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# Sunny Review

## 1. Christmas Gathering for Exchange

The Christmas Gathering for exchange and non-local students was held on 22 Dec 2022. More than 20 students and college members attended the gathering. Miss Cecilia Leung and Miss Chananchida ChooChuan sang us some Christmas songs and audiences enjoyed very much.



All participants had a great time celebrating Christmas at the College. We would like to thank all exchange students for staying with us throughout the semester.

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## 2. Icing Cookies Workshop

The College organized Icing Cookies Workshop for exchange and non-local students to celebrate Christmas. They learnt the basic skills on using icing to draw on cookies and they created their own design using their creativity. All of them enjoyed the time of drawing and had the chance to mingle with students from different regions.





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## College Activities

### 1. 服務學習計劃 (2021/22 學年 第二學期) Service-Learning Programme (Term 2, 2021/22)

**WE ARE LOOKING FOR YOU!**

**APPLY NOW!**

**Service-Learning Programme**  
(2nd Semester, AY2021/22)

**Service Projects:**

- Elderly Service
- Service for Ethnic Minorities
- Chinese Enhancement for Ethnic Minorities Children
- Community Service via Animal Assisted Intervention

**Interview Date:**  
13 Jan & 14 Jan (tentative)

**Enquiries:**  
Ms Alice Kam (3943 3942/ akam@cuhk.edu.hk)  
Miss Kiki Chan (3943 3935/ kikiwchan@cuhk.edu.hk)

**REGISTER HERE:**

**Deadline: 11 Jan 2022 (TUE)**

**Service for Ethnic Minorities**

Schedule	Time	Tasks
21 Jan 18-19Jan		Pre-service training, Community outreach
Feb		Planning of service activities
Mar - Apr		Service activities for Ethnic Minorities, including tutorial, outreach and/or outing

- To organize recreation activities to facilitate Ethnic Minorities' integration into the community.
- To assist Ethnic Minorities children' in academic study.

Partner: Christian Action

**Community Service via Animal Assisted Intervention**

Schedule	Time	Tasks
Late Jan		Meeting with representatives of NPO
Jan-Mar		Training on Animal Assisted Intervention
Apr		Community services on Animal Assisted Intervention
		Public education campaign and/or fund raising event

- To conduct community services and promote mental wellness via Animal Assisted Intervention.
- To promote Animal Assisted Intervention to general public.

Partner: Hong Kong Institute of Animal Assisted Intervention

**Elderly Service**

Schedule	Time	Tasks
Late Feb		Pre-service training
Mar - Apr		Home visit and/or, Conduct service activities

- To organize recreation activities to elderly for enhancing their mental wellbeing.
- To provide community support services to elderly living alone.

Partner: Christian Family Service Centre

**Chinese Enhancement for Ethnic Minorities Children**

Schedule	Time	Tasks
15 Jan (AM)		Pre-service training (Mandatory)
12 Feb (PM)		Chinese New Year Gathering for Ethnic Minorities families
19, 26 Feb		Service activities for Ethnic Minorities children
5, 19 Mar (AM)		

- To organize recreation activities for Ethnic Minorities families to know more about Chinese culture.
- To raise Ethnic Minorities children' interest in learning Chinese.

Partner: Chou Ning Social Service Centre, The Mongkok Kai-fong Association

書院以「培育同學承擔社會責任」為其中一項重要使命，將於本學期提供一系列服務學習計劃予同學參與。服務項目包括直接服務至公眾教育，你將有機會了解不同服務對象的需要，計劃及實踐服務計劃以回應社會需要。同學可參閱 [書院網頁](#)，了解詳細服務學習活動內容。

如果你有興趣參與社會服務及從服務中學習，立即報名！請於 **2022年1月11日(星期二)** 前填妥網上申請表 (<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13643882>)。所有申請學生需出席面試，暫定面試日為 2022年1月13、14日，成功申請的學生需繳交\$500 按金，出席率達 80%可退回按金。

備註：曾經參與至少一次海外服務或兩次本地服務的學生，可於四年級申請書院通識 GEYS4010 個人服務學習研習。

如有任何查詢，請與陳煒棋小姐 ([kikiwkchan@cuhk.edu.hk](mailto:kikiwkchan@cuhk.edu.hk)/3943 9335) 或甘楚琪女士([akam@cuhk.edu.hk](mailto:akam@cuhk.edu.hk)/3943 3942)聯絡。

“Nurturing students through assuming social responsibility” is one of our College’s educational goals. This semester, we offer a wide range of Service-Learning opportunities for you to engage in social services. Service activities range from direct services to public education. You will have the chance to understand the needs of various types of service user, plan and implement service-learning projects that address their needs. For details of service-learning projects, please refer to [college website](#).

If you are interested in serving the community and learning from serving others, join us! Please fill in the online form (<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13643882>) by **11 Jan 2022 (Tuesday)**. All applicants are required to attend interview to be conducted on 13 and 14 January 2022 (tentative), successful applicants should submit \$500 deposit, deposit is refundable for students who have attained 80% attendance.

Remarks: Students who have participated in at least 1 overseas SL trip or 2 local SL programmes are eligible to apply for GEYS4010 Individual Project on Service-learning.

Please feel free to contact Miss Kiki Chan ([kikiwkchan@cuhk.edu.hk](mailto:kikiwkchan@cuhk.edu.hk)/3943 9335) or Ms Alice Kam ([akam@cuhk.edu.hk](mailto:akam@cuhk.edu.hk)/3943 3942) if you have any enquiries.

## 2. Kalimba Making Workshop 拇指琴製作工作坊



The poster for the Kalimba Making Workshop features a central title in Chinese and English, surrounded by illustrations of kalimbas and musical notes. It lists the workshop's content, including hands-on making, history, and playing songs. Logos for the Chinese University of Hong Kong and the College of Education are visible at the top.

**拇指琴製作工作坊**  
**Kalimba Making Workshop**

內容:

1. 親手製作獨一無二的拇指琴，包括設計圖案、裝嵌及調音
2. 了解拇指琴的歷史
3. 學習睇譜及彈奏流行歌 e.g. 《蒙著嘴說愛你》《神隊友》  
《E先生》《假使世界原來不像你預期》

\*所教的歌曲會視乎同學的進度而調整

日期: 25 Jan 2022 (Tue)  
時間: 6:00pm – 10:00pm  
地點: W112  
語言: 粵語  
費用: \$80 + 按金 \$220  
(出席活動後可獲退回\$220按金)

截止報名日期:  
**19 Jan 2022**

請於網上報名後把費用\$300交至書院院務室。  
名額有限，先到先得，以遞交費用先後次序為準。

查詢: Phoebe Wu ([phoebewu@cuhk.edu.hk](mailto:phoebewu@cuhk.edu.hk) / 3943 3988)

報名:



拇指琴最近成為音樂新寵，其療癒的音色，像音樂盒般；輕輕彈奏，令人心情放鬆。是次工作坊將教授製作 17 琴鍵的拇指琴，並會教授睇譜及彈歌。活動完結後，同學可以帶走拇指琴，隨時隨地享受彈奏音樂的樂趣。

內容:

1. 親手製作獨一無二的拇指琴，包括設計圖案、裝嵌及調音
2. 了解拇指琴的歷史

### 3. 學習睇譜及彈奏流行歌

e.g. 《蒙著嘴說愛你》《神隊友》《E先生》《假使世界原來不像你預期》

\*所教的歌曲會視乎同學的進度而調整

日期：25 Jan 2022 (Tue)

時間：6:00pm - 10:00pm

地點：W112

語言：粵語

費用：\$80 + 按金 \$220 (出席活動後可獲退回\$220 按金)

報名：<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13643421>

截止報名日期：19 Jan 2022

請於網上報名後把費用\$300 交至書院院務室。

名額有限，先到先得，以遞交費用先後次序為準。

查詢：Phoebe Wu ([phoebewu@cuhk.edu.hk](mailto:phoebewu@cuhk.edu.hk) / 3943 3988)

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### 3. 創意小說寫作坊



創意小說寫作坊

本工作坊圍繞「落差的遊戲」、「封閉空間的文字密度」、「虛構的音樂與虛構中的音樂」和「肉體溝通之可能與不可能」四個主題開展討論，通過與學員共同研讀精選中外文本，以及進行各種課堂練習，擴闊想像，探索小說創作的不同可能性。

日期：2月8日、15日、22日及3月1日 (逢星期二，共四堂)

時間：晚上6:30至8:30

地點：W112-113

詳情及報名：  
語言：粵語

\*名額有限，先到先得，截止日期：1月26日  
以遞交按金先後次序為準。  
請將按金交至書院院務室。

按金：\$100  
(出席最少3堂可獲退回全部按金)

導師：陳韻紅女士

導師簡介：  
陳韻紅，畢業於香港中文大學中國語言及文學系及日本研習系，曾獲香港中文文學創作獎小說組第一名、青年文學獎小說組組冠軍、香港文學獎（海）獎文北篇冠軍等，曾任職47間青年文學獎小說初稿評審，作品散見《字花》、《樹木》、《無形》、《虛構》、《SAMPLE》。

查詢：  
訂購網址：<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13643421>

本工作坊將圍繞「落差的遊戲」、「封閉空間的文字密度」、「虛構的音樂與虛構中的音樂」和「肉體溝通之可能與不可能」四個主題開展討論，通過與學員共同研讀精選中外文本，以及進行各種課堂練習，擴闊想像，探索小說創作的不同可能性。

#### 課程概要：

##### 第一節 落差的遊戲

學習如何在小說中運用各種手法為讀者製造預期落差並寫出有趣的作品。

主要研讀文本：博爾赫斯〈刀疤〉、陳浩基習作三篇

## 第二節 封閉空間的文字密度

探討作家如何以文字經營不同意義的封閉空間，以及封閉空間的設置如何誘發脫軌的經驗，生成不同形態的作品。  
主要研讀文本：張愛玲〈封鎖〉及愛倫坡〈活埋〉

## 第三節 虛構的音樂與虛構中的音樂

探討作家如何在小說中融入音樂元素，並嘗試以音樂構思創作。  
主要研讀文本：村上春樹〈查理·帕克演奏巴薩諾瓦〉和石黑一雄〈抒情歌手〉。

## 第四節 肉體溝通之可能與不可能

探討作家如何利用肉體的變異擴展和限制感官體驗，從而建構風格獨特的作品。  
主要研讀文本：謝曉虹〈肉變〉、乙一〈被遺忘的故事〉。

**導師:** 陳韻紅女士

**講者簡介:** 陳韻紅，畢業於香港中文大學中國語言及文學系及日本研究系，曾獲香港中文文學創作獎小說組第一名、青年文學獎小說高級組亞軍、香港文學季「海」徵文比賽冠軍等，曾任第 47 屆青年文學獎小說初級組評審。作品散見《字花》、《別字》、《無形》、《虛詞》、《SAMPLE》。

**日期:** 2月8日、15日、22日及3月1日(逢星期二，共四堂)

**時間:** 晚上 6:30 至 8:30

**語言:** 粵語

**地點:** 伍宜孫書院西座 112 至 113 室

**按金:** \$100 (出席最少 3 堂可獲退回全部按金)

**報名:** <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13643910>

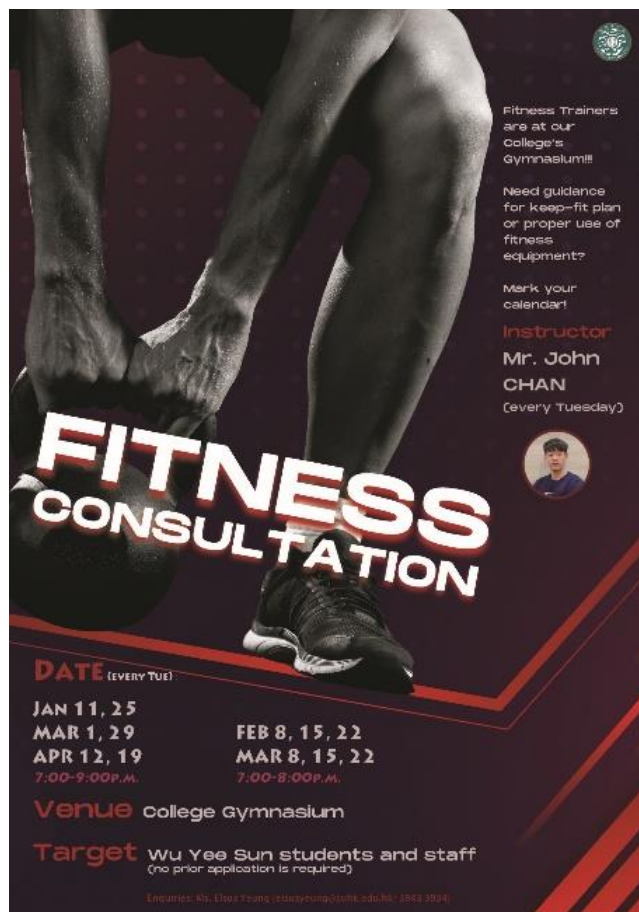
**截止日期:** 1 月 26 日

\*名額有限，先到先得，以遞交按金先後次序為準。請將按金交至書院院務室。

**查詢:** 胡佩德小姐 ([phoebewu@cuhk.edu.hk](mailto:phoebewu@cuhk.edu.hk) / 3943 3988)

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## 4. Fitness Consultation Sessions 健身訓練諮詢



Ever have doubts about all sorts of training techniques and effects? Ask our personal trainers at College Gymnasium!

**Date (Every Tue):**

Jan 11, 25

Mar 1, 29

Apr 12, 19

**Time:** 7:00-9:00pm

**Date (Every Tue) :**

Feb 8, 15, 22

Mar 8, 15, 22

**Time:** 7:00-8:00pm

**Venue:** College Gymnasium

**Instructor:** Mr. John Chan

No prior applications required! Kick-start your workout plan now!

**Enquiries:**

Ms. Elsus Yeung ([elsusyeung@cuhk.edu.hk](mailto:elsusyeung@cuhk.edu.hk)/ 3943 3942)

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5. Fitness Room User Introductory Course 2021-22 健身室使用者課程 2021-22

# Fitness Room User Introductory Course

健身室使用者課程

Instructor 導師:

Mr. John Chan

Date: 18/1/2022 (Tuesday)  
Time: 7:00pm - 9:00pm  
Venue: College Gym  
Quota: 15 (first come, first served)

日期: 18/1/2022 (星期二)  
時間: 7:00 - 9:00pm  
地點: 書院健身室  
名額: 15 (先到先得)



Registration 報名:  
<https://qr.page/g/1TafZ2irwX7>

*\*Year 1 students may obtain the CUHK Fitness Room User Certificate from PE lessons.  
一年級同學可於體育課申請中大健身室使用證書*

For those who have registered successfully, a confirmation email will be sent to you and please observe the following:

- Please gather at the College Gymnasium (LG/F, Former University Guest House) before the class starts
- Please dress in appropriate clothing and wear sports shoes.
- Please bring along the fee (Student: HK\$20 / Staff: HK\$30) to be submitted after the class for the application of CUHK Fitness Room User Card or Certificate. Please tender the exact amount of fee.

成功報名者將收到電郵確認，並請留意以下事項：  
- 請於書院健身室（前大學賓館LG/F）集合  
- 請穿著合適服裝及運動鞋  
- 請於課堂結束後繳交費用（學生：\$20 / 職員：\$30），用作申請中大健身室使用卡或證書，請攜帶如數的費用，不設找贖  
查詢 Enquiries: Ms. Elsus Yeung (elsusyeung@cuhk.edu.hk / 3943 3934)



*The full Sea-view Fitness Room is open for use. In accordance with the University's guidelines, only those who can present valid CUHK Fitness Room User Cards can use Fitness Rooms on University campus. Students/members who are not CUHK Fitness Room User Card holders may attend a Fitness Room User Introductory Course organized by the College with details as follows:*

**Date:** Tuesday, 18<sup>th</sup> Jan 2022  
**Time:** 7:00 - 9:00pm  
**Venue:** College Gym  
**Quota:** 15 (first come, first served)  
**Instructor:** Mr. John CHAN

**Application:** <https://qr.page/g/1TafZ2irwX7>

**Application Deadline:** 13<sup>th</sup> Jan

*\*Year 1 students may obtain the CUHK Fitness Room User Card from PE lessons.*

**Enquiries:**  
Ms. Elsus Yeung ([elsusyeung@cuhk.edu.hk](mailto:elsusyeung@cuhk.edu.hk) / 3943 3934)


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## 6. Yoga Class 2021/22 Term 2



2021-22 Term 2

# YOGA CLASS



**Date**  
2.21 2.28 3.7  
3.14 3.21 3.28 (All Mondays)

**Time**  
Class A - 7-8pm  
Class B - 8-9pm

**Venue**  
W112 - 114


**Quota**  
14 (per class)

**Instructor**  
Ms. Mayan Chan


**Fee**  
\$250 (\$200 will be refunded upon completing at least 5 lessons)  
[College member - \$150]

**PE Marks**  
4 (upon completion of at least 5 lessons)

**APPLICATION** Enquiries: Ms. Elsus Yeung  
elsusyeung@cuhk.edu.hk 3943 3934



Interested students please fill in the webform AND submit course fee to Dean of Students' Office on or before 5:00pm, Jan 27  
(First-come-first-served. Time of deposit payment will be the determinant).



**Stretch your body • Increase your flexibility • Improve your mobility**

**Date:** Feb 21, 28

Mar 7, 14, 21, 28 (Mondays)

**Time:** Class A - 7pm to 8pm

Class B - 8pm to 9pm

**Venue:** W112-114

**Quota:** 14 (per class)

**Instructor:** Ms. Mayan Chan

**PE Marks:** 4 (upon completion of at least 5 lessons)

**Fee:** \$250 (\$200 will be refunded upon completing at least 5 lessons)

[College member - \$150]

**Application:** <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13637261>

Interested students please fill in the webform AND submit course fee to Dean of Students' Office on or before 5:00pm, Jan 27 (first-come-first-served. Time of deposit payment will be the determinant)

**Enquiries:**

Ms. Elsus Yeung ([elsusyeung@cuhk.edu.hk](mailto:elsusyeung@cuhk.edu.hk) / 3943 3934)

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## College Announcements

1. College Members Awarded the University Education Award and the Vice Chancellor's Exemplary Teaching Award

Our College members, Dr. Vivian J. WU (吳俊博士) and Professor Hao ZHANG (張浩教授) were awarded Teaching and Research Awards.



These awards aim to recognise the tremendous efforts and remarkable achievements in teaching and research of CUHK members. Dr Wu, as a team member, was awarded the University Education Award (General Education) 2021 and Professor Zhang was awarded the Vice Chancellor's Exemplary Teaching Award 2020. Our College would like to extend our congratulations on their great success.

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## 2. Reaching Out Award 2021/22 - Application

Full-time undergraduate students are now invited to apply for the **Reaching Out Award 2021/22 (ROA)** offered by the HKSAR Government. The award, in the amount of HK\$10,000 for each successful applicant, aims to support students in participating in events / competitions (e.g. conferences / forums / workshops / seminars / training camps / competitions / service projects etc.), internships or placements (credit-bearing / non-credit bearing), field / study trips or courses (e.g. foreign language immersion programmes / academic exchange programmes etc.) which are **conducted outside Hong Kong in 2021/22 academic year (1 Sep 2021 – 31 Aug 2022)**.

Kindly note that preference is given to local students and financial need may also be considered. Please visit the link below to learn more about the eligibility and application procedures, and pay special attention to the submission requirements and supporting documents needed. For those who are applying for Term 2 exchange programme, please be reminded to submit the required documents to the College Office before departure.

<https://www.wys.cuhk.edu.hk/news/reaching-out-award-202122-now-open-for-application/>

Application Deadline: **5:00pm, 8 February 2022 (Tuesday)**

Please note that students can only be awarded **once** throughout the entire study programme.


Late applications and incomplete submissions will not be processed.

Enquiries: Ms. Karen Yiu ([karenyiu@cuhk.edu.hk](mailto:karenyiu@cuhk.edu.hk) / 3943 3936)


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## 3. College Team Tryout 2021-22 Term 2 書院院隊選拔 (2021-22 下學期)


**2021-22  
COLLEGE TEAM  
TRYOUT**



**Men's and Women's Basketball**  
Date: 14/1 (Fri) 20:00-22:00  
Venue: New Asia College Charles Leung Gym.




**Men's Soccer**  
Date: 11/1 (Tue) 18:00-20:00  
Venue: Sir Philip Haddon-Cave Sports Field



**Men's and Women's Volleyball**  
Date: 12/1 (Wed) 18:00-20:00  
Venue: United College Thomas Cheung Gym.

**Coordinators**

**Basketball & Volleyball:**  
Mr. Nelson LAM (39433987)  
[nelsonlam@cuhk.edu.hk](mailto:nelsonlam@cuhk.edu.hk)



**Men's Soccer:**  
Mr. Ono Lee (3943 3986)  
[onolee@cuhk.edu.hk](mailto:onolee@cuhk.edu.hk)

不論你是運動愛好者或是專業運動員，都不要錯過伍宜孫書院院隊選拔的時間！書院現正招募籃球、排球及足球院隊隊員，快來發揮你的運動天賦！

If you are a professional sports player or are simply keen on doing sports, do not miss the College Team tryouts. The College is now recruiting athletes for the **basketball, soccer and volleyball team**. Do not hesitate to show your talents and we are looking forward to seeing you in the tryouts!

Sports Team	Date	Time	Venue	Coach/ Coordinator Tel. No.
Women's Basketball	Jan, 14 (Fri)	8:00 – 10:00 p.m.	New Asia College Charles Leung Gym.	Mr. Nelson LAM 3943 3987 <a href="mailto:nelsonlam@cuhk.edu.hk">nelsonlam@cuhk.edu.hk</a>
Men's Basketball	Jan, 14 (Fri)	8:00 – 10:00 p.m.	New Asia College Charles Leung Gym.	Mr. Nelson LAM 3943 3987 <a href="mailto:nelsonlam@cuhk.edu.hk">nelsonlam@cuhk.edu.hk</a>
Men's Soccer	Jan, 11 (Tue)	6:00 – 8:00 p.m.	Sir Philip Haddon-Cave Sports Field	Mr. Ono Lee 3943 3986 <a href="mailto:onolee@cuhk.edu.hk">onolee@cuhk.edu.hk</a>
Men's Volleyball	Jan, 12 (Wed)	6:00 – 8:00 p.m.	United College Thomas Cheung Gym.	Mr. Nelson LAM 3943 3987 <a href="mailto:nelsonlam@cuhk.edu.hk">nelsonlam@cuhk.edu.hk</a>

Women's Volleyball	Jan, 12 (Wed)	6:00 – 8:00 p.m.	United College Thomas Cheung Gym.	Mr. Nelson LAM 3943 3987 <a href="mailto:nelsonlam@cuhk.edu.hk">nelsonlam@cuhk.edu.hk</a>
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#### 4. Sunny Passion Programme 2021/22



Living Up to the College's Core Value – Creativity, Entrepreneurship and Social responsibility – Apply Sunny Passion Programme 2021

Sunny Passion Programme encourages social responsibility among students and supports students to think and act creatively for good cause. You are invited to apply this programme individually or in group with at least 50% of Wu Yee Sun College students, competing for Gold, Silver and Bronze Award. Winners will get HK\$10,000, HK\$6,000 and HK\$4,000 respectively to implement, promote or demonstrate their project ideas to the others!

Just submit (1) the application form together with (2) ONE A4 page Business Model Canvas by **5:00 pm, 25<sup>th</sup> Jan 2022** through one of the following channels –

1. e-mail the softcopy of the documents to Miss Phoebe Wu ([phoebewu@cuhk.edu.hk](mailto:phoebewu@cuhk.edu.hk)) and/or Miss Florence Tsui ([florencetsui@cuhk.edu.hk](mailto:florencetsui@cuhk.edu.hk)); **OR**
2. click the following link (<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13641629>) and complete the online application form ; **OR**
3. Send the original hard copy of the documents to the College Office, Wu Yee Sun College in person

Express your ingenious creativity and make our society a better one! Please refer to the College website for details. Application form and Business Model Canvas are available through this link:

<https://www.wys.cuhk.edu.hk/college-life-support/funding-scheme/?scheme=sunny>

For inquiry, please feel free to contact Miss Phoebe Wu at 3943-3988 (e-mail: [phoebewu@cuhk.edu.hk](mailto:phoebewu@cuhk.edu.hk)) or Miss Florence Tsui at 3943-9767 ([florecetsui@cuhk.edu.hk](mailto:florecetsui@cuhk.edu.hk))

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## 5. Dorsett Young Entrepreneur Scholarship 2021/22



**DORSETT YOUNG  
ENTREPRENEUR SCHOLARSHIP**

帝盛青年創業家獎學金



**Rocket to  
Success!**

Present your innovative idea with entrepreneurial spirit to run a business targeting Hong Kong and/or the Mainland China Market.

**WINNING THE SCHOLARSHIP  
UP TO \$80,000!!**

If you're **YEAR 2 or above** and preferably have exposure to the **China Market**, just submit a proposal. Quota limited to **FOUR**.

**Deadline: 24 Jan, 2022**

ENQUIRIES:  
Miss Phoebe Wu ([phoebewu@cuhk.edu.hk](mailto:phoebewu@cuhk.edu.hk) / 3943-3988)  
Miss Florence Tsui ([florecetsui@cuhk.edu.hk](mailto:florecetsui@cuhk.edu.hk) / 3943-9767)

For enrollment and details



**Kick Start Your Own Business and Rocket to Success – Apply Dorsett Young Entrepreneur Scholarship NOW!**

Dorsett Young Entrepreneur Scholarship (DYES) is an award offered by Dorsett Hospitality International Limited. The awardees will be offered up to HK\$80,000, which is subjected to the total number of applications, with 2-4 quota per year.

DYES aims at providing students, who are year 2 or above and preferably have exposure to Mainland China, an opportunity to demonstrate entrepreneurial talents with innovative ideas to set-up their own business, targeting Hong Kong and/or the Mainland China market. You can submit your application individually or in a group comprised of at least 50% WYS students.

Should you be interested in developing your own business, submit the application form together with ONE page Summary and ONE page Business Model Canvas by **5:00p.m., 24<sup>th</sup> January, 2022** through one of the following channels –

1. e-mail the softcopy of the documents to Miss Phoebe Wu ([phoebewu@cuhk.edu.hk](mailto:phoebewu@cuhk.edu.hk)) and/or Miss Florence Tsui ([florecetsui@cuhk.edu.hk](mailto:florecetsui@cuhk.edu.hk)); **OR**
2. click the following link (<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13643317>) and complete the online application form ; **OR**
3. Send the original hard copy of the documents to the College Office, Wu Yee Sun College in person

Please check out the details through the website <https://www.wys.cuhk.edu.hk/college-life-support/funding-scheme/?lang=zh&scheme=dorsett-young-entrepreneur-scholarship> and download the documents for further details.

For inquiry, please feel free to contact Miss Phoebe Wu at 3943-3988 or Miss Florence Tsui at 3943-9767 or e-mail: [florencetsui@cuhk.edu.hk](mailto:florencetsui@cuhk.edu.hk)

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## 6. Rance Lee Mentorship Programme – Open for Enrollment



**Rance Lee Mentorship Programme** 2021-22

With the initiation of our CUHK alumnus Mr. Sai-Yung Lau and the generous funding support of our CUHK alumni Mr. Albert Wu and Mr. Philip Li, this programme has been renamed as **Rance Lee Mentorship Programme** in honor of Prof. Rance Lee, the Founding Master of Wu Yee Sun College, since the year Prof. Lee retired in 2017.

Outings Meal Gatherings Visits Career Planning

This programme aims at supporting our students to build up **social networks** for tackling problems and acquiring support across all stages of life through information sharing, helping each other, making new friends, having stress relief and getting advices for career development, investment and study etc.

**Programme Details**

**Eligibility:** WYS students

**Format:** 3-4 mentors (including college alumni) per group to support mentees

**Activities:** Annual kick-off event, group initiated activities (such as hiking, visits, BBQ etc), year-end gatherings etc.

**Funding Support:** HK\$3,000 per annum for each group

Please scan QR code for enrollment.

**Enquiries:** Miss Florence Tsui (3943-9767 / florencetsui@cuhk.edu.hk)

With the initiation of our CUHK alumnus Mr. Sai-Yung Lau and the generous funding support of our CUHK alumni Mr. Albert Wu and Mr. Philip Li, this programme has been restructured.

The group-to-group mentor-mentee model, which is comprised of senior mentors, alumni mentors and student mentees, will be adopted. With the support of alumni mentors, a new element of this programme, it is believed that the bonding within a group or among WYS members will be stronger.

This programme aims to promote *a multi-functional social networking* for

- Providing practical advice and assistance
- Sharing information and interests
- Nurturing close friendship and emotional support

This programme offers a lifelong membership for all the participants. It is now open for enrollment. Should you be interested in it, please click this [link](#) to register.

For details, please check out College website

<https://www.wys.cuhk.edu.hk/whole-person-development/mentorship/>

For enquiries, please contact Miss Florence Tsui at 3943-9767 or e-mail [florencetsui@cuhk.edu.hk](mailto:florencetsui@cuhk.edu.hk)

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## 7. "Meet the Dean" Hours 輔導長時間

"Meet the Dean" Hours is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned.

You talk. We listen. Even if you want to keep it to your heart, we still stand by your side.

The session is hosted by:

- Professor Ming-kay Poon (潘銘基教授), College Dean of Students and Professor at the Department of Chinese Language and Literature
- Dr. Po-kin Leung (梁寶建博士), College Associate Dean of Students and Lecturer at the Department of Physics
- Professor Kelvin K.F. Tsoi (蔡錦輝教授), College Associate Dean of Students and Associate Professor at Jockey Club School of Public Health and Primary Care

Every Sunnie is welcome!

### Enquiries:

Ms. Sammy Kwan ([sammykwan@cuhk.edu.hk](mailto:sammykwan@cuhk.edu.hk) / 3943 9775)

Miss Florence Tsui ([florencetsui@cuhk.edu.hk](mailto:florencetsui@cuhk.edu.hk) / 3943 9767)

Miss KiKi Chan ([kikiwokchan@cuhk.edu.hk](mailto:kikiwokchan@cuhk.edu.hk) / 3943 3935)

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## 8. Student Pastoral Care

Sometimes you find yourself with these negative emotions: lost, alone, aimless or confused as you adjust to university life or pursue personal growth. Share your feeling with others will help release your emotions and gain new perspectives! DON'T be afraid to ask for help. Our College Dean of Students would be more than happy to speak to you and give you advices, below are the contact numbers you may wish to know.

- 1) You are welcome to speak with our **College Dean of Students** when you have problems that need resolving. Please email [sammykwan@cuhk.edu.hk](mailto:sammykwan@cuhk.edu.hk) for arrangement.
- 2) You may also approach the **University's Wellness and Counselling Centre** at **3943 7208** for help.
- 3) A **24-hour Emotional Support Hotline** at **5400 2055** is available to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations.

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## 9. WYS's Got Talents - Photography, Poster Design, MC and a lot more!



Are you interested in or excellent at any of the fields below?

- Photography / Video-production
- Art & Design (e.g. posters or infographics)
- Simultaneous Interpretation
- Master of Ceremonies
- Audio & Video Support
- Writing (e.g. creative writing or student reporter in publications)

The College is recruiting all sorts of talents to contribute in various College events. Registered students may be invited to assist in different occasions. Don't hide your talents, shine in the College!

P.S. CREATIVITY COUNTS!!!

Let us know what you are interested in and excellent at: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838>

**Enquiries:**

Miss Elsus Yeung ([elsusyeung@cuhk.edu.hk](mailto:elsusyeung@cuhk.edu.hk) / 3943 3934)  
 Ms. Sammy Kwan ([sammykwan@cuhk.edu.hk](mailto:sammykwan@cuhk.edu.hk)) / 3943 9775)

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## 10. Membership Recruitment – WYS Alumni Association 伍宜孫書院校友會會員招募

Want to stay in touch with your college friends? Expand your professional network? Give back to the College? WYS Alumni Association lets you take college bonds beyond student life. You can get a lifelong membership for just \$500. Apply now, and you will receive a set of 4 reusable drinking straws! (While stocks last)



Simply fill in the [application form](#), and return to the College Office (G/F, Wu Yee Sun College) with the membership fee.

想跟書院同學保持聯繫？想擴闊人際網絡？想回饋書院？透過伍宜孫書院校友會，你可以將學生時代的關係延續下去。終生會籍只需 500 元。現時申請，更可獲贈一套四支環保飲管（先到先得，送完即止）。

各位同學只須填妥 [申請表](#)，連同會員費，交回伍宜孫書院地下院務室即可。

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# College Funding & Awards Schemes

## 1. Self-Motivation Fund for Health and Well-being Activities

The infographic is titled "Self-Motivation Fund for Health and Well-being Activities". It features a QR code for "Application & Guidelines". The main text states: "Self-Motivation Fund for Health and Well-being Activities encourages students to participate in various kinds of health and well-being activities in order to strengthen your physical health and mental wellness." It is divided into two categories: "Health and well-being Activities" and "Qualification Courses for Health and Well-being Instructors".

Category	Max. funding amount	Examples
Health and well-being Activities	\$1500 OR Up to 60% of application fee & course fee (whichever is lower)	Healthy Cooking Class Course about Nutrition / Chinese Medicine Mindfulness Workshop Mental Health First Aid Course
Qualification Courses for Health and Well-being Instructors	\$3000 OR Up to 60% of course fee (whichever is lower)	Mindfulness-Based Cognitive Therapy (MBCT) Instructor Course Art/Music Therapy Instructor Course

Contact information: 伍宜孫書院 WU YEE SUN COLLEGE. Enquiries: Miss Phoebe Wu (phoebewu@cuhk.edu.hk / 3943 3988).

*Self-Motivation Fund for Health and Well-being Activities* encourages students to participate in various kinds of health and well-being activities in order to strengthen your **physical health** and **mental wellness**.

### Eligibility:

For Wu Yee Sun College students who participate in health and well-being activities organized by organization(s) other than the College.

**There are two categories of activities you can apply :**

#### (i) Health and Well-being Activities

##### Examples :

Healthy Cooking Class, Trial Course on Musical Instruments, Course about Nutrition or Chinese Medicine, Mindfulness Workshop, Mental Health First Aid Course

**Funding amount :** Maximum **\$1500** or Up to 60% of application fee and course fee (whichever is lower)

#### (ii) Qualification Courses for Health and Well-being Instructors

##### Examples :

Mindfulness-Based Cognitive Therapy (MBCT) Instructor Course, Art or Music Therapy Instructor Course

**Funding amount :** Maximum **\$3000** or Up to 60% of course fee (whichever is lower)

Take a look at the **guidelines** and the **reflection template** to start your healthy life now!!!

**Application :** <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13636283>

**Enquiries:**  
Miss Phoebe Wu ([phoebewu@cuhk.edu.hk](mailto:phoebewu@cuhk.edu.hk) / 3943 3988)

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## 2. Self-Motivation Fund for Sports Activities

**[Application for Phase I is closed as the fund has been used up. Students can submit your application for Phase II starting from 10 January 2022 for activities held on or after 1 February 2022]**

The infographic is titled "Self-Motivation Fund for Sports Activities" and features a QR code for "Application & Guidelines". It is divided into two main sections: "Sports Activities" and "Qualification Courses for Sports Coach".

**Sports Activities**

Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of sports activities in order to live up the spirit "Sports for everyone".

Max. funding amount  
**\$1500**  
OR  
Up to 60% of application fee & course fee (whichever is lower)

**Examples**

- Standard Chartered Hong Kong Marathon
- Oxfam Trailwalker
- Spartan Race
- Yoga Class, Dance Workshop

**Qualification Courses for Sports Coach**

Max. funding amount  
**\$3000**  
OR  
Up to 60% of course fee (whichever is lower)

**Examples**

- Rowing
- Rope-skipping
- Orienteering
- Taekwondo

伍宜孫書院  
WU YEE SUN COLLEGE

Enquiries:  
Ms. Elsus Yeung ([elsusyeung@cuhk.edu.hk](mailto:elsusyeung@cuhk.edu.hk) / 3943 3934)

*Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of **sports activities** and **qualification courses for sports coach**, in order to live up the spirit "Sports for Everyone".*

**Funding Amount:**

Sports Activities: Maximum **\$1500** or Up to 60% of application fee and course fee (whichever is lower)

Qualification courses for sports coach: Maximum **\$3000** or Up to 60% of course fee (whichever is lower)

Take a look on the [guidelines](#) and [report template](#), and challenge yourself with different activities.

**Application :** <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13636283>

**Enquiries:**

Ms. Elsus Yeung ([elsusyeung@cuhk.edu.hk](mailto:elsusyeung@cuhk.edu.hk) / 3943 3934)

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## 3. Self-Motivation Fund for Green Activities



# Self-Motivation Fund for Green Activities

## Green Activities

### Self-Motivation Fund for Green Activities

encourages students to participate in various kinds of green activities that promotes **sustainability** and **environmental consciousness**



Max. funding amount  
**\$1500**  
OR  
Up to 60% of  
application fee & course fee  
(whichever is lower)

### Examples

Eco-cultural Tour  
Uncycling Workshops  
Forest Bath

## Qualification Courses for Instructors of Green Activities



伍宜孫書院  
WU YEE SUN COLLEGE

Enquiries:  
Ms Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937)



Max. funding amount  
**\$3000**  
OR  
Up to 60% of  
course fee  
(whichever is lower)

### Examples

Horticultural Therapists  
Trainer for Organic Farming  
Docent Training on Ecotourism

*Self-Motivation Fund for Green Activities encourages students to participate in various kinds of green activities and qualification courses for instructors of green activities that promote sustainability and environmental consciousness.*

### Funding Amount:

Green Activities: Maximum **\$1500** or Up to 60% of application fee and course fee (whichever is lower)

Qualification courses for instructors of green activities: Maximum **\$3000** or Up to 60% of course fee (whichever is lower)

Take a look on the [guidelines](#) and [reflection template](#), and challenge yourself with different activities.

**Application :** <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13636283>

### Enquiries:

Ms. Sonia Yu ([soniayu@cuhk.edu.hk](mailto:soniayu@cuhk.edu.hk) / 39433937)

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## 4. Mingle Fund



Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College.

The Fund mainly supports daily and social activities with the participation of Both local students and international / incoming exchange students (i.e. there should be at least one local student AND at least one international / incoming exchange student.)

Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity.

**More Details:** <https://www.wys.cuhk.edu.hk/college-life-support/funding-scheme/>

**Enquiries:**  
Miss Kiki Chan ([kikiwkchan@cuhk.edu.hk](mailto:kikiwkchan@cuhk.edu.hk) / 3943 3935)

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## 5. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃

Grab the chance, be creative!

**Be Entrepreneurial! Funding Scheme** supports students to implement various short-term projects fulfilling college's core values of **creativity, entrepreneurial spirit, and social responsibility**.

All undergraduate students, regardless of discipline and year of study, are welcome to submit application all year round. **The maximum funding amount is up to HK\$20,000!**

**Online application is now available, simply submit your application through one click**  
- <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13638278>

Check out the details through this [link](#).

**Enquiries:**  
Miss Phoebe Wu ([phoebewu@cuhk.edu.hk](mailto:phoebewu@cuhk.edu.hk) / 3943 3988)

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## 6. Service-learning project Funding Scheme 服務學習項目資助計劃



The poster features the WU YEE SUN COLLEGE logo and the motto 'Serve to Learn, Learn to Serve'. The main title is 'SERVICE-LEARNING PROJECT FUNDING SCHEME' with the Chinese subtitle '伍宜孫書院服務學習項目資助計劃'. The central illustration shows a globe made of puzzle pieces, with various icons representing service-learning activities: an elderly person with a walker, a person with a backpack, a person with a lightbulb, a person with a gift box, and a person with a table of food. Below the illustration, there are five bullet points with icons: 1. 'Initiate your Service-Learning Project (Can co-operate with other organizations) 策劃自己的服務學習計劃 (可與其他機構合作)'; 2. 'Can be individual or group application 可以個人或小組形式申請'; 3. 'No restriction on programme destination or length 計劃地點、時長不限'; 4. 'Year-round application 全年開放申請'; 5. 'Subsidy amount: maximum HKD80,000 資助金額: 上限港幣80,000元'. A QR code is labeled 'More details:'. At the bottom, it says 'Enquiries: Kiki Chan (kikiwkchan@cuhk.edu.hk/3943 3935)'.

If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's Service-learning Project Funding Scheme supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project.

Learn to serve and serve to learn! Please visit the website for more info.

**Enquiries:**

Miss KiKi Chan ([kikiwkchan@cuhk.edu.hk](mailto:kikiwkchan@cuhk.edu.hk) / 3943 3935)

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## 7. Global Learning Award Scheme



The Global Learning Award Scheme (GLAS) aims to encourage students to initiate or participate in non-local academic or experiential learning programmes with the main purpose of LEARNING. Applicants will be awarded the “Global Learning Award” and receive the award amount after completing all post-trip requirements on time.

Students can apply funding for the self-initiating trips, overseas programmes, and virtual programmes. For further details, Please refer to college website for application guidelines.

Round	Applying for trips taken during  (for trips overlapping both rounds, <u>first date</u> of the trip shall determine the application period)	Application period
Winter	Nov 1 – Apr 30	May 1 – Nov 30

Application: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13638945>

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## 8. Internationalization Activity Fund



If you are interested in organizing activities to promote cross-cultural integration, we support you to kick-start your plan!

The **Internationalization Activity Fund** aims to support students or student bodies to organize college- or hostel-level extracurricular activities which promote internationalization and inter-cultural exchange opportunities among members of the WYS community.

### Eligibility

1. All registered WYS student associations will be eligible for applying for financial support from the Fund.
2. Local and non-local student bodies/students are also encouraged to apply for the funding to organize activities for promoting campus integration and cohesion.
3. At least 70% participants should be local undergraduate students.

### Examples

- Experience of Clothing, Dining, Living & Transport in Hong Kong
- Hong Kong Sightseeing Tram Tour
- Thanksgiving Festival Celebration
- Korean Night

**Funding Amount:** Maximum \$20,000

**Guidelines & Application:** <https://www.wys.cuhk.edu.hk/college-life-support/funding-scheme/?scheme=internationalization-activity-fund-2>

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## Other Activities & Announcements

### 1. 2021-22 Intensive Art Workshop



An Art Day Camp named "2021-22 Intensive Art Workshop" will be located in Sir Run Run Shaw Hall. The programme includes workshops, artists sharing, screening and performance.

For more details, please visit the following:

Facebook:

<https://www.facebook.com/cuoaafta/photos/a.277005805742407/4386019261507687>

Instagram:

<https://www.instagram.com/p/CXumNAXB1rt/>

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## 2. Multicultural Counselling Service for Non-local Students

**Multicultural Counselling Service**  
**For Non-Local Students**

**INDIVIDUAL COUNSELLING SERVICES**  
 By native Putonghua speaking counsellors and native English speaking counsellors

**LANGUAGES**  
 Apart from Putonghua and English, counselling in other languages such as Dutch, French, Spanish, Japanese, Korean, Hindi and Sindhi might also be available

**SESSIONS**  
 6 counselling sessions (may be extended according to service needs)

**LOCATION**  
 St John's Cathedral Counselling Service in Central  
[www.sjcshk.com](http://www.sjcshk.com)

**TIME PERIOD**  
 September 2021 to May 2022

**SERVICE TARGET**  
 All CUHK full-time non-local students

**ENROLLMENT & ENQUIRIES**  
 Please visit our website for details

<https://www.sjcshk.com/>

Office of Student Affairs  
 The Chinese University of Hong Kong

To strengthen counselling support to non-local students, Wellness and Counselling Centre is launching a pilot programme to provide multicultural counselling service to non-local students. The service will be provided by native Putonghua or English speaking counsellors from an external counselling service provider, St. John's Cathedral Counselling Service (<https://www.sjcshk.com/>). Subject to the availability of their counsellors,



counselling sessions might also be conducted in other languages such as Dutch, French, Spanish, Japanese, Korean, Hindi and Sindhi. For more details, please visit: <https://www.osa.cuhk.edu.hk/services/multicultural-counselling-service> for more information.

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### 3. CUHK Independent Learning Centre (ILC)

Independent Learning Centre (ILC) has in store to support student learning in the First Semester of 2021-2022 via our **face-to-face** and **Zoom** sessions.

For the **new incoming students** who are not familiar with the ILC, I would recommend them to visit the ILC website (<https://www.ilc.cuhk.edu.hk/EN/>) for a short ILC video for our major work and services.

For **international students** who are interested in having better communication with the CUHK staff and students of other nationalities, this Interacting Across Cultures (IAC) online learning series should be very useful (<https://ilc.link/IAC>).

While the ILC workshops mainly target UG students, we also offer special postgraduate workshops with the University Library collaboratively. For details, please visit the ILC website regularly:

<https://www.ilc.cuhk.edu.hk/EN/workshops.aspx>

Here are some ILC workshop highlights for the new academic year 2021-2022:

1. **University Study Skills Series** – this series is particularly useful for incoming UG students
  - Study Skills in English at University Level
  - Academic Reading: Strategies for Success
  - Ace Your Oral Presentations
  - Discussion Skills and Current Affairs
  - Saying What You Mean: English Pronunciation for Cantonese and Mandarin Speakers
  - Listening to Learn: Academic Listening and Note-Taking Skills
  - Building a Bigger and Better Vocabulary
2. **Writing Success Series**
  - Academic Essays
  - Research Papers
  - Reflective Journals
  - Personal Essays
3. **Job Preparation Series** – this series is particularly useful for graduating students and students who are interested in applying for exchange/ internship opportunities
  - Writing Impressive Resumes
  - Writing Impressive Application Letters
  - Ace Your In-person and Video Job Interviews
  - Standing Out in a Group Interview
  - Interview Practice and Self Reflection
4. **CRE/ JRE Series**
  - Preparing for the CRE – Use of English
  - Tips and Strategies in Tackling the JRE
  - JRE Writing Practice (Practice writing for the JRE under exam conditions)
  - Feedback on JRE Writing Practice (Discuss exam strategy and student writing)
5. **Exam Preparation Series**
  - Taking the IELTS Challenge: Reading & Writing
  - Taking the IELTS Challenge: Speaking & Listening
  - Mastering the TOEFL: Reading and Listening
  - Mastering the TOEFL: Speaking and Writing

To see the workshop series posters, please go to: <https://bit.ly/3Dz0zZy>

Students who think they will benefit from having a one-to-one meeting with our teachers on their specific learning needs or need guidance in devising their independent learning plan can book a consultation session, and our schedule can be found here: <https://www.ilc.cuhk.edu.hk/EN/consultation.aspx>

The ILC also develops and recommends both print and online learning resources on various topics in both English and Chinese to support our students. Details are available at: <https://www.ilc.cuhk.edu.hk/EN/LearningRes.aspx>

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#### 4. Community Resources for Emotional Support

##### <Samaritan Befrienders HK>

Samaritan Befrienders Hong Kong is a voluntary agency giving support and rendering emotional counselling to those in need.

**[24-hour Hotline: 2389 2222](#)**

*Emotional Support provided by a group of passionate volunteers who are willing to listen, care, and walk with the help seekers to face their problems and finally regain their hope for the future and confidence in facing the challenges ahead*

**[Suicide Crisis Intervention Centre: 2341 7227 for appointment](#)**

*Professional social workers providing services such as risk assessment, emergency crisis intervention, 6-8 weeks intensive counselling and small group services*

**[Family Helpline: 2319 1177](#)**

*Professional social workers providing consultation to people whose relatives or friends are suffering from suicide crisis*

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