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You can also contact Mr. William Mak at [williammak@cuhk.edu.hk](mailto:williammak@cuhk.edu.hk) or 3943 3989 for technical support.



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#### Sunny Review 上周回顧

##### 1. Christmas & New Year Party





Santa Claus is coming to WYS!

Led by Professor Kam-fai Wong (黃錦輝教授), College Associate Master and Chairperson of College Life and Personal Growth Committee, Christmas & New Year Party was held on 12<sup>th</sup> Dec to celebrate the festive season with College staff members and students.

Professor Anthony T.C. Chan (陳德章教授), College Master, warmly greeted the participants and led the carol singing. Then everyone enjoyed the turkey and festive feast! Portrayal of Santa Claus by Professor Kam-fai Wong brought the event to another climax! Lucky ones could even get a gift from him.

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## 2. Wu Yee Sun College Most Popular Canteen Staff Award Presentation 伍宜孫書院飯堂最受歡迎員工頒獎禮



With a view to enhancing the canteen services and strengthening the communication between canteen staff and students, the College conducted the Most Popular Canteen Staff Polling from 1<sup>st</sup> to 30<sup>th</sup> Nov.

Ms. Li Mei-mei (李妹妹女士) received the highest vote and was awarded the Most Popular Canteen Staff. Ms. Chan Yuk-man (陳玉敏女士) and Ms. Wong Lai-mei (黃麗媚女士) received prizes for first and second runner-up respectively. The award presentation was held last Tuesday in the College Student Canteen. We were grateful to have Professor Anthony T.C. Chan, College Master (院長陳德章教授), Professor Francis K.H. Cheung, Chairman of the Catering Services Committee (膳食委員主席張國洪教授) and Mr. Eric K. Y. Kwan (關家耀先生), Caterer of College Canteen to present the prizes to the awardees.

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## 3. Breakfast Meeting with CUHKFAA Chan Chun Ha Secondary School



Professor Man-hong Lai (黎萬紅教授), College Dean of Students met a group of students and teacher of CUHKFAA Chan Chun Ha Secondary School in the morning of 12<sup>th</sup> Dec. Students were eager to know about learning and personal development in the breakfast meeting.

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## College Activities 書院活動

### 1. Rance Lee Mentorship Programme 李沛良師友計劃 2017-18 <Application Deadline Tomorrow!>



**Objectives:** Enrich students' **social networking, people skills and career development**

**Benefits for Mentees:**

- Identify needs and goals for personal development
- Broaden horizons in real-life workplace
- Extend personal network for future development
- Brainstorm and act on new ideas together with mentors

**Mentorship Format**

- **“Group-to-group Mentor-mentee” model:** We match 2-4 mentors and 4-6 mentees of diversified backgrounds so as to bring in more creative insights.
- **Two-year Programme Period:** Mentors and mentees can utilize two years to establish closer bonding and pursue new goals together.

**Eligibility:** Year 2 and Year 3 full-time undergraduate students affiliated to Wu Yee Sun College (Priority will be given to Year 2 students)

**Application:** Submit [online application](#) on or before **19<sup>th</sup> Dec 2017**

**Selected students are required to attend the following activities**

1. Mentee Briefing: evening in mid-January, 2018
2. “Meet Your Mentor” – Mentorship Gathering: weekend afternoon in late-January or early-February, 2018

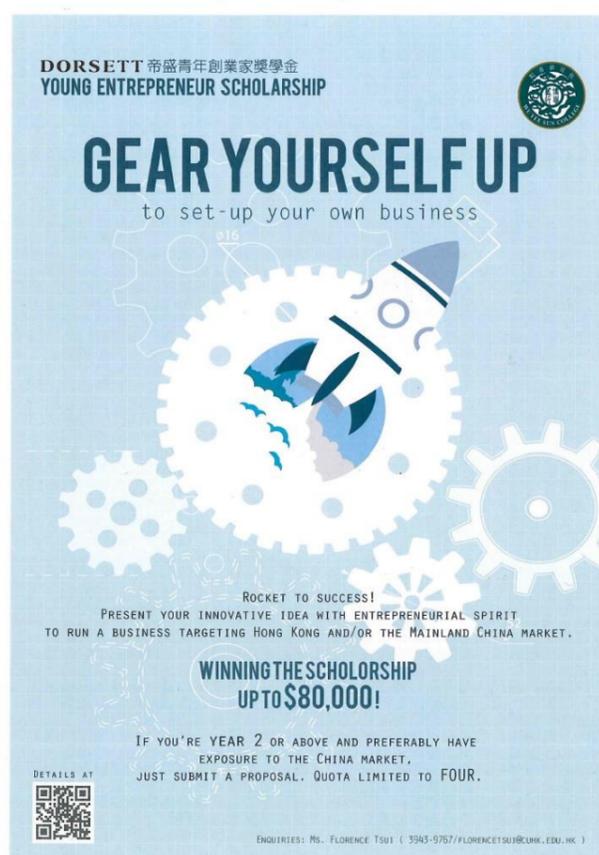
**More Details:** <https://goo.gl/Z1aYmf>

**Enquiries:** Miss Sonia Yu (3943-3937 / [soniayu@cuhk.edu.hk](mailto:soniayu@cuhk.edu.hk))

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## College Announcements 宣佈事項

### 1. Dorsett Young Entrepreneur Scholarship – Now open for application



Great News!!! With the generous support of Dorsett Hospitality International, a new award Dorsett Young Entrepreneur Scholarship (DYES) is available. Each recipient/group will be offered up to **HK\$80,000**, which is subjected to the total number of applications, with **2-4 quota per year**.

Dorsett Young Entrepreneur Scholarship aims at providing students, who are year 2 or above and preferably have exposure to Mainland China, an opportunity to demonstrate entrepreneurial talents with innovative ideas to set-up their own business, targeting Hong Kong and/or the Mainland China market. Complimentary office space, mentoring and coaching from Dorsett senior management may be provided if consider appropriate.

Please check out our website and download the guideline to get more details - <http://www.wys.cuhk.edu.hk/funding-scheme.php>

Should you be interested in setting up your own business, please submit the application with the executive summary and business model canvas **on or before 26<sup>th</sup> Jan 2018**.

Should you have any question, please don't hesitate to contact Florence Tsui at [florencetsui@cuhk.edu.hk](mailto:florencetsui@cuhk.edu.hk) or 3943-9767. Thank you!

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## 2. Suspension of Sunny Weekly in Christmas Holiday

Please note that The Sunny Weekly will be suspended next week due to Christmas Holiday and will resume on 2<sup>nd</sup> Jan 2018.

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## 3. Opening Hours of College Catering Outlets at Winter Solstice, Christmas and New Year Holidays 冬至、聖誕及新年期間書院膳堂之營業時間

Kindly note the following opening hours of all catering outlets at Wu Yee Sun College:

|  |                        |
|--|------------------------|
| 22 <sup>nd</sup> Dec 2017 (Fri)                                  | 7:45am - <b>5:00pm</b> |
| 24 <sup>th</sup> - 26 <sup>th</sup> Dec 2017 (Sun - Tue)         | Closed                 |
| 31 <sup>st</sup> Dec 2017 - 1 <sup>st</sup> Jan 2018 (Sun - Mon) | Closed                 |

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## 4. College Photo Day for Graduating Students of 2017/18

The College Photo Day for Graduating Students of 2017/18 has been scheduled on 23<sup>rd</sup> Mar 2017 (Fri). More information regarding application for departmental booths, collection and return of gowns, schedule for group and departmental photos etc. will be announced in due course.

Contact Rebecca at [rebecca\\_wong@cuhk.edu.hk](mailto:rebecca_wong@cuhk.edu.hk) / 3943 3936 if you have any questions.

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## 5. Meeting of Scholarships & Financial Aid Committee - Next Meeting Date (19<sup>th</sup> Jan)

The upcoming meeting of Scholarships & Financial Aid Committee will be held on Monday, 19<sup>th</sup> Jan 2018 at 4:00pm. College students are welcome to pass their opinions and suggestions on relevant issues, if any, to the student members of the committee (Student Union: [reasun.wyssu@gmail.com](mailto:reasun.wyssu@gmail.com)) prior to the meeting. Thank you for your valuable input.

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## 6. Reaching Out Award 2017/18 - Now open for application 外展體驗獎 2017/18 現已接受申請

Wu Yee Sun College full-time undergraduate students are now invited to apply for the Reaching Out Award 2017/18 (ROA) offered by the HKSAR Government. The award, in the amount of HK\$10,000 for each successful applicant, aims to support students in participating in events/competitions (e.g. conferences/forums/workshops/seminars/training camps/competitions/service projects etc.), internships or placements (credit-bearing/non-credit bearing), field/study trips or courses (e.g. foreign language immersion programmes/academic exchange programmes etc.) which are conducted outside Hong Kong in 2017/18 academic year (1st Sep 2017 - 31st Aug 2018).

Learn more about the selection criteria, supporting documents required and application procedures:-  
<http://www.wys.cuhk.edu.hk/news-details.php?id=6879&lang=zh>

Application Deadline: 7<sup>th</sup> Feb 2018 (Wed)

Enquiries: Contact Rebecca at [rebecca\\_wong@cuhk.edu.hk](mailto:rebecca_wong@cuhk.edu.hk) / 3943 3936 or Yolinda at [yolindawong@cuhk.edu.hk](mailto:yolindawong@cuhk.edu.hk) / 3943 3932

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## 7. Complimentary Fruit at College Student Canteen 書院學生飯堂免費送水果

To show their support to students during the examination period, the caterer will offer complimentary fruit to Wu Yee Sun College students who purchase any meal (drinks excluded) from 4 to 22 December 2017 (Monday to Friday; Dinner session only) at the Wu Yee Sun College Student Canteen. Please present your CU Link Card as verification. Offers limited to 40 fruits per day and first-come first-served.

書院學生飯堂將於 2017 年 12 月 4 日至 22 日之星期一至五晚市時段贈送水果予本院同學，為同學考試溫習打氣！凡於上述期間惠顧晚市食品（飲品除外），可免費獲贈水果乙個。同學需出示學生證以茲證明。每晚限送 40 份，送完即止。

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## 8. Temporary Study Room during Examination Period (6-22 Dec)

Seminar Room 112 (1/F, West Block) will be open 24 hours as a temporary study room during centralized exam period from 6<sup>th</sup> to 22<sup>nd</sup> Dec 2017. College students can access the room with their CU link cards. Please observe rules of study room use and be considerate to other users.

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## 9. Temporary Counter Service Arrangement of Dean of Students' Office (UG/F)

Renovation work at Dean of Students' Office (UG/F) is being conducted **from 22<sup>nd</sup> Nov 2017 to 14<sup>th</sup> Jan 2018**. The office will be temporarily closed and noise may be generated during the early work period.

In regard of the **provision of following counter services**, please go to **College Office (G/F)**:

1. Submission and Collection of Documents/ Certificates
2. Submission and Collection of Deposit
3. College Facilities/ Equipment Booking

Dean of Students' Office will resume normal operation on 15<sup>th</sup> Jan 2018. If you have any enquiries, please contact Kathy at 3943-3942 / [kathyfong@cuhk.edu.hk](mailto:kathyfong@cuhk.edu.hk) or Kiki at 3943-3934 / [kiki.chan@cuhk.edu.hk](mailto:kiki.chan@cuhk.edu.hk).

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## 10. Exchange and Travel Grant/Loan 2017/18

College students with financial needs who are selected for semester or year exchange programmes or going overseas for summer activities/exchanges may apply for Exchange and Travel Grant/Loan.

There are different rounds of applications. **For programmes/activities held in Oct 2017 - Jan 2018, the application is now open until to 14<sup>th</sup> Dec 2017.**

For programmes/activities held in Feb - May 2018, application will be open from 15<sup>th</sup> Dec 2017 to 14<sup>th</sup> Apr 2018.

Check out the following link for more information including eligibility:

[http://www.wys.cuhk.edu.hk/cms/wp-content/files\\_mf/1502848874ExchangeandTravelGrantandLoan2017182nd.pdf](http://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1502848874ExchangeandTravelGrantandLoan2017182nd.pdf)

For enquiries, please contact Miss Rebecca Wong at [rebecca\\_wong@cuhk.edu.hk](mailto:rebecca_wong@cuhk.edu.hk) or Miss Yolinda Wong at [yolindawong@cuhk.edu.hk](mailto:yolindawong@cuhk.edu.hk)

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## 11. "Meet the Dean" Hours 輔導長時間

"Meet the Dean" Hours is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned. The session is hosted by:

- Professor Man-hong Lai (黎萬紅教授), College Dean of Students and Associate Professor at Department of Educational Administration and Policy
- Professor Ming-kay Poon (潘銘基教授), College Associate Dean of Students and Associate Professor at Department of Chinese Language and Literature
- Dr. Po-kin Leung (梁寶建博士), College Associate Dean of Students and Lecturer of Department of Physics

Every Sunnie is welcome!

### **Academic Year 2017-18**

Date: Every Wednesday

Time: 4:30 - 5:30pm

Venue: Dean of Students Office, Room UG09, Wu Yee Sun College

If you would like to register or have any questions, please feel free to contact Miss Sonia Yu ([soniayu@cuhk.edu.hk](mailto:soniayu@cuhk.edu.hk) / 3943 3937) or Miss Katie Yu ([katieyu@cuhk.edu.hk](mailto:katieyu@cuhk.edu.hk) / 3943 3935)

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## 12. Student Pastoral Care

Sometimes you find yourself with these negative emotions: lost, alone, aimless or confused as you adjust to university life or pursue personal growth. Share your feeling with others will help release your emotions and gain new perspectives! DON'T be afraid to ask for help. Our College Dean of Students would be more than happy to speak to you and give you advices, below are the contact numbers you may wish to know.

- 1) You are welcome to speak with our College Dean of Students when you have problems that need resolving. Please call 3943 3942 for arrangement.
- 2) You may also approach the University's Student Counselling and Development Service at 3943 7208 for help.
- 3) A 24-hour Emotional Support Hotline is also launched to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations. The hotline number is 5400 2055.

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## 13. WYS's Got Talents

Are you interested in or excellent at **photography, video-production, art & design, simultaneous interpretation** or being the **Master of Ceremonies**? Or do you have any other talents to showcase?

The College is recruiting all sorts of talents to contribute in various College events including the upcoming College Opening and Anniversary Ceremony, College Forum and Assembly...etc. Registered students may be invited to assist in different occasions. Don't hide your talents, shine in the College!

*P.S. CREATIVITY COUNTS!!!*

Let us know what you are interested in and excellent at: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838>

Enquiries: Miss Kathy Fong (3943 3942/ [kathyfong@cuhk.edu.hk](mailto:kathyfong@cuhk.edu.hk) )

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## College Funding & Award Schemes (for Year-round Application) 書院資助及獎勵計劃 (全年可供申請)

### 1. Mingle Fund

Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College. The Fund supports self-initiated activities with participation of both local and international/ incoming exchange students. Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity. For more info, please visit: <http://www.wys.cuhk.edu.hk/exchange.php?cat=others>.

For enquiries, please contact Miss Kathy Fong at [kathyfong@cuhk.edu.hk](mailto:kathyfong@cuhk.edu.hk) or 3943 3942.

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### 2. Sports for Life Award Scheme 體育運動參與獎勵計劃



Wanna move your body and get a prize in the same time?!

Sports for Life Award Scheme aims at motivating students to take part in more College's sports activities and exercising regularly for a healthy life. Students can earn award points for participating in College's sports activities and gain prizes!

**How to join?** You will be enrolled into the Scheme after joining your first sports activity!

**How to redeem prizes?** Check your accumulated points at <http://bit.ly/WYSSportsForLife>! Redemption will be arranged by the end of every semester.

Please stay tuned for updated activities!

Enquiries: Miss Kathy Fong ([kathyfong@cuhk.edu.hk](mailto:kathyfong@cuhk.edu.hk) / 3943 3942)

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### 3. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃



Life begins at the end of your comfort zone!

A **SMALL** change can make a **BIG** difference!

If you are planning for any short-term projects containing elements of Creativity, Entrepreneurial Spirit or Social Responsibility, apply "Be Entrepreneurial!" Funding Scheme.

To provide more support to students, the maximum funding amount has been raised to **\$20,000!!!**

**Maximum Funding Amount:** HK\$20,000

**Eligibility**

- ✓ All WYS undergraduate students
- ✓ Individual and Group projects (*the group must comprise of at least 50% WYS students, other 50% may be students from other Colleges*)
- ✓ Applications are welcome all year round.

What are you waiting for? Click [HERE](#) to find out more information!

Enquiries: Ms Florence Tsui ([florencetsui@cuhk.edu.hk](mailto:florencetsui@cuhk.edu.hk) / 3943 9767)

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### 4. Global Learning Award Scheme (Summer Round) 寰宇學習獎勵計劃 (夏季)

If you are planning to expand your wisdom and horizon with support from the scheme, ACT NOW! The scheme supports Wu Yee Sun College students to create, design, plan or participate in non-local academic or experiential learning programmes outside Hong Kong, in order to broaden students' international perspectives and enrich their experiences.

The quality of the proposals and applicants' track records are the main considerations in evaluating applications. This Scheme is divided into Short-term and Long-term Scheme. Successful applicants will be awarded "Global Learning Award", which is a merit-based award and the maximum award amount varies for programmes of different length and nature.

|                   | Programme Length       | Programme nature                       | Maximum Award amount   |
|-------------------|------------------------|--|--|
| <b>Short-term</b> | Shorter than one month | Self-initiated programmes              | HK\$12,000 or 100% of particular items ( <i>whichever is lower</i> ) |
|                   |                        | *Participating in organized programmes | HK\$5,000 or 50% of particular items ( <i>whichever is lower</i> )   |
| <b>Long-term</b>  | One to six months      | Self-initiated programmes              | HK\$15,000 or 100% of particular items ( <i>whichever is lower</i> ) |

|  |  |  |  |
|--|--|--|--|
|  |  | *Participating in organized programmes |  |
|--|--|--|--|

\*Programmes organized by the College and Term-long Exchange Programmes will not be considered for this scheme.

The sooner you submit your application, the quicker to receive feedbacks, and more time to improve the contents. Comment from College Exchange Committee members on proposal of self-initiated programmes could be sought by sending request to [kathyfong@cuhk.edu.hk](mailto:kathyfong@cuhk.edu.hk). The request shall be made at least month before application deadline together with submission of the completed proposal, budget plan and application form.

Application is opened twice a year - Winter and Summer Round.

| Round  | Applying for trips taken during<br>(for trips overlapping both rounds, <u>first date</u> of the trip shall determine the application period) | #Application period                        |
|--------|--|--|
| Winter | 1 <sup>st</sup> Nov – 30 <sup>th</sup> Apr   | 1 <sup>st</sup> May – 31 <sup>st</sup> Oct |
| Summer | 1 <sup>st</sup> May – 31 <sup>st</sup> Oct   | 1 <sup>st</sup> Nov – 30 <sup>th</sup> Apr |

\*application documents shall be submitted to DOS Office by the last working day within the application period.

Know more about the details and [apply!](#) Please contact Miss Kathy Fong ([kathyfong@cuhk.edu.hk](mailto:kathyfong@cuhk.edu.hk) / 3943 3942) if you have any enquiries.

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### 5. Service-learning project Funding Scheme 服務學習項目資助計劃



If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College’s Service-learning Project Funding Scheme supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project.

Learn to serve and serve to learn! Please visit the website for more info.

Enquiries: Katie ([katieyu@cuhk.edu.hk](mailto:katieyu@cuhk.edu.hk) / 3943 3935)

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### 6. Self-Motivation Fund for Sports Activities 「自選遊」體育活動資助計劃



**Self-Motivation Fund for Sports Activities** encourages students to participate in various kinds of sports events or competitions, in order to live up the spirit “Sports for Everyone”.

The College will subsidize two types of events:

1. **The application fee of sports events/ competitions/ activities organized by organization(s) OTHER THAN College.** *Oxfam Trailwalker, Standard Chartered Hong Kong Marathon, Totem Run, or The Nike Cup-Hong Kong Five* are some of the examples.

**Funding Amount:** \$500 or 80% of application fee (whichever is lower)

2. **The course fee of qualification courses for sports coach.** *Rowing, Rope-skipping, Orienteering, Taekwondo* are some of the examples.

**Funding Amount:** \$800 or 80% of application fee (whichever is lower)

**Guidelines:** <http://www.wys.cuhk.edu.hk/page.php?name=sports-health-education>

**Application:** Please submit application at <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1935668> at least 14 working days BEFORE the start date of the activity. We will notify applicants the results within two weeks.

**Enquiries:** Kathy ([kathyfong@cuhk.edu.hk](mailto:kathyfong@cuhk.edu.hk) / 3943 3942)

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## Other Activities & Announcements 其他活動及宣佈事項

### 1. 香港中文大學校友會聯會主辦《摯愛》(MY LOVE) 舞台劇環球巡演演員遴選



香港中文大學校友會聯會即將主辦《摯愛》(MY LOVE) 舞台劇環球巡演，誠邀有興趣人士報名出席香港演出演員遴選面試：

遴選日期及時間：

香港遴選：2018年1月27至28日（星期六、日）下午1時至6時

加拿大溫哥華遴選：2018年1月19-20日（星期五、六），下午12時至5時

參加者將於報名後獲通知面試時段，面試約15至30分鐘

香港遴選地點：

香港中文大學邵逸夫堂

報名資格：

參加者對戲劇表演有興趣，其身份必須與香港中文大學有關，及符合以下之其中一項身份：

1. 校董會及顧問
2. 校友 / 榮譽院士
3. 現任或離任職員 / 客席講師
4. 現屆學生
5. 「1-4」之直系親屬。

遴選內容：

劇本選段表演，詳情請參看報名表格及下載劇本選段。

《摯愛》(MY LOVE) 舞台劇環球巡演詳情：<http://www.alumni.cuhk.edu.hk/aafederation/html/drama/drama.html>

查詢：香港中文大學藝術行政主任辦公室

電話：852 - 39437852

電郵：[cuoaa@cuhk.edu.hk](mailto:cuoaa@cuhk.edu.hk)

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### 2. The D.H. Chen Foundation Scholarship 2018/19

The D. H. Chen Foundation Scholarship 2018/19 is now open for application. To be eligible, applicants must:

- be permanent residents of Hong Kong;
- be full-time Year 1 undergraduate students in the academic year 2017/18<sup>^</sup>;
- be studying a UGC-funded undergraduate programme;
- attain a Year GPA of at least 3.5 out of 4.0 or equivalent in Year 1; and
- demonstrate leadership, civic mindedness and commitment to social service.

<sup>^</sup> Students enrolled in two-year undergraduate programmes are NOT eligible for this Scholarship Programme.

For details of the Scholarship and its application form, please visit <http://admission.cuhk.edu.hk/> (Financing Your Studies > Scholarships > Open for Applications).

**If you would like to learn more about the Scholarship, please join the upcoming Information Session.**

Date : 17<sup>th</sup> Jan 2018 (Wed)

Time : 4:30 p.m. - 5:30 p.m.

Venue : LT8, 2/F, Yasumoto International Academic Park, CUHK

Speakers : Representatives of The D. H. Chen Foundation

The D. H. Chen Foundation Scholars

Language : Cantonese

All LOCAL Year 1 undergraduate students admitted into CUHK in 2017/18 are welcome.

### Registration Procedures

1. To reserve a seat for the Information Session, please complete and submit **by 11<sup>th</sup> Jan 2018** an online registration form which is available at the website of the Office of Admissions and Financial Aid at <http://admission.cuhk.edu.hk/> (Financing Your Studies > Events).
2. Confirmation on registration will be sent by email **on or before 12<sup>th</sup> Jan 2018 (Fri)**.

### Enquiries

For enquiries, please contact us by email at [sfas@cuhk.edu.hk](mailto:sfas@cuhk.edu.hk) or by telephone at 3943-7209 / 3943-1737.

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## 3. Student Leader Training Scheme 2018 學生領袖培訓計劃 2018

常聽說「生活要用心經營」。「經營」二字時時刻刻在我們身邊出現——經營愛情、經營友情、經營家庭、經營事業、經營學業。字典是這樣說的：「經營」包含籌劃經管、組織計劃之意。網絡上載林林總總關於經營生活的妙法；良方再多，亦離不開一個字——「人」。大學生活中，無論你上課、「上莊」、「傾 project」、「去 exchange」、做義工或兼職，每天總少不免為大大小小的事情討論、思考、決策及取捨。義大利裔美籍企業家、美國克萊斯勒汽車（Chrysler）的前總裁李·艾柯卡先生（Lee Iacocca）曾說：「動機最重要，你可以做兩個人的工作，但你不能成為兩個人。你必須鼓舞下一個人，並使他鼓舞他的團隊。」艾柯卡先生握要道出領袖的基本素質——啟發、感染和推動他人。

學習不局限於課堂；由學生事務處學生發展及資源組舉辦的「學生領袖培訓計劃」Student Leader Training Scheme (SLTS)，將透過一系列活動，讓大家：

- S - 認識自我 (SELF) : 學習聆聽自我內在聲音，了解自我性格，明白內心的真正需要；
- L - 聯繫溝通 (LIAISON) : 掌握與人溝通的要訣，加強同理心，從而提升處理人際關係的能力；
- T - 建立團隊 (TEAM) : 提高團隊精神及領導才能；
- S - 掌握技能 (SKILLS) : 加強演說、危機處理、財務管理及短片製作技巧。

### 計劃內容

計劃內的活動語言以廣東話為主，各項活動分屬四大單元：

#### 單元一：認識自我 (SELF)

1. 「MBTI® 性格類型」工作坊 (REF: S-02)
2. 「性格透視®」工作坊 (REF: S-01)
3. 「體驗戲劇 探索生命」工作坊 (REF: S-03)

#### 單元二：聯繫溝通 (LIAISON)

1. 「團隊教練」工作坊 (REF: L-01)
2. 出走校園：參觀「毋忘愛」 (REF: L-02)
3. 出走校園：「香港導盲犬服務中心」體驗日 (REF: L-03)
4. 「口述電影」工作坊 (L-04)

#### 單元三：建立團隊 (TEAM)

1. 歷奇領袖訓練營 (REF: T-01)
2. 悟宿基金本科生外展訓練計劃 2017-18 (REF: T-02) 2018 年 5 月 (待定)

#### 單元四：掌握技能 (SKILLS)

1. 「危機處理」工作坊 (REF: SK-01)
2. 「學生團體財政管理」工作坊 (REF: SK-02)
3. 「拍攝宣傳短片」工作坊 (REF: SK-03)
4. 「成功演說」工作坊 (REF: SK-04)

|          |   |
|----------|---|
| 參加者資格：   | 香港中文大學全日制本科生及研究生<br>(校內本科生團體或研究生團體的現任或候任幹事優先)   |
| 申請活動之數目： | 不限  |
| 費用：      | 全免 (悟宿基金本科生外展訓練計劃 2017-18 (REF: T-02) 除外)   |
| 獲取鼓勵：    | 完成 6 項活動或以上之參加者將獲得：<br>1. 香港中文大學學生領袖培訓計劃證書<br>(香港中文大學首張記錄參加者學生團體名稱及職位之證書)；<br>2. 港幣五十元書券乙張。 |
| 注意事項：    | 1. 學生事務處保留更改活動及計劃細則的權利；<br>2. 學生事務處將在活動期間拍照及攝錄影以製作花絮；有關照片及影片之版權均屬學生事務處所有；                   |

3. 報名期間所收集的個人資料，僅作此培訓計劃後勤及聯絡學生團體之用。

報名：<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2281295>

首輪截止報名日期：2017年12月18日11:55pm

詳情：[www.cuhk.edu.hk/osa/slts.pdf](http://www.cuhk.edu.hk/osa/slts.pdf)

查詢：羅佩詩女士 (3943-7947 / [cecilaw@cuhk.edu.hk](mailto:cecilaw@cuhk.edu.hk)) & 司徒峰先生 (3943-5909 / [szetofung@cuhk.edu.hk](mailto:szetofung@cuhk.edu.hk))

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#### 4. Hong Kong Scholarship for Excellence Scheme 2018/19

To support outstanding local students to pursue undergraduate and postgraduate studies in world renowned universities outside Hong Kong. Up to 100 scholarship offers would be made per cohort. Each awardee will receive a non-means-tested scholarship of up to \$250,000 and a means-tested scholarship of up to \$200,000 per annum. The value of the award may be correspondingly reduced if an awardee also receives other awards to finance his/her same studies overseas.

More details about the scheme and to apply online, please visit [www.edb.gov.hk/hkses](http://www.edb.gov.hk/hkses). For enquiries, please call 3509 7395 or [hkses@edb.gov.hk](mailto:hkses@edb.gov.hk)

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#### 5. HSBC Overseas Scholarship 2018/19 Now Open for Application

The scholarship will enable **local non-final year full-time undergraduate students** to spend a semester or an academic year as a visiting student or an exchange student at one of the overseas universities selected from the List of Overseas Universities. The maximum total value for each scholarship is HK\$300,000, which can only go towards tuition fees and mandatory college fees, a minimum economy return airfare, reasonable room and board costs, books, a small portion of living expenses and visa application fees.

Details of the Scholarship and its application form can be downloaded from <http://admission.cuhk.edu.hk/> (Financing Your Studies à Scholarships → Open for Applications). The application deadline is **28<sup>th</sup> Dec 2017**.

For enquiries, please contact the Scholarships and Financial Aid Section, Office of Admissions and Financial Aid at 3943 7204 or [sfas@cuhk.edu.hk](mailto:sfas@cuhk.edu.hk).

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#### 6. International Symposium on Health Care Communication

The International Symposium on Healthcare Communication, organized by the Australian National University (ANU) Institute for Communication in Health Care (ICH), will be held at Australian National University in Canberra on 12<sup>th</sup> & 13<sup>th</sup> Feb 2018. The Institute will be launched at its new location at ANU, and the Institute's ongoing role as the Asia-Pacific Healthcare Hub of Charter for Compassion International will be honoured.

The Symposium will feature, amongst others, the following speakers:

- Associate Professor E. Angela Chan (Hong Kong Polytechnic University),
- Dr. Suzanne Eggins (Australian National University),
- Dr Sam Heard (Medical Director, Central Australian Aboriginal Congress),
- Dr. Katarzyna Jankowska (Nicolaus Copernicus University, Poland),
- Professor Rodney Jones (University of Reading - UK),
- Professor Emerita Suzanne Kurtz, (Washington State University -US and University of Calgary - Canada)
- Professor May O. Lwin (Nanyang Technological University - Singapore),
- Professor Christian Matthiessen (Chair Professor, Hong Kong Polytechnic University),
- Dr Elizabeth Rider (Harvard Medical School - US),
- Professor Peter Schulz (University of Lugano - Switzerland),
- Dr. Marilyn Turkovich (Exec. Director, Charter for Compassion International)

... plus international leaders in the field of healthcare communication

Registration can be done on [Eventbrite](#) (formal sale of tickets to follow).

[More info on the symposium](#)

[More info on the Institute for Communication in Health Care](#)

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#### 7. 網上心理健康計劃－《心導遊》

(由香港中文大學心理學系舉辦)

**簡介:**

在忙碌的都市生活中，你有覺得疲累、心情低落，或是不安、焦慮嗎？工作上的責任和重擔，有令你感到負荷不來嗎？你覺得沒有時間，但又想為到自己既心理健康做些什麼？《心導遊》是一個為期八至十個星期的網上心理健康研究計劃。目的旨在提升大眾生活質素及心理健康，並預防廣泛性焦慮症及抑鬱症。在心導遊這個旅程之中，我們會從旁輔助你。希望你在過程之中，學習、練習、以及反思，並預備好去面對充滿未知、驚喜以及挑戰的人生。

**詳細內容：**

i) 對象：18 歲以上，能閱讀及理解廣東話，具高風險會患上抑鬱症或焦慮症，而未曾確診患上抑鬱症、躁狂抑鬱症、廣泛焦慮症、精神分裂症譜系疾患或有自殺傾向的人士參加。

ii) 《心導遊》包括了三個不同的課程：思緒遊、靜觀遊、知識遊。合資格的人士將會被隨機分派到以上三個課程的其中一個，每個課程為期約六個星期。參加者只需每星期花約半小時，就能提升自己的心理健康或對心理健康的認識。

iii) 參加者需於課前、第六節課後、完成課程後三個月及九個月後於網上填寫有關精神健康的問卷以檢討計劃成效。

iv) 為鼓勵參與，首 180 名完成課程及課後各階段評估的參加者，可獲得港幣\$100，最高合共\$300 的答謝金（答謝金將為現金或同等金額的現金券）。答謝金將於會面評估後派發。

有興趣參加的人士，可於網上登記（<http://www.psy.cuhk.edu.hk/tourheart/>），並填寫一份簡單問卷。我們將會預約初步合資格的參加者到香港中文大學進行簡單的會面評估，以確定符合參加條件。

如有查詢，歡迎於辦公時間致電多元文化及全人健康研究室研究助理 黃小姐 3943-4189 或電郵 [swywong@psy.cuhk.edu.hk](mailto:swywong@psy.cuhk.edu.hk)。

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