

Sunny Review 上周回顧

- [1. College Student Interviewed for Her International Voluntary Work Experience](#)
- [2. Introduction Session of College Term-long Exchange Programme 2019/20 書院交換生計劃簡介會](#)
- [3. International Team Activity: Discussion on World War II](#)
- [4. Climbing Fun Day](#)
- [5. 禪陀羅 \(Zendala\) 正念工作坊](#)
- [6. Tea Appreciation Workshop: History and Culture](#)
- [7. CU Drama Competition 2018 - Wu Yee Sun Drama Society 書院劇社參加中大戲劇比賽](#)
- [8. Drama Performance: R & J Peony 鑄情](#)



College Activities 書院活動

- [1. "Meet the Dean" Gathering <This Wednesday>](#)
- [2. 11th College Anniversary 十一周年院慶](#)

College Announcements 宣佈事項

- [1. 2019/20 Application for Student Hostel Residence & Briefing Session \(for Non-local students admitted in 2016/17 or after\) <New>](#)
- [2. Wu Yee Sun College The Most Popular Canteen Staff Polling \(2018-19 Term 1\) 伍宜孫書院飯堂最受歡迎員工選舉 \(2018-19 上學期\)](#)
- [3. Recruitment of Student Ambassadors for College Graduation Ceremony 伍宜孫書院畢業典禮 - 招募學生大使](#)
- [4. 伍宜孫音樂學會 --- "今日宜樂" 招表演者 \(Chinese Only\)](#)
- [5. "Meet the Dean" Hours 輔導長時間](#)
- [6. Student Pastoral Care](#)
- [7. Exchange and Travel Grant/Loan 2018/19](#)
- [8. Book Exchange Corner at The Lounge in House of Sunny Living 如日坊 - 漂書閣](#)
- [9. Venue Booking of Terrace of Dreams for Barbecue Activities 借用圓夢臺 \(燒烤活動用途\)](#)
- [10. Displaying Promotion Poster and Video in College](#)

College Funding & Award Schemes (Year-round Application) 書院資助及獎勵計劃 (全年可供申請)

- [1. Mingle Fund](#)
- [2. Sports for Life Award Scheme 體育運動參與獎勵計劃](#)
- [3. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃](#)
- [4. Global Learning Award Scheme \(Summer Round\) 寰宇學習獎勵計劃 \(夏季\)](#)
- [5. Service-learning Project Funding Scheme 服務學習項目資助計劃](#)
- [6. Self-Motivation Fund for Sports Activities 「自選遊」體育活動資助計劃](#)

Other Activities & Announcements 其他活動及宣佈事項

- [1. SKDCC X emoji® Run for Charity 2018](#)
- [2. Fuji Xerox \(Hong Kong\) Limited/HKMA Leadership and Management Seminar Series 2018](#)
- [3. HSBC Overseas Scholarship 2019/20](#)
- [4. Edwin S H Leong Hughes Hall Scholarship 2019/20](#)
- [5. <賽馬會心導遊計劃> 一站式網上自助心理支援平台](#)

Sunny Review

- [1. College Student Interviewed for Her International Voluntary Work Experience](#)



Tin-sum (far right) at the CUHK Outstanding Students Awards Presentation Ceremony
(Source: CUHK CPRO website)



Tin-sum's Interview with HK01
(Source: [HK01 website](#))

College Student Miss Tin-sum Lee 李天心同學 (Journalism & Communication/ 2) has recently been interviewed by the media HK01 (the article can be viewed [here](#)) to share her experience of international voluntary work experience. Tin-sum travelled on a limited budget and spent four and a half months doing voluntary work in countries including Hungary, Czech Republic, Slovakia, Germany and many more. Her journey received the support from the College's Global Learning Award Scheme (寰宇學習獎勵計劃).

Tin-sum is also a recipient of CUHK Outstanding Students Awards 2018. Her sharing can be viewed at the Press Release here: https://www.cpr.cuhk.edu.hk/tc/press_detail.php?id=2896&id=2896.

[\(Back to top\)](#)

2. Introduction Session of College Term-long Exchange Programme 2019/20 書院交換生計劃簡介會



Professor Ming-chung Chu (朱明中教授), Chairperson of Student Exchange Committee, shared with participants the details of partner institutes in the Introduction Session of College's Term-long Exchange Programme 2019/20 on 31st Oct. Three of our Sunnies, Miss Amber A.W. Ching 程雅穎同學 (Nursing/ 4), Miss Queenie K.Y. Law 羅鈞渝同學 (Government and Public Administration/ 4) and Mr. Hollis M.H. Wong 黃文浩同學 (IBBA/ 4), who have previously participated in exchange programmes, shared with the audience their inspiring and beneficial experience gained and encouraged the attendees to grasp the opportunities provided by the College.



[\(Back to top\)](#)

3. International Team Activity: Discussion on World War II



In the evening of 1st Nov, the College International Team held their first forum-based activity. The topic of the forum was World War II. People from different countries presented their views in the discussion. First, it started off with Denmark and participants learned how Danish people view World War II as well as the rise of different ideologies during and after the war. 3 more presentations about the Soviet Union, Indonesia, and Taiwan followed. After the presentations, participants enjoyed chatting, eating pizza together and playing an interesting quiz.



[\(Back to top\)](#)

4. Climbing Fun Day



Craving excitement from regular workout? A group of students attempted to reach the top of the climbing wall on Sports Climbing Fun Day presented by College Sports Association on 29th Oct. Sports Climbing challenged their strength, co-ordination and focus. Despite being beginners, participants gave their best to climb higher and higher, like accomplishing a milestone.



[\(Back to top\)](#)

5. 禪陀羅 (Zendala) 正念工作坊



Let beauty assimilate into every part of your life! A group of Sunnies joined the Zendala Workshop conducted by Certified Zentangle Teachers, Miss Molly Chan and Miss Meko Ng on 30th Oct. Through the process of drawing symmetrical and regular patterns, students attained pleasure, peacefulness and relaxation. The fascinating pictures created by the interweaving patterns certainly provided them with artistic satisfaction as well!



[\(Back to top\)](#)

6. Tea Appreciation Workshop: History and Culture



Another group of Sunnies enjoyed a relaxing evening at Tea Appreciation Workshop conducted by Mr. Zach Goh, former ELTU lecturer, on 31st Oct. Mr. Goh began the workshop by introducing the origins and different types of tea to students, who later also learnt how to use different senses including sight, smell and taste to appreciate tea and enjoy the colour, aroma, flavors and textures of tea.

[\(Back to top\)](#)

7. CU Drama Competition 2018 - Wu Yee Sun Drama Society 書院劇社參加中大戲劇比賽



Our College Drama Club (宜孫劇社) presented its production at CUHK Drama Competition (中大戲劇比賽) 2018 on 1st Nov, with title “FLY” (飛). The plot goes like this: *Ming was a protagonist and saw how his siblings were affected by their mother. Unfortunately, he died accidentally. He had a friend called Ning who was a social activist. However, after reading the repentance letter written by Ming, Ning decided to become a teacher.* The audience enjoyed the performance and gained some inspirations. A big round of applause for the Drama Club’s effort and performance!



[\(Back to top\)](#)

8. Drama Performance: R & J Peony 鑄情



The drama performance “R & J Peony” (鑄情) was on show on 30th Oct and 1st Nov at Shaw College Theatre. The Drama aims at exploring the cultural differences between China and western countries in terms of views of love by integrating 2 famous stories---“Romeo and Juliet” (羅密歐與茱麗葉) and The Peony Pavilion (牡丹亭). The play was co-organized by our College, Chung Chi College, United College and Shaw College. Mr. Hardy S.C. Tsoi (蔡錫昌先生), our Senior College Tutor and Former Arts Administrator and Manager of CUHK Sir Run Run Shaw Hall, directed the performance. The audience enjoyed the interesting and inspiring drama.

[\(Back to top\)](#)

College Activities

1. "Meet the Dean" Gathering



Meet Professor Man-hong Lai, our College Dean of Students to share your thoughts!

Date: 7th Nov **(this Wednesday!)**

Time: 4:30pm

Venue: College Staff Canteen

Application: <https://goo.gl/zZPFzI>

Enquiries: Ms. Sonia Yu (3943-3937 / soniayu@cuhk.edu.hk)

[\(Back to top\)](#)

2. 11th College Anniversary 十一周年院慶

The following message is drafted by "Wu Yee Sun College Anniversary Organising Committee".



11 月有一連串活動慶祝書院 11 周年院慶，誠邀大家一起參與! 請按此獲取最新活動資訊。

The College is celebrating its 11th Anniversary in Nov 2018. You are most welcome to join the events listed below. Please click [HERE](#) for latest updates.

日期 Date	時間 Time	地點 Venue	Event 活動
7/11	18:00 - 22:00	書院學生飯堂 College Student Canteen	523 Banquet (523 人宴)
8/11	19:00 - 23:00	書院中央庭園 College Central Courtyard	Sunny Festival (大笪地)
13/11, 14/11	18:00 - 22:30	書院大堂 College Gallery	Haunted House (迷離宜孫) & Chamber House (密室逃脫)

[\(Back to top\)](#)

College Announcements

1. 2019/20 Application for Student Hostel Residence & Briefing Session (for Non-local students admitted in 2016/17 or after)

2019/20 Application for Student Hostel Residence (for Non-local students admitted in 2016/17 or after) will open on 12th November 2018. If you wish to be allotted a hostel place in 2018-19, no matter via Guaranteed Hostel Period or Resident Selection, you have to submit an application during the designated time.

The application is administered in Term One to allow more time for non-local students who are not allotted hostel places to explore accommodation arrangement.

Application: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=6042438>

Application period: 12th - 26th Nov

Document submission period (*only for those applying via Resident Selection*): 28th and 29th Nov (office hours at College Office)

A fact sheet has been prepared to explain the mechanism and administration of hostel places allocation. Before applying for student hostel residence, please read the Note to Applicants carefully.

Useful links:

Fact Sheet on Hostel Accommodation for Non-local Students Admitted in 2016/17 and after:

https://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1541068026WYS_FactSheet_NL201617_Nov2018.pdf

Note to Applicants for Student Hostel Residence (2019-20): https://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1541056724WYS_Hostel_201920_NL1617_ApplicationNote.pdf

Briefing Session

To explain the resident selection process and provide an occasion for students to raise questions, the Student Hostels Committee is organizing a briefing session for non-local students who entered CUHK in or after 2016/17. You are recommended to read the Fact Sheet (link provided above) before attending the briefing session so as to gain better understanding of the arrangement concerned.

Date: 13th Nov (Tue)

Time: 6:30 pm – 7:30 pm

Venue: College Theatre, UG/ F

Registration: <https://webapp.itsc.cuhk.edu.hk/ras/restricted/event?id=23800>

Enquiries:

Ms Polly Po (polly@cuhk.edu.hk / 3943-1741)

Miss Zalon Wong (zalonwong@cuhk.edu.hk / 3943-9773)

[\(Back to top\)](#)

2. Wu Yee Sun College The Most Popular Canteen Staff Polling (2018-19 Term 1) 伍宜孫書院飯堂最受歡迎員工選舉 (2018-19 上學期)



多謝大家對書院最受歡迎飯堂員工選舉的支持，伍宜孫書院自舉辦最受歡迎飯堂員工選舉後，飯堂服務質素不斷提升。書院於 11 月份繼續舉辦最受歡迎飯堂員工選舉，希望大家踴躍投票，為改善飯堂質素出一分力。

Thank you very much for voting the Most Popular Canteen Staff Polling in the past. Since the establishment of the Polling, the catering services have been largely improved. Another round of voting is conducting now. Please be reminded to give a vote. Let's work together to improve the catering service of College canteen.

請登入以下連結投票選出你心目中最受歡迎飯堂員工(每個同學/教職員最多可投三位飯堂員工)

Please click onto the link below to vote for the most popular canteen staff.
(Each student/staff can vote for three canteen staff at most)

<https://goo.gl/xpXoTj>

Voting period 投票日期 : 1st to 30th Nov

[\(Back to top\)](#)

3. Recruitment of Student Ambassadors for College Graduation Ceremony 伍宜孫書院畢業典禮 - 招募學生大使

Please join us to celebrate the 3rd Wu Yee Sun College Graduation Ceremony with our graduates on Thursday, 15th Nov.

We are now recruiting student ambassadors to assist in venue setup, greeting and ushering guests, crowd control, distribution of materials etc. If you are interested to help out, please complete the online application form

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=6168421>.

Successful applicants will be notified by early Nov. Thank you.

[\(Back to top\)](#)

4. 伍宜孫音樂學會 ---“今日宜樂”招表演者 (Chinese Only)

The following message (Chinese only) is drafted by “Wu Yee Sun Music Society” :

伍宜孫音樂學會又有新搞作啦！

想係一大班人面前大顯身手？

想食住飯聽高質音樂？

咁就啱啦！嚟 join 我哋伍宜孫 regular performance 啦！

我哋嚟緊 11 月 9 號就會喺伍宜孫 canteen 搞三場表演, 唔使錢, 唔使識玩音樂, 只要你想就可以隨時 join!

鍾意音樂嘅你, 仲諗咩呀? 快啲報名做 performer 啦!

報名 link : <https://goo.gl/forms/JEBmecyh7najQwjo2>

仲有未 like 我地個 Facebook page 就快啲 like 啦 <https://www.facebook.com/wysmusicoc/>

到時見！

[\(Back to top\)](#)

5. “Meet the Dean” Hours 輔導長時間

“Meet the Dean” Hours is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned. The session is hosted by:

- Professor Man-hong Lai (黎萬紅教授), College Dean of Students and Associate Professor at the Department of Educational Administration and Policy
- Professor Ming-kay Poon (潘銘基教授), College Associate Dean of Students and Associate Professor at the Department of Chinese Language and Literature
- Dr. Po-kin Leung (梁寶建博士), College Associate Dean of Students and Lecturer at the Department of Physics

Every Sunnie is welcome!

Academic Year 2018/19

Date: Every Wednesday

Time: 4:30 pm – 5:30 pm

Venue: Dean of Students Office, Room UG09, Wu Yee Sun College

Enquiries:

Ms. Sonia Yu (soniayu@cuhk.edu.hk / 3943-3937)

Miss Katie Yu (katieyu@cuhk.edu.hk / 3943-3935)

[\(Back to top\)](#)

6. Student Pastoral Care

Sometimes you find yourself with these negative emotions: lost, alone, aimless or confused as you adjust to university life or pursue personal growth. Share your feeling with others will help release your emotions and gain new perspectives! DON'T be afraid to ask for help. Our College Dean of Students would be more than happy to speak to you and give you advices, below are the contact numbers you may wish to know.

- 1) You are welcome to speak with our **College Dean of Students** when you have problems that need resolving. Please call **3943 3942** for arrangement.
- 2) You may also approach the **University's Wellness and Counselling Centre** at **3943 7208** for help.
- 3) A **24-hour Emotional Support Hotline** at **5400 2055** is available to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations.

[\(Back to top\)](#)

7. Exchange and Travel Grant/Loan 2018/19

College students with financial needs who are selected for semester or year exchange programmes or going overseas for summer activities/exchanges may apply for Exchange and Travel Grant/Loan.

There are different rounds of applications. **For programmes /activities held in Oct 2018 – Jan 2019, application is now open until to 14th Dec 2018.**

For programmes / activities held in Feb – May 2019, application will be open from 15th Dec 2018 to 14th Apr 2019.

Check out the following link for more information including eligibility:

www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1524620166ExchangeandTravelGrantandLoan2017183rd.pdf

Enquiries:

Miss Yolinda Wong (yolindawong@cuhk.edu.hk)

[\(Back to top\)](#)

8. Book Exchange Corner at The Lounge in House of Sunny Living 如日坊 – 漂書閣

A Book Exchange Corner has been set up at The Lounge in House of Sunny Living. Students and staff are welcome to donate good books for exchange. You can come to The Lounge to pick a book which is of interest to you and at the same time, please leave down a good book for exchange.

[\(Back to top\)](#)

9. Venue Booking of Terrace of Dreams for Barbecue Activities 借用圓夢臺 (燒烤活動用途)

If students would like to reserve Terrace of Dreams for Barbecue activities, you may follow the procedures below to submit application.

Step 1: Reserve Terrace of Dreams at <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=4082730> at least THREE working days prior to the event date.

Step 2: Receive booking results via email from College

Step 3: Go through the rules & regulations, then submit application to Student Union for reserving BBQ Stove <https://drive.google.com/drive/folders/0B2BJiMcr2icqWkE4V3dmMWJXVvKE>

Please be reminded BBQ can only take place in designated time and location:

Booking Period: Mon – Thu, 4:30 pm - 11:00 pm

Designated Location for BBQ: Terrace of Dreams

*Booking of Terrace of Dreams via this online application can only be made for BBQ activities. For other activities organized by student bodies, student bodies concerned should submit booking request via online booking system (<https://www6.cuhk.edu.hk/WYS/frs/WYSLogin.aspx>).

Enquiries:

Miss Kathy Fong (kathyfong@cuhk.edu.hk / 3943-3942)

[\(Back to top\)](#)

10. Displaying Promotion Poster and Video in College

To enhance the promotion channels and encourage student creativity, College student bodies may submit online application to display poster and video in College for their activities.

Display Locations*:

1. Video wall at College Gallery (G/F)
2. TV at Lift Lobby, East Block (G/F)
3. TV at Lift Lobby, West Block (G/F)
4. TV at Student Canteen (LG/F)

*College student bodies cannot select display locations.

Guidelines: <http://www.wys.cuhk.edu.hk/downloads.php>

Application: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=4616428>

Enquiries:

Mr. Jason Cheng (jasoncheng@cuhk.edu.hk / 3943-3989)

Ms Sonia Yu (soniayu@cuhk.edu.hk / 3943-3937)

[\(Back to top\)](#)

College Funding & Awards Schemes

1. Mingle Fund

Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College. The Fund supports self-initiated activities with participation of both local and international/incoming exchange students. Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity. For more info, please visit: www.wys.cuhk.edu.hk/exchange.php?cat=others .

Enquiries:

Miss Kathy Fong (kathyfong@cuhk.edu.hk / 3943-3942)

[\(Back to top\)](#)

2. Sports for Life Award Scheme 體育運動參與獎勵計劃

If you have participated in College sports activities before (check out at <https://goo.gl/kzLvWn>), you may redeem the water bottle and towels. Redemption details are as follows:

Period: 3rd - 30th Nov 2018

Time: Mon-Thu 8:45 am - 5:30 pm and Fri 8:45 am - 5:45 pm

Location: Dean of Students' Office (UG09)

[\(Back to top\)](#)

3. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃

Life begins at the end of your comfort zone!

A **SMALL** change can make a **BIG** difference!

If you are planning for any short-term projects containing elements of Creativity, Entrepreneurial Spirit or Social Responsibility, apply "Be Entrepreneurial!" Funding Scheme.

To provide more support to students, the maximum funding amount has been raised to \$20,000!!!

Maximum Funding Amount: HK\$20,000

Eligibility

- All WYS undergraduate students
- Individual and Group projects (*the group must comprise of at least 50% WYS students, other 50% may be students from other Colleges*)
- Applications are welcome all year round

What are you waiting for? Click [HERE](#) to find out more information!

Enquiries:

Ms Florence Tsui (florencetsui@cuhk.edu.hk / 3943-9767)

[\(Back to top\)](#)

4. Global Learning Award Scheme (Summer Round) 寰宇學習獎勵計劃 (夏季)

Introduction

Global Learning Award Scheme aims to encourage students to create, design, plan or participate in **non-local** academic or experiential learning programmes, so as to broaden students' international perspectives and enrich their experiences. Students need to demonstrate from the application documents and interview that the programme applied is beneficial and valuable to them instead of just simply for entertainment. The College Student Exchange Committee will then determine if the students can be awarded, and the award amount (if any). For successful applicants, they will be awarded "Global Learning Award" and receive the award amount after fulfilling all post-trip requirement on time. For more details, please refer to the webpage of GLAS.

Eligibility

All Wu Yee Sun College students (except Exchange students) are eligible for application. The programme joined or planned must be finished by their corresponding graduation date. Some examples are students self-initiating or joining overseas tours, academic conferences, competitions, field trips, courses, internship/major-related placement, research, voluntary service. Programmes organized and subsidized by the College and Term-long Exchange Programmes are excluded.

Maximum Award Amount

The maximum award amount varies with the programme length and programme nature.

	Programme Length	Programme Nature	Maximum Award amount
Short-term	Shorter than one month	Self-initiated programmes	HK\$12,000 or 100% of cost of the particular items (whichever is lower)
		Participating in organized programmes	HK\$5,000 or 50% of cost of the particular items (whichever is lower)
Long-term	One to six months	Self-initiated programmes	HK\$15,000 or 100% of cost of particular items (whichever is lower)
		Participating in organized programmes	

Application

Before submitting the online application form (<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=5632495>), please read through all guidelines and samples on the webpage.

Round	Applying for trips taken during (for trips overlapping both rounds, <u>first date</u> of the trip shall determine the application period)	Application period
Winter	1 st Nov – 30 th Apr	1 st May – 31st Oct
Summer	1 st May – 31 st Oct	1 st Nov – 30 th Apr

Enquiries

Miss Kathy Fong (kathyfong@cuhk.edu.hk / 3943-3942)

Miss Katie Yu (katieyu@cuhk.edu.hk / 3943-3935)

[\(Back to top\)](#)

5. Service-learning project Funding Scheme 服務學習項目資助計劃

If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's Service-learning Project Funding Scheme supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project.

Learn to serve and serve to learn! Please visit the website for more info.

Enquiries:

Miss Katie Yu (katieyu@cuhk.edu.hk / 3943-3935)

[\(Back to top\)](#)

6. Self-Motivation Fund for Sports Activities 「自選遊」體育活動資助計劃

*Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of **sports activities and qualification courses for sports coach**, in order to live up the spirit "Sports for Everyone".*

More Diversified and Greater Support!

Eligibility

Application Fee of Sports Events --> **BOTH application fee and course fee of sports activities and workshops**

Funding Amount

Sports Activities: Max. \$500 --> **\$1,000**

Qualification Courses for Sports Coach: Max. \$800 --> **\$2,000**

More details: <https://www.wys.cuhk.edu.hk/page.php?name=sports-health-education>

Enquiries:

Miss Kathy Fong (kathyfong@cuhk.edu.hk / 3943-3942)

[\(Back to top\)](#)

Other Activities & Announcements

1. SKDCC X emoji® Run for Charity 2018



SKDCC X emoji® Run for Charity 2018 aims to encourage publics to participate in running and outdoor activities, as well as embracing the nature. SKDCC also promotes positive attitude in different life stages. The proceeds from the event will be used for the rural elderly service

Date: 16th Dec

Event Details: <https://runforcharity.skdcc.org/>

Application:

If you are interested in forming a team of **4 members** to join the *Elite Group (精英組)*, *Challenge Group A (挑戰A組)* or *Challenge Group B (挑戰B組)*, please provide following information of EACH student by sending email to soniayu@cuhk.edu.hk **on or before 9th Nov 2018:**

1. Student ID
2. English Full Name
3. Chinese Name (if applicable)
4. Contact Phone
5. Contact Email
6. Team Name

[\(Back to top\)](#)

2. Fuji Xerox (Hong Kong) Limited/HKMA Leadership and Management Seminar Series 2018

To provide more learning opportunities and exposure to business environment for students, **5 complimentary seats** will be provided at each of the upcoming seminars with details as follows:

1. Forum on “Social Impact Leadership for Business Success”

Date: Friday, 16th Nov

Time: 3:00 pm - 5:00 pm

Venue: Room 101, 1/F, First Commercial Building, 33-35 Leighton Road, Causeway Bay, Hong Kong

Language: English

Speakers from two **Sustainable** Outdoor Products Suppliers:

Dr Antje von Dewitz, Chief Executive Officer, **VAUDE** “*Won the GreenTec Award 2018 (one of the world’s most important environmental awards)*”

Mr Whelan Leung, Founder and Chief Executive Officer, **Protrek** “*Import products which are environmentally friendly and harmless to human body*”

2. Leadership and Management Seminar on “Use Innovation to Grow Your Business”

Date: 22nd Nov (Thu)

Time: 3:30 pm - 5:00 pm

Venue: 3/F, Tower 2, South Seas Centre, 75 Mody Road, Tsimshatsui, Kowloon

Language: Cantonese

Speakers:

Ms Jelly Zhou, Managing Director – Shopping and E-commerce, **HKTV** “*Pioneer of E-commerce in HK*”

Mr Bosco Law, Deputy Chairman and CEO, **Lawsgroup** “*Successfully revitalized industrial buildings into D2 Place*”

Interested students please send email to soniayu@cuhk.edu.hk with following information **on or before 8th Nov.**

1. Student ID
2. English Full Name
3. Major / Programme

- 4. Contact Phone
- 5. Contact Email

[\(Back to top\)](#)

3. HSBC Overseas Scholarship 2019/20

The scholarship will enable local non-final year full-time undergraduate students to spend a semester or an academic year as a visiting student or an exchange student at one of the overseas universities selected from the List of Overseas Universities. The maximum total value for each scholarship is HK\$300,000, which can only go towards tuition fees and mandatory college fees, a minimum economy return airfare, reasonable room and board costs, books, a small portion of living expenses and visa application fees.

Details of the Scholarship and its application form can be downloaded from <http://admission.cuhk.edu.hk/> (Financing Your Studies à Scholarships à Open for Applications). The application deadline is 27th Dec 2018.

Enquiries:

Scholarships and Financial Aid Section, Office of Admissions and Financial Aid (sfas@cuhk.edu.hk / 3943-7204)

[\(Back to top\)](#)

4. Edwin S H Leong Hughes Hall Scholarship 2019/20

To enable students of outstanding academic merit from CUHK who need support to pursue postgraduate study at The University of Cambridge, Dr. Edwin Leong will donate a scholarship tenable at Hughes Hall in Cambridge for an outstanding graduate from CUHK to pursue a one-year full-time study at Master's level, either for a taught or research degree, in the academic year 2019-20.

The maximum value of the Scholarship is £32,000 (subject to confirmation) which may cover, in full or in part, the following:

- the University Composition Fee;
- the College fee;
- a maintenance allowance to take care of board and lodging set each year by the Cambridge Overseas Trust and a settling-in fee;
- the cost of one return airfare between Hong Kong and the United Kingdom by the most economical route

The Scholarship shall only be awarded to the CUHK alumni who graduated within the recent 3 years (i.e. 2015, 2016 and 2017 classes). It may also be awarded to a final-year student contingent upon graduating from CUHK before taking up the Scholarship.

Details of the Scholarship and its application form can be downloaded from our website at <http://admission.cuhk.edu.hk/> (Financing Your Studies -> Scholarships -> Open for Applications).

Completed application together with ALL the supporting documents must reach the Scholarships and Financial Aid Section, Office of Admissions and Financial Aid, Room 1202, 12/F, Yasumoto International Academic Park by 5:30 pm, 31st Jan 2019 (Hong Kong time). Late or incomplete applications will not be processed.

Enquiries:

Scholarships and Financial Aid Section, Office of Admissions and Financial Aid (sfas@cuhk.edu.hk / 3943-7204)

[\(Back to top\)](#)

5. <賽馬會心導遊計劃>一站式網上自助心理支援平台

- 每日的工作都很繁忙，究竟如何可以隨時隨地去照顧自己的心理健康呢？
- 在香港有七分之一的成年人曾經有精神困擾的經歷，但只有 25%的人會尋求協助，究竟原因是什麼呢？
- 你試過情緒受困擾卻不知道如何照顧自己嗎？
- 你試過見到身邊的人精神狀態不太好，卻不知道怎樣去支持他們嗎？

我們明白不同人會在不同時候，會有不同的精神健康狀況，亦會有不同的需要。《賽馬會心導遊計劃》旨在根據每個人的個別需要，並配合現今科技向大眾推廣精神健康，從而達到以下目的：

- 提高社會對精神健康意識及去除對精神病的誤解
- 提昇心理健康及促進個人成長
- 預防抑鬱或焦慮症狀
- 及早處理情緒困擾

立即登入 www.jctourheart.org 登記成為會員，進行簡單的心理健康評估。平台會根據評每個人的個別需要而建議合適的課程或服務。只要每日抽少少時間參與平台上的課程，就可以隨時隨地提升自己的心理健康！

註：手機版仍在測試改善中。使用電腦版的 Google Chrome、Apple Safari 或 Microsoft Edge 瀏覽網上平台，會獲最佳效果。

[\(Back to top\)](#)

To unsubscribe, please email us at info.wys@cuhk.edu.hk.