 22-25 October 2007.
50. Yeung PY, Woo J, Yim V, Chu E, Rainer T, Wong S. Towards Improvement of Services for Elderly Fallers Attending Accident & Emergency Department.
 - 14th International Conference on Falls and Postural Instability in United Kingdom, September 2006 (Poster Presentation).
51. Yeung PY, Woo J, Yim V, Chu E, Rainer T, Wong S. Towards Improvement of Services for Elderly Fallers Attending Accident & Emergency Department.
 - 14th Annual Congress of Gerontology in Hong Kong, November 2006 (Oral Presentation).
52. Yeung PY, Woo J, Lai T, Chan W, Cheung D, Wong S, Rainer T. Profile of Elderly Fallers Attending Accident & Emergency Department & Its Implications to Current Elderly Health Services in NTEC.
 - Hospital Authority Convention 2007, May 2007 (Poster Presentation).
53. Lee, T.F.D. (2007). Community geriatric nurses: promoting care in nursing homes. Symposium speech at the 8th Asia/Oceania Regional Congress of Gerontology and Geriatrics. Beijing, China, October 2007.
54. Wong, I.Y.K., Lee, T.F.D. & Thompson, D.R. (2006). What is new about compression: A randomized controlled trial comparing modern wound management alone or in combination with either short stretch or long stretch compression bandages for the treatment of venous ulceration. Symposium speech at the 48th Annual Meeting of the German Society of Phlebology. Rostock, Germany, October 2006.
55. Lee, T.F.D. (2006). Promoting person-centred care for elders in Chinese residential care homes. Keynote speech at the Faculty Seminar of the Faculty of Health and Social Care Sciences, Kingston University – St. George’s London University, September 2006.
56. Lee, T.F.D. (2007). Meeting the health challenges of 21st century: opportunities for nursing. Keynote speech at the International Conference on Nursing. Xian, China, October 2007.
57. Lee, T.F.D. (2006). Care of the older people. A 4-day workshop organized by School of Nursing, Fudan University, China.
58. Lee, T.F.D. & Wong, I.Y.K. (2007). Chronic wounds: why some heal and others don’t? Plenary speech at the 4th CUHK Dermatology Symposium. Hong Kong, October 2007.
59. Lee, T.F.D. (2006). The evidence-practice gap. Keynote speech at the Nursing Research Seminar of New Territories West Cluster of Hospital Authority. Hong Kong, May 2006.

60. Lee, T.F.D. (2007). Oral health status and oral health-related quality of life of older patients. Keynote speech at the First Scientific Meeting of the Hong Kong Nurses Association of Gerontology. Hong Kong, April 2007.
61. Lee, T.F.D. (2007). Use of restraints and falls in hospital: local practice. Keynote speech at the annual symposium of the SH Ho Centre for Gerontology and Geriatrics. Hong Kong, March 2007.
62. Lee, T.F.D. (2007). Person-centred care for Chinese residential care home elders. Paper presented at the 8th Asia/Oceania Regional Congress of Gerontology and Geriatrics, Beijing, China, October 2007.
63. Low, L.P.L., Nolan, M.R., Davis., & Lee, T.F.D. (2007). Making everyday decisions for older people in residential care: staff perspectives. Paper presented at the 36th Annual Conference of the British Society of Gerontology, Sheffield, UK, September, 2007.
64. Li, L.W., Low, L.P.L. & Lee, T.F.D. (2007). Chinese women's experiences of coping with urinary incontinence. Paper presented at Pi Iota Chapter, Honor Society of Nursing, Sigma International. Hong Kong, April, 2007.
65. Low, L.P.L., Lee, T.F.D., Chan, W.Y. & Lee, K.Y. (2006). Privacy in residential care homes – perspectives of older people. Paper presented in the 4th World Congress on Long Term Care in Chinese. Macau, October 2006.
66. Lee, T.F.D. & Mackenzie, A. (2006). Adjusting to residential care placement of their older relatives: Chinese families' perspectives. Paper presented at British Society of Gerontology 35th Annual Scientific Meeting, Bangor, UK, September, 2006.
67. Lui, M.H.L., Ross, M.F. & Lee, T.F.D. (2006). Problem solving abilities among Hong Kong family carers of stroke survivors. Paper presented at Nursing Research Conference on Research into Practice, London, June, 2006.
68. Chau, J.P.C., Thompson, D.R., Lopez, V., Twinn, S., Lee, T.F.D. & Ho, S.Y. (2006). Health care workers' knowledge of hospital infection control guidelines: a multidisciplinary survey. Hospital Authority Convention 2006, Hong Kong, May 2006.
69. Yu, D.S.F., Lee, T.F.D. & Woo, J. (2006). The development and psychometric testing of the Chinese version of the Chronic Heart Failure Questionnaire (CHQ-C). Conference on Quality of Life Research in Asia. Hong Kong, April, 2006.
70. Yu, D,S,F., Lee, T.F.D., Woo, J. & Thompson DR (2006). Correlates of health-related quality of life in Chinese patients with heart failure. Conference on Quality of Life Research in Asia, Hong Kong, April, 2006.
71. Wong, K.Y.I., Lee, T.F.D. & Thompson, D. (2006). Relationship among nutrition status, mobility level, ulcer size, and ulcer duration in Chinese patients with venous ulcer. Paper presented at Australian Wound Management Association 6th National Conference, Canberra, Australia, March 2006.

Symposium organized

Annual Scientific Symposium 2007 of the SH Ho Centre for Gerontology and Geriatrics “Use of restraints and falls in hospitals: what is best practice?” was held on 24 March 2007. This conference provided a forum for care providers to share their experiences and promulgate good practices. Influential speaker, Professor Helen Bartlett, Director of Australia Centre on Ageing was invited to give speech on the topic. Nine elderly representatives from ELCHK, Shatin Multi-service Centre for the Elderly were invited to have a dance performance.



Interaction with media

Newspaper interviewed about sarcopenia by “The Oriental” (Health section) on Sept 07.

Interviewed by I-cable TV regarding Cadenza project.

Other activities

Organizer of World Congress on Ageing and Dementia in Chinese Communities 2007 which was held from 7 March 2007 to 10 March 2007 in Hong Kong.

Prof. Woo gave a lecture on Asia Forum on Musculoskeletal disease: Treating Osteoporosis, Managing Pain, which was held from 17 to 18 March 2007 in Taipei. Topic is “Vitamin D Inadequacy: Clinical Implications and Addressing the Problem in Asia”.



SH Ho Centre for Gerontology and Geriatrics' booth during Open Day of School of Public Health on 20 January 2007.



A Supermarket tour was jointly organized by the Centre for Nutrition Studies, Cadenza project; and Tung Wah Group for the elderly people on 17 April 2007. The aim was to let the elderly people know more about nutrients label and nutrient fact on different kind of foods, and the concept of balanced diet.

Postgraduate Diploma in End-of-Life Care programme was launched in September 2007, 17 students from various allied health background such as doctor, nurse and social worker were enrolled.

Dr Elsie Hui was one of the speakers in U21 E-Health Workshop organized by The University of Hong Kong on 24 to 25 September 2007. Her talk was on the topic of Tele-geriatrics.

SH Ho Geriatrics Fellowships 2007 were awarded to Dr Mok Ka Wai and Dr Au Kar Ming on October 2007.

Centre Director and Staff of SH Ho Centre for Gerontology and Geriatrics

