

If you have problems viewing the newsletter, please click [HERE](#). 如閱讀此電子快訊時有任何問題，請按此處。

For problems viewing CHINESE words in this email, please right click the mouse and choose Encoding and then Unicode (UTF-8).
You can also contact Mr. Jason Cheng at jasoncheng@cuhk.edu.hk or 3943 3989 for technical support.

The Sunny Bi-Weekly

7th June 2021



Sunny Review 上周回顧

- [1. Wisdom in Hold, Elegance in Mold: Hong Kong Inter-Primary School Chinese Proficiency Competition 腹有詩書 — 全港小學校際中國語文常識問答比賽 <New>](#)
- [2. Overseas Alumni Sharing - Australia & Sweden <New>](#)



College Activities 書院活動

- [1. Overseas Alumni Sharing - France <This Thu>](#)
- [2. 布匹設計比賽 - 舊日時光](#)

College Announcements 宣佈事項

- [1. New College Members 新增書院成員 <New>](#)
- [2. Application for Student Hostel Residence 2021-22 \(for Local Students\) 2021 至 22 年度學生宿舍申請須知 \(本地舊生適用\) <Deadline This Wed>](#)
- [3. Vaccination and Testing Arrangements for Hostel Accommodation in 2021/22](#)
- [4. Campus Arrangements](#)
- [5. Temporary Closure of College Catering Outlets 書院膳堂暫停營業](#)
- [6. "Meet the Dean" Hours 輔導長時間](#)
- [7. Student Pastoral Care](#)
- [8. WYS's Got Talents - Photography, Poster Design, MC and a lot more!](#)
- [9. Membership Recruitment - WYS Alumni Association 伍宜孫書院校友會會員招募](#)

College Funding & Award Schemes (Year-round Application) 書院資助及獎勵計劃 (全年可供申請)

- [1. Self-Motivation Fund for Green Activities](#)
- [2. Mingle Fund](#)
- [3. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃](#)
- [4. Service-learning Project Funding Scheme 服務學習 項目資助計劃](#)

Other Activities & Announcements 其他活動及宣佈事項

- [1. Online Survey for Full-time Year One Undergraduate Students <New>](#)
- [2. CUHK Motion E-sports Triathlon E-Sports <New>](#)
- [3. The Esther Yewpick Lee Millennium Scholarship 2022](#)
- [4. AIESEC CUHK <TWINTERNSHIP: 滿足你海外本地都有 intern 做嘅願望>](#)
- [5. 心事日光浴 Emotion Sunbathing by Sunshine at CUHK](#)
- [6. CUHK Independent Learning Centre \(ILC\)](#)
- [7. Flourishing First Year Programme 心盛計劃 2020-21](#)
- [8. Community Resources for Emotional Support](#)

Sunny Review

- [1. Wisdom in Hold, Elegance in Mold: Hong Kong Inter-Primary School Chinese Proficiency Competition 腹有詩書 — 全港小學校際中國語文常識問答比賽](#)



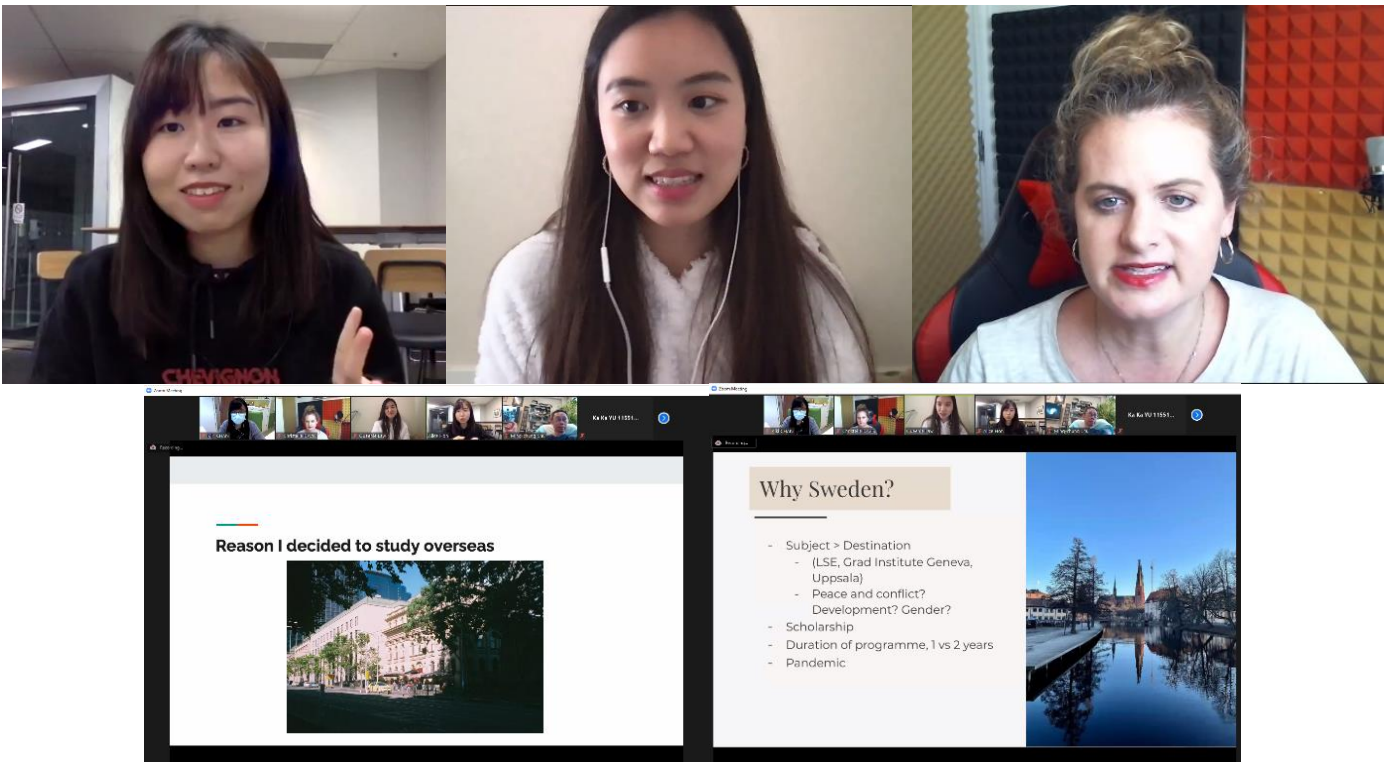
Organized by Master Insight.com, sponsored by Standing Committee on Language Education and Research (SCOLAR) and supported by Wu Yee Sun College, the event “Wisdom in Hold, Elegance in Mold: Hong Kong Inter-Primary School Chinese Proficiency Competition” was held on 29th May 2021 (Sat) at YIA of the Chinese University of Hong Kong. The competition aims to encourage students to read more Chinese books and raise their interest in learning Chinese language and culture through joining the competition. Professor Anthony T.C. Chan (陳德章教授), College Master, Professor Kam-fai Wong (黃錦輝教授), Associate College Master, Professor Ming-kay Poon (潘銘基教授), Dean of Students also attended this event on that day to show support to the teams. After the keen competition, the champion went to the team of Ying Wa Primary School.



由灼見名家傳媒主辦、語文教育及研究常務委員會贊助及伍宜孫書院支持的「腹有詩書－全港小學校際中國語文常識問答比賽」已於2021年5月29日(星期六)假香港中文大學康本國際學術園舉行。是次活動旨在讓學生透過參加比賽，鼓勵閱讀，並提升同學對學習中國語文和中國文化的興趣。書院院長陳德章教授、書院副院長黃錦輝教授及書院輔導長潘銘基教授亦於活動當日到場支持。經過一輪激烈的比賽後，最終由英華小學奪得冠軍。

[\(Back to top\)](#)

2. Overseas Alumni Sharing - Australia & Sweden



The second session of the Overseas Alumni Sharing Series was conducted by Miss Alice Hon (Sociology/2019) and Miss Queenie Law (Government and Public Administration/ 2019) on 25th May 2021. Miss Hon and Miss Law shared how they decided to pursue further studies in Australia and Sweden, the challenges they have encountered and the differences in learning style between studying in Hong Kong and other foreign countries. They further shared tips of applying Master's degree with students and alumni.

We were grateful to Dr Christelle Davis, Lecturer of English Learning and Teaching Unit and Member of Student Exchange Committee, for moderating the Sharing Session.

[\(Back to top\)](#)

College Activities

1. Overseas Alumni Sharing - France

Overseas Alumni Sharing

#France

Event Details

Date: 10 June 2021 (Thu)

Time: 6:30pm

Format: Zoom

Moderator: Dr Celeste Ewig
(School of Pharmacy)

Medium: English



Ceci Yip graduated from Hotel and Tourism Management in 2016, currently living and working in Lille, France. Her journey in France commenced during the exchange programme in Year 3. The semester in Lille was an eye-opening experience and she fell in love with the French language, cultures and the people. After graduation, she worked in a travel agency specializing in corporate events and incentive tours. Later, she joined Decathlon Hong Kong as a basketball sport leader, this job opened another door for her and led her back to France. Now she is based in the headquarter of Decathlon France as a freelance content writer and workshop facilitator.

Enquiries:
Miss Kiki Chan (3943 3935 / kikiwokchan@cuhk.edu.hk)
Miss Rachel Poon (3943 3942 / rachelpoon@cuhk.edu.hk) Register at <https://bit.ly/3uEu5r8>

(Please scroll down for English version)

海外校友分享第三場邀請到葉泳詩校友 (酒店及旅遊管理/2016)，她於在學期間參加交換生計劃到法國里爾，畢業後曾任職旅行社，機緣巧合之後，她得到了去法國工作的機會，現於法國 Decathlon 總部任職撰稿員及工作坊引導。

想知道更多 Ceci 如何由參加交換計劃，繼而在法國發展自己的職涯，立即登記參加校友分享會。

日期：2021 年 6 月 10 日 (星期四)

時間：6:30 pm

形式：Zoom

主持人：余南瑛博士 (藥劑學院高級講師)

語言：英文

報名：

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13239907>

Have you ever imagined working in the place where you have exchange? In the third session of the Alumni Sharing Series, we have invited Miss Ceci Yip (Hotel and Tourism Management/2016) to share with us her journey from taking exchange to working in Lille, France.

Register now to know more about the path and get some inspirations from her!

Date: 10th Jun 2021 (Thu)

Time: 6:30 pm

Format: Zoom

Moderator: Dr Celeste Ewig (Senior Lecturer, School of Pharmacy)

Medium: English

Registration:

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13239907>

Ceci Yip graduated from Hotel and Tourism Management in 2016, currently living and working in Lille, France. Her journey in France commenced during the exchange programme in Year 3. The semester in Lille was an eye-opening experience and she fell in love with the French language, cultures and the people. After graduation, she worked in a travel agency specializing in corporate events and incentive tours. Later, she joined Decathlon Hong Kong as a basketball sport leader, this job opened another door for her and led her back to France. Now she is based in the headquarter of Decathlon France as a freelance content writer and workshop facilitator.

Enquiries:

Miss Kiki Chan (3943 3935 / kikiwokchan@cuhk.edu.hk)

Miss Rachel Poon (3943 3942 / rachelpoon@cuhk.edu.hk)

[\(Back to top\)](#)

2. 布匹設計比賽 - 舊日時光

<以下內容由創意實驗室委員撰寫，並經書院傳送。>



你仲記唔記得某年某日，記得當時見到嘅景物？舊地重遊，有些事、有些人與物也許只存留在自己心底之中。我哋WYS clab 以「舊日時光」為主題，舉辦布匹設計比賽，不妨設計出你心底的那個「舊日時光」，於6月17日前把作品遞交到 wyslab@hk@gmail.com

詳見海報資料。

UNIVERSITY OF THE SUNNIES
布匹設計比賽2021
舊日情懷

UNIVERSITY OF THE SUNNIES
布匹設計比賽2021
舊日情懷

比賽細則

- 參賽者須以個人形式參賽，每人只可遞交一幅作品
- 參賽者須電郵參賽作品，附50-100字的作品簡介到 wysclabcuhk@gmail.com
- 參賽作品的檔案名稱須為參賽者的英文全名 (E.g. ChanTamen)
- 參加者按主題創作，自行命名作品，或使用「懷舊——」(——自定)，並加以闡述
- 參賽者須保留參賽作品以供之後參考所用
- 參賽作品有機會被選中印在布上，用來製作口舍包
- 參賽作品不能含有淫褻、暴力、色情、誹謗、不良意識、侮辱成分或任何具爭議性及不適當的內容。
- 得獎者將於七月接獲通知
- 主辦單位保留對比賽規則、比賽結果及頒授獎項的最終決定權。如評審團認為參賽作品未達水準，若干獎項可能從缺。
- 得獎作品需提供高解象度的作品設計，供書院使用

UNIVERSITY OF THE SUNNIES
send to wysclabcuhk@gmail.com

UNIVERSITY OF THE SUNNIES
send to wysclabcuhk@gmail.com

評審標準

- 內容切合主題：40%
- 獨特性&創意：30%
- 整體構圖&技巧：20%
- 印刷及製作的可行性：10%

[\(Back to top\)](#)

College Announcements

1. New College Members 新增書院成員

The following CUHK staff members have recently joined Wu Yee Sun College as teacher affiliate. Warm welcome from all the Sunnies!



Professor Jacques P.K. IP 葉栢勤教授
Assistant Professor, School of Biomedical Sciences
BSc (Sydney); PhD (HKUST)

Prof. IP obtained his B.Sc. in Biochemistry from the University of Sydney with first class honours and university medal, and then received his Ph.D. in Biochemistry at The Hong Kong University of Science and Technology (HKUST). He received further post-doctoral training at the Picower Institute for Learning and Memory, Massachusetts Institute of Technology (MIT). He has devoted his research to investigate the mechanisms of neuroplasticity, and will continue to expand his research focus on how such mechanistic defects result in autism-related disorders through the use of multidisciplinary approaches. The foundation of his research builds on bridging the gaps between disciplines, particularly in molecular and system neuroscience, and also the gap between neurobiological research and problems in human medicine. His long-term goal is to apply multidisciplinary cutting-edge neurotechnology to probe brain function in health and disease.



Professor LIU Li 劉立教授
Research Assistant Professor, Department of Electronic Engineering
BEng, MEng (Tianjin); PhD (Bern)

Professor Liu received his Ph.D. degree in Biomedical Engineering from the University of Bern, Switzerland, and then worked as a postdoctoral fellow at the University of Bern and the Chinese University of Hong Kong. He held the position of assistant professor in the School of Biomedical Engineering at Shenzhen University since 2016. In 2019 he joined CUHK as a faculty member. He has served as Program and Publication Chair of many international conferences including Publication Chair of IEEE ICIA 2017, 2018 and Program Chair of ICIA 2019. He is a recipient of the Distinguished Doctorate Dissertation Award, Swiss Institute of Computer Assisted Surgery (2016), the MICCAI Student Travel Award (2014) and the Best Paper Award of IEEE ICIA (2009).



Professor Jerry J.K. XU 許建坤教授
Assistant Professor, Department of Orthopaedics and Traumatology
MB, MM (Shantou); PhD (CUHK)

Professor Xu is an Assistant Professor in the Department of Orthopaedics & Traumatology, the Chinese University of Hong Kong (CUHK). With clinical training background in Orthopaedics and in-depth understanding on musculoskeletal disorders, Professor Xu has devoted himself as an independent clinician-scientist and is good at establishing animal models which is relatively important for orthopaedics research. He is the founding member of Sports Medicine Physician Union in Guangdong-Hong Kong-Macao Greater Bay Area, and members of ten other associations including Hong Kong Scientist Association.

[\(Back to top\)](#)

2. Application for Student Hostel Residence 2021-22 (for Local Students) 2021 至 22 年度學生宿舍申請須知〔本地舊生適用〕

Online application for hostel residence 2021-22 (for local students) will be due on **9th Jun 2021 (This Wed)**. Before applying for student hostel residence, please carefully read the *Application Note* at https://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1622182406WYS_Hostel_202122_LocalNF_ApplicationNote.pdf.

[\(Back to top\)](#)

3. Vaccination and Testing Arrangements for Hostel Accommodation in 2021/22

While embracing summer, we are planning for better preparation in the next academic year. The University has issued an announcement recently entitled "[Latest Health Advisories from the University for New Academic Year](#)" to strongly encourage students to receive COVID-19 vaccination at the earliest opportunity and lay out directions on student activities and hostel accommodation arrangements for 2021/22. In alignment with the University policy, we strive to resume normal capacity at hostels while safeguarding the health and wellbeing of all our students and colleagues.

Hostel accommodation presents challenges for physical distancing. Shared spaces can also increase the risk of cross-infections. Student residents are therefore strongly encouraged to get COVID-19 vaccine. Vaccination bookings could be made via the following link: <https://www.covidvaccine.gov.hk/en/>. Students who have queries on the efficacy and safety of vaccination may refer to the recording of "Information Session on Vaccination and Testing Arrangements" held on 17th May at <https://www.wys.cuhk.edu.hk/news/information-session-on-vaccination-and-testing-arrangements/>. The session was conducted in Cantonese and supplemented by slides in English. You may also consult with your family doctor for medical advice.

To identify infected people who are asymptomatic, student residents who have not been vaccinated against COVID-19 will be required to undergo an entry test before admission to hostel and a COVID-19 test every two weeks afterwards at their own expense. Those who have been fully vaccinated for more than 14 days can be exempted from entry and serial tests. Detailed arrangements will be worked out in due course. Students who have a contraindication to vaccination and encounter financial difficulties to cover the cost of serial test may seek assistance from College.

Whether you are vaccinated or not, all members of College should continue to follow all College preventive and control measures against COVID-19, including mask wearing, social distancing and frequent hand washing.

Stay healthy and positive. We look forward to welcoming you back to the campus in September!

迎接初夏之時，我們亦正積極為新學年做好準備。大學近日發出題為「[大學就新學年發出的健康建議](#)」的電郵，鼓勵同學盡早接種疫苗及闡述 2021/22 年度學生活動及宿舍安排的方向。因應大學最新政策，我們亦期盼在恢復書院宿舍入住人數至原有水平，以及保障所有員生的健康與福祉之間取得平衡。

入住宿舍為維持社交距離帶來挑戰，共用空間亦增加交叉感染風險。因此，我們強烈鼓勵同學接種疫苗。同學可以透過以下連結 <https://www.covidvaccine.gov.hk/zh-HK/> 於網上預約疫苗注射服務。同學若關注疫苗的安全性及功效，可瀏覽以下網址 <https://www.wys.cuhk.edu.hk/news/information-session-on-vaccination-and-testing-arrangements/?lang=zh> 觀看於 5 月 17 日舉行的「接種疫苗及檢測安排簡介會」之錄影片段，會面以粵語進行並輔以英語簡報。你亦可先諮詢家庭醫生的意見。

為識別無症狀感染者，未接種疫苗的宿生在入宿前需要進行新冠病毒檢測，其後每隔兩星期亦要自費接受病毒檢測。至於已經完成接種疫苗超過 14 天的學生則可獲豁免定期檢測。實際檢測安排有待公布。獲醫生證明不適合接種疫苗並因經濟困難而難以負擔定期檢測費用的同學，可向書院尋求協助。

不論你曾否接種疫苗，所有書院成員應繼續遵守書院防疫措施，包括配戴口罩、保持社交距離及勤洗手。

盼望各位保持身心健康。期待九月書院重聚！

[\(Back to top\)](#)

4. Campus Arrangements

Non-residents may return to College **during 9:00 am - 10:30 pm daily starting from 26th Apr 2021**. Please be reminded that **ALL** students must follow below procedures before entering into College. **If students have taken a COVID-19 test, please stay at home until the test result is available.**

1. Tap students' own CU Link to access the main entrance of College buildings
2. Measure body temperature at the counter at College Gallery (*If body temperature is above 37.5 °C, s/he will not be allowed to enter into College*)
3. Fill in the registration form with **complete and accurate information** (e.g. fill in FULL name, not alias) at the same counter
4. Sanitize hands

Please be reminded that NO VISITORS (including WYS non-residents) will be allowed to enter the hostel floors. Students cannot bring in unauthorized persons or allow them to follow behind you to enter into the College. Unauthorized persons or illegal residents will jeopardize the accuracy of contact tracing. In order to protect your own health, violations will result in disciplinary actions.

The opening hour of College facilities is also updated in below table.

	Residents	Non-residents
Learning Commons	9:00 am - 12:00 am (Daily, 26 th Apr - 18 th May 2021) 9:00 am - 10:30 pm (Daily, 19 th May 2021 onwards)	9:00 am - 10:30 pm (Daily)
Piano Room	9:00 am - 10:30 pm (Daily)	9:00 am - 10:30 pm (Daily)

Yan Chak Study Room <i>(for non-residents only)</i>	N/A	9:00 am – 10:30 pm (Daily)
College Gymnasium* <i>(for authorized users only)</i>	9:00 am – 5:30 pm (Monday to Friday, EXCEPT public holidays)	9:00 am – 5:30 pm (Monday to Friday, EXCEPT public holidays)

*Please read through and follow guidelines on the latest arrangement of College Gymnasium via mass email dated 21st Apr 2021. First-time users should bring the valid (i) CU Link Card and (ii) CUHK Fitness Room User Card to College Office (G03) for registration. Please be reminded to wear masks during exercises as well.

[\(Back to top\)](#)

5. Temporary Closure of College Catering Outlets 書院膳堂暫停營業

Due to the spread of the novel coronavirus, Student Canteen, Staff Dining Room and Café at Wu Yee Sun College are temporarily closed until further notice. We are sorry for the inconvenience caused.

[\(Back to top\)](#)

6. “Meet the Dean” Hours 輔導長時間

["Meet the Dean" Hour is temporarily suspended and will be resumed once the circumstances allow. If you wish to talk to Dean of Students during this period, please email sammykwan@cuhk.edu.hk for arrangement.]

“Meet the Dean” Hours is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned.

You talk. We listen. Even if you want to keep it to your heart, we still stand by your side.

The session is hosted by:

- Professor Ming-kay Poon (潘銘基教授), College Dean of Students and Associate Professor at the Department of Chinese Language and Literature
- Dr. Po-kin Leung (梁寶建博士), College Associate Dean of Students and Lecturer at the Department of Physics
- Professor Kelvin K.F. Tsoi (蔡錦輝教授), College Associate Dean of Students and Associate Professor at Jockey Club School of Public Health and Primary Care

Every Sunnie is welcome!

Enquiries:

Ms. Sammy Kwan (sammykwan@cuhk.edu.hk / 3943 9775)

Miss Florence Tsui (florencetsui@cuhk.edu.hk / 3943 9767)

Miss KiKi Chan (kikiwokchan@cuhk.edu.hk / 3943 3935)

[\(Back to top\)](#)

7. Student Pastoral Care

Sometimes you find yourself with these negative emotions: lost, alone, aimless or confused as you adjust to university life or pursue personal growth. Share your feeling with others will help release your emotions and gain new perspectives! DON'T be afraid to ask for help. Our College Dean of Students would be more than happy to speak to you and give you advices, below are the contact numbers you may wish to know.

1) You are welcome to speak with our **College Dean of Students** when you have problems that need resolving. Please email sammykwan@cuhk.edu.hk for arrangement.

2) You may also approach the **University's Wellness and Counselling Centre** at **3943 7208** for help.

3) A **24-hour Emotional Support Hotline** at **5400 2055** is available to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations.

[\(Back to top\)](#)

8. WYS's Got Talents - Photography, Poster Design, MC and a lot more!

Are you interested in or excellent at any of the fields below?

--- **Photography / Video-production**

--- **Art & Design (e.g. posters or infographics)**

--- **Simultaneous Interpretation**

--- **Master of Ceremonies**

--- **Audio & Video Control**

--- **Writing (e.g. creative writing or student reporter in publications)**

The College is recruiting all sorts of talents to contribute in various College events. Registered students may be invited to assist in different occasions. Don't hide your talents, shine in the College!

P.S. CREATIVITY COUNTS!!!

Let us know what you are interested in and excellent at: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838>

Enquiries:

Miss Chillies Tam (chilliestam@cuhk.edu.hk) / 3943 3934)

[\(Back to top\)](#)

9. Membership Recruitment - WYS Alumni Association 伍宜孫書院校友會會員招募

Want to stay in touch with your college friends? Expand your professional network? Give back to the College? WYS Alumni Association lets you take college bonds beyond student life. You can get a lifelong membership for just \$500. Apply now, and you will receive a set of 4 reusable drinking straws! (While stocks last)

Simply fill in the [application form](#), and return to the College Office (G/F, Wu Yee Sun College) with the membership fee.

想跟書院同學保持聯繫？想擴闊人際網絡？想回饋書院？透過伍宜孫書院校友會，你可以將學生時代的關係延續下去。終生會籍只需 500 元。現時申請，更可獲贈一套四支環保飲管（先到先得，送完即止）。

各位同學只須填妥 [申請表](#)，連同會員費，交回伍宜孫書院地下院務室即可。

[\(Back to top\)](#)

College Funding & Awards Schemes

1. Self-Motivation Fund for Green Activities

Self-Motivation Fund for **GREEN** Activities



Self-Motivation Fund for Green Activities encourages students to participate in various kinds of green activities that promotes sustainability and environmental consciousness.



Green Activities

Max. Funding Amount:

\$1500

or 80% (whichever is lower)

Examples:

Eco-cultural Tour,
Upcycling Workshops,
Forest Bath

Qualification Courses for Instructor of Green Activities



Max. Funding Amount:

\$4000

or 80% (whichever is lower)

Examples:

Horticultural Therapists,
Trainer for Organic Farming,
Docent Training on Ecotourism

Application &
Guidelines:



Enquiries:

Ms Sonia Yu (3943-3937/soniayu@cuhk.edu.hk)

Self-Motivation Fund for Green Activities encourages students to participate in various kinds of green activities that promotes sustainability and environmental consciousness.

Funding Amount:

Green Activities: Max. **\$1,500**

Qualification Courses for Instructors of Green Activities: Max. **\$4,000**

Details: <https://www.wys.cuhk.edu.hk/whole-person-development/green/>

Applications for Self-Motivation Fund for Sports Activities and Self-Motivation Fund for Health and Well-being Activities are CLOSED as the funds are exhausted. Students may apply again starting from 1st Aug 2021.

Self-motivation Fund for Green Activities is still open for application.

Enquiries:

Ms. Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937)

[\(Back to top\)](#)

2. Mingle Fund



Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College.

The Fund mainly supports daily and social activities with the participation of Both local students And international / incoming exchange students (i.e. there should be at least one local student AND at least one international / incoming exchange student.)

Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity.

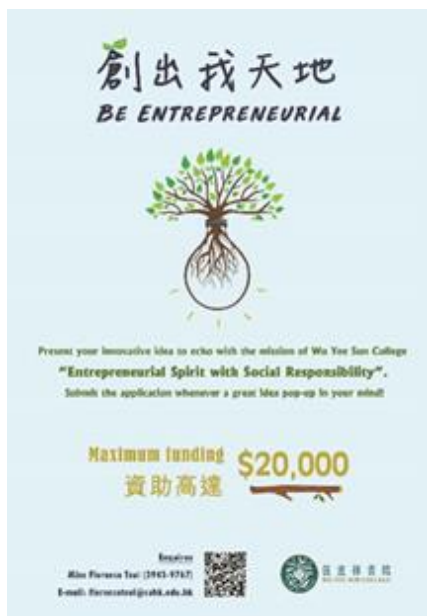
More Details: <https://www.wys.cuhk.edu.hk/college-life-support/funding-scheme/>

Enquiries:

Miss Rachel Poon (rachelpoon@cuhk.edu.hk / 3943 3942)

[\(Back to top\)](#)

3. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃



Grab the chance, be creative!

Be Entrepreneurial! Funding Scheme supports students to implement various short-term projects fulfilling college's core values of **creativity, entrepreneurial spirit, and social responsibility**.

All undergraduate students, regardless of discipline and year of study, are welcome to submit application all year round. **The maximum funding amount is up to HK\$20,000!**

Online application is now available, simply submit your application through one click

- <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=10631420>

Check out the details through this [link](#).

Enquiries:

Miss Florence Tsui (florecetsui@cuhk.edu.hk / 3943 9767)

Miss Phoebe Wu (phoebewu@cuhk.edu.hk / 3943 3988)

[\(Back to top\)](#)

4. Service-learning project Funding Scheme 服務學習項目資助計劃

If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's Service-learning Project Funding Scheme supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project.

Learn to serve and serve to learn! Please visit the website for more info.

Enquiries:

Miss KiKi Chan (kikiwokchan@cuhk.edu.hk / 3943 3935)

Miss Rachel Poon (rachelpoon@cuhk.edu.hk / 3943 3942)

Other Activities & Announcements

1. Online Survey for Full-time Year One Undergraduate Students

The Centre for Learning Enhancement and Research would like to investigate the impacts of online or blended learning (Mixed Mode) on the First-year University students under the COVID-19 pandemic. Year one Undergraduate students are invited to complete the following survey:

(Facilitating Blended Learning (Mixed Mode) Research on First-year University Students)

<https://cloud.itsc.cuhk.edu.hk/mycuform/view.php?id=1000628>

All the information will be kept confidential for research in teaching and learning purposes. The survey has obtained approval for ethics clearance from the Survey and Behavioral Research Ethics Committee of CUHK for collecting data involving human participants. Ethics Reference No: SBRE-20-667.

The duration of the survey will be from now onwards up to the end of July 2021.

Enquiries:

Ms. Jesse Lee (jesselee@cuhk.edu.hk / 3943 6460)

2. CUHK Motion E-sports Triathlon

中大運動電競 頂鐵人賽
CUHK MOTION ESPORTS TRIATHLON

QUALIFYING ROUND | 2021.5.24 - 6.11
(Excluding Sat & Sun)

FINALS | 2021.6.19

VENUE |
AME Stadium - Shop 2, UG Floor, H Zentre, 15 Middle Rd, Tsim Sha Tsui

APPLICATION |
Walk-in & Free of Charge

Classified into Male & Female Groups

Prizes
Bose Sport Earbuds
Fitbit Inspire 2
Tantia BC-759

參賽方法及規程:

1. 參賽者須為現任香港中文大學學生或員工，參賽當日須出示有效中大網頁職員或學生證，並申請成為AME E-Athlete會員。
2. 賽事為三項鐵人賽，成績只會計算三個項目完成時間的總和，選手須完成所有項目才會結算成績。
3. 初賽階段參賽者可選擇項目的任意順序和順序，但須於一天內完成(由凌晨0時開始由職員安排參賽)。
4. 決賽階段項目順序為E-Rowing → E-Cycling → E-Racing(由職員安排)，不能同時進行。
5. 初賽期間參賽者可到AME Stadium(11:00am - 10:00pm)參賽，請電AME 6824 6526查詢場地開放情況。
6. 男、女子組成績最好的8名選手會參加6月12日之決賽，會籍由賽務處工作人員通知參賽。
7. 參賽者可自由選擇參加決賽的項目，但不獲獎金及獎品或獎章的榮譽者不獲計算。
8. 參賽者須向賽務處查詢比賽之形象及獎品詳情及作推廣，所有個人資料只用於此次比賽用途，並會在30天內刪除。
9. 參賽者須於報名前閱讀及同意是次比賽規則及AME Stadium場地所顯示之條款。
10. 香港中文大學體育部及Asia Motion E-Sports Limited擁有賽事的最終決定權。

Entries, Rules and Regulations:

1. Contestants must be current students or staff of CUHK. To register on site, a valid CU Link must be presented to the staff and contestants have to apply for AME E-Athlete membership.
2. As a triathlon competition, athletes' results will only be recorded when all 3 segments are finished.
3. In the Qualifying Round, athletes are entitled to sequence and decide the transition time among segments. All segments must be finished within the same day. (Staff take into consideration of the availability of the Stadium and the arrangements by staff)
4. In the Finals, athletes must follow the official sequence (E-Rowing → E-Cycling → E-Racing) in the competition and there is no transition time.
5. Athletes in the Qualifying Round can compete in the AME Stadium (11:00 am - 10:00 pm). Please call AME 6824 6526 and check venue availability in advance.
6. The best 8 times achieved by athletes from male and female groups respectively will advance to the Finals on 12th June. Qualified athletes will be notified by staff.
7. Athletes can freely choose to compete with other players at the same time, except All-in-One Pass ticket holders and other Premium Sports and Spectator Sports ticket holders.
8. Athletes have to agree all photo-takings and/or video-recordings are for media release and promotion purposes. All personal data collected are used for this Competition only and will be destroyed within 30 days at the point of collection.
9. Athletes shall, before registration, read and agree all details of this Entries, Rules and Regulations of the Competition and the Terms and Conditions shown at the AME Stadium.
10. CUHK Physical Education Unit and Asia Motion E-Sports Limited reserves the final rights and decisions on the Competition.

Funded by: Special Grant for Student Support Services from UBC

E-Rowing | E-Cycling | E-Racing

Qualifying Round: 24th May – 11th Jun 2021

Final: 19th Jun 2021

Venue: AME Stadium – Shop 2, UG Floor, H Zentre, 15 Middle Rd, Tsim Sha Tsui

Application: Walk-in & Free of Charge

Details: <https://www.peu.cuhk.edu.hk/images/content/other/esports/esports-poster-mix.pdf>

3. The Esther Yewpick Lee Millennium Scholarship 2022

(Application Deadline: 6th Sep 2021 (before 5:30 p.m.))

This Scholarship is EXCLUSIVELY offered to CUHK final-year students or graduates of undergraduate and postgraduate degree programmes. The scholar will be FULLY sponsored for a maximum of 3 years to read for a postgraduate degree or a second bachelor's degree at the University of Oxford, U.K. commencing Oct 2022.

Value of the Scholarship

One Scholarship for two to three years will be awarded to a degree graduate or final-year student of CUHK.

All amounts due in respect of University and College fees at Oxford will be paid direct to the College concerned. The Scholar will be provided with a return economy class airfare between Hong Kong and London, charges for land transportation between London and Oxford, and an annual personal allowance which is expected to take care of board and lodging and other maintenance costs.

Eligibility

- Applicants should be either final-year students in the academic year 2021/22 including both undergraduates and postgraduates of degree programmes, or graduates holding degrees awarded by CUHK.
- Successful candidates must have outstanding academic records and have a respect for humanity, a curious mind, moral integrity and a spirit of adventure and reveal the potential to make a contribution to the well-being of the community.
- Candidates must be under 25 years of age on 1st Oct 2022.

Application Procedures

1. Details of the Scholarship and its application form are obtainable from our website at <http://admission.cuhk.edu.hk/> (Financing Your Studies → Scholarships → Open for Applications).
2. **Applicants should read the Memorandum and Checklist of Supporting Documents carefully and strictly follow the instructions.**
3. Completed application form together with **ALL** the requisite documents should be submitted **online**, unless otherwise specified, **not later than 5:30 p.m., 6th Sep 2021 (Hong Kong time)**. **Late or incomplete applications will not be considered.**

Enquiries

Office of Admissions and Financial Aid (3943 7204 / sfas@cuhk.edu.hk)



已經三月啦，寄咗好多份 CV？煩緊唔夠工作經驗？心思思想去外國實習，但又想係香港公司儲經驗？好消息！依家 AIESEC 嘅‘Twinternship’可以一次過滿足你**兩個願望**！參加 Twinternship 就可以獲得**海外 intern 機會**，踏出自己舒適圈，體驗外國工作文化，返黎之後仲會直接得到**香港初創公司實習面試機會**，成功就有海外加本地兩份 intern。即刻實踐返係第一份實習學到嘅嘢，雙重提升你嘅競爭力！

你嘅實習旅途並不孤單，過程中我地會提供專業指導，確保你嘅旅途豐富充實，服務包括：

- 全方位職涯規劃諮詢，幫你搵最適合嘅海外同香港實習
- 撰寫 CV 技巧同面試技巧專業意見，搵工冇難度
- 個人學生夥伴支援實習旅途

AIESEC 致力於提供不同海外實習同義工機會，開拓同學嘅發展潛能同領導能力。唔好諗啦，快啲[報名參加](#)啦！

[\(Back to top\)](#)

5. 心事日光浴 Emotion Sunbathing by Sunshine at CUHK



世界太紛擾，節奏太急促，如你開始覺得身心俱疲的話，不如試試把壓抑良久的情緒拿出來曬一曬？中大有晴想和大家一起在心理健康及輔導中心靜觀庭院曬個「日光浴」！在靜觀庭院舒適及輕鬆的環境下、將積了塵的心事抖出來，讓陽光一掃心中鬱悶。無論是心事、煩惱，還是對自己或世界的祝願，歡迎你前來曬一曬！

The world may somehow be too busy and unrestful for you to breathe, how about unwinding yourself under the nice and warm sunshine? Sunshine at CUHK would like to invite you to join us in an “Emotion Sunbathing” at the Patio of Wellness and Counselling Centre, a restful place where you can embrace your deepest feelings and thoughts. Come to enjoy the tranquility and have a good chat with yourself.

日期 Date : 5th Mar – 30th Jun 2021

地點 Venue : 龐萬倫學生中心 2 樓心理健康及輔導中心靜觀庭院

Patio at 2/F Wellness and Counselling Centre, Pommerenke Student Centre

[\(Back to top\)](#)

6. CUHK Independent Learning Centre (ILC)

Here are some workshop highlights for academic year 2020/21 which is organized by CUHK Independent Learning Centre (ILC). You are welcome to visit the ILC website (<https://www.ilc.cuhk.edu.hk/EN/>) for a short ILC video for their major work and services or check out their new link on “**Tips for Successful Online Learning @ CUHK**”.

1. **University Study Skills Series** – this series is particularly useful for incoming UG students
 - Study Skills in English at University Level
 - Academic Reading: Strategies for Success
 - Ace Your Oral Presentations
 - Discussion Skills and Current Affairs
 - Saying What you Mean: English Pronunciation for Cantonese and Mandarin Speakers
 - Listening to Learn: Academic Listening and Note-Taking Skills
 - Building a Bigger and Better Vocabulary
2. **Writing Series**
 - Academic Essays
 - Research Papers
 - Reflective Journals
 - Personal Essays

3. **Job Preparation Series** – this series is particularly useful for graduating students and students who are interested in applying for exchange/ internship opportunities
 - Writing Impressive Resumes
 - Writing Impressive Application Letters
 - Ace Your In-person and Video Job Interviews
 - Standing Out in a Group Interview
 - Interview Practice and Self Reflection
4. **CRE/JRE Series**
 - Preparing for the CRE – Use of English
 - Tips and Strategies in Tackling the JRE
 - JRE Writing Practice (Practice writing for the JRE under exam conditions)
 - Feedback on JRE Writing Practice (Discuss exam strategy and student writing)
5. **Exam Preparation Series**
 - Taking the IELTS Challenge: Reading & Writing
 - Taking the IELTS Challenge: Speaking & Listening
 - Mastering the TOEFL: Reading and Listening
 - Mastering the TOEFL: Speaking and Writing

Students who think they will benefit from having a one-to-one meeting with the teachers on their specific learning needs or need guidance in devising their independent learning plan can book a consultation session. The schedule can be found at: <https://www.ilc.cuhk.edu.hk/EN/consultation.aspx>. Besides, the ILC also develops and recommends both print and online learning resources on various topics in both English and Chinese to support students. Details are available at: <https://www.ilc.cuhk.edu.hk/EN/LearningRes.aspx>.

[\(Back to top\)](#)

7. Flourishing First Year Programme 心盛計劃 2020-21



Flourishing First Year @ CUHK 2020-21

Flourishing First Year@CUHK is a tailor-made programme for all NEW students. A series of workshops are provided for supporting you to flourish and grow from failures.

How does Flourishing First Year@CUHK work?

Step 1: All new students are eligible for receiving information about upcoming activities/workshops and have the priority in enrolling in these activities/workshops

Step 2: Enroll in the workshop and get our welcoming gift in your first workshop (on a first-come-first-serve basis)

Step 3: Be a flourishing learner!

Step 4: Get your reward! (coffee making workshop/pottery class; on a first-come-first-serve basis)

Step 5: Complete all workshops from PERMA (Positive Emotions, Engagement, Relationship, Meaning, Accomplishment)

Programme Details and List of Workshops:

<https://www.osa.cuhk.edu.hk/services/flourishing-first-year-programme>

Enquiries:

Office of Student Affairs (osa@cuhk.edu.hk / 3943 8652)

[\(Back to top\)](#)

<Samaritan Befrienders HK>

Samaritan Befrienders Hong Kong is a voluntary agency giving support and rendering emotional counselling to those in need.

24-hour Hotline: 2389 2222

Emotional Support provided by a group of passionate volunteers who are willing to listen, care, and walk with the help seekers to face their problems and finally regain their hope for the future and confidence in facing the challenges ahead

Suicide Crisis Intervention Centre: 2341 7227 for appointment

Professional social workers providing services such as risk assessment, emergency crisis intervention, 6-8 weeks intensive counselling and small group services

Family Helpline: 2319 1177

Professional social workers providing consultation to people whose relatives or friends are suffering from suicide crisis

[\(Back to top\)](#)

To unsubscribe, please email us at info.wys@cuhk.edu.hk.