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You can also contact Mr. William Mak at [williammak@cuhk.edu.hk](mailto:williammak@cuhk.edu.hk) or 3943 3989 for technical support.



20 November 2017

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#### Sunny Review

上周回顧

- [1. The College 2<sup>nd</sup> Graduation Ceremony Celebrated the Achievement of 2016/17 Graduating Class](#)





The College 2<sup>nd</sup> Graduation Ceremony was held on 16<sup>th</sup> Nov 2017. College members and guests, family and friends, came together to celebrate the accomplishments of the 275 graduates.

The Ceremony began with College Master, Professor Anthony Chan (陳德章教授) giving the welcome address. Professor Chan congratulated the graduates for their accomplishments. He reminded our graduates to appreciate the people who help them, who are there for them and those who give obstacles to them.

Professor Chan then invited the Guest of Honor, Dr. Philemon Y.W. Choi (蔡元雲醫生), Founder of Breakthrough and President of Youth Global Network Ltd, to give a speech to the audience. Dr. Choi shared his journey back from his return to Hong Kong after receiving his Medical Degree in Canada to his active participation in youth affairs. Dr. Choi encouraged our graduates to be open to possibilities, and to live in a positive and fulfilling life.

After the graduates walked across the stage and were presented with their certificates and souvenirs, Miss So Man Ching (蘇文婧同學) and Mr. Shek Shun Shing (石順成同學) gave the valedictorian speeches and bid farewell to the College and their classmates.

The College would like to thank College Overseers, College guests, family and friends who attended the Ceremony for their warm support.

Congratulations again to the Class of 2016/17, and best of luck in their future endeavors!

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## 2. YeegyptSun - 10<sup>th</sup> College Anniversary Celebration 宜想天埃-書院 10 週年院慶活動



To celebrate the tenth Anniversary of the College, the Organizing Committee of College Anniversary “YeegyptSun 宜想天埃” designed a series of celebration activities with the theme ‘Egypt’, which implies the creativity spirit of the College and also shows that the College has devoted itself to creating a supportive atmosphere for students to perform miracles.

To kick off the celebration, the 10<sup>th</sup> College Anniversary Celebration Organizing Committee and Sports Association held Round Campus Run (環校跑) on 3<sup>rd</sup> Nov, with more than 280 participants sharing the joy together. Our hearty appreciation again to all the participating students. Please check out the [event results](#) and [photos](#) on our College website.



Over 200 students and College members attended the ‘523 Banquet’ (523 人宴) on 6<sup>th</sup> Nov. All participants liked the performances very much including dancing and singing performances while enjoying the hotpot dinner. The banquet climaxed with the performance of pop star, Mr. Phil Lam (林奕匡).



The “Haunted House” (迷離宜孫) held on 7<sup>th</sup> & 8<sup>th</sup> Nov shows the creativity of our students. They transformed the seminar rooms to provide a thrilling and mysterious adventure with various decorations. College Dean of Students, Professor Man-hong Lai (黎萬紅教授) and Associate Dean of Students, Dr. Po-kin Leung (梁寶建博士) visited the haunted house to show their support to the organizing students.



The Sunny Festival (大筲地) on 9<sup>th</sup> Nov was a great success. There were over 35 booths with games, homemade snacks and hand-made accessories. The night was accompanied by a fabulous music show starring our College students. Not only did the event attract many Sunnies to celebrate the big day together, but also guests from other Colleges. The courtyard was extremely crowded that night, with people visiting the booths and enjoying the performances. One highlight is that students incorporated the College spirit – “Go Green, Be Sunny” into the event. They rented reusable dishware and cutlery from a social enterprise, which helped to reduce a significant amount of waste and also made good use of the skills of the company’s senior employees.





“The Maze” (迷城) which was held on 13<sup>th</sup> and 14<sup>th</sup> Nov marks the end of the celebration events. Students constructed the Maze with wooden and plastic boards and beautiful paintings. Participants were asked to read notes so that they knew how to finish the challenging tasks and found out the correct route. College Master, Professor Anthony T.C. Chan (陳德章教授), College Dean of Students, Professor Man-hong Lai (黎萬紅教授), Associate Dean of Students, Dr. Po-kin Leung (梁寶建博士) and Professor Kelvin K.F. Tsoi (蔡錦輝教授) visited the Maze to show their support to the organizing students.

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### 3. College Forum: Leadership with a Heart (Speaker: Mr. Dick M.K. Lee) 書院論壇(講者：李明達先生)



The College Forum entitled “Leadership with a Heart” was conducted by Mr. Dick M.K. Lee, Former Commissioner of Police of Hong Kong (前警務處處長李明達先生), last Friday. Mr. Lee went through his experience as the leader of the workforce of 36,000 people – to have good communication with the colleagues, have a common goal, and be seen leading at the front.

We were grateful to have Mr. Peter Yam, College Affiliated Fellow and Former Deputy Commissioner, Hong Kong Police (特邀院務委員兼前警務處副處長任達榮先生), moderating the Forum.

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### 4. Introduction Session of College Term-long Exchange Programme 2018-19 書院交換生計劃簡介會



Professor Chu Ming-chung (朱明中教授), Chairperson of Student Exchange Committee, shared about the details of the partner institutes in the Introduction Session of College's Term-long Exchange Programme 2018-19 last Wednesday. Three of our Sunnies, Daphne H.W. Mak (麥曉媛同學), INOKI Mayumi (猪木真由美同學) and Jerry C.W. Kuo (郭哲維同學), who participated the exchange programmes shared with audiences about their inspiring and beneficial experience gained and encouraged the attendees to grasp the opportunity provided by the College.

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### 5. Hotpot Dinner with College Master



Professor Anthony T.C. Chan (陳德章教授), College Master invited representatives of College Student Union to hotpot dinner on 13<sup>th</sup> Nov to enhance communications with student bodies. We are delighted to have the thoughts and comments on College life and facilities from students during the gathering.

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### 6. "Meet the Dean" Tea Gathering



Here comes another gathering with our Deans of Students. While enjoying the delicious refreshment, Professor Man-hong Lai (黎萬紅教授), College Dean of Students and Dr. Po-kin Leung (梁寶建博士), College Associate Dean of Students and students talked about cultural integration on campus and campus facilities improvement. We also shared with students about the progress of the requests they raised in previous gathering.

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### 7. College Student Won Men's Champion in CUHK 10K Night Challenge



Our College student, Man-tsun Wu (胡文津同學) finished the CUHK 10K Night Challenge in 00:34:58 and brought home the Men's Champion on 8<sup>th</sup> Nov. Congratulations!

The event was organized by the Physical Education Unit of the Faculty of Education, The Chinese University of Hong Kong, HK JC Centre of Sports Medicine & Health Science, I-CARE and the Communications and Public Relations Office to promote sports culture on campus.

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### 8. English Through Wine Appreciation



What is more fun than learning English over glasses of wine? Ms. Anna Tam and Mr. Jim Pan, professional Wine Trainers, conducted a workshop for College students on Tuesday, 14<sup>th</sup> Nov. Ms. Tam and Mr. Pan introduced different kinds of wine to students. They also guided students the ways to appreciate and taste wine.

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### 9. WYS Toastmasters Club Movie Night



WYS Toastmasters Club held their movie night this Wednesday. Exchange students and locals enjoyed *The King's Speech* very much and felt sympathetic to George VI, the reluctant king, who overcame his stammering with the help of his loyal friend Lionel Logue. It was an extraordinary and touching movie.

They learnt that long pauses are good: they add solemnity to great occasions, and that relaxing the shoulders and taking a deep breath will help ease your nerve.

You are most welcome to join their next meeting or movie appreciation night next year. Stay tuned for the updated details on WYS Toastmasters Club Facebook page.

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### 10. CUHK Athletic Meet 2017



Our Track & Field Team attained excellent results again in CUHK Athletic Meet 2017 (2017 中大田徑精英比賽) held on 15<sup>th</sup> Nov. Our College was ranked the fifth place overall with two Champions and two Bronze medals in four races. We appreciate the great effort the athletes devoted in both training and competition.

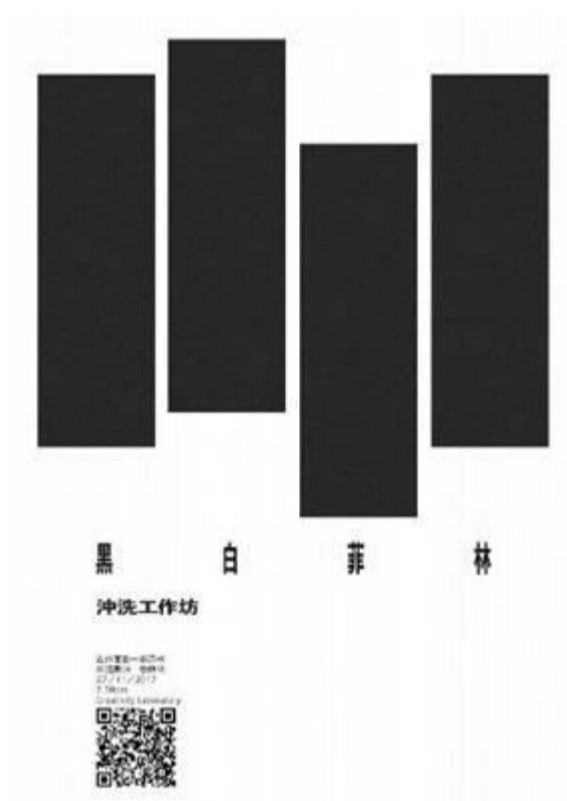
| Race             | Rank          | Name of Athletes   |
|------------------|---------------|--|
| Men - 1500m      | Champion      | Man-tsun WU (胡文津同學)  |
| Men - 5000m      | Champion      | Man-tsun WU (胡文津同學)  |
| Men - Discus     | 2nd Runner-up | Tsz-hin LEUNG (梁梓軒同學)  |
| Women - 4 x 100m | 2nd Runner-up | Tin-sum LEE (李天心同學)<br>Stephanie Y.C. TSANG (曾琬晴同學)<br>Wing-nam YUEN (袁穎藍同學)<br>Wing-tung YUEN (袁穎彤同學) |

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### 1. Black and White Film Development Workshop 黑白菲林沖洗工作坊

<The content is drafted by c!ab Black and White Film Development Organizer  
內容由創意實驗室黑白菲林沖洗工作坊發起人撰寫>



「黑白菲林沖洗工作坊」

喺呢個工作坊，我會同大家一齊沖菲林，每人都可以沖到一卷。  
沖洗完嘅菲林可以見光，拎去做 scanning 或者 darkroom printing。當然如果大家有興趣嘅話，之後可以另外再搞相關嘅工作坊。

今次活動會喺 27/11/2017，7.30pm，伍宜孫書院 Creativity Lab 舉行。

參加嘅同學要自備一卷影完嘅黑白菲林，建議用 Kodak 或者 Ilford  
其他菲林你可以 email 我睇吓得唔得。  
無菲林相機嘅同學可以借到一部 single use camera，影完先出席工作坊。交收時間再約。

活動名額係 6-12 個人，只限伍宜孫書院學生，截止日期係活動當日。  
不論報名成唔成功，我都會用 email 確認你嘅結果。  
報名 link: <https://goo.gl/forms/OQnrCDSP64ZKzIQQ2>

多謝晒。

Heiming  
[hmfung@link.cuhk.edu.hk](mailto:hmfung@link.cuhk.edu.hk)

報名 link: <https://goo.gl/forms/OQnrCDSP64ZKzIQQ2>

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### 2. Stress Reduction before Examination 試前鬆一鬆



溫書溫到腦都實埋，想分享考試心得及學習放鬆方法? 那就萬勿錯過由健康生活委員會舉辦的試前放鬆分享活動，跟經驗人士分享他們如何在年輕時如何處理考試的壓力及學習減壓方法。

日期：29/11/2017 (星期三)  
時間：4:30 - 6:00pm  
地點：伍宜孫書院如日坊

內容：  
(1) 講解壓力的影響及教授減壓方法  
主講：中大學生事務處 學生發展輔導主任 林桂銘女士

(2) 分享如何處理考試壓力  
主講：健康生活委員會會員及學生

每位參加者可獲減壓禮品一份!  
**Stress-busting gift is given to each participant!**

報名 Registration : <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=3939147>

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### 3. Japanese Archery Class 日本弓道體驗





Kyūdō is practiced as sports but its aesthetic and spiritual nature has always been placed higher than just hitting the target. Experience the shooting with courtesy and propriety!

*\*This event is enlisted in Japanese Autumn Festival in Hong Kong (日本秋祭IN 香港).\**

Date: 28<sup>th</sup> Nov  
 Time: 19:30-21:30  
 Venue: Central Courtyard, Wu Yee Sun College  
 Quota: 20  
 Fee: \$400 (\$300 refundable upon completion of the whole activity)  
 Instructor: Instructors of Hong Kong Kyudo Association

Limited quotas are still available. Interested students please email [kathyfong@cuhk.edu.hk](mailto:kathyfong@cuhk.edu.hk) for details.

Enquiries: Kathy (3943-3942 / [kathyfong@cuhk.edu.hk](mailto:kathyfong@cuhk.edu.hk))

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#### 4. Fitness Consultation Sessions 健身訓練諮詢

If you want to keep fit or build up your body, join us in the College's Gymnasium! Fitness consultation sessions are NOW available. You can seek instructor's advice on the use of fitness equipment, body fitness or other health-related issues during the sessions. The details are as follows:

Period: 7<sup>th</sup> Sep – 30<sup>th</sup> Nov (**Every Thursday, except Public Holidays**)  
 Time: Thursday 6:30-8:30pm  
 Venue: College Gymnasium  
 Instructor: Ms. Ka-cheuk Leung (Thursday)  
 Target: Wu Yee Sun students and staff (no prior application is required)  
 Enquiries: Miss Kathy Fong ([kathyfong@cuhk.edu.hk](mailto:kathyfong@cuhk.edu.hk) / 3943 3942)

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### College Announcements 宣佈事項

#### 1. Renovation Work at Dean of Students' Office (UG09) 學生輔導處(UG09)裝修工程

Renovation work at Dean of Students' Office (UG/F) will be conducted **from 22<sup>nd</sup> Nov 2017 to 14<sup>th</sup> Jan 2018**. The office will be temporarily closed and noise may be generated during the early work period.

In regard of the **provision of following counter services**, please go to **College Office (G/F)**:

1. Submission and Collection of Documents/ Certificates
2. Submission and Collection of Deposit
3. College Facilities/ Equipment Booking

Dean of Students' Office will resume normal operation on 15<sup>th</sup> Jan 2018. If you have any enquiries, please contact Kathy at 3943-3942 / [kathyfong@cuhk.edu.hk](mailto:kathyfong@cuhk.edu.hk) or Kiki at 3943-3934 / [kiki.chan@cuhk.edu.hk](mailto:kiki.chan@cuhk.edu.hk).

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#### 2. WYS Term-long Exchange Programme 2018-19 Application <Deadline tomorrow!>

The College Term-long Exchange Programme 2018-19 is now open for application. If you are interested in applying for the programme, please refer to the College website

(<http://www.wys.cuhk.edu.hk/exchange.php>) for more information and apply online

(<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=4206674>).

The application deadline **is 5pm on 21st Nov 2017**.

**In 2018/19, six more new exchange institutes have been included.**

Students can go on exchange in 24 institutes across 15 countries. On top of the destinations in **Australia, Canada, China, Singapore, Czech Republic, Korea, Germany, Sweden, The Netherlands, Finland, United Kingdom and the United States**, new opportunity to participate in term-long exchange programme in **Italy, Switzerland and Mexico** is granted. Please refer to the table below for detailed list of exchange institutes.



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### 3. 2018/19 Application for Student Hostel Residence & Briefing Session (for Non-local students admitted in 2016/17 or after)

If you wish to be allotted a hostel place in 2018-19, no matter via guaranteed hostel period or resident selection, you have to submit an application during the designated time. The application is administered in Term One of Year 2017/18 to allow more time for non-local students who are not allotted hostel places to explore accommodation arrangement. A fact sheet has been prepared to explain the mechanism and administration of hostel places allocation. Before applying for student hostel residence, please read the Note to Applicants carefully.

Application: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=4172456>

Application period: 13<sup>th</sup> – 28<sup>th</sup> Nov 2017

Document submission period: 30<sup>th</sup> Nov and 1<sup>st</sup> Dec 2017 (office hours at College Office)

Useful links:

Fact Sheet on Hostel Accommodation for Non-local Students Admitted in 2016/17 and after:

[http://www.wys.cuhk.edu.hk/cms/wp-content/files\\_mf/1487912203WYSFactSheetforonlocalstudents\\_201702.pdf](http://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1487912203WYSFactSheetforonlocalstudents_201702.pdf)

Note to Applicants for Student Hostel Residence (2018-19): [http://www.wys.cuhk.edu.hk/cms/wp-content/files\\_mf/1510283818NonLocal\\_201819\\_NotetoApplicantsforStudentHostelResidenceEnglishonly.pdf](http://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1510283818NonLocal_201819_NotetoApplicantsforStudentHostelResidenceEnglishonly.pdf)

Enquiries:

Ms Polly Po T: 39431741 E: [polly@cuhk.edu.hk](mailto:polly@cuhk.edu.hk)

Miss Zalon Wong T: 39439773 E: [zalonwong@cuhk.edu.hk](mailto:zalonwong@cuhk.edu.hk)

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### 4. Recruitment of WYS Music Team Organizing Committee Members 音樂小組招募籌委會成員

想為書院舉辦唔同活動但唔知去邊？

想實踐有趣嘅意念但驚無經驗或太 chur？

✔ WYS Music Team 需要你！

✘ 唔 chur

Music Team 一個 sem 大概只會舉行兩個活動，仲有同學同書院嘅幫忙，唔使擔心要好 chur 咁搞活動㗎！

✘ 唔識音樂/出設/...都無問題

我地而家招募籌委而非表演者，唔識出設等等無問題，只要有心搞活動嚟玩就 okay 架啦~

✘ 無限制

輕鬆又得，chur 搞又得，想點做就點做，得咗！

睇完有興趣，不如嚟傾莊啦：

日期：28/11/2017

時間：19:30

地點：W116

查詢：Miko (6044-7006) / Facebook: @wysmusicteam

\*如有任何改動，將於 Facebook 專頁發佈

Want to hold different activities in college?

Want to realize your ideas in college but afraid of lacking experience or too "chur"?

✔ WYS Music Team needs your help!

✘ Not "Chur"

Music Team only holds 2 activities per semester with the support of college. No need to be afraid being so "chur"!

✘ Don't know any music/design... No problems!

We are now recruiting Organizing Committee Members, not performers! If you don't know how to play music instruments or design posters, you're still welcomed to join us~

✕ No limitations

Whatever the formats are, do what you want!

Come to “Kingjong” and chat with us if you’re interested:

Date: 28<sup>th</sup> Nov

Time: 19:30

Venue: W116

Enquiry: Miko (6044-7006) / Facebook: @wysmusicteam

\*For any revisions, please see our Facebook page.

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## 5. Wu Yee Sun College The Most Popular Canteen Staff Polling (2017/18 Term 1) 伍宜孫書院飯堂最受歡迎員工選舉 (2017/18 第一學期)

多謝大家對書院最受歡迎飯堂員工選舉的支持，伍宜孫書院自舉辦最受歡迎飯堂員工選舉後，飯堂服務質素不斷提升。書院於十一月份繼續舉辦最受歡迎飯堂員工，希望大家踴躍投票，為改善飯堂質素出一分力。

Thank you very much for voting the Most Popular Canteen Staff Polling in the past. Since the establishment of the Polling, the catering services have been improved largely. Another round of voting will be conducted in November. Please be reminded to give a vote. Let’s work together to improve the catering service of College canteen.

請登入以下連結投票選出你心目中最受歡迎飯堂員工(每個同學/教職員最多可投三位飯堂員工)

Please click the link below to vote for the most popular canteen staff. (Each student/staff can vote for three canteen staff at most)

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=3466224>

Voting period 投票日期 : 1 to 30 November 2017

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## 6. Exchange and Travel Grant/Loan 2017/18

College students with financial needs who are selected for semester or year exchange programmes or going overseas for summer activities/exchanges may apply for Exchange and Travel Grant/Loan.

There are different rounds of applications. **For programmes/activities held in Oct 2017 - Jan 2018, the application is now open until to 14<sup>th</sup> Dec 2017.**

For programmes/activities held in Feb – May 2018, application will be open from 15<sup>th</sup> Dec 2017 to 14<sup>th</sup> Apr 2018.

Check out the following link for more information including eligibility:

[http://www.wys.cuhk.edu.hk/cms/wp-content/files\\_mf/1502848874ExchangeandTravelGrantandLoan2017182nd.pdf](http://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1502848874ExchangeandTravelGrantandLoan2017182nd.pdf)

For enquiries, please contact Miss Rebecca Wong at [rebecca\\_wong@cuhk.edu.hk](mailto:rebecca_wong@cuhk.edu.hk) or Miss Yolinda Wong at [yolindawong@cuhk.edu.hk](mailto:yolindawong@cuhk.edu.hk)

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## 7. “Meet the Dean” Hours 輔導長時間

“Meet the Dean” Hours is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned. The session is hosted by:

- Professor Man-hong Lai (黎萬紅教授), College Dean of Students and Associate Professor at Department of Educational Administration and Policy
- Professor Ming-kay Poon (潘銘基教授), College Associate Dean of Students and Associate Professor at Department of Chinese Language and Literature
- Dr. Po-kin Leung (梁寶建博士), College Associate Dean of Students and Lecturer of Department of Physics

Every Sunnie is welcome!

### **Academic Year 2017-18**

Date: Every Wednesday

Time: 4:30 – 5:30pm

Venue: Dean of Students Office, Room UG09, Wu Yee Sun College

If you would like to register or have any questions, please feel free to contact Miss Sonia Yu ([soniayu@cuhk.edu.hk](mailto:soniayu@cuhk.edu.hk) / 3943 3937) or Miss Katie Yu ([katieyu@cuhk.edu.hk](mailto:katieyu@cuhk.edu.hk) / 3943 3935)

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## 8. Student Pastoral Care

Sometimes you find yourself with these negative emotions: lost, alone, aimless or confused as you adjust to university life or pursue personal growth. Share your feeling with others will help release your emotions and gain new perspectives! DON'T be afraid to ask for help. Our College Dean of Students would be more than happy to speak to you and give you advices, below are the contact numbers you may wish to know.

- 1) You are welcome to speak with our College Dean of Students when you have problems that need resolving. Please call 3943 3942 for arrangement.
- 2) You may also approach the University's Student Counselling and Development Service at 3943 7208 for help.
- 3) A 24-hour Emotional Support Hotline is also launched to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations. The hotline number is 5400 2055.

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## 9. WYS's Got Talents

Are you interested in or excellent at **photography, video-production, art & design, simultaneous interpretation** or being the **Master of Ceremonies**? Or do you have any other talents to showcase?

The College is recruiting all sorts of talents to contribute in various College events including the upcoming College Opening and Anniversary Ceremony, College Forum and Assembly...etc. Registered students may be invited to assist in different occasions. Don't hide your talents, shine in the College!

*P.S. CREATIVITY COUNTS!!!*

Let us know what you are interested in and excellent at: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838>

Enquiries: Miss Kathy Fong (3943 3942/ [kathyfong@cuhk.edu.hk](mailto:kathyfong@cuhk.edu.hk))

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## College Funding & Award Schemes (for Year-round Application) 書院資助及獎勵計劃 (全年可供申請)

### 1. Mingle Fund

Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College. The Fund supports self-initiated activities with participation of both local and international/ incoming exchange students. Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity. For more info, please visit:

<http://www.wys.cuhk.edu.hk/exchange.php?cat=others> .

For enquiries, please contact Miss Kathy Fong at [kathyfong@cuhk.edu.hk](mailto:kathyfong@cuhk.edu.hk) or 3943 3942.

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### 2. Sports for Life Award Scheme 體育運動參與獎勵計劃



Wanna move your body and get a prize in the same time?!

Sports for Life Award Scheme aims at motivating students to take part in more College's sports activities and exercising regularly for a healthy life. Students can earn award points for participating in College's sports activities and gain prizes!

**How to join?** You will be enrolled into the Scheme after joining your first sports activity!

**How to redeem prizes?** Check your accumulated points at <http://bit.ly/WYSSportsForLife>! Redemption will be arranged by the end of every semester.

#### **Updated Activities:**

[Japanese Archery Class](#) (15 points)

Enquiries: Miss Kathy Fong ([kathyfong@cuhk.edu.hk](mailto:kathyfong@cuhk.edu.hk) / 3943 3942)

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### 3. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃

Life begins at the end of your comfort zone!  
 A **SMALL** change can make a **BIG** difference!  
 If you are planning for any short-term projects containing elements of Creativity, Entrepreneurial Spirit or Social Responsibility, apply "Be Entrepreneurial!" Funding Scheme.



To provide more support to students, the maximum funding amount has been raised to **\$20,000!!!**

**Maximum Funding Amount:** HK\$20,000

**Eligibility**

- ✓ All WYS undergraduate students
- ✓ Individual and Group projects (*the group must comprise of at least 50% WYS students, other 50% may be students from other Colleges*)
- ✓ Applications are welcome all year round.

What are you waiting for? Click [HERE](#) to find out more information!  
 Enquiries: Ms Florence Tsui ([florencetsui@cuhk.edu.hk](mailto:florencetsui@cuhk.edu.hk) / 3943 9767)

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**4. Global Learning Award Scheme (Summer Round) 寰宇學習獎勵計劃 (夏季)**

If you are planning to expand your wisdom and horizon with support from the scheme, ACT NOW! The scheme supports Wu Yee Sun College students to create, design, plan or participate in non-local academic or experiential learning programmes outside Hong Kong, in order to broaden students' international perspectives and enrich their experiences. The quality of the proposals and applicants' track records are the main considerations in evaluating applications. This Scheme is divided into Short-term and Long-term Scheme. Successful applicants will be awarded "Global Learning Award", which is a merit-based award and the maximum award amount varies for programmes of different length and nature.

|                   | Programme Length       | Programme nature                       | Maximum Award amount   |
|-------------------|------------------------|--|--|
| <b>Short-term</b> | Shorter than one month | Self-initiated programmes              | HK\$12,000 or 100% of particular items ( <i>whichever is lower</i> ) |
|                   |                        | *Participating in organized programmes | HK\$5,000 or 50% of particular items ( <i>whichever is lower</i> )   |
| <b>Long-term</b>  | One to six months      | Self-initiated programmes              | HK\$15,000 or 100% of particular items ( <i>whichever is lower</i> ) |
|                   |                        | *Participating in organized programmes |  |

\*Programmes organized by the College and Term-long Exchange Programmes will not be considered for this scheme.

The sooner you submit your application, the quicker to receive feedbacks, and more time to improve the contents. Comment from College Exchange Committee members on proposal of self-initiated programmes could be sought by sending request to [kathyfong@cuhk.edu.hk](mailto:kathyfong@cuhk.edu.hk). The request shall be made at least month before application deadline together with submission of the completed proposal, budget plan and application form.

Application is opened twice a year - Winter and Summer Round.

| Round  | Applying for trips taken during<br>(for trips overlapping both rounds, <u>first date</u> of the trip shall determine the application period) | #Application period                        |
|--------|--|--|
| Winter | 1 <sup>st</sup> Nov – 30 <sup>th</sup> Apr   | 1 <sup>st</sup> May – 31 <sup>st</sup> Oct |
| Summer | 1 <sup>st</sup> May – 31 <sup>st</sup> Oct   | 1 <sup>st</sup> Nov – 30 <sup>th</sup> Apr |

#application documents shall be submitted to DOS Office by the last working day within the application period.

Know more about the details and [apply!](#) Please contact Miss Kathy Fong ([kathyfong@cuhk.edu.hk](mailto:kathyfong@cuhk.edu.hk) / 3943 3942) if you have any enquiries.

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**5. Service-learning project Funding Scheme 服務學習項目資助計劃**



If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's [Service-learning Project Funding Scheme](#) supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project. Learn to serve and serve to learn! Please visit the [website](#) for more info.

Enquiries: Katie ([katieyu@cuhk.edu.hk](mailto:katieyu@cuhk.edu.hk) / 3943 3935)

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## 6. Self-Motivation Fund for Sports Activities 「自選遊」體育活動資助計劃



**Self-Motivation Fund for Sports Activities** encourages students to participate in various kinds of sports events or competitions, in order to live up the spirit "Sports for Everyone".

The College will subsidize two types of events:

1. **The application fee of sports events/ competitions/ activities organized by organization(s) OTHER THAN College.** *Oxfam Trailwalker, Standard Chartered Hong Kong Marathon, Totem Run, or The Nike Cup-Hong Kong Five* are some of the examples.

**Funding Amount:** \$500 or 80% of application fee (whichever is lower)

2. **The course fee of qualification courses for sports coach.** *Rowing, Rope-skipping, Orienteering, Taekwondo* are some of the examples.

**Funding Amount:** \$800 or 80% of application fee (whichever is lower)

**Guidelines:** <http://www.wys.cuhk.edu.hk/page.php?name=sports-health-education>

**Application:** Please submit application at <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1935668> at least 14 working days **BEFORE** the start date of the activity. We will notify applicants the results within two weeks.

**Enquiries:** Kathy ([kathyfong@cuhk.edu.hk](mailto:kathyfong@cuhk.edu.hk) / 3943 3942)

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## Other Activities & Announcements 其他活動及宣佈事項

### 1. Student Leader Training Scheme 2018 學生領袖培訓計劃 2018

常聽說「生活要用心經營」。「經營」二字時時刻刻在我們身邊出現——經營愛情、經營友情、經營家庭、經營事業、經營學業。字典是這樣說的：「經營」包含籌劃經管、組織計劃之意。網絡上載林林總總關於經營生活的妙法；良方再多，亦離不開一個字——「人」。大學生活中，無論你上課、「上莊」、「傾 project」、「去 exchange」、做義工或兼職，每天總少不免為大大小小的事情討論、思考、決策及取捨。義大利裔美籍企業家、美國克萊斯勒汽車（Chrysler）的前總裁李·艾柯卡先生（Lee Iacocca）曾說：「動機最重要，你可以做兩個人的工作，但你不能成為兩個人。你必須鼓舞下一個人，並使他鼓舞他的團隊。」艾柯卡先生握要道出領袖的基本素質——啟發、感染和推動他人。

學習不局限於課堂；由學生事務處學生發展及資源組舉辦的「學生領袖培訓計劃」Student Leader Training Scheme (SLTS)，將透過一系列活動，讓大家：

- S - 認識自我 (SELF) : 學習聆聽自我內在聲音，了解自我性格，明白內心的真正需要；
- L - 聯繫溝通 (LIAISON) : 掌握與人溝通的要訣，加強同理心，從而提升處理人際關係的能力；
- T - 建立團隊 (TEAM) : 提高團隊精神及領導才能；
- S - 掌握技能 (SKILLS) : 加強演說、危機處理、財務管理及短片製作技巧。

計劃內容

計劃內的活動語言以廣東話為主，各項活動分屬四大單元：

#### 單元一：認識自我 (SELF)

1. 「MBTI® 性格類型」工作坊 (REF: S-02)
2. 「性格透視®」工作坊 (REF: S-01)
3. 「體驗戲劇 探索生命」工作坊 (REF: S-03)

#### 單元二：聯繫溝通 (LIASON)

1. 「團隊教練」工作坊 (REF: L-01)
2. 出走校園：參觀「毋忘愛」 (REF: L-02)
3. 出走校園：「香港導盲犬服務中心」體驗日 (REF: L-03)
4. 「口述電影」工作坊 (L-04)

#### 單元三：建立團隊 (TEAM)

1. 歷奇領袖訓練營 (REF: T-01)
2. 悟宿基金本科生外展訓練計劃 2017-18 (REF: T-02) 2018 年 5 月 (待定)

#### 單元四：掌握技能 (SKILLS)

1. 「危機處理」工作坊 (REF: SK-01)
2. 「學生團體財政管理」工作坊 (REF: SK-02)
3. 「拍攝宣傳短片」工作坊 (REF: SK-03)
4. 「成功演說」工作坊 (REF: SK-04)

|          |   |
|----------|---|
| 參加者資格：   | 香港中文大學全日制本科生及研究生<br>(校內本科生團體或研究生團體的現任或候任幹事優先)   |
| 申請活動之數目： | 不限  |
| 費用：      | 全免 (悟宿基金本科生外展訓練計劃 2017-18 (REF: T-02) 除外)   |
| 獲取鼓勵：    | 完成 6 項活動或以上之參加者將獲得：<br>1. 香港中文大學學生領袖培訓計劃證書<br>(香港中文大學首張記錄參加者學生團體名稱及職位之證書)；<br>2. 港幣五十元書券乙張。                       |
| 注意事項：    | 1. 學生事務處保留更改活動及計劃細則的權利；<br>2. 學生事務處將在活動期間拍照及攝錄影片以製作花絮；有關照片及影片之版權均屬學生事務處所有；<br>3. 報名期間所收集的個人資料，僅作此培訓計劃後勤及聯絡學生團體之用。 |

報名：<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2281295>

首輪截止報名日期：2017 年 12 月 18 日 11:55pm

詳情：[www.cuhk.edu.hk/osa/slts.pdf](http://www.cuhk.edu.hk/osa/slts.pdf)

查詢：羅佩詩女士 (3943-7947 / [cecilaw@cuhk.edu.hk](mailto:cecilaw@cuhk.edu.hk)) & 司徒峰先生 (3943-5909 / [szetofung@cuhk.edu.hk](mailto:szetofung@cuhk.edu.hk))

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## 2. U-STEMist Scheme 大學生 STEM 創客計劃

The U-STEMist Scheme (大學生 STEM 創客計劃) is a joint-university programme (EdUHK, HKU, CUHK and PolyU) organised for undergraduate students who are looking for interesting and rewarding experiences in **STEM (Science, Technology, Engineering and Mathematics)**, to develop their competence as a STEM professional or educator. The programme will run from January 2018 to August 2018, with activities including joint-university lectures, workshops, site visits, STEM service projects and sharing seminar cum exhibition. Upon satisfactory completion of the scheme, participants will receive a certificate, tokens of appreciation, and awards (for high achievers) issued by the four universities.

Scheme details: [www.eduhk.hk/ustemist](http://www.eduhk.hk/ustemist)

Sign-up Form: <https://anonmach.ied.edu.hk/machform/view.php?id=2400> (deadline: 30<sup>th</sup> Nov 2017)

Briefing Session: 9:30am - 11am on 6<sup>th</sup> Jan 2018 at PolyU

Enquiry: [tflau@cuhk.edu.hk](mailto:tflau@cuhk.edu.hk)

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## 3. Partial Suspension of Wifi Network Service on Campus (ResNet)

A scheduled network maintenance will carry out from 26<sup>th</sup> Nov 2017 1:00am - 6:00am.

During affected period:

- CUguest, eduroam and Wi-Fi.HK via CUHK will be unavailable
  - CUHK, CUHKa, CUHK1x, CSL and Y5Zone will not be affected.
- Service Affected will include hostel.

The outage notice is announced on ITSC homepage at <http://www.itsc.cuhk.edu.hk/en-gb/maintenance-and-schedule/record/647-net-20171126>.

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#### 4. Hong Kong Scholarship for Excellence Scheme 2018/19

To support outstanding local students to pursue undergraduate and postgraduate studies in world renowned universities outside Hong Kong. Up to 100 scholarship offers would be made per cohort. Each awardee will receive a non-means-tested scholarship of up to \$250,000 and a means-tested scholarship of up to \$200,000 per annum. The value of the award may be correspondingly reduced if an awardee also receives other awards to finance his/her same studies overseas.

More details about the scheme and to apply online, please visit [www.edb.gov.hk/hkses](http://www.edb.gov.hk/hkses). For enquiries, please call 3509 7395 or [hkses@edb.gov.hk](mailto:hkses@edb.gov.hk)

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#### 5. HSBC Overseas Scholarship 2018/19 Now Open for Application

The scholarship will enable **local non-final year full-time undergraduate students** to spend a semester or an academic year as a visiting student or an exchange student at one of the overseas universities selected from the List of Overseas Universities. The maximum total value for each scholarship is HK\$300,000, which can only go towards tuition fees and mandatory college fees, a minimum economy return airfare, reasonable room and board costs, books, a small portion of living expenses and visa application fees.

Details of the Scholarship and its application form can be downloaded from <http://admission.cuhk.edu.hk/> (Financing Your Studies à Scholarships → Open for Applications). The application deadline is **28<sup>th</sup> Dec 2017**.

For enquiries, please contact the Scholarships and Financial Aid Section, Office of Admissions and Financial Aid at 3943 7204 or [sfas@cuhk.edu.hk](mailto:sfas@cuhk.edu.hk).

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#### 6. Edwin S H Leong Hughes Hall Scholarship 2018/19

To enable students of outstanding academic merit from CUHK who need support to pursue postgraduate study at The University of Cambridge, Dr. Edwin Leong will donate a scholarship tenable at Hughes Hall in Cambridge for an outstanding graduate from CUHK to pursue a one-year full-time study at Master's level, either for a taught or research degree, in the academic year 2018-19.

The maximum value of the Scholarship is £32,000 (subject to confirmation) which may cover, in full or in part, the following:

- the University Composition Fee;
- the College fee;
- a maintenance allowance to take care of board and lodging set each year by the Cambridge Overseas Trust and a settling-in fee;
- the cost of one return airfare between Hong Kong and the United Kingdom by the most economical route

The Scholarship shall only be awarded to the CUHK alumni who graduated within the recent 3 years (i.e. 2015, 2016 and 2017 classes). It may also be awarded to a final-year student contingent upon graduating from CUHK before taking up the Scholarship.

Details of the Scholarship and its application form can be downloaded from our website at <http://admission.cuhk.edu.hk/> (Financing Your Studies à Scholarships → Open for Applications). Completed application together with ALL the supporting documents must reach the Scholarships and Financial Aid Section, Office of Admissions and Financial Aid, Room 1202, 12/F, Yasumoto International Academic Park by 5:30 p.m., 1<sup>st</sup> Dec 2017 (Hong Kong time). Late or incomplete applications will not be processed.

For enquiries, please contact the Office of Admissions and Financial Aid at [sfas@cuhk.edu.hk](mailto:sfas@cuhk.edu.hk) or 3943 7204.

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#### 7. International Symposium on Health Care Communication

The International Symposium on Healthcare Communication, organized by the Australian National University (ANU) Institute for Communication in Health Care (ICH), will be held at Australian National University in Canberra on 12<sup>th</sup> & 13<sup>th</sup> Feb 2018. The Institute will be launched at its new location at ANU, and the Institute's ongoing role as the Asia-Pacific Healthcare Hub of Charter for Compassion International will be honoured.



The Symposium will feature, amongst others, the following speakers:

- Associate Professor E. Angela Chan (Hong Kong Polytechnic University),
- Dr. Suzanne Eggins (Australian National University),
- Dr Sam Heard (Medical Director, Central Australian Aboriginal Congress),
- Dr. Katarzyna Jankowska (Nicolaus Copernicus University, Poland),
- Professor Rodney Jones (University of Reading - UK),
- Professor Emerita Suzanne Kurtz, (Washington State University -US and University of Calgary - Canada)
- Professor May O. Lwin (Nanyang Technological University - Singapore),
- Professor Christian Matthiessen (Chair Professor, Hong Kong Polytechnic University),
- Dr Elizabeth Rider (Harvard Medical School - US),
- Professor Peter Schulz (University of Lugano - Switzerland),
- Dr. Marilyn Turkovich (Exec. Director, Charter for Compassion International)

... plus international leaders in the field of healthcare communication

Registration can be done on [Eventbrite](#) (formal sale of tickets to follow).

[More info on the symposium](#)

[More info on the Institute for Communication in Health Care](#)

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## 8. 網上心理健康計劃－《心導遊》 (由香港中文大學心理學系舉辦)

### 簡介:

在忙碌的都市生活中，你有覺得疲累、心情低落，或是不安、焦慮嗎？工作上的責任和重擔，有令你感到負荷不來嗎？你覺得沒有時間，但又想為到自己既心理健康做些什麼？《心導遊》是一個為期八至十個星期的網上心理健康研究計劃。目的旨在提升大眾生活質素及心理健康，並預防廣泛性焦慮症及抑鬱症。在心導遊這個旅程之中，我們會從旁輔助你。希望你在過程之中，學習、練習、以及反思，並預備好去面對充滿未知、驚喜以及挑戰的人生。

### 詳細內容：

i) 對象：18 歲以上，能閱讀及理解廣東話，具高風險會患上抑鬱症或焦慮症，而未曾確診患上抑鬱症、躁狂抑鬱症、廣泛焦慮症、精神分裂症譜系疾患或有自殺傾向的人士參加。

ii) 《心導遊》包括了三個不同的課程：思緒遊、靜觀遊、知識遊。合資格的人士將會被隨機分派到以上三個課程的其中一個，每個課程為期約六個星期。參加者只需每星期花約半小時，就能提升自己的心理健康或對心理健康的認識。

iii) 參加者需於課前、第六節課後、完成課程後三個月及九個月後於網上填寫有關精神健康的問卷以檢討計劃成效。

iv) 為鼓勵參與，首 180 名完成課程及課後各階段評估的參加者，可獲得港幣\$100，最高合共\$300 的答謝金（答謝金將為現金或同等金額的現金券）。答謝金將於會面評估後派發。

有興趣參加的人士，可於網上登記（<http://www.psy.cuhk.edu.hk/tourheart/>），並填寫一份簡單問卷。我們將會預約初步合資格的參加者到香港中文大學進行簡單的會面評估，以確定符合參加條件。

如有查詢，歡迎於辦公時間致電多元文化及全人健康研究室研究助理 黃小姐 3943-4189 或電郵 [swywong@psy.cuhk.edu.hk](mailto:swywong@psy.cuhk.edu.hk)。

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