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College Activities

1. 中國書法班



中國書法班

本課程為中國書法入門介紹班，
 主要授篆、隸兩種書體，
 旨在透過介紹和臨習書法經典，認識和掌握篆、
 隸兩種書體的書寫技巧，奠定基礎，
 加深學員對書法之認識，培養對中國文化之興趣。

導師：陳冠男 博士

日期：6月9、16、23及30日（逢星期三）

時間：6:00 - 8:00 pm

形式：面授及 透過zoom 網上授課

按金：港幣\$100 (出席3堂可獲退回全部按金)

截止日期：5月23日

詳情：

註：參加者可免費獲贈書法用具一套，並須於1/6 - 4/6 或 7/6 - 9/6 到書院繳交\$100按金及領取物資。

查詢：胡佩德小姐 (phoebewu@cuhk.edu.hk / 3943 3988)

宗旨：本課程為中國書法入門介紹班，主要授篆、隸兩種書體，旨在透過介紹和臨習書法經典，認識和掌握篆、隸兩種書體的書寫技巧，奠定基礎，加深學員對書法之認識，培養對中國文化之興趣。

導師：陳冠男博士，畢業於香港中文大學藝術系，現職中大文物館中國書畫主任（副研究員），研究興趣為明清至近現代書畫。曾策劃多個展覽並編寫圖錄，最新近期者是“筆墨留情：丁衍庸與香港中文大學藝術系門生友好的藝緣”。亦參與撰寫《蓋蒂基金會贊助中國書畫在線圖錄》、“北山汲古系列：中國書法、中國繪畫、碑帖銘刻拓本”、《明畫全集》等圖冊。2018-2019 年度獲選為“利榮森紀念訪問學人”，於美國普林斯頓大學藝術與考古系唐氏東亞藝術中心及藝術博物館訪學。同時積極參與各種書畫展覽和比賽，並獲殊榮，作品為香港及海外公私收藏。

日期：6月9日、16日、23日及30日（逢星期三，共4堂）

時間：6:00 pm - 8:00 pm

形式：面授及 透過 zoom 網上授課

名額：15 人

按金：港幣\$100 (出席 3 堂可獲退回全部按金)

報名：

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13005474>

截止日期：5月23日

註：參加者可免費獲贈書法用具一套，並須於 **1/6 - 4/6 或 7/6 - 9/6** 到書院繳交\$100 按金及領取物資，同學於出席最少 3 堂後可獲退回全部按金。

詳情：<https://qr.go.page.link/TMYWf>

查詢：

胡佩德小姐 (phoebewu@cuhk.edu.hk / 3943 3988)

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2. 布匹設計比賽 - 舊日時光

<以下內容由創意實驗室委員撰寫，並經書院傳送。>



你仲記唔記得某年某日，記得當時見到嘅景物？舊地重遊，有些事、有些人與物也許只存留在自己心底之中。我哋WYS clab 以「舊日時光」為主題，舉辦布匹設計比賽，不妨設計出你心底的那個「舊日時光」，於6月17日前把作品遞交到 wysclabuhk@gmail.com

詳見海報資料。

CREATIVITY LAB (CSHK)
布匹設計比賽2021
舊日時光

比賽細則

- 參賽者須以個人形式參賽，每人只可遞交一幅作品
- 參賽者須電郵參賽作品，附50-100字的作品簡介到 wyclabcsuhk@gmail.com
- 參賽作品的檔案名稱須為參賽者的英文全名 (E.g. ChanTamen)
- 參加者按主題創作，自行命名作品，或使用「懷舊——」(——自定)，並加以闡述
- 參賽者須保留參賽作品以供之後參考所用
- 參賽作品有機會被選中印在布上，用來製作口金包
- 參賽作品不能含有淫褻、暴力、色情、誹謗、不良意識、侮辱成分或任何具爭議性及不適當的內容。
- 得獎者將於七月接獲通知
- 主辦單位保留對比賽規則、比賽結果及頒授獎項的最終決定權。如評審團認為參賽作品未達水準，若干獎項可能從缺。
- 得獎作品需提供高解象度的作品設計，供書院使用

版權由書院擁有
send to wyclabcsuhk@gmail.com

CREATIVITY LAB (CSHK)
布匹設計比賽2021
舊日時光

評審標準

- 內容切合主題：40%
- 獨特性&創意：30%
- 整體構圖&技巧：20%
- 印刷及製作的可行性：10%

send to wyclabcsuhk@gmail.com

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College Announcements

1. Reappointment of College Master



The University Council approved at its 2nd meeting held on 27th Apr 2021 that Professor Anthony T.C. Chan (陳德章教授) has been reappointed as College Master for a further period of three years with effect from 1st Aug 2021. Professor Chan is the Li Shu Fan Medical Foundation Professor of Clinical Oncology and Dean of Graduate School.

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2. Promotion of Professor Ming-kay Poon



We are pleased to announce that our College Dean of Students, Professor Ming-Kay Poon (潘銘基教授), has been promoted to Professor in the Department of Chinese Language and Literature, with effect from 1st Aug 2021. Our College would like to take this opportunity to congratulate Professor Poon on his success and also express our heartfelt thanks for his dedication to College.

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3. Our alumnus Achieving Great Career Success



Our College is pleased to learn of an exciting news from our alumnus, Mr. Nicholas F. Chan (陳寬先生) (COMM/2016), who is also our Executive Committee Member of College Alumni Association, that he succeeded in attaining the top level to qualify for Premium Membership 頂尖會員 (Top of the table – TOT with 6 times more client service than a normal MDRT member) in the Million Dollar Round Table 百萬圓桌協會 (MDRT). MDRT is a global and independent association with more than 66,500 professionals from more than 500 companies in 72 countries in the fields of world's leading life insurance and financial services. Nicholas has also broken the record as the youngest member who achieved excellence levels over the past 3 years consecutively.

Congratulations to Nicholas! It is believed that he would definitely continue to excel and we wish him continued success.

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4. Application for Scholarship for Semester Exchange Programme (Non-College) 2020/21

College students participating in Term-long Exchange Programmes, which are not organized/coordinated by WYS College, during academic year 2021/22, can now apply for the “Scholarship for Semester Exchange Programme 2020/21”. Details are listed below.

Applicants must meet all the following criteria:

- Full time WYS College undergraduate;
- Will go on exchange in academic year 2021/22 (One term/whole year)
- Participating in Term-long Exchange Programmes organized/ coordinated by units other than WYS College

Note: This scholarship is NOT open to students participating in the Term-long Exchange Programmes organized/coordinated by WYS College as they have already been awarded this Scholarship. The scholarship amount has been announced in the offer email sent in February. No extra application is needed.

Application

- Application link: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=12899888>
- Application deadline: **31st May 2021 (Mon)**

Applicants need not attend interview. The application result will be determined by the selection panel according to the application documents submitted and the content on the application form. Since members of the selection

panel may not be able to read Chinese, you **MUST complete the application form in ENGLISH**. Those written in Chinese will be not viewed or considered, while incomplete or late application will not be handled.

Enquiries:

Miss Kiki Chan (kikiwkchan@cuhk.edu.hk / 3943 3935)

Miss Rachel Poon (rachelpoon@cuhk.edu.hk / 3943 3942)

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5. Updated Campus Arrangements

Non-residents may return to College **during 9:00 am – 10:30 pm daily starting from 26th Apr 2021**. Please be reminded that **ALL** students must follow below procedures before entering into College. **If students have taken a COVID-19 test, please stay at home until the test result is available.**

1. Tap students' own CU Link to access the main entrance of College buildings
2. Measure body temperature at the counter at College Gallery (*If body temperature is above 37.5 °C, s/he will not be allowed to enter into College*)
3. Fill in the registration form with **complete and accurate information** (e.g. fill in FULL name, not alias) at the same counter
4. Sanitize hands

Please be reminded that NO VISITORS (including WYS non-residents) will be allowed to enter the hostel floors. Students cannot bring in unauthorized persons or allow them to follow behind you to enter into the College. Unauthorized persons or illegal residents will jeopardize the accuracy of contact tracing. In order to protect your own health, violations will result in disciplinary actions.

The opening hour of College facilities is also updated in below table.

	Residents	Non-residents
Learning Commons	9:00 am – 12:00 am (Daily, 26 th Apr – 18 th May 2021) 9:00 am – 10:30 pm (Daily, 19 th May 2021 onwards)	9:00 am – 10:30 pm (Daily)
Piano Room	9:00 am – 10:30 pm (Daily)	9:00 am – 10:30 pm (Daily)
Yan Chak Study Room (for non-residents only)	N/A	9:00 am – 10:30 pm (Daily)
College Gymnasium* (for authorized users only)	9:00 am – 5:30 pm (Monday to Friday, EXCEPT public holidays)	9:00 am – 5:30 pm (Monday to Friday, EXCEPT public holidays)

**Please read through and follow guidelines on the latest arrangement of College Gymnasium via mass email dated 21st Apr 2021. First-time users should bring the valid (i) CU Link Card and (ii) CUHK Fitness Room User Card to College Office (G03) for registration. Please be reminded to wear masks during exercises as well.*

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6. Freecycling Scheme at Hostel Check-out 退宿回收

College Green Team is coordinating a freecycling scheme at hostel check-out from 3rd May to 18th May. Collection boxes will be placed at the G/F lift lobby of East Block and West Block. Items collected will be distributed to resident students of next year or donated to charities. Please join and contribute to a green environment!

一年一度的退宿時間即將到了！書院環保小組將於 4 月 26 日至 5 月 18 日舉行退宿回收活動，東、西座宿舍地下電梯大堂將設回收箱，讓各位宿生把有用的物品分類回收再用、供下年宿生使用或捐贈予慈善機構。請大家積極參與，為環保出一分力！ Freecycling items include 回收物品包括：

- Kitchen utensil 廚具
- Personal items 個人用品
- Books 書本
- Stationery 文具
- Daily necessity 日常用品
- Computer/ electronic device 電腦/電器

Reminders 注意事項:

- 1) Please make sure the stuff is **clean** 請清潔乾淨所有物資
- 2) **Food, clothing & shoes, pillow/duvet are not accepted**, just share with your friends 恕不接受食物、衣物鞋履、床上用品，請找三五知己分享
- 3) Students should not leave the freecycling items at hostel lift lobbies 請勿將退宿回收物品棄置於宿舍樓層電梯大堂
- 4) Students are welcome to take stuff they want during the collection period 歡迎同學於回收期間領取有用物資

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7. CUHK Golden Jubilee Celestial Civilian Scholarship on Hong Kong Literature 2020/21 (Application Deadline: 14th May 2021)

CUHK Golden Jubilee Celestial Civilian Scholarship 2020/21 is now open for application. The scholarship aims to encourage and recognize the excellence of research, analysis, and writing by our students in the use of primary sources and rare materials held by the Hong Kong Literature Collection of The Chinese University of Hong Kong Library (CUHK Library).

Full-time undergraduate or research postgraduate students are eligible to apply. Details of the Scholarship, including eligibility criteria and application procedures can be found in the application form below:

<http://admission.cuhk.edu.hk/assets/oafa/Scholarships/local/celestial-civilian-form-2021.pdf>

You may also visit the website of CUHK Library for the information on Hong Kong Literature Collection (香港文學特藏) at <http://libguides.lib.cuhk.edu.hk/HKLit>.

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8. Temporary Closure of College Catering Outlets 書院膳堂暫停營業

Due to the spread of the novel coronavirus, Student Canteen, Staff Dining Room and Café at Wu Yee Sun College are temporarily closed until further notice. We are sorry for the inconvenience caused.

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9. "Meet the Dean" Hours 輔導長時間

["Meet the Dean" Hour is temporarily suspended and will be resumed once the circumstances allow. If you wish to talk to Dean of Students during this period, please email sammykwan@cuhk.edu.hk for arrangement.]

"Meet the Dean" Hours is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned.

You talk. We listen. Even if you want to keep it to your heart, we still stand by your side.

The session is hosted by:

- Professor Ming-kay Poon (潘銘基教授), College Dean of Students and Associate Professor at the Department of Chinese Language and Literature
- Dr. Po-kin Leung (梁寶建博士), College Associate Dean of Students and Lecturer at the Department of Physics
- Professor Kelvin K.F. Tsoi (蔡錦輝教授), College Associate Dean of Students and Associate Professor at Jockey Club School of Public Health and Primary Care

Every Sunnie is welcome!

Enquiries:

Ms. Sammy Kwan (sammykwan@cuhk.edu.hk / 3943 9775)

Miss Florence Tsui (florencetsui@cuhk.edu.hk / 3943 9767)

Miss KiKi Chan (kikiwokchan@cuhk.edu.hk / 3943 3935)

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10. Student Pastoral Care

Sometimes you find yourself with these negative emotions: lost, alone, aimless or confused as you adjust to university life or pursue personal growth. Share your feeling with others will help release your emotions and gain new perspectives! DON'T be afraid to ask for help. Our College Dean of Students would be more than happy to speak to you and give you advices, below are the contact numbers you may wish to know.

- 1) You are welcome to speak with our **College Dean of Students** when you have problems that need resolving. Please email sammykwan@cuhk.edu.hk for arrangement.
- 2) You may also approach the **University's Wellness and Counselling Centre** at **3943 7208** for help.
- 3) A **24-hour Emotional Support Hotline** at **5400 2055** is available to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations.

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11. WYS's Got Talents - Photography, Poster Design, MC and a lot more!

Are you interested in or excellent at any of the fields below?

--- **Photography / Video-production**

--- **Art & Design (e.g. posters or infographics)**

--- **Simultaneous Interpretation**

--- **Master of Ceremonies**

--- **Audio & Video Control**

--- **Writing (e.g. creative writing or student reporter in publications)**

The College is recruiting all sorts of talents to contribute in various College events. Registered students may be invited to assist in different occasions. Don't hide your talents, shine in the College!

P.S. CREATIVITY COUNTS!!!

Let us know what you are interested in and excellent at: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838>

Enquiries:

Miss Chillies Tam (chilliestam@cuhk.edu.hk) / 3943 3934)

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12. Membership Recruitment – WYS Alumni Association 伍宜孫書院校友會會員招募

Want to stay in touch with your college friends? Expand your professional network? Give back to the College? WYS Alumni Association lets you take college bonds beyond student life. You can get a lifelong membership for just \$500. Apply now, and you will receive a set of 4 reusable drinking straws! (While stocks last)

Simply fill in the [application form](#), and return to the College Office (G/F, Wu Yee Sun College) with the membership fee.

想跟書院同學保持聯繫？想擴闊人際網絡？想回饋書院？透過伍宜孫書院校友會，你可以將學生時代的關係延續下去。終生會籍只需 500 元。現時申請，更可獲贈一套四支環保飲管（先到先得，送完即止）。

各位同學只須填妥[申請表](#)，連同會員費，交回伍宜孫書院地下院務室即可。

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College Funding & Awards Schemes

1. Self-Motivation Fund for Health and Well-being Activities

The infographic is titled "Self-Motivation Fund for Health and Well-being Activities" and features the Wu Yee Sun College logo in the top right corner. It is divided into two main sections. The left section, "Health and Well-being Activities", lists a maximum funding amount of \$1,500 or 80% of the course fee (whichever is lower). Examples include Healthy Cooking Class, Trial Course on Musical Instruments, Course about Nutrition / Chinese Medicine, Mindfulness Workshop, and Mental Health First Aid Course. The right section, "Qualification Courses for Health and Well-being Instructors", lists a maximum funding amount of \$4,000 or 80% of the course fee (whichever is lower). Examples include Mindfulness-Based Cognitive Therapy (MBCT) Instructor Course and Art / Music Therapy Instructor Course. At the bottom right, there is a QR code labeled "Application & Guidelines" and contact information for Miss Phoebe Wu (phoebewu@cuhk.edu.hk / 3943 3988).

Self-Motivation Fund for Health and Well-being Activities encourages students to participate in various kinds of health and well-being activities in order to bring everyone **health, happiness** and/or **satisfaction**.

Eligibility:

For Wu Yee Sun College students who participate in health and well-being activities organized by organization(s) other than the College.

There are two categories of activities you can apply :

(i) Health and Well-being Activities

Examples :

Healthy Cooking Class, Trial Course on Musical Instruments, Course about Nutrition or Chinese Medicine, Mindfulness Workshop, Mental Health First Aid Course

Funding amount : maximum **\$1500** or 80% of total application fee and course fee (whichever is lower)

(ii) Qualification Courses for Health and Well-being Instructors

Examples :

Mindfulness-Based Cognitive Therapy (MBCT) Instructor Course, Art or Music Therapy Instructor Course

Funding amount : maximum \$4000 or 80% of course fee (whichever is lower)

Take a look at the **guidelines** and the **reflection template** and start your healthy life now!!!

Application : <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=10447493>

Enquiries:

Miss Phoebe Wu (phoebewu@cuhk.edu.hk / 3943 3988)

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2. Self-Motivation Fund for Sports Activities

The infographic features a blue and yellow geometric background with the CUHK logo in the top right. The main title is 'Self-Motivation Fund for SPORTS Activities'. Below it, a quote reads: 'Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of sports activities, in order to live up the spirit "Sports for Everyone"'. Two columns of information are presented: 'Sports Activities' with a max funding amount of \$1500 or 80% (whichever is lower), and 'Qualification Courses for Sports Coach' with a max funding amount of \$4000 or 80% (whichever is lower). Examples are provided for both. A QR code for 'Application & Guidelines' is in the bottom right, and contact information for Miss Chillies Tam is at the bottom center.

Self-Motivation Fund for Sports Activities

Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of sports activities, in order to live up the spirit "Sports for Everyone"

Sports Activities
Max. Funding Amount:
\$1500
or 80% (whichever is lower)

Examples:
Standard Chartered Hong Kong Marathon,
Oxfam Trailwalker,
Spartan Race,
Dance Workshop,
Yoga Class

Qualification Courses for Sports Coach
Max. Funding Amount:
\$4000
or 80% (whichever is lower)

Examples:
Rowing,
Rope-skipping,
Taekwondo,
Orienteering

Application & Guidelines:

Enquiries:
Miss Chillies Tam (3943-3934/chilliestam@cuhk.edu.hk)

Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of sports activities and qualification courses for sports coach, in order to live up the spirit "Sports for Everyone".

To enhance support to students, funding amount is increased as follows:

Sports Activities: Max. \$1,000 → **\$1,500**

Funding per student per year: Max. \$2,000 → **\$4,000**

Details: <https://www.wys.cuhk.edu.hk/whole-person-development/sports-health-education/>

Enquiries:

Miss Chillies Tam (chilliestam@cuhk.edu.hk / 3943 3934)

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3. Self-Motivation Fund for Green Activities

Self-Motivation Fund for GREEN Activities



Self-Motivation Fund for Green Activities encourages students to participate in various kinds of green activities that promotes sustainability and environmental consciousness.



Green Activities

Max. Funding Amount:

\$1500

or 80% (whichever is lower)

Examples:

Eco-cultural Tour,
Upcycling Workshops,
Forest Bath

Qualification Courses for Instructor of Green Activities

Max. Funding Amount:

\$4000

or 80% (whichever is lower)

Examples:

Horticultural Therapists,
Trainer for Organic Farming,
Docent Training on Ecotourism

Application & Guidelines:



Enquiries:

Ms Sonia Yu (3943-3937/soniyu@cuhk.edu.hk)

Self-Motivation Fund for Green Activities encourages students to participate in various kinds of green activities that promotes sustainability and environmental consciousness.

Funding Amount:

Green Activities: Max. **\$1,500**

Qualification Courses for Instructors of Green Activities: Max. **\$4,000**

Details: <https://www.wys.cuhk.edu.hk/whole-person-development/green/>

Enquiries:

Ms. Sonia Yu (soniyu@cuhk.edu.hk / 3943 3937)

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4. Mingle Fund



Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College.

The Fund mainly supports daily and social activities with the participation of Both local students And international / incoming exchange students (i.e. there should be at least one local student AND at least one international / incoming exchange student.)

Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity.

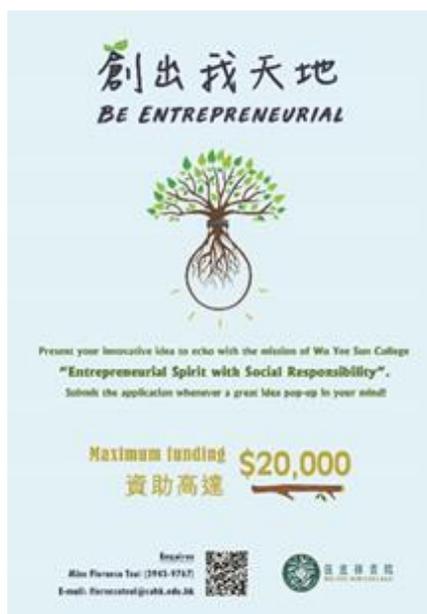
More Details: <https://www.wys.cuhk.edu.hk/college-life-support/funding-scheme/>

Enquiries:

Miss Rachel Poon (rachelpoon@cuhk.edu.hk / 3943 3942)

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5. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃



Grab the chance, be creative!

Be Entrepreneurial! Funding Scheme supports students to implement various short-term projects fulfilling college's core values of **creativity, entrepreneurial spirit, and social responsibility.**

All undergraduate students, regardless of discipline and year of study, are welcome to submit application all year round. **The maximum funding amount is up to HK\$20,000!**

Online application is now available, simply submit your application through one click

- <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=10631420>

Check out the details through this [link](#).

Enquiries:

Miss Florence Tsui (florencetsui@cuhk.edu.hk / 3943 9767)

Miss Phoebe Wu (phoebewu@cuhk.edu.hk / 3943 3988)

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6. Service-learning project Funding Scheme 服務學習項目資助計劃

If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's Service-learning Project Funding Scheme supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project.

Learn to serve and serve to learn! Please visit the website for more info.

Enquiries:

Miss KiKi Chan (kikiwkchan@cuhk.edu.hk / 3943 3935)

Miss Rachel Poon (rachelpoon@cuhk.edu.hk / 3943 3942)

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Other Activities & Announcements

1. Tertiary Student Finance Scheme - Publicly-funded Programmes (TSFS) and Non-means-tested Loan Scheme for Full-time Tertiary Students (NLSFT) 2021/22

Both TSFS and NLSFT (2021/22) are now open for application from current students on or before 14th May. Applications should be submitted to the Government Student Finance Office of the Working Family and Student Financial Assistance Agency (SFO) through the "SFO E-link - My Applications" online platform (<http://ess.wfsfaa.gov.hk>) on or before 14th May 2021.

After submission of the online form, applicants will be required to submit the declaration and supporting documents by online uploading or by post to the SFO's office. Applicants may also submit the documents to the collection box at Room 1206, 12/F, YIA from 8:45 am to 1:00 pm and 2:00 pm to 5:30 pm, Monday to Friday (except public holidays) during 19th Apr to 21st May 2021.

Application Details: <http://admission.cuhk.edu.hk>



Discover Malaysian Graduate Jobs with Global Talent

Want to quickly secure a job and fly high in your future career? Check out AIESEC's Global Talent Programme and see what opportunities we offer!

Digital Marketing Specialist at Beyond Insights

Company Type: Investment and training education

Duration: Long term partly remote

Responsibilities: Planning, initiating and monitoring digital marketing campaigns and setup marketing automation systems

Skills: Logical thinking, number analytics

Software Developer at Beyond Insights

Company Type: Investment and training education

Duration: Long term partly remote

Responsibilities: Setup and maintain conversion tracking, optimizing page elements

Skills: Problem solving, web and mobile application knowledge, database design

Membership Coordinator at Business Media International

Company Type: International trade and development

Duration: 6-month physical

Responsibilities: Relationship building, persuade various parties as nominees at BMI's awards

Skills: Public relations, market research, proficiency in English and Chinese/ Korean/ Japanese

Our additional offers:

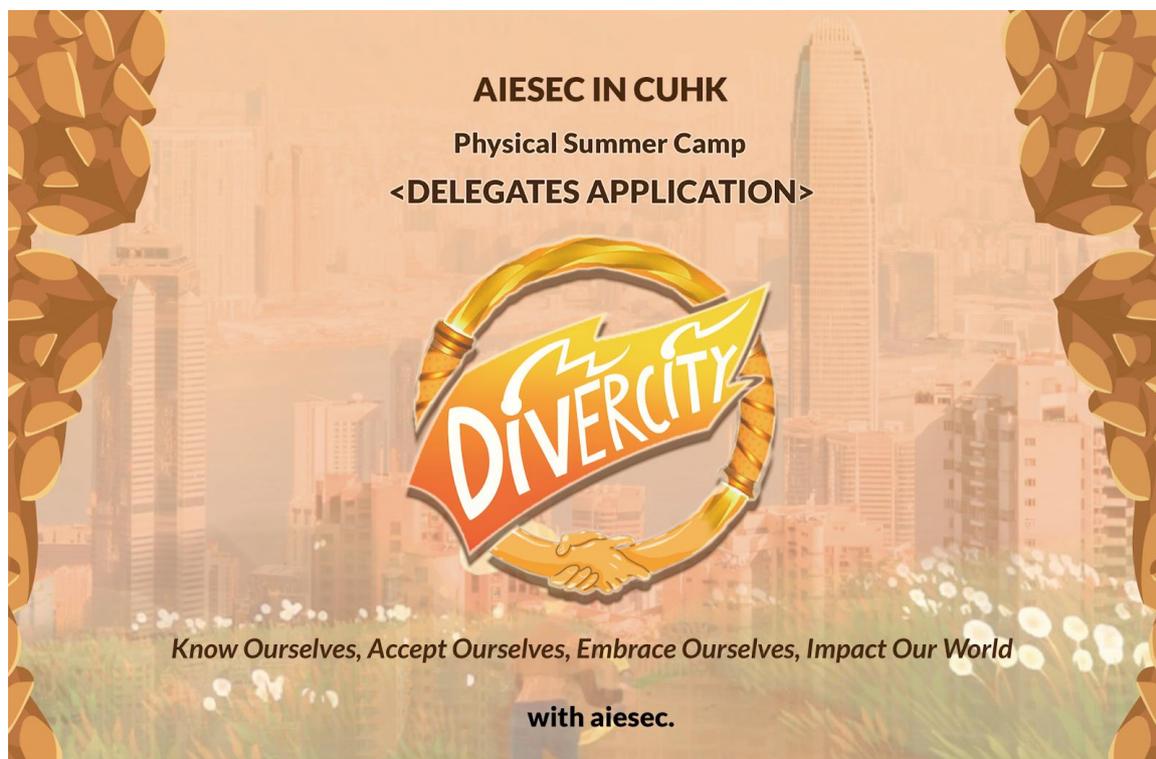
- Consultancy chats for career planning and CV polishing
- Fast-track interviews to maximize your employability
- \$500 HKD early bird discount for signups

Sign up for our career consultation now to consolidate your career path!

https://bit.ly/CUHK2021_GT_SignUpForm_Summer

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3. *暑假冒險之旅* 立即報名 AIESEC 'Diversity' 夏令營 | Adventurous Summer Experience
Join AIESEC's 'Diversity' Physical Summer Camp NOW!



***Scroll down for English version**

一年容易又完 sem 啦！一年幾嘅疫情令我哋受困於網上課堂，少咗好多朋友聚會。唔緊要，AIESEC 喺今個 sem break，預備咗精彩嘅 **Diversity 夏令營**俾你，陪你一齊度過一個好玩又有意義嘅暑假！

呢個係我地第一個實體活動！係呢四日裡面，你可以同 OUHK 加 CUHK 嘅同學仔一齊玩歷奇活動、探索不同文化，既能夠結交到志同道合嘅好朋友，又可以挑戰自我，發掘社會嘅多樣性同可能性！**等你玩得嚟又學到嘢，搵到自己嘅人生方向，作出行動改變世界**。一舉多得嘅活動，又點可以少咗你！

活動日期：5月22日、5月28日至30日

活動地點：待定

參加費用：\$250 港元

精彩活動內容：歷奇活動、派對之夜、文化交流體驗

申請手冊：<http://bit.ly/DIVERSITYApplicationBooklet>

報名連結：<http://bit.ly/DIVERSITYApplication>

報名截止日期：五月二十日 23:59

AIESEC 一向致力提供不同海外義工同實習機會，開拓同學嘅潛能同領導能力。唔好諗啦，搵埋身邊嘅朋友仔一齊報名參加啦！

This academic year has finally come to an end! The pandemic ushered in drastic changes in our lives in the past year and face-to-face teaching is now a rare commodity. No worries! AIESEC has prepared our **physical summer camp - Diversity** for you to experience a fun and meaningful summer break!

Take part in our exciting 4-day camp with CUHK and OUHK students, where you actively participate in team adventure games and cultural exploration activities. Bond with new friends, challenge your limits and explore vast possibilities in our society! **This is the best activity to play and learn, discover your life directions and take action to change the world!** We want you to become a part of us!

Event period: 22nd May, 28th – 30th May 2021

Event venue: TBC

Application fee: \$250 HKD

Event highlights: Team adventure games, Party night, Cultural simulation games

Application booklet: <http://bit.ly/DIVERCITYApplicationBooklet>

Application link: <http://bit.ly/DIVERCITYApplication>

Application deadline: 20th May 2021, 11:59 pm

AIESEC is devoted to providing overseas volunteer and internship opportunities, enabling all CUHK students to unlock their own potential and leadership capabilities. Don't hesitate and apply NOW to enjoy a fruitful summer break here!

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4. AIESEC CUHK <TWINTERNSHIP : 滿足你海外本地都有 intern 做嘅願望>



已經三月啦，寄咗好多份 CV？煩緊唔夠工作經驗？心思思想去外國實習，但又想係香港公司儲經驗？好消息！依家 AIESEC 嘅‘Twinternship’可以一次過滿足你兩個願望！參加 Twinternship 就可以獲得海外 intern 機會，踏出自己舒適圈，體驗外國工作文化，返黎之後仲會直接得到香港初創公司實習面試機會，成功就有海外加本地兩份 intern。即刻實踐返係第一份實習學到嘅嘢，雙重提升你嘅競爭力！

你嘅實習旅途並不孤單，過程中我地會提供專業指導，確保你嘅旅途豐富充實，服務包括：

- 全方位職涯規劃諮詢，幫你搵最適合嘅海外同香港實習
- 撰寫 CV 技巧同面試技巧專業意見，搵工冇難度
- 個人學生夥伴支援實習旅途

AIESEC 致力於提供不同海外實習同義工機會，開拓同學嘅發展潛能同領導能力。唔好諗啦，快啲報名參加啦！

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5. 心事日光浴 Emotion Sunbathing by Sunshine at CUHK



世界太紛擾，節奏太急促，如你開始覺得身心俱疲的話，不如試試把壓抑良久的情緒拿出來曬一曬？中大有晴想和大家一起在心理健康及輔導中心靜觀庭院曬個「日光浴」！在靜觀庭院舒適及輕鬆的環境下、將積了塵的心事抖出來，讓陽光一掃心中鬱悶。無論是心事、煩惱，還是對自己或世界的祝願，歡迎你前來曬一曬！

The world may somehow be too busy and unrestful for you to breathe, how about unwinding yourself under the nice and warm sunshine? Sunshine at CUHK would like to invite you to join us in an “Emotion Sunbathing” at the Patio of Wellness and Counselling Centre, a restful place where you can embrace your deepest feelings and thoughts. Come to enjoy the tranquility and have a good chat with yourself.

日期 Date : 5th Mar – 30th Jun 2021

地點 Venue : 龐萬倫學生中心 2 樓心理健康及輔導中心靜觀庭院

Patio at 2/F Wellness and Counselling Centre, Pommerenke Student Centre

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6. CUHK Independent Learning Centre (ILC)

Here are some workshop highlights for academic year 2020/21 which is organized by CUHK Independent Learning Centre (ILC). You are welcome to visit the ILC website (<https://www.ilc.cuhk.edu.hk/EN/>) for a short ILC video for their major work and services or check out their new link on “**Tips for Successful Online Learning @ CUHK**”.

1. **University Study Skills Series** – this series is particularly useful for incoming UG students
 - Study Skills in English at University Level
 - Academic Reading: Strategies for Success
 - Ace Your Oral Presentations
 - Discussion Skills and Current Affairs
 - Saying What you Mean: English Pronunciation for Cantonese and Mandarin Speakers
 - Listening to Learn: Academic Listening and Note-Taking Skills
 - Building a Bigger and Better Vocabulary
2. **Writing Series**
 - Academic Essays

- Research Papers
 - Reflective Journals
 - Personal Essays
3. **Job Preparation Series** – this series is particularly useful for graduating students and students who are interested in applying for exchange/ internship opportunities
- Writing Impressive Resumes
 - Writing Impressive Application Letters
 - Ace Your In-person and Video Job Interviews
 - Standing Out in a Group Interview
 - Interview Practice and Self Reflection
4. **CRE/ JRE Series**
- Preparing for the CRE – Use of English
 - Tips and Strategies in Tackling the JRE
 - JRE Writing Practice (Practice writing for the JRE under exam conditions)
 - Feedback on JRE Writing Practice (Discuss exam strategy and student writing)
5. **Exam Preparation Series**
- Taking the IELTS Challenge: Reading & Writing
 - Taking the IELTS Challenge: Speaking & Listening
 - Mastering the TOEFL: Reading and Listening
 - Mastering the TOEFL: Speaking and Writing

Students who think they will benefit from having a one-to-one meeting with the teachers on their specific learning needs or need guidance in devising their independent learning plan can book a consultation session. The schedule can be found at: <https://www.ilc.cuhk.edu.hk/EN/consultation.aspx>. Besides, the ILC also develops and recommends both print and online learning resources on various topics in both English and Chinese to support students. Details are available at: <https://www.ilc.cuhk.edu.hk/EN/LearningRes.aspx>.

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7. Flourishing First Year Programme 心盛計劃 2020-21



Flourishing First Year @ CUHK 2020-21

Flourishing First Year@CUHK is a tailor-made programme for all NEW students. A series of workshops are provided for supporting you to flourish and grow from failures.

How does Flourishing First Year@CUHK work?

Step 1: All new students are eligible for receiving information about upcoming activities/workshops and have the priority in enrolling in these activities/workshops

Step 2: Enroll in the workshop and get our welcoming gift in your first workshop (on a first-come-first-serve basis)

Step 3: Be a flourishing learner!

Step 4: Get your reward! (coffee making workshop/pottery class; on a first-come-first-serve basis)

Step 5: Complete all workshops from PERMA (Positive Emotions, Engagement, Relationship, Meaning, Accomplishment)

Programme Details and List of Workshops:

<https://www.osa.cuhk.edu.hk/services/flourishing-first-year-programme>

Enquiries:

Office of Student Affairs (osa@cuhk.edu.hk / 3943 8652)

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8. Community Resources for Emotional Support

<Samaritan Befrienders HK>

Samaritan Befrienders Hong Kong is a voluntary agency giving support and rendering emotional counselling to those in need.

[24-hour Hotline: 2389 2222](#)

Emotional Support provided by a group of passionate volunteers who are willing to listen, care, and walk with the help seekers to face their problems and finally regain their hope for the future and confidence in facing the challenges ahead

[Suicide Crisis Intervention Centre: 2341 7227 for appointment](#)

Professional social workers providing services such as risk assessment, emergency crisis intervention, 6-8 weeks intensive counselling and small group services

[Family Helpline: 2319 1177](#)

Professional social workers providing consultation to people whose relatives or friends are suffering from suicide crisis

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To unsubscribe, please email us at info.wys@cuhk.edu.hk.